

Desert Springs

May 2023
Volume 8 Issue 5



Christ Is Risen! Truly He Is Risen!

Newsletter of Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Avenue, Phoenix, Arizona 85016
Office: 602-264-7863 Fax: 602-230-9099 Website: www.holytrinityphx.org

Rev. Economos Apostolos Hill
Rev. Alexander Eliades
Rev. Deacon John Thrasher

Office Hours:

Monday–Friday, 9:00am–3:00pm

Sunday Worship

8:00am Orthros

9:30am Divine Liturgy

Desert Springs Staff

Rev. Apostolos Hill,

Theological Advisor/Editor-In-Chief
Kristen Vasilarakos, Layout/Composition
602-332-8809, kvasilarakos@cox.net

Desert Springs Deadline

The 25th of each month

Sunday Bulletin Deadline

Wednesdays, 12 noon

Church Office Email Addresses

Father Apostolos Hill
papoulihill@gmail.com

Father Alexander Eliades
fraeliades@holytrinityphx.org

Office Manager Heidi Demopoulos Bass
AdminAssist@holytrinityphx.org

Office Administrator Yvonne Vranes
htfrontoffice@holytrinityphx.org

Church Caretakers
Terry, Paul, and Dimitri Valonis

Holy Trinity Bookstore
info@stnectariosphx.org

2022 Parish Council Members

President: Paul Katsenes

Vice President: Connie Contes

Treasurer: Jim Manelis

Secretary: Andi Furlis

Sandy Annos, Charlie DeMoss,
Alexander Harding, Jill Leach,
Chris Petroulakis, John Schneider

Holy Trinity Cathedral
www.holytrinityphx.org

Metropolis of San Francisco
www.SanFran.goarch.org

Archdiocese Website
www.goarch.org

Organization Contacts

- **AHEPA** — Steve Lemere: lemere4@cox.net
- **All Saints Camp** — info@assumptionaz.org
- **Altar Servers** — David Haag: davidmhaag@yahoo.com, Chris Francis: battersbox7@yahoo.com
- **Bible Study** — Father Apostolos Hill: papoulihill@gmail.com
- **Bookstore** — Rita Papaspyrou: stnectariosphx@gmail.com
- **Byzantine Choir** — Joshua Pardhe: joshuapardhe@yahoo.com
- **Choir** — Terri Alexon: htphxmusicdirector@gmail.com
- **Celebration Committee** — Terri Alexon and Mary Pardhe: htcphxevents@gmail.com
- **Dance** — Niko Panagiotakopoulos: npanos01@yahoo.com
- **Daughters of Penelope** — Cathy Keyser: keyserc53@gmail.com
- **Desert Diamonds (50+)** — Julie Karoutas: juliekaroutas@gmail.com
- **Epistle Readers** — Presvytera Denise Hill: denkevhill83@gmail.com
- **Feed Those in Need** — Christine Stamatias: cstamatias@cox.net
- **Greek Festival** — Nick Kretsedemas, Angelo Pestrivas: niko.37@cox.net
- **Greek School** — Irene Mackos: eirinie@gmail.com
- **Hellenic Museum** — Bessie Hotis: call 602-953-1913
- **Little Lambs** — Angela Scopelianos: angelagarozzo@gmail.com
- **Living Orthodox (formerly St. Nicodemus Young Adult Book Club)** — Mary Pardhe: livingorthodoxministry@gmail.com
- **Maintenance** — Peter Bilitsis, Ted Furlis: htcmaintenance1973@gmail.com
- **Myrrhbearers** — Stacey Beaty: staceybeaty@live.com
- **Narthex Outreach** — Kristen Vasilarakos: kvasilarakos@cox.net
- **OPA** — Caroline Economopoulos: cjecomom@gmail.com
- **Oratorical Festival** — Nick Petsas: npetsas@outlook.com, Chris Francis: battersbox7@yahoo.com
- **Parish Council** — Paul Katsenes: pkatsenes@cox.net
- **Philoptochos** — Alex Anagnopoulos: aanagnopoulos2@msn.com
- **Safety & Security** — Paul Katsenes, Socrates Papadopoulos: pkatsenes@cox.net
- **Sons of Pericles** — Ted Furlis: text or call: 602-625-8835
- **Special Events Administrator** — Angie Lambrou: angie.lambrou@cox.net
- **Stewardship** — Sandy Meris: sandymeris@gmail.com
- **Sunday School** — Kathy New: kkatsalis@msn.com
- **Wedding Coordinator** — Lindsay Vardalos
- **YAL** — Alexander Harding: text 480-626-3149

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. *It is the organization's responsibility* to inform Heidi and Kristen of any updates to your listing.

St. John Chrysostom Oratorical Festival

Constantine Tavlarides Herrera



Greetings, Reverend Fathers, pristine judges, and the ladies and gentlemen in the audience. I am Constantinos Herrera and I will be discussing with you the significance of the countless Saints that have roamed our planet, preached our Lord's words, and committed good deeds throughout the existence of the Orthodox Christian faith, as well as eternally interceding and aiding us throughout our daily lives. Today I will also be discussing and evaluating the fact that the Saints are constantly praying for each and every one of us.

To be a saint truly means to be recognized as someone who is holy, virtuous, and close to God, as well as a person who follows the Lord's way eternally throughout their sainthood. Saints are humble, kind, helping, calm, and loving throughout their lives which distinguishes them in our society. The countless Saints are also significant, in the case that they help us to overcome disease, hardship, and help us to find peace and love with Christ, therefore granting our veneration.

For their magnificent dedication to Christ, as well as the methods in which they have aided us throughout their heavenly and earthly lives, we venerate and pray for the Saints through special Paraklesis prayer services. These services are directed towards individual Saints on their feast days or when they fell asleep in Christ. During these special Paraklesis services, we venerate the subject Saint or Saints by praying for the mercy, life, peace, visitation, health, and salvation of the Saint, as well as the forgiveness and remission of the Saint's sins. During the Paraklesis services, there are also different sections of prayers, usually starting with a reading from the book of Psalms, my favorite Psalm excerpt would be from Psalm 142:

After the Psalm read, then a series of prayers called the Ode's are read, these prayers help us to venerate and pray for the subject Saint of the Paraklesis service. During these particular services, there are also special hymns for the subject of the Paraklesis service. This is how we honor the saints that have aided us and interceded for us on Earth and in Heaven.

We also pray to the Saints for specific ailments and methods of aid, for example, we pray to the Warrior Saints for protection, the Three Hierarchs for wisdom and aid through scholarship, patron Saints either for an occupation, or for aid towards curing a disease or malady. As well as the martyrs to bring us closer to God and leave a lasting impression on how Christians should live their lives. Today, I would like to take the time to mention a specific Saint that has a personal connection to myself from a particular category.

For within the Warrior Saints Category, I would like to mention Saint Constantine the Great, my patron saint and protector. Saint Constantine was born in 272 A.D., in Naissus, modern Nis, Serbia. I would like to talk about his most memorable stand – off, when he faced Maxentius, a sly, cruel, and greedy

Constantine's message continued on page 4

Desert Springs May 2023

ruler of western portion of the Roman Empire. In order to gain more land and power, Maxentius challenged Constantine to battle and after a lack of acceptance, declared war on him. Constantine's army then began to make preparations for battle as did Maxentius. Constantine decided to strike first, but when he laid eyes upon Maxentius's preparations, he was taken aback with fear, Maxentius's army was huge and well - fortified, while his own army was small and disoriented. Constantine at that moment prayed and saw a huge Cross in the sky, with the words, "In this, conquer" and then God spoke to Constantine, ordering him to make flags and shields with the shape of the cross engraved upon, for then he would see victory. We venerate Saint Constantine as a way of honoring his image of calm, peace, and even excitement for Christ when the Holy Cross was revealed to him over the battlefield. Saint Constantine means a lot to me not only due to the fact that he is my patron saint, but also because when I was experiencing a troubling situation at school socially, I would come home frustrated and upset and I often hid myself away. This brought me anxiety that I could not expel. I eventually started praying to Saint Constantine for help, and his way of helping me was that during the next day of school, I felt an urge to make the sign of the cross everywhere I went. I got through my day without any disruptions at all, due to this invisible guidance. Therefore, whenever I need direction and guidance; I pray to Saint Constantine.

Finally, the wedding of Cana, when Jesus performed his first miracle at the urging of His Mother, the Virgin Mary. This is a good example of why the Saints and; the Virgin Mary, are constantly praying for us. For in this event, the Holy Theotokos asked of her son to create a miracle and show his divinity, Christ, in response, declared that his time had not yet come, and his mother told the servants to do anything the Lord said. Jesus then laid eyes upon six stone jars and commanded them to be filled with water which miraculously turned into wine because of the Lord's command. This incident shows that the Saints are constantly interceding for us by praying for the Lord to make haste to help us, to stall his judgement, to have mercy upon us, and to express his divinity towards us.

In conclusion, this speech had the goal of informing others, the significance of the Saints both during their life and in Heaven, as well as why and how we honor such saints. For the Saint's all have similar qualities that lead them to God and they are constantly present and in a state of vigil for us. So, I ask you, are you performing good deeds, are you practicing humility, kindness, compassion, and patience, for if we so practice these qualities and constantly pray for repentance, we too will enter the kingdom of heaven

Psalm 142:

"O Lord, hear my prayer, give ear to my supplications in Your truth; hear me in Your righteousness. Do not enter into judgment, with Your servant, for in Your sight no one living is justified. I remembered the days of old; I meditated on all Your works: I pondered on the work of Your hands. I spread out my hands to You; my soul longs for You, like a thirsty land. Hear me quickly, O Lord; my spirit fails. Do not turn Your face away from me, lest I be like those who go down into the pit. Cause me to hear Your mercy in the morning, for in You I have put my trust. Cause me to know, O Lord, the way in which I should walk, for I lift up my soul to You. Rescue me, lord, from my enemies; to You have I fled for refuge. Teach me to do Your will, for You are my God. (Psalm 142)

St. John Chrysostom Oratorical Festival

Grace Wombacher



Good morning everyone. Today I'm going to explain one of the 7 sacraments. Marriage. We have seen marriage in our faith since the old testament with Adam and Eve, the first man and woman and the first married couple in the bible. I want to open up with a quote by Saint John Chrysostom himself. He says, "A good marriage is like a castle. When a husband and wife truly love and respect each other no one can overcome them." Marriage is one of the 7 sacraments that is a very monumental moment in one's life. A Greek Orthodox wedding is different in many ways from a traditional American wedding. One of the traditions that are specific to Greek culture is the infamous wedding crowns. The crown styles change but are always round and tied together with a ribbon as required by the church. Most commonly, they are sewn together with white wax flowers, beads, and other decorations. The purpose of these crowns is to symbolize honor and glory that is bestowed upon the couple for participating in this sacred practice. It illustrates the relationship between God's grace and the elements through which he has chosen to convey them.

The ceremony itself starts with the blessing of the rings. As the priest places his hand on the foreheads of the couple and makes the sign of the cross, he blesses the rings in the couple's hands to officially start the wedding ceremony. The priest puts the rings on the fingers of the couple. The sponsor then exchanges the rings 3 times. The sponsor will serve as a spiritual guide or mentor that will help you explore your faith as a couple. This is to emphasize the role of husband and wife. After the exchanging of the rings, the bride and groom each hold a lighted candle, to portray the light of Christ who is with them throughout the sacrament and their future as a couple together. Next in the ceremony is the crowning. The wedding crowns are placed on top of the bride and groom's heads illustrating the fact that they will be the new "monarchs" of their new household. Once the crowns are in place, the readings begin. An epistle of St. Paul talking of love and respect. And a reading from the gospel of St. John relates the story of Cana of Galilee and the works of turning water into wine. Toward the end of the ceremony, the dance of Isaiah starts. The dance of Isaiah is a huge part of the ceremony where the newly wedded couple takes their first steps around the altar. That is just a basic rundown of the ceremony itself.

Something I've always wondered throughout my childhood about our weddings as a faith is why aren't there vows? This project has helped me learn so much about our faith that now I have that answer. According to the Greek Orthodox Archdiocese, "Since Marriage is not viewed as a legal contract, there are no vows in the Sacrament."

The seven sacraments are Baptism, Chrismation, Communion, Healing, Marriage, Confession, and Ordination. Marriage has stood out to me because it gives you a partner and someone to rely on in times of need and someone to share your faith with. The Marriage ceremony in the Orthodox Church is an experience that is hard to forget. It takes a lot of faithful preparation before you receive the gift of this sacrament because it is so divine. You are essentially joining with someone who will help you seek your faith and explore God and the church community. An unbreakable bond between you.

St. John Chrysostom Oratorical Festival

Elizabeth Pardhe



Topic 2: During times of crisis, our faith is tested. How are Orthodox Christians taught to understand and manage pain and suffering?

Reverend Fathers, Deacon, Honorable Judges, Fellow Speakers, Ladies, and Gentlemen, good afternoon.

If you were to ask me for one of my favorite Bible verses, I would have a hard time choosing one. However, one of my favorites, Job 1:21, has resonated with me through difficult times this past year. In the context of this verse, Job discovers that he has lost almost everything in his life. His children, possessions, and later, his health, are suddenly stripped away from him. However, instead of blaming God or falling into despair, we read that he worships God, saying, "The Lord gave, and the Lord has taken away... Blessed be the name of the Lord," further in the chapter, we read that he does not "sin against the Lord or charge God with folly."

This behavior is quite remarkable. After all, when we fall into difficult situations, our first thought might be to ask, "Why is this happening to me," or "What have I done to deserve this?" Our faith may even be tested since we do not understand why we are going through these hard times and simply want everything to be okay. However, Job shows his complete faith and trust in God by praising the Lord in his tribulations instead of worrying about the "why's" and "how's." By reading the wonderful story of Job, the scriptures, and the writings of the church fathers, we find that suffering can serve a purpose and even be beneficial to our spiritual lives as Orthodox Christians.

At first, this idea might sound confusing, since how can something that is negative and can create feelings of despair, hopelessness, and resentment, be beneficial in any way? An interesting approach to this idea can be seen in St. John Chrysostom's treatise "No One Can Harm the Man Who Does Not Harm Himself." When I first read this, I was captured by the imagery he uses to explain early in the passage, that the greatest virtue of man is his, "carefulness in holding true doctrine, and rectitude (or fairness) in life." He also discusses the story of Job, using him as an example to discuss how we should remain hopeful and virtuous through our trials. Writing about how the devil tormented Job, he says, "For this cause also he robbed Job of his substance, not to make him poor, but that he might force him into uttering some blasphemous speech; and he tortured his body, not to subject him to infirmity, but to upset the virtue of his soul." This shows that the devil did not simply want to afflict Job and hurt him, but took everything away from him with the intent of weakening his faith and making him blaspheme the Lord. As we know, Job persisted and with hope and faith in God, bore his trials to the end, eventually being rewarded by God with more possessions and blessings than he had before his afflictions.

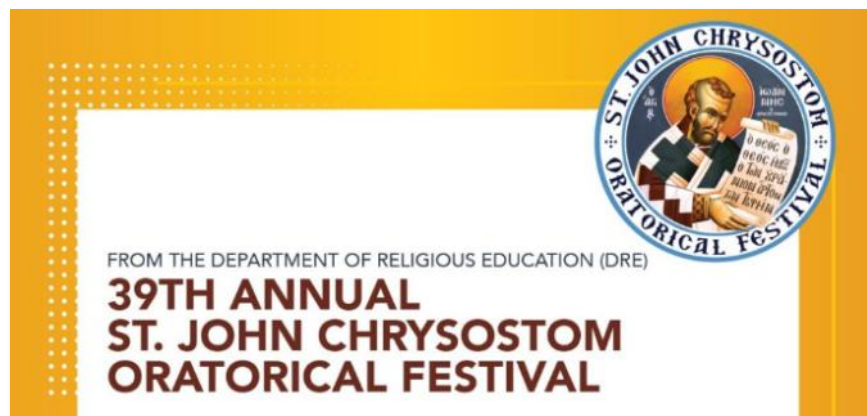
*Elizabeth's message continued on page 7
Desert Springs May 2023*

St. Paul, writing to the Romans speaks about this perseverance and hope in Romans 5:3-4, by saying, "We also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope." We can see this clearly in Job's life, seeing how his faith and character was strengthened through his suffering and how he received hope by prayer. This is something I know I can relate to. When going through difficult times, like struggling with school, getting sick, or grieving the passing of a close relative, I often feel worried and discouraged, but I find comfort through praying and reading stories of saints like St. Nicephorous the Leper and St. Catherine the Great which show the power of prayer and faith in God.

For example, this past February, when I was getting over a long-lasting illness, there were times when it was easy to get frustrated that I wasn't getting better as fast as I wanted to. I simply wanted to feel healthy again and do the things I loved. However, during this period, I tried to apply what I had learned from the Bible to be persistent and hopeful. I showed this persistence by making an effort to complete a couple of my daily tasks even when I did not feel like doing them and I found hope through prayer and reading the Bible.

But one key word I always notice in the aforementioned verse by St. Paul is "glory." If tribulations are bad, why does St. Paul tell us to "glory" in them? One way we can glory in our suffering is by accepting God's will and having faith in his judgment. By trusting God, we can persevere throughout our trials and tribulations and find hope through prayer and the reading of scripture. The Bible is full of wonderful verses and stories of people overcoming their difficulties by praying and receiving help; some notable stories are the ones of Abraham, Joseph, Moses, Samuel, and the apostles Peter and Paul. By reading these, we can learn from them and gain spiritual help for ourselves.

As we go forth throughout our lives, we must always remember the words of St. Peter 1:6, "In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials, that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ." May we also hold our faith close and persist in our faith and prayer that we may be tested like gold on the furnace and be proved worthy of heaven.



Message from Father Alexander

Reflections on a Beautiful Holy Week

Christ is Risen! I hope we have continued in that Paschal joy as we are called to do for the 40 Days after Pascha (and through our whole life) and greeted all with this triumphal statement of the victory over death. For the many who worshiped with us at Holy Trinity in Holy Week it was a powerful week. Thank God we had over 500 people on Holy Friday and on Pascha and almost that amount on Palm Sunday. The services between were also quite filled and all in all it was a prayerful, glorious week leading to the Resurrection of Christ. I wanted to point out a few highlights for me as we went through the week.



We began on Palm Sunday and this year for the first time we included a small procession with our youth holding palms around the church. Even this small act showed in reality the Entry of our Lord into Jerusalem surrounded with children shouting “Hosanna!”

The Bridegroom services on Sunday, Monday, and Tuesday night were special as always and our choir sang a beautiful rendition of the Doxastikon of the Aposticha on Tuesday evening, the Hymn of Kassiani.

On Wednesday we celebrated the Sacrament of Holy Unction and in the evening did the often forgotten service of Orthros on Wednesday night. For a long time neglected out of favor for Holy Unction (which isn't technically a “Holy Week service”) it serves as a powerful reminder of our Eucharistic theology if we are able to listen to the hymns. We also added in the Footwashing Service, something that is commonly done in the Antiochian Archdiocese and many other Orthodox traditions but rarely done in our jurisdiction. It's a humble reminder both for Fr. Apostolos and me and for those whose feet were being washed of the paramount virtue of humility. Thursday evening is always a powerful experience to experience our God and Savior crucified on the Cross.

Holy Friday comes as a day of silence for the most part. The Royal Hours service in the morning was well attended! Our Epitaphio decorators worked tirelessly while we prayed and their work came out beautifully. Friday afternoon brings us to the moving service of the Taking Down of Christ from the Cross which holds us over until the evening. In the evening things change. Yes we mourn Christ with His funeral Lamentations (sung beautifully together!) but we also speak of the destruction that is happening concurrently below in Hades, Christ is despoiling it as He lays in the tomb! It was so glorious to see so many Orthodox Christians celebrating this with us on Friday night.

Saturday brought us to the exciting Liturgy in the morning where we proclaim that God will Arise and Judge the Earth (and Father and I get to throw flowers around the church!). Finally we come to Pascha, anticipating the light in the darkness, the darkness of our world around us so in need of the light of Christ who has destroyed death and come forth from the tomb!

My highlight of the week: I cannot tell you how much joy it brought me to turn around in the Liturgy and still see so many of you there! This is how you celebrate the Resurrection! You may have noticed that after Communion on Palm Sunday I paused as the church had become very loud with talking and I was about 5 seconds from saying something but things quieted down. In contrast, on Pascha when we were called to “Love one another that with oneness of mind we may confess!” I almost teared up. The church was alive! There were so many of you greeting each other at 1:30am in the middle of the Paschal Liturgy! This is what it is about! Seeing so many of you in the Liturgy, greeting one another with joy truly was an icon of the Kingdom of Heaven and this will strengthen me throughout the year. This is what it is all about, love for one another in the Kingdom.

Finally, we need to thank all those involved in making it such a moving Holy Week! A thank you to our chanters for their hard work, especially Joshua Pardhe our head chanter. A great thanks to those who provided the flowers and worked on them to make our church beautiful! Thank you to those who provided the Mageritsa Meal after Anastasi Service and those who headed up our 1st Pascha Picnic. What a joyous time!

Stewardship

By Sandy Meris

*To be a welcoming community sharing
Christ's love through faith and service*



Stewardship 2023 Theme

Giving Thanks: Eucharist Stewardship

PASCHA BRINGS RENEWAL TO OUR CATHEDRAL

CHRISTOS ANESTI!

We pray everyone enjoyed a blessed Pascha with family and friends. Pascha and springtime bring renewal and rebirth to our lives as Orthodox Christians. In addition, it has brought renewal to our beloved Holy Trinity Cathedral as well.

There have been some exciting things happening at Holy Trinity. During the first quarter of 2023, we saw a sizable increase in stewardship donations and commitments. In the month of January, we received more stewardship donations than we have in many prior years. It is thanks to all of you, our stewards, for your generosity and for making Holy Trinity a priority in your lives.

In regards to our campus, we saw the completion and dedication of Phase 1 of the **Alexandra Sampson Memorial Youth Project**, which includes a new fire pit and picnic area. Phase 2 planning stages are underway. **We received a generous donation of \$20,000** from Tracy Poulos in memory of her beloved husband James Poulos.

This donation is specifically for upgrading the basketball court. The court will be resurfaced and painted for basketball and pickleball. We will install new backboards, rims and hoops and purchase a pickleball net and equipment. Jim was an avid basketball player and he and Tracy were Alex's Godparents so this donation is very fitting and special.

In addition, the beginning stages of a refresh of the Cathedral interior is also taking shape. The plan may include: repairing broken pews; repainting the interior; replacing carpet and adding new icons among other items.

Clearly, there are a lot of exciting and positive things happening on our campus which directly affects every single one of our parishioners. And one of the reasons this is all possible is because our stewards continue to give and give generously and sacrificially. We are truly grateful for our stewards! May it all be blessed!



House of Stewards

As of 04/28/2023

Panagiota Agelakos
Catherine Agra
Evan & Terri Alexon
Constance Anagnopoulos
Mike & Alexandra Anagnopoulos
Nikki Anest
Bettina Angelos
John & Sandy Annos
Elaine Apostle
Argyro Apostolou
Christina & Chris Bakavelou
Constantine & Eleni Balanis
Taylor Bankson
Crisanne & Scott Bansner
Sam & Heidi Bass
Alexandra Bates
Joyce Bavlinka
Scott & Stacey Beaty
George & Stacy Benetos
Stamatios Benetos
Dan & Vicki Bichekas
Peter & Jennifer Bilitsis
Helen Bixenman
James & Helen Bruno
Georgia Brusalis
Chris & Rita Bruskas
Kristen Bruskas
Constance Burkhart
Kathy Carras
Frank Carris
Chad & Amanda Carver
Laurel Charnas-Schiller & Todd Schiller
Harriet Chotras
Jim Chotras
Pete & Kim Choukalas
Katherine & Jeffrey Clarke
Andrew & Mara Contes
James & Connie Contes
Margaret Contes
Ed & Angeliki Valerou-Cooper
Wyatt Coppinger
Hon Steve & Stacia Counelis
John & Jean DalPan
Evonne Damianos
Nick & Sharon Daniolos
Patricia Davis
Rebecca Davis
Leonard & Elaine Debickero
Anastasia Dellas
Hercules Dellas
Patrick & Karla Delord
Joanne Demangus
Tom & Irene Demas
John & Mary Demetropoulos
Alexa DeMoss
Bill DeMoss
Charles DeMoss
Chris DeMoss
John & Marjorie DeMoss
Michael & Maureen DeMoss
Basil & Ruth Denaxas
Alexandros & Erika Dimitriadis
Jimmy Drakos
Stanley & Fran Drozd
Christos & Dena Economopoulos
Clyde (Emil) Ellis
Fr. Alexander & Presv. Laura Eliades
James & Lisa Glitsos-Elam
Ed & Katherine Fancher
Athanase & Georgia Furlis
Athanasia Furlis



Ted & Andi Furlis
Tim & Antonette Fraenkel
Chris & Celeste Francis
Georgana Frieh
George & Julie Froumis
Semos Gardner
Chris & Anne Gavras
Andreanna Georgiou
Thomas & Christina Georgiou
Pamela Georgelos
Diana Georgelos
Demetra Georgelos
John T Giannopoulos
Polly Ginakes
Stella Glitsos
Eva Goodman
Bill & Lynn Graham
Gina Graham

David Haag
Mary Haidos
Donald Hall
Terry Harper
Mary & Roger Harris
Patsy Harris
Alexia Haugen
Diane Herman
Fr. Apostolos & Presv Denise Hill
Gregory Hill
Veronica & Michael Hill
Bessie Hotis
Gelu & Jesa Isfanut
Ekaterini & Jason Jaynes
Jeffrey Johannesmeyer & Melina Machas
Pavlos Kairis
James & Linda Kalivas
Pete & Nicole Kamboukos
Basilis & Roula Kaneris
Marianna Kaneris
Jean Kantaros
Nick & Dena Kantaros
William & Harriet Kapolas
Maggie & Marko Karakozis
Peter Jr & Tina Karegeannes
Virginia Karegeannes
Vasilios & Vasiliqi Karagiannis
Julie Karoutas
Joann Karros
Fotini Katrakis
George & Niki Katsaros
John & Mary Katsenes
Paul & Lori Katsenes
Thomas J Katsenes
Paul & Lori Katsenes
Jim & Poppy Kavouris
Fanny Kechajias
Catherine & Quentin Keyser
Ronald & Virginia Kidd
Emily Kimmell
Pete & Pat Kladis
Maria Kompos
Spiros & Maria Kontakis
Arthur & Carol Kostaras
Anthony & Janet Kouvousis
Elizabeth & Johnny Kratsas
Tammy Kretsedemas
Nick & Marina Kretsedemas
Debbie Caras & Greg Kunkel
Tassie Ladas
John & Evangelia Lambrou

House of Stewards continued on page 11

Desert Springs May 2023

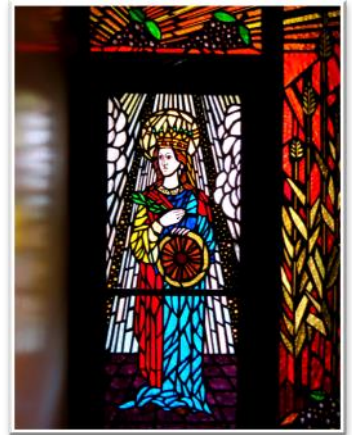
House of Stewards continued from page 10

Judith & Bruce Lamond
Elias & Mary Lamos
Scott & Jill Leach
Constance & Steve Lemere
Lea Linaris
Andrew Limber
Luke & Maria Lipnos
Gregory Lizanich
David Lyon
James & Stephanie Machas
Maria Maciejewski
Daniel MacInnis
Joanne Mackos
Aristotle & Evelyne Macrodimitris
Marika Makridis
Margarita Makris
Julie & Felix Mamani
Jim & Donna Manelis
Anna Manos
Jenny Margaris
William & Rina Marinakos
Nicholas Marino
Douglas & Ann Markakis
James & Michele Markakis
Mary Lou Mastorakos
Stephen & Marianthi Mastorakos
Debra & Demetrios Mavroidis
Angela & Chris Mead
Joanne Meris
William & Sandy Meris
Anthony & Tania Miaoulis
Anastasia Migias
Angeline Miller
Paul & Linda Miller
William & Jean Miller
Philip & Helen Mitchell
Emily & Oleg Moroz
Dino Moschovitis
James & Irene Mourikes
Spyro & Effie Mousses
John & Maria Nicholas
Evelyn Nickalew
AnnaMarie Nieblas
Else Paletsos
Elizabeth Palmer
Alexi & Alexia Panagiotakopoulos
Philip & Eleni Panagiotoglou
Sofia Panagiotoglou
Chrysoula Papadopoulos
Socrates & Stephanie Papadopoulos
Aaron Papagalos
Maria Papageorgiou
Betty & James Papas
Nick Papas
Rita & Spyros Papaspyrou
Gabiella Papatzimas
Nicholas & Stacy Papatzimas
Angeline Pappas
Andrew & Emily Pappas
Harry & Fannie Pappas
Irene Pappas
John & Andrea Pappas
Daniel & Anna Pardhe
Athena Parmenter
Amy Paul
Christine & Peter Pearce
Katherine Pedersen
John & Dina Pesognelli
Fotini Pestrivas
Zoe Pestrivas
Chris Petroulakis
Jacquelyn Petroulakis
Nicholas & Laurel Petsas
William & Kathryn Petsas
Michael & TeAnn Philippi

Brian & Athena Pickett
Mary Ann Pikulas
Andreas & Mary Poulakidas
Tracy Poulos
Panagiotos & Anthipe Pries
Nicole Pyle
Bertha Quinn
Lydia Rabbitt
Menelaos Rentzis
Voula Rentzis
Maria & Curt Ruttle
Lois Sakkas
Dimitra Sampson
Paul Sarantes
Les & Christine Sarantinos
John Schneider
Warren & Kalliopi Schneider
Angela & George Scopelianos
Diane & George Sedlacek
Terry & Chris Seretis
John Siavelis
Robert & Donna Sioles
Robert Stamm & Elyse Sioles
George & Evi Skintzis
Elias & Phyllis Skoubis
Constantin Solomon
David & Alisha Solheim
Angelo & Marie Spanos
Leo & Rachel Speliopoulos
William & Dianne (Tiki) Spell
James A & Christina Speros
James L & Karen Speros
Vasilios & Diana Speros
Jim & Kathryn Stamadianos
Andrew & Christine Stamatis
Gerry & Nitsa Stamatelatos
Tristan & Alana Stoutenburg
Dr. Despina Tavlarides
William & Rebecca Tavlarides
Nick & Effie Theodore
Gus & Mary Louise Theodoropoulos
Jim Thomas
John Gus & Teresa Thomas
Deac. John & Diak. Mary Thrasher
Andrew Touvanas
Thaddeus & Katherine Tropea
Stacy & Gerri Tsantilas
Constantine & Stella Tsantilas
Vaious & Areti Tsanos
Dean & Brenda Tseunis
Dimitri Tsioutsopoulos
Matthew & Eva Turgeon
Costa & Koko Tzavaras
Daniel Valenzuela
Kristen Vasilarakos
Argyro Vasquez
Terri & Scott Vaughn
George & Connie Venetis
Leah Venetis
Peter & Maria Vlahos
Andrew & Sandy Vlahoulis
Steve & Mary Vrahas
Matthew & Jaclyn Walsh
Paula & Colin Walsh
Zach & Mary Wilhelmi
Richard & Katina Wood
Michael & Christina Wombacher
Zachariah Yoon & Elizabeth Hong
Anthony & Karen Zaman
Dimitrios & Eugenia Zannis
George & Katherine Zannis
Evangelia Zikos
Kostas & Margarita Zistas
Eleanna Zistatsis
Michael & Christina Zistatsis

Holy Trinity's St. Katherine Philoptochos

Alex Anagnopoulos, President



St. Katherine faceted glass icon in the south wing of the Narthex.

☪☪☪

**Next Meeting on Thursday,
May 4, 2023
at 6:30 pm
in the Lounge of the Speros Community Center**



April meeting. Thank you to **Julie Karoutas** and **Judith Lamond** for providing the delicious Lenten snacks and sweets!



What is Philoptochos?
The translation is
Philo = Friend
and Ptochos = Poor.
It is literally "Friend of the Poor".

JOIN PHILOPTOCHOS 2023

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: (____) _____ CHECK # _____ AMOUNT: _____

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:
St. Katherine's Philoptochos of HTC Membership 2023, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Holy Trinity's St. Katherine Philoptochos



(above) Decorating bags to hold Pascha goodies and cards.

Coffee in the Conference Room!

EVERY TUESDAY!

9:30-11:00 am

No RSVP needed -
just stop on by!



Gathering for
conversation and
card-writing.



Holy Trinity's St. Katherine Philoptochos Bake Sale



Another successful bake sale! Thank you to all who prepped, baked, packaged, and purchased!
And thank you to Joanna Mackos for again leading the kitchen and baking crews.

THANK YOU!

Red Eggs



Thank you to Joann Karros and Kathy Karros Clarke for hosting!

Holy Trinity's St. Katherine Philoptochos Scholarships!

Every year Philoptochos awards scholarships to HTC students. Please check out the applications in the Narthex as you walk in on the left.

If you have any questions, call Georganna at 602-300-0016.



Free Shredding Event!

Saturday, May 6, 2023



THE KAY-GRANT GROUP
BUY • SELL • INVEST

Hey Neighbor come
SHRED
with us for fun!

May 6, 2023 • 8:00 - 11:00 am
Holy Trinity Greek Orthodox Cathedral
1973 E Maryland Ave, Phoenix, AZ
85016

RON PACIONI
602-574-9587
ron@kay-grant.com
www.kay-grant.com/Ron

myhomegroup
If your home is listed with another broker this is not intended to solicit that listing. 

Lazarus Saturday Palm Cross Making

April 8, 2023



Lazarus Saturday Pancake Breakfast

Hosted by Sunday School

April 8, 2023



Palm Blessing and Procession

Palm Sunday

April 9, 2023



Palm Crosses

Palm Sunday
April 9, 2023



Holy Wednesday

Foot Washing Service

April 12, 2023



2023 Myrrhbearers



Photo by Nate Tropea

2023 Epitaphios/ Kouvouklion

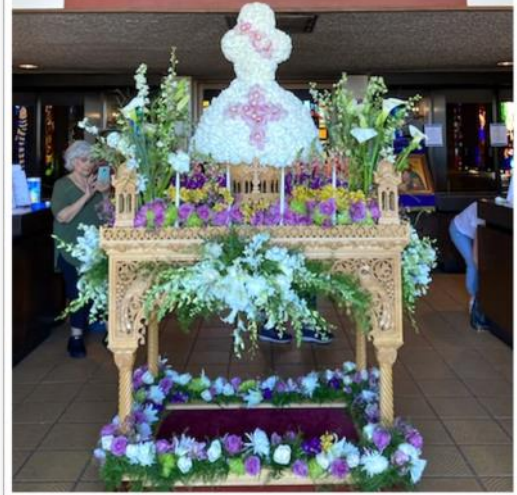
The Kouvouklion is an elaborately carved canopy over the Epitaphios. The canopy represents the Tomb of Christ.



The Epitaphio is decorated on Holy Friday morning beginning at 7:00 by many dedicated hands.



Thank you to Irene Demas and Diak. Mary Thrasher for their invaluable leadership!



Holy Friday—Unnailing Service

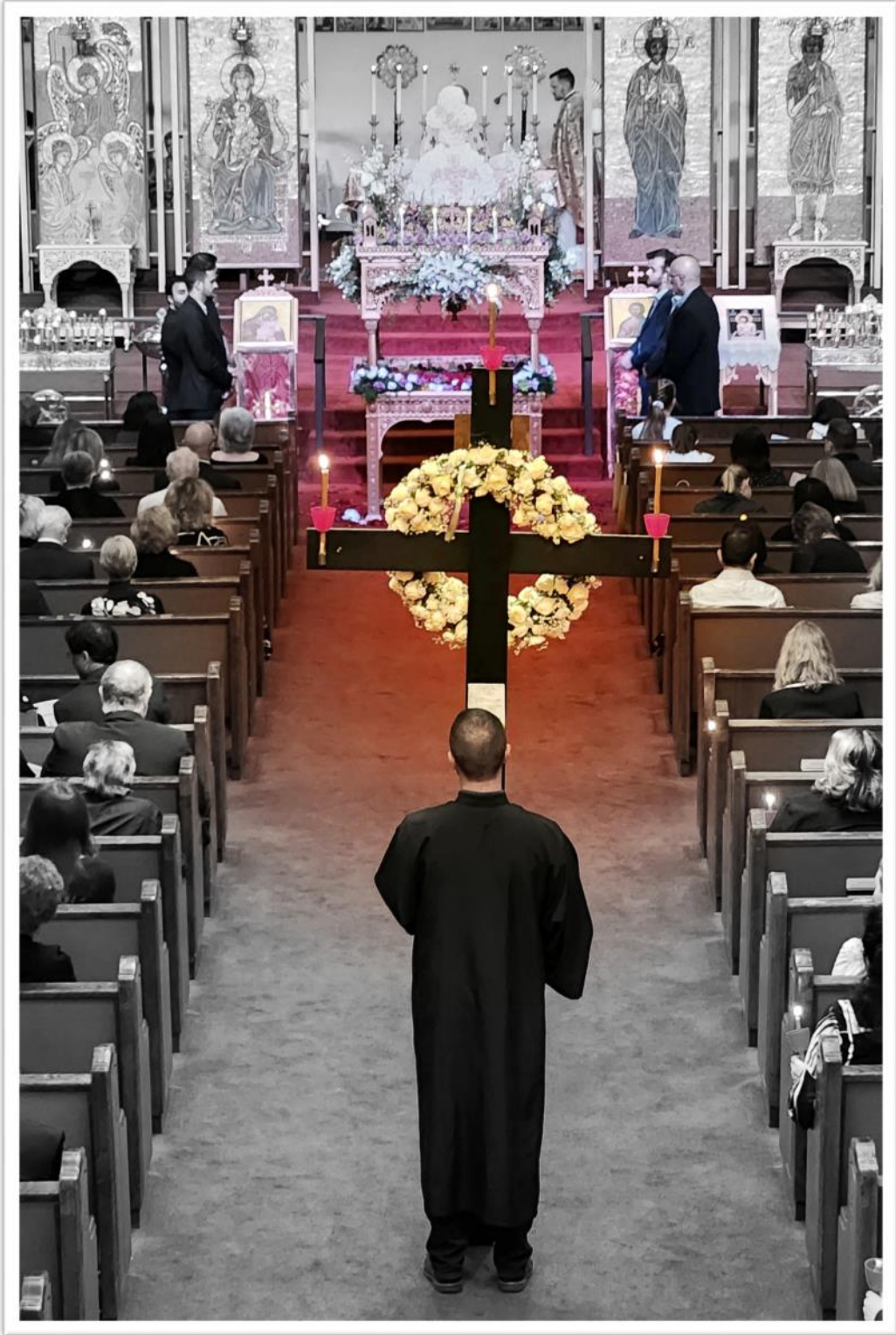
April 14, 2023



Holy Friday

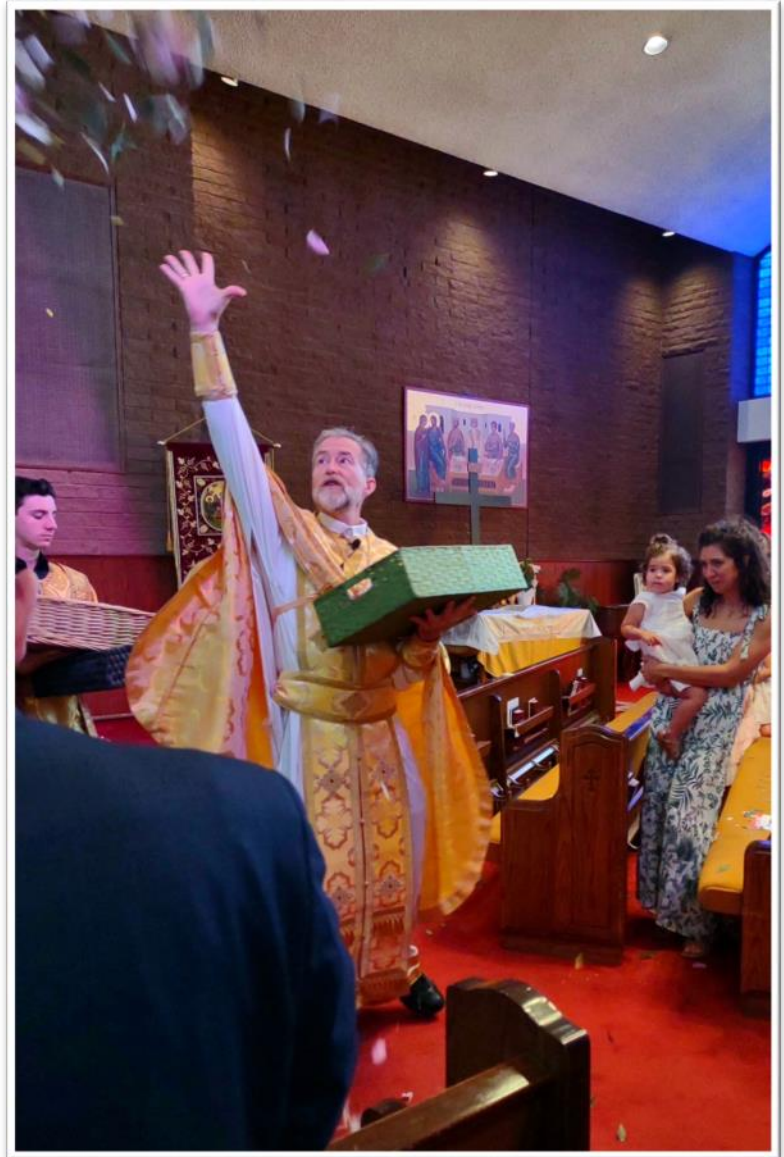
April 14, 2023

[Click Here for Holy Friday Photos](#)



Proti-Anastasi Service

April 15, 2023



Includes Photos by Presvytera Denise



Anastasi Service

April 15-16, 2023

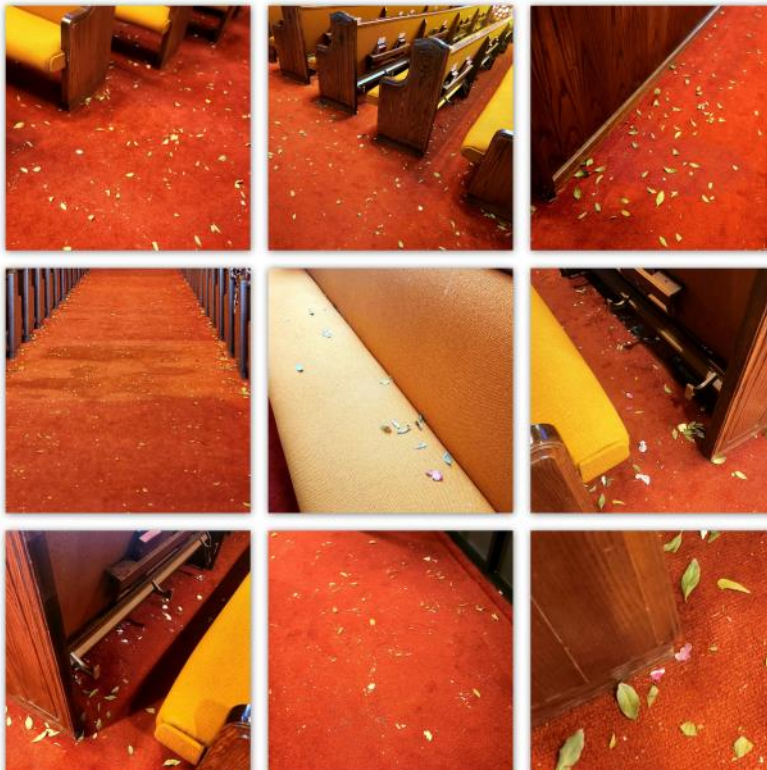


Mageritsa Meal

April 16, 2023



Joy!



Paschal Picnic

April 16, 2023

Paschal Potluck and BBQ Celebration

On April 16th, two hundred people gathered at the Speros Center to celebrate Pascha with a community BBQ and potluck. This much-anticipated event, which had been on hiatus for several years, was a resounding success and will hopefully become a regular Holy Trinity event!

Preparations for the event started during Holy Week as volunteers began preparing dishes for the potluck and dropping off supplies. On Holy Saturday, Phill Panagiotoglou oversaw a communal cooking event to prepare Greek-style potatoes, moussaka, rice, and lamb. Special thanks to Wyatt and Emily Coppinger; Alisha, Sophie, and Madeline Solheim; Tristan and Alana Stoutenburg, and Billy Tavlarides for their help in preparing the food and the Valonis brothers for their help in setting up for the event! Under the guidance of Socrates Papadopoulos, the grill master for the event, two whole lambs were prepared for the grill.

Early on Pascha morning, the lambs were seasoned with Socrates' special masala and grilled over charcoal. We thank the Papadopoulos family for volunteering their time and skill in grilling! The lambs were a key part of the event and several attendees remarked how much they enjoyed watching the process. We also thank Ted Furlis for loaning his grill for the event. Phill Panagiotoglou and Billy Tavlarides graciously volunteered several hours in the kitchen to plate the potluck contributions as they arrived, wash the endless stream of dishes, and make sure the food was served at the right time.

Following Agape Vespers, everyone made their way down to the patio and Small Hall. After a blessing from Fr. Alexander, the festivities started! The kids had an Easter egg hunt and played with bubbles while the adults chatted and helped set out the feast. The tables were overflowing with a variety of dishes and desserts, and everyone helped themselves to their heart's content.

Overall, there were 2 grilled lambs, 15 pounds of oven-baked lamb, 6 trays of moussaka, 50 pounds of potatoes, 4 rotisserie chickens, 2 trays of pastitsio, 9 pounds of feta cheese, at least 2 casseroles, Greek salad, dolmades, tzatziki, loukaniko, hamburgers, hot dogs, bread and many other dishes – a testament to our community's overwhelming enthusiasm for the event. The atmosphere was lively, with people chatting, laughing, and enjoying the weather. Overall, it was a fantastic event, and everyone left feeling grateful for the opportunity to come together and have a great time celebrating Pascha as a church family!



Paschal Picnic

April 16, 2023



Includes Photos by Eva Goodman and Mary Pardhe

Paschal Picnic

April 16, 2023



Includes Photos by Eva Goodman and Mary Pardhe



Have you checked out the website lately?

www.holytrinityphx.org

Events · Services · Photos · Calendar · Stewardship



Did you know?

We had **4,468** site visitors in April and **39,677** site visitors in the last 12 months!

Endowment Fund

✦ THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND ✦

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain **inviolable** and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy ***in perpetuity*** for their family, have made contributions totaling **\$644,340.00**.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly appreciated.

Holy Trinity Greek Orthodox Cathedral	
ENDOWMENT GIFTS	
PLATINUM DONORS: \$100,000.00 + Faye Boukas George and Ann Souvall John George Thomas	GENERAL ENDOWMENT FUND: \$1,000.00 + Dr. Christopher J. DeMoss The Lambrou Family
GOLD DONORS: \$50,000.00 + Dr. Nick Baziotes	OTHER IN MEMORY GIFTS IMO Stacy Hotis IMO Danny Speros IMO Mark Sprintz IMO Chris Gabriel IMO Fr. James & Katherine Tavlarides IMO Fr. Anthony & Mary Coniaris IMO Tom Contes IMO Leonard Mastorakos IMO John Sgouros IMO Chris Gabriel IMO Athena & Dan Choukalas IMO Milton & Harriet Sioles IMO Koula & Pete Triantafyllou IMO James H. Karros IMO Bette Maniatis IMO Dan Lester Hill
SILVER DONORS: \$25,000.00 + DeMoss Families IMO+ Tasia Pritchard	
BRONZE DONORS: \$10,000.00 + Gabriel & Helen Pappagallos IMO Mary Montague John & Mary Katsenes George & Koula Cheros IMO Dina Sakellarakis Steve and Joan Vrahas Ange & Alex J. Pappas James & Connie Contes Dennis & Anastasia DeBerry IMO John G. Zannaras Steve & Judith Vrahas	

✦
**REMEMBER
HOLY TRINITY
IN YOUR WILL**



Desert Diamonds

Senior Parishioners and their guests

Julie Karoutas

email: juliekaroutas@gmail.com, cell: 623-313-8720 call or text



Xristos Anesti!!! Alithos Anesti!!!

Dear friends,

April was a busy month for All! So many things to do, places to go.....

Let us take a breather and gather in Fellowship for Brunch on

Tuesday, May 16th, 2023 at

Pita Jungle at 1001 N 3rd Avenue, Phoenix AZ 85003

Tel #602.258.7482

Yours in Christ,

Julie Karoutas

email: juliekaroutas@gmail.com

Cell# 623.313.8720



Coffee Hours

Thank you to the **Young Adults** for sponsoring Coffee Hours in April.

The May Coffee Hours are sponsored by **OPA**.



Thank you!

Family Wellness Ministry



REAL LIFE Parenting from the heart

Family Wellness Ministry
PARENTING WORKSHOP SPRING SERIES



Mark your
calendars
for
THURSDAY
May 11th
May 25th
6:30 - 8 p.m.
(Pacific Time)

"PLEASE UNDERSTAND ME!"

Connecting to the inner life of our kids

This 2-part parenting series on zoom will integrate solid psychological research and wisdom from Orthodox Christian teaching providing insightful and practical content with opportunities for interactive discussion. We will share about cultivating stable emotional connection, communication skills, parenting styles and integration of authentic faith in Christ.

**Our Family Wellness Ministry team is excited to CONNECT
with you face to face - heart to heart**



Our Family Wellness Ministry Team is delighted to partner with the Youth and Young Adult Ministry to bring you practical tools and helpful insights to support you in your Christ-centered parenting. The workshop series is free and open to parents with kids of all ages.

Vibrant ministries of the Metropolis of San Francisco



Family Wellness Ministry



YOUTH &
YOUNG ADULT
MINISTRIES

REGISTER TODAY:

www.familywellnessministry.org
www.gosfyouth.org

Support for Orthodox Families

Our Metropolis Family Wellness Ministry provides high-value content in support of personal and family spiritual, physical, and familial well-being. Please join us in this very timely and impactful presentation!

Christ is Risen!

Fr. Apostolos Hill

Celebration Committee



Let's Celebrate!

On the first Sunday of each month, the Celebration Committee organizes a potluck during coffee hour to celebrate all the special events in parishioners' lives and birthdays that take place in that month.

Please join us every month and bring your favorite food item to share!

On the April Celebration Sunday, we celebrated Stan and Fran Drozd's 55th wedding anniversary along with all April birthdays. We had a spring-themed décor setup with light green tablecloths and alternating pastel pink and blue overlays. Each table had a vase with white flowers. On Saturday, since we had extra volunteers from the communal cooking event, we made 32 feet of pastel balloon garlands to decorate the hall. In addition, we had over a dozen large foil flower and butterfly balloons.

We greatly appreciate those who have shared their milestone events with our Holy Trinity family. If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can send an email with suggestions and details to: htcphxevents@gmail.com.

If you are interested in volunteering or learning more, please email htcphxevents@gmail.com and/or talk to Terri Alexon or Mary Pardhe. We're looking for more volunteers to help out on a monthly basis!

Communal Cooking Event

In April, we held another Communal Cooking event. Phill Panagiotoglou oversaw the preparation of Greek-style potatoes, brown lentils, and rice with shrimp. The delicious food was served during coffee hour on Celebration Sunday. If you are interested in joining us for future cooking events, please email htcphxevents@gmail.com! It is a great opportunity to learn how to make new recipes and spend time with our Holy Trinity Community. As a bonus, volunteers can learn how to make balloons garlands and other décor pieces!

Celebration Committee



Set-Up & Community Cooking



Sunday Celebration

Celebration Committee

May Birthdays

HAPPY Birthday



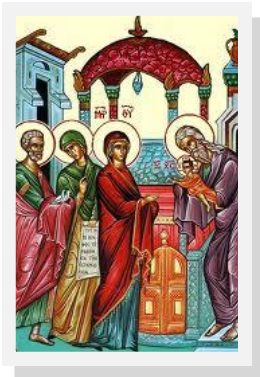
Sheila Asala
Natalia Bakavelou
Olivia Bakavelou
Crisanne Bansner
Nicholas Baziotes
Anya Beaty
Scott Beaty
Georgia Brusalis
Chris Bruskas
Joanne Carras
Casey Cartier
George Carver
Titus Chimonas
Jim Chotras
Mikela Cooper
Patty Davis
Marsel Dimitriadis
Tim Fraenkel
John Ginakes
Lynn Graham
Bessie Hotis
Olga Kassimatis
Emily Kimmell
Maria Kompos
Panayiotis Kostouros
Theodore Kyriacou

Evangelia Lambrou
Mary Lampos
David Lyon
Dino Moschovitis
Jiori Orfanos
Jeremy Oxley
Alexia Panagiotakopoulos
Marco Panagiotakopoulos
Alexander Papamatheakis
John J. Pappas
Vasili Paul
Vincent Paul
Jacquelyn Petroulakis
Andreas Poulakidas
Mary Poulakidas
Anthipe Pries
Bertha Quinn
Dimitra Sampson
Robert Sioles
James L. Speros
Matthew Turgeon
Aristithi Vardalos
Isaiah Walker
Sofia Walsh
Argirios Watson
Ella Wombacher
Stephanie Yarusinsky
Dimitrios Zannis

Our Church Family

40 Day Blessings

“One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.”
Psalm 27:4



04/01/2023

Sophia, daughter of Emily & Oleg Moroz

God's Blessings be upon her.

04/01/2023

Anna Marie, daughter of Ritsa & Tony Batista

God's Blessings be upon her.

Baptisms

“For as many of you as were baptized into Christ have put on Christ.”
Galatians 3:27



04/22/2023

Peter, son of Jaclyn & Matthew Walsh

Godparent: Nicholas Kouracos
God's Blessing be upon him.

04/22/2023

Zachariah, son of Ioannies & Elizabeth Kratsas

Godparent: Michael Katsouras
God's Blessing be upon him.

Donations

We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation and your envelope number in the memo line.**

i.e. stewardship, candles, etc.

Thank you all!



Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.



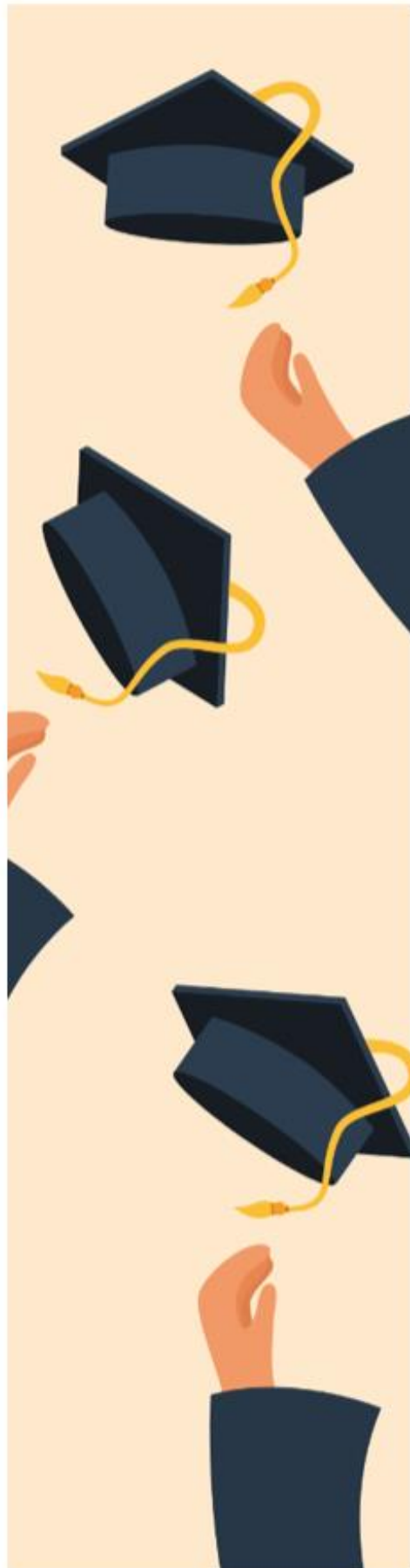
HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](#)



Attention Graduates!



2023 Graduation

SALUTE TO THE 2023 GRADUATES

If you or your child are graduating from 8th grade, high school, college or graduate school, please [CLICK HERE](#) to fill out the 2023 Graduate Recognition Form to be recognized in this year's digital SALUTE to the GRADUATES.

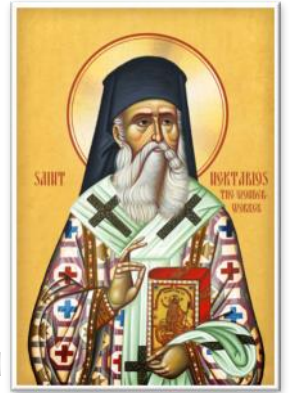
All graduate recognition forms need to be submitted by Friday, May 7th. In addition to completing the form, we are requesting a photo of each graduate. (class/graduation photos preferred)

We want to showcase all our Parish's graduates. A special graduation email will be sent to all the Holy Trinity congregation the week of May 15th - 19th.

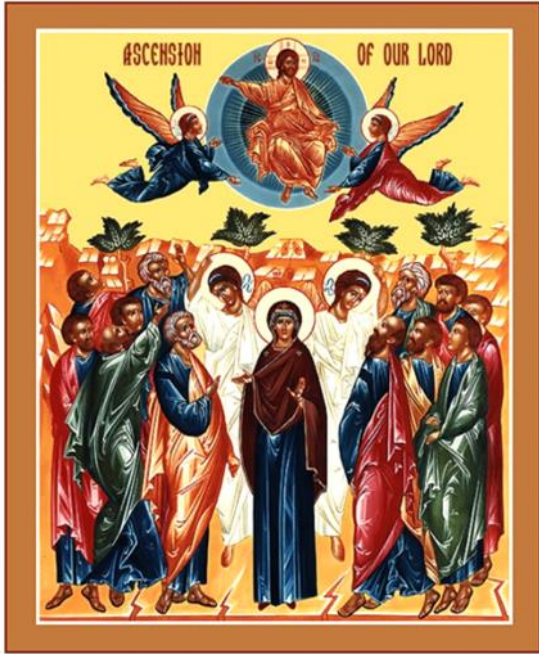
PLEASE SEND PHOTOS and direct any questions to, Caroline Economopoulos cjecomom@gmail.com

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou
stnectariosphx@gmail.com



The month of May gives us the opportunity to celebrate the Feast of the Ascension of our Lord and Saviour Jesus Christ.



The Feast of the Ascension of our Lord God and Savior Jesus Christ is celebrated each year on the fortieth day after the Great and Holy Feast of Pascha (Easter). Since the date of Pascha changes each year, the date of the Feast of the Ascension changes. The Feast is always celebrated on a Thursday.

The Feast itself commemorates when, on the fortieth day after His Resurrection, Jesus led His disciples to the Mount of Olives, and after blessing them and asking them to wait for the fulfillment of the promise of the Holy Spirit, He ascended into heaven.

The moment of the Ascension is told in one sentence: "He was lifted up before their eyes in a cloud which took Him from their sight" (Acts 1:9).

It is also at this time that the disciples were directed by Christ to "go and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit" (Matthew 28:19). Jesus also told them that He would be with them always, "even to the end of the world" (Matthew 28:20).

The icon of The Ascension of Our Lord is a joyous icon. It is painted with bright colors. Christ is shown ascending in His glory in a mandorla. A mandorla is a design which is almond-shaped or round. Inside the mandorla is the figure of a holy person. Christ blesses the assembly with His right hand. In His left is a scroll. The scroll is a symbol of teaching. This icon shows that the Lord in heaven is the source of blessing. In addition, Jesus is the source of knowledge. The icon reminds us that Christ continues to be the source of the teaching and message of the Church, blessing and guiding those to whom He has entrusted his work.

The Theotokos occupies a very special place in this icon. She is in the center of the icon, immediately below the ascending Christ. The gesture of her hands is gesture of prayer. She is clearly outlined by the whiteness of the garments of the angels. The Theotokos is depicted in a very calm pose. This is quite different from the appearance of the Disciples. They are moving about, talking to one another and looking and pointing towards heaven. The entire group, the Theotokos and the disciples represent the Church.

Maintenance Corner

By Ted Furlis

htcmaintenance1973@gmail.com



Here is a list of the maintenance issues taken care of by your Maintenance team recently.

- Motion activated light switches were installed in the basement.
- The ladies bathroom door in the community center was repaired along with the men's room door handle.
- The cottage bathrooms were repaired by installing a new door hinge, and patching the ceiling holes caused by critters.
- New fan vents were installed in both cottage bathrooms, the pipes were jetted and cleared, and a new paper towel holder was installed.
- The cottage bathrooms are functioning correctly. The cottage roof vents were covered with chicken wire to prevent critters from entering.
- Light bulbs were installed in the office, Education Building and Community Center.
- The exhaust fan motor has gone out over the kitchen stoves, and we are currently in the process of getting bids to repair.
- The double doors leading into the Small Hall were damaged and need repair, and we are currently reviewing a suitable fix or replacement.
- All the oven and stove knobs have been replaced as they were worn out.
- Backflow preventer valves are currently being reviewed for repairs.
- We were able to secure a new high pressure power washer to assist us in cleaning and maintaining the property.

If you would like to volunteer or have equipment you would like to donate please call Ted Furlis at 602-625-8835 or Peter Bilitsis at 602-317-7780.

What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

"Welcome! I don't believe we've met yet. My name is (your name)" is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!

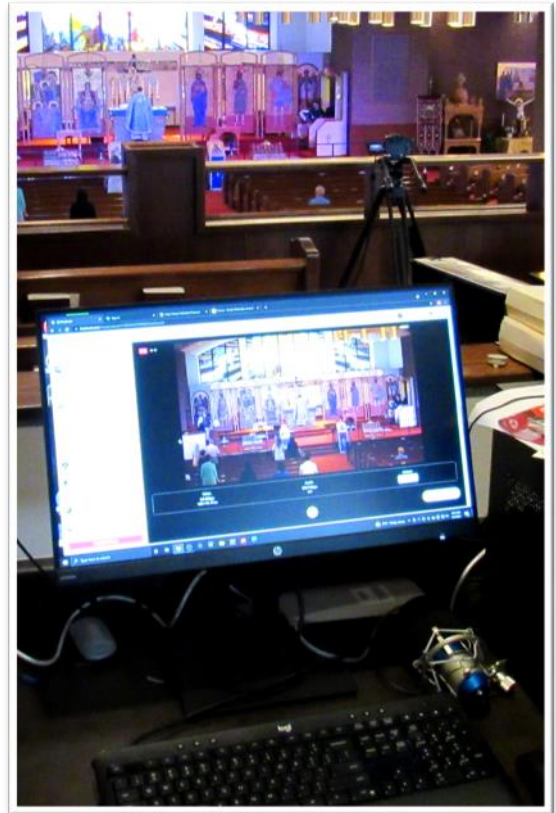


"To be a welcoming community sharing Christ's love through faith and service."

Liturgical Services will continue to be
live streamed
by Father Apostolos
and Father Alexander.

All services can now be found on the
Home Page of the
Cathedral's website
www.holytrinityphx.org,
in addition to the continued postings on
our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their above-
and-beyond efforts to bring
clear and timely video to all!



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

If you have been receiving the mailed Desert Springs, but no longer need it mailed to you, please let the Church Office know. Thank you!

Desert Springs Subscription

Enjoy color copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: _____

Street Address: _____

City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or
contact Kristen at 602-332-8809

Living Orthodox Young Adult Ministry

Living Orthodox Young Adult Ministry

Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-35) who are striving to grow in and connect with their faith! The focus of this ministry is to highlight ways that we, as young adults, personally grow in our Orthodox faith (ex. attending services, reading books, listening to podcasts, watching spiritual videos, etc.) and to share ideas on how to increase our commitment to live an Orthodox life. Join us on for virtual meetings every other week and in-person for our monthly potluck discussions!



March Potluck and Discussion

In March, we gathered at Holy Trinity to celebrate Divine Liturgy for the feast of the Annunciation as a group before joining the Holy Trinity service project. After a potluck lunch, we had a presentation by Tim McFadden (St. George) on the topic “The Foundation of Man and Women in God”. Tim McFadden, who studied under Met. Kallistos Ware at Oxford, presented the thesis of how man and women, created in the image of God, reflect in a mystical way the relationship between God the Father and Christ-God. To listen to the full presentation and access the slides, please visit our YouTube channel at <https://tinyurl.com/LOvideosYT>.

If you or someone you know is interested in learning more about Living Orthodox, please email livingorthodoxministry@gmail.com! You can also visit <https://linktr.ee/livingorthodox> for links to our Instagram channel and Discord server.



OPA—Orthodox Parents Association

Caroline Economopoulos, President



Are you getting the weekly
OPA Newsletter?

OPA communicates primarily through email,
via our email newsletter.

To stay informed on all of the
youth, parent, and family happenings at Holy Trinity,
sign up today.

It's easy, just email your information
ciecomom@gmail.com,
and we'll get you added to list!

Graduation Celebration



Holy Week 4F Retreat



COME JOIN US
for the
FINAL 4F Night of the year!
THIS Saturday, May 6th
from 4:30 p.m. -8:00 p.m.
RSVP [here](#) to join the fun!!

Project Mexico

Holy Trinity Project Mexico

For all high school youth and young adults, this July 20-26, Holy Trinity will be going to St. Innocent Orphanage to participate in Project Mexico Homebuilding! These spots are going to go quickly, so sign up now. To reserve your spot for for more information, simply email Fr. Alexander. To learn more about Project Mexico's homebuilding ministry, visit www.projectmexico.org/homebuilding



All Saints Camp 2023



SUMMER CAMP IS BACK!

All youth entering 3rd grade to recent 12th Grade graduates are welcome to join. Camp will be at UCYC in Prescott, AZ from May 30-June 3

REGISTRATION IS OPEN CLICK [HERE](#) TO REGISTER

For more information visit our website at allsaintscampmarizona.org
Questions, please contact us at info@assumptionaz.org