

**Sauna | Body Treatments | Whirlpool | Hydrotherapy**

**PLEASE PRINT LEGIBLY**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City/State/Zip \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_Work: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Cell: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Birthday \_\_\_/\_\_\_/\_\_\_

Occupation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Referred \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In Case of Emergency Please Contact \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# General | Medical Information

Y N Have you ever had a Body Treatment? If yes, what type?

Y N Are you pregnant? If yes, how far along are you? (Females only)

Y N Are you sensitive to heat in any area? If yes, Temperature?

Y N Are you allergic or sensitive to any oils (essential oils, nut oils, scents)? If yes, please list:

List of current medications and reason:

List of surgeries (type and date):



**Indicate Areas of Concern/Pain/Tension**

(Turn over)

# Waiver

***Please take a moment to read and initial all the following statements:***

If I experience pain or discomfort during the treatment, I will at once inform my body specialist so that pressure/strokes can be adjusted to my level of comfort. I will not hold my body specialist responsible for any pain or discomfort I experience during or after the treatment.

\_\_\_\_\_

I understand that the services offered today are not a substitute for medical care. I understand that my body specialist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.

\_\_\_\_\_

I affirm that I have notified my body specialist of all known medical conditions and injuries.

\_\_\_\_\_

I agree to inform the body specialist of any changes in my health and medical condition. I understand that there shall be no liability on the body specialists’ part should I forget to do so.

\_\_\_\_\_

I understand that this and future body treatments are entirely therapeutic & non-sexual in nature.

\_\_\_\_\_

**Information & Suggestions**

* **Prior to your treatment, please remove contact lenses and all jewelry. Pull long hair back with a clip or band. Please communicate effectively with Spa regarding any concerns.**
* **In general, body treatments are given while you are unclothed. However, you may choose to wear undergarments or a swimsuit. Certain Body treatments require minimal clothing to only underwear. This is your time, and you should be as comfortable as possible.**
* **Feel free to ask your therapist any questions before, during, or after the session. Your Body Specialist is a highly trained professional and will be happy to make you feel informed and comfortable.**

*I have received the policy statement and have read and agree with the policies therein. I understand that by receiving services from* ***California Skin Care & Day Spa,*** *I am responsible for any financial obligation towards all treatments provided. There are no refunds on services and all sales are final.*

Client: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Body Specialist: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­\_\_\_\_\_\_\_\_