



AYLA SPA



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Welcome to Ayla Spa, where our spa treatments are designed to pamper you thoroughly. We are well-tuned to your longing for relaxation of the body and rekindling of your senses. Keeping your needs in mind, we have crafted a wide-range of treatments to suit your every need.

Ayla Spa believes that the elimination of stress and tension is critical to the improvement and maintenance of overall well being. At Ayla Spa, where is called "The Oasis of Calm", we work to improve quality of life through physical and mental rejuvenation. Treatments, designed to satisfy the whole body, are provided by highly trained staff in the field of massage therapy and skincare as well as a full range of body therapies.

Ayla Spa is for those of us who wish for peace in the world and opt to start within.

## BODY MASSAGE

**Holistic massage 60'/90'/120'** 🌿 **800/1000/1200**  
This treatment use a combination of gentle techniques and high-quality oils to bring about a balanced, calm and stress-free state of being.

☆ **Ayurveda massage 60'/90'/120'** 🌿🌿🌿 **800/1000/1200**  
Using point-focused acupuncture technique, this treatment harmonize the body and mind with muscle relaxation and calmness to the whole nervous system.

**Sport massage 60'/90'/120'** 🌿🌿🌿 **800/1000/1200**  
This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

**Thai massage 90'/120'** 🌿🌿🌿🌿 **1000/1200**  
An ancient healing treatment without oil that combines broad and targeted acupuncture, stimulation and manipulation of energy lines.

**Hot stone massage 90'/120'** 🌿🌿 **1200/1400**  
Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

**Four-handed massage 60'/90'/120'** 🌿🌿 **1600/1800/2200**  
A wonderful experience for spa-holic who have a difficult time letting go of day-to-day thoughts and stresses.

## BODY SCRUBS

☆ **Peeling with 3 salts 45'** **900**  
Restore a silky and radiant skin thanks to a mixture of essential oils and salts from Himalaya, France and Dead sea.

**Delicious Scrub 45'** **900**  
A marmalade texture with spice powder to softly clean and delightfully sublimate the skin in an aromatic and amber atmosphere.

**Silhouette scrub 45'** **900**  
A grapefruit-scented scrub that is both delicious and invigorating to enhance your silhouette.

## BODY WRAPS

**Hydra- nourishing cocoon mask 45'** **900**  
Experience the comforting sensation of a hydrating/nourishing wrap applied warm onto the skin.

**Detoxifying wrap 45'** **900**  
Express treatment with an enveloping mousse wrap and a relaxing / detoxifying 3 tea alchemy.

*All price are quoted in thousands of VND.*

🌿 Pressure Strength

☆ Favourite

## SOTHYS FACIAL SKINCARE

### **Hydrating Intensive Treatment Hydra 3HA 90'** **1500**

Combines ultra-comfortable textures with high-performance active ingredients, providing skin with a sensation of absolute hydration. Results in a single treatment!

### **Detox Energy Intensive Treatment 90'** **1500**

Trio of active ingredients: Patented elderberry - Siberian ginseng - Peptides  
Treats your skin to a burst of energy and defends the harmful effects of environmental stress. 100% of satisfaction from the 1st treatment.

### **Soothing Professional Treatment with Spa Thermal Water 75'** **1000**

Water Hypoallergenic, fragrance free  
Discover the ultra-gentle textures with Spa Thermal Water and recover comfort and serenity in less than 1 cabin treatment\*. Especially for naturally/temporarily sensitive skin.

### **Correcting Professional Treatment 75'** **1000**

Uses powerful active substances to remove impurities and stimulate healing and circulation of the skin.

### **For Men - Detox & Energize Treatment 75'** **1000**

Customized mask, high precision cleanser to improve muscle tone, providing much-needed stress relief.

## FOOT MASSAGE

### **Foot relaxing 60'/90'** **800/1000**

A signature treatment using a fusion of massage techniques and point acupuncture that helps to relax and release aches.

### **Foot care with scrub 90'** **1000**

All in one treatment combining skin exfoliation that helps to relieve soreness.

## EXTRA PAMPERING

### **Flower Bath With Rice Bran 30'** **500**

Softening, soothing muscles, drawing out infection by bathing with flower and rice bran. The scent from nature will whisk away your stress.


*\*Advanced booking is recommended.*

### **Hot Sauna 15'** **Complimentary**

Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.

*\*Advanced booking is recommended.*

*All price are quoted in thousands of VND.*

 *Pressure Strength*

# PACKAGES

<b>Body Detox 105'</b>	<b>1500</b>
<ul style="list-style-type: none"><li>• Body scrub 45'</li><li>• Body Massage 60' (Holistic/Ayurveda/Sport)</li></ul>	
<b>Body Refresh 105'</b>	<b>1500</b>
<ul style="list-style-type: none"><li>• Body Wraps 45'</li><li>• Body Massage 60' (Holistic/Ayurveda/Sport)</li></ul>	
<b>Create Your Own 180'</b>	<b>2300</b>
<ul style="list-style-type: none"><li>• Body Scrub 45'</li><li>• Body Massage 60' (Holistic/Ayurveda/Sport)</li><li>• Facial skincare 75' (Soothing/Correcting/For Men)</li></ul>	
<b>All In One 180'-195'</b>	<b>3100</b>
<ul style="list-style-type: none"><li>• Body Scrub OR Wrap 45'</li><li>• Body Massage 60' (Choose any)</li><li>• Facial skincare 75'-90' (Choose any)</li></ul>	

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## PREMIUM MENU

This menu is designed with premium product ranges from Sothys to bring you the unforgettable experience of well-being

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### SECRET DE SOTHYS RITUAL

<b>Facial Treatment 90'</b>	<b>3000</b>
An 8-step treatment for the face, combining sensorial make-up removal, an ultra-effective scrub, exceptional modeling gestures, high-performance masks, final smoothing with an icy effect and enhancing beauty pampering.	
<b>Body Ritual 105'</b>	<b>1800</b>
A 3-step treatment for the body: after an awakening prelude, a granita scrub enhances your body, then a nourishing modeling step transports you into deep relaxation.	
<ul style="list-style-type: none"><li>• Body Scrub 15'</li><li>• Body Massage 60'</li><li>• Body Nourish 15'</li></ul>	
<b>Face &amp; Body 180'</b>	<b>4000</b>
This new 3-hour face and body ritual elegantly and stylishly combines the ingredients for the ultimate unique treatment	

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<b>HANAKASUMI 120'</b>	<b>2600</b>
<ul style="list-style-type: none"><li>• Body scrub with Chery blossom-rice powder- gommage</li><li>• Body massage with Shea Butter</li><li>• Body nourishing with Shea Butter with Asian Essences</li></ul>	

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 Pressure Strength