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DIGITAL FREE EDITION

Vol. 19 Issue 38 RNI No. 69862/98 WEEKLY 6 Pages APRIL 22-28, 2018 Publisher: C. M. Sharma M: 98154-29998 Email: cityvibesldh@gmail.com

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T20'S BIGGEST VISIONARY

Ludhiana gets a Cabinet minister in Bharat Bhushan Ashu



The city has finally got a cabinet minister after a very long wait with the induction of two-time MLA and former deputy leader of the Congress Legislative Party, Bharat Bhushan Ashu in Capt Amarinder Singh's cabinet. Ashu, a close confidant of local MP Ravneet Bittu, has been chosen over five-time MLA & former minister Rakesh Pandey and two time MLA surinder Dawar.

Ashu's name had been doing the rounds for ministerial berth since the Congress government was formed in 2017. It took the Chief Minister more than a year to expand his Cabinet.

With eight MLAs of the ruling party from the district, the leaders had been demanding Cabinet berth for one of them for a long time.

Forty five-year-old Ashu has done his graduation from Arya College and has been councillor. He went on to win with a big margin in the 2012 Assembly elections and got elevated as the deputy CLP leader.

In the Vidhan Sabha elections of 2017,

he won with the highest margin of 36,521 votes from the Ludhiana West constituency.

He is believed to have got the reward for his significant contribution to the recently held municipal corporation elections in which more than 15 candidates owing allegiance to him emerged victorious.

Bittu advocated Ashu's name in a meeting with Congress president Rahul Gandhi. Besides, Ashu got support of All India Congress Committee secretary Kishori Lal Sharma, he is also in good books of Amarinder.

Speaking to media Ashu said, his top priority would be development of Ludhiana. "I am grateful to the Congress high command, Capt Amrinder Singh, state leadership and all my supporters, well-wishers and family members who have shown their trust and faith in me. Regardless of the ministry I get, I will resolve issues concerning Ludhiana and will get more funds for new projects," he added.

Five-time MLA Rakesh Pandey, whose name was doing the

rounds, could not find anyone to strongly pitch for him. He is a close associate of former chief minister Rajinder Kaur Bhattal, said he was happy with the decision of the party. "Change is bound to come and we have accepted that. Rahul Gandhi has selected the team and we respect the decision. He wanted to give a chance to the young generation. If they are able to meet the expectations of the party, only time and their performance will tell," said Pandey.

Sources in the party feel that Ashu's induction ahead of senior leaders, would pose a greater challenge for the MLA from Ludhiana (west), as senior leaders may come out in open against him.

It is a celebration time. A large number of visitors came to see Ashu after his name was announced for a ministerial berth. Many individuals, groups and associations are spending lavishly and releasing costly ads in newspapers to prove their happiness over Ashu's induction in cabinet. Common man also hopes to get benefits.

Clock Tower to be Live... Once Again!

The iconic 112-year-old 'Clock Tower' may get a renovated look with the help of lighting and laser effects in near future under the Ludhiana smart City Project.

The residents hope that with these changes the clock will remain ever operational. Initially it has been planned to introduce laser light technology for creating special images on special occasions with laser lights. However there is also a suggestion to install flood lights at the bottom to give different effects to the monument in the night.

The chief executive officer of Ludhiana Smart City Limited and MC commissioner Jaskiran Singh said they have received response from two private firms for presentation. He said they want to give a new shape to this monument which is also an identity of the city.

Ludhiana City's best icon Clock Tower, popularly known as Ghanta Ghar, is more than 100 years old. It was on October 18, 1906, that the Victoria Memorial Clock Tower, Ludhiana, was inaugurated as a memorial to the silver jubilee year of Queen Victoria's regime, by the then Lt- Governor of Punjab and its dependencies, Sir Charles Montgomery and Deewan Tek Chand,



the then Deputy Commissioner, Ludhiana. The rulers of the day had chosen the spot for the tower keeping in mind the proximity of the business centre and the railway station. Although Giani Zail Singh, during his tenure as the Chief Minister of the state, at the insistence of the town's Jain community, had rechristened it as Bhagwan Mahavir Clock Tower, it's best-known as Ghanta Ghar.

Over the years the clock tower has come up as the representative emblem of Ludhiana which remains neglected.

Punjab Assembly Elections in 2019 is not possible - Shyam Sunder Malhotra

"In 2019 there will only be Lok Sabha elections and there is no chance of any simultaneous elections to assembly constituencies all over India, as wrongly being claimed by many BJP and Akali leaders in the state." said Ludhiana Deputy Mayor Shyam Sunder Malhotra while responding to a question from CITY VIBES.

Malhotra was present as a chief guest at the launch of an academy on Ferozepur Road. He further added that, "Many state assembly elections

are due in very near future and if bhartiya Janta Party is truly serious about conducting simultaneous elections in the early part of 2019, it could easily postpone the current assembly elections as very less time is left for the parliamentary elections. This would save a lot of time and money for the state assembly elections



govt. is doing nothing of the sort."

Earth Day Special- April 22

MISSION 2018 - END PLASTIC POLLUTION



Close to 48 years ago, on 22 April 1970, millions of people took to the streets to protest the negative impacts of 150 years of industrial development.

In the US and around the world, smog was becoming deadly and evidence was growing that pollution led to developmental delays in children. Biodiversity was in decline as a result of the heavy use of pesticides and other pollutants.

The global ecological awareness was growing, and the US Congress and President Nixon responded quickly. In July of the same year, they created the Environmental Protection Agency, and robust environmental laws such as the Clean Water Act and the Endangered Species Act, among many.

One billion people Earth Day is now a global event each year, and we believe that more than 1 billion people in 192 countries now take part in what is the largest civic-focused day of action in the world.

It is a day of political action and civic participation. People march, sign petitions, meet with their elected officials, plant trees, clean up their towns and roads. Corporations and governments

use it to make pledges and announce sustainability measures. Faith leaders, including Pope Francis, connect Earth Day with protecting God's greatest creations, humans, biodiversity and the planet that we all live on.

Earth Day Network, the organization that leads Earth Day worldwide, today announced that Earth Day 2018 will focus on mobilizing the world to End Plastic Pollution, including creating support for a global effort to eliminate single-use plastics along with global regulation for the disposal of plastics. EDN will educate millions of people about the health and other risks associated with the use and disposal of plastics, including pollution of our oceans, water, and wildlife, and about the growing body of evidence that decomposing plastics are creating serious global problems.

From poisoning and injuring marine life to the ubiquitous presence of plastics in our food to disrupting human hormones and causing major life-threatening diseases and early puberty, the exponential growth of plastics is threatening our planet's

survival. EDN has built a multi-year campaign to End Plastic Pollution. Our goals include ending single-use plastics, promoting alternatives to fossil fuel-based materials, promoting 100 percent recycling of plastics, corporate and government accountability and changing human behavior concerning plastics.

EDN's End Plastic Pollution campaign :

- * Leading a grassroots movement to support the adoption of a global framework to regulate plastic pollution;

- * Educating, mobilizing and activating citizens across the globe to demand that governments and corporations control and clean up plastic pollution;
- * Educating people worldwide to take personal responsibility for plastic pollution by choosing to reject, reduce, reuse and recycle plastics, and

- * Promoting local government regulatory and other efforts to tackle plastic pollution.

Earth Day Network will leverage the platform of Earth Day and the growing interest in the 50th Anniversary of Earth Day in 2020 as a catalyst for global action.

Earth Day Celebrations at Schools

Everest Pb Sr Sec School

On the eve of Earth Day, a special assembly was conducted in the premises of Everest Pb Sr Sec School, Moti Nagar, Ludhiana. Everestians shows a skit on the theme Save Mother Earth. A speech given by the Principal inspired the students to develop habits that lead to the safety of mother Earth. Students of class I to IX prepared handmade carry bags of newspaper & waste papers. Director, Rajinder Sharma told students about the importance of Earth day and the world level activities conducted to save earth. He advised students to buy green products, avoid plastic products and to motivate their friends and family to fight against global warming.



Small Wonders Pre-School.



Earth day was celebrated in Small Wonders Pre-School. The theme was CLEAN AND GREEN INDIA. Children wore green dresses to mark the day. Waste soft drink bottles were reused as hanging plant pots. Children painted the bottles with the help of teachers. The bottles were

cut and children planted saplings in the bottles with the gardener's help. The enthusiasm of growing a plant was visible on the radiant faces of the kids. The principal Esha Dewan Ahuja instilled a feeling of belongingness towards the environment in the kids. The purpose was

creating awareness about keeping the environment pollution free and recycling waste material at grassroot level. Save the environment, grow more trees and reduce pollution messages were displayed. A pledge was taken to make the environment clean and green.

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LUDHIANA THIS WEEK

Dear Readers,

We at CITY VIBES welcome any news, opinion, article, feedback or enquiry from our readers. Our readers can also celebrate their happy moments with us free of cost. We are also with our readers during their moments of sorrow and don't charge anything for any notice of sadness.

Last week Ludhiana saw a major tussle by

Bains brothers at the Ladowal toll plaza. Famous environmentalist Baba Balbir Singh Seehwal criticized PPCB and MCL for not ensuring cleanliness of Buddha Nala and accused them of causing major water pollution in many parts of Punjab due to the polluted Buddha nala water mixing in satluj river. There were a lot of candles marches in the city to protest against

the rapes of minors in different parts of India though a section of society strongly feels that these candle marches are just an eyelash, strong oppressive measures are required to curb such inhumane practices.

On entertainment side, Varun Dhawan's OCTOBER and Irfan Khan's BLACKMAIL have got very good reviews from critics. Regards CMS

Nabi Tajima, world's oldest person, dies in Japan at 117

The world's oldest person, a 117-year-old Japanese woman, has died.

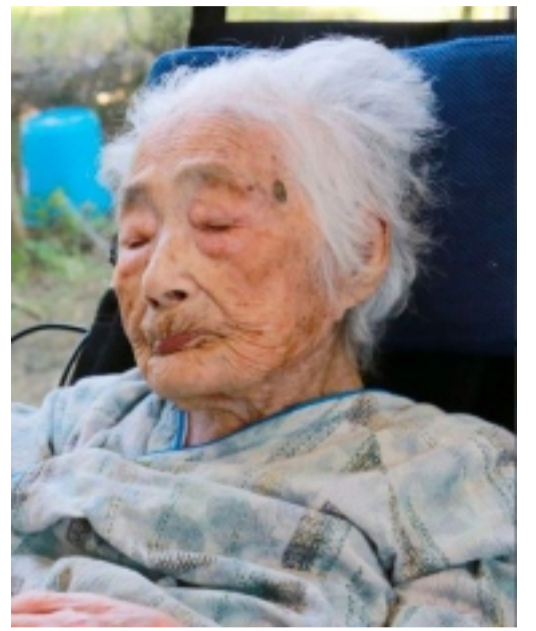
Nabi Tajima died of old age in a hospital Saturday evening in the town of Kikai in southern Japan, town official Susumu Yoshiyuki confirmed. She had been hospitalized since January. Tajima, born on Aug. 4, 1900, was the last known person born in the 19th century. She reportedly had more than 160 descendants, including great-great-grandchildren. Her town of Kikai is in Kagoshima prefecture on Kyushu, the southernmost of Japan's four main islands.

She became the world's oldest person seven months ago after the death in September of Violet Brown in Jamaica,

also at the age of 117.

Video shown on Japanese television showed Tajima moving her hands to the beat of music played on traditional Japanese instruments at a ceremony to mark the achievement.

The U.S.-based Gerontology Research Group says that another Japanese woman, Chiyo Miyako, is now the world's oldest person in its records. Miyako lives south of Tokyo in Kanagawa prefecture,



and is due to turn 117 in 10 days.

Guinness World Records certified 112-year-old Masazo Nonaka of northern Japan as the world's oldest man earlier this month, and was planning to recognize Tajima as the world's oldest person.

5 health tips to prepare yourself for onset of summer

The Indian summer is known for its high temperatures and humidity, which can make you feel uncomfortable and stuffy. Wearing light and breathable fabrics is an effective way to beat the heat. Here are some tips to prepare yourself for the heat.

As winter starts to give way to the spring and then to the summer, people struggle to keep pace with the seasonal transition and the potential health risks posed by the change.

The onset of a new season can be tricky; it can call for a change in routine, a revamped diet, and a new exercise regimen that suits the weather.

Dr. Hariprasad, Ayurveda Expert, The Himalaya Drug Company, shares five tips that will help you stay fit by avoiding diseases and ailments this summer.

* Eat light and healthy: Your body will require a constant supply of water and fluids to sustain through the rough weather. Heavy meals with large amounts of carbohydrates and fats give rise to a lot of heat in the body. A natural way of staying hydrated is ample intake of fruits and vegetables that have high water content — oranges, watermelon, tomatoes, etc. This helps balance your core body temperature and keeps diseases at bay. It also helps hydrate the skin and keep it supple.

* Gear up for summer: The Indian summer is known for its high temperatures

and humidity, which can make you feel uncomfortable and stuffy. Wearing light and breathable fabrics is an effective way to beat the heat. Natural fabrics such as cotton, silk, and linen are much better than synthetic fabrics.

* Embrace the radiance of



the Sun: Post the shivers and heavy woollens of winter, the sun will finally invite you to bask in its warm glow. As sunlight is one of the best sources of Vitamin D, use this opportunity to exercise or eat outdoors in the morning. It is advisable to soak in the sun rays early in the morning, as this can be a great way of starting your day on a fresh and rejuvenating note. Wear clothes that enable your skin to be exposed to the sun.

* Ensure regular and undisturbed sleep: While air conditioners have reduced the discomfort significantly, sleep patterns can still take a hit in the hot, humid weather. Intake of natural herbs like Tagara can promote restful sleep. According to Ayurveda texts and modern research, Tagara can calm the mind due to its sedative and sleep-enhancing properties.

* Be prepared for summer infections: Most people suffer from ailments such as common cold, sore throats, and viral infections in summer because of the heat and dust. While a preventive care approach is imperative, being prepared to face an unexpected disease is equally important. It is advisable to keep a cold balm as part of your first aid kit, as it eases the symptoms of common cold and is easy to carry around. Use one that contains ingredients like camphor oil, mint extracts, nutmeg oil, and turpentine oil, as they help provide quick, symptomatic relief from common cold.

This quintessential health guide is easy to follow and will help you get ready for the long and warm summer.

Visa for UK, Canada

(Contd... from page 4)

The earliest one can apply for a student visa in the UK is 90 days before the course begins. The decision time on whether a student gets his/her visa or not is 3 weeks. Students cannot enter the UK up to 1 month before their course starts (if course is more than 6 months long) or up to 1 week before (if course is 6 months or less).

UK Study Visa cost, fees and charges

The cost of a general UK student visa (Tier 4 General) costs £335.

Can students work on UK Student Visa?

Students can work up to maximum of 20 hours/week (paid/unpaid) during the term and work full-time during holidays. Language centre students, on the other hand, can work for a maximum of 10 hours/week (paid/unpaid). No self-employment (business/freelancing) is allowed, and neither can one work as an entertainer or a professional sports person.

Canada

Fly to Canada

Canada offers numerous scholarships to its students, and the government takes student education as their responsibility. Getting a student visa for Canada has been made relatively easier now. Besides, Canada is a beautiful country with a unique culture and a high employment rate as well.

Academic Term in Canada

The winter session of the Canadian academic calendar usually runs from early September until April/May, split into two terms — January to April and September to December. Some universities also offer summer studies from May to August. The Canadian student visa is known as the Student Permit.

When to apply and how long does it take to get the US Student Visa?

Students can apply for a Canadian student visa as soon as they receive the

acceptance letter from their university. The visa processing time is close to 5 weeks.

Canada Student Visa cost, fees and charges

Study permit fees cost 150 Canadian dollars.

Can I work on Canada Study Visa?

Students can work on and off-campus both without having to apply for a work permit, provided they meet certain requirements. Students, however, need to apply for work permit if their study course calls for an essential internship or co-op program.

Need to know more about Student visa application websites, Booking flights - Are you too busy with visa applications to keep track of changes in prices of flights? Stay updated with CITY VIBES. If you don't find what you are looking for in the newspaper, please call us or mail us at 94632-62033 or mail us at: cityvibesldh@gmail.com

WEEKLY HOROSCOPE

ARIES: Everything in your chart is starting to click & fall into place... There is a lot of abundance & prosperity indicated... With all that being said, you have to make sure you can handle the higher levels without turning into an ass...

TAURUS: Your chart is trying to bring you into new uncharted territory... The opportunities for a much richer life experience (not just in wealth but overall satisfaction) ... But you need a clear head & heart to make the most of it. No free rides in this universe.

GEMINI: You'll find your emotions are being super-energized this week... It's when you can be dangerously psychic or intuitive at times and totally clueless a few moments later... This can be a great time for your career/professional life if you can find a way to remain focused on the current task without getting distracted or side-tracked.

CANCER: You can be a whining little cry-baby that is hopeless and pathetic... Or you can harness the incredible surge of emotion and power that can help raise you up to higher levels of life & love... This energy isn't for the weak and Cancer is "Cardinal" sign and definitely is not weak by nature... You're being asked to give in, release negativity & allow fate to happen.

LEO: The more serious you get, the more predictable and boring you appear to others... (sorry to be blunt)... Your sign rules the 5th House of Love & Romance... Of imagination and creativity... You cannot allow yourself to get shackled down by Modern Life... That doesn't mean living in a dream-land, but more to use your creativity & imagination to rise above any problems so you can get back to what you do best... (Play & Create)

VIRGO: The universe is trying to bring a natural state of inner peace & harmony to you. A big factor in this depends upon you being an active part in your personal relationships with others... It's about knowing when you need to take the lead, or when to allow others to "drive the bus". Just Focus!! Listen closely to what others are saying...

LIBRA: In a way, this current chart is trying to tell you that whatever negativity, anger or aggression you may be feeling inside, you need to get over it so you can move ahead... It's clear the universe is bringing your inner strength & determination together to allow you to reach levels you never thought possible. The key is to do one thing at a time... To make a plan and then follow it...

SCORPIO: The universe is trying to make you more aware of the "hidden truths" that others are trying so desperately to ignore or not accept... You need to re-evaluate many of your own personal beliefs to be sure. ... Don't simply rely on what others are telling you.

SAGITTARIUS: the universe is definitely trying to make you very aware of something... And with the Sun & the North Node aligned in your 1st House... It all has to do with being original and creative... It's very clear that the universe is trying to lift you to a higher position of leadership, honor & personal respect.

CAPRICORN: Communication is super important, but "taking action" is the key this week... It's knowing what needs to be done and doing it now and doing things right... The way they should be done. It's using your insights and looking ahead and making your plans to ensure your needs will be met in the future.

AQUARIUS: Everybody may have the right words, but the real question becomes can you rely upon them to follow through when you need them the most?... With Uranus on your 5th House cusp and going direct later this week, the universe is making sure you're not being naive... You must be prepared to take action.

PISCES: Curtail your negativity. Do not undermine your confidence and self esteem as this week will be a bit demanding than the previous one. Things are sure to improve with your hard efforts. Also curtail your habit of believing every one... Your chances of success in a court case are more depending upon the effort you put in to turn the tide.

Student Visa for Indian Students - All You Need to Know

Every year, thousands of students from Ludhiana seek advice, tips and information about studying and improving their skills in universities abroad, especially those in Australia, Britain, USA and Canada. After zeroing in on a university of their choice, they undergo the arduous task of having to obtain the coveted student visas.

Basic requirements (before applying for Student Visa and Studying Abroad)

Typically, students need to give the TOEFL/ IELTS exam to prove their proficiency in English language, meet basic character and health requirements, appear for exams such as GMAT (management) /GRE (sciences), MCAT (medicine), LSAT (law), etc. and obtain good scores, letters of recommendation (if needed). Students also need to have a valid passport & access to enough funds for education (in case one hasn't got a scholarship), etc.

Most importantly, students need to get a form from the college they have obtained admission into (such as an I-20 form for colleges in the US) which proves that the student has been offered admission to the college.

The next two important questions that need to be answered are:

1. What is the best time period to apply for the visas?
2. When is the best time to book your flights to these sought-after study destinations?

CITY VIBES helps you find the answers to these questions.

Useful Tips about Student Visa

The four most popular destinations for Indian students looking to study abroad are United States, Australia, United Kingdom and Canada.

United States

The US' reputation for international universities is renowned. Home to the coveted Ivy League colleges,

US houses almost 50% of the best universities in the world. Students can choose from a wide variety of really good private and public colleges and will enjoy academic freedom in a pragmatic learning environment. Students should know that the F1 visa doesn't allow for off-campus employment during the first year of study and allows on-campus employment without seeking permission, while the M1 doesn't allow students to work except what is required for temporary practical training.

Academic Term in the US

The US has three admission cycles throughout the year - fall (August-mid January), summer (June-August) and spring (January-May). For students from India, the fall cycle is the most in sync with the Indian academic cycle of the semester system, and sees the maximum application from Indian students.

However, the summer and the spring cycles are also particularly helpful for Indian candidates to seek admissions as per their requirements and convenience.

When to apply and How long does it take to get the US Student Visa?

Students should ideally apply for their student visa as soon as they have their I-20 (official government-issued form which is proof-of-acceptance to a particular school/college). However, one cannot get a student visa 120 days before the starting date of the course written in the I-20, and one cannot enter the country 30 days before the course begins.

US Student Visa cost, fees and charges

The visa fees for all kinds of student visa currently are \$160 (approximately Rs. 10,880).

Can students work on F1 Visa?

F1 visa holders can work up to 20 hours/week during session time and full-time on campus during vacations, provided they are

coming back for the next semester. However, they cannot work off-campus during the first year of their studies and, under certain circumstances, may be allowed to do so in their second year by the USCIS (U.S. Citizenship & Immigration Services). However, M1 and J1 students cannot accept paid employment except for purpose of temporary practical training or if it is an integral part of their program.

Australia

Fly to Australia

The Australia student visa encourages a wide variety of students and disciplines and isn't focused on just churning out doctors and IT professionals. The multicultural, multi-ethnic country also fares better on cost of living as compared to the UK and US, and on the weather factor when compared to Canada.

Academic Term in Australia

Australia's academic year depends on the kind of studying one is going to undertake. While vocational education usually begins by February (can vary according to universities), undergraduate and postgraduate courses typically begin in March (again, can vary according to universities). The process of applying for the student visa for Australia is also easy.

When to apply and how long does it take to get the US Student Visa?

Students intending to apply for Australian student visa must need the COE (Letter of Offer/Confirmation of Enrolment) which confirms their acceptance in schools/colleges for a course registered under the CRICOS (Commonwealth Register of Institutions of Courses). One can apply after obtaining the COE. Most student visa applications in Australia (subclasses 500) take close to four weeks to process.

Students can enter Australia up to 90 days before their course starts on their student visas.

Note: If the course is longer

than 10 months and finishes at the end of the academic year (generally mid-December), the student's visa will be valid till 15th March of the next year. However, if the course is more than 10 months but finishes anywhere between January and October, the visa is valid for two months after the course finishes.

Australia Student Visa cost, fees and charges

The visa application fee currently is AU\$ 550 in most cases.

Can students work on Australia Student Visa?

Students' visa in Australia automatically allows students to work full-time in the vacations and up to 40 hours/15 days (fortnight) during the study term. However, one cannot begin working before the course begins, and neither can one support one's family. Also, any work which is part of the course as well as voluntary/unpaid work isn't part of the limit. Students undergoing a Masters/Ph.D. do not have work restrictions.

United Kingdom

Fly to UK

UK has a huge selection of programs and options for research studies for students who come on a UK student visa, apart from housing some excellent international universities. Studying in the UK is a culturally-rich experience, and students can work while they study and also obtain a post-study work visa as well.

Academic Term in UK

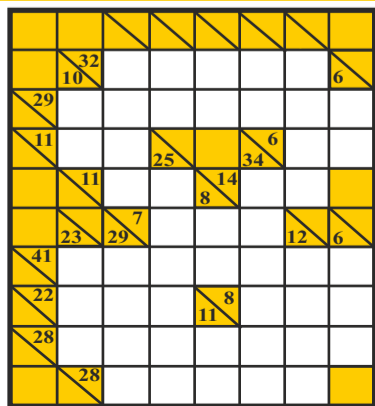
In UK, the term typically begins in September every year and finishes around June-July the following year. The UK visa system is a points-based system and the most common of the student visas is the Tier 4 General visa. The earliest a student can apply for a visa is 3 months before the course begins.

When to apply and how long does it take to get the UK Student Visa? (Contd on... page 3)

CV KAKURO -9

Kakuro puzzles resemble cross-words with numbers; you have 'across' and 'down' clues, but instead of filling in letters, you must use the numbers 1-9.

The aim of the game is to fill each blank square with a number from 1 to 9 to sum up to the clue associated with it. However, no number can be duplicated in an entry. For example a clue of 8 (over 2 squares) could be 1&7, 3&5, but not 4&4.



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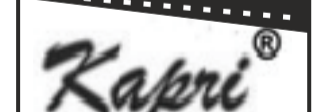
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Published by
C.M. Sharma
from P-11,
Basant Vihar,
Noorwala road,
Ludhiana
and Printed at
Swastik Printers
Ludhiana.

**Punjabi Recipes -
Chole Bhature Recipe**



Ingredients

- For chole:
2 cup chickpeas
(channas)
2 tsp oil
1 bay leaf (tej patta)
1 stick cinnamon
(dalchini)
3-4 cloves (laung)
1 tsp whole pepper
corns (sabut kali
mirch)
3 green cardamom
(choti elaichi)
2 black cardamom
(badi elaichi)
1 tsp turmeric powder
(haldi)
1 tsp chili powder (lal
mirch powder)
1 tsp coriander
powder (dhaniya
powder)
1 tsp cumin powder
(zeera powder)
1 tsp cumin seeds
(zeera)
1/2 tsp asafoetida
(heeng)
Salt to taste
1 cup onions
(chopped)
1 cup tomatoes
(chopped)
1 tsp ginger
(chopped)
1 tsp garlic (chopped)
1 tsp ajwain
1 tsp lime juice
1 green chili
(chopped)
1 tea bag
1 Tbsp butter
For the bhaturas:
2 cups maida (refined
flour)
1/2 tsp yeast, dissol
ved for 10 minutes in
luke warm water
1/2 cup wheat flour
A pinch of salt, Water
to knead, Oil for
frying

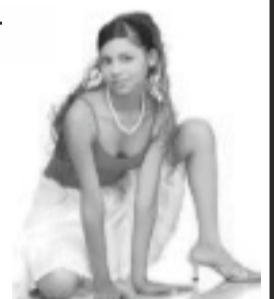
For chole:

1. In a pan add oil, bay leaf, cinnamon, cumin seeds, cloves, whole
pepper corns, green and black cardamom.
2. After it gets brown add chopped onions and saute it.
3. After sauteing add chopped ginger and garlic.
4. Then add turmeric, chili powder, coriander powder, cumin
powder, asafoetida, salt and fry well.
5. For de glazing the pan add little water.
6. Now add the chole (soaked overnight and pressure cooked) to the
masala.
7. After stirring well add tomatoes, little sugar and salt to the chole
(chickpeas)
8. Now add ajwain, chopped green chilies and water for the base.
9. To get the color in the chole, add a tea bag to the masala.
10. Simmer the chole gently for an hour and cover it.
11. Add lime juice and a dollop of butter to it.
12. Garnish the chole with coriander and butter.
13. Serve the chole hot with bhaturas.

For the bhaturas:

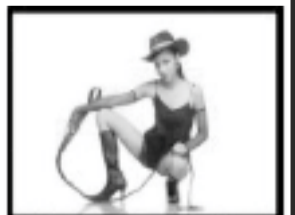
1. Knead the whole wheat flour, maida and salt together with
adequate amount of water.
2. Sprinkle the yeast on top. Leave it for 2-3 hours for the yeast to
work.
3. Divide it into equal portions. Roll out in an oval or round shape.
4. Deep fry till golden brown, like a puri. 5. Serve.

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Chris Gayle: T20's biggest visionary and revolutionary

Junior Bennett, who coached Jamaica to five straight regional first-class titles without any experience of having played first-class cricket himself, loves to tell a story of Chris Gayle's evolution as a batsman. Back when Gayle hadn't yet made it, most people in Kingston would turn up, Bennett says, just to watch one shot. When the ball would be short of a length, even higher than the hip, Gayle would go back, get tall and punch it "down the road".

Now Gayle hardly plays that shot. Bennett has also spent time with Jamaica Tallawahs, once upon a time Gayle's Caribbean Premier League team. In the nets Gayle sometimes still plays that shot, looks straight at Bennett, and says: "I still have it, coach."

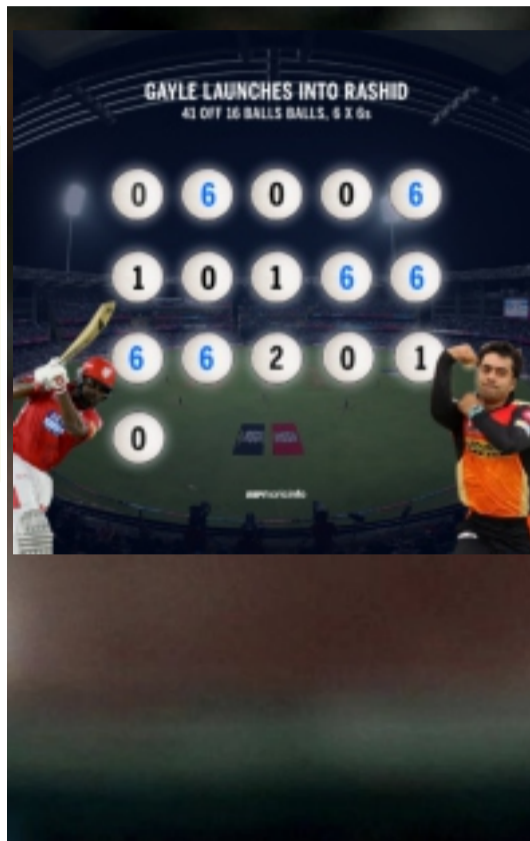
Yet Gayle knows the shot gets you only one or two runs in limited-overs cricket once the field spreads out. **And Gayle was the first one to actually teach us that the first casualty of Twenty20 cricket was the importance of the single.** So now when you pitch short of a length to Gayle, you will find he has his front leg out of the way and, depending on the width available, he either slogs over mid wicket or goes over extra cover.

Gayle is the biggest visionary, and revolutionary, of the T20 era. He turned chaotic hitting into a science, converting slow

risk-free starts into big hundreds, picking his targets within the opposition ruthlessly. **His batting laughs at commentators who say taking a single just after hitting a six is "intelligent". For if he had batted "intelligently", he wouldn't have registered a six every nine balls.** He has hit 10 sixes or more in an innings on 16 occasions, which is eight times the next men on the list. He has 21 T20 centuries, three times the next best. He has hit 100 more IPL sixes than anybody else.

Off the field Gayle has led the free-lance revolution. He was among the first to risk the traditional international career in order to keep playing T20 cricket for different franchises. Mind that the national and regional boards could still make or break careers. Gayle took them on. He honed his T20 game so much no league could afford to not have him.

Sometimes lack of self-awareness brings great revolutionaries down, but Gayle is probably the most self-aware T20 batsman. He has reinvented himself again and again. He was supposed to be done in 2011 when he was at loggerheads with his own board and when no IPL team bid for him. He came in as an injury replacement and changed the landscape of IPL. Last year you thought he was done for good. The back, the knee, the low scores. Even Royal Challengers



Bangalore - how much Virat Kohli loved him - gave up on him at this year's auction. No team asked for him on the first day of the auction.

Yet here he is, seven years since the IPL first rejected him, consigning the best T20 bowler right now to his worst figures, helping his side score 190 against a team that had conceded 150 in only one of their last seven games.

Virender Sehwag, another visionary who revolutionised Test opening, has indeed saved the IPL, as Gayle joked during the post-match presentation. The Kings XI Punjab mentor first bought Gayle at the reserve price, then asked him to spend as much time as he could with a yoga guru and a masseur. Two guys who make a smaller deal of their genius you will struggle to find.

Even in his latest century, Gayle dis-

played evolution and revolution. Time waits for no one, he admitted later. He realises he can't probably make those dramatic accelerations after slow starts, so he is taking more risks at the start. In his previous match, the first ball he faced was from his nemesis, Harbhajan Singh. Gayle of old would have tried to see him off, bide his time and then take off. Here he hit the first ball for four. **In the IPLs after that 2011 comeback, Gayle's Powerplay strike rate has ranged between 6.72 and 9.2.** This year he has been going at two runs a ball in the Powerplay, taking those risks early.

The dot-ball count is coming down too; this innings featured the least dot balls he has faced in an IPL hundred, third-lowest in all his T20 centuries. Part of bringing that count down was Gayle run-

ning four twos, another thing he is not usually known for. "I did some running today," he said with a laugh in a post-match interview with the IPL website. "It's a big outfield and you can't hit every ball for six, hopefully tomorrow the body will actually feel a bit better [than just after the game], so much running... I thought it was going to be a bit difficult. But at the same time it was calculated, that innings, that kind of play, that's how I do it. You got to run sometimes, eh? Can't walk all your life! I'm happy, everything was calculated well, and I got a hundred." At the twilight of his career, Gayle is becoming more efficient in the traditional sense of the word.

He might talk of himself in third person, but Gayle the batsman has the humility to acknowledge he needs to find ways to keep scoring the big runs or

there will be no place for him in the free-lance world. And, in scoring this hundred, Gayle might have once again shown the world the way.

Rashid Khan is a bowler so good his four overs are almost a write-off. You take a run a ball off him with out giving him a wicket, and you consider yourself successful. Against him, Gayle scored 24 off four successive balls. Play him like an offspinner, was the message. Go over the leg side only if he bowls a bad ball - half-volley, full toss or a long hop. It might not always come off, but this could be the answer against Rashid. And, Gayle said, it showed him who's boss: "He is a key bowler, he has been bowling phenomenally well in this IPL, but I just wanted to put him under a bit of pressure, let him know the Universe Boss is here.

Just one of

those things, let bowlers know who's in charge."

There is another story that Junior Bennett likes to tell. After a training session during an Under-19 tournament in Trinidad, Gayle told Bennett, "Coach man, I have 35 centuries now." He had been counting from elementary school, primary school, even backyard cricket. "Every level of cricket I play, I score a hundred," Gayle said. These were the words Bennett remembered when Gayle kick started the inaugural World T20 with the first T20I hundred of all. His 21st has come on a day that a new format - the English H100 - has been announced.

There is a new level, Chris. Lead us into it before you go. We are not betting against you getting the first hundred in H100.