

JOIN US!

## BABY BISTRO

BREASTFEEDING SUPPORT GROUP

HORSEHEADS FAMILY

RESOURCE CENTER

3rd Wednesday of every month

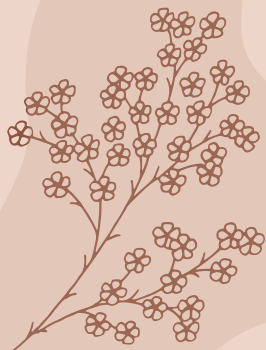
10:30am - 11:30am

A Certified Lactation Counselor (CLC) or International Board Certified Lactation Consultant (IBCLC) will be available to answer your questions, provide guidance, assist with latching and more!



## OUR MISSION:

Representatives of community agencies working to improve the rates of initiation and duration of breastfeeding among women in the Twin Tiers through support, education, and referrals.



## CONTACT:

Kali Beilman-Martin  
kbeilman-martin@chemungcountyny.gov

Samantha Hicks, CLC  
shicks@chemungcountyny.gov



Find us on Facebook!  
Twin Tiers Breastfeeding Network



Twin Tiers  
Breastfeeding  
Network



## Twin Tiers BREASTFEEDING NETWORK

Local resources to assist you with whatever you may need prenatally, and at any stage of your breastfeeding or pumping journey.

# REACH OUT, WE ARE HAPPY TO HELP!

## ARNOT HEALTH

Jacqueline Shubuck, RNC, IBCLC

607-735-5717

Victoria Schweizer, RN, IBCLC

607-735-4640

## AMS PEDIATRICS

Horseheads: Yada Cain, FNP-C, CLC

Jen Bauman, LPN, CLC

607-481-2059

Elmira:

607-271-3442

## SOUTHERN TIER PEDIATRICS

Anna M Clifford, CLC, CPNP-PC

607-734-2264

## CHEMUNG COUNTY HEALTH DEPARTMENT

Samantha Hicks, CLC

Megan Peters, RN, BSN, CLC

607-737-2488

## CHEMUNG/SCHUYLER COUNTY WIC

Jazmyne Passmore, CLC

607-737-2039

## WHITT'S END, RN PLLC

Jennifer A Whitt, RN, IBCLC

607-738-2091

## SUCKLE LACTATION

Autumn Conklin, IBCLC

607-742-9319

## FINGER LAKES LACTATION LLC

Heather Mastro, BS, IBCLC

607-383-0187

## HOMEGROWN LACTATION

Kristin Fenner, CLC

607-542-5694

## CHEMUNG VALLEY LA LECHE LEAGUE

Cynthia Massey, LLL Leader

607-857-0235

## C.I.D.S.

Kacey Gergel, Associate Director

607-733-6533

## STEUBEN COUNTY HEALTH DEPARTMENT

Kat Potter, CLC, CPST

607-664-2438

## STEUBEN COUNTY WIC

Kristin Stone, CLC

607-684-8510

## SCHUYLER COUNTY PUBLIC HEALTH

Katie Munson, PHN

607-535-8140

## TIOGA COUNTY, NY WIC

Lorianne Spatola, WIC Director

607-684-3147

## TIOGA COUNTY, PA WIC

McKenzie Payne, CLC

570-724-5910

## BRADFORD COUNTY, PA WIC

PA WIC Breastfeeding Hotline

1-855-427-5666