



Qualification Specification

STA Level 3 Award in First Aid at Work

This qualification is regulated by Ofqual (England)

STA Level 3 Award in First Aid at Work

Qualification Number: 603/2347/4

Unit Title

This qualification consists of 2 mandatory units

Unit Title	Code	Unit Level	GLH
Emergency First Aid in the Workplace	D/616/3428	3	6
Recognition and Management of Illness and Injury in the Workplace	H/616/3429	3	12

GLH = Guided learning hours

Total Qualification Time 22 hours

Qualification Delivery

The recommended contact hours for this qualification is 18 hours, which includes direct teaching and assessing but excludes breaks.

The course may be run over 3-days, but can also be delivered over a maximum of a 10-week period, with the minimum of each training session being 2 hours

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

Introduction

The STA First Aid at Work qualification forms part of the STA First Aid suite of qualifications. The qualification and learning outcomes are based on the recommendations of:

- First Aid Awarding Organisation Forum (FAAOF) Assessment Principles for First Aid Qualifications
- Resuscitation Council (UK).

The STA Level 3 Award in First Aid at Work qualification is designed for learners who deal with emergency first aid at work enabling them to be workplace emergency first aiders under the Health and Safety (First Aid) Regulations 1981 and The Health and Safety (First-Aid) Regulations (Northern Ireland) 1982.

Qualification Objective

The aim of the STA Level 3 Award in First Aid at Work qualification is to enable learners to develop the knowledge, understanding and skills that are required to deal with a range of first aid incidents including: basic life support, anaphylaxis, head and spinal injuries, asthma, bleeds and much more.

Target Learners

This qualification is for learners who have a specific responsibility at work to deliver basic first aid to individuals in a range of emergency first aid situations.

Progression

The STA Level 3 Award in First Aid at Work qualification enables learners to progress onto qualifications at the same level or above. It also allows industry professionals to maintain their continuous professional development and progress their careers.

Upon successful completion of this qualification learners may wish to pass on the knowledge and skills they have acquired through training as a first aid tutor / assessor.

Industry Standards

- Health and Safety (First Aid) Regulations 1981 and The Health and Safety (First-Aid) Regulations (Northern Ireland) 1982
- First Aid Awarding Organisation Forum Terms of Reference and Assessment Principles
- Resuscitation Council Guidelines.

Entry Requirements

Learners must be 16 years of age or above on the first day of the course. It is advisable that learners have a minimum of level 1 in literacy or numeracy or equivalent.

Learners must be able to kneel on the floor to deliver CPR.

Special Considerations and Reasonable Adjustments

For further information on these, please refer to the policies section on the Safety Training Awards website:

<https://www.safetytrainingawards.co.uk/policies/>

Awarding Organisation Policies

A full list of awarding organisation policies are available on the website:

<https://www.safetytrainingawards.co.uk>

Any Other Requirements / Requirements

This qualification is valid for a period of 3 years. The learner needs to retake the qualification before the certificate expiry date to remain qualified.

Health and Safety Executive (HSE) strongly recommends that first aiders undertake annual refresher training during any three-year FAW certification period. This will help qualified first aiders maintain their basic skills and keep up-to-date with any changes to first aid procedures.

Providing the learner's First Aid at Work certificate has not expired by more than 1 calendar month (e.g. expired on 5th, started course on or before 4th of the following month), the contact hours may be reduced to 12 hours over 2 days.

Learners must be assessed against all learning outcomes and assessment criteria in the units. To attend the shorter re-qualification course, learners should provide evidence of their previous FAW qualification.

Employers should be aware that if a workplace first aider's certificate expires, they will not be accepted as a first aider for the purposes of the First Aid at Work Regulations until they have re-taken the qualification.

Assessment Format

Pass / Fail

Assessment Methods

This qualification is tutor assessed through practical demonstrations and completion of a multiple-choice theory assessment paper.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

The multiple-choice assessment paper is to be completed independently by each learner and completed under exam conditions, with the tutor or other approved person, acting as the invigilator. Learners must achieve a minimum mark or higher to successfully pass the multi-choice assessment paper.

All learning outcomes and assessment criteria in the units must be achieved in order for the learner to be deemed competent in order to pass the qualification.

Assessors will assess no more than 4 learners at any one time when performing practical demonstrations.

Please refer to the STA First Aid at Work assessment strategy document for the detailed assessment process.

Tutor / Assessor Requirements

All tutors must have the skills, knowledge and experience to be able to teach and demonstrate the subject.

Each tutor must be approved by Safety Training Awards and provide evidence of:

1. A relevant vocational first aid qualification and / or experience as shown in Appendix 1
 2. A formal tutoring and assessing qualification as shown in Appendix 2. Tutors must maintain their technical competence within the subject area and provide evidence of continuing professional development (CPD).
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IQA Requirements

Internal Quality Assurers of this qualification must have knowledge and competency in first aid as well as knowledge and competency in internal quality assurance.

An Internal Quality Assurer must hold:

1. A relevant vocational first aid qualification and / or experience as shown in Appendix 1
2. Attend a STA / IQA training day or hold a recognised internal quality assurance qualification

Note: Internal Quality Assurers cannot quality assure a course for which they were a learner, the tutor and / or assessor.

Resource Requirements

Course resources:

- STA First Aid resource manual - Each learner is required to have their own copy of the resource manual to keep during and after the course, in order to have access to the theoretical knowledge of the qualification.

Venue:

- Room size: Adequate space for all learners on the course to undertake theory and practical work
- Seats: One per learner
- Writing surfaces: Adequate for each learner to take notes
- Toilets: Separate facilities for male and female learners
- Ventilation: Should be adequate
- Lighting: Should be suitable for reading, combining a mixture of natural and artificial light
- Heating: Should maintain a 'short sleeve' environment, minimum temperature 16°C
- Entrances / exits: Should be safe, well lit and DDA compliant
- Floor coverings: Should be carpeted or mats / blankets provided for use during practical sessions
- Cleanliness: Maintain a clean, tidy and hygienic environment
- Noise: Consider whether there is noise that may distract learners from training.

Minimum requirements:

- Laptop
- PowerPoint presentation
- TV or other display method
- STA resource manual per learner
- Adult basic life support manikins - ratio 1:4
- Resuscitation face shield or pocket mask.
- First Aid Kit
- AED trainer
- Auto-injector training device.

Recommended:

- Dry wipe board
- Flipchart
- Blankets.

Training packs (recommended):

Each registered learner to have access to the following training items during the course:

- 1 triangular bandage
- 1 medium sized sterile dressing
- 1 pair of disposable gloves
- 1 individually wrapped sterile adhesive dressing
- 1 resuscitation ventilation aid.

Equipment Service and Maintenance

Ensure all electrical equipment is in safe working order, serviced and maintained in line with statutory requirements, such as Portable Appliance Testing (PAT) and Provision and Use of Work Equipment Regulations (PUWER).

Follow manufacturers guidance on regular cleaning, service and ongoing maintenance requirements for all course equipment.

Sufficient procedures must be in place to ensure hygiene during the use of resuscitation manikins and other training equipment.

It is important to be aware of the trip hazards associated with electric cables and reduce such risks.

Appendix 1

Technical competence in first aid

All Tutors, Assessors and Internal Quality Assurers must have occupational knowledge and competence in first aid.

Acceptable evidence includes:

- Holding a current First Aid at Work Certificate (issued by an Ofqual / SQA / Qualifications Wales recognised Awarding Organisation or equivalent)
- Current registration as a Doctor with the General Medical Council (GMC)
- Current registration as a Nurse with the Nursing and Midwifery Council (NMC)
- Current registration as a Paramedic with the Health and Care Professions Council (HCPC).

Appendix 2

Acceptable Tutoring / Assessing Qualifications

Qualification	Tutor	Assess*
Current qualifications (available for new tutors / assessors to undertake):		
Level 3 Award in Education and Training	✓	✓
Level 4 Certificate in Education and Training	✓	✓
Level 5 Diploma in Education and Training	✓	✓
Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)	✓	✓
Cert Ed / PGCE / B Ed / M Ed	✓	✓
SVQ 3 Learning and Development SCQF Level 8	✓	✓
SVQ 4 Learning and Development SCQF Level 9	✓	✓
TQFE (Teaching Qualification for Further Education)	✓	✓
Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)	✓	✓
SCQF Level 6 Award in Planning and Delivering Learning Sessions to Groups (SQA Accredited)	✓	✓
L&D Unit 6 Manage Learning and Development in Groups SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 7 Facilitate Individual Learning and Development SCQF Level 8 (SQA Accredited)	✓	
L&D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)	✓	
Carry Out the Assessment Process SCQF Level 7 (SQA Unit)		✓
Level 3 Award in Assessing Competence in the Work Environment		✓
Level 3 Award in Assessing Vocationally Related Achievement		✓
Level 3 Award in Understanding the Principles and Practices of Assessment		✓
Level 3 Certificate in Assessing Vocational Achievement		✓
L&D Unit 9DI Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)		✓
L&D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)		✓

Other acceptable qualifications	Tutor	Assess*
CTLLS / DTLLS	✓	✓
PTLLS with unit 'Principles and Practice of Assessment' (12 credits)	✓	✓
Further and Adult Education Teacher's Certificate	✓	✓
IHCD Instructional Methods	✓	✓
IHCD Instructor Certificate	✓	✓
English National Board 998	✓	✓
Nursing mentorship qualifications	✓	✓
NOCN Tutor Assessor Award	✓	✓
S / NVQ level 3 in training and development	✓	
S / NVQ level 4 in training and development	✓	✓
PDA Developing Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	✓
PDA Teaching Practice in Scotland's Colleges SCQF Level 9 (SQA Qualification)	✓	
PTLLS (6 credits)	✓	
Regulated Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS 6 Manage Learning and Development in Groups	✓	
Training Group A22, B22, C21, C23, C24	✓	
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)		✓
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence		✓
Conduct the Assessment Process SCQF Level 7 (SQA Unit)		✓
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance		✓
Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement		✓

Appendix 3

Qualifications suitable for Internal Quality Assurance

L&D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)
Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)
Regulated Qualifications based on the Learning and Development NOS 11 Internally Monitor and Maintain the Quality of Assessment
V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally Verify the Assessment Process
Internally Verify the Assessment Process SCQF Level 8 (SQA Unit)

Unit Specification

Unit Title	Emergency First Aid in the Workplace	
Learning Outcomes	Assessment Criteria	
1. Understand the role and responsibilities of a first aider	1.1 1.2 1.3	Identify the role and responsibilities of a first aider Identify how to minimise the risk of infection to self and others Identify the need for consent to provide first aid
2. Be able to assess an emergency situation safely	2.1 2.2 2.3	Conduct a scene survey Conduct a primary survey of a casualty Summon appropriate assistance when necessary
3. Be able to provide first aid to an unresponsive casualty	3.1 3.2 3.3 3.4 3.5 3.6	Identify when to administer Cardio Pulmonary Resuscitation (CPR) Demonstrate CPR using a manikin Identify when to place a casualty into the recovery position Demonstrate how to place a casualty into the recovery position Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position Identify how to administer first aid to a casualty who is experiencing a seizure
4. Be able to provide first aid to a casualty who is choking	4.1 4.2	Identify when choking is: <ul style="list-style-type: none"> • Mild • Severe Demonstrate how to administer first aid to a casualty who is choking
5. Be able to provide first aid to a casualty with external bleeding	5.1 5.2	Identify whether external bleeding is life-threatening Demonstrate how to administer first aid to a casualty with external bleeding
6. Know how to provide first aid to a casualty who is suffering from shock	6.1 6.2	Recognise when a casualty is suffering from shock Identify how to administer first aid to a casualty who is suffering from shock
7. Know how to provide first aid to a casualty with minor injuries	7.1 7.2	Identify how to administer first aid to a casualty with: <ul style="list-style-type: none"> • Small cuts • Grazes • Bruises • Small splinters • Nosebleeds Identify how to administer first aid to a casualty with minor burns and scalds

Unit Specification

Unit Title	Recognition and Management of Illness and Injury in the Workplace
Learning Outcomes	Assessment Criteria
1. Be able to conduct a secondary survey	1.1 Identify the information to be collected when gathering a casualty history 1.2 Demonstrate how to conduct a head to toe survey
2. Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints	2.1 Recognise suspected: <ul style="list-style-type: none"> • Fractures and dislocations • Sprains and strains 2.2 Identify how to administer first aid for: <ul style="list-style-type: none"> • Fractures and dislocations • Sprains and strains 2.3 Demonstrate how to apply: <ul style="list-style-type: none"> • A support sling • An elevated sling
3. Be able to provide first aid to a casualty with suspected head and spinal injuries	3.1 Recognise suspected: <ul style="list-style-type: none"> • Head injury • Spinal injury 3.2 Identify how to administer first aid for a suspected head injury 3.3 Demonstrate how to administer first aid for a casualty with a suspected spinal injury
4. Know how to provide first aid to a casualty with suspected chest injuries	4.1 Identify how to administer first aid for suspected: <ul style="list-style-type: none"> • Fractured ribs • Penetrating chest injury
5. Know how to provide first aid to a casualty with burns and scalds	5.1 Identify how to recognise the severity of burns and scalds 5.2 Identify how to administer first aid for burns involving: <ul style="list-style-type: none"> • Dry heat • Wet heat • Electricity • Chemicals
6. Know how to provide first aid to a casualty with an eye injury	6.1 Identify how to administer first aid for eye injuries involving: <ul style="list-style-type: none"> • Dust • Chemicals • Embedded objects
7. Know how to provide first aid to a casualty with suspected poisoning	7.1 Identify how poisonous substances can enter the body 7.2 Identify how to administer first aid to a casualty with suspected sudden poisoning
8. Be able to provide first aid to a casualty with anaphylaxis	8.1 Recognise suspected anaphylaxis 8.2 Identify how to administer first aid for a casualty suffering from anaphylaxis 8.3 Demonstrate the use of a 'training device' adrenaline auto-injector
9. Know how to provide first aid to a casualty with suspected major illness	9.1 Recognise suspected: <ul style="list-style-type: none"> • Heart Attack • Stroke • Epileptic seizure • Asthma attack • Diabetic hypoglycaemic emergency 9.2 Identify how to administer first aid to a casualty suffering from: <ul style="list-style-type: none"> • Heart Attack • Stroke • Epileptic seizure • Asthma attack • Diabetic hypoglycaemic emergency