



AYLA SPA



Welcome to Ayla Spa, where our spa treatments are designed to pamper you thoroughly. We are well-tuned to your longing for relaxation of the body and rekindling of your senses. Keeping your needs in mind, we have crafted a wide-range of treatments to suit your every need.

Ayla Spa believes that the elimination of stress and tension is critical to the improvement and maintenance of overall well being. At Ayla Spa, where is called "The Oasis of Calm", we work to improve quality of life through physical and mental rejuvenation. Treatments, designed to satisfy the whole body, are provided by highly trained staff in the field of massage therapy and skincare as well as a full range of body therapies.

Ayla Spa is for those of us who wish for peace in the world and opt to start within.

BODY MASSAGE

Holistic massage 60'/90'/120' 🌸

800/1000/1200

This treatment use a combination of gentle techniques and high-quality oils to bring about a balanced, calm and stress-free state of being.

☆ **Ayurveda massage 60'/90'/120'** 🌸🌸🌸

800/1000/1200

Using point-focused acupuncture technique, this treatment harmonize the body and mind with muscle relaxation and calmness to the whole nervous system.

Sport massage 60'/90'/120' 🌸🌸🌸

800/1000/1200

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

Shiatsu massage 60'/90'/120' 🌸🌸🌸

800/1000/1200

No-oil treatment. Using finger pressure, Shiatsu massage helps remove the blockages by realigning meridian points, which balances the energy and eases the body and mind. Shiatsu also restores the circulatory system, improving blood flow throughout the body.

Thai massage 90'/120' 🌸🌸🌸🌸

1000/1200

An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation and manipulation of energy lines.

Hot stone massage 90'/120' 🌸🌸

1200/1400

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

Four-handed massage 60'/90'/120' 🌸🌸

1600/1800/2200

A wonderful experience for spa-holic who have a difficult time letting go of day-to-day thoughts and stresses.

FOOT MASSAGE

Foot relaxing 60'/90'

800/1000

A signature treatment using a fusion of massage techniques and point acupuncture that helps to relax and release aches.

Foot care with scrub 90'

1000

All in one treatment combining skin exfoliation that helps to relieve soreness.

All price are quoted in thousands of VND.

🌸 Pressure Strength

☆ Favourite

FACIAL SKINCARE

Purifying & Balancing Treatment 80' **1000**

A range designed for combination/oily or acne-prone skin. Its sebum-regulating active ingredients help limit the appearance of imperfections, control their development while preventing residual marks. The skin is visibly cleansed and clarified.

Pure Oxygen - Detoxifying Treatment 80' **1000**

***Suitable for man & woman**

The expert Detox protocol for radiantly healthy skin. Pure Oxygen helps protect the skin from different forms of pollution that weaken the skin barrier and accelerate premature aging. Better protected from daily oxidative stress, the skin radiates radiance and health.

Moisture Boost & Hydrating Treatment 80' **1000**

Helps restore, preserve and optimize the hydro-lipid balance of dry and dehydrated skin, supporting its natural hydration mechanisms and restructuring the epidermal barrier.

Skin Renewal with Enzymacid Technology 80' **1500**

The ENZYMACID program is an innovation in cosmetology. The step-by-step renewal of the skin gives excellent visible results: wrinkles are smoothed out, enlarged pores are narrowed, age spots are lightened, the skin is leveled, it becomes smooth, supple, radiant and moisturized.

Anti-aging with Retinol and DHEA 80' **1500**

This treatment are intended for those who are interested in innovative means to activate skin rejuvenation mechanisms. The complex has a pronounced regenerative effect, and its anti-aging effect for the skin is similar to the result from the use of DHEA and RETINOL.


EXTRA PAMPERING

Hot Sauna 15' **Complimentary**


Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.

**Advanced booking is recommended.*

All price are quoted in thousands of VND.

 *Pressure Strength*


BODY SCRUBS


-  **Peeling with 3 salts 45'** **900**
Restore a silky and radiant skin thanks to a mixture of essential oils and salts from Himalaya, France and Dead sea.
- Delicious Scrub 45'** **900**
A marmalade texture with spice powder to softly clean and delightfully sublimate the skin in an aromatic and amber atmosphere.
- Silhouette scrub 45'** **900**
A grapefruit-scented scrub that is both delicious and invigorating to enhance your silhouette.

PACKAGES

- Body Detox 105'** **1600**
 - Body scrub 45'
 - Body Massage 60' (Holistic | Ayurveda | Sport | Foot | Shiatsu)
- Office Savior 140'** **1700**
 - Body Wraps 45'
 - Body Massage 60' (Holistic | Ayurveda | Sport | Foot | Shiatsu)
- Create Your Own 185'** **2500**
 - Body Scrub 45'
 - Body Massage 60' (Holistic | Ayurveda | Sport | Foot | Shiatsu)
 - Facial skincare 75' (Soothing/Correcting/For Men)
- All In One 185'** **3000**
 - Body Scrub 45'
 - Body Massage 60' (Holistic | Ayurveda | Sport | Foot | Shiatsu)
 - Facial skincare 80' (Choose any)

All price are quoted in thousands of VND.

 *Pressure Strength*

 *Favourite*