

Newsletter of Holy Trinity Greek Orthodox Cathedral 1973 E. Maryland Avenue, Phoenix, Arizona 85016 Office: 602-264-7863 Fax: 602-230-9099 Website: www.holytrinityphx.org

#### Rev. Economos Apostolos Hill Rev. Deacon John Thrasher

#### Office Hours:

Monday-Thursday, 9:00am-3:00pm

Sunday Worship Cathedral 8:00am Orthros 9:30am Divine Liturgy

#### **Desert Springs Staff**

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> Desert Springs Deadline The 25th of each month

Sunday Bulletin Deadline Wednesdays, 12 noon

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#### 2018 Parish Council Members

Connie Contes—President Sandy Meris—Vice President Dina Anagnopoulos—Treasurer Jim Manelis—Assistant Treasurer Andy Fourlis—Secretary Charlie De Moss, Tony Nicoluzakis, Socrates Papadopoulos, Angela Raup, Adam Venetis

Holy Trinity Cathedral Website www.holytrinityphx.org

Metropolis of San Francisco Website www.SanFran.goarch.org

> **Archdiocese Website** www.goarch.org

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AHEPA — Costa Tzavaras

(PC Liaison: Tony Nicoluzakis)

All Saints Camp — Evan Tsagaris

Altar Servers — Deacon John Thrasher, David Haag, Chris Francis

(PC Liaison: Jim Manelis)

Bible Study — Fr. Apostolos Hill

(PC Liaison: Andi Fourlis)

**Bookstore** — Patsy Harris

(PC Liaison: Adam Venetis)

Choir — Terri Alexon

(PC Liaison: Dina Anagnopoulos)

**Dance** — Niko Panagiotakopoulos

(PC Liaison: All OPA — Sandy Meris)

Daughters of Penelope — Connie Panagiotakopoulos,

(PC Liaison: Andi Fourlis)

Desert Diamonds (50+) — Julie Karoutas

(PC Liaison: Angela Raup)

Feed the Homeless — Christine Stamatis

(PC Liaison: Connie Contes)

Greek Festival — Nick Kretsedemas, Angelo Pestrivas

(PC Liaison: Dina Anagnopoulos)

Greek School — Irene Mackos

(PC Liaisons: Socrates Papadopoulos and Angela Raup)

Hellenic Museum — Bessie Hotis

(PC Liaison: Connie Contes)

Holy Trinity Academy Parochial School — Juli Pritsos

(PC Liaison: Andi Fourlis)

**HOPE & JOY** — Karla DeLord, Alexia Haugen

(PC Liaison: All OPA — Sandy Meris)

Koinonia (Book Club) — Dan Valenzuela,

(PC Liaison: Andi Fourlis)

**Little Lambs** — Jennifer Kourouglos

(PC Liaison: All OPA — Sandy Meris)

Maids of Athena — Gabriella Papatzimas

(PC Liaison: Andi Fourlis)

Myrrhbearers — Stacey Beaty, Kathy Choukalas Tropea

(PC Liaison: Jim Manelis)

Narthex Ministry — Kristen Vasilarakos

(PC Liaison:)

**OPA** — Cindy Kyprianou

(PC Liaison: All OPA — Sandy Meris)

One Spirit+One Vision — Charlie DeMoss

(PC Liaisons: Charlie DeMoss and Jim Manelis)

Parish Council — Connie Contes

(PC Liaison: Connie Contes)

Philoptochos — Alex Anagnopoulos

(PC Liaison: Angela Raup)

Sons of Pericles — David Salzetti, Ted Fourlis

(PC Liaison: Tony Nicoluzakis)

Jr. & Sr. GOYA — Evan Tsagaris, Paulina Watson

(PC Liaison: All OPA — Sandy Meris)

Stewardship — Sandy Meris

(PC Liaison: Sandy Meris)

Sunday School — Kalli Schneider, Kay Ehrick

(PC Liaison: Andi Fourlis)

Wedding Coordinator — Terri Alexon

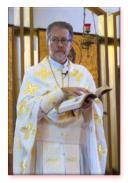
(PC Liaison: Connie Contes)

YAL — Stephanie Venetis

(PC Liaison: Adam Venetis)

# Message from Father Apostolos

#### A Re-calibration



Each of us, if asked to recall a teacher who had a profound impact on us, would likely select one who challenged us to excel. In my case, that was my fourth-grade teacher, Mrs. Lewis. Somehow, despite my class clown facade, she suspected that there was a much better student lurking beneath. Mrs. Lewis doggedly whipped me into shape and would accept nothing less from me than my best!

Years later as I was leaving junior high for high school, I walked down the hallway to her classroom and thanked her for her efforts. (Yes, that really happened!) And I remember that she told me she believed in me enough to push me hard to achieve. Thank God she did!

Parents go to great lengths and to great expense to find a school rich in educational opportunities for their children. Once found, these parents will commit themselves to supporting their children's educational aspirations, driving long distances, volunteering for school events, shuffling schedules, even changing jobs

in pursuit of those goals.

And if this holds true for our children in academic pursuits, how much more ought it hold true for their spiritual development?

In speaking this Spring with the leadership of our Cathedral Sunday School ministry it was apparent that a re-calibration is in order. I listened carefully to the numbers, that on a good Sunday less than half of our registered students will attend Sunday School, and that on many Sundays a bare handful will be present in the classroom, on some Sundays, none at all.

We have been dutifully using the same Sunday School materials offered by our Archdiocese since they were published decades ago, this to ever diminishing effect. There are no online, interactive catechetical materials available from any of our departments or Orthodox jurisdictions for our children even though today's students are highly visual learners.

Sunday School ministries are typically self-funded with no budget monies allocated to them beyond what an annual open-house coffee hour or pancake breakfast can raise. And I can assure you on the strength of nearly thirty years of youth ministry that such a pro-forma approach to educating our youth in the fundamental aspects of their Orthodox Christian faith is simply not getting the job done.

This is not to say that our dedicated staff of Sunday School teachers aren't giving it their all. But as the savvy parent understands, there must be a collaborative approach to education between the classroom and the family dining room table. Those students which excel in their primary studies have interested and invested parents at home collaborating with the teacher.

As summer draws to a close and the yellow boxes of back-to-school supplies appear in department stores, our Cathedral Sunday School staff is preparing for the new semester and to launch into a new and more robust Orthodox Christian curriculum for our 7th through 10th grade students, the link to which can be found here:

#### https://oca.org/orthodoxy/the-orthodox-faith

This classic of basic catechism is presented in four volumes; Doctrine and Scripture, Worship, Church History, and Spirituality. And each chapter and section can be linked separately, enabling our teachers to send the student and parent the lesson materials for the upcoming week. This will allow the parents to follow the lesson plan from week to week and to participate in their young ones' spiritual development.

Our 11th and 12th grade students will be reviewing another Orthodox classic titled "The Orthodox Way" by the Archbishop Kallistos Way, free pdf's for which can be found online from numerous public domain sites. This class will take place in the Cathedral after the dismissal of the service and will be co-taught by me, Mr. Dan McGinnis, and Mr. Chris Demoss.

Some may and likely will protest that such sources are "too advanced" for our middle and high school students. Nonsense! Others will point out that not all parents and students will be committed to reviewing the lesson materials for the upcoming week. But in light of a 50% attendance rate in our Sunday School classrooms on a good Sunday there is, as one staff member plainly stated, "nothing left to lose."

Indeed, there is much to be gained by raising the bar and by challenging those students whose families are committed to their spiritual lives with content-rich materials which will prepare them for living vibrant and dynamic Christian lives.

Tr. apostolos Viel

If you have teaching experience and would like to join this vitally important parish ministry I look forward to hearing from you! And I am certain that our Cathedral parents will eagerly join in this worthwhile effort to reinforce our educational offerings for our young ones and their spiritual development

# Stewardship 2018

By Sandy Meris

# Educate - Participate - Elevate

"Whatever you do, work at it with all your heart, as working for the Lord, not for men..."

Colossians 3:23

All Holy Trinity Parishioners are invited to attend

# Ministry Sunday Sunday, September 9

Following Liturgy in the Speros Center Large Hall Hosted by the Stewardship Committee

Each of our ministries will have a table during Coffee Hour where you can sign up, get involved, or simply get more information on the dozens of ministries Holy Trinity offers.

Being an active participant in the ministries of the Church is one of the best examples of Stewardship. We look forward to seeing everyone there.

# Epistle Readers

To all youth and young adults: we continue our rotation of readers of the Epistle each Sunday Liturgy! Please contact Fr. Apostolos if you would like to get involved. Even if you might be uncomfortable reading, Father and others have offered to help you prepare. This is a beautiful ministry and way to participate in the life of the Church, so please consider taking part!



June and July Readers

Includes photos by Presvytera Denise

# Parish Council President's Report

Connie Contes, President

On Sunday, August 12th, following Divine Liturgy, the Parish Council will hold a Special Meeting of the Parish Assembly to consider a proposal by our tenant, Little Big Minds, to build one classroom and bathrooms on the ground-level of the education building. LBM will pay for this project, with the Cathedral offering rent abatement on the new space (at the same rental rate as for the upstairs space) of up to 50% of the construction cost not to exceed \$30,000. This proposal has been unanimously approved by the Parish Council at its July meeting. Details and a preliminary plan will be provided soon with the meeting agenda.

While our relationship with LBM is going well, the income from the original lease agreement does not solve the Cathedral's financial concerns. Our Cathedral campus is beautiful and extensive, but we have a cash flow difficulty. Each month since the last Festival, we spend more money than we bring in, which is unsustainable especially with the maintenance and repair needs of our community. In July alone, storms resulted in the failure (so far) of five older A/C units, which cost more than \$22,000 to repair/replace. Plus, we must repair a broken sewer pipe near the Community Center, which needs to be fixed before the Festival. Earlier this year, we had to spend \$11,000 to keep the Cathedral's chiller up and running. The entire chiller is working beyond its usable life and is expected to fail or need more major repairs in another year or so. The replacement cost for the chiller totals around \$113,000. We still need to find funds to pay for preserving our beautiful faceted glass windows in the Cathedral. And we have ongoing plumbing, electric and landscaping issues. Consequently, we have had to suspend extra payments to reduce the mortgage debt.

On a positive note, Fr. Apostolos has received a handful of donations to sustain the ministries of the Cathedral. We also are very grateful to Christos and Connie Panagiotakopoulos for donating the labor and materials to repair the freezer in the auxiliary kitchen, which saved us from having to spend at least \$7,700. They stepped up when we really needed help now that Festival baking is underway. Thank you, Christos and Connie.

PC is working on a mid-year budget review, which we will provide as soon as it's available.

With faith and love, Connie Contes

# Coffee Hour

Thank you to Philoptochos for sponsoring Coffee Hour each week in June and to the Parish Council for sponsoring Coffee Hour each week in July.



The August Coffee Hours will be sponsored by Sunday School.

# Cover Photo



We have new curtains and table skirting in the Speros Center's Large Hall!

Thank you to Zoe Pestrivas and Fannie Kechajias for their contributions toward this project!

# Byzantine Choir Goes Antiphonal

By George K. Duvall, Cantor



July 22, 2018

On Sunday, July 8, Holy Trinity Cathedral became the home of a new Byzantine choir as our heretofore small chant group expanded into an antiphonal format, reviving an ancient Christian form of worship in the Valley.

The choir sang the services of Matins and Liturgy during the Sundays of July 8, 15 and 22 using Byzantine cantoral music in both English and Greek. The Matins musical texts were drawn from the translations and musical renderings of the AGES Initiatives group, while the Liturgical music was composed by our Cantor Samuel Herron.

Antiphonal singing has been practiced since the dawn of the Christian Church and was used by both Eastern and Western Churches until recently. An antiphonal choir consists of two "half choirs," each standing on the right and left sides of the altar area. The choirs alternate singing the hymns: as one choir sings the melody, the other choir holds the "ison" or *drone*, which is a major component of traditional Byzantine chant.

Members of the Byzantine Choir put in many hours of work to bring this project to fruition. We regularly hold chant classes in which members learn to read the musical notation, study the different sounds of the 8 modes, and learn about the structure of the services in which they participate. We also hold rehearsals to further coordinate the services, but the music is really learned by hard hours of practice.

New members are always welcome, provided they devote themselves to learning and practicing the essentials. A little study will open the door to a lifetime of experiencing our ancient and unique cantoral tradition. For more information about joining, feel free to contact either George Duvall (<a href="mailto:phxcantor@cox.net">phxcantor@cox.net</a>) or Samuel Herron (<a href="mailto:herron.samuel@gmail.com">herron.samuel@gmail.com</a>).

# Music Ministry

by Terri Alexon, Director

Praise the Lord! For it is good to sing praises to our God; for it is pleasant, and a song of praise is fitting.

Psalm 147:1



The music ministry at Holy Trinity Greek Orthodox Cathedral is pleased to announce its participation in an exciting recording project of Orthodox hymns!

While there are chant recordings featuring English, the "English Hyphos Project," coordinated by Chanter Sam Herron, will be the first professionally recorded work that presents Byzantine chant ALL in English.

Participating in the project are 15 chanters, choir members and clergy from the Phoenix Metropolitan area--Holy Trinity Greek Orthodox Cathedral, Assumption Orthodox Church, Fr. Chris Salamy of St. George Antiochian Orthodox Church--and other experienced chanters from across the United States. Protopsaltis George Duvall provided guidance and feedback at the group first recording session recently held in Phoenix.

The recording will feature the hymns of St. George on Bright Monday and Pascha. It's important to know that when the commemoration of St. George falls before Pascha, his feast is moved to the first day after Pascha, Bright Monday.

Thus, "the hymns of St. George are paired with the hymns of Pascha, giving the project a beautiful, dual theme of a great Orthodox martyr and the glorious resurrection of our Lord Jesus Christ," Sam said.

God willing, the recording will be available for purchase next year. Stay tuned!

See photos from the rehearsals and recordings here:





Photos of the recordings were taken by Joshua Pardhe, who noted, "As for the photos, a small footnote could be added near the link mentioning that the photos are just candid shots I took of the chanters and others (like the sound engineer, Mr. Cremeen's family, etc.) who were at the practice and recording sessions over the course of the three days. Please also mention that the last picture (of me) was taken by Noah Sweilem."

Rehearsal was held at Assumption Greek Orthodox Church in Scottsdale and the recordings were held at Saint Francis Xavier Catholic Church in Phoenix.

Music Ministry, continued

by Terri Alexon, Director



Father Apostolos with Choir and Chanter Members June 2018





Sunday, July 29, 2018

# Blessing of the New School Year

Father Apostolos will bless the students and children of the parish this Sunday, August 5th as they begin the new school year. Please join us for Divine Worship as we ask Christ our God and His All-Holy Mother, the Theotokos, to anoint, protect, and bless our young ones as the new academic year gets underway.



# ONE DAY. ONE HYMN. ONE CHURCH.

SPEROS COMMUNITY CENTER - HOLY TRINITY CATHEDRAL

# WHAT IS IT?

- The first-ever pan-Orthodox choral music event in AZ
- World premier of
   Psalm 23 by Father
   Michael Pallad
- Social media posting of final performance

# **DETAILS**

- Saturday, September
   22, 2018
- 10:00am-3:00pm
- Lunch included
- Adults \$15/Students
   \$10
- Details and registration: www.occfellowship.org

No choral experience necessary.

If you love to sing, you will love this event!





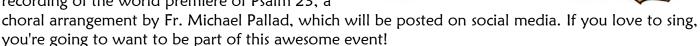
https://www.facebook.com/occfellowship



# One Day, One Hymn, One Church

Love to sing? Join your brothers and sisters from Orthodox parishes throughout the Valley for "One Day, One Hymn, One Church," the first-ever **Arizona pan-Orthodox Choral Fellowship** event, to be held at Holy Trinity Cathedral on Saturday, September 22nd, from 10am-3pm.

The day will include singing, fellowship, lunch, more singing, and finish with an audio/video recording of the world premiere of Psalm 23, a



Registration forms are available at <a href="https://www.facebook.com/fellowhip">www.occfellowship.org</a> and <a href="https://www.facebook.com/fellowhip">https://www.facebook.com/fellowhip</a>

# Desert Diamonds

Senior Parishioners and their guests



Greetings to All,

I hope that you are all enjoying your Summer; my committee and I are busy working on resuming our activities for the Fall. We have an active 2018-2019 year planned for our group. Please mark your calendars.

We begin with a Brunch gathering on September 20th, at 10 am.

Matt's Big Breakfast at the Biltmore Plaza 3118 E. Camelback Rd. Phoenix, AZ 85016 602-840-3450

We do need a count for the restaurant, so please either call or email Julie Karoutas by Monday, September 17th.

Phone: 623-313-8720 or email: juliekaroutas@gmail.com

We are forming a phone committee also. Some of our members do not have an email address. Please let us know if you have had a change in either your phone number or email. Also, if you know of someone that is not receiving notifications please send their information to us. Thanking you in advance.

Your sister in Christ, Julie Karoutas



# Follow Holy Trinity Cathedral on Facebook

The page offers news of our Parish Community,

in addition to offering links to podcasts and videos of many of our services.





# Bible Study Classes

will resume in September. Look for notices soon!



# Videos of Services

There are weekly video tapings of the Matins, Liturgy and special services posted by Daniel and Joshua Pardhe on **YouTube** and **Facebook**.

Subscribe and like us today

https://www.facebook.com/holytrinityphx.org/

https://youtu.be/h-6GLW3udVo



# Freezer Repair—Done!

Thank you to Dimitri Zannis and Peter Bilitsis for helming the freezer repair project in the auxiliary kitchen/garage. We also are very grateful to Christo and Connie

Panagiotakopoulos for donating the labor and materials to repair the floor, walls and door.

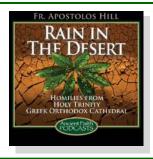


The Valonis boys returned the shelves and now the freezer is ready to go, just in time for storing Festival products and Ministry supplies. Thank you all for a project well-accomplished!



# Rain In The Desert

Link to recordings of Father's sermons: <a href="http://www.ancientfaith.com/podcasts/rain">http://www.ancientfaith.com/podcasts/rain</a> Sermons can also be found on the Cathedral website at <a href="http://www.holytrinityphx.org">www.holytrinityphx.org</a>.



# Our Church Family

#### 40 Day Blessing

"One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple." Psalm 27:4



#### 6/10/2018

Theia Marie, daughter of Sandra & Stephen Darling

God's Blessings be upon her.

#### **Baptisms**

"For as many of you as were baptized into Christ have put on Christ."

Galatians 3:27



#### 6/23/2018

Wren Papadopoulos-Drago, daughter of Christine Papadopoulos & Adrian Drago Godfather: George Papadopoulos God's Blessings be upon her.

#### 6/30/2018

Giorgios Vasilios Sbiliris, son of Bill Sbiliris

Godfather: Andy Sbiliris God's Blessings be upon him.

#### 7/14/2018

Michael Zygmunt Baptism, son of Jennifer Graham & Michael Zygmunt

& Michael Zygiliulii

Godmother: Eva Goodman God's Blessings be upon him.

#### **Funerals**

"Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever."

Psalm 23:6



#### 7/21/2018

Dimitri Paul Tsakiris

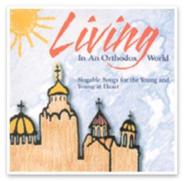
May his memory be eternal.

#### 8/2/2018

Katherine Lambrynoi Francis May her memory be eternal.

# Orthodox Music CD

For a limited time, the compact disc "Living in an Orthodox World" is available for a sale price of \$15 if purchased before September 1st from the Church's \$t. Nectarios bookstore.



compilation of sing-a-long songs perfect for the young and young at heart!

The Sunday School students will be learning some of the songs to perform at Coffee Hour on October 7th, National Orthodox Church Musician Sunday.

It's a great back-to-school gift to encourage your young child to sing praises to the Lord, especially while driving in the car!

Reserve your copy today by stopping by the Church Bookstore or contacting Patsy Harris, patsy@stnectariosphx.org or Terri Alexon, htphxmusicdirector@gmail.com.

# Office Project



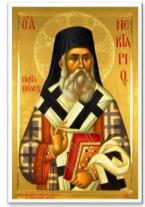
(I to r) Fran Drozdz, Mary Louise Theodoropoulos, and Sandy Meris assist with envelope stuffing.

There's often extra tasks that need to be done in the Church Office. Interested in helping? Look for notices or call Diana at 602-264-7863.

# St. Nectarios Books & Beyond

By Patsy Harris

Since August is the last month of the ecclesiastical year, I would like to take this opportunity to thank those of who, first, have visited us this past year, and second, those of you who have from time to time donated either time or items for St. Nectarios Books and Beyond. Most of all, I want to thank each of you for sharing your faith and beliefs with me, and with others present at the time. THIS is what the Ministry of the Bookstore is meant to be!



I am working with the Parish Council on finding a permanent solution to the problem of heating and air conditioning the Bookstore. I especially am grateful to Connie Contes, Sandy Meris, Angela Raup, and Adam Venetis for personally responding to my emails! Also, a heart-felt thank you to Adam Venetis and Jim Contes for actually coming to see what is needed and what can be done. To all the Council, please know that as parishioners we appreciate VERY MUCH knowing that not only are you willing to listen to requests, but you are willing to take action to resolve issues! I realize that this problem will take some more time to solve, but all of us from the Bookstore (and beyond to our non-parishioner visitors!) are not only dependent upon, but are confident in your efforts to do so!

#### August Holy Days:

August 6: Holy Transfiguration – As Christ was approaching His time of the Passion, He took His three most intimate disciples to the top of Mount Tabor, where He was transfigured and revealed as the Light of the Holy Trinity. The voice of God once more stated that "This is my beloved Son," and admonished His Disciples (and us through them) to "Hear Ye Him." It is important to note that this revelation and Transfiguration came only after the effort was made to scale the heights of the Mount. So must we, too, make a personal effort to endure this life's struggles yet persevere to reach the Goal of being with Christ and in Christ forevermore.

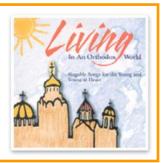
August 15: Dormition of the Theotokos – From the liturgical point of view, this is the most important of the feastdays dedicated to the Holy Virgin. It is preceded by the two-week Lent of the Theotokos. Only in the Vespers and Matins is her death given reference; the Gospel and hymns of the Liturgy draw from the other feast days of her life. Through her death, the hymns state "the source of life is laid in the tomb, and her tomb becomes a ladder to Heaven." In Mary, human nature reached its goal.

August 29: Beheading of John the Baptist – This feast does not celebrate so much the man who baptized Jesus and preached repentance as it does he who championed the moral law, and was killed because that law was hated. (The Year of Grace of the Lord)

Have a very blessed month! Come visit and reflect on what you must personally do to follow Christ!

If St. Nectarios Books and Beyond can assist in any way, please contact us at: www.stnectariosbooksandbeyond.org or patsy@stnectariosphx.org, Patsy Harris – 480-239-5270

For a limited time, the compact disc "Living in an Orthodox World" is available for a sale price of \$15 if purchased before September 1st from the Church Bookstore. It's a beautiful compilation of sing-a-long songs perfect for the young and young at heart!



# Holy Trinity's St. Katherine Philoptochos

Mary Louise Theodoropoulos, President

#### "FRIENDS OF THE POOR"

An organization where membership is an honor & a privilege. **JOIN & ENRICH YOUR LIFE!** 



St. Katherine faceted glass icon in the south wing of the Narthex.

# June Meeting Hostesses

Thank you, Sheila Asala, Kristen Vasilarakos, and Gina Graham!



# June "Fun Night" Meeting



# 2018 Clergy-Laity Conference



Mary Louise Theodoropoulos (2nd from left) and Patty Davis (5th from left) represented Holy Trinity Cathedral's St. Katherine Chapter at the National Clergy-Laity Conference held in June.

Photo shows all San Francisco Metropolis Philoptochos attendees.

Read article <u>here</u> by Kristen Bruskas.

# Circle of Angels

#### \*Your help is requested!\*

Please let Philoptochos' Circle of Angels know of any parishioners who are ill, scheduled for surgery, recently moved to assisted living, or are homebound. Contact Mary Poulakidas at 602-349-6466 or Lois Sakkas at 602-717-9097.



# Homebound Outreach

Angie Vlasis loved her Philoptochos Pascha Gift Bag and looks forward to hearing from friends!

Angie welcomes calls and visitors.

For more information or directions, call the number below:

Pinnacle Peak Assisted Living 7878 E. Vista Bonita Drive Scottsdale, AZ 85255 480-419-9760





## Philoptochos June Coffee Hours











Happy Father's Day cake donated by Lyda Rabbitt

# Philoptochos-sponsored Kids 'n' Cancer Camp Agape Update

Holy Trinity Cathedral's St. Katherine Chapter of Philoptochos would like to thank the many members and friends who so generously donated to this worthy cause. To the volunteers that helped set up the Speros Center's Large Hall on Friday and Saturday to get ready for the Agape Ball, to those who bought tickets, to those who donated items for our Silent Auction, and to those who prepared delicious food for the dinner—we thank you. To Marie Spanos who so generously made three beautiful children's quilts, knitted caps, and other items, to her



daughter Vasiliki Stratouly, her Godddaughter, Zoe and her sister, Ellie for rather than accepting two of the quilts, gave them to be donated to the Kids 'n' Cancer/Camp Agape—we thank you. (Please note: their donations were not on the list of donors at the Agape Ball.) Members of all four local Greek Orthodox churches volunteered—thanks to them all. To our Metropolis Philoptochos President, Jennie Ranglas—especially thank you! The children adore her, so much was given to all of the families! God bless them all.

With Christs love,

Julie Karoutas, Volunteer at Camp Agape





Desert Springs August 2018

# Philoptochos Membership

# We are the right hand of the Church! We would like you to know that membership to Philoptochos IS IMPORTANT for our community, the Archdiocese and Metropolis. Invitation to Philoptochos: NAME: ADDRESS: PHONE: (\_\_\_\_) \_\_\_\_ CHECK #\_\_\_\_ AMOUNT: \_\_\_\_\_\_ \$15 will be sent to the Archdiocese and \$15 to the Metropolis. Any amount over \$30 will be retained for our chapter charities and obligations.

St. Katherine's Philoptochos of HTC Membership 2018, 1973 E. Maryland Avenue, Phoenix, AZ 85016

# Altar Service

Mail your membership to:

Interested in learning more about serving on the altar?











Contact:
Chris Francis at
battersbox7@yahoo.com,
David Haag at
davidmhaag@yahoo.com
or
Deacon John Thrasher at





thrasheraz@cox.net

# Sunday School

Sunday School is about to begin a new year on **September 9th!** The teachers and staff are all excited to see everyone back after a relaxing summer for everyone. We pray everyone had a wonderful summer with family and friends.

Sunday School will be hosting Coffee Hour for the month of August and we will have a registration table in the Large Hall during Coffee Hour. Come see us for some refreshments and drop by our table to meet the teachers and see some of the exciting new things we have in store for the children for the coming year!

This year we look forward to some new classroom locations as we accommodate Little Big Minds. We will have all hands on deck on Sunday morning, September 9th to direct parents and students. For starters, we will now be entering the Education Building through the HTA doors. The preschool-6th grade will be in the Education Building. The 7th and 8th grade classroom has moved to one of the Community Center classrooms for now. Youth Forum, led by Evan Tsagaris, will continue to also be in one of the Community Center classrooms. The Sunday school staff has been working hard this summer to get their new classrooms ready for the new year!





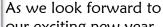
Father Apostolos and our 3rd/4th grade teacher, Evan Alexon, have also been working hard this summer to improve our curriculum for Sunday School. We will begin that transition this year with those additions and changes for all grade levels. Our new curriculum includes more communication with families via email and an interactive program that can be explored at home during the week!











our exciting new year, here are a few highlights to look back on from last year! We started the year rehabbing the Youth Forum classroom in the Community Center and finished the year by rehabbing a classroom for the 7th/8th grade. During the year, the youth music ministry held practices every Sunday after Sunday school by Holy Trinity's choir director, Terri Alexon. Our





preschool/Kindergartners led by Pamela Maydanis learned about God creating the world including our blue sky, our 7th/8th graders learned about the Saints and presented them to the class. Other highlights include the Christmas pageant with our adorable little performers, Lazarus Saturday and the always fun Palm Cross folding, and our many talented orators for the St John Chrysostom Oratorical Festival. This year Holy Trinity hosted the district level Oratorical. Elizabeth and Joshua Pardhe and Christina Kyprianou all went on to present their speeches at the St. Nicholas Ranch for the Metropolis level Oratorical Festival.

Our Sunday School staff recently met and have some exciting new ideas for this new school year about to begin on **September 9th!** We can't wait to see you!

# SUNDAY SCHOOL REGISTRATION 2 HOLY TRINITY GREEK ORTHODOX CATHEDRAL

Family Last Name:

2018-2019



"Teach a child in the ways he should go and when he is old he will not depart from it." (Proverbs 22:6)
++ Classes begin on September 9th, 2018++

				<del></del> 8	
Mother/Guardian:		_Phone#:_		Email:	
Father/Guardian:		_ Phone #:		Email:	
Address:					
Email addresses are needed to s	olely and effec	ctively comm	unicate with	you, Cathedral, Yo	uth & activity news.
Children: (Please check yout	<u>h</u> activities tha	t you are inte	rested in or o	are involved with at	this time)
Name	_ DOB	Grade_	Allergies_	Nam	e Day
■Altar Boy(9+) ■ Myrrh-Bearer(11-1	4yr) 🗖 Youth (	Choir Hope	/Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
Name	_ DOB	Grade_	Allergies_	Nam	e Day
■ Altar Boy(9+) ■ Myrrh-Bearer(11-1	4yr) 🗖 Youth (	Choir Hope	/Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
Name	_ DOB	Grade_	Allergies_	Nam	e Day
□Altar Boy(9+) □ Myrrh-Bearer(11-14	lyr) 🗖 Youth (	Choir Hope	e/Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
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□Altar Boy(9+) □ Myrrh-Bearer(11-14	lyr)	Choir 🗖 Hope	e/Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
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■ Altar Boy(9+) ■ Myrrh-Bearer(11-1	4yr)	hoir 🗖 Hope	Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
Name	DOB	Grade_	Allergies_	Name	e Day
■ Altar Boy(9+) ■ Myrrh-Bearer(11-14	lyr) 🗖 Youth C	hoir 🗖 Hope,	/Joy(Gr.K-5)	☐ Jr. Goya(Gr.6-8)	■ Sr. Goya(Gr.9-12)
Any Medical Conditions the				· · · · · · · · · · · · · · · · · · ·	
Donation to Sunday School +Our primary interest is your c	hild's active p	participation	in Sunday		
a \$20 donation, per student, it he	elps defray Sun	day School e	xpenses thro	oughout the year. Th	ank you!
Parent Opportunitie	s To Be Inv	olved! (Pai	ents please	check what you are	interested in!)
Sunday School Teacher	Teacher's	Assistant		Substitute Teache	r 🔲
Oratorical Festival	Godparer	nt Luncheon		Lazarus Saturday	
Snack Distribution	Danc	е		OPA	

Questions? – Contact: Kalli Schneider at kalliopischneider@gmail.com. or at 602.568.3139 or Kay Ehrick at koula69@hotmail.com. or at 602.628.8962. Thank you!

# Greek Dance

Niko Panagiotakopoulos, Director npanos01@yahoo.com

#### Announcements!

Welcome back everyone! I hope all of you had a fun and wonderful summer.

As you start getting ready for school and setting your Fall calendars, let's throw all the dance dates up as well! Below you will find a full Fall calendar, starting with the first practice on Sunday, August 19th! By this time all the kids should be in school already and everyone will be back from vacations.



Registration will stay open for the first two weeks of Fall Practices.

Below, you will find an editable copy (PDF) of the Registration form. Feel free to fill it out digitally and email it back to me, print it, fill it out, and bring it to church, or find me at Coffee Hour for a blank sheet!

If you are interested in helping with the dance program, please reach out! We are always looking for volunteers to assist in teaching groups, assisting with costumes, helping with coffee hour, and putting on dance events! Please contact Niko for more information.

#### Holy Trinity Dance Registration Form 2018

The price per dancer is \$140 for the first sibling, \$120 for the second, and \$100 for every child after that.

Our groups will be broken up by the FALL School Grade of the kids. NO Exceptions will be made to accommodate kids dancing either down or up with different grades. Group ages this year will be as follows:

Pre K and Kindergarten—Pamela Maydanis/Athanasia Fourlis 1st and 2nd Grade—Anna Panagiotakopoulos/Mike Vaughn 3rd and 4th Grade—Nikki Foreman/George Papadopoulos 5th, 6th, 7th, 8th Grade—Ted Kyriacou/Haroula Kyriacou 9th and 10th Grade—Gabriella Papatzimas/Tasso Annos 11th and 12th Grade—Niko Panagiotakopoulos College Plus—Gabriella/Niko

If any family, friends, or newcomers to the church are not on my mailing list, please feel free to spread this information, and have them reach out to me personally to be added on! I hope to see you all in the coming weeks

#### Dance Schedule

Sunday, August 19th—12:15pm-2:15pm Sunday, August 26th—12:15pm-2:15pm

Sunday, September 2nd—NO PRACTICE (Labor Day)

Wednesday, September 5th—7:00pm-8:30pm Sunday, September 9th—12:15pm-2:15pm Wednesday, September 12th—7:00pm-8:30pm Sunday, September 16th—12:15pm-2:15pm Wednesday, September 19th—7:00pm-8:30pm Sunday, September 23rd—12:15pm-2:15pm Wednesday, September 26th—7:00pm-8:30pm Sunday, September 30th—12:15pm-2:15pm

Wednesday, October 3rd—7:00pm-8:30pm Sunday, October 7th—12:15pm-2:15pm Dress Rehearsal

Wednesday, October 10th—6:00pm Slab Rehearsal

Do we have any artists or graphic designers in our program?? Dance is holding a design contest! I want to make two things:

- 1) A large poster board to use at Coffee Hour, Registration Tables, and Dance Events
- 2) A small information card (postcard-ish sized) to hold in the Narthex, and pass out when people are interested in dance or interested in having us perform at events!

Winner will receive a special Greek Dance Based Prize which is still being chosen.

Please feel free to reach out with questions, ideas, or design submissions!

# Festival Baking

July 30-August 2, 2018



Wednesday, August 1st Baking Crew

# Upcoming Baking Schedule

Tsoureki September 11th, starting at 9am Baklava September 13th, starting at 9am Kourembiethes/Crescents September 18th & 19th, starting at 9am

October 1st-5th, starting at 9am Packaging Sweets Preparing & Packaging October 8th-11th, starting at 9am

# Your 2018 Desert Springs Subscription

# Desert Springs Subscription Enjoy color copies of Holy Trinity Cathedral's Desert Springs delivered to you! \$3 per issue There are 11 issues for 2018 (June and July is one combined issue) for \$33 Name: \_\_\_\_\_ Street Address: City, ST, Zip: \_\_\_\_\_ Contact Phone: Return this form to the Church Office or contact Kristen at 602-332-8809 or kvasilarakos@cox.net for more information. Office use: Payment received on (date) \_\_\_ / \_\_ / \_\_\_

# **OPA**—Orthodox Parents Association

Cindy Kyprianou, President



Arizona Diamondbacks'
Faith & Family Fun Night
at Chase Field
Friday, August 24th
at 6:40pm



Where every adult is a parent to our youth.



MercyMe

AZ Diamondbacks VS Seattle Mariners OPA has reserved **50 seats** for this special event.

There will be post game fireworks & a MercyMe concert.

Cost is \$19 per seat.

RSVP to Cindy Kyprianou: 480-993-6437 or <a href="mailto:cwkyprianou@hotmail.com">cwkyprianou@hotmail.com</a>

## Do you get OPA emails?

OPA communicates primarily through email via our e-newsletter. To stay informed of all of the youth, parent, and family happenings at Holy Trinity, make sure you are receiving these emailed newsletters. It's easy, just email your information to <a href="mailto:Cjecomom@gmail.com">Cjecomom@gmail.com</a> or <a href="mailto:cwkyprianou@hotmail.com">cwkyprianou@hotmail.com</a> and we'll get you added to the list.

# Little Lambs

June 16, 2018

Splash Pad Play Date at The Quad at the Scottsdale Quarter!





# **OPA** Board

President – Cindy Kyprianou
Vice President – Donna Manelis
Treasurer – Stephanie Papadopoulos
Recording Secretary – Denise Dye
Corresponding
Secretary – Caroline Economopoulos











# AHEPA 219



AHEPA Chapter 219 Wishes You a Safe and Happy Summer!



Our next Chapter Meeting will be held on Thursday, August 16 at 6:30pm Holy Trinity Greek Orthodox Cathedral



Congratulatory and Happy Ads!								
In each issue, Desert Springs will offer the oppowith others! Ads will be a standard 1/8" of a page								
	This is the place to recognize your family, friends and fellow parishioners for anniversaries, birthdays, graduations, get wards, special accomplishments, good dee above-and-beyond volunteering—anything that is positive, endearing and thoughtful.							
	Cost is \$20 per ad for one issue. Photos are acceptable.							
Sample Size Fill out the form and include an optional photo the boxes in the Narthex and Church Office or r Cathedral, 1973 E. Maryland Avenue, Phoenix, 8 Cathedral. Or contact Kristen at kvasilarakos@co	nail to Kristen Vasilarakos c/o Holy Trinity 85016. Checks payable to Holy Trinity ox.net for more information. Submitter will be contacted prior to publishing							
if editing of the content of the wording is neede	d.							
Congratulatory and Happy Ads for the <i>Desc</i>	ert Springs monthly publication:							
Wording:								
I understand the staff will design the ad at their disc needed (initial)								
I need the included photo returned to me.	Yes No (initial)							
I am including \$20 by cash or check (checks payabl	e to Holy Trinity Cathedral) (initial)							
I wish to remain anonymous.   Yes No	_ (initial)							
Submitter's Name:	<u>_</u>							
Submitter's Contact Phone:	ontact Email:							

~ August 2018 ~							
Mon	Tue	Wed	Thu	Fri	Sat		
	Coffee Hour – Sunday School	1 DORMITION FAST PROCESSION OF THE CROSS	2 DORMITION FAST 9:00am -Baking	3 DORMITION FAST	4 DORMITION FAST		
		9:00am -Baking (Koulourakia)	(Kouloulakia)				
		6pm – Paraklesis					
		7pm-8:30pm – Choir Practice	6pm - Paraklesis	6pm - Paraklesis			
6 HOLY TRANSFIG- URATION 8:00am - Matins 9:00am - Liturgy 5:30pm - Festival Committee Meeting (Conf. Room)	7 DORMITION FAST 5-7pm - Calendar Meeting (Lounge)	8 DORMITION FAST Benson Fire Inspec- tion (Whole Campus, All Day) 7pm-8:30pm – Choir Practice	9 DORMITION FAST	10 DORMITION FAST	11 DORMITION FAST		
6pm - Paraklesis	6pm – Paraklesis	6pm - Paraklesis	6pm - Paraklesis	6pm - Paraklesis			
12 8am – Matins 9:30am – Liturgy	14 DORMITION FAST	15 DORMITION OF THE THEOTOKOS	16	17	18		
6pm - Paraklesis	6:00pm – Great Vespers & Lamen- tations of the Dor- mition	9am – Liturgy 7pm-8:30pm – Choir Practice	(Conference room) 6:00pm - AHEPA Meeting (SH)				
20 7:00am – Sparking Services Hood Cleaning	21	7pm-8:30pm – Choir Practice	23	24	25 TITUS THE APOS- TLE 8am – Matins 9am – Liturgy		
Elections Set Up (4hr window needed SH)	<b>28</b> 5:30am - 9:00pm - Elections (SH)	29 BEHEADING OF JOHN THE BAPTIST 8am – Matins 9am – Liturgy HTA Back to School Elections Set Up (4hr window needed SH) 7pm-8:30pm – Choir	30	31			
	6 HOLY TRANSFIG-URATION 8:00am - Matins 9:00am - Liturgy 5:30pm - Festival Committee Meeting (Conf. Room) 6pm - Paraklesis  13 DORMITION FAST  6pm - Paraklesis  20 7:00am - Sparking Services Hood Cleaning  27  Elections Set Up (4hr window needed	Mon Tue  Coffee Hour – Sunday School  6 HOLY TRANSFIG- URATION 8:00am - Matins 9:00am - Liturgy 5:30pm - Festival Committee Meeting (Conf. Room) 6pm - Paraklesis  13 DORMITION FAST  6:00pm - Paraklesis  14 DORMITION FAST  6:00pm - Great Vespers & Lamentations of the Dormition 6pm - Paraklesis  20 7:00am - Sparking Services Hood Cleaning  21  28 5:30am - 9:00pm - Elections Set Up (4hr window needed	Coffee Hour – Sunday School PROCESSION OF THE CROSS  9:00am - Baking (Koulourakia) 6pm – Paraklesis 7pm-8:30pm – Choir Practice  8 DORMITION FAST Benson Fire Inspection (Whole Campus, All Day)  5:30pm – Festival Committee Meeting (Conf. Room) 6pm - Paraklesis  13 DORMITION FAST DORMITION FAST Benson Fire Inspection (Whole Campus, All Day)  7pm-8:30pm – Choir Practice 6pm – Paraklesis  13 DORMITION FAST DORMITION FAST Benson Fire Inspection (Whole Campus, All Day)  7pm-8:30pm – Choir Practice 6pm - Paraklesis  15 DORMITION OF THE THEOTOKOS 8am – Matins 9am – Liturgy  Vespers & Lamentations of the Dormition 6pm - Paraklesis  20 7:00am – Sparking Services Hood Cleaning  21 22 7pm-8:30pm – Choir Practice  22 7pm-8:30pm – Choir Practice  23 5:30am – 9:00pm – Elections (SH)  Elections Set Up (4hr window needed SH)	Coffee Hour – Sunday School  Coffee Hour – Sunday School  DORMITION FAST PROCESSION OF THE CROSS 9:00am -Baking (Koulourakia)  6pm – Paraklesis 7pm-8:30pm – Choir Practice  6pm – Paraklesis 5-7pm - Calendar Meeting (Lounge) 5:30pm – Festival Committee Meeting (Lounge) 6pm – Paraklesis 6pm – Par	Coffee Hour – Sunday School  Committee Meeting (Coulourakia)  Committee Meeting (Lounge)  Committee Meeting (Confeence Foom)  Committee Meeting (Confeence Foo		

Calendars are subject to change.