

# Desert Springs

August 2023  
Volume 8 Issue 7



Newsletter of Holy Trinity Greek Orthodox Cathedral  
1973 E. Maryland Avenue, Phoenix, Arizona 85016  
Office: 602-264-7863 Fax: 602-230-9099 Website: [www.holytrinityphx.org](http://www.holytrinityphx.org)

**Rev. Economos Apostolos Hill**  
**Rev. Alexander Eliades**  
**Rev. Deacon John Thrasher**

**Office Hours:**

Monday–Friday, 9:00am–3:00pm

**Sunday Worship**

8:00am Orthros

9:30am Divine Liturgy

**Desert Springs Staff**

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Theological Advisor/Editor-In-Chief  
Kristen Vasilarakos, Layout/Composition  
602-332-8809, [kvasilarakos@cox.net](mailto:kvasilarakos@cox.net)

**Desert Springs Deadline**

The 25th of each month

**Sunday Bulletin Deadline**

Wednesdays, 12 noon

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Church Caretakers  
Terry, Paul, and Dimitri Valonis

Holy Trinity Bookstore  
[info@stnectariosphx.org](mailto:info@stnectariosphx.org)

**2023 Parish Council Members**

President: Paul Katsenes

Vice President: Connie Contes

Treasurer: Jim Manelis

Secretary: Andi Furlis

Sandy Annos, Charlie DeMoss,  
Alexander Harding, Jill Leach,  
Chris Petroulakis, John Schneider

**Holy Trinity Cathedral**  
[www.holytrinityphx.org](http://www.holytrinityphx.org)

**Metropolis of San Francisco**  
[www.SanFran.goarch.org](http://www.SanFran.goarch.org)

**Archdiocese Website**  
[www.goarch.org](http://www.goarch.org)

## Organization Contacts

- **4F/Sunday School** — Kathy New: [kkatsalis@msn.com](mailto:kkatsalis@msn.com)
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- **Bible Study** — Father Apostolos Hill: [papoulihill@gmail.com](mailto:papoulihill@gmail.com)
- **Bookstore** — Rita Papaspyrou: [stnectariosphx@gmail.com](mailto:stnectariosphx@gmail.com)
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- **Choir** — Terri Alexon: [htphxmusicdirector@gmail.com](mailto:htphxmusicdirector@gmail.com)
- **Celebration Committee** — Terri Alexon and Mary Pardhe: [htcphxevents@gmail.com](mailto:htcphxevents@gmail.com)
- **Dance** — Niko Panagiotakopoulos: [npanos01@yahoo.com](mailto:npanos01@yahoo.com)
- **Daughters of Penelope** — Cathy Keyser: [keyserc53@gmail.com](mailto:keyserc53@gmail.com)
- **Desert Diamonds (50+)** — Julie Karoutas: [juliekaroutas@gmail.com](mailto:juliekaroutas@gmail.com)
- **Epistle Readers** — Presvytera Denise Hill: [denkevhill83@gmail.com](mailto:denkevhill83@gmail.com)
- **Greek Festival** — Nick Kretsedemas, Angelo Pestrivas: [niko.37@cox.net](mailto:niko.37@cox.net)
- **Greek School** — Irene Mackos: [eirinie@gmail.com](mailto:eirinie@gmail.com)
- **Hellenic Museum** — Bessie Hotis: call 602-953-1913
- **Little Lambs** — Angela Scopelianos: [angelagarozzo@gmail.com](mailto:angelagarozzo@gmail.com)
- **Living Orthodox (formerly St. Nicodemus Young Adult Book Club)** — Mary Pardhe: [livingorthodoxministry@gmail.com](mailto:livingorthodoxministry@gmail.com)
- **Maintenance** — Peter Bilitsis, Ted Furlis: [htcmaintenance1973@gmail.com](mailto:htcmaintenance1973@gmail.com)
- **Myrrhbearers** — Stacey Beaty: [staceybeaty@live.com](mailto:staceybeaty@live.com)
- **Narthex Intake** — Kristen Vasilarakos: [kvasilarakos@cox.net](mailto:kvasilarakos@cox.net)
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- **Stewardship** — Sandy Meris: [sandymeris@gmail.com](mailto:sandymeris@gmail.com)
- **UMOM New Day Centers** — Christine Stamatis: [cstamatis@cox.net](mailto:cstamatis@cox.net)
- **Wedding Coordinator** — Lindsay Vardalos
- **YAL** — Alexander Harding: text 480-626-3149

## Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at [AdminAssist@holytrinityphx.org](mailto:AdminAssist@holytrinityphx.org) and Kristen at [kvasilarakos@cox.net](mailto:kvasilarakos@cox.net). *It is the organization's responsibility* to inform Heidi and Kristen of any updates to your listing.

# Message from Father Alexander

## Setting Priorities



As we continue to wilt in our lovely Summer heat here in Phoenix we have already seen the return of many of our children to school and the return of routines as we begin to settle into “life.” We set priorities for when we will bring our children (and ourselves!) where and at what times. If there is a conflict we decide which thing to favor over the other and show our priorities by attending the one over the other event. The other thing we do to show respect and priorities is timeliness. We don’t preach of the importance of school to our children then arrive 45 minutes late regularly. We don’t speak about how important a certain extra-curricular is and then only sparingly show up to it.

So then how do we approach church and God? Is it a mandated event? Do we choose other events over Him? Do we make an effort to come on time consistently? When we see things through this light it should be no surprise when our families and youth stray from the faith as it is simply not as much a priority as other events in life.

As for everything with God, we have the opportunity to change that at any moment and this year we have many chances to reframe our life towards salvation and eternal rather than the mundane. We know our robust Liturgical life and services that present us with the ability to pray together as a community. But along with prayer, we must learn as well and we have opportunities for young and old.

Our Youth will continue in their 4F program beginning on August 19 at 4:30pm and repeat every 3rd Saturday. After Liturgy on Sunday they will join Fr. and Fr. on the solea to learn about the Scriptures this year! With more parental involvement we will offer more house meetings for different age groups as well. Our High Schoolers will meet the first Sunday of every month at 7pm beginning August 6th.



For our adults (or even our youth!) who wish to continue their education in the faith (which should be everyone!) Fr. Apostolos will host his class The Kingdom of God and How to Attain it Saturdays at 3:30pm beginning August 26 in the Conference Room and on Zoom. Fr. Alexander will offer Bible Study Wednesdays after Paraklesis at ~7pm on 1st Corinthians beginning on August 23.

You have the chance to show your priorities in life by where you place your time and effort. Where does God fit on that ladder?

See pages 34 & 35 for more information on upcoming youth activities.



# Stewardship

By Sandy Meris

*To be a welcoming community sharing  
Christ's love through faith and service*



**Stewardship 2023 Theme: Giving Thanks: Eucharist Stewardship**

## STEWARDSHIP CONTINUES TO REACH NEW HEIGHTS

As the summer comes to a close and we embark on the new Ecclesiastical year, our 2023 Stewardship campaign continues to reach new heights and break records! As you may recall, we set our stewardship goal for 2023 to reach \$500,000. As you will see from the information below we have surpassed our goal and continue to climb.

We are pleased to announce the updated Stewardship report as of July 25th:

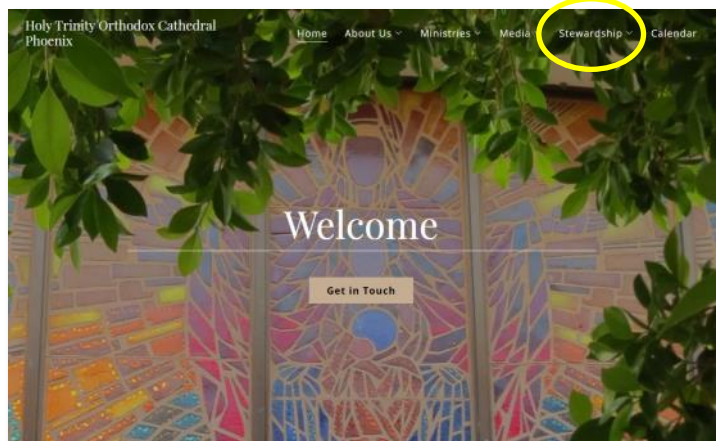
- Total number of Stewardship families: 333**
- Total amount pledged: \$544,090**
- Total amount paid: \$307,904 (56%)**
- Number of Stewards using ShelbyNext: 101**

We are so grateful for the continued generosity of our stewards and we encourage you to continue on this journey with us in growing our stewardship. And please consider becoming a ShelbyNext user for your Stewardship contributions.

Thank you to everyone!

### Easy Stewardship Sign Up!

Go to [www.holytrinityphx.org](http://www.holytrinityphx.org)  
and then click on **Stewardship**:



# House of Stewards

As of 07/27/2023

Catherine Agra  
Evan & Terri Alexon  
Constance Anagnopoulos  
Mike & Alexandra Anagnopoulos  
Nikki Anest  
John & Sandy Annos  
Elaine Apostle  
Chris Athens  
Christina & Chris Bakavelou  
Constantine & Eleni Balanis  
Taylor Bankson  
Crisanne & Scott Bansner  
Sam & Heidi Bass  
Alexandra Bates  
Joyce Baulinka  
Nicholas P Baziotes  
Scott & Stacey Beaty  
George & Stacy Benetos  
Stamatios Benetos  
Dan & Vicki Bichekas  
Peter & Jennifer Bilitsis  
James & Helen Bruno  
Georgia Brusalis  
Chris & Rita Bruskas  
Kristen Bruskas  
Constance Burkhart  
Kathy Carras  
Frank Carris  
Chad & Amanda Carver  
Laurel Charnas-Schiller & Todd Schiller  
Harriet Chotras  
Jim Chotras  
Pete & Kim Choukalas  
Katherine & Jeffrey Clarke  
Andrew & Mara Contes  
James & Connie Contes  
Ed & Angeliki Valerou-Cooper  
Wyatt & Emily Coppinger  
John & Jean DalPan  
Euvonne Damianos  
Nick & Sharon Daniolos  
Stefanos & Tiffany Daniolos  
Patricia Davis  
Rebecca Davis  
Leonard & Elaine Debickero  
Anastasia Dellas  
Hercules Dellas  
Patrick & Karla Delord  
Joanne Demangus  
Tom & Irene Demas  
John & Mary Demetropoulos  
Bill DeMoss  
Charles DeMoss  
Chris DeMoss  
John & Marjorie DeMoss  
Michael & Maureen DeMoss  
Basil & Ruth Denaxas



Alexandros & Erika Dimitriadis  
Stanley & Fran Drozd  
Carolina Economopoulos  
Christos & Dena Economopoulos  
Clyde (Emil) Ellis  
Fr. Alexander & Presv. Laura Eliades  
James & Lisa Glitsos-Elam  
Ed & Katherine Fancher  
Athanas & Georgia Furlis  
Athanasia Furlis  
Ted & Andi Furlis  
Tim & Antonette Fraenkel  
Chris & Celeste Francis  
Georgana Friehe  
George & Julie Froumis  
Semos Gardner  
Chris & Anne Gauras  
Andreanna Georgiou  
Pamela Georgelos  
Diana Georgelos  
Demetra Georgelos  
Dinos & Koula Georges  
John T Giannopoulos  
Polly Ginakes  
Andrew & Angela Goard  
Stella Glitsos  
Eva Goodman  
Bill & Lynn Graham  
Gina Graham  
David Haag  
Mary Haidos  
Donald Hall  
Terry Harper  
Mary & Roger Harris  
Patsy Harris  
Alexia Haugen  
Diane Herman  
Fr. Apostolos & Presv. Denise Hill  
Gregory Hill  
Veronica & Michael Hill  
Bessie Hotis  
Steve & Candy Huff  
Gelu & Jesa Isfanut

Jeffrey Johannesmeyer & Melina Machas  
Paulos Kairis  
James & Linda Kalivas  
Pete & Nicole Kamboukos  
Basilis & Roula Kaneris  
Marianna Kaneris  
Jean Kantaros  
Nick & Dena Kantaros  
William & Harriet Kapolas  
Maggie & Marko Karakozis  
Peter Jr & Tina Karegeannes  
Virginia Karegeannes  
Vasilios & Vasiliqi Karagiannis  
Julie Karoutas  
Joann Karros  
Fotini Katrakis  
George & Niki Katsaros  
Chris & Nobuko Katsenes  
John & Mary Katsenes  
Paul & Lori Katsenes  
Thomas J Katsenes  
Jim & Poppy Kavouris  
Fany Kechajias  
Catherine & Quentin Keyser  
Ronald & Virginia Kidd  
Emily Kimmell  
Pete & Pat Kladis  
Maria Kompos  
Spiros & Maria Kontakis  
Arthur & Carol Kostaras  
Kostadinos & Anatoli Kostouros  
Dean & Angela Koumontzis  
Anthony & Janet Kouvousis  
Elizabeth & Johnny Kratsas  
Tammy Kretsedemas  
Nick & Marina Kretsedemas  
Debbie Caras & Greg Kunkel  
Tassie Ladas  
Anastasia Lambrou  
John & Evangelia Lambrou  
Judith & Bruce Lamond  
Elias & Mary Lampos  
Scott & Jill Leach  
Constance & Steve Lemere  
Lea Linaris  
Andrew Limber  
Jamie & Kimberly Limber  
Luke & Maria Lipnos  
Gregory Lizanich  
David Lyon  
James & Stephanie Machas  
Maria Maciejewski  
Daniel MacInnis  
Joanne Mackos  
Aristotle & Evelyne Macrodimetris  
Marika Makridis  
Margarita Makris

*House of Stewards continued on page 6  
Desert Springs August 2023*

Julie & Felix Mamani  
Jim & Donna Manelis  
Anna Manos  
William & Rina Marinakos  
Nicholas Marino  
Douglas & Ann Markakis  
Mary Lou Mastorakos  
Stephen & Marianthi Mastorakos  
Debra & Demetrios Mauroidis  
Angela & Chris Mead  
Joanne Meris  
William & Sandy Meris  
Anthony & Tania Miaoulis  
Alan & Joanna Michalak  
Anastasia Migias  
Angeline Miller  
Paul & Linda Miller  
William & Jean Miller  
Irene Mirs  
Andrew & Anastasia Mitchell  
Philip & Helen Mitchell  
Emily & Oleg Moroz  
Dino Moschoutis  
James & Irene Mourikes  
Spyro & Effie Mousses  
Jerry & Kathy New  
John & Maria Nicholas  
Evelyn Nickalew  
John Nicolettos  
AnnaMarie Nieblas  
Irene Pagoudis  
Else Paletsos  
Elizabeth Palmer  
Alexi & Alexia Panagiotakopoulos  
Anna Panagiotakopoulos  
Niko Panagiotakopoulos  
Thanasi & Melissa  
Panagiotakopoulos  
Philip & Eleni Panagiotoglou  
Sofia Panagiotoglou  
Chrysoula Papadopoulos  
Socrates & Stephanie  
Papadopoulos  
Aaron Papagalos  
Maria Papageorgiou  
Dr. Mike & Stefania  
Papamatheakis  
Nick Papas  
Rita & Spyros Papaspyrou  
Gabriella Papatzimas  
Nicholas & Stacy Papatzimas

Angeline Pappas  
Andrew & Emily Pappas  
Harry & Fannie Pappas  
Irene Pappas  
John & Andrea Pappas  
Daniel & Anna Pardhe  
Amy Paul  
Christine & Peter Pearce  
Katherine Pedersen  
John & Dina Pesognelli  
Fotini Pestrivas  
Zoe Pestrivas  
Peter & Gayle Petkas  
Chris Petroulakis  
Jacquelyn Petroulakis  
Nicholas & Laurel Petsas  
Bill & Kathy Petsas  
Michael & TeAnn Philippis  
Brian & Athena Pickett  
Mary Ann Pikulas  
Andreas & Mary Poulakidas  
Tracy Poulos  
Panagiotes & Anthipe Pries  
Nicole Pyle  
Bertha Quinn  
Lydia Rabbitt  
Alex & Rose Rentzis  
Menelaos Rentzis  
Voula Rentzis  
George Rouman  
Paul Roupas  
Gregory & Milissa Sackos  
Lois Sakkas  
Dimitra Sampson  
Paul Sarantes  
Les & Christine Sarantinos  
John Schneider  
Warren & Kalliopi Schneider  
Diane & George Sedlacek  
Terry & Chris Seretis  
Elaine Seretis  
John Siavelis  
Robert & Donna Sioles  
Robert Stamm & Elyse Sioles  
George & Evi Skintzis  
Elias & Phyllis Skoubis  
Constantin Solomon  
David & Alisha Solheim  
Angelo & Marie Spanos  
Leo & Rachel Speliopoulos  
William & Dianne (Tiki) Spell

James L & Karen Speros  
Vasilios & Diana Speros  
Jim & Kathryn Stamadianos  
Andrew & Christine Stamatis  
Jonathan Stamatis  
Gerry & Nitsa Stamatelatos  
Tristan & Alana Stoutenburg  
Dr. Despina Taularides  
William & Rebecca Taularides  
Nick & Effie Theodore  
Cus & Mary Louise  
Theodoropoulos  
Jim Thomas  
John Gus & Teresa Thomas  
Deac. John & Diak. Mary  
Thrasher  
Andrew Touvannas  
Thaddeus & Katherine Tropea  
Stacy & Gerri Tsantilas  
Constantine & Stella Tsantilas  
Vaios & Areti Tsanos  
Dean & Brenda Tseunis  
Dimitri Tsioutsopoulos  
Sotirios & Nicki Tsioutsopoulos  
Matthew & Eva Turgeon  
Costa & Koko Tzavaras  
Daniel Valenzuela  
Peter & Lindsay Vardalos  
Kristen Vasilarakos  
Argyro Vasquez  
Terri & Scott Vaughn  
George & Connie Venetis  
Leah Venetis  
Peter & Maria Vlahos  
Andrew & Sandy Vlahoulis  
Steve & Mary Vrahas  
Paula & Colin Walsh  
Zach & Mary Wilhelmi  
Richard & Katina Wood  
Michael & Christina Wombacher  
Stephanie Yarusinsky  
Zachariah Yoon & Elizabeth Hong  
Anthony & Karen Zaman  
Dimitrios & Eugenia Zannis  
George & Katherine Zannis  
Zella Zannis  
Evangelia Zikos  
Kostas & Margarita Zistas  
Dimitrios Zistatsis  
Michael & Christina Zistatsis

## 2023 PLEDGED FAMILIES

We offer you our thanks for your dedication to our parish and your participation in Christ's work of salvation. If you have not filled out a Pledge Card for 2023, please pick one up in the Church Narthex or [visit holytrinityphx.org](http://visit.holytrinityphx.org). If you have filled out a 2023 pledge card but your name does not appear on this list, please know any omissions are unintentional. Please call the Church office immediately and we will resolve the situation.

# Holy Trinity's St. Katherine Philoptochos

Alex Anagnopoulos, President



St. Katherine faceted glass icon in the south wing of the Narthex.



**Next Meeting on Thursday,  
September 7, 2023  
at 6:00 pm**

**for the Blessing of the Waters in the Cathedral  
followed at 6:30 pm by the meeting  
in the Lounge of the Speros Community Center**



**What is Philoptochos?**  
The translation is  
Philo = Friend  
and Ptochos = Poor.  
It is literally  
"Friend of the Poor".



June 2023  
Meeting

## JOIN PHILOPTOCHOS 2023

**We are the right hand of the Church!** We would like you to know that membership to Philoptochos *IS* **IMPORTANT** for our community, the Archdiocese and Metropolis.

### ***Invitation to Philoptochos:***

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: (\_\_\_\_) \_\_\_\_\_ CHECK # \_\_\_\_\_ AMOUNT: \_\_\_\_\_

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2023, 1973 E. Maryland Avenue, Phoenix, AZ 85016

# Holy Trinity's St. Katherine Philoptochos Scholarships!



Philoptochos Scholarship Awardees  
Congratulations to the 2023 recipients!

The Ladies of Philoptochos are thrilled to announce our scholarship award recipients. Our community has the most brilliant and well-accomplished students, and they are only in the beginning of their amazing futures. Please join us in congratulating these outstanding young adults!

**\$1000:** Nathan Delord, Elizabeth Pardhe, Anastasia Pickett

**\$500:** Theodoros Annos, Dean Papadopoulos, Demetrios Pickett, and Staci Vaughn



# Holy Trinity's St. Katherine Philoptochos 2013-2025 Board Members

Congratulations to the newly elected  
Board:

**President**—Kristen Vasilarakos

**1st Vice President**—Cathy Chiros Keyser

**2nd Vice President**—Julie Karoutas

**Treasurer**—Georgia Furlis

**Assistant Treasurer**—Patty Davis

**Recording Secretary**—Lois Sakkas

**Corresponding Secretary**—Julie Mamani

**Advisor**—Alex Anagnopoulos

**Board At Large**—Kathy Carras, Georgiana Frieh, Eva Goodman, Bessie Hotis, Zoe Pestrivas, Mary Louise Theodoropoulos, Katina Wood





# Holy Trinity's St. Katherine Philoptochos Complimentary Pentecost Reception

June 4, 2023



# Holy Trinity's St. Katherine Philoptochos Hosted June Coffee Socials



# Holy Trinity's St. Katherine Philoptochos Annual Complimentary Lunch for All In Honor of Father's Day



The lunch included a photo with sons and fathers in attendance.

View the 2019, 2021, 2022, and 2023 Sons & Fathers photos on the Home Page of [holyltrinityphx.org](http://holyltrinityphx.org).



# July Coffee Socials in the Small Hall



## Coffee Hours

Thank you to the **Philoptochos** for sponsoring Coffee Socials in June.

Thank you to the **Celebration Committee, Dino Moschovitis/Desert Diamonds, the Thrasher/Tavlarides families, Connie Contes, and Jill Leach** for sponsoring the Coffee Socials in July.

The August Coffee Hours are sponsored by **4F**.

*Thank you!*



# Parish Assembly

Sunday, September 10, 2023

As provided by uniform Parish Regulations of the Greek Orthodox Archdiocese of America, a meeting of the Holy Trinity Cathedral Parish Assembly will be held at the Holy Trinity Cathedral Speros Community Center, 1973 E. Maryland Ave., Phoenix, AZ, 85016, immediately after Divine Liturgy on Sunday, Sept. 10, 2023.



Agenda will include details of scope/costs and request for decisions on the Community Refresh (there will be more information coming soon.)

All Stewards in good standing are eligible to attend and vote.

List of Stewards in good standing is on pages 5 & 6. Please call the Cathedral office if you have questions at 602-264-7863.

# Summer Series—Final Class

08/02/2023

We have one more class this Summer! Join us Wednesday, August 2 in the Conference Room and also available on Zoom [here](#).

**August 2: The Transfiguration**



# Fall Classes

Registration for Fall catechism will open soon. Fr. Apostolos will offer a two semester catechism on The Kingdom of God and How to Attain It. Classes will be held in person and via zoom beginning on August 26, 2023. Please contact the office or Fr. Apostolos to request registration details.

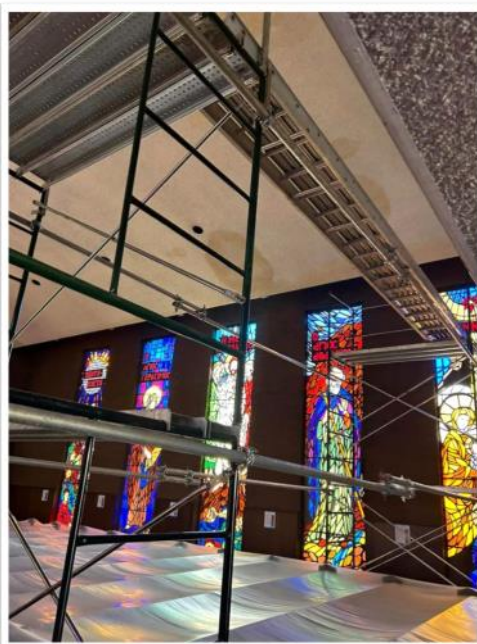
Fr. Alexander will begin his Bible Study on 1 Corinthians on Wednesday, August 23, 2023 after 6:30pm Paraklesis in the Conference Room and on Zoom. Class will be offered every Wednesday at that time.



# Cathedral Refresh

## Step 1!

As approved by our Parish Assembly in May, we have begun our Cathedral Refresh with repainting our ceiling and painting the four columns under the dome white. Come and see it this Sunday!



Have you checked out the website lately?

[www.holytrinityphx.org](http://www.holytrinityphx.org)

Events · Services · Photos · Calendar · Stewardship



Did you know?

We have had **39,983** site visitors  
in the last 12 months!

# Desert Diamonds

Julie Karoutas  
for senior parishioners and their guests:



Dear Friends,

With Summer approaching, it is time for us to take a break until September. I may from time to time write to you; please read the contents. I would love to hear from you if you have any suggestions. I do have a special event planned for September, but you have to read any notices from either me or from some of our volunteers. We will also be very busy baking during the late summer months for the Festival!!!

Enjoy your Summer.

Stay cool & hydrated!!!!

See a few pictures of some of our gatherings.

Yours in Christ,

Julie Karoutas

email: [juliekaroutas@gmail.com](mailto:juliekaroutas@gmail.com)

Cell# 623.313.8720

## Metropolis Senior Resort 50+ Camp

09/25-29/2023

The Metropolis of San Francisco Family Wellness Ministry presents **A Royal Adventure, Senior Resort Camp** for adults aged 50 or better!

Join us from Monday, September 25 – Friday, September 29, 2023, at Saint Nicholas Ranch and Retreat Center in Dunlap, CA for good food, great company, and majestic experiences. And what Royal Adventure would be complete without high tea?

The adventure begins with registration on Monday afternoon. Our first Royal Feast will be Monday evening's dinner. The adventure concludes on Friday after breakfast. For registration information, please contact St. George Greek Orthodox Church in Fresno, CA 559-233-0397.



The Greek Orthodox Metropolis of San Francisco  
Family Wellness Ministry presents

# A Royal Adventure

Senior Resort Camp  
for adults aged  
50 or better!

Monday, September 25 to  
Friday, September 29, 2023  
Saint Nicholas Ranch  
and Retreat Center  
Dunlap, CA

\$550 per person  
for single occupancy Lodge Room

\$400 per person  
for double occupancy Lodge Room

\$325 per person  
for Dormitory (shared occupancy)

Join us for good food, great company, and majestic experiences. And what Royal Adventure would be complete without high tea?

The adventure begins with registration on Monday afternoon. Our first Royal Feast will be Monday evening's dinner. The adventure concludes on Friday after breakfast.

Online registration available at [http://weblink.donorperfect.com/Senior\\_Resort\\_Camp\\_2023](http://weblink.donorperfect.com/Senior_Resort_Camp_2023)

Scan this code and register today!

For more information, please contact Saint George Greek Orthodox Church in Fresno, CA at 559-233-0397.



# Celebration Committee



On the first Sunday of each month, the Celebration Committee organizes a potluck during Coffee Hour to celebrate all the special events in parishioners' lives and birthdays that take place in that month. Please join us every month and bring your favorite food item to share!

During the June Celebration Sunday, we celebrated our church's Feast Day and Penelope Irimi Eliades' 40-day-blessing (daughter of Fr. Alexander and Pres. Laura Eliades)! Over 120 people attended the celebration. The lunch of grilled hot dogs and hamburgers was a huge hit with everyone, and special thanks goes to Alexander Harding and Chris Mead for volunteering their grilling expertise! The table décor incorporated red overlays for Pentecost and glass vases filled with clear water beads and miniature white doves.

In July, we celebrated the baptism of Wyatt and Emily Coppinger; the baptism of Aristide and Augustine Turgeon (sons of Matthew and Eva Turgeon); and the naturalization of Irimi Pagoudis and the Pardhe family. The décor was red, white, and blue in honor of the upcoming Independence Day celebration with silver mylar crosses for the baptisms. Each table had a mini patriotically themed bicycle carrying a flag and striped hard candy.

We greatly appreciate those who have shared their milestone events with our Holy Trinity family. If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can send an email with suggestions and details to: [htcphxevents@gmail.com](mailto:htcphxevents@gmail.com).

If you are interested in volunteering or learning more, please email [htcphxevents@gmail.com](mailto:htcphxevents@gmail.com) and/or talk to Terri Alexon or Mary Pardhe. We're looking for more volunteers to help out on a monthly basis!

## Communal Cooking Event

In June, our Communal Cooking crew served hot dogs, hamburgers, and chips along with green salad, potato salad, and assorted deserts. In July, the menu included slow-cooked pulled pork and beef sliders with salad and sides. If you are interested in helping out or joining us for future cooking events, please email [htcphxevents@gmail.com](mailto:htcphxevents@gmail.com)! In addition, please feel free to bring a dish to share with the community on the first Sunday or every month.

# Celebration Sunday—June & Pentecost BBQ

June 4, 2023





# Celebration Sunday—July

July 2, 2023



# Celebration Committee

## July Birthdays

*Happy Birthday*

Mike Anagnopoulos  
Argyro Apostolou  
Shannon Bard  
Peter Bilitsis  
Helen Bixenman  
Kosta Bracamonte  
Connie Contes  
Maia Dimitriadis  
Diane Dion  
Clyde Ellis  
Ted Fourlis  
Georgi Friehe  
Julie Froumis  
John Giannopoulos  
Christopher Ginakes  
Lucas Haugen  
Rafael Isfanut  
Harriet Kapolas  
Virginia Karegeannes  
Christos Katsanos  
Pete Kladis  
Anatoli Kostouros  
Kostadinos Kostouros  
Tassie Ladas  
John Lambrou  
Judith Lamond

Elias Lampos  
Scott Leach  
Luke Lipnos  
James Machas  
Anna Manos  
Rina Marinakos  
Jackson Meyers  
Helen Mitchell  
Spyro Mousses  
Sophia Neumann  
Marta Ntatsos  
Angeline Pappas  
Angelo Pestrivas  
William Petsas  
Elyna Pries  
Warren Schneider  
Christoforos Seretis  
George Skoubis  
Jim Thomas  
Areti Tsanos  
Maria Vlahos  
Eleni Watson  
Anne Wilson  
Katina Wood  
Karen Zaman  
Dimitrios Zistatsis

July

# Celebration Committee

## August Birthdays

August



Sarah Agnos	Olga Fredericksen	John Nicolettos
Catherine Agra	David Haag	Genevieve Oxley
Evan Alexon	Alexander Harding	Else Paletsos
Dimitrios Apostolis	Zachary Haugen	Christo Panagiotakopoulos
Alexandra Bates	Stephanie Heckel	Connie Panagiotakopoulos
Anastasius Bates	Veronica Hill	Sofia Panagiotoglou
Markella Benetos	David Isfanut	Ria Papageorgiou
Oscar Bracamonte	Jason Jaynes	Gabriella Papatzimas
Daniel Brook	James Kalivas	Nicholas Papatzimas
Kristen Bruskas	Joann Karros	Elizabeth Pardhe
Charles Carver Jr.	George Katsaros	Mary Pardhe
Katie Choukalas	Paul Katsenes	Panagiotos Pries
Christos Chronis	Helen Katsufrakis	David Pyle
Gabriella Chronis	Jim Kavouris	Maria Sbiliris
Jean Dal Pan	Catherine Keyser	Todd Schiller
John Dal Pan	Elizabeth Kratsas	Gianna Sgouros
Elaine Debickero	Tammy Kretsedemas	George Skintzis
Anastasia Dellas	Nickoleta Mackos	Phyllis Skoubis
Alexandros Dimitriadis	Michele Markakis	Marie Spanos
Erika Dimitriadis	Marianthi Mastorakos	Stella Tsantilas
Jimmy Drakos	Mary Lou Mastorakos	Nicki Tsioutsopoulos
Stanley Drozd	Peter Maydanis	Evanthia Vardalos
Christos Economopoulos	Stacie McKenzie	Kristen Vasilarakos
Eleni Economopoulos	Anthony Miaoulis	Colin Walsh
Anna Fourlis	Tania Miaoulis	Stephanie Willard
Athanasia Fourlis	William Miller	Christina Wombacher
Georgia Fourlis	Emily Moroz	David Worrell
Zackary Forman	Evelyn Nickalew	Dimitra Zakas
		Christina Zistatsist

# Our Church Family

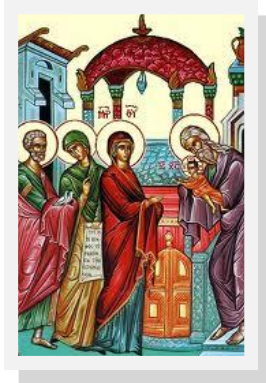
## 40 Day Blessings

“One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.”

Psalm 27:4

06/04/2023

Penelope, daughter of Presvytera Laura & Father Alexander Eliades  
*God’s Blessings be upon her.*



7/02/2023

Sadie, daughter of Angela & Andrew Goard  
*God’s Blessings be upon her.*

## Baptisms & Chrismations

“For as many of you as were baptized into Christ have put on Christ.”

Galatians 3:27



06/24/2023

Augustine & Aristide, sons of Eva & Matthew Turgeon  
Godparents: Alana & Tristan Stoutenberg  
*God’s Blessings be upon them.*

Emily & Wyatt Coppinger

Godparents: Anna & Daniel Pardhe  
*God’s Blessings be upon them.*

07/09/2023

Robert Stuart—Chrismation  
Sponsor: Pete Choukalas  
*God’s Blessings be upon him.*

07/17/2023

Sadie, daughter of Angela & Andrew Goard  
Godparents: Melina Machas & Jeffrey Johannesmeyer  
*God’s Blessings be upon her.*



## Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.

# Our Church Family

## Funeral

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”

Psalm 23:6



07/07/2023

Andrew Limber  
*May his memory be eternal.*

# HTC on Facebook

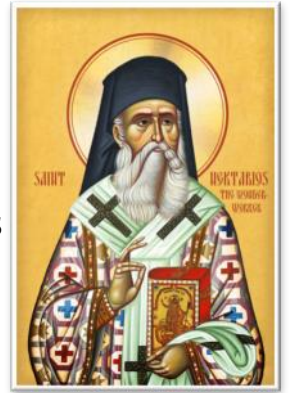
The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](#)



# St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou  
[stnectariosphx@gmail.com](mailto:stnectariosphx@gmail.com)



**In the month of August, we celebrate the Transfiguration of our Lord Jesus Christ and the Dormition of the Most Holy Theotokos.**

## **The Feast of the Transfiguration of Our Lord, God and Savior Jesus Christ**

Commemorated on August 6



This feast commemorates the transfiguration or metamorphosis of Christ on Mount Tabor, when our Lord appeared in His divine glory before the Apostles Peter, James, and John.

Jesus took the Apostles Peter, James, and John with Him up upon a mountain, and while they were on the mountain Jesus was transfigured. His face shone like the sun, and His garments became glistening white.

Moses and Elijah appeared with Christ, talking to Him. Peter declared how good it was for them to be there and expressed the desire to build three booths for Moses, Elijah, and Christ. This reference to the booths could imply that this occurred during the time of the Feast of Tabernacles when the Jews would be camping out in the fields for the grape harvest; for this Feast had acquired other associations in the course of its history, including the memory of the wanderings in the wilderness recorded in the Old Testament book of Exodus.

While Peter was speaking, a bright cloud overshadowed them. A voice came from the cloud saying, "This is my beloved Son, with whom I am well pleased; listen to Him." When the disciples heard this they fell on their faces filled with awe. Jesus came to them and told them to not be afraid. When the three looked up they saw only Jesus.

As Jesus and His disciples came down the mountain, He told them not to speak of what they had seen until He had risen from the dead.

## **Dormition of the Theotokos**

Commemorated on August 15

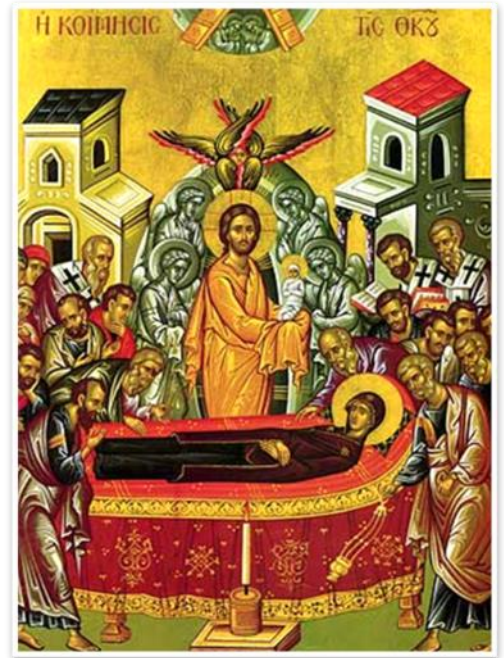
The Feast of the Dormition of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary is celebrated on August 15 each year. The Feast commemorates the repose (dormition and in the Greek *kimisis*) or "falling-asleep" of the Mother of Jesus Christ, our Lord. The Feast also commemorates the translation or assumption into heaven of the body of the Theotokos.

At the time of her death, the disciples of our Lord who were preaching throughout the world returned to Jerusalem to see the Theotokos. Except for the Apostle Thomas, all of them including the Apostle Paul were gathered together at her bedside. At the moment of her death, Jesus Christ himself descended and carried her soul into heaven.

*St. Nectarios Bookstore Message continued on page 22*

Following her repose, the body of the Theotokos was taken in procession and laid in a tomb near the Garden of Gethsemane. When the Apostle Thomas arrived three days after her repose and desired to see her body, the tomb was found to be empty. The bodily assumption of the Theotokos was confirmed by the message of an angel and by her appearance to the Apostles.

This great Feast of the Church and the icon celebrates a fundamental teaching of our faith—the Resurrection of the body. In the case of the Theotokos, this has been accomplished by the divine will of God. Thus, this Feast is a feast of hope, hope in Resurrection and life eternal. Like those who gathered around the body of the Virgin Mary, we gather around our departed loved ones and commend their souls into the hands of Christ. As we remember those who have reposed in the faith before us and have passed on into the communion of the Saints, we prepare ourselves to one day be received into the new life of the age to come.



We also affirm through this Feast as we journey toward our heavenly abode that the Mother of God intercedes for us. Through Christ she has become the mother of all of the children of God, embracing us with divine love.

## Patriarch Visit

07/25/2023

Fr. Alexander had the honor to accompany His Eminence Metropolitan Gerasimos and His Grace Bishop John to St. Anthony's Monastery in Florence to welcome His Beatitude Patriarch John of Antioch to the Phoenix Area. His Beatitude was in Phoenix for the Antiochian Archdiocesan Convention this week. Welcome Your Beatitude!



## What YOU Can Do to Help Visitors

### Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other



Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

"Welcome! I don't believe we've met yet. My name is (your name)" is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!

***"To be a welcoming community sharing Christ's love through faith and service."***

# Choir

Director Terri Alexon



2023

## Monthly Ministry Series

Monday, 08/21/2023

The Metropolis of San Francisco Stewardship Ministry invites you to the next presentation of our 2023 Monthly Ministry Series on Monday, August 21, 2023, for a special presentation on **“The Anastasimatarion – The Importance of Saturday Vespers and Sunday Orthros in our Lives”**.

As Orthodox Christians, we make time weekly on Sundays to attend the Divine Liturgy and receive the Eucharist. Some may have noticed that service on the calendar before the Divine Liturgy is always there, many times an hour or so earlier. Fewer of us may have noticed there is a Saturday night service that is consistently there. We may question ourselves, “If going to receive Holy Communion is the most important thing, what is with these extra services that do not have sacraments?” That earlier Sunday morning service is essential to our spiritual lives, and that Saturday night service is as well! Through psalms and hymns from the **Anastasimatarion**, journey with us as we take you through Vespers and Matins and show how essential these services are in preparing for the Divine Liturgy. Register today: [www.sanfran.goarch.org/ministries/stewardship](http://www.sanfran.goarch.org/ministries/stewardship).

2023 MONTHLY MINISTRY SERIES

**Let Light**  
YOUR Shine!

*The Anastasimatarion –*  
The importance of Saturday Vespers  
and Sunday Orthros in our lives

**GUEST PRESENTERS**

 <b>Christopher Hondros</b> Ministry Chair, Church Music Ministry	 <b>Ross Ritterman</b> Church Music Development Team Lead	 <b>Rev. Deacon Justin Bosl</b>
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**Monday, August 21, 2023 • 6:30 p.m. Pacific**

# Altar Boy Procession Candlesticks

Our Cathedral Altar Boy Procession Candlesticks have reached the end of their useful life. They have become somewhat dangerous in that they can easily fall off the handle-sticks while being carried. We will be placing an order for six (6) new Procession Candle Sticks at \$440.00 each. We are seeking donations to cover this cost. If you are a parent or grandparent of a former, present, or future altar boy, this will be a great opportunity to support their altar service. The altar boys and altar servers thank you for



## FOCUS

July 30, 2023

We thank Steve Christoforou from FOCUS North America for coming and speaking to a Pan-Orthodox group of 10 parishes and over 50 people on the possibilities of a shelter for those in need here in Phoenix. If you have interest in taking part in this venture so critical to the gospel, email Steve at [schristoforou@focusna.org](mailto:schristoforou@focusna.org).





# Project Mexico

7/20-26/2023

Submitted by Aaron Papagalos

Last month, from July 20 - 26, four members of our church drove down to Tijuana, Mexico alongside other Orthodox parishes from across the country to help build houses for those in need. We spent our mornings in prayer, our days at the build site, and our evenings attending service. We ate traditional Mexican dinners, and had some time left over to play soccer, sit around the fire, or listen to a guest speaker for the night. While the basic information of the trip can be summed up in a sentence or two, the experience of being there cannot. Personally, I have not been to Mexico since I was kid. Driving into Tijuana and not only seeing but feeling the lifestyle difference, opened my eyes to what life what like for those living in the border town.



Sure, the slight uneasiness of being in another country where they didn't have the same laws had an effect. But it was the fact that these families are unable to build a better life for themselves that truly made an impression on us. Our groups' experience was different. We were a smaller group, while that meant longer days, it also meant being blessed with the extraordinary opportunity to meet and build alongside the family that would be living in the house we were constructing.

The father, José, was a kind gentleman, he owned a taco stand in the center of town. It was getting to know him that made the experience more real, and put more emotion and importance on building a house that would someday be a home.

As the trip came to an end, we realized we were not only building homes, but building relationships with the people there as well. All of us returned home with new friendships and connections in the Orthodox community in ways we couldn't have expected. The experience was profound. As Fr. Jacob from Assumption put it in one of his talks there, "When you set out to rescue someone else, what actually happens is that they are rescuing you." For anyone who is thinking about going next year I strongly encourage it! If you're curious to hear more, don't hesitate to ask one of us at church, or ask Father Alexander to get connected with us!

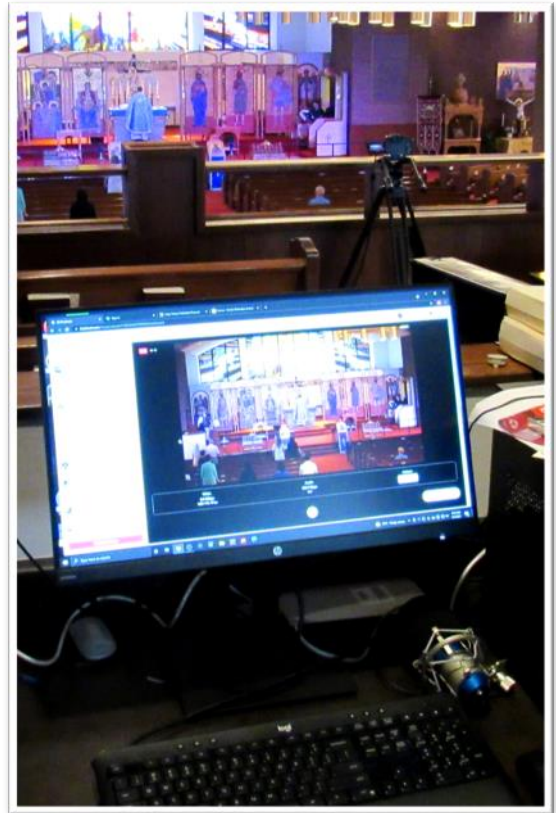
Aaron Papagalos  
Wyatt Coppinger  
Chris and Brianna Lopez  
[projectmexico.com](http://projectmexico.com)



Liturgical Services will continue to be  
live streamed  
by Father Apostolos  
and Father Alexander.

All services can now be found on the  
**Home Page** of the  
Cathedral's website  
[www.holytrinityphx.org](http://www.holytrinityphx.org),  
in addition to the continued postings on  
our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their  
above-and-beyond efforts to bring  
clear and timely video to all!



## Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for **FREE** to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

**If you have been receiving the mailed Desert Springs, but no longer need it mailed to you, please let the Church Office know. Thank you!**

### Desert Springs Subscription

Enjoy **color** copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Return this form to the Church Office or  
contact Kristen at 602-332-8809

# Endowment Fund

## ✦ THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND ✦

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain **inviolable** and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy ***in perpetuity*** for their family, have made contributions totaling **\$644,340.00**.

***This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.***

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level.

**Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly appreciated.**

### Endowment Gifts

#### Platinum Donors: \$100,000+

Faye Boukas  
George & Ann Souvall  
John George Thomas

#### Gold Donors: \$50,000+

Dr. Nicholas Baziotes  
Silver Donors: \$25,000+  
The DeMoss Families  
IMO+ Tasia Pritchard

#### Bronze Donors: \$10,000+

Gabriel & Helen Papagallos, IMO+ Mary Montague, John & Mary Katsenes, George & Koula Cheros, IMO+ Dina Sakellarakis, Steve & Joan Vrahas, Ange & Alex J. Pappas, James & Connie Coin Contes, Dennis & Anastasia DeBerry, IMO+ John G. Zannaras, Steve & Judith Vrahas, Irene Pappas

#### General Endowment Fund donations over \$1,000.00

Dr. Christopher J. DeMoss, the Lambrou Family

#### In Memory Of Gifts:

IMO+ Stacy Hotis, IMO+ Danny Speros, IMO+ Mark Sprintz, IMO+ Chris Gabriel, IMO+ Fr. James & Presb. Katherine Tavlarides, IMO+ Fr. Anthony & Mary Coniaris, IMO+ Tom Contes, IMO+ Leonard Mastorakos, IMO+ John Sgouros, IMO+ Chris Gabriel, IMO+ Athena & Dan Choukalas, IMO+ Milton & Harriet Sioles, IMO+ Koula & Pete Triantafyllou, IMO+ James H. Karros, IMO Bette Maniatis, IMO Dan Lester Hill



REMEMBER  
HOLY TRINITY  
IN YOUR WILL



# Endowment Fund

+ CONSIDER GIFTING HIGHLY APPRECIATED STOCK. +

+ 72 AND OLDER, SAVE TAXES BY GIVING FROM YOUR IRA. +

+ GIFT FORM +

Please list my/our endowment gift as follows: \_\_\_\_\_

Here is my/our one time General Endowment gift, which I/we may add to, of: \$ \_\_\_\_\_

I/we wish to make a gift of \$ 10,000.00 or more payable, now \_\_\_\_\_, or over a three year period.

With this form \$ \_\_\_\_\_

Year Two \$ \_\_\_\_\_

Year Three \$ \_\_\_\_\_

By: \_\_\_\_\_

Dated: \_\_\_\_\_ 20\_\_

Donor, please sign and keep a copy for your records.

All gifts will be preserved in the archives of Holy Trinity Greek Orthodox Cathedral, 1973 E. Maryland Avenue, Phoenix, AZ 85016

+ We Thank You and may God Bless You for your generosity. +



## Sunday School Begins August 20, 2023!

Stories from the Bible

We are excited to announce that we will be leading our children through a journey of Bible stories from Genesis to Revelation beginning August 20 after Divine Liturgy. This 32 week syllabus begins in Eden with the Creation and ends on Patmos with St. John. If you wish to assist with treats, please speak with Presvytera Denise or to assist with crafts, please speak with Debra Harrison.



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# AHEPA CHAPTER 219

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## Our Next Chapter Meeting

Thursday, August 17 at 6 PM

Holy Trinity  
Greek Orthodox Cathedral  
Community Center  
1973 E Maryland Ave  
Phoenix, AZ 85016

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**INTERESTED IN MEMBERSHIP?**

**CONTACT STEVE LEMERE**

**602-882-9990**

# YAL Conference!

08/31/2023-09/04/2023

Greek Orthodox Metropolis of San Francisco

# YAL CONFERENCE

*Fulfill 2023*



LABOR DAY WEEKEND

AUGUST 31 - SEPTEMBER 4

HYATT REGENCY ORANGE COUNTY

Enjoy a weekend of fellowship, service, and worship - along with exploring all that SoCal has to offer!

[www.sanfran.goarch.org/YAL](http://www.sanfran.goarch.org/YAL)



*Registration Closes August 14*  
*Deadlines on first-come-first serve basis*

Are you ready to FULFILL your purpose and make friends to last a lifetime? If you are ages 18 – 35 then the YAL Conference is for YOU! Please join us over Labor Day Weekend in Orange County, CA for a full weekend of events, workshops, worship, and relaxation. Highlights of the weekend include engaging workshops, worship, dances, social events, an afternoon at the beach, a formal Hellenic Gala, and a fun-filled event called "Rock 'n' YAL" at the House of Blues in Anaheim, California. Attendees will have the opportunity to enjoy live music, dancing, and an unforgettable night of entertainment at this iconic venue. Diakonia is also an important part of the YAL ministry and will include a program to benefit those in need in the local community. For registration and hotel information, please visit [www.sanfran.goarch.org/YAL](http://www.sanfran.goarch.org/YAL). Space is limited - the deadline is approaching soon!

Elias Moussa—Master of Theological Studies

# Graduate

*On May 20, 2023, Holy Trinity Cathedral parishioner Elias Moussa received his Master of Theological Studies from Hellenic College Holy Cross (HC HC) Greek Orthodox School of Theology, Brookline, MA.*

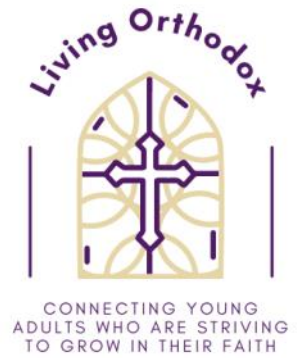
*The 81st Commencement Class of 2023 was under His Eminence Archbishop Elpidophoros Benediction.*



*Congratulations,  
Elias!*

# Living Orthodox Young Adult Ministry

Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-35) who are striving to grow in and connect with their faith! The focus of this ministry is to highlight ways that we, as young adults, personally grow in our Orthodox faith (ex. attending services, reading books, listening to podcasts, watching spiritual videos, etc.) and to share ideas on how to increase our commitment to live an Orthodox life. Join us on for virtual meetings every other week and in-person for our monthly potluck discussions!



## Potluck and Discussions

In May, Greg Abdalah (St. George) gave our group a wonderful presentation on the topic of "Servant Leadership and the Liturgical Life". In the presentation, he shared insights into the meaning of liturgical events, the importance of community, and our calling to share the transformative experience of the Divine Liturgy. In June, our visiting speaker was the Hon. Connie Contes. She shared several stories about her direct experience in incorporating Orthodoxy into her judicial career. Both presentations were well-attended with participants from over eight parishes. Thanks to Robel Teame for his work on editing and posting the video.

Recordings of our past events can be found at <https://tinyurl.com/LOvideosYT>. If you or someone you know is interested in learning more about Living Orthodox, please email [livingorthodoxministry@gmail.com](mailto:livingorthodoxministry@gmail.com)! You can also visit <https://linktr.ee/livingorthodox> for links to our Instagram channel and Discord server.





# OPA—Orthodox Parents Association

Caroline Economopoulos, President



Are you getting the weekly  
OPA Newsletter?

OPA communicates primarily through email,  
via our email newsletter.

To stay informed on all of the  
youth, parent, and family happenings at Holy Trinity,  
sign up today.

It's easy, just email your information

[ciecomom@gmail.com](mailto:ciecomom@gmail.com),

and we'll get you added to list!

## Little Lambs

Debra Harrison

Our Young Moms group met at the Stoutenburg home on Saturday, July 29 to talk about raising our kids in the Church. A wonderful, uplifting meeting! See their booth at Ministry Sunday on August 20, 2023 to join them next time.



# Youth Ministries at Holy Trinity Cathedral 2022/23

## 4F Night: God is Wondrous in His Saints

Our 4F Nights return again on the 3rd Saturday of every month from 4:30pm-8pm! Our theme this year is "**God is Wondrous in His Saints**" and every month we will learn about a different "type" of saint and how we can apply what they did to our lives as Orthodox Christians even in our world today! PLEASE mark off these dates in your calendar for the whole year. **Sign up for our first 4F Night on August 19 [here!](#)**



August 19  
September 16  
October 21  
November 18  
December 16  
January 20  
February 24  
March 16

April 6--Lenten Day Retreat  
April 27--Lazarus Saturday Retreat  
May 11

## Senior Goya Discussion

This upcoming school year we will hold a meeting with our Senior Goya (Grades 9-12) the first Sunday of every month (unless noted below) at 7pm. This will provide our High Schoolers with a great opportunity to connect with each other and their faith. The topics below are what we will generally begin with but discussions can go in any direction and we welcome input for the other meetings! Please mark these dates down:



August 6 - Science and Faith  
September 10 - What is Love?  
October 1 - Who Do You Say That I Am?  
November 5 - Social Media  
December 3  
January 7  
February 4  
March 3  
May 19



*There is also a possibility of a Sr. GOYA trip to San Francisco in the Spring, keep a look out for that exciting venture.*

# Youth Ministries at Holy Trinity Cathedral 2022/23

## House Meetings

If you are interested in heading up some outings or hosting your child's age group at your house, or simply learning more about OPA, please email Caroline Economopoulos [here](#).

## Other Opportunities

Reach out to Fr. Alexander [here](#) if you'd like to learn how your children can be involved such as

- serving as an Altar Boy
- singing in the Choir
- learning Byzantine Chant
- joining our Greek School
- or any other ministry of interest.



Of course you and your children are welcome to join for both Bible Study and Catechism Class throughout the year. More information will be forthcoming on this soon as well.

**Our children have been entrusted to us by God to return them to Him as much like Him as they can be. Whether your child will prioritize God and the Church when they grow up is dependent on you prioritizing it when they are home with you. If other events and activities take precedent now, they will take precedent later.**

**We are all on a journey to Christ together as a Cathedral family, join us this year as we march forward towards Him.**

Fr. Apostolos Hill  
Fr. Alexander Eliades



# Greek Dance

Niko Panagiotakopoulos, Director

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Call/text: (602) 469-2039



Greek Dance is back and our first practice and meeting is **Sunday, August 20** following a **MANDATORY** parents meeting! All dancers from Kindergarten to Young Adults are welcome as we prepare to perform for our Greek Festival in October. Greek Dance offers a great way for our youth, even if not Greek by blood, to work together, and express themselves and their culture and history through dance. For more information, email our director Niko Panagiotakopoulos [here](#).

Next up is dance registration! We are going to have 5 groups this year for festival broken down as follows base on Fall School Grades:

Pre K and Kindergarten

1st and 2nd Grades

3rd thru 5th Grades

6th thru 9th Grades

10th Grade thru Freshmen in College

Young Adults

Please see the full practice schedule below and make sure to be there for our parent meeting and to meet the teachers on Sunday August 20th!

## Tentative Dance Schedule

Sunday, August 20th - **Parent Meeting and Meet your Teachers!**

**Sunday, August 27th**

**Sunday, September 3rd - No Practice**

**Wednesday, September 6th**

**Sunday, September 10th**

**Wednesday, September 13th**

**Sunday, September 17th**

**Wednesday, September 20th**

**Sunday, September 24th**

**Wednesday, September 27th**

**Sunday, October 1st**

**Wednesday, October 4th - Slab Rehearsal**

