

# MODAL APPROACH TO PRACTICING SCALES (STARTING ASCENDING)

IONIAN/MAJOR      DORIAN      PHRYGIAN      LYDIAN

This block contains the first four modes of a scale, written in bass clef. Each mode is represented by a four-measure phrase of eighth notes. The modes are: Ionian/Major (C-D-E-F-G-A-B), Dorian (C-D-E-F-G-A-B-A), Phrygian (C-D-E-F-G-A-B-B), and Lydian (C-D-E-F#-G-A-B).

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MIXOLYDIAN      AEOLIAN/NATURAL MINOR      LOCRIAN

This block contains the last three modes of a scale, written in bass clef. Each mode is represented by a four-measure phrase of eighth notes. The modes are: Mixolydian (C-D-E-F-G-A-Bb), Aeolian/Natural Minor (C-D-E-F-G-A-Bb), and Locrian (C-D-E-F-G-A-Bb). The final mode ends with a double bar line.