

Acupuncture in Northglenn, CO

Classes/Acupuncture

**ACUPUNCTURE AND
HEALING CENTER OF
COLORADO**

KIDS KUNG FU

KUNG FU

TAI CHI

SELF-DEFENSE
FITNESS CLASS

DA SI HE DAI YI,
MASTER RICHARD YI
HO

SI NAI GRETCHEN HO

**ACUPUNCTURE AND HEALING CENTER OF COLORADO,
RICHARD YI HO L.AC & CH**

Dipl. Acupuncture. Dipl. Chinese Herbs, National Board Certified, State Licensed

CHINESE MEDICINE

Chinese medicine is the oldest system of health care in the world. Chinese culture dates back over 5,000 years with written medical literature dating back 2,500 years. It is currently used by 1/4 of the world's population as their primary form of medicine.

Chinese medicine is an extremely safe, effective and complete medical system which has the ability to address a wide range of pathologies. These include acute and chronic diseases, trauma and sports injuries, acute and chronic pain, digestive issues, gynecological issues, muscular/skeletal problems, depression, anxiety, etc. When practiced correctly, Chinese medicine will have little to no side effects and will produce no iatrogenic, or doctor induced, disease.

*National Board Certified Acupuncture and Chinese Herbal Medicine

*State Licensed

*Disposable Needles

PHILOSOPHY

It is my intention to provide patients with the highest level of service and treatment available.

I will attend to my patients needs in a compassionate, attentive and professional manner.

My clinic will reflect a personal philosophy of providing health care in a professional, clean and healthy environment.

RICHARD YI HO

Richard Yi Ho has been practicing Chinese medicine for over 30 years. His early interest in Chinese medicine was cultivated at a young age with studies in herbology, acupressure, tui na (Chinese medicinal massage) and was qi gong (qi healing).

Doctor Ho's parents, originally from Hunan province, instilled a deep understanding and appreciation for Chinese medicine and Chinese culture. He attributes much of his knowledge to them.

Doctor Ho is also a master of Chinese martial arts, incorporating the disciplines of Tai Qi Chuan and Qi Gong in his practice. The study of internal energy (qi) incorporated with body movement can have a profound impact on one's health.

Photography and Videography for this site by [Gretchen Heidi Ho Photographer](#)