

Desert Springs

May 2022
Volume 7 Issue 5



Newsletter of Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Avenue, Phoenix, Arizona 85016
Office: 602-264-7863 Fax: 602-230-9099 Website: www.holytrinityphx.org

Rev. Economos Apostolos Hill
Rev. Alexander Eliades
Rev. Deacon John Thrasher

Office Hours:

Monday-Friday, 9:00am-3:00pm

Sunday Worship

8:00am Orthros
9:30am Divine Liturgy

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Theological Advisor/Editor-In-Chief
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Composition 602-332-8809,
kvasilarakos@cox.net

Desert Springs Deadline

The 25th of each month

Sunday Bulletin Deadline

Wednesdays, 12 noon

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2022 Parish Council Members

President: Paul Katsenes
Vice President: Connie Contes
Treasurer: Jim Manelis
Ass't. Treasurer: Dina Anagnopoulos
Secretary: Andi Furlis
Sandy Annos, Charlie DeMoss,
Alexander Harding, Jill Leach,
Sandy Meris, Elias Moussa,
Socrates Papadopoulos

Holy Trinity Cathedral
www.holytrinityphx.org

Metropolis of San Francisco
www.SanFran.goarch.org

Archdiocese Website
www.goarch.org

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- **Bible Study** — Father Apostolos Hill: papoulihill@gmail.com
- **Bookstore** — Rita Papaspyrou: stnectariosphx@gmail.com
- **Byzantine Choir** — George Duvall: phxchantor@cox.net
- **Choir** — Terri Alexon: htphxmusicdirector@gmail.com
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Pardhe: htcphxevents@gmail.com
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- **Daughters of Penelope** — Cathy Keyser: keyserc53@gmail.com
- **Desert Diamonds (50+)** — Julie Karoutas:
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- **Epistle Readers** — Presvytera Denise Hill:
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- **Feed Those in Need** — Christine Stamatis: cstamatis@cox.net
- **Greek Festival** — Nick Kretsedemas, Angelo Pestrivas:
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- **Greek School** — Irene Mackos: eirinie@gmail.com
- **Hellenic Museum** — Bessie Hotis: call 602-953-1913
- **Little Lambs** — Angela Scopelianos: angelagarozzo@gmail.com
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- **Myrrhbearers** — Stacey Beaty: staceybeaty@live.com
- **Narthex Outreach** — Kristen Vasilarakos: kvasilarakos@cox.net
- **OPA** — Caroline Economopoulos: cjecomom@gmail.com
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- **Safety & Security** — Paul Katsenes, Socrates Papadopoulos:
pkatsenes@cox.net
- **Sons of Pericles** — Ted Furlis: text or call: 602-625-8835
- **Special Events Administrator** — Angie Lambrou:
angie.lambrou@cox.net
- **Stewardship** — Sandy Meris: sandymeris@gmail.com
- **St. Nicodemus Young Adult Book Club** — Mary
Pardhe: yalazbookclub@gmail.com
- **Sunday School** — Kathy New: kkatsalis@msn.com
- **Wedding Coordinator** — Lindsay Vardalos
- **YAL** — Alexander Harding: text 480-626-3149

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. *It is the organization's responsibility* to inform Natalie and Kristen of any updates to your listing.

Message from Father Alexander

Quenching our Thirst



When I was in Greece in 2014 I visited a monastery about 40 minutes from Larissa in north/central Greece. At the gate of the monastery there was a spring that came out of the nearby mountain and the monk we were speaking with encouraged us to drink some water. It was the most delicious tasting water I had ever had in my life. As I was savoring this plain water he remarked that people drive even from Larissa to bottle this water and have some in their house because of it's sweetness.

On May 18th we celebrate a Feast that is overlooked almost even in it's name, Mid-Pentecost. When something is in the "mid-" of something it's usually seen as something we can bypass without much care about it. The important parts of a journey are usually the beginning and the end, in this case, Pascha and Pentecost. And indeed these receive great attention as is due but this feast in the middle of the 50 days between those two great feasts holds something important for us as well. A refreshing point to drink of the Spring that is Christ. Often in between these great feasts we thirst for the intensity and beauty of these feasts.

This imagery of water is abundant in the Feast of Mid-Pentecost, the main hymn asks the Lord, "At mid-feast give my thirsty soul to drink from the waters of piety. For You, O Savior proclaimed that 'Whoever is thirsty let him come to Me and drink.'" In these times of not immersing ourselves in the life of the Church, either because we do not have as many services as in Lent, or because attending Church on a day other than Sunday isn't a part of our way of life, we thirst. We may not know it, because we think we partake of water in other ways in our life, but we don't have the perfect water, Christ, filling us.



Even to this day, 8 or so years later, I remember that water in Greece. I've never been so satiated and had my thirst so quenched as that drink. If I could, I would probably drive 40 minutes to fill up a 5 gallon jug to drink from because it was that good! I think if we could, we would have Holy Friday and Pascha be every week because it fulfills us so much! And yet we lament, it is not. Or perhaps we posit that it is because it is so rare that it is so beautiful.

But this is not how God works, He intends to fill us with Himself in every moment of our life and this be our thirst-quenching water. We just need to let Him into our lives, not on Pascha and Pentecost or even every Sunday, but every moment. If we pray for Him to fill us and we empty ourselves of everything that fills us that is not Him, He will do so. Perhaps not as we intend, but He will.

Until you try this water you will think it's lunacy to drive 40 minutes for it, and yet, many do! Until you let Christ into every part of your life you will think everything that's said about Him is....maybe lunacy. There's no way Christ can do these things! Come to Him and drink and see for yourself.

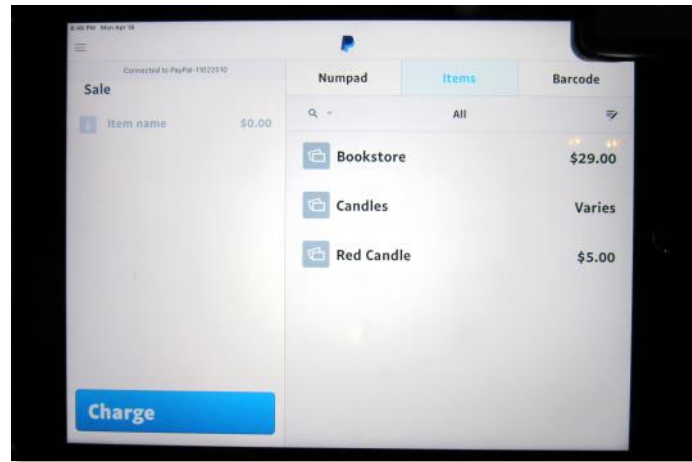
Stewardship

By Sandy Meris

Easy Stewardship Sign Up!



Go to www.holytrinityphx.org and then click on **Stewardship**



There are now **iPads** in the Narthex during services for your convenience! The iPads accept debit and credit cards. At this time, payments can be accepted for one-time donations and limited bookstore items only. Look for an update soon on accepting Stewardship payments too!



House of Stewards

Through 04/28/2022

Panagiota Agelakos
Catherine Agra
Evan & Terri Alexon
Constance Anagnopoulos
Mike & Alex Anagnopoulos
Christi Anagnostopoulos
John & Sandy Annos
Bettina Angelos
Elaine Apostle
Chris & Angie Athens
Christina Bakavelou
Ted & Rebecca Barabatis
Constantine & Eleni Balanis
Elise & Shannon Bard
Marissa Athens Bard
Alexandra Bates
Joyce Bavlinka

Scott & Stacey Beaty
George & Stacy Benetos
Stamatios Benetos
Dan & Vicki Bichekas
Helen Bixenman
James & Helen Bruno
Chris & Georgia Brusalis
Chris & Rita Bruskas
Constance Burkhart
Kristen Bruskas
Joanne Carras
Kathy Carras
Frank Carris
Chad & Amanda Carver
Laurel Charnas-Schiller
Thanos & Anna Chimonas
Harriet Chotras

Jim Chotras
Pete & Kim Choukalas
Katherine & Jeffrey Clarke
Jim & Connie Contes
Kathy Contes & Family
Ed Cooper & Angie Valerou-Cooper
Jean & John Dal Pan
Nick & Sharon Daniolos
Stefanos & Tiffany Daniolos
Patty Davis
Len & Elaine Debickero
Dimitri & Ellen Deligiannis
Anastacia Deligiannis
Hercules Dellas
Patrick & Karla Delord
Joanne Demangus
Tom & Irene Demas

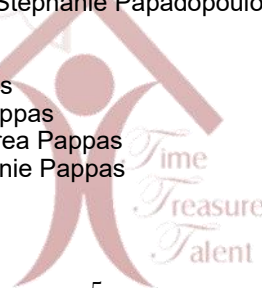
*House of Stewards continued on page 5
Desert Springs May 2022*

House of Stewards continued from page 4

John & Mary Demetropoulos
Bill DeMoss
Charles DeMoss
Chris DeMoss
John & Marjorie DeMoss
Basil & Ruth Denaxas
Diane Dion
Denise Dye
Kathryn Dye
Stan & Fran Drozd
Caroline Economopoulos
Christos & Dena Economopoulos
Fr. Alexander & Presv. Laura Eliades
Greg Fernandez
Helen Fernandez
Tim & Karla Floor
Mary Floor
Athanasia Furlis
Athanasia & Georgia Furlis
Ted & Andi Furlis
Tim Fraenkel
Chris & Celeste Francis
Georgi Frieh
Tim & Antonette Fraenkel
George & Julie Froumis
Chris & Anne Gavras
Andreanna Georgiou
Thomas & Christina Georgiou
John Giannopoulos
Polly Ginakes
Stella Glitsos
Eva Goodman
Bill & Lynn Graham
Gina Graham
David Haag
Mary Haidos
Donald Hall
Alexander Harding
Terry Harper
Mary & Roger Harris
Patsy Harris
Alexia Haugen
Stephanie Heckel
Veronica Hill
Greg Hill
Rev. Fr. Apostolos & Presv. Denise Hill
Bessie Hotis
Jeff Johannesmeyer
James & Linda Kalivas
Basile & Roula Kaneris
Nick & Dena Kantaros
William & Harriet Kapolas
Vasilios & Vasiliqi Karagiannis
Christina Karalekas
Mia Karandreas
Julie Karoutas
Joanne Karros
Stavros & Olga Kasimatis
Paul & Lori Katsenes
Thomas J. Katsenes
John & Mary Katsenes
George Katsaros
Helen Katsoufrakis
James & Joann Karros
Jim & Poppy Kavouris

Fanny Kechajias
Ronald & Virginia Kidd
Emily Kimmell
Cathy & Quentin Keyser
George & Zanetta Kleanthis
Maria Kompos
Anastasia Kompos
Elizabeth Kratsas
Nick & Marina Kretsedemas
Deborah Kunkel
Ted Kyriacou
Tassie Ladas
John & Angie Lambrou
Judith & Bruce Lamond
Elias & Mary Lampos
Scott & Jill Leach
Mark Lefebvre
Gregory Lizanich
Efterpi Lourias
Jim & Stephanie Machas
Melina Machas
Daniel MacInnis
Maria Pappas & Martin Maciejewski
Marika Makridis
Margo Makris
Julie & Mamani
Bette Maniatis
Maria Maniatis
Anna Manos
Jim & Donna Manelis
Bill & Rina Marinakos
Nicholas Marino
Mary Lou Mastorakos
Chris & Angela Mead
Joanne Meris
Will & Sandy Meris
Anthony & Tania Miaoulis
Andrew & Anastasia Mitchell
Philip & Helen Mitchell
William & Jean Miller
Paul & Linda Miller
Dino Moschovitis
Elias Mousa
Spyro & Effie Mousses
Matthew & Sophia Neumann
John & Maria Nicholas
Annamarie Nieblas
Pamela & Jeffrey Nolen
Marta Ntatsos
Jeremy & Anastasia Oxley
Else Paletsos
Elizabeth Palmer
Christo & Connie Panagiotakopoulos
Anna Panagiotakopoulos
Niko Panagiotakopoulos
Thanasi & Melissa Panagiotakopoulos
Phillip & Eleni Panagiotoglou
Sofia Panagiotoglou
Alexander & Olga Papamatheakis
Socrates & Stephanie Papadopoulos
Nick Papas
Betty Papas
Irene Pappas
Angeline Pappas
John & Andrea Pappas
Harry & Fannie Pappas

George & Chrysoula Papadopoulos
Nicholas & Stacy Papatzimas
Daniel & Anna Pardhe
Athena Parmenter
John & Dina Pesognelli
Zoe Pestrivas
Chris Petroulakis
William & Kathryn Petsas
Evanthia Piatt
Brian & Athena Pickett
Georgia Pikoula
Chris & Juli Pritsos
Costa Pritsos
David & Nicole Pyle
Lyda Rabbitt
Alex & Rose Rentzis
Dimitra Hotis Sampson
Paul Sarantes
Leslie Sarantinos
John Schneider
Warren & Kalliope Schneider
Diane Sedlacek
Chris & Terry Seretis
John Siavelis
Robert & Donna Sioles
Elyse Sioles
George & Traci Sgouros
Elias & Phyllis Skoubis
Constantin Solomon
Angelo & Marie Spanos
Leo & Rachel Speliopoulos
Elias & Theodora Staikos
Jim & Kathryn Stamadianos
Andy & Christine Stamatis
Tristan Stoutenberg
Chris Tapas
Despina Tavlarides
William & Rebecca Tavlarides
Gus & Mary Louise Theodoropoulos
Jim Thomas
Deacon John & Diak. Mary Thrasher
Andrew Touvannas
Dominic Tropea
Thad & Kathy Tropea
Stacy & Gerri Tsantilas
Constantine & Stella Tsantillas
Costa & Koko Tzavaras
Dimitri Tsiots
Peter & Lindsay Vardalos
Kristen Vasilarakos
Argyro Vasquez
Scott & Terri Vaughn
George & Connie Venetis
Andrew & Sandy Vlahoulis
Steve & Mary Vrahas
Angela & Ken Walker
Catherine Wallerich
Douglas & Paulina Watson
Paula & Colin Walsh
Richard & Katina Wood
Dimitrios & Eugenia Zannis
George & Katherine Zannis
Zella Zannis
Anthony & Karen Zaman
Michael & Christina Zistasis
Eva Zikos



Parish Assembly on May 15th!



Parish Assembly May 15, 2022 Official Notice

Parish Assembly is called for May 15, 2022 at 12:00 pm in the Holy Trinity Speros Community Center, for all parishioners in good standing. Parishioners in good standing must have signed a 2022 stewardship pledge card and have paid towards their stewardship obligation.

Agenda

- 1) Call to order by Paul Katsenes, President, Parish Council
- 2) Prayer and Ministry Report -- Father Apostolos
- 3) Determine if a quorum exists
- 4) Elect a Chair
- 5) Appoint a Parliamentarian
- 6) Review and approve Minutes of previous General Assembly
 - 7) President's Report
 - 8) Treasurer's Report
 - 9) Unfinished Business
- 10) Reports of Standing and/or Special Committees--Stewardship, Festival, Dance, Sunday School, Investment/OSOV
- 11) New Business - Discuss and vote on proposal for parking lot repair and paving
 - 12) Good of the Parish
 - 13) Adjournment
 - 14) Closing Prayer

TAX SAVINGS FOR HOLY TRINITY MEMBERS WITH IRA'S

Seniors are **required** to take withdrawals from their IRA's when they reach 72 years old.

Those withdrawals are fully taxable at ordinary income rates. There is a simple way to avoid that tax, and help Holy Trinity. When you have funds sent **directly** from your IRA to Holy Trinity, **the tax is avoided**. You do not get an additional deduction for this donation, because you have already saved the tax by your direct gift from your IRA.

You can make this process very simple by asking your IRA manager to **issue a checkbook to you**, then you simply write checks directly from Your IRA to Holy Trinity and any other charitable gifts you wish to make.

+ **REMEMBER HOLY TRINITY IN YOUR WILL** +

Endowment Fund

GIFT DONATION FORM

Please list my **endowment gift** as follows: _____

Here is my Endowment gift, which I may add to, of \$_____

I plan to include the Holy Trinity Endowment fund in my
Will____, my Living Trust____, or TOD* ____

Signed:_____

Dated:_____

Donor, please sign and keep a copy for your records

*TOD = transfer on death

All gifts will be preserved in the archives of Holy Trinity Cathedral

Gifts of \$10,000 or more may be made over a three year period.

Thank You, and + God Bless You + for your generosity.

Holy Trinity Greek Orthodox Cathedral + 1973 E Maryland Phoenix AZ 85016

**+ CONSIDER GIFTING HIGHLY APPRECIATED STOCK. +
+ 72 AND OLDER, SAVE TAXES BY GIVING FROM YOUR IRA. +**

+ ENDOWMENT GIFTS OVER \$10,000.00 +

Gabriel & Helen Papagallos
The DeMoss Families
IMO+ Mary Montague
IMO+ John G. Zannaras
Steve & Judith Vrahas
Ange & Alex J, Pappas

Faye Boukas
Dennis & Anastasia DeBerry
George & Koula Cheros
IMO+ Dina Sakellarakis
Dr. Nicholas Baziotis
John & Mary Katsenes

George & Ann Souvall
IMO+ Tasia Pritchard
John George Thomas
Steve & Joan Vrahas
James & Connie Coin Contes

GENERAL ENDOWMENT FUND DONATIONS OVER \$1,000.00

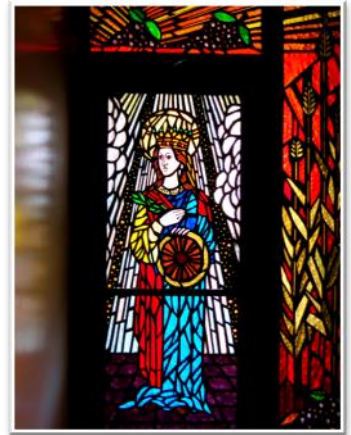
Dr. Christopher J. DeMoss, the Lambrou Family

IN MEMORY GIFTS: IMO+ Stacy Hotis, IMO+ Danny Speros, IMO+ Mark Sprintz, IMO+ Chris Gabriel, IMO+ Milton Sioles, IMO+ Fr. James & Presb. Katherine Tavlarides, IMO+ Tom Contes, IMO+ Leonard Mastorakos, IMO+ John Sgouros, IMO+ Chris Gabriel, IMO+ Athena & Dan Choukalas, IMO+ Milton & Harriet Sioles, IMO+ Koula & Pete Triantafyllou, IMO+ Fr. Anthony Coniaris, IMO+ James H. Karros

+ REMEMBER HOLY TRINITY IN YOUR WILL +

Holy Trinity's St. Katherine Philoptochos

Alex Anagnopoulos, President



St. Katherine faceted glass

❧

**Next Meeting on Thursday, May 5, 2022
at 6:30pm
Speros Community Center**

❧



April Meeting Hostesses
Julie, Zoe, and Lois



Tray Passers
Cathy, Joanne,
Mary Lou, Kathy,
Julie, Zoe, Gina,
Lois, and Jean

JOIN PHILOPTOCHOS 2022

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: (____) _____ CHECK # _____ AMOUNT: _____

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2022, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Holy Trinity's St. Katherine Philoptochos Baking



A heartfelt thank you to our amazing baking volunteers! Shown is the tsoureki production.

Bake Sale



Thank you to team leaders Alex, Joanna, Bessie, Patty, Georgia, and Mary Louise!



And thank you to our AWESOME community for your continued support!

Holy Trinity's St. Katherine Philoptochos Charity Projects

Clear Backpack Project

Many schools are now requiring students to use only **clear backpacks**. See example pictured. Families that previously relied on backpacks handed down by older siblings or found in resale shops now need *new* clear backpacks.



Philoptochos is working with community leaders in the large Kennedy at Loma Linda Schools in 85016 to help 5th through 8th graders that would otherwise find it hard to purchase a new backpack. Philoptochos is reaching out beyond our membership to our parish community. **\$20 per backpack**. Goal is collecting enough to stock the community outreach program with 3 dozen (36) backpacks! If you can help, please contribute in the gold square box in the Narthex. *Thank you!*

Chapter Focus on Local Charities

In an effort to engage our membership in the Philoptochos mission to 'Help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, those with disabilities and the victims of disaster', and to expand involvement locally, we include, as a new part of our monthly program, **the opportunity for members to formally nominate and select charity recipients**.

Bill Marianes, who assisted with the Cathedral's "Why Statement", reminds us that **the more money extended out into our community, the more we will realize from the community back into our church**.

The Chapter will accept nominations at each monthly meeting.

Philoptochos Members: [Click HERE for the Nomination Form](#)

March's Chosen Charity:
[Chicanos por la Causa](#)

April's Chosen Charity:
[Native American Connections](#)

Click on the links to learn more.



Holy Trinity's St. Katherine Philoptochos Red Eggs



Philoptochos pays for the eggs, dye, tulle, and ribbon - unless donated. Curious as to the origin of why the red eggs for the church are dyed at a home? It all started with **Ruth Hotis** and the Little Lambs! In the spring of **2000**, the Little Lambs organized a Pascha craft party on the church grounds that was well-attended. That year, the kids colored with white crayons on red construction-paper eggs. The parents expressed an interest in learning how to dye red eggs for real, and Little Lambs member **Kathy Clarke** offered Philoptochos member and mom **Joann Karros'** kitchen for the next year. The event in **2001** was successful with moms, theias, and yia yias making red eggs for their own households. The next year, the Little Lambs were approached by Ruth, asking if the Little Lambs would consider taking over the dyeing of the eggs for the Cathedral, with the assistance of Ruth and **Georgia Kanelos** (May Their Memory Be Eternal). The Little Lambs agreed and **2002** was the official start of this wonderful collaboration! ***That was 20 years ago this year!*** The event has changed from those early years (*a lot less kids underfoot! no longer a Little Lambs event - but many of the same moms and yia yias! this year at Kathy's home!*) yet the dedication is the same. From a high of 500 eggs, to a current 325, the eggs are boiled, dyed, polished, wrapped, placed in baskets, and delivered to the church.



Also, one of our yia yias who was there in the beginning passed this last year -
Fran Asimou.
May Her Memory Be Eternal.



Pancake Breakfast

Hosted by Sunday School



HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](#)



Donations

We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation and your envelope number in the memo line.** i.e. stewardship, candles, etc.

Thank you all!



Palm Cross Folding

Hosted by Sunday School



Palm Sunday

04/17/2022



Holy Monday

04/18/2022



Holy Wednesday

04/20/2022



Includes photos by Dimitra

The Cross at the Agape Service

Orthodox Easter



Kouvouklion Decorating (Epitaphios)

Holy Friday Morning



Includes photos by Dimitra

2022 Myrrhbearers



Photo by Nate Tropea

Plants and Flowers through Holy Week

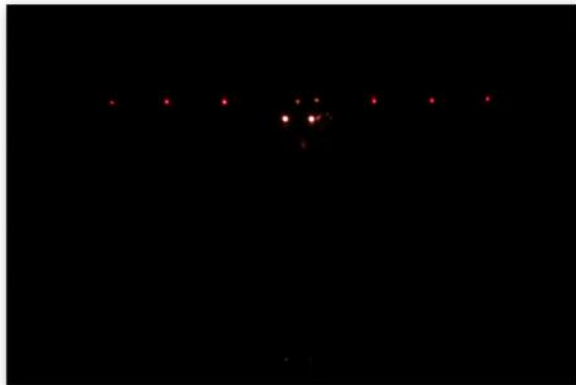


Thank you to Irene & Tom Demas and all those who helped decorate the Cathedral for the various Holy Week services.

Holy Friday Evening



Anastasi Service



Magiritsa Meal



Agape Sunday



Pan-Orthodox YA Social

Holy Trinity for a beautiful dinner social and evening of fellowship! The dinner was hosted by the St. Nicodemus Book Discussion Club, a rapidly growing church ministry dedicated to connecting young adults through the reading and discussion of spiritual books. Attendees from multiple parishes connected and formed new friendships over a delicious meal. After dinner, Fr. Alexander shared important insights about the importance of incorporating spiritual readings into one's daily life. This was followed by a short introduction to the book club and comments by current members about the value of having a space to discuss Orthodox books.

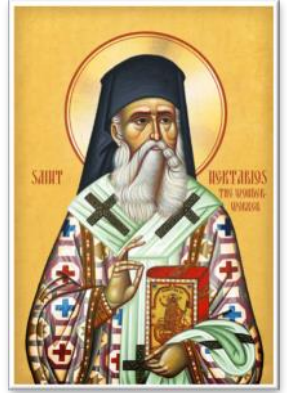


In contrast to the traditional book club format that requires all members to read the same book, the St. Nicodemus Book Club is designed to fit into all schedules. Members choose any one of 170+ books available in the HTC Parish Library, read them at their own pace, and meet virtually twice a month for book discussions. This offers a unique opportunity for members to make connections across a variety of books and grow in the Faith!

Based on the success of the initial dinner social, the St. Nicodemus Book Club plans to host more pan-Orthodox events. If any young adults (between 18-35 years) in the Valley would like more information about the book club or would like to be informed about upcoming events, please email yalazbookclub@gmail.com or visit the St. Nicodemus Book Club table during Coffee Hour on the first Sunday of every month!

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou
stnectariosphx@gmail.com



In the month of May we celebrate the feast day of Saints Constantine and Helen, commemorated on May 21.



The Church calls Saint Constantine (306-337) “the Equal of the Apostles,” and his mother was Saint Helen, a Christian of humble birth.

Constantine, the future ruler of all the whole Roman Empire, was raised to respect Christianity. His father did not persecute Christians in the lands he governed.

After the death of his father, Constantine was acclaimed by the army at York as emperor of Gaul and Britain. The first act of the new emperor was to grant the freedom to practice Christianity in the lands subject to him. The pagan Maximian Galerius in the East and the fierce tyrant Maxentius in the West hated Constantine and they plotted to overthrow and kill him, but Constantine bested them in a series of battles, defeating his opponents with the help of God. He prayed to God to give him a sign which would inspire his army to fight valiantly, and the Lord showed him a radiant Sign of the

Cross in the heavens with the inscription “In this Sign, conquer.”

After Constantine became the sole ruler of the Western Roman Empire, he issued an edict which guaranteed religious tolerance for Christians. After three hundred years of persecution, Christians could finally practice their faith without fear.

The emperor deeply revered the victory-bearing Sign of the Cross of the Lord, and also wanted to find the actual Cross upon which our Lord Jesus Christ was crucified. For this purpose he sent his own mother, the holy Empress Helen, to Jerusalem, granting her both power and money. Patriarch Macarius of Jerusalem and Saint Helen began the search, and through the will of God, the Life-Creating Cross was miraculously discovered in 326. The account of the finding of the Cross of the Lord is found under the Feast of the Exaltation of the Cross, September 14. The Orthodox Church commemorates the Uncovering of the Precious Cross and the Precious Nails by the Holy Empress Helen on March 6.

The emperor Constantine ordered a magnificent church in honor of Christ’s Resurrection to be built over His tomb. Saint Helen gave the Life-Creating Cross to the Patriarch for safe-keeping, and took part of the Cross with her for the emperor. After distributing generous alms at Jerusalem and feeding the needy (at times she even served them herself), the holy Empress Helen returned to Constantinople, where she died in the year 327.

Saint Constantine died on the day of Pentecost in the year 337 and was buried in the church of the Holy Apostles, in a crypt he had prepared for himself.

Desert Diamonds

Senior Parishioners and their guests
Julie Karoutas
email: juliekaroutas@gmail.com
cell: 623-313-8720 call or text



Dear Desert Diamonds & Friends,

Xristos Anesti, Alithos Anesti!

Mark your calendars for Friday, May 13th, 2022 at 11:30am!

We are going to celebrate our Ministry with a **picnic potluck**, on our Community Center Patio.
Expect some fun surprises! (Please arrive via the exterior side walk way of the Small Hall.)



I do hope to be able to take a trip to St. Anthony's Monastery in Florence some time in May.
I wish to be able to rent a 15 passenger van. More on this to follow.

Love in Christ,
Julie Karoutas
Email: juliekaroutas@gmail.com
Cell: 623.313.8720

Please alert your friends that do not have email addresses.

Your response is greatly appreciated.
See YOU there!!!

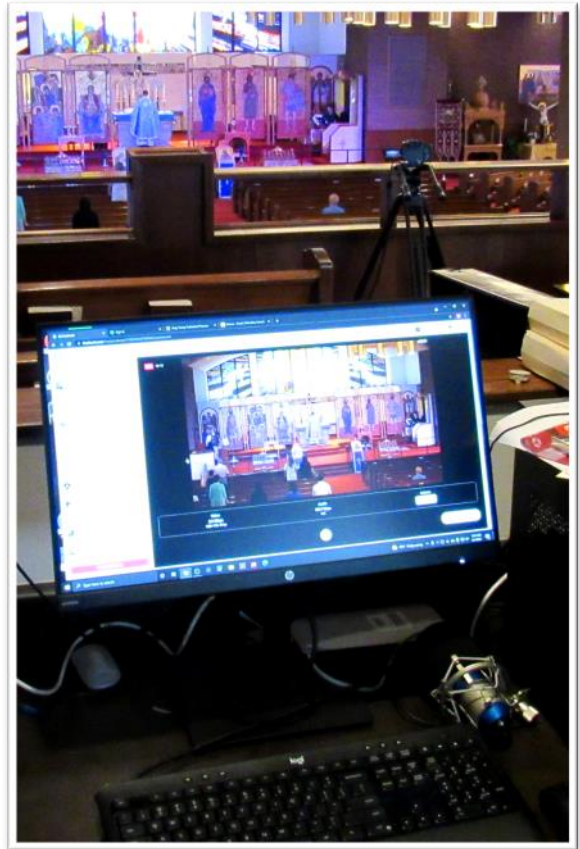
The Dome through the Palo Verde Trees



Liturgical Services will continue to be live streamed by Father Apostolos and Father Alexander.

All services can now be found on the **Home Page** of the Cathedral's website www.holytrinityphx.org, in addition to the continued postings on our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their above-and-beyond efforts to bring clear and timely video to all!



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the *Desert Springs* will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

Desert Springs Subscription

Enjoy color copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: _____

Street Address: _____

City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or contact Kristen at 602-332-8809

Our Church Family

Funeral

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”

Psalm 23:6

04/07/2022

George Georgiou

May his memory be eternal.



Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.



The Holy Trinity Celebration Committee.

- Wants to celebrate milestones in our parish members' lives!
- Each month we will recognize births, 40-day blessings, chrismation/baptisms, and other important personal or family landmarks during coffee hour.

Submit information to:
htcphxevents@gmail.com

What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from



other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

“Welcome! I don't believe we've met yet. My name is (your name)” is a great start. Offer to walk with them to Coffee Hour. A personal connection goes far!

Coffee Hours

Thank you to **Young Adults** for sponsoring Coffee Hours in April.

The May Coffee Hours are sponsored by **OPA (Orthodox Parents Association)**.



Lenten Wednesday Potlucks

Great turnout throughout!



Presvytera Laura

Free Wheelchairs & Walkers Available

If you or someone you know is in need of a 2 wheel walker, a 4 wheel walker or a wheelchair, please let Natalie in the office know so we can arrange to give them to you.

Home Caregiver Opportunities

If you or someone you know work as a home caretaker/caregiver/aid/helper, the Cathedral would love the resources to spread to those in need. Please reach out to Natalie in the office if you have any information!

“To be a welcoming community sharing Christ’s love through faith and service.”

Celebration Sunday

Let's Celebrate!

During coffee hour on Sunday, April 3rd, the HTC Celebration Committee hosted a “Welcome little one!” event to celebrate both a baby shower for Angela Mead and a 40-day-blessing for Angelo Scopelianos, the son of George and Angela Scopelianos. The theme of pastel and gold was reflected in the balloon arch, hand-decorated accent balloons, table decorations and event décor. In addition, the committee celebrated all April parish birthdays. It was a joyful occasion for our parish to celebrate with the Mead and Scopelianos families!

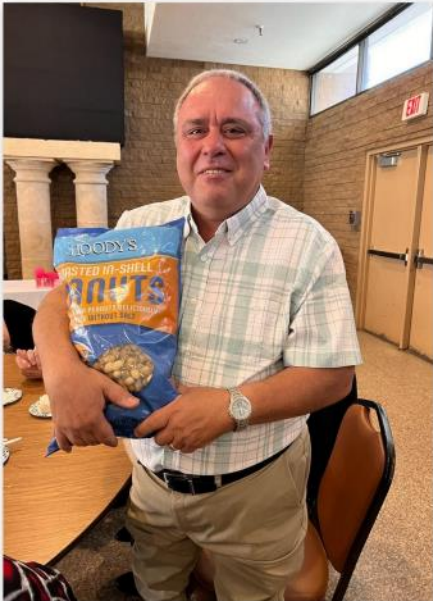


The mission of the new Celebration Committee is simple - to build our community by celebrating the major milestones and special life events in our parish family. Starting in May, the committee will also organize a monthly community potluck lunch to accompany the parish celebrations. This will provide us with an opportunity to welcome new members and to invite friends to visit our parish!

If you or someone you know is celebrating a baby, a birthday, an anniversary milestone, or any another special life event, please contact the Celebration Committee by the 20th so that we can celebrate as a community! You can send a request with suggestions and details to: htcphxevents@gmail.com.

Celebration Sunday

May



Greek School

Irene Dartoozos Mackos, Director
Gabriella Papatzimas, Teacher



Τι κάνεις; How are you?

First of all, Χρόνια Πολλά! Χριστός Ανέστη : “Christ resurrected” (you can only say this from Easter Saturday midnight and 40 days after that)

Αληθώς Ανέστη: “Yes, Christ truly resurrected” (you can only use this as an answer to “Christos Anesti”)

Hope everyone enjoyed eating Greek lamb, goat, kokoretsi, tsoureki bread and cracking red eggs, with family and friends.

Vocabulary

η εθνική γιορτή : the national holiday

απόκριες : carnival

η Μεγάλη Εβδομάδα : the holy week

η Μεγάλη Παρασκευή : Good Friday

το Μεγάλο Σάββατο : Easter Saturday

κρέας : meat

ψάρι : fisch

λαχανικά : vegetables

νηστεύω : The verb “to fast”

τα νησίσιμα (φαγητά) : Food you are allowed to eat in case you are fasting

ο παππάς : the priest

το αρνί : lamb

το κατσίκι : goat

το κοκορέτσι : a grilled dish made basically from the intestines of lamb/goat

ο χορτοφάγος: vegetarian

How you can greet each other from “Kathara Devtera” till Greek Easter

Καλή Σαρακοστή : (we wish you a nice 40 days)

χρόνια πολλά : means “Many years”. You can use this also for birthdays, name days, Christmas, etc...

Καλό Πάσχα : Happy Easter

Καλή Ανάσταση : “Have a nice resurrection”

Χριστός Ανέστη : “Christ resurrected” (you can only say this from Easter Saturday midnight till some weeks after that)

Αληθώς Ανέστη: “Yes, Christ truly resurrected” (you can only use this as an answer to “Christos Anesti”)

May 1st is International Labor Day. This is also a national holiday in Greece, though it is more commonly called "Protomagia" meaning the first day of May.

Protomagia finds its origins in ancient Greece as a celebration of nature’s rebirth, spring, and flowers. To honour the day there will be many parades and other festivities around Greece.

Many people traditionally go to the countryside for a picnic, to fly kites and gather wildflowers for a flower wreath called "Stefania" that people hang on the front doors of their houses to welcome spring. It is also the date for locals to attempt the first swim of the season.

Greek School has ended for the year. Thank everyone who made it a successful year.

AHEPA Chapter 219

AHEPA CHAPTER 219



As the 2021-2022 season comes to an end, The brothers of AHEPA Chapter 219 will hold their last monthly meeting before the 'dog-days of summer' are upon us. The May chapter meeting will take place on 19 May, 2022 at Holy Trinity Greek Orthodox Cathedral (HTGOC) at 6:00 PM. Please come and join the brothers for a night of celebration, fellowship and camaraderie with a Traditional Greek Lamb Meal.

The chapter has plenty to celebrate as this was their most successful philanthropic year to date. AHEPA Saguaro Chapter 219 contributed record donations to United Methodist Outreach Ministries (UMOM), St. Innocent's Orphanage, International Orthodox Christian Charities (IOCC) Ukrainian Refugee Fund, Greek Festival Liquor sales, HTGOC Benevolent Fund and the annual Educational Cultural Foundation (ECF) Scholarships.

UMOM:	\$8,600*
St. Innocent's Orphanage:	\$16,370*
IOCC Ukrainian Refugee Fund:	\$3,110
HTGOC Benevolent Fund:	\$1,000
Greek Festival Sales	\$12,000
ECF Scholarships:	\$13,000

TOTAL Philanthropic Contributions: \$ 54,080

*Matched Contributions

AHEPA Chapter 219

AHEPA CHAPTER 219



Palm Sunday Luncheon

PHOTOS BY NICK MAYDANIS

AHEPA Chapter 219

AHEPA CHAPTER 219



Palm Sunday Luncheon

PHOTOS BY NICK MAYDANIS

Daughters of Penelope

Chapter 432
Phoenix, AZ



On Saturday, March 26th, 2022, several members of our chapter were given a private tour of the UMOM Facility. The tour was led by Cassidy, and it was very informative. We learned about what the facility offers to the people who stay there while preparing to go on to the next step of becoming independent. After the tour ended, we went to the Cheesecake Factory for lunch.



Our Daughters held a Zoom meeting to elect officers on Thursday April 14, 2022. The officers will remain the same for 22-23.

Upcoming events:

- UMOM Walk Saturday May 14. Please contact Angie Lambrou if you are interested in walking or donating
- Boat trip tentatively rescheduled for June
- District Convention...Las Vegas...Golden Nugget... June 16-18
- Supreme Convention...Orlando...Coronado Disney Resort July 17-23



****Please keep our fellow Ukrainian Orthodox Christians and all of Ukraine in your prayers.**

Officers:

Cathy Keyser, *President*

Angie Lambrou, *Vice President*

Deedee Staikos, *Recording Secretary*

Connie Panagiotakopoulos, *Corresponding Secretary*

Anastasia Mitchell, *Treasurer*

Jennifer Bilitsis, *Marshal*

Julie Karoutas, *Officer at Large, AHEPA Liaison*



If you are interested in joining, please contact Angie Lambrou (Vice President) by email: angie.lambrou@cox.net or by phone at (480) 473-4906.



Arizona Hellenic Foundation Scholarship Winners

The following students were awarded scholarships by the Arizona Hellenic Foundation.

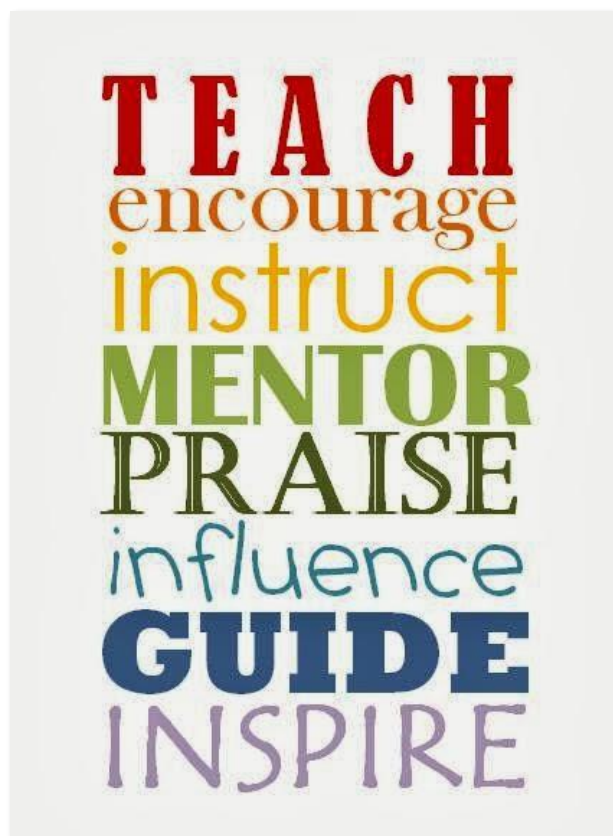
Listed in alphabetical order:

Stefanos Ambus,
Madeline Fraenkel,
Noah Goldsmith,
Katerina Kostouros,
Panagiotis Kostouros,
Harris Manelis,
Kristin Myer, and
Demetrios Pickett who was awarded the AHEPA Chapter 454 scholarship.



The scholarship recipients will be honored during an **award ceremony on June 11, 2022 at 12:00 pm at VinciTorio's Restaurant**, 1835 E Elliott Rd., Suite 108, Tempe, AZ.

Cost \$35.00 per person. For reservations or other info please call Telis Evripidou at 480-332-6957.



OPA—Orthodox Parents Association

Caroline Economopoulos, President



Are you getting the weekly
OPA Newsletter?

OPA communicates primarily through email,
via our email newsletter.

To stay informed on all of the
youth, parent, and family happenings at Holy Trinity,
sign up today.

It's easy, just email your information
ciecomom@gmail.com,
and we'll get you added to list!

JOIN US FOR THE

**GRADUATION
CELEBRATION
COFFEE HOUR**

— IN HONOR OF

THE 2022 GRADUATES

22 MAY 2022
AFTER DIVINE LITURGY

Holy Trinity Community Center

Attention Graduates!

2022 Graduation

SALUTE to the 2022 GRADUATES

If you are or your child is graduating from 8th grade, high school, college or graduate school, please [CLICK HERE](#) to fill out the 2022 Graduate Recognition Form to be recognized in this year's digital SALUTE to the GRADUATES.

**All graduate recognition forms
need to be submitted by**

THIS Friday, May 6th

In addition to completing the form,
we are requesting
a photo of each graduate.
(class/graduation photos preferred)

We want to showcase all our Parish's graduates.
A special graduation email
will be sent to all the Holy Trinity congregation
the week of May 16th - 20th.

Please send photos
and direct any questions to,
Caroline Economopoulos
cjecomom@gmail.com



May Youth Night

Christ is Risen!
Join us this Saturday, May 7 @ 5-8pm for the
final Youth Night of the School Year!
All grades from 1-12 are welcome,
RSVP with Fr. Alexander [here](#) by May 4!

Holy Trinity Cathedral

May Youth Night

An Evening of Faith, Fellowship, Fun, and Food

Saturday, May 7 @ 5-8pm

Rsvp to Fr. Alexander @
fraeliades@holytrinityphx.org by May 4