Your Checklist Before Joining the Military

This comprehensive list covers a wide range of essential considerations for those contemplating military service, ensuring preparation for this significant life decision [COMBATPSYCH.COM]

Financial and Legal Arrangements:

\square Handle rental lease: termination, subletting, or transfer.
\square Evaluate car loan status, explore selling or storage options.
\square Adjust or pause phone, utilities, and internet services.
\square Arrange affordable storage for personal items.
\square Automate or delegate bill payments.
\square Appoint a trusted power of attorney.
\square Update insurance policies, focusing on health and auto.
□ Notify banks, discuss overseas account management.
\square Establish an emergency fund for unexpected expenses.
\square Clarify tax obligations, seek professional advice.
☐ Review credit reports, maintain credit health.
\square Plan for loan deferments under Servicemembers Civil Relief Act
Personal and Family Arrangements:
☐ Arrange continuous pet care; consider boarding options.
☐ Create an emergency contact list with detailed information.
☐ Complete medical check-ups and vaccinations.
□ Draft or update your will and end-of-life directives.
☐ Establish regular communication plans with family.
☐ Arrange property maintenance for long-term absence.
☐ Discuss employment leave or resignation.
☐ Securely store or backup important documents and passwords.
☐ Update social media and online presence settings.
☐ Plan childcare for dependents.
☐ Understand military family support programs.



Preparation and Transition:
\square Organize comprehensive mail redirection.
\square Digitally backup important files and photos.
\square Deepen understanding of military benefits and resources.
\square Review military commitments and legal obligations.
\square Mentally prepare for lifestyle and routine changes.
\square Reflect deeply on personal reasons for enlisting.
\square Arrange transportation to the enlistment or training center.
\square Plan meaningful farewells with friends and family.
\square Investigate absentee voting options for service members.
\square Familiarize yourself with post-service reintegration and support services.
Educational Planning:
☐ Assess how military service impacts existing college credits.
\square Plan to use military tuition assistance; understand contract implications.
\square Prepare for potential cross-country moves for military schooling.
\square Consider online or distance learning options for flexibility.
\square Research educational benefits for dependents and family.
Family and Childcare Considerations:
\square Ensure reliable childcare during training or deployment.
\square Address child support or custody issues, if separated or divorced.
\square Inform family of military support programs for dependents.
\square Plan for potential family relocation due to military assignments.
\square Understand benefits and resources for military families, including housing.
Communication and Mailing:
☐ Provide military mailing addresses to family and friends.
☐ Prepare for restricted phone privileges during training.
☐ Explore options for international communication.
\square Set up a system for regular updates with loved ones.

 $\hfill\square$ Inform important contacts of potential communication delays.



Goal Setting and Career Path Planning:
\square Develop long-term career goals within and outside the military.
\square Set short-term objectives for initial training and assignments.
\square Have contingency plans for extending or ending military service.
☐ Explore military career advancement/specialization opportunities
☐ Plan for civilian career transition
\square Utilize military career counselors and resources for guidance.
\square Consider the impact of military service on long-term career goals.
\square Monitor changes in military policies affecting your career.
\square Network with fellow service members for career advice and jobs.
\square Continuously assess personal/professional satisfaction while serving.

