



SPARC Kindness Rock Garden

Located beside the Riverwalk, adjacent to the fountain in Canada 150 Square, the SPARC Kindness Rock Garden promotes positive messaging, community involvement, and spreads kindness.

All Red Deerians are encouraged to participate by adding their own colourful positive rocks, and visit often throughout the summer to see how big and positive this rock garden can grow! The Kindness Rock Garden is just one of many elements in Capstone that favours human connection, and creates a balance between living, working, and culture & recreation. To learn more about Capstone, visit liveincapstone.ca

SPARC Red Deer is a local non-profit coalition designed to promote and educate community members and families about the 40 Developmental Assets. Developed by the Search Institute, these assets are research-proven life experiences or building blocks which all children need to grow up healthy, caring, and responsible. Research shows that the higher number of these assets a young person has, the more likely they are to thrive and to engage in positive behaviours, and avoid risky behaviours. To learn more about SPARC, visit sparcreddeer.ca