



Welcome to Ayla Spa, where our spa treatments are designed to pamper you thoroughly.

We are well-tuned to your longing for relaxation of the body and rekindling of your senses. Keeping your needs in mind, we have crafted a wide-range of treatments to suit your every need.

Ayla Spa believes that the elimination of stress and tension is critical to the improvement and maintenance of overall well being. At Ayla Spa, where is called "The Oasis of Calm", we work to improve quality of life through physical and mental rejuvenation. Treatments, designed to satisfy the whole body, are provided by highly trained staff in the field of massage therapy and skincare as well as a full range of body therapies.

Ayla Spa is for those of us who wish for peace in the world and opt to start within.

BODY MASSAGE

Holistic massage 60'/90'/120'

600/800/1000

This treatment use a combination of gentle techniques and high-quality oils to bring about a balanced, calm and stress-free state of being.

Oriental 60'/90'/120'

600/800/1000

Using point-focused acupuncture technique, this treatment harmonize the body and mind with muscle relaxation and calmness to the whole nervous system.

Deep Tissue 60'/90'/120'

600/800/1000

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

Shiatsu 60'/90'/120'

600/800/1000

No-oil treatment. Using finger pressure, Shiatsu massage helps remove the blockages by realigning meridian points, which balances the energy and eases the body and mind. Shiat- su also restores the circulatory system, improving blood flow throughout the body.

Hot stone massage 90'/120'

900/1100

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

Four-handed massage 60'/90'/120'

1200/1600/2000

A wonderful experience for spa-holic who have a difficult time letting go of day-to-day thoughts and stresses.

FOOT MASSAGE

Foot relaxing 60'/90'

600/800

A signature treatment using a fusion of massage techniques and point acupuncture that helps to relax and release aches.

Foot care with scrub 90'

800

All in one treatment combining skin exfoliation that helps to relieve soreness.

FACIAL SKINCARE

Soothing & Calming Treatment 80' **750**

Using organic and natural ingredients, skin-soothing agents work to diminish signs of irritation, including redness and blotchiness from environmental influences, like pollution and the sun.

Moisture Boost & Hydrating Treatment 80' **750**

Helps restore, preserve and optimize the hydro-lipid balance of dry and dehydrated skin, supporting its natural hydration mechanisms and restructuring the epidermal barrier.

Purifying & Balancing Treatment 80' **750**

A range designed for combination/oily or acne-prone skin. Its sebum-regulating active ingredients help limit the appearance of imperfections, control their development while preventing residual marks. The skin is visibly cleansed and clarified.

Vitamin Boost & Energize 80' **750**

***Suitable for man & woman**

Vitamin Energy is a skincare range developed for tired skin, allowing it to regain vitality and radiance thanks to an exclusive cocktail of energizing and re-energizing active ingredients.

Pure Oxygen - Detoxifying Treatment 80' **1000**

The expert Detox protocol for radiantly healthy skin. PUR OXYGENE helps protect the skin from different forms of pollution that weaken the skin barrier and accelerate premature aging. Better protected from daily oxidative stress, the skin radiates radiance and health.

EXTRA PAMPERING

Herbal Bath 30' **300**

Softening, soothing muscles, drawing out infection by bathing with flower and rice bran. The scent from nature will whisk away your stress.

**Advanced booking is recommended.*

Hot Sauna 15' **Complimentary**

Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.

**Advanced booking is recommended.*

BODY SCRUBS



Sugar & Salt Scrub 45'

600

Restore a silky and radiant skin thanks to a mixture of essential oils and salts from Himalaya, France and Dead sea.

Coffee & Sugar Scrub 45'

600

Coffee scrubs combine ground coffee with sugar that leave your skin nourished & moisturized, helps to reduce the appearance of scars, stretch marks,. Other benefits: tightening the skin, anti-aging and improve circulation.

Algae & Salt Scrub 45'

600

The combination of algae and salt helps to hydrates dry skin, diminishes the appearance of hyperpigmentation, clears clogged pores and reduces the appearance of fine lines.

PACKAGES

Sport Lover 105'

1100

- Body scrub 45' (Choose any)
- Body Massage 60' (Holistic | Oriental | Deep Tissue | Shiatsu)

Office Savior 140'

1200

- Massage 60' (Holistic | Oriental | Deep Tissue | Shiatsu)
- Facial treatment 80' (Excluding Pure Oxygen)

Create Your Own 185'

1800

- Body Scrub 45'
- Body Massage 60' (Holistic | Oriental | Deep Tissue | Shiatsu)
- Facial skincare 80' (Excluding Pure Oxygen)

Secrets of relaxation

The Silent Mind and Progressive Muscle Relaxation are two secrets of relaxation, from that led to the winning under pressure. At Ayla, all you need to do is lying down, give your mind freedom and let us bring you to the deep level of tension release.



Satisfying our clients

At Ayla, our philosophy is attention to details while customizing on individuals' needs. We care about your concerns of either your skin or your body. Since the guest's satisfaction creates our values, we are continuously improving ourselves to bring the best and unique experience for our clients.

