

# Desert Springs

September 2018  
Volume 2 Issue 8



Newsletter of Holy Trinity Greek Orthodox Cathedral  
1973 E. Maryland Avenue, Phoenix, Arizona 85016  
Office: 602-264-7863 Fax: 602-230-9099 Website: [www.holytrinityphx.org](http://www.holytrinityphx.org)

Photo by Paul Valonis

Rev. Economos Apostolos Hill  
Rev. Deacon John Thrasher

**Office Hours:**  
Monday–Thursday, 9:00am–3:00pm

**Sunday Worship**  
Cathedral  
8:00am Orthros  
9:30am Divine Liturgy

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**Desert Springs Deadline**  
The 25th of each month

**Sunday Bulletin Deadline**  
Wednesdays, 12 noon

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Church Caretakers  
Terry, Paul, and Dimitri Valonis

Holy Trinity Bookstore  
[info@stnecariosphx.org](mailto:info@stnecariosphx.org)

**2018 Parish Council Members**  
Connie Contes—President  
Sandy Meris—Vice President  
Dina Anagnopoulos—Treasurer  
Jim Manelis—Assistant Treasurer  
Andy Fourlis—Secretary  
Charlie De Moss, Tony Nicoluzakis,  
Socrates Papadopoulos,  
Angela Raup, Adam Venetis

**Holy Trinity Cathedral Website**  
[www.holytrinityphx.org](http://www.holytrinityphx.org) — NEW!

**Metropolis of San Francisco Website**  
[www.SanFran.goarch.org](http://www.SanFran.goarch.org)

**Archdiocese Website**  
[www.goarch.org](http://www.goarch.org)

## Organization Contacts

- AHEPA** — Costa Tzavaras  
(PC Liaison: Tony Nicoluzakis)
- All Saints Camp** — Evan Tsagaris  
(PC Liaison: All OPA — Sandy Meris)
- Altar Servers** — Deacon John Thrasher, David Haag, Chris Francis  
(PC Liaison: Jim Manelis)
- Bible Study** — Fr. Apostolos Hill  
(PC Liaison: Andi Fourlis)
- Bookstore** — Patsy Harris  
(PC Liaison: Adam Venetis)
- Choir** — Terri Alexon  
(PC Liaison: Dina Anagnopoulos)
- Dance** — Niko Panagiotakopoulos  
(PC Liaison: All OPA — Sandy Meris)
- Daughters of Penelope** — Angie Lambrou  
(PC Liaison: Andi Fourlis)
- Desert Diamonds (50+)** — Julie Karoutas  
(PC Liaison: Angela Raup)
- Feed the Homeless** — Christine Stamatis  
(PC Liaison: Connie Contes)
- Greek Festival** — Nick Kretsedemas, Angelo Pestrivas  
(PC Liaison: Dina Anagnopoulos)
- Greek School** — Irene Mackos  
(PC Liaisons: Socrates Papadopoulos and Angela Raup)
- Hellenic Museum** — Bessie Hotis  
(PC Liaison: Connie Contes)
- Holy Trinity Academy Parochial School** — Juli Pritsos  
(PC Liaison: Andi Fourlis)
- HOPE & JOY** — Karla DeLord, Alexia Haugen  
(PC Liaison: All OPA — Sandy Meris)
- Koinonia (Book Club)** — Dan Valenzuela  
(PC Liaison: Andi Fourlis)
- Little Lambs** — Jennifer Kourouglos  
(PC Liaison: All OPA — Sandy Meris)
- Maid of Athena** — Gabriella Papatzimas  
(PC Liaison: Andi Fourlis)
- Myrrhbearers** — Stacey Beaty, Kathy Choukalas Tropea  
(PC Liaison: Jim Manelis)
- Narthex Ministry** — Kristen Vasilarakos  
(PC Liaison:)
- OPA** — Cindy Kyprianou  
(PC Liaison: All OPA — Sandy Meris)
- One Spirit+One Vision** — Charlie DeMoss  
(PC Liaisons: Charlie DeMoss and Jim Manelis)
- Parish Council** — Connie Contes  
(PC Liaison: Connie Contes)
- Philoptochos** — Alex Anagnopoulos  
(PC Liaison: Angela Raup)
- Sons of Pericles** — Greg Vassiliou, Ted Fourlis  
(PC Liaison: Tony Nicoluzakis)
- Jr. & Sr. GOYA** — Evan Tsagaris, Paulina Watson  
(PC Liaison: All OPA — Sandy Meris)
- Stewardship** — Sandy Meris  
(PC Liaison: Sandy Meris)
- Sunday School** — Kalli Schneider, Kay Ehrick  
(PC Liaison: Andi Fourlis)
- Wedding Coordinator** — Terri Alexon  
(PC Liaison: Connie Contes)
- YAL** — Stephanie Venetis  
(PC Liaison: Adam Venetis)

# Message from Father Apostolos

## When The Phone Rings



Twenty years ago one sparkling September evening our lives were forever changed by a phone call that announced the passing of our 16 year-old goddaughter in an automobile accident on the drive home from school. Ten years later on another beautiful September afternoon another phone call announced the passing of my best friend and brother priest to a heart attack.

In both instances, the world stopped spinning as we were tipped into the blackness of profound grief. For many long weeks there was but a micro-second of peace upon waking before the shadow of loss stretched over the breaking day. We went through the motions of everyday life joylessly, affecting a cheerful disposition for our children's sake but hollowed out inside.

In time, the pain subsided to a dull ache and the blessed rhythm of the mundane helped us get acquainted with a "new normal" with gaping holes where loved ones used to be. And I offer this reflection to share whatever insights I may have gleaned, personally and pastorally, with others who are struggling or who will struggle with grief.

How do we keep moving when a phone call or a piece of mail rocks our world? When the stability of our life is stripped away and when doubt replaces faith, when darkness seems to overtake the light? There are no pat or easy answers. Grief is a first-person experience and unique for each of us. Even our most precious Orthodox faith can be sorely tested in the fog of mourning.

When tragedy strikes we must give ourselves permission to grieve, to cry, to rage. Acceptance is the final stage of the grieving process but it cannot be rushed and there are no schedules or timetables for how quickly we move through the stages of denial, anger, and negotiation.

Years ago, the bitter taste of loss settled heavily over the parish I was serving as we witnessed in a few short weeks the passing of babies and children, brides-to-be and young people, those in the prime of life and venerable family members. In order to help the community navigate the grieving process, I invited grief counselors to conduct a seminar for the parish and their presentation was very helpful.

For instance, we were encouraged to reach out to our family physicians for medical support when needed and this without any taint of shame or judgment. One unexpected death in the parish I served years ago was so devastating that the entire family of the deceased had to be admitted for treatment in the same hospital where the father had died.

Loss impacts our bodies as forcefully as our hearts, minds, and souls. Insomnia, loss of appetite, lethargy, intense anger, and clinical depression are all common ailments and can be particularly pronounced for long-time caregivers. Seeking medical help is often necessary to allow the somatic shock of the loss to subside.

Questions of faith and the purposes of God may also arise, certainly in the case of an untimely death or the passing of a child or young person. These questions, arising from the depths of the heart, cannot be answered but must be asked. The question "Why?" is the one most readily posed and the one for which no good answer exists. I have learned to resist the urge to offer up glib replies, even passages from Holy Scripture, until the intensity of grief has abated.

After one of the many funerals I conducted that dread summer years ago, my Metropolitan pulled me

*Fr. Apostolos' Message continued on 5  
Desert Springs October 2018*



# Stewardship 2018

By Sandy Meris

## *Educate - Participate - Elevate*

*"Whatever you do, work at it with all your heart, as working for the Lord, not for men..."  
Colossians 3:23*

### Ministry Sunday

Sunday, September 9

Hosted by the Stewardship Committee

Our ministries had tables during Coffee Hour where parishioners could sign up, get involved, or simply get more information on the dozens of ministries Holy Trinity offers.

Being an active participant in the ministries of the Church is one of the best examples of Stewardship.



### Stewardship—WeShare

Continue to look for **WeShare** and this image



on the updated [www.holytrinityphx.org](http://www.holytrinityphx.org) website to create your online Stewardship profile.

### Coffee Hour

Thank you to **OPA** for sponsoring Coffee Hour in September.



The October Coffee Hours will be sponsored by **Choir**.

*Fr. Apostolos' Message continued from page 3*

aside as I struggled with my own grief to tell me "God takes us to Himself when we are closest to Him." Hearing this from him helped me confront my own feelings of doubt.

What can we do for those who are enduring a period of grief? How can we effectively alleviate at least some of their pain? Grief counselors all agree that merely being physically present is of tremendous benefit. In the flurry of activity between death and burial the family and friends gather to support the survivors. But it is after the shock of loss wears off that the heaviness of grief settles in and it is at this point when support is truly needed.

Words are of very little value here, certainly trite ones like "God never gives us more than we can bear," or "He/she is in a better place." Such well-meaning clichés can even do more harm than good. Simply being a comforting presence, stopping by with food or coffee, helping with everyday tasks, or sitting quietly to share memories, on the other hand, are tangible expressions of care.

And as Orthodox Christians, we have access to tools which can guide us through the grieving process. The Trisagion service can be said for the souls of any we have lost, even in the case of our non-Orthodox family members and friends. This need not be done only on a Sunday after the liturgy but may be offered privately at a time convenient to the suffering.

The little-known but beautiful Akathist Hymn for the Departed may also be offered. These stanzas of lyric prayer can be incorporated into our prayers in the home and need not be formal. St. Paul reminds us that "when one member of the Body suffers the whole Body suffers." Grief, though always personal, ought not be endured in isolation.

As much as we may wish it otherwise, grief and loss is part of the fabric of life and cannot be avoided. But "a burden shared is a burden halved" holds true and by "bearing one another's burden" we "fulfill the law of Christ" among ourselves.

*Fr. Apostolos Nihil*

## Father Speaks to the Children

September 8, 2018





# ✝ THE HOLY TRINITY ENDOWMENT FUND ✝

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement Stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain inviolable and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The only withdrawals from the fund the investment committee approves are from the earnings and appreciation above the donor's contributions. Withdrawals are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-six years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy in perpetuity for their family, have made contributions totaling 520,000. Those original contributions have grown to the current value of \$882,606.

The Endowment Fund has, over the past few years returned to the Church over \$ 50,000 in dividends and has applied over \$110,000 of appreciated value to reduce the outstanding balance of our loan from \$998,000 to \$651,000. When the Endowment Funds were pledged as collateral at Chase to secure the loan, they reduced the annual interest rate on the loan from 7.25% to 2.45%. This resulted in an interest savings of over \$50,000 per year for over seven years. The loan was transferred to the American Bank & Trust in August 2015, (without the Endowment Funds as collateral) and is now at \$ 651,000 @ 3 ¼%.

***This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.***

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level. Your pledge can be made over as many as three years.

**Any gift, no matter the amount will be combined into the general endowment fund, and will be greatly appreciated.**

Holy Trinity Greek Orthodox Cathedral + 1973 E. Maryland Avenue, Phoenix, AZ 85016



*Gifts over \$10,000.00*

Gabriel N. & Helen H. Papagallos  
The DeMoss Families  
Mary Montague  
John G. Zannaras  
Steve & Judith Vrahas  
Ange & Alex J. Pappas

Faye Boukas  
Dennis & Anastasia DeBerry  
George & Koula Cheros  
Dina Sakellarakis  
Dr. Nicholas Baziotes

George & Ann Souvall  
Tasia Pritchard  
John George Thomas  
Steve & Joan Vrahas  
James & Connie Coin Contes

General Endowment Fund donations In Memory of:  
Stacy Hotis, Danny Speros, Mark Sprintz, Milton Sioles,  
Father James and Presbyteria Katherine Tavlarides

**GIFT FORM**

Please list the endowment gift as follows: \_\_\_\_\_

Here is my one time General Endowment gift, which I may add to, of \$\_\_\_\_\_.

I plan to give a \$10,000.00 or more single gift NOW, which I may add to, of \$\_\_\_\_\_.

I wish to make a gift of \$10,000.00 or more payable over a three year period.  
Year One \$\_\_\_\_\_ Year Two \$\_\_\_\_\_ Year Three \$\_\_\_\_\_

I plan to include the Holy Trinity Endowment fund in my will\_\_\_\_, in my Living Trust\_\_\_\_, or  
TOD\*\_\_\_\_\_

\*TOD = transfer on death

By:\_\_\_\_\_ Dated:\_\_\_\_\_201\_\_\_\_\_

Donor, please sign and keep a copy for your records

*All gifts will be preserved in the archives of Holy Trinity Cathedral*  
[updated 9/22/2018]

*Thanks, and +God Bless You+ for your generosity.*

Holy Trinity Greek Orthodox Cathedral + 1973 E. Maryland Avenue, Phoenix, AZ 85016

# Holy Trinity's St. Katherine Philoptochos

Mary Louise Theodoropoulos, President

## "FRIENDS OF THE POOR"

An organization where membership is an honor & a privilege.

**JOIN & ENRICH YOUR LIFE!**



St. Katherine faceted glass icon in the south wing of the Narthex.

Thank you to the September Hostesses  
Alex Anagnopoulos & Mary Louise  
Theodoropoulos!



What is Philoptochos?  
The translation is Philo = Friend  
and Ptochos = Poor.  
It is literally "Friend of the Poor."

## JOIN PHILOPTOCHOS 2018-2019

**We are the right hand of the Church!** We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

### *Invitation to Philoptochos:*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: (\_\_\_\_) \_\_\_\_\_ CHECK # \_\_\_\_\_ AMOUNT: \_\_\_\_\_

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2018, 1973 E. Maryland Avenue, Phoenix, AZ 85016

## Circle of Angels

**\*Your help is requested!\***

Please let Philoptochos' Circle of Angels know of any parishioners who are ill, scheduled for surgery, recently moved to assisted living, or are homebound. Contact Mary Poulakidas at 602-349-6466 or Lois Sakkas at 602-717-9097.





# Sunday School

September 9, 2018



Photos by Caroline Economopoulos





# Holy Trinity Academy

## Η Κατηγορία Των 2019!

By Juli Pritsos

It has been a very busy first month at HTA! We have so many wonderful families and staff members working to build this amazing program. Every day is a new adventure and our students are excelling and thriving with each new thing that is introduced and mastered!



Our newest staff member is not new to HTA. Sharon Daniolos worked for several years teaching music to our Littles and has been a substitute teacher for the

Kindergarten class many times. Sharon has also been a mentor of mine and I am thrilled that she is teaching the Pre-K4s and Kindergarten class on Tuesdays and Thursdays. With her years of experience and gifts of children's literature, Orthodoxy, and music (including all of the hymns of the Church!) she is an amazing addition to our already stellar staff! Her lesson on apples is a perfect example. From apple tastings to graphs to making apple prints, these kids were engaged, entertained, and excited!



This year our HTA families come from a number of churches: Assumption Greek Orthodox Church, Exultation of the Holy Cross (OCA), Holy Trinity Greek Orthodox Cathedral, St. John Romanian Orthodox Church, St. Sava Serbian Orthodox Church, Sts. Simon and Jude Catholic

Church, and St. Thomas the Apostle Catholic Church. It is a blessing to have so many

representatives at HTA not only for their culture but for their faith as well. We are one big happy family and leading us all is our principal and proistamanos, Father Apostolos Hill – HTA couldn't be in better hands!



I encourage you to come by the HTA Treats and Sweets booth at the Original Phoenix Greek Festival and meet our parents. Each family is volunteering several hours to help our Cathedral's biggest fundraiser. They understand that without our church we would not have a school and they value the Orthodox education and the attention bestowed on their children every day. In return, I value and appreciate their commitment and dedication to what I believe is one of the greatest early education institutions in our beautiful state of Arizona! It's families like these that bring life, love and happiness to our community and we are so very grateful to each and every one!

For more information please call, 602-248-3881, or email [julipritsos@holytrinityacademyphx.org](mailto:julipritsos@holytrinityacademyphx.org)

HTA Staff:

**Father Apostolos Hill** – Principal/Proistamanos  
**Mercy Peña-Alevizos** – Preschool Teacher  
**Nicki Tsioutsopoulos** – Preschool Assistant  
**Sharon Daniolos** – Kindergarten Teacher #2  
**Juli Pritsos** – Director/Kindergarten Teacher #1



# Music Ministry

by Terri Alexon, Director  
[www.occfellowship.org](http://www.occfellowship.org)



*He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in Him.*  
Psalm 40:3

Have you heard anything different during worship on Sunday? New sounds have been emerging from the loft, including musical changes for the Liturgical responses.

The Holy Trinity Cathedral Choir has been diligently learning a new musical setting that will hopefully encourage parishioner participation. Another significant change in progress, and with the encouragement and blessing of Fr. Apostolos, is the addition of the Beatitudes. Be expecting the text of this beautiful hymn to be included in the weekly bulletin for parishioners to sing along and pray **OUT LOUD** during worship!

Also recently added to the music ministry's repertoire is a song composed by Fr. Michael Pallad of St. Haralambos Greek Orthodox Church in Peoria. On September 22nd, Holy Trinity Cathedral hosted the inaugural Orthodox Christian Choral Fellowship Conference attend by approximately 80 Orthodox faithful from across the state of Arizona.

At the conference held in Speros Community Center, Fr. Michael directed and recorded his original musical composition of the 23rd Psalm. It was a beautiful experience for all, especially the school aged children who participated. A mp3 download of the song will soon be available for your listening pleasure through Facebook at [www.facebook.com/occfellowship](http://www.facebook.com/occfellowship) as well as [www.occfellowship.org](http://www.occfellowship.org).

If you're interested in contributing your voice to the music ministry, please contact Terri Alexon by email at [htphxmusicdirector@gmail.com](mailto:htphxmusicdirector@gmail.com) or by text or call at **480-233-2416**.



Photos by Kristen Bruskas





# St. Nectarios Books & Beyond

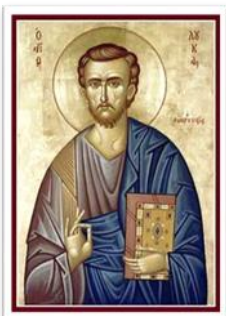
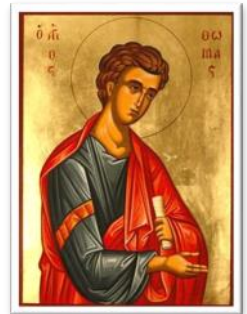
By Patsy Harris

Sometimes in the midst of all of our preparations and the actual Festival event itself we seem to forget about the Ministry aspect of our Church Festival. During this weekend, we have so very many opportunities to witness to and share our Orthodoxy (and Greek Orthodoxy in particular) with the many visitors we have at Holy Trinity Cathedral. In addition to sharing our foods, Dance, and Music traditions, we are also sharing our Liturgical music and worship through our Church Tours, featuring our Choir and Chanters along with the beautiful explanations offered by Father Apostolos, and through answering the many questions our guests have about who we are we share our very beliefs. Please try to remember to refer guests to browse through the St. Nectarios Books & Beyond to give them the opportunity to see the items we use in our worship, and to perhaps have a chance to have a more relaxed and personal conversation about Orthodoxy. THIS is the TRUE MINISTRY of the Bookstore! Thank you for helping us reach as many of our guests as possible!



## October Holy Days:

**October 6—Thomas the Apostle:** in Hebrew the name means “twin,” and he was a twin. This is the Apostle who doubted Christ’s Holy Resurrection until he could touch His wounds personally. He preached in India, and was martyred on Mount St. Thomas near Madras.



**October 18—Luke the Evangelist:** the name in Greek means “wolf.” A Greek of Antioch, he followed his father’s profession and became a physician. St. Luke is called “the Glorious Physician” in Colossians 4:14. He was a fellow worker of St. Paul and stayed with him until Paul’s martyrdom. There is no evidence that Luke himself suffered martyrdom.

**October 18—Marinos the Martyr:** I’m sorry, I only know he was the Elder at Anazarbus.



**October 26—Demetrios the Myrrh-Streamer:** he was a soldier of Thessalonika in the Roman army who preached Christianity to them and converted hundreds. For this he was imprisoned, and was visited there by his friend, Nestor, who told Demetrios about the Emperor’s renowned gladiator Lyaeus. Demetrios asked Nestor to challenge Lyaeus, saying that the power of Christian prayer would allow him to defeat the gladiator. When this came to be, the Emperor was so angered that he ordered the immediate deaths of both Nestor and Demetrios. The title “Myrrh-Streamer” means that from his body flows a sweet-smelling liquid, which has been known to bring about many miraculous events and healings.

Have a very blessed month! Come visit and reflect on what you must personally do to follow Christ!

If St. Nectarios Books and Beyond can assist in any way, please contact us at:

[www.stnectariosbooksandbeyond.org](http://www.stnectariosbooksandbeyond.org) or [patsy@stnectariosphx.org](mailto:patsy@stnectariosphx.org)

Patsy Harris – (480) 239-5270

# Narthex Ministry

## What YOU Can Do to Make Visitors Feel Welcome

Have you noticed new faces in our Narthex, Sanctuary, and Speros Center? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

"Welcome! I don't believe we've met yet. My name is (your name)" is a great start. Offer to walk with them down to Coffee Hour. Ask them to sit with you. A personal connection goes far!

## Young Adults:

We are looking for those who are older than Sunday School age and would like to assist in the Narthex Ministry one Sunday every few months to help greet parishioners OUTSIDE the double doors.

Key duties:

- Welcome parishioners who drive to the upper drop-off driveway, open car doors, and walk with the parishioners to the Narthex.
- Walk with seniors—or those who are carrying items—from the bottom of the stairs up to the Narthex.

The goal is to have an *outside* presence to assist our parishioners and visitors as they approach the Cathedral.

Interested? Text Kristen Vasilarakos at 602-332-8809 or email at [kvasilarakos@cox.net](mailto:kvasilarakos@cox.net).

## Upcoming All Saints Camp Fundraiser- Save the Date!

December 8, 2018



## Exaltation of the Holy Cross

Friday, September 14, 2018

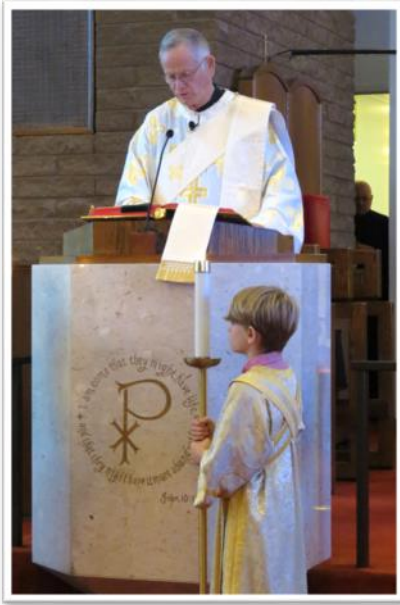
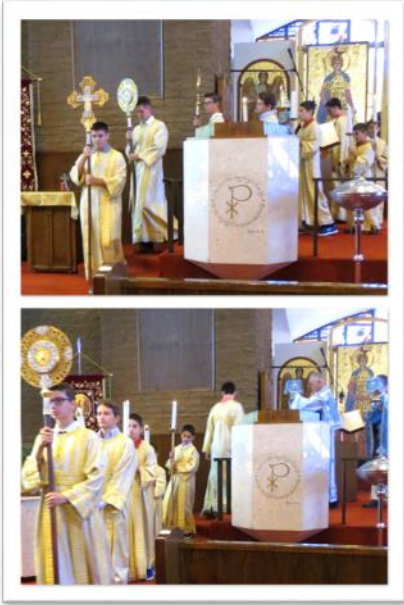


Photo by Marie Spanos



# Divine Liturgy

September 9, 2018



## Desert Diamonds

Senior Parishioners  
and their guests



Greetings to All our Desert Diamonds & Friends Ministry,

Please see upcoming event for **October**. **Mark your calendars!**

We will need a count for reservations ASAP because these concerts get booked quickly. Please either get in touch with Julie at 623-313-8720 or Judith at 703-819-9957, or if you see Doree, please let her know.

FYI, they do have a goodwill request of \$5.00 per person. Members have gone before and thoroughly enjoyed the concert! If you wish to go and need a ride, please let us know & we will try to arrange some sort of carpool.

**October 23rd, 9:30-11:30am**, free concert at ASU Kerr Cultural Center.  
**“Tuesday Morning Music & Tea”** featuring “Violin Extraordinaire”  
6110 N. Scottsdale Rd., Scottsdale, AZ 85253 (Performance starts at 10:30am)

We are forming a phone committee because some of our members do not have an email address. Please let us know if you have had a change in either your phone number or email. Also, if you know of someone that is not receiving notifications, please send their information to us. Doree Drakos and Judith Lamond will be at our Ministry Sunday table with information for the Desert Diamonds. Please stop by. Thanking you in advance.

Your sister in Christ,  
Julie Karoutas





## Our Church Family

### 40 Day Blessing

“One thing I ask of the Lord,  
this is what I seek; that I may  
dwell in the house of the Lord  
all the days of my life, to gaze  
upon the beauty of the Lord  
and to seek him in his temple.”  
Psalm 27:4

9/23/2018

Piper J. Jaynes, daughter of  
Jason & Ekaterini Jaynes  
*God's Blessings be upon her.*



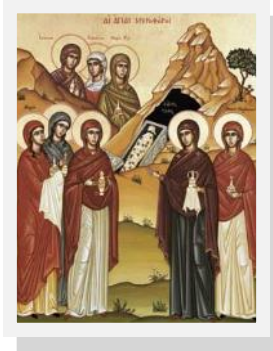
### Funeral

“Surely goodness and mercy  
shall follow me all the days  
of my life; and I shall dwell  
in the House of the Lord  
forever.”

Psalm 23:6

9/29/2018

Mary Maniatis  
*May her memory be eternal.*



## Videos of Services

There are weekly video  
tapings of the Matins, Liturgy  
and special services posted by  
Daniel and Joshua Pardhe on  
**YouTube** and **Facebook**.



Subscribe and like us today

<https://www.facebook.com/holytrinityphx.org/>

<https://youtu.be/h-6GLW3udVo>

## Office Assistance

There's often extra tasks  
that need to be done in  
the Church Office.  
Interested in helping?  
Look for notices or call  
Diana at 602-264-7863.



Right: Terry Seretis makes  
copies in the office  
workroom.

## Follow Holy Trinity Cathedral on Facebook

The page offers news of our Parish Community,  
in addition to offering links to podcasts and  
videos of many of our services.



## Bible Study Classes

**Tuesdays**

9:30am

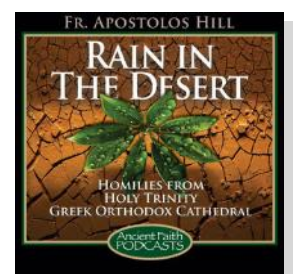
in the Speros Center Lounge.

We will continue our study of the book of  
Acts from last semester.



## Rain In The Desert

Link to recordings of Father's sermons: <http://www.ancientfaith.com/podcasts/rain>  
Sermons can also be found on the Cathedral website at [www.holytrinityphx.org](http://www.holytrinityphx.org).



# Maintenance Corner

Submitted by Ted Furlis

September has been a busy month for your maintenance committee. Here are the updates:

We were able to repair our main sewer line issue at the Speros Center. Thanks to Jim Contes and API Plumbing, we were able to hydro-blast 55 years of grease out of our lines and they are now like new. This was a big job, but we are glad we did not have to dig up the line. Savings of \$5500!

We had the east side tree removed and a new gate installed just north of the basketball court. This gate will be utilized to bring in our needed equipment, trucks, and trash bins for our Festival operations.

We had to replace a compressor for the freezer in the auxiliary kitchen.

This was an unexpected breakdown and expense, but the freezer is holding at -10 degrees!

Scott Vaughn remodeled the dance room—tearing out the old carpet, sanding the floor, and sealing it! Scott also installed new ceiling tiles, and a wall-mounted air conditioner to keep everyone cool.

Peter Bilitsis, Paul and Dimitri

Valonis, and Jim Contes installed a massive projection screen behind the stage valance. 150lb screen and they centered it perfectly!

Peter Bilitsis has amazing plumbing skills! We spring leaks and Peter repairs them. Who needs George Brazil when we have “Peter Brazil”!! Thank you, Peter, for all your hard work.

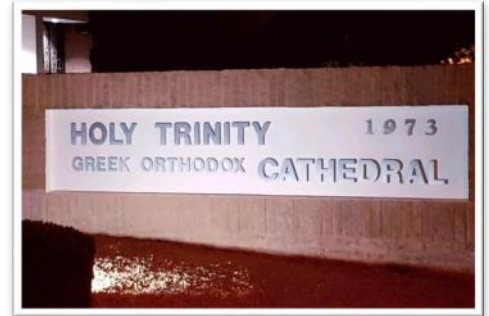
The Valonis Bros do it again! Major work was completed in the kitchen to prepare for our upcoming Festival. Sealing, cleaning, coffee machine repairs, and they did a major overhaul on our ice machine, which needed attention badly. Paul and Dimitri worked with our air conditioning contractor and were able to get the air unit in the dance, Philoptochos, and GOYA rooms up and running!

Thank you to Courtney Harris for his generous donation of a new air compressor and compressor lines with couplings. Several of you left other small tools and painting items anonymously so thank you for your donations. We still need many items on the list to assist us, so look around that garage for unwanted or unused items to donate.

Other items completed: kitchen maintenance for the quarterly health inspection, women's bathroom toilet leak repair, ice machine valve leak repaired along with all the connection lines to coffee machines, main line landscape leak repaired, hazard poles installed around landscape water boxes, main line valve to the Speros Center repaired, and HTC front sign repainted for better visibility—it needed it!

As we approach our Festival time, please let us know if you see anything that needs attention.

We have a great team working hard to improve our aging campus. Please contact Ted Furlis at 602-625-8835 and [htcmaintenance1973@gmail.com](mailto:htcmaintenance1973@gmail.com) or Peter Bilitsis at 602-317-7780 and [pkbilitsis@gmail.com](mailto:pkbilitsis@gmail.com) for further information. Thank you, Ted & Peter



Photos by the Maintenance Team



# Maintenance Corner

Submitted by Ted Furlis

Your **HTC Maintenance Committee** has been hard at work over the last year. We are in need of tools and equipment to continue our progress for repairs and upgrades to our campus. We are looking for donations to assist us in our work. If you have any working tools or equipment you no longer use or need—we can put them to good use! We have a large campus and there is much to do to keep our facilities in good working order. Here are some of the **tools & equipment** we could use:

- ⇒ High speed floor polisher
- ⇒ Cordless drills/hammer drivers/20v batteries/drill bits
- ⇒ ~~Air compressor/compressor air line~~ ✓
- ⇒ Wrench sets/pliers/cutting pliers
- ⇒ Screwdrivers of all sizes
- ⇒ Socket sets/socket wrenches and sockets
- ⇒ Work bench/table—portable/non portable
- ⇒ Portable generator
- ⇒ Sawzall—cordless preferred or corded
- ⇒ Saw horses
- ⇒ Sliding Compound Miter Saw - 10" or 12"
- ⇒ Table saw
- ⇒ Painting supplies/rollers/brushes/poles/trays/drop cloths/spray guns
- ⇒ Vice/spring clamps
- ⇒ Storage containers
- ⇒ Bolts/nuts/screws
- ⇒ All-in-one tool sets
- ⇒ Water hoses/power washer
- ⇒ Yard blower
- ⇒ Tool storage cabinet
- ⇒ Shop Vac
- ⇒ Electric extension cords, 50' & 100'

Thank you,

Ted & Peter

## Epistle Readers

To all youth and young adults: we continue our rotation of readers of the Epistle each Sunday Liturgy! Please contact Fr. Apostolos if you would like to get involved. Even if you might be uncomfortable reading, Father and others have offered to help you prepare. This is a beautiful ministry and way to participate in the life of the Church, so please consider taking part!

September Readers



Includes photos by Presvytera Denise



# OCTOBER 12-14, 2018

## GREEK FOOD, MUSIC, DANCING & MORE

—THE ORIGINAL PHOENIX—

# GREEK<sup>®</sup> Festival

58TH ANNUAL

**FRIDAY, OCT. 12**

5pm - 10pm

**SATURDAY, OCT. 13**

11am - 10pm

**SUNDAY, OCT. 14**

11am - 8pm

**Holy Trinity Greek Orthodox Cathedral**

1973 E. Maryland, Phoenix

[phoenixgreekfestival.org](http://phoenixgreekfestival.org) | [htgrkfest@gmail.com](mailto:htgrkfest@gmail.com) | 



### ADMISSION

**\$3.00** - for an entire day of fun

Children under 12 free

Seniors over 60:

**FREE** Saturday from

**11:00am - 3:00pm**

\*No pets permitted (service dogs excluded)

### PARKING

**Free Parking** at  
Charles Schwab -  
24th St. & Lincoln.  
Shuttles every 15 minutes

**\$5.00** to park in  
church parking lot



### EAT. SHOP. PLAY

Authentic Greek Food • Homemade Pastries • Taverna with Greek Beer & Wines  
Greek Dancing • Live Greek Music • Art, Jewelry & More • Village Market  
Hellenic Museum of Phoenix • Cathedral Tours • Children's Rides & Activities

**THE LONGEST-RUNNING AND LARGEST ORIGINAL GREEK FESTIVAL IN THE VALLEY.**

# FRIENDS OF THE FESTIVAL 2018



## Platinum

The DeMoss Families, In Memory of Fr. James & Presbyteria Katherine Tavlarides  
Stella Kosta, In Loving Memory of George Kosta  
The Manelis Family, In Memory of Catherine Callaghan  
The Meris Family, In Memory of Nick Meris  
Alex & Olga Papamatheakis

## Gold

The Choukalas Family  
Honorable Connie Contes, In Loving Memory of Takie Tavlarides and his Beloved Parents, Fr. James & Presbyteria Catherine Tavlarides and Honorable Hercules Alexander Dellas In Loving Memory of Alexander & Margaret Dellas  
Spike & Tina Karalekas  
Katsenes Insurance Family, Since 1925  
The Kyprianou Family  
The Petsas Family  
St. Katherine Philoptochos

## Silver

Mary N. Floor  
GreekFest Restaurant  
In Loving Memory of George "The Jouv" Jouflas  
In Memory of Bill Kimmell & Karen Kimmell  
The Socrates Papadopoulos Family

## Bronze

Anonymous (2)  
Presvytera Helen Anastas  
Sheila M. Asala  
Harriet Chotras  
Blair & Katerina Denniston  
Camelback Coaching - Anne & Bill Wilson  
Courtney & Niki Harris  
Irene DeBerry-Jensen & Michael Jensen  
Helen Zannis Katsufrakis  
Ronald & Virginia Kidd  
The Lambrou Family  
James & Stephanie Machas  
Anna T. Manos  
Joanne Meris  
Philip, Helen & Andrew Mitchell  
Bertha Quinn  
Lyda Rabbitt  
John Siavelis  
Constantin Soloman  
James A. & Christina Speros  
John & Teresa Thomas  
Mrs. Argyro Vasquez  
Scott & Terri Vaughn  
Zella Zannis

## Pewter

Maria Dennis  
Bessie Hotis, In Memory of Stacy J. Hotis  
Stephen Melas

**THANK YOU FOR YOUR  
GENEROUS DONATIONS!**



# The Original Phoenix Greek Festival 58th Annual!

**Friday, October 12**  
5pm – 10pm

**Saturday, October 13**  
11am – 10pm

**Sunday, October 14**  
11am – 8pm

## Festival Baking

### Upcoming Baking Schedule

Packaging Sweets                      October 1st-5th, starting at 9am  
Preparing & Packaging                October 8th-11th, starting at 9am



## ARE YOU FREE THIS FRIDAY?

We need 10 volunteers in the kitchen this Friday morning (10/5) at 9:00am. If you are willing and available please come by and help cut the octopus as well as assist in the process of making kabobs for the souvlaki booth.

*All are welcome!*

Contact Chef John Mitchell for additional information at 480-797-9265.



Includes photos by Gabriella Papatzimas and Sandy Meris



AHEPA provided one of the meals for the bakers. Thank you to Andy Stamatis, Cleo Aguilar, and the Valonis brothers for serving, kitchen duty, and set up respectively as well. It takes a team!!

## Set-Up

Saturday, September 29, 2018





# Greek Dance

Niko Panagiotakopoulos, Director [npanos01@yahoo.com](mailto:npanos01@yahoo.com)

If you are interested in helping with the dance program, please reach out! We are always looking for volunteers to assist in teaching groups, assisting with costumes, helping with coffee hour, and putting on dance events! Please contact Niko for more information.

Group ages this year are as follows:

- Pre K & Kindergarten—Pamela Maydanis/Athanasia Fourlis
- 1st & 2nd Grade—Anna Panagiotakopoulos/Mike Vaughn
- 3rd & 4th Grade—Nikki Foreman/George Papadopoulos
- 5th, 6th, 7th, 8th Grade—Ted Kyriacou/Haroula Kyriacou
- 9th & 10th Grade—Gabiella Papatzimas/Tasso Annos
- 11th & 12th Grade—Niko Panagiotakopoulos
- College Plus—Gabiella/Niko



## Dance Schedule

Only three practices left!

- Wednesday, October 3rd—7:00pm-8:30pm
- Sunday, October 7th—12:15pm-2:15pm Dress Rehearsal
- Wednesday, October 10th—6:00pm Slab Rehearsal

FRIDAY:	
5:30	PreK/Kinder : Petra Asterakia
	5th-8th: Omilos
7:00	1st/Second: Sifounakia
	3rd/4th : Zouzounakia
8:30	9th/10th: Seismos
	11th/12th: Pyrkagia
College/Young Adult	
SATURDAY	
11:30	Little Lambs
	PreK/Kinder : Petra Asterakia
1:00	1st/Second: Sifounakia
	9th/10th: Seismos
2:30	3rd/4th : Zouzounakia
	5th-8th: Omilos
4:00	PreK/Kinder : Petra Asterakia
	11th/12th: Pyrkagia
5:30	1st/Second:
	5th-8th: Omilos
7:00	3rd/4th : Zouzounakia
	9th/10th: Seismos
8:30	11th/12th: Pyrkagia
	College/Young Adult
SUNDAY	
11:30	Little Lambs
	3rd/4th : Zouzounakia
1:00	PreK/Kinder : Petra Asterakia
	11th/12th: Pyrkagia
2:30	1st/Second: Sifounakia
	College/Young Adult
4:00	5th-8th: Omilos
	9th/10th: Seismos
6:00	Grand Finale (All groups - except Little Lambs)





# Sunday School Attendance and Dance Rehearsals



*And David, wearing a linen ephod, danced with all his might before the LORD, while he and all the house of Israel brought up the ark of the LORD with shouts and the sound of the trumpets, (2 Samuel 6:14)*

Beloved in the Lord,

Seeing our children in the Divine Service on Sunday brought joy to our Metropolitan Gerasimos' heart as summer gives way to the new school year. Dance rehearsals for our annual Parish Festival have commenced and Sunday school begins just after Labor Day.

The Sunday school staff has been busy exploring how best to support the spiritual development of our Cathedral youth and has selected two new curricula which allows for families to be involved in the weekly lessons at home and for the students to come to class prepared to discuss the week's assignment.

This year, our high school students will be taught in the Cathedral immediately following the dismissal of the Liturgy. They will be learning the basics of the Orthodox Christian faith and the lessons can be found here; <https://oca.org/orthodoxy/the-orthodox-faith>

*Please also be aware that in order to be eligible to participate in dance rehearsal for the week, our students and dancers must sign in during the Sunday school lesson in the Cathedral. It will no longer be permitted for dancers to by-pass the Divine Liturgy and Sunday school in favor of dance rehearsal.*

As parents, educators, mentors, and clergy, we are tasked with the sobering responsibility to advance the spiritual development of our young people, to model Orthodox Christian living for them, and to instruct them in the most precious faith. Being mindfully present as the Body of Christ assembles to constitute the Holy Church of Christ is the first essential step along this path.

May the Lord God bless our families, students, teachers, and instructors as the new ministry year begins!

In Christ,

*Rev. Fr. Apostolos Hill*

# Hellenic Historical Museum

Located in the northeast section of the James A. Speros Community Center, the Museum displays vintage photographs and other historic artifacts related to pioneer Greek families in Phoenix from the early 1900s, the founding in 1930 of the first Hellenic Orthodox Church in Arizona, and up to the relocation in 1973 at the present site of Holy Trinity Greek Orthodox Cathedral.

Contact Bessie Hotis 602-953-1913 for more information.



Orthodox prepare to celebrate Easter

Standy Reid, The Phoenix Gazette  
The Rev. James Tavlarides reads the Gospel during Holy Week services of Holy Trinity Greek Orthodox Church, 1973 E. Maryland Ave. Sunday is Easter in the Greek Orthodox Church, which times the festival based on a decree of the Council of Nicea in 325 A.D. The council ruled that Easter should be celebrated on the Sunday after the first full moon of spring, but always after the Jewish Passover. Easter services will begin at 11 p.m. Saturday at three Valley Orthodox churches: Holy Trinity; St. Katherine Greek Orthodox Church, 2716 N. Dobson Road, Chandler; and St. George Eastern Orthodox Church, 4530 E. Gold Dust Ave. In addition, ogage vesper services will be held at 3:30 p.m. Sunday at both St. Katherine and Holy Trinity.

Margie Porter brought this clipping from 1986 to a Philoptochos meeting, saved by her mother all these years. That's Father Phil on the left and Father Michael (we believe) on the right. Father Michael later went to Boston.

Holy Trinity Cathedral, before the icons lined the back wall.

## Altar Service

Interested in learning more about serving on the altar?



Contact:

Chris Francis at [battersbox7@yahoo.com](mailto:battersbox7@yahoo.com),  
David Haag at [davidmhaag@yahoo.com](mailto:davidmhaag@yahoo.com) or  
Deacon John Thrasher at [thrasheraz@cox.net](mailto:thrasheraz@cox.net)

## Greek School



Holy Trinity Greek  
&  
Heritage School of Phoenix

We hope everyone had a relaxing and restful summer! Greek School is back, we will meet Wednesday nights from 5pm-7pm. If you have any questions, please contact Irene Mackos at [airinie@gmail.com](mailto:airinie@gmail.com).

## Daughters of Penelope



**HOLY TRINITY GREEK  
ORTHODOX CATHEDRAL**

1973 EAST MARYLAND AVE. PHOENIX, AZ

**SATURDAY, NOVEMBER 10, 2018  
4:00PM-8:00PM**

*Menu*

Chicken, Potato Salad, Nacho Bar, Corn, Sundaes & Fruit  
No Host - Beer, Wine, Soda & Frappe Bar

**\$20 ADULTS | \$10 CHILDREN 4-10 | \$10 MAIDS & SONS**

**FUN & GAMES FOR ALL AGES!**

FOR TICKETS CALL ANGIE - 480.540.5376





# AHEPA 219



## AHEPA Chapter 219

Please join us for our 5th Annual  
Community Bowling Tournament



Saturday, October 20, 2018 2pm—4pm  
Open to AHEPAN's and Non-AHEPAN's.

Contact Tim Floor for details:  
602.616.1989

## Next AHEPA 219

**Meeting:**

**Thursday**

**October 18,**

**2018**

**6:30pm**

**at**

**Assumption**

**Greek Orthodox**

**Church**

Membership Info:  
Contact  
Pete Marudas  
602-284-1638

## AHEPA 219 Bowling



Join us for an afternoon of fun and excitement.  
Community & Family Event

**SATURDAY, OCTOBER 20, 2018**

**DAVE AND BUSTER'S—DESERT RIDGE**

**21001 N. TATUM BLVD (NE CORNER - TATUM & 101)**

**PHOENIX, ARIZONA 85050**

**(480) 538-8956**

**2 PM TO 4 PM**

**Prices: \$35.00 per person**

Includes: 2 Hours of Bowling, Bowling Shoe Rental,  
Food, and Soda.

For RSVP and information  
Call Tim Floor 602.616.1989

- Community Event
- Teams of 6-8



## AHEPA 2019 Scholarship

The 2018-2019  
AHEPA Chapter 219  
Scholarship Application  
is now available.

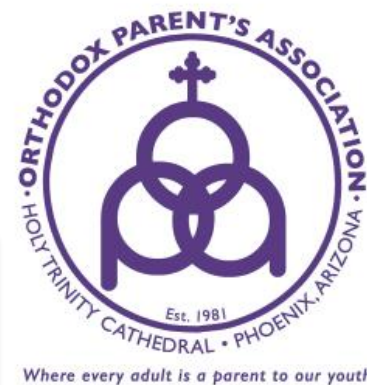
All high school seniors &  
current higher-learning students  
are encouraged to apply.

**Application deadline is October 27, 2018**

Applications can be found at the  
Church Office,  
on the website: [AHEPA219.com](http://AHEPA219.com),  
or by contacting Ed  
Weiss: [ewpwrqly@gmail.com](mailto:ewpwrqly@gmail.com).

# OPA—Orthodox Parents Association

Cindy Kyprianou, President



OPA had a busy September month!!!

We welcomed the new Ecclesiastical year with a Back to School luncheon after Divine Liturgy on Sunday, September 9th. Everyone fellowshiped over delicious sandwiches, caught up on the summer trips, and were amazed at how much each child has grown during the summer break.



We held an OPA Parents meeting after Divine Liturgy on Sunday, September 16th. We informed our parents that the purpose and goals of our ministry is to support each child in becoming a well-rounded Orthodox youth through our monthly events that include Paraklesis services, Christ-centered activities, retreats, outreach, and community services.

We had our first All Youth event on Friday, September 21st. Father began the evening with a prayer service, and everyone fellowshiped over pizza, fun activities, and made 'Save oh Lord Your People' potted basil to bring home. The Jr. & Sr. GOYAnS helped our Church to get ready for our upcoming annual Festival by labeling the kitchen trays. Our parents relaxed and mingled in the rehabbed OPA room enjoying a social happy hour while our children were busy. A wonderful event for the whole family!

The Little Lambs had their play date on Sunday, September 23rd after Divine Liturgy. They played and practiced their parade together to get ready for the Festival. Please have your camera ready to catch each cute face during our upcoming Festival weekend!



## Do you get OPA emails?

OPA communicates primarily through email via our e-newsletter. To stay informed of all of the youth, parent, and family happenings at Holy Trinity, make sure you are receiving these emailed newsletters. It's easy, just email your information to [Cjecomom@gmail.com](mailto:Cjecomom@gmail.com) or [cwkyprrianou@hotmail.com](mailto:cwkyprrianou@hotmail.com) and we'll get you added to the list.



# HOPE & JOY

September 21, 2018



## Little Lambs

### Little Lambs Play Date & Festival Parade Practice

Do you have children 5 and under? Please participate in the Little Lambs' Festival Parade! It is a great opportunity to meet other young families, and get the kids involved in the heritage. Come join us! Meet directly following Divine Liturgy in the preschool classrooms. We will pass out costumes and "practice" a bit for our Parade.

Please bring \$50 for costumes (\$40 refundable upon return of the costumes, \$10 for dry cleaning).

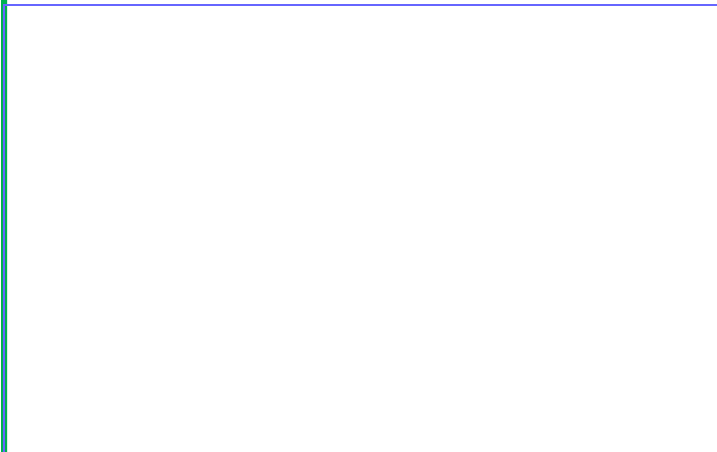
Text Angela at 913-638-5991 or Melissa at 937-304-5233 for more details.



[More Photos](#)

# Congratulatory and Happy Ads!

In each issue, Desert Springs will offer the opportunity for our community to share good news with others! Ads will be a standard 1/8" of a page (horizontal).



Sample Size

This is the place to recognize your family, friends and fellow parishioners for anniversaries, birthdays, graduations, get wells, awards, special accomplishments, good deeds, above-and-beyond volunteering—anything that is positive, endearing and thoughtful.

Cost is \$20 per ad for one issue. Photos are acceptable.

Fill out the form and include an optional photo and full payment (cash or check) and drop in the boxes in the Narthex and Church Office or mail to Kristen Vasilarakos c/o Holy Trinity Cathedral, 1973 E. Maryland Avenue, Phoenix, 85016. Checks payable to Holy Trinity Cathedral. Or contact Kristen at [kvasilarakos@cox.net](mailto:kvasilarakos@cox.net) for more information.

Ads will be designed by the Desert Springs staff. Submitter will be contacted prior to publishing if editing of the content of the wording is needed.



Congratulatory and Happy Ads for the *Desert Springs* monthly publication:

Wording: \_\_\_\_\_  
\_\_\_\_\_

I understand the staff will design the ad at their discretion and will contact me if content changes are needed. \_\_\_\_ (initial)

I need the included photo returned to me.  Yes  No \_\_\_\_ (initial)

I am including \$20 by cash or check (checks payable to Holy Trinity Cathedral). \_\_\_\_ (initial)

I wish to remain anonymous.  Yes  No \_\_\_\_ (initial)

Submitter's Name: \_\_\_\_\_

Submitter's Contact Phone: \_\_\_\_\_ Contact Email: \_\_\_\_\_



Sun 30	Mon Oct 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6		
<b>2ND SUNDAY OF</b> ● 8am Matins ● 9:30am Divine ● 10am Niki Hai ● 10am Tom Pa ● 10:30am Sunc 3 more	● 9am Baking (K)	● 9am Baking (K)	● 9am Packagin ● 9am BNI ● 7pm Choir Pra ● 7pm Dance Pri	● 9am Kitchen U ● 9am Packagin ● 10:30am Fire D ● 6:30pm Philop ● 7pm Philoptoc	● 9am Octopus I ● 9am Packagin	No CC Events (Fe ● 11am Cathedi ● 3pm William P		
7	8	9	10	11	12	13		
<b>3RD SUNDAY OF</b> ● 8am Matins ● 9:30am Divine ● 10:30am Sunc ● 11:30am Youth ● 12pm Dance D	LBM Fall Break Prep & Packaging (Lemons, dressings, cheese. etc.)				HTA Fall Break ● 5pm 58th Ann	● 11am 58th An		
14	15	16	17	18	19	20		
<b>SUNDAY OF THE</b> ● 8am Matins ● 9:30am Divine ● 11am 58th An	HTA Fall Break	Fr. Apostolos Vacation				● 9am BNI Laun ● 5pm Cultural G ● 7pm Choir Pra	ST. LUKE THE EV ● 6pm AHEPA M ● 6pm Parish Co ● 6pm HTA Boar	HTA Field Trip to ● 6pm HOPE & J No CC Events (Fe
21	22	23	24	25	26	27		
Fr. Apostolos Vacation					DEMETRIOS THE ● 5pm Parking L	No CC Events (Fe		
28	29	30	31	Nov 1	2	3		
<b>7TH SUNDAY OF</b> OXI Day ● 8am Matins ● 9:30am Divine ● 10:30am Sunc ● 11:30am Youth 3 more		● 9:30am Bible	Halloween ● 9am BNI ● 7pm Choir Pra	COSMAS & DAM ● 8am Matins ● 9am Divine Lit ● 7pm Philoptoc	● 6pm HTA Oper	Philoptochos Eve ● 2pm AHEPA I		

Calendars are subject to change.