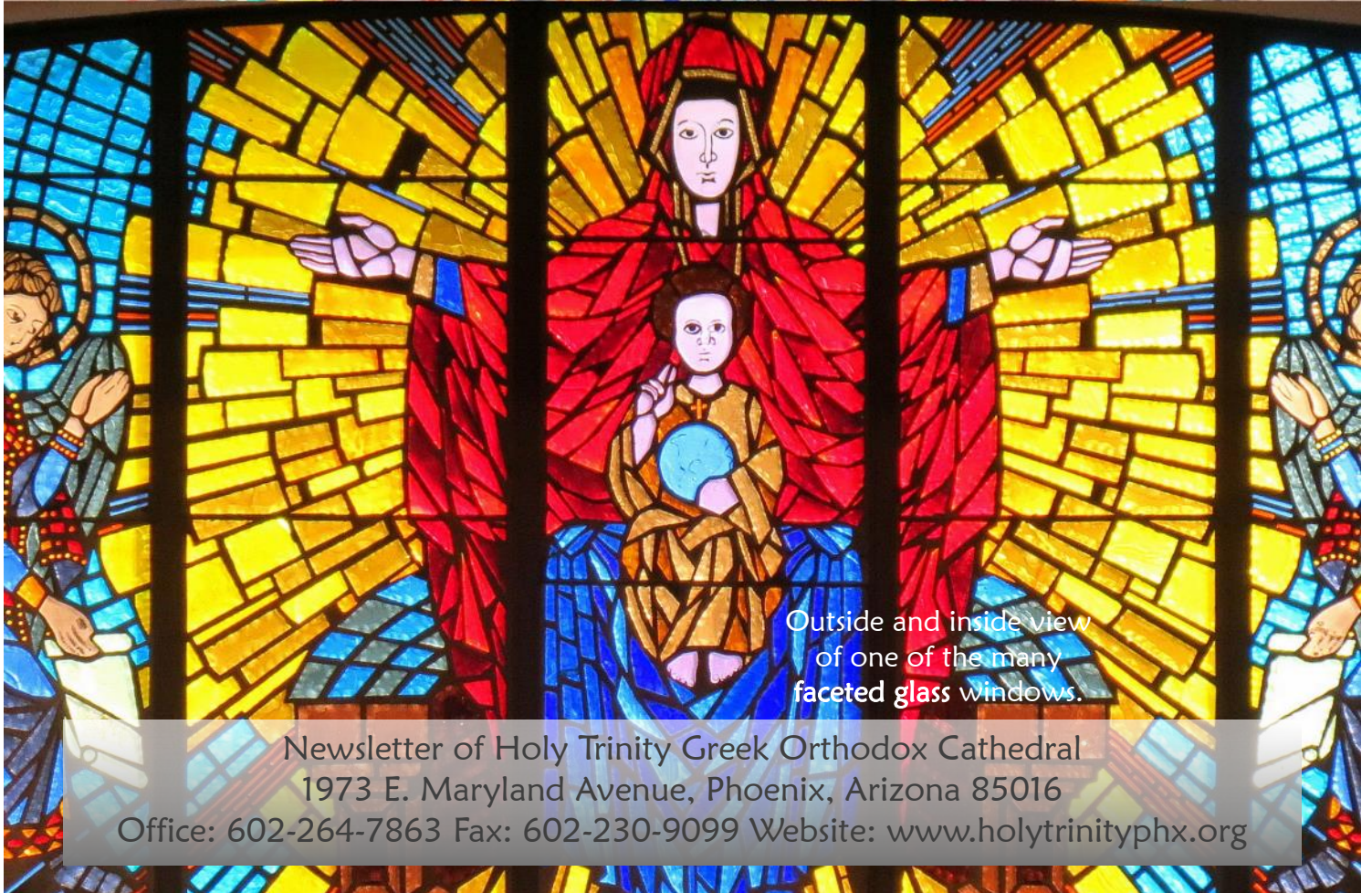




Desert Springs

February 2019
Volume 4 Issue 2



Outside and inside view
of one of the many
faceted glass windows.

Newsletter of Holy Trinity Greek Orthodox Cathedral
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Rev. Deacon John Thrasher

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Sunday Worship
Cathedral
8:00am Orthros
9:30am Divine Liturgy

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The 25th of each month

Sunday Bulletin Deadline
Wednesdays, 12 noon

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Dina Anagnopoulos—Treasurer
Connie Contes—Assistant Treasurer
Andy Furlis—Secretary
Charlie De Moss, Sandy Meris,
Socrates Papadopoulos,
Adam Venetis

Holy Trinity Cathedral Website
www.holytrinityphx.org — NEW!

Metropolis of San Francisco Website
www.SanFran.goarch.org

Archdiocese Website
www.goarch.org

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YAL 19-29 — Elliot Staikos: text 717-682-0550

YAL 30-49 — Nick Papas: npapas@yahoo.com
(PC Liaison: Adam Venetis)

Message from Father Apostolos

A Good Warmup



Distance runners often learn the hard way that a proper warm-up is essential to a successful run. Stretching of muscles and tendons, warming the body, and elevating the heart rate greatly assist in turning what might otherwise be a very painful and sluggish run into an invigorating and enjoyable one.

The same holds true in other athletic disciplines since the more rigorous the activity the more necessary a warmup period is needed to prepare for the exertion. This principle holds equally true as we prepare ourselves this month for the Lenten Spring which will commence in mid-March.

As a boy in the Midwest we learned that the first robin sighting in late winter presaged the arrival of spring. In like manner, the appearance of the Lenten Triodion on February 17th presages the imminent arrival of the Great Fast. The Triodion contains the themes, hymns, and readings which will guide the faithful Orthodox through the Lenten season.

In the Matins services on Sunday mornings, we will notice the shift in tone and character in, for instance, the three hymns which follow the 50th Psalm: "Open to me the Gates of Repentance, O Giver of Life," and those which follow. And the themes of the Sundays which precede the commencement of Great Lent also serve to prepare us for the journey; the Sundays of the Publican and Pharisee, the Prodigal Son, Judgement Sunday, Meat-fare and Cheese-fare Sundays which prompt us to warm-up our spiritual "muscles."

Perhaps the most difficult distance run I ever attempted was the one for which I was least prepared, the dreaded "Zayante Pancake Breakfast 10K" run of 1989. Having already worked the midnight shift at a Monterrey Bay area transport company, I laced up my shoes that Saturday morning with no clue as to what the run would entail. When we left the hard packed trail through the redwoods for the deep sand of the horse trail I grew concerned. And when we began to climb Mt. Hermon on the sandy trail I know I was in way over my head!

But Great Lent need not be like that for us if we make preparations for the climb. Assisted by the Lenten Triodion period, we can put ourselves and our families in a position to gain the maximum advantage from this season of repentance. Reflecting on the weekly themes, following the assigned Bible readings, participating in the Divine Worship services, and scheduling Holy Confession will help us limber up our stiff and achy spiritual muscles.

In practical ways, we can coordinate our personal and professional calendars with the Lenten calendar of the parish, making adjustments as needed to be able to attend and participate in the weekly Lenten services of Monday evening Compline, Wednesday Pre-sanctified Divine Liturgy, and Friday evening Salutations to the Virgin Mary.

We have found it helpful to discuss well in advance our Lenten recipes in order to commence the Great Fast confidently and with our meals already scheduled. (The purpose of fasting is, after all, to spend less time and not more time concerned with food!) And selecting a local charity or food bank to support with our Lenten alms helps young Christians participate meaningfully in the Lenten journey.

Our Archdioces website (www.goarch.org) contains many helpful tools and resources. May we run well, each at our own proper pace, the Lenten journey as it arrives, embracing this needful warmup period in the appearance of the Lenten Triodion and the call to repentance this month.



Stewardship 2019

Educate - Participate - Elevate

STEWARDS OF THE FAITH: *All Things are Possible to the One Who Believes in Christ*

Am I a Steward in Good Standing?

We hear these words at different times throughout the year – when a Parish Assembly is approaching or if we want to vote in the Parish Council Elections. But is signing a pledge card and making a contribution to the Church really what it is all about? Actually, no!

Being a good steward is about cultivating and sharing the gifts we have been given by God. From the very youngest to the young-at-heart, everyone has a talent to share that can help the Church. Whether it is sewing, singing, plumbing or painting, the Church needs you! Being a steward in good standing has many different facets. Just like the facets of a diamond shine brightly, when all of our stewards come together to offer their time, talent and treasure, we shine as a parish and as a united family in Christ.

It is easy to stand off to the side and think that “someone else will do it.” The problem is that if I think that, and you think that, and my friends and your friends think that, then the Church suffers. When the tray is passed on Sundays it is symbolic of those first gifts offered to the Lord at his birth – Gold, Frankincense and Myrrh. What gift are you offering, and what does it demonstrate about your faith? The Lord said, **“For where your treasure is, there your heart will be also”** (Matthew 6:21). Stewardship isn’t about calculations and percentages, stewardship is about sacrificing from our gifts. The Lord was sacrificed on the cross. What sacrifice are we making as stewards?

For those who have already signed their pledge card for 2019, thank you! And for those who have not yet pledged their support to Holy Trinity Cathedral, we invite you to be an active part of YOUR Holy Trinity family. For over 85 years, Holy Trinity has been a parish of vision, unity and most importantly, faith. Whether your family has been here for many generations or you are new to the Cathedral, everyone has a voice to be heard, everyone has a gift to share, and everyone is welcome!

The next time you hear the question, “Are you a steward in Good Standing?”, think about the depth of those words – not just in dollars, but as a true steward by participating in the Sacramental life of the Church. We hear in the Divine Liturgy, “Let us commend ourselves and one another and our whole life to Christ our God.” That is our true call to stewardship. Once we truly heed those words in our lives, there is no doubt that we all can be considered Stewards in Good Standing.

In Christ’s Love,

Kristen Bruskas

Stewardship Committee Member

“Youngsters” Over 70½ Get a Tax Break

IRA owners over 70½ can make TAX FREE charitable contributions to Holy Trinity Cathedral.

You can contribute up to \$100,000 of your required minimum distribution (RMD), but the funds must be transferred directly from your IRA to Holy Trinity.

Simply ask the institution holding your IRA to issue a check from your IRA to the Church.

You can do this easier by having a checking account attached to your IRA. With a checking account on your IRA, you simply write checks to the Church during the year for your donations.

Please call the Church Office with any questions at 602-264-7863.



Thank you for being part of our Holy Trinity Cathedral family!

- † There are over 30 ministries and organizations to serve the needs of our congregation, with eight of them offering programs for our youth.
- † Over 150 Liturgical services have been offered over the past 12 months just at our parish, providing many opportunities for prayer and spiritual fulfillment.
- † Our Sunday School students are actively engaged in the Divine Liturgy by reading the Epistle and singing in the Youth Choir.
- † Our Greek Language and Cultural School offers the Certificate of Attainment in Greek in cooperation with the Greek Ministry of Education. This allows students to receive academic credit for their proficiency in the Greek language.
- † Philoptochos has made over 500 sleeping mats and donated them to homeless shelters.
- † A group of dedicated volunteers feed the homeless every month at UMOM.

There are many more exciting things happening at Holy Trinity Cathedral, and even more opportunities for you to be involved and make a difference.

..... ***We hope to see you soon!***



Bequest Language

A bequest is a provision in your will or living trust that directs a portion of your estate to a named person or charity such as **Greek Orthodox Church—Holy Trinity** (our Cathedral’s legal name). You may bequeath a specific asset, a dollar amount, a percentage of your estate, or the remainder of your estate after all other gifts have been distributed.

You may choose how the funds from your bequest gift will be utilized by the Greek Orthodox Church—Holy Trinity. The following is *suggested testamentary language* depending on the type of gift you desire:

Unrestricted Gift

“... (specific assets, specific amount, percentage or remainder of estate) to the Greek Orthodox Church—Holy Trinity, an Arizona non-profit corporation, Phoenix, Arizona, to be used as determined by the Greek Orthodox Church—Holy Trinity Endowment Investment Committee.”

Restricted Gift

“... (specific assets, specific amount, percentage or remainder of estate) to the Greek Orthodox Church—Holy Trinity, an Arizona non-profit corporation, Phoenix, Arizona, to benefit the _____ at the Phoenix Greek Orthodox Church—Holy Trinity. These monies shall be used for _____.”

Endowment Gift

“... (specific assets, specific amount, percentage or remainder of estate) to the Greek Orthodox Church—Holy Trinity, an Arizona non-profit corporation, Phoenix, Arizona, to benefit the _____ at the Phoenix Greek Orthodox Church—Holy Trinity. Payouts declared from the endowment fund shall be used for _____. The endowment fund will be managed by the Greek Orthodox Church—Holy Trinity Endowment Investment Committee in accordance with their investment policies as established from time to time.”

To ensure that your exact intentions are carried out, we strongly recommend that you consult with your attorney and a member of our planned giving staff when preparing your estate documents.


Stewardship—WeShare

Continue to look for **WeShare** and this image



on the updated www.holytrinityphx.org website to create your online Stewardship profile.

Coffee Hour



Thank you to **Dance** for sponsoring Coffee Hour in January.

The February Coffee Hours will be sponsored by **Holy Trinity Academy**.

Vasilopita Cutting

January 6, 2019



Blessing of the Waters

January 6, 2019



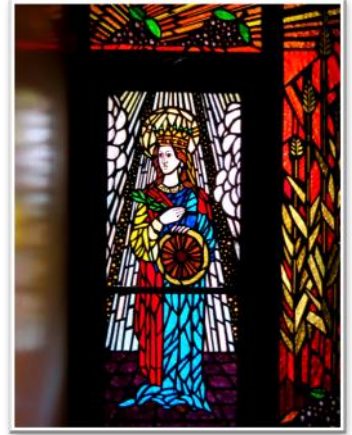
Holy Trinity's St. Katherine Philoptochos

Mary Louise Theodoropoulos, President

"FRIENDS OF THE POOR"

An organization where membership is an honor & a privilege.

JOIN & ENRICH YOUR LIFE!



St. Katherine faceted glass icon in the south wing of the Narthex.

Circle of Angels

Please let Philoptochos' **Circle of Angels** know of any parishioners who are ill, recovering, scheduled for surgery, recently moved to assisted living, or are homebound.

Contact Mary Poulakidas at 602-349-6466 or Lois Sakkas at 602-717-9097.



Thank you to January's Hostesses
Zoe Pestrivas and Lyda Rabbitt



JOIN PHILOPTOCHOS 2019

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: _____

ADDRESS: _____

PHONE: (____) _____ CHECK # _____ AMOUNT: _____

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2019, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Vasilopita Auction

January 6, 2019



Upcoming Event

Annual Philoptochos
VALENTINE CHAMPAGNE BRUNCH
SUNDAY, FEBRUARY 10TH,
FOLLOWING DIVINE LITURGY

DON'T WAIT!

TICKETS ON SALE NOW AND ON SUNDAY, FEBRUARY 3, 2019, IN THE SPEROS COMMUNITY CENTER FOLLOWING DIVINE LITURGY.



Agape Ball



Photos by Lois Sakkas

2019 Pan-Orthodox Vespers

2019 Pan-Orthodox Lenten Vespers

Please join our Brothers & Sisters at the host parishes for these Sunday Evening Lenten Vespers services

All Vesper Services Begin at 6:00pm



The Sunday of Orthodoxy
March 17, 2019

Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Ave
Phoenix, AZ 85016
602-264-4863
Homilist: TBD



The Second Sunday of Lent
March 24, 2019

Saints Peter & Paul OCA
1614 E. Monte Vista Rd.
Phoenix, AZ 85006
602-253-9515
Homilist: TBD



Sunday of the Veneration of the Holy Cross
March 31, 2019

St. Nikolas Serbian Orthodox Church
11640 N. 16th Pl.
Phoenix, AZ 85020
602-943-0941
Homilist: TBD



The Fourth Sunday of Lent
April 7, 2019

St. Ignatius of Antioch Orthodox Church
5515 E. Redmont Circle
Mesa, AZ 85215
480-892-6224
Homilist: TBD



The Fifth Sunday of Lent
April 14, 2019

St. John the Baptist Romanian Orthodox Church
3749 W. Behrend Dr.
Glendale, AZ 85308
623-582-3150
Homilist: TBD

Attention Organizations:

Please check the Organization Contacts listings on page 2 of this issue and confirm that the information is correct. Email is the default contact type, but can be changed to texting or telephoning if preferred.

Email any changes to both Diana at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net.

It is the organization's responsibility to inform Diana and Kristen of any updates to their listing.

Thank you!



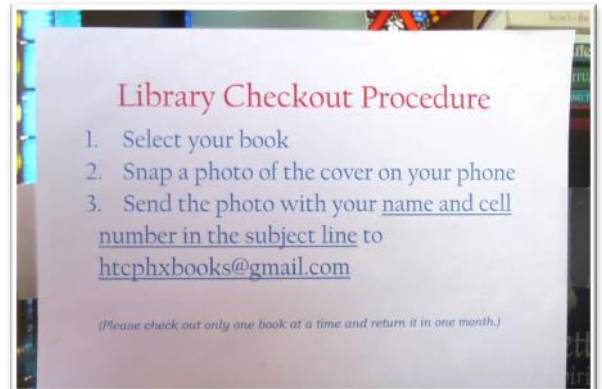
Upcoming Safety & Security Event

Safety & Security Session!

You are invited — Narthex Team members and Parishioners.

We are having a special Safety & Security Information Session on March 12 at 7:00pm in our Speros Community Center. We will discuss what safety and security issues we should be aware of. We will also review our Defibrillators and where they are located. For questions, you can contact Socrates Papadopoulos or Paul Katsenes (email pkatsenes@cox.net, cell 602-421-7200)

Narthex Library



Pictured left is one of **four** display cases of books that are available to check out for free in the Narthex. Just follow the posted directions and enjoy. Happy reading!

Holy Trinity Academy

By Juli Pritsos

HTA – Accelerated learning in a nurturing environment.

The question has been raised, “Our child is so young, why would we want them to learn at an accelerated rate when they are going to be in school for a long time?” My answer is, “If every part of your child’s needs are met, then why not?” If a child’s needs are met with empathy, love, and guidance and nurtured by people with a close connection to them, the brain is then housed in a positive place that allows all of the information to come in, process, and with positive reinforcement and repetition learn and take things in. Factor in a small class-sized environment for early childhood students and for most, the learning can naturally be at an accelerated rate!

HTA strives to create and uphold a positive nurturing environment within our small-sized classrooms. (Our student-teacher ratio is 10:2 – a ratio virtually unheard of when other preschools try to facilitate 20-25 children in a class with the same number of teachers). We realize that when a child comes to school, it is generally their first time away from home and that a loving and caring environment is essential for a positive school

experience. No matter what, our goal for each child is for them to learn and grow academically, spiritually, and emotionally at *their* own pace. We do this by employing a creative, educated, and loving staff, along with offering a number of ways to learn through interesting and thoughtful sensory experiences. The extra attention to details in our lesson plans ensure that each child learns and excels to the best of their abilities.

I encourage you to schedule a tour if you are looking for a unique one-of-a-kind learning environment. I am confident that after your visit you will not only find our program stimulating and engaging, but also a caring and nurturing environment for your most beloved treasure.

HTA HOSTING COFFEE HOUR IN FEBRUARY!

HTA is happy to share their program each Sunday. This is a great opportunity to meet our preschool teachers, Yvette Sherman and Nicki Tsoutsopoulos, along with HTA parents, and our board members. 2019-2020 registration forms, articles of interest, and FAQs will be available.

SAVE THE DATE! *A Toast to the Future* will be held on Saturday, May 18, from 6:30pm to 10pm. I encourage you to save this date as we continue to raise money for HTA programs. In addition, we are choosing to give back by sharing a portion of our proceeds with the Cathedral’s building fund



“The direction in which education starts a man will determine his future life.”
-Plato

HIA
HOLY TRINITY ACADEMY
Accelerated learning in a nurturing environment
www.HTAphx.org

Now Enrolling

We believe that a positive and successful learning experience during the early years of education forms a solid foundation for future achievement. For most children, preschool and kindergarten are the first steps into the world beyond the family; therefore, we strive to create a nurturing and supportive environment for the optimal growth of our students.

Call Today
Scholarships Available
602.248.3881

Music Ministry

by Terri Alexon, Director



My lips will shout for joy when I sing praise to you- I whom you have delivered.

Psalm 71:23

This month, the Cathedral Choir is finishing up a major loft refresh project that includes new LED ceiling lights/fan, fresh paint, carpeting, and storage cabinetry. Also added is a portable Rodgers keyboard in the rehearsal room and a new director's podium and bookcase in the main loft.



On order is a new bulletin board, whiteboard, and door plaques for the Rehearsal Room and Choir Library, which house more than 40 years of sheet music, Liturgy books, recordings, and choir memorabilia!

One of the most interesting additions to the Choir Library is a collection of three pieces of artwork by our Protoypsaltis, George Duvall. These professionally framed pieces feature Byzantine notation, calligraphy, as well as iconography of St. Romanos the Melodist.



All of these loft enhancements and improvements were made possible with two estate donations made directly to the choir—one from Lula Alexon, mother of Evan Alexon, and the other from former choir member, Mary Fraenkel and her husband, Henry.

Last but not least, the Cathedral Choir received an anonymous donation that purchased a new sound system for the Cathedral, which included four speakers, two lavalier microphones, and a state-of-the-art mixer/recording control board. This much-needed sound system was designed and installed by one of our parishioners, Tom Giatron, who works professionally as a sound engineer.

We are grateful to God for those individuals, including choir members, who contributed their time, talent and treasure to make this refresh project happen!

Altar Service

Interested in learning more about serving on the altar?



Contact:

Chris Francis at battersbox7@yahoo.com,
David Haag at davidmhaag@yahoo.com or
Deacon John Thrasher at thrasheraz@cox.net



St. Nectarios Books & Beyond

By Patsy Harris

The “Triodion”, or the time between the Sunday of the Publican and the Pharisee (four Sundays before Great Lent) to Pascha or Easter Sunday, begins February 17th this year. The odes of the Matins always correspond to the theme of the particular feast of that calendar time, so the Triodion odes will refer us to preparing for Great Lent, Palm Sunday, Holy Week, and Pascha. These odes are rich in their content and very beautiful; do try to be present for as many of the Matins as is possible!

I would like to include a book review or two each month, beginning with the March issue, so please get yours to me by the 15th of the month—just a small paragraph will suffice! A “book review” may also be an explanation of an icon, or review a CD! The idea is to share with others what we have found to be of special import to us. This sharing is a part of the Ministry of Books and Beyond, and all contributions are greatly appreciated! Also, please take a look at some of the new items we have now in preparation for Great Lent and Holy Pascha.

February Holy Days:

February 2—The Presentation of Our Lord: according to the law of Moses, a male child was presented in the tabernacle forty days after its birth with a sacrifice (a lamb or pair of doves) for the purification “from the issue of the mother’s blood.” The purification of a firstborn son also signified redemption for all of God’s creatures, both human and animal. Mary and Joseph obeyed this precept and brought the baby Jesus to the Temple where He was blessed by Simeon and recognized as Savior by the prophetess Anna.

February 10—St. Haralambos the Martyr: the Greek meaning of this name is “shining with joy, happiness.” Many mistranslations of the name exist so that the English names of Harry, Robert, Bobby, and even Clarence (closest to the Greek in meaning) are all used.

February 17—Triodion begins with Sunday of the Publican & the Pharisee.

February 17—St. Theodore the Tyro: the name means “gift of God.” There are many saints named Theodore and I wasn’t able to find much about this one, except that as a Martyr he refused to deny Christ.

Have a very blessed February, and Kali Saracosti!

If St. Nectarios Books and Beyond can assist in any way, please contact us at:

www.stnectariosbooksandbeyond.org or patsy@stnectariosphx.org Patsy Harris – 480-239-5270



St. Nectarios bookstore is open most Sundays after Divine Liturgy. Look for the sign in the courtyard.



Sunday School

Happy New Year to All! Sunday School is in full swing! We started this year with the children staying in the Cathedral to take part in our Epiphany service that gloriously fell on a Sunday this year. Our teachers all made their own Vasilopita to have the children learn about St. Basil and the wonderful tradition that we carry on in his memory. Our preschool/Kindergarteners left their shoes by the door at the beginning of class. At the end of class, the children miraculously found gold coins in their shoes! Thank you, Ms. Pamela Maydanis, for illustrating another tradition in memory of St. Basil.

Our new curriculum is focused this year on the life of Jesus. The curriculum allows many options for the teachers to specialize the lesson that week for their class and age group. It is going well as we are starting another new quarter using the Dig In program.

The 7th/8th graders have been learning about the book of Esther and diving into their bibles that were given to them by Sunday School. The Bible is their main focus along with their curriculum. They will keep these bibles through 12th grade and hopefully the pages will be earmarked and highlighted by the time they graduate high school. Not only are they learning about their Bible, they are also learning about the St. John Chrysostom Oratorical Festival. Mrs. Kay Ehrick, Ms. Jacky Walsh, and Ms. Haroula Kyriacou are doing a fabulous job getting all this in the short time they have with your kids!

We can't tell you enough how we love to see your children in class and love to teach them about our Lord, Jesus Christ, and Orthodoxy. We are so blessed with such a rich faith, not only being Christian but being Orthodox. We have so much to teach them and every week we feel we don't have enough time. We appreciate the work of the parents that get up Sunday morning (even when you might like to get some extra sleep!) and not only get ready but get your kids ready to come to church and to Sunday School. Many of you drive a great distance to get here. The work is worth it!

With the New Year, we have an exciting new attendance incentive! As we have been doing, we are taking attendance so that we can reward the two students with the best attendance. The 2 students (from 3rd-12th grades) at the end of the year that have exceptional attendance (less than 3 absences) will receive a scholarship to All Saint's Camp for June 2019!!! Camp is an amazing way to learn about our faith and meet many other Orthodox children from all over the state of Arizona and even some other states. These kids have the opportunity to make life long friends—friendships based on Orthodoxy and Christianity. How great is that?!

For our preschool-2nd grade students, we haven't forgotten that this age group doesn't go to camp. We have a different incentive for their exceptional attendance! We will announce it in the next couple weeks in their classrooms.

*****FYI!** We will be having Sunday School on **February 17th** for all those students that are not traveling to California for FDF. We wish our dancers all the best!!!

So Parents, bring your children to Sunday School, we love to see them and miss them when they are not here!!!

God Bless, Kalliopi Schneider and Kay Ehrick



Narthex Ministry

What YOU Can Do to Make Visitors Feel Welcome

Have you noticed new faces in our Narthex, Sanctuary, and Speros Center? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

"Welcome! I don't believe we've met yet. My name is (your name)" is a great start. Offer to walk with them down to Coffee Hour. Ask them to sit with you. A personal connection goes far!

Narthex Ministry Expansion

We are looking to expand our Narthex Ministry on Sundays.

Currently, between 5-8 people are in the various spots in the Narthex on any given Sunday. We want to expand the number of monthly volunteers to ***12*** each Sunday.

All twelve will not be in the Narthex—we are hoping to place parishioners in various spots in the Sanctuary and outside. **Do you have law enforcement or security experience? Let us know if you can help!**

Interested in joining one of the teams? We need *you!*

Also, if you are a **medical professional** and willing to step forward in an emergency, we ask that you let a Narthex Ministry team member know that you are in attendance and where you are sitting.

Text Kristen Vasilarakos at 602-332-8809 or email at kvasilarakos@cox.net for more information.

Marriage Retreat

"Philotimo as Sacramental to Marriage"

Saturday, February 9, 2018

9:30am Check-In | 10am Session Begins | 12pm Lunch | 4:45pm Dismissal | 5pm Vespers

office@assumptionaz.org | 480-991-3009 | Registration Opens January 13

Assumption Church | 8202 E. Cactus Rd, Scottsdale, AZ 85260

Fr. Timothy was ordained to the priesthood on September 24, 1995 and has served four parishes since that time. In 2015, he established the Family Wellness Ministry in the Metropolis of San Francisco and was Director until June of 2018. He is a Licensed Marriage and Family Therapist in the state of Oregon and maintained a private practice from 2010-2016. Fr. Timothy holds a Bachelor in Psychology, a Masters of Divinity from Holy Cross Greek Orthodox School of Theology, and a Masters in Pastoral Counseling from Loyola University in Maryland. He is a Certified Facilitator of the Prepare/Enrich Pre-Marital Inventory, a Certified Clinical Trauma Professional, and a Certified Gottman Facilitator for the Seven Principles for Making Marriage Work. Having been married since 1995, Fr. Timothy and his wife, Presvytera Vicki, have together raised their nine children, who are between the ages of six and twenty-two.



Desert Diamonds

Senior Parishioners
and their guests



Desert Diamonds & Friends,

Where does time go? Mark your calendars for our very special post-Valentine's Day Brunch & Concert on Sunday, February 17th, 2019, following Divine Liturgy at 12:00noon. We can enjoy a delicious brunch at the Village Inn Restaurant at 59th Avenue & Thunderbird Road.

The concert is a short distance from there and is free, although you can give a \$5.00 free-will offering, which is always a good thing to do. You do not want to miss this very special musical performance!!!

Brunch will be followed by a fantastic concert given by the Arizona Winds Concert Band at 3:00pm. Cactus High School Performing Arts Center, 6330 W. Greenway Road, Glendale, AZ.

Let's have a good turnout and All have a wonderful time. Bring a friend! Group is for "50 years +"


Please call or text Julie Karoutas at 623-313-8720 or Judith Lamond at 703-819-9957 to make your reservation ASAP; You can also email: juliekaroutas@gmail.com

Please leave your name and number of guests.

Warm regards, with Christ's love,
Julie



Desert Diamonds at ASU Kerr for La Traviata preview in December.



ARIZONA WINDS
presents

A Bernstein Centennial Celebration

As a tribute to the great American composer, conductor, educator, musician, cultural ambassador and humanitarian Leonard Bernstein, The Arizona Winds is participating in a two-year global celebration called "Leonard Bernstein at 100", and will feature music from his operettas, musicals and ballets including "Candide", "Our Town", "West Side Story", and "Fancy Free".

Sunday, FEB 17 • 3:00pm
CACTUS HIGH SCHOOL
6330 W Greenway Rd Glendale, AZ

FREE ADMISSION

Our Church Family

40 Day Blessing

“One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.” Psalm 27:4



1/20/2019

Zoe Kiriaki Amanathiadis, daughter of Denise & Petros Amanathiadis

God's Blessings be upon her.

Follow Holy Trinity Cathedral on Facebook

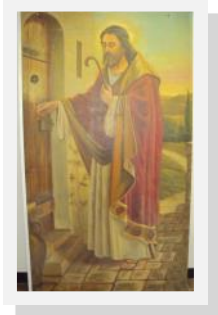
The page offers news of our Parish Community, in addition to offering links to podcasts and videos of many of our services.



Hellenic Historical Museum

Located in the northeast section of the James A. Speros Community Center, the Museum displays vintage photographs and other historic artifacts related to pioneer Greek families in Phoenix from the early 1900s, the founding in 1930 of the first Hellenic Orthodox Church in Arizona, and up to the relocation in 1973 at the present site of Holy Trinity Greek Orthodox Cathedral.

Contact Bessie Hotis 602-953-1913 for more information.



Exciting New Ministries!

Holy Trinity has two reinvigorated social ministries ready for a big jump in 2019: YAL (Young Adult League) for ages 19-29 and “YAL2” (as yet unnamed) for ages 30-49

YAL Event

Looking to socialize with other Orthodox young adults?

YAL is open to **all** aged 19-29.

Sunday, February 17, 2019 after Divine Liturgy

Zipp's Sports Grill
1515 E. Bethany Home Road
Phoenix, AZ 85014



Text Eliot Staikos at 717-682-0550 for more information.

“YAL2” Event

New to our community? Already a member, but looking to meet more people?

Holy Trinity is starting a NEW social ministry for single Orthodox adults 30-49. The next gathering will be dinner at SanTan Brewery (Uptown location) on **Thursday,**

February 21st at

7pm. SanTan Brewery is located at 1525 E. Bethany Home Road. We will meet by the main entrance. For

directions, please visit their website at santanbrewing.com/the-brew-pub/

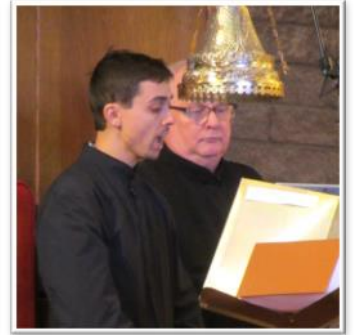


Interested? Please respond to Nick Papas via text at 313-657-0176 or email at npapas@yahoo.com. We look forward to seeing you there!

Epistle Readers

To all youth and young adults: we continue our rotation of readers of the Epistle each Sunday Liturgy! Please contact Fr. Apostolos if you would like to get involved. Even if you might be uncomfortable reading, Father and others have offered to help you prepare. This is a beautiful ministry and way to participate in the life of the Church, so please consider taking part!

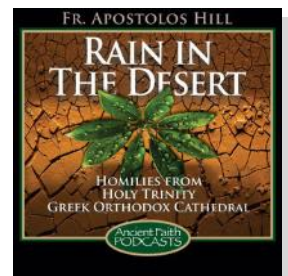
January Readers



Photos by Presvytera Denise

Rain In The Desert

Link to recordings of Father's sermons: <http://www.ancientfaith.com/podcasts/rain>
Sermons can also be found on the Cathedral website at www.holytrinityphx.org.



Videos of Services

There are weekly video tapings of the Matins, Liturgy and special services posted by Daniel and Joshua Pardhe on [YouTube](#) and [Facebook](#) and through the links on the [website](#).

Subscribe and like us today

<https://www.facebook.com/holytrinityphx.org/>; <https://youtu.be/h-6GLW3udVo>



Maintenance Corner

By Ted Furlis

With the holidays behind us, here are projects in process and completed:

The team is currently working on parking lighting solutions to enhance parking lot lighting and security. This is a very challenging issue, but Peter is working diligently to bring the right solutions forward.

- Roof leaks in the Speros Center have been repaired from the massive rains back in October.
- Paul and Dimitri have been busy changing out light bulbs and maintaining our campus.
- We have repaired light ballasts in the women's restrooms in the Speros Center and the Education Building.
- We are updating outdoor lighting around the Speros Center and the Education Building to enhance lighting and security.
- We are currently working on the south parking lot lights that will not turn off and using unneeded electricity.
- We are still in need of tools, and equipment you no longer need or use.

Attention all HTC ministries: The Maintenance Committee is in the midst of a **basement reorganization and clean out project**. If you have any items, equipment, documents, furniture, etc., currently stored in the basement, the items will need to be removed or thrown away by Saturday, February 23rd. Please set up an appointment with Diana in the Office to gain access to the basement to retrieve your items. If there are items in the basement currently in use, please reach out to Ted Furlis at 602-625-8835 or htcmaintenance1973@gmail.com or Peter Billitsis at 602-317-7780 or pkbillitsis@gmail.com to discuss options. **Any and all items left after 2/23 will be disposed of.**

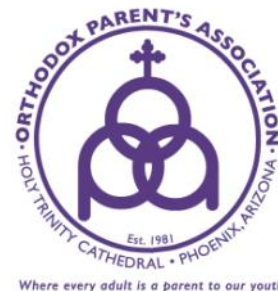
We are seeking new members to our maintenance committee. Please call us to discuss how you can help.

Wish List:

- High speed floor polisher
- Cordless drills/hammer drivers/20v batteries/drill bits
- Air compressor/compressor air line ✓
- Wrench sets/pliers/cutting pliers
- Screwdrivers of all sizes
- Socket sets/socket wrenches and sockets
- Work bench/table—portable/non portable
- Portable generator
- Sawzall—cordless preferred or corded
- Saw horses
- Sliding Compound Miter Saw - 10" or 12"
- Table saw
- Painting supplies/rollers/brushes/poles/trays/drop cloths/spray guns
- Vice/spring clamps
- Storage containers
- Bolts/nuts/screws
- All-in-one tool sets
- Water hoses/power washer
- Yard blower
- Tool storage cabinet
- Shop Vac
- Electric extension cords, 50' & 100'

OPA—Orthodox Parents Association

Cindy Kyprianou, President



January was GOYA's Community Service month! Our youth volunteered at the Miracle League of AZ to help children with special needs in baseball games. Our Jr & Sr GOYAnS were there on January 26th to help players warm up, make sure they all get hits, run with them to each base, and of course to score each game.

Next month we have an All Youth evening on Friday, February 8th. Please follow our OPA newsletter for details.

We wish our award winning dancers best of luck and safe travels in FDF Ontario CA!

Little Lambs' Pizza Party Play Date

THIS Sunday
February 3, 2019
after Liturgy, 12:00 noon
at Grenada Park

Please RSVP to
Angela (913) 638-5991 or
Melissa (937) 304-5233

All Youth Event

for
Hope & Joy and
JR & SR GOYA

Friday, February 8, 2019

Prayer service followed by
games & crafts for all.

All Saints Camp: 2019 Staff Applications Now Open!

Calling all youth workers!
ASC online staff applications
must be submitted by
March 1, 2019.

[Click HERE to join the team!](#)

SAVE THE DATES: March 22-23, 2019

ALL Valley's Lenten Retreat
Youth workshops by
Fr. Apostolos & Fr. Jacob
and
Family Wellness Seminar by Fr. Timothy

More details to follow

Do you get OPA emails?

OPA communicates primarily through email via our e-newsletter. To stay informed of all of the youth, parent, and family happenings at Holy Trinity, make sure you are receiving these emailed newsletters. It's easy, just email your information to Cjecomom@gmail.com or cwkyprrianou@hotmail.com and we'll get you added to the list.



Where every adult is a parent to our youth.



Jr. GOYAnS
assisting with the
Miracle League.
January 26, 2019

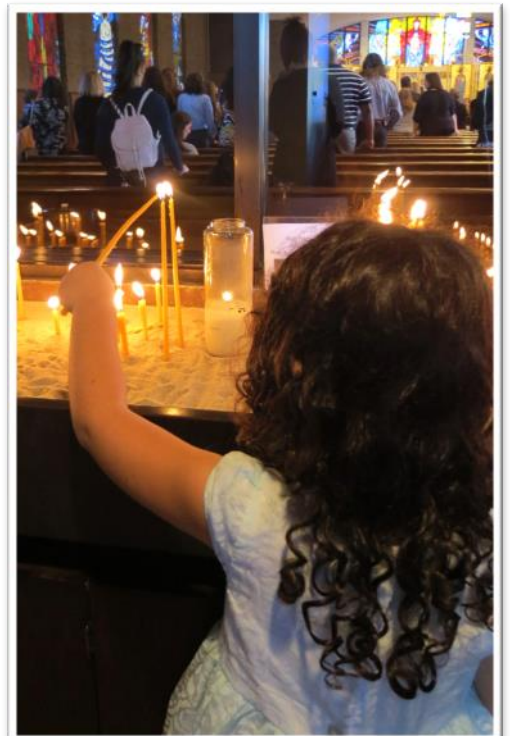


Get Your Candles!

Proceeds benefit the Dance Program.

Great scents!
For a good cause!

Available during Coffee Hour or
contact Paulina Watson at
watsonapoulos@yahoo.com



FDF 2019

Our Greek Dance program is 14 days away from FDF 2019 and our groups have been busy practicing for competition.

FDF's purpose is to engage Greek youth in dancing and choral competition but also to strengthen their Christian faith by attending spiritual workshops and seminars

This year we are taking 2 groups to FDF. Our youngest group, Omilos, is being directed by Ted Kyriacou, Anna Panagiotakopoulos, Tasso Annos and Haroula Kyriacou. Our oldest group, Thiela, is being directed by Niko Panagiotakopoulos and Gabriella Papatzimas. Preparations are intense, because the dancers attempt to master the choreography akin to specific regions of Greece, and musicians specializing in those are domestic and also brought in from Greece.

Diakonia is a service or ministry for Christ and His church, and that is exactly what the dedicated parishioners within our Metropolis undertake through a Diakonia projects. Every year, each church attending FDF is required to participate in a Diakonia Project. This year, our Dance program partnered with our Philoptohos ladies to make sleeping mats for the homeless. This was done by taking plastic grocery bags, cutting them into squares, tying them together and then knitting them into mats.

If you are interested in helping with the dance program for Festival or FDF, please reach out to Niko. We're always looking for volunteers to assist with teaching groups, assisting with costumes, helping with coffee hour and putting on dance events/fundraisers.



Greek School

Submitted by Gabriella Papatzimas

Our Greek School program has been hard at work with the start of the new year.

This month in **Yia Yia's Kitchen**, each child made their own vasilopita and even better, added their own coin. We taught the children the traditions of cutting the vasilopita and talked about the epiphany.

Our youngest Greek School class taught by Gabriella Papatzimas has been working on the Greek alphabet and learning the ABC song in Greek.



Our oldest Greek School class taught by Irene Mackos has been working on naming different countries around the world in Greek and their poems for 25th of March.

Our program has started preparing for our Greek Independence Day program, which will be on March 24th. If you were previously a Greek School student or teacher, please reach out to Irene Mackos, as we would like to incorporate everyone in our Greek School program.



Your 2019 Desert Springs Subscription

Desert Springs Subscription

Enjoy color copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

\$3 per issue

There are 11 issues (June and July is one combined issue) for \$33

Name: _____

Street Address: _____


City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or contact Kristen at 602-332-8809 or kvasilarakos@cox.net for more information.

Office use: Payment received on (date) ___ / ___ / ___

AHEPA Chapter 219



AHEPA Chapter 219 Congratulates Our Scholarship Winners

Pictured with Christine Stamatis, Danny & Vicki Bichekas, Denise Johann Dye, Tony Tangalos, Yanni Paslidis, Margaret & Chris Johnson, Ed Weiss, Angie Lambrou, and Tim Floor.




Photo By Nick Maydennis

ANASTASIOS ANNOS, THEODORE LEWANDOWSKI, BRANDON FLOOR,
NICHOLAS FLOOR, SAMUEL ACHESON, MARIA TANGALOS, MATHEW DYE,
ALYSSA LEMERE, ABIGAIL PASLIDIS, AND ALAXANDRA PASLIDIS.

\$14,000 AWARDED TO OUR WINNERS – \$95,000 AWARDED TO DATE

AWARDS NIGHT

Saturday
March 2

6:00 pm Cocktails
7:00 pm Dinner
\$45 per person
\$80 per couple

Holy Trinity
Greek Orthodox
Cathedral
James A. Speros
Community Center

RSVP to John Kostaras
480-318-1935

Membership Info:
Contact
Pete Marudas
602-284-1638



AHEPA District 20 Southern California, Arizona, Nevada and Hawaii

January 24, 2019

Dear AHEPA Supporter,

I would like to take this opportunity to thank you for your support of the "Basile the Comedian" Phoenix performance previously scheduled on February 2, 2019.

This event was co-sponsored by AHEPA Chapters 219 and 454.

AHEPA Chapters 219 & 454 mutually decided to reschedule the performance for the greater good of the community at large. The new date of the performance is June 7, 2019 in conjunction with the 2019 District 20 Convention. The performance will take place at Wild Horse Pass Casino & Resort. However, you do not have to be part of the AHEPA Family to purchase tickets and enjoy the performance. Everyone is welcome to attend.

As I stated above, the performance was rescheduled for the greater good of the community at large. There are so many worthy events taking place towards the end of January through the month February and into March, which are sponsored by the different ministries and organizations associated with the Greek Orthodox Churches here in the Valley. We thought it be best to eliminate one option, the Basile performance, so people would have one less choice and the other events would be better attended and supported.

Please forgive us for any confusion and/or inconvenience this may have caused.

We will return all money for tickets purchased for the February 2, 2019 performance.

Our hope is for you to support the "Basile the Comedian" performance on June 7, 2019, time to be determined.

We appreciate and thank you for your ongoing support.

Please contact Pete Marudas or Leo Condos for additional information or to purchase tickets:

- Pete Marudas – 602.284.1638; rosemar2@msn.com
- Leo Condos – 480.980.5395; leocondoshome@yahoo.com

For the Committee, Most Sincerely,



James W. DeDakis
AHEPA District 20 Governor

James DeDakis
District Governor

James A. Rigopoulos
Lt. Governor

Nondas Dratsiotis
Secretary

David Marlow
Treasurer

Arthur Boujotas
Marshal

Dean Argeros
Warden

Alex Sokle PDG
District Advisor

Lee Homer ESQ
District Counselor

Steve Tripodis PSP, FBOT
Legislative Liaison

Chris Mollas
Co-Legislative Liaison

Wynn Stortan PDG
Webmaster

Congratulatory and Happy Ads!

In each issue, Desert Springs will offer the opportunity for our community to share good news with others! Ads will be a standard 1/8" of a page (horizontal).



This is the place to recognize your family, friends and fellow parishioners for anniversaries, birthdays, graduations, get wells, awards, special accomplishments, good deeds, above-and-beyond volunteering—anything that is positive, endearing and thoughtful.

Cost is \$20 per ad for one issue. Photos are acceptable.

Sample Size

Fill out the form and include an optional photo and full payment (cash or check) and drop in the boxes in the Narthex and Church Office or mail to Kristen Vasilarakos c/o Holy Trinity Cathedral, 1973 E. Maryland Avenue, Phoenix, 85016. Checks payable to Holy Trinity Cathedral. Or contact Kristen at kvasilarakos@cox.net for more information.

Ads will be designed by the Desert Springs staff. Submitter will be contacted prior to publishing if editing of the content of the wording is needed.



Congratulatory and Happy Ads for the *Desert Springs* monthly publication:

Wording: _____

I understand the staff will design the ad at their discretion and will contact me if content changes are needed. ____ (initial)

I need the included photo returned to me. Yes No ____ (initial)

I am including \$20 by cash or check (checks payable to Holy Trinity Cathedral). ____ (initial)

I wish to remain anonymous. Yes No ____ (initial)

Submitter's Name: _____

Submitter's Contact Phone: _____ Contact Email: _____

SUN	MON	TUE	WED	THU	FRI	SAT
<p>SUN 30</p> <p>HTA Christmas Break</p> <ul style="list-style-type: none"> 8am Matins 8am Matins 8am Matins <p>5 more</p>	<p>MON 31</p> <ul style="list-style-type: none"> 7pm busy 	<p>TUE Jan 1</p> <p>ST. BASIL CIRCUMCISION OF I</p> <ul style="list-style-type: none"> 8am Matins 9am Divine Liturgy 	<p>WED 2</p> <ul style="list-style-type: none"> 12pm No Dance Practice (Ne 7pm Choir Practice 7pm Trisagion: Sarah Ann Ni 	<p>THU 3</p> <ul style="list-style-type: none"> 10am Funeral: Sarah Ann Nia 7pm Philoptochos Meeting 	<p>FRI 4</p>	<p>SAT 5</p> <p>EVE OF THEOPHANY</p> <ul style="list-style-type: none"> 9am Divine Liturgy of St. Basil
<p>6</p> <p>HOLY THEOPHANY</p> <ul style="list-style-type: none"> 8am Matins 8am Matins 8am Matins <p>7 more</p>	<p>7</p> <p>SYNAXIS OF JOHN THE BAPT</p> <ul style="list-style-type: none"> 3:30pm Junior Assembly 	<p>8</p>	<p>9</p> <ul style="list-style-type: none"> 9am busy 4pm Junior Assembly 5pm Greek School 7pm Choir Practice 7pm Dance Practice 	<p>10</p> <ul style="list-style-type: none"> 9am busy 9:30am Dessert Diamonds Col 5pm Cultural Greek School (C 6:30pm Daughters of Penelof <p>2 more</p>	<p>11</p> <ul style="list-style-type: none"> 6pm Hope & Joy Fun Night 6pm OPA Parents Happy Hou 	<p>12</p> <ul style="list-style-type: none"> 9am Dance Workshop 11:30am busy
<p>13</p> <p>SUNDAY AFTER THEOPHANY</p> <ul style="list-style-type: none"> 8am Matins 8am Matins 8am Matins <p>10 more</p>	<p>14</p> <ul style="list-style-type: none"> 3:30pm Junior Assembly 	<p>15</p>	<p>16</p> <ul style="list-style-type: none"> 9am busy 9:30am Dessert Diamonds Col 5pm Cultural Greek School (C 6:30pm Daughters of Penelof <p>2 more</p>	<p>17</p> <p>ST. ANTHONY</p> <ul style="list-style-type: none"> 8am Matins 9am HTA Open House 9am Divine Liturgy <p>4 more</p>	<p>18</p> <p>GOYA Winter Retreat</p> <p>ST. ATHANASIOS & CYRIL</p> <ul style="list-style-type: none"> 8am Matins 9am Divine Liturgy 1pm busy 	<p>19</p>
<p>20</p> <p>GOYA Winter Retreat</p> <p>12TH SUNDAY OF LUKE</p> <ul style="list-style-type: none"> 8am Matins 8am Matins <p>10 more</p>	<p>21</p> <ul style="list-style-type: none"> 3:30pm Junior Assembly 	<p>22</p>	<p>23</p> <ul style="list-style-type: none"> 9am busy 4pm Junior Assembly 5pm Greek School 7pm Choir Practice 7pm Dance Practice 	<p>24</p> <ul style="list-style-type: none"> 9:30am Fire Drill 11am busy 7pm YAL2 Meet-Up at Dave & 	<p>25</p> <p>ST. GREGORY THE THEOLOGO</p> <ul style="list-style-type: none"> 10am Agape Ball Set-Up 	<p>26</p> <ul style="list-style-type: none"> 8:45am JR & SR GOYA Mirac 6pm Philoptochos Agape Ball
<p>27</p> <p>15TH SUNDAY OF LUKE</p> <ul style="list-style-type: none"> 8am Matins 8am Matins 8am Matins <p>7 more</p>	<p>28</p> <ul style="list-style-type: none"> 3:30pm Junior Assembly 	<p>29</p>	<p>30</p> <p>THREE HIERARCHS</p> <ul style="list-style-type: none"> 5pm Greek School 7pm Choir Practice 7pm Dance Practice 	<p>31</p>	<p>Feb 1</p>	<p>2</p> <p>LEM Pest Control</p> <p>PRESENTATION OF OUR LORD</p> <ul style="list-style-type: none"> 8:30am AHEPA Meeting