

Plano Behavioral Health
2301 OHIO DR Ste 295
Plano, TX 75093

Today's Date _____
ReferredBy _____

Welcome to Our Office, In order to serve you properly, we need the following information.

GENERAL

NAME _____ Gender: _____

Birth Date: _____ Marital Status: _____

Address _____

—
Street City State Zip Code

Home Phone _____ CellPhone _____

Work Phone _____

Employer _____ Address _____

Name of spouse/Parent _____

MEDICAL

TODAY'S COMPLAINT (depression, anxiety, attention, behavior, drug(abuse), others

Name of Primary care

Physician _____

List Any

Allergies _____

List any Medical

condition _____

List of Any Medications you are

taking _____

Are you pregnant? If

applicable _____

INSURANCE

Insurance Name _____

Insurance Card # _____

RX BIN # _____

Insurance group # _____

Adult Psychosocial Assessment

Name _____

Date _____

Presenting Problem: _____

Existing Medical condition: Have you had any of the following medical problems?

- | | | |
|-----------------|------------------------------------|--------------------|
| ↑ Heart disease | ↑ Kidney disease | ↑ Back problem |
| ↑ Lung disease | ↑ Hypertension/high blood pressure | ↑ Chronic pain |
| ↑ Diabetes | ↑ Cancer | ↑ Thyroid problems |
| ↑ Seizures | ↑ Liver disease | ↑ Ulcers |

Previous mental health treatment history

Type of treatment received	Symptoms at the time of treatment	Approximate length of stay	Approximate dates of services

Please list all psychiatric medications taken and effectiveness of each:

Tobacco, Alcohol and Drug use history

	Amount	Frequency	Date of last use
Tobacco			
Alcohol			
Marihuana			
Cocaine			
Crack			
Amphetamine			
LSD			
PCP			
IV drug use			
Other:			

Social History: Briefly describe what it was like to grow up in your family :

Physical, sexual or emotional abuse: _____

Have any family members dealt with any mental illness, substance abuse? If so please list: _____

Highest level of education _____

Employment _____ Hobbies _____

**Plano Behavioral Health (PBH) and Pradeep Kumar, MD
2301 Ohio Dr, Ste 295, Plano, TX 75093.**

**Consent for Purposes of Treatment, Payment & Healthcare
Operations**

I consent to the use or disclosure of my protected health information by Plano Behavioral Health (PBH) and Pradeep Kumar, MD for the purpose of analyzing, diagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct healthcare operations of Dr. Kumar. I understand that the analysis, diagnosis or treatment of me by Dr. Kumar may be conditioned upon my consent as evidenced by my signature below.

I understand I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or healthcare operations of the practice. Dr. Kumar is not required to agree to the restrictions that I may request. However, if Dr. Kumar agrees to a restriction that I request, the restriction is binding on Dr. Kumar.

I have the right to revoke this consent, in writing, at any time, except to the extent that Dr. Kumar has taken action in reliance on this Consent.

My "**protected health information**" means health information, including my demographic information, collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearinghouse. This protected health information relates to my past, present or future physical or mental health (including substance abuse and dependence) or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I have been provided with a copy of the **Notice of Privacy Practices** of Dr. Kumar and understand that I have a right that Notice 's Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Dr. Kumar. The Notice of Privacy Practices for Dr. Kumar is also posted in the waiting room. This Notice of Privacy Practices also describes my rights and duties of Dr. Kumar with respect to my protected health information.

Dr. Kumar reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office of Dr. Kumar and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

Signature of Patient or Personal Representative

Printed Name of Patient

Date

Plano Behavioral Health, PLLC
2301 Ohio Dr, Ste 295; Plano, TX 75093

TELEPHONE/VIDEO/TELEMEDICINE APPOINTMENT REMINDER CONSENT

I _____ give Pradeep Kumar, MD (Plano Behavioral Health)
Patient Name (Print)

and members of his staff working at the location indicated above my permission to call/text me prior to an appointment to remind me of the appointment date and time. I may text some clinical updates as well.

I would prefer to be called/Telemedicine consult at (check all that apply):

I. Home _____

II. Work _____

III. Cell _____

IV. Email: _____

Yes, this office may leave (check all that apply):

- Voice mail at my Home Voice mail at my Work Voicemail/Text on my Cell
 Messages with people at my Home Messages with people at my Work

Email: _____

I understand that I may withdraw this consent at any time, either verbally or in writing except to the extent that action has been taken on reliance on it. This consent will last while I am being treated for opioid dependence by the physician specified above unless I withdraw my consent during treatment. This consent will expire 365 days after I complete my treatment, unless the physician specified above is otherwise notified by me.

Patient Signature

Date

Parent/Guardian Signature

Parent/Guardian Name

Date

Phone (972) 849-9507 Fax: (972) 596-8157

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Signature of Patient or Personal Representative

Printed Name of Patient

Date

Plano Behavioral Health, PLLC/Pradeep Kumar, MD

Notice of Privacy Practices

This notice describes how health information about you may be used and disclosed and how you can get access to this information. It is effective April 14, 2003, and applies to all protected health information contained in your health records maintained by us. We have the following duties regarding the maintenance, use and disclosure of your health records:

- (1) We are required by law to maintain the privacy of the protected health information in your records and to provide you with this Notice of our legal duties and privacy practices with respect to that information.
- (2) We are required to abide by the terms of this Notice currently in effect.
- (3) We reserve the right to change the terms of this Notice at any time, making the new provisions effective for all health information and records that we have and continue to maintain. All changes in this Notice will be prominently displayed and available at our office.

There are a number of **situations in which we may use or disclose** to other persons or entities your confidential health information. Certain uses and disclosures will require you to sign an acknowledgement that you received this Notice of Privacy Practices. These include treatment, payment, and health care operations. Any use or disclosure of your protected health information required for anything other than treatment, payment or health care operations requires you to sign an Authorization. Certain disclosures that are required by law, or under emergency circumstances, may be made without your Acknowledgement or Authorization. Under any circumstance, we will use or disclose only the minimum amount of information necessary from your medical records to accomplish the intended purpose of the disclosure.

We will attempt in good faith to obtain your signed Acknowledgement that you received this Notice to use and disclose your confidential medical information for the following purposes. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office once you have provided Consent.

Treatment: We will use your health information to make decisions about the provision, coordination or management of your healthcare, including analyzing or diagnosing your condition and determining the appropriate treatment for that condition. It may also be necessary to share your health information with another health care provider whom we need to consult with respect to your care. [If there are other such disclosures that you might make, list them here.] These are only examples of uses and disclosures of medical information for treatment purposes that may or may not be necessary in your case.

Payment: We may need to use or disclose information in your health record to obtain reimbursement from you, from your health-insurance carrier, or from another insurer for our services rendered to you. This may include determinations of eligibility or coverage under the appropriate health plan, pre-certification and pre-authorization of services or review of services for the purpose of reimbursement. This information may also be used for billing, claims management and collection purposes, and related healthcare data processing through our system.

Operations: Your health records may be used in our business planning and development operations, including improvements in our methods of operation, and general administrative functions. We may also use the information in our overall compliance planning, healthcare review activities, and arranging for legal and auditing functions.

There are certain circumstances under which we may use or disclose your health information **without first obtaining your Acknowledgement or Authorization**. Those circumstances generally involve public health and oversight activities, law-enforcement activities, judicial and administrative proceedings, and in the event of death. Specifically, we may be required to report to certain agencies information concerning certain communicable diseases, sexually transmitted diseases or HIV/AIDS status. We may also be required to report instances of suspected or documented abuse, neglect or domestic violence. We are required to report to appropriate agencies and law-enforcement officials' information that you or another person is in immediate threat of danger to health or safety as a result of violent activity. We must also provide health information when ordered by a court of law to do so. We may contact you from time to time to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you. [Delete if inapplicable:] You should be aware that we utilize an "open adjusting room" in which several people may be adjusted at the same time and in close proximity. We will try to speak quietly to you in a manner reasonably calculated to avoid disclosing your health information to others; however, complete privacy may not be possible in this setting. If you would prefer to be adjusted in a private room, please let us know and we will do our best to accommodate your wishes.

Others Involved in Your Healthcare: Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your protected health information that directly relates to that person's involvement in your health care. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death. Finally, we may use or disclose your protected health information to an authorized public or private entity to assist in disaster relief efforts and to coordinate uses and disclosures to family or other individuals involved in your healthcare.

Communication Barriers and Emergencies: We may use and disclose your protected health information if we attempt to obtain consent from you but are unable to do so because of substantial communication barriers and we determine, using professional judgment, that you intend to consent to use or disclosure under the circumstances. We may use or disclose your protected health information in an emergency treatment situation. If this happens, we will try to obtain your consent as soon as reasonably practicable after the delivery of treatment. If we are required by law or as a matter of necessity to treat you, and we have attempted to obtain your consent but have been unable to obtain your consent, we may still use or disclose your protected health information to treat you.

Except as indicated above, your health information will not be used or disclosed to any other person or entity without your specific Authorization, which may be revoked at any time. In particular, except to the extent disclosure has been made to governmental entities required by law to maintain the confidentiality of the information, information will not be further disclosed to any other person or entity with respect to information concerning mental-health treatment, drug and alcohol abuse, HIV/AIDS or sexually transmitted diseases that may be contained in your health records. We likewise will not disclose your health-record information to an employer for purposes of making employment decisions, to a liability insurer or attorney as a result of injuries sustained in an automobile accident, or to educational authorities, without your written authorization.

(1) You may request that we restrict the uses and disclosures of your health record information for treatment, payment and operations, or restrictions involving your care or payment related to that care. We are not required to agree to the restriction; however, if we agree, we will comply with it, except with regard to emergencies, disclosure of the information to you, or if we are otherwise required by law to make a full disclosure without restriction.

(2) You have a right to request receipt of confidential communications of your medical information by an alternative means or at an alternative location. If you require such an accommodation, you may be charged a fee for the accommodation and will be required to specify the alternative address or method of contact and how payment will be handled.

(3) You have the right to inspect, copy and request amendments to your health records. Access to your health records will not include psychotherapy notes contained in them, or information compiled in anticipation of or for use in a civil, criminal or administrative action or proceeding to which your access is restricted by law. We will charge a reasonable fee for providing a copy of your health records, or a summary of those records, at your request, which includes the cost of copying, postage, and preparation or an explanation or summary of the information.

(4) All requests for inspection, copying and/or amending information in your health records, and all requests related to your rights under this Notice, must be made in writing and addressed to the Privacy Officer at our address. We will respond to your request in a timely fashion.

(5) You have a limited right to receive an accounting of all disclosures we make to other persons or entities of your health information except for disclosures required for treatment, payment and healthcare operations, disclosures that require an Authorization, disclosure incidental to another permissible use or disclosure, and otherwise as allowed by law. We will not charge you for the first accounting in any twelve-month period; however, we will charge you a reasonable fee for each subsequent request for an accounting within the same twelve-month period.

(6) If this notice was initially provided to you electronically, you have the right to obtain a paper copy of this notice and to take one home with you if you wish.

You may file a written complaint to us or to the Secretary of Health and Human Services if you believe that your privacy rights with respect to confidential information in your health records have been violated. All complaints must be in writing and must be addressed to the Privacy Officer (in the case of complaints to us) or to the person designated by the U.S. Department of Health and Human Services if we cannot resolve your concerns. You will not be retaliated against for filing such a complaint. More information is available about complaints at the government's web site, <http://www.hhs.gov/ocr/hipaa>.

Signature

Name

Date