



Sunday, September 30<sup>th</sup>, 2018 - 2<sup>nd</sup> Sunday of Luke

### *This Morning's Readings*

#### *St. Paul's Second Letter to the Corinthians 9:6-11*

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

#### *The Gospel according to Luke 6:31-36*

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

## *This Morning's Hymns*

The stone that had been sealed before Your tomb by the Jews, and the soldiers guarding did watch over Your pure and scared body. O Savior, the third day You arose and unto all the world did You give life. Whereby all the heavenly powers did You proclaim that You are the giver of life. Glory unto our resurrected Christ, glory unto Your kingdom, glory to Your economy, O You alone Who loves humankind.

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ Βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνη Φιλάνθρωπε.

Most blessed are You, O Christ our God, who by sending down the Holy Spirit upon them, made the fishermen wise and through them, illumined the world; and to You the Universe was ever drawn, O Lord, glory to you.

Εὐλογητός εἶ Χριστέ ὁ Θεός ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε, δόξα Σοι.

A protection of Christians unshamable, Intercessor to our Holy Maker unwavering, reject not the prayerful cries of those who are in sin; instead come to us for you are good, your loving help bring unto us who are crying in faith to you; hasten to intercede and speed now to supplicate as a protection for all time, Theotokos, for those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## **Welcome Visitors!**

If you are visiting Holy Trinity Cathedral this morning we welcome you in the Name of the Lord! Orthodox Christian worship may be unlike other forms of worship you have encountered but you can follow along in the service book in the pews. (If you need assistance, simply ask the nearest parishioner.) And though Holy Communion is offered only to the Orthodox faithful who are prepared to receive the Holy Gifts, the blessed bread is offered to everyone after the service. Please sign our Guest Book in the narthex and join us for coffee and refreshments in the community center so we can get to know you. May your time with us be blessed!

## *Announcements*

### **SEPTEMBER EPISTLE READING SCHEDULE**

**Sofia Economopoulos - September 30.**

### **LITTLE LAMBS PLAY DATE & FESTIVAL PARADE PRACTICE**

Do you have children 5 and under? Please participate in the Little Lambs' Festival Parade! It is a great opportunity to meet other young families, and get the kids involved in the heritage. Come join us! Meet directly following Divine Liturgy in the preschool classrooms. We will pass out costumes & "practice" a bit for our Parade. Please bring \$50 for costumes (\$40 refundable upon return of the costumes, \$10 for dry cleaning). Text Angela at 913-638-5991 or Melissa at 937-304-5233 for more details.

### **GREEK SCHOOL**

We hope everyone had a relaxing and restful summer! Greek School is back, we will meet Wednesday nights from 5pm-7pm. If you have any questions, please contact Irene Mackos at [eirinie@gmail.com](mailto:eirinie@gmail.com).

### **AHEPA CHAPTER 219 2018/19 SCHOLARSHIP APPLICATION**

The 2018-2019 AHEPA Chapter 219 Scholarship Application is now available. All high school Seniors and current higher-learning students are encouraged to apply. Application deadline is Saturday, October 27th, 2018, our scholarships will be awarded at the annual Scholarship Luncheon December 15th, 2018. Applications can be picked up at the Church office, on the website [AHEPA219.com](http://AHEPA219.com), or by contacting Ed Weiss, [ewpwrqlty@gmail.com](mailto:ewpwrqlty@gmail.com).

**Check out the NEW Holy Trinity website at [www.holytrinityphx.org](http://www.holytrinityphx.org)!**

**The website is mobile-friendly and is designed to be your go-to site for all things related to our parish. Add [hollytrinityphx.org](http://www.holytrinityphx.org) to your favorites!**

**Thank you OPA for sponsoring Coffee Hour in September.  
October Coffee Hour will be sponsored by the Choir.**

## *This Week at Holy Trinity Cathedral*

Today 9/30 <b>2<sup>nd</sup> SUNDAY OF LUKE</b>	<b>8:00am - Matins</b> <b>9:30am - Liturgy</b>	Youth Choir Rehearsal 12:15pm - 2:15pm - Dance Practice
Monday 10/1	9:00am - Baking (Kourambiethes/Crescents)	
Tuesday 10/2	9:00am - Baking (Kourambiethes/Crescents)	
Wednesday 10/3		5:00pm - Greek School 7:00pm - 8:30pm Choir Practice 7:00pm - 8:30pm Dance Practice
Thursday 10/4	9:00am - Lamb Shank Preparation 9:00am - Packaging Baked Goods	6:30pm - Blessing of the Waters/Philoptochos Meeting (Lounge)
Friday 10/5	9:00am - Octopus Preparation 9:00am - Packaging Baked Goods	
Saturday 10/6	Weekend Festival Set-up Cont.	<b>3:00pm - Neal Wedding (Cathedral/Fr. Apostolos)</b>
Sunday 10/7 <b>3<sup>rd</sup> SUNDAY OF LUKE</b>	<b>8:00am - Matins</b> <b>9:30am - Liturgy</b>	Youth Choir Performance during Coffee Hour 12:15pm - 2:15pm - Dance Dress Rehearsal

### **MEMORIALS TODAY**

**Niki Harris - 40 Days** - Offered by Courtney Harris.

**Tom Papazoglou - 6 Months** - Offered by Thomas Papazoglou.

\*Koliva for all Memorials prepared by Joann Karros.

**Holy Trinity Greek Orthodox Cathedral**  
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# Ορεκτικό

*An appetizer before the main course*

**On Church Singing**

September 30<sup>th</sup>, 2018

The memory of the blessed Saint Romanos the Melodist is observed on the first day of October and serves as a poignant reminder of the role that music plays in divine worship. St. Romanos was a simple deacon from Syria who, according to his life story, wished to sing well to bring glory to God. However, he was not blessed with a pleasing voice and was often embarrassed by his feeble attempts at the chanters stand.

Undeterred, St. Romanos asked the Virgin Mary to help him to do his best and his prayer was answered when She appeared to him in a dream and instructed him to eat a scroll she offered him. Upon waking, the saint was able to sing beautifully and to compose such beautiful hymns and melodies as the Christmas Kontakion "Today the Virgin comes to the cave."

Blessed Augustine once wrote "He who sings well (in Church) prays twice." And Psalm 98:4 says "Make a joyful noise to the Lord, all the earth; make a loud noise and rejoice and sing praise." Music is essential to worship and not just Orthodox or even Christian worship. Every major world religion from ancient times to the present day employs music as a vehicle for conveying praise and adoration. The very best and highest forms of music are dedicated to God.

The most profoundly uplifting and spiritually refreshing moments of worship I have experienced have occurred when everyone present is involved, when every voice (good or bad!) joins the chorus of praise to God. This is the norm for heavenly worship as St. John clearly indicates in his Apocalypse where no less than 27 hymns are mentioned in the ceaseless music before the throne of God. True liturgy can only occur when the people of God are involved, not when they or we are reduced to mere observers or bystanders.

How can we break through this impasse of liturgical non-involvement? Perhaps first by acknowledging how our liturgical traditions have been distorted by our culture and how our "voice" has been silenced by the "liturgy as performance" captivity of the past. When our own internal studies reveal that 6 of 10 graduating high school students leave their home parish for good, and when we feel so estranged from the liturgy that we come later and later, we must summon the courage to change.

Thankfully, our Cathedral musicians are committed to achieving this goal of embracing a more vital and robust *participatory* experience of worship! The inclusion of children in the choir and chanters stand, young Epistle readers, standardized hymn texts, our chanting school, chapel services at All Saints Camp and monthly youth group meetings all serve to break through this impasse and get us singing. But beyond these specifics we must simply give ourselves *permission to sing*. That we are accustomed to silence indicates an anomaly, not a tradition.

In the weeks ahead we will expand our repertoire with the inclusion of a singable arrangement of the Beatitudes, of Trisagion hymns settings, Troparia and Kontakia, and always reaching out to our beautiful children to join the chorus. The Russian writer Fyodor Dostoyevsky once wrote that "beauty will save the world." As Orthodox Christians, we ought to be on the vanguard of this initiative in the vein of St. Romanos who simply asked the Panaghia to help him sing well.

May his holy and melodic intercessions before Christ God inspire us to join the choirs of Heaven as we sing praise to Him in our Cathedral worship services!

In Christ,

*Fr. Apostolos*

# FRIENDS OF THE FESTIVAL 2018



## **Platinum**

The DeMoss Families, In Memory of Fr. James & Presbytera Katherine Tavlarides  
Stella Kosta, In Loving Memory of George Kosta  
The Meris Family, In Memory of Nick Meris  
Alex & Olga Papamatheakis

## **Gold**

Spike & Tina Karalekas  
The Kyprianou Family  
The Petsas Family  
St. Katherine Philoptochos

## **Silver**

Mary N. Floor  
GreekFest Restaurant  
In Memory of Bill Kimmell & Karen Kimmell  
The Socrates Papadopoulos Family

## **Bronze**

Anonymous (2)  
Presvytera Helen Anastas  
Sheila M. Asala  
Harriet Chotras  
Blair & Katerina Denniston  
Camelback Coaching - Anne & Bill Wilson  
Courtney & Niki Harris  
Irene DeBerry-Jensen & Michael Jensen  
Helen Zannis Katsufrakis  
The Lambrou Family  
James & Stephanie Machas  
Anna T. Manos  
Philip, Helen & Andrew Mitchell  
Bertha Quinn  
Lyda Rabbitt  
John Siavelis  
Constantin Soloman  
James A. & Christina Speros  
John & Teresa Thomas  
Mrs. Argyro Vasquez  
Scott & Terri Vaughn  
Zella Zannis

## **Pewter**

Maria Dennis  
Bessie Hotis, In Memory of Stacy J. Hotis  
Stephen Melas

**THANK YOU FOR YOUR GENEROUS DONATIONS!**



## **The 58<sup>th</sup> Annual Festival Countdown is ON!!!**

**How can you help?**

**Glad you asked!!!**

### **1. MARK YOUR CALENDARS:**

- **September 29th 9am -2pm & September 30th 11:30am-3pm - ALL ARE WELCOME TO HELP SET UP**
- **October 1st & 2nd 9am - Baking**
- **October 6th 9am -2pm & October 7th 11:30am-3pm - ALL ARE WELCOME TO HELP SET UP**
- **First 2 weeks of October: 9am EVERYDAY - Food Prep/ Packaging**

### **2. SIGN UP TO VOLUNTEER at the Festival – October 12-14 Email [donnamanelis@outlook.com](mailto:donnamanelis@outlook.com) with your availability**

### **3. ARE YOU A FRIEND OF THE FESTIVAL? — Make your donation today!!**

### **4. VISIT THE FESTIVAL TABLE EVERY SUNDAY IN THE COMMUNITY CENTER:**

- **Buy advance admission tickets \$3**
- **Buy Gift Certs \$10 for friends, neighbors, co-workers, etc.**
- **Purchase your 50/50 Raffle Tickets**
- **Sign up to Volunteer**
- **Donate \$15 or more towards Plastic Table Rolls – We use dozens throughout the weekend.**