

Desert Springs

April 2024
Volume 9 Issue 4



Chanters one Sunday in March

Newsletter of Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Avenue, Phoenix, Arizona 85016

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Rev. Economos Apostolos Hill
Rev. Alexander Eliades
Rev. Deacon John Thrasher

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Monday–Friday, 9:00am–3:00pm

Sunday Worship

8:00am Orthros
9:30am Divine Liturgy

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Desert Springs Deadline

The 25th of each month

Sunday Bulletin Deadline

Wednesdays, 12 noon

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President: Paul Katsenes
Vice President: Connie Contes
Treasurer: Jim Manelis
Secretary: Andi Furlis
Sandy Annos, Charlie DeMoss,
Alexander Harding, Jill Leach,
Chris Petroulakis, John Schneider

Holy Trinity Cathedral
www.holytrinityphx.org

Metropolis of San Francisco
www.SanFran.goarch.org

Archdiocese Website
www.goarch.org

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Attention Organizations:

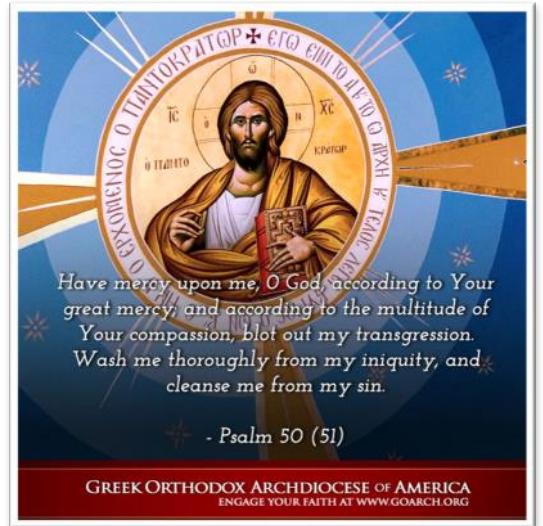
Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kristen.vasilarakos@outlook.com. **It is the organization's responsibility** to inform Heidi, Yvonne, and Kristen of any updates to your listing.

Message from Father Alexander


“Create in Me a Clean Heart O God”



Amidst all the traditions we have in Lent and Holy Week, its true purpose can get lost on us. In fact, the true purpose of our whole faith can get lost on us as well. We often love to think about Holy Week and its processions and Pascha and the delicious lamb. But if we simply live by traditions (even traditions of fasting and attending services) we miss out on what it is that God calls us to do and become.



The Church has assigned Psalm 50 as the Psalm par-excellence on repentance and one we all should have memorized. It is assigned to be read in essentially every service and private morning and evening prayers. It is the Psalm David wrote after he had his general Uriah killed in battle and then took his wife as his own after already having slept with her. In it David cries out to God to “Create in me a clean heart O God, and renew a right spirit within me.”


PSALM 50 (51)

HAVE MERCY ON ME, O GOD, ACCORDING TO THY GREAT MERCY; AND ACCORDING TO THE MULTITUDE OF THY COMPASSIONS BLOT OUT MY TRANSGRESSION. WASH ME THOROUGHLY FROM MINE INIQUITY, AND CLEANSE ME FROM MY SIN. FOR I KNOW MINE INIQUITY, AND MY SIN IS EVER BEFORE ME. AGAINST THEE ONLY HAVE I SINNED AND DONE THIS EVIL BEFORE THEE, THAT THOU MIGHTEST BE JUSTIFIED IN THY WORDS AND PREVAIL WHEN THOU ART JUDGED. FOR BEHOLD, I WAS CONCEIVED IN INIQUITIES, AND IN SINS DID MY MOTHER BEAR ME. FOR BEHOLD, THOU HAST LOVED TRUTH; THE HIDDEN AND SECRET THINGS OF THY WISDOM HAST THOU MADE MANIFEST UNTO ME. THOU SHALT SPRINKLE ME WITH HYSSOP, AND I SHALL BE MADE CLEAN; THOU SHALT WASH ME, AND I SHALL BE MADE WHITER THAN SNOW. THOU SHALT MAKE ME TO HEAR JOY AND GLADNESS; THE BONES THAT BE HUMBLLED, THEY SHALL REJOICE. TURN THY FACE AWAY FROM MY SINS, AND BLOT OUT ALL MINE INIQUITIES.

This is what we desire, a clean, pure heart empty of all our own desires and sins. But it cannot stop there. This is what most other Eastern Religions ask of you, empty yourself. But if we are simply empty we cannot control what is within us.

God does not desire us to be empty but to be full, to be full of Him. But this can only happen when... we have first emptied ourselves. But the goal of our emptying is not emptiness but God because God can only dwell where there is purity and cleanliness. So when we speak about our desire to not sin or to live a pure life, it isn't simply because we're following a law but because we're following how God has revealed to us that He can dwell in us.

This is the purpose of Lent and Holy Week. To empty ourselves not for the sake of emptiness but for the sake of purity and cleanliness of heart so that God may dwell in us. So with our traditions of fasting and processions and other things that fill our heart, make sure we first have a heart that is prepared for Him to fill us. So with a pure heart we will be able to behold the true beauty and power of the Resurrection on Pascha, not as a fun celebration, but as a life-changing fullness and brightness that never wanes.

Stewardship

By Sandy Meris



STEWARDSHIP PARISH-WIDE LENTEN SERVICE PROJECT

Saturday, April 13th

10:00 a.m.

Large Hall

Let's join together on Saturday, April 13th to help those in need during Lent by making **500 sack lunches** for the people of *Andre House* and *Arizonans for Children*.

All ages are welcome to help us assemble, pack and deliver meals to these two very worthy, local organizations. Located in downtown Phoenix, *Andre House* serves the homeless and poor population of Phoenix while *Arizonans for Children* serves abused, abandoned and neglected children in the Arizona foster care system.

Here is how you can help:

1) Help us do the shopping - we will provide you with exactly what you need to purchase and from where. Give us your receipt and you will be reimbursed. (we need several people to assist with the shopping)

2) Help us by being a table manager on April 13th.

3) Help us by loading your car and delivering some of the meals that day. (we will need several cars to assist with delivery)

4) Simply show up on Saturday, April 13th and we will direct you and put you to work, making sandwiches and assembling the sack lunches.

If you are able to help us with numbers 1, 2, or 3 please reach out to: sandymeris@gmail.com or text or call: 602-525-0345.

Jesus calls us to almsgiving during Lent. Let's come together as a Cathedral family to fulfill this important part of our Lenten journey.













"The generous will be blessed, for they share their food with the poor."

- Proverbs 22:9



Journey to Pascha

Learn More About the [First Five Sundays of Lent](#) on pages 20-23 in the St. Nectarios Bookstore Article

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 <i>TRIDION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

Journey to Pascha—Our Cathedral Schedule

HOLY TRINITY CATHEDRAL, PHOENIX, AZ SERVICES OF GREAT & HOLY LENT 2024 MARCH 17 – APRIL 27, 2024

SUNDAY, MARCH 17-----5PM - FORGIVENESS SUNDAY VESPERS
MONDAY, MARCH 18 -----6PM GREAT COMPLINE WITH CANON OF ST. ANDREW
TUESDAY, MARCH 19-----6PM - GREAT COMPLINE WITH CANON OF ST. ANDREW
WEDNESDAY, MARCH 20-----5:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *POTLUCK TO FOLLOW
THURSDAY, MARCH 21 -----6PM - GREAT COMPLINE WITH CANON OF ST. ANDREW
FRIDAY, MARCH 22 -----8AM - PRESANCTIFIED LITURGY
FRIDAY, MARCH 22 -----6PM - 1ST SALUTATIONS TO THE THEOTOKOS AND ANOINTING
SATURDAY, MARCH 23 -----8/9AM - MIRACLE OF KOLYVA ORTHROS AND DIVINE LITURGY
MONDAY, MARCH 25 -----8/9AM ORTHROS AND DIVINE LITURGY FOR THE ANNUNCIATION
WEDNESDAY, MARCH 27-----5:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, MARCH 29 -----8AM - PRESANCTIFIED LITURGY
FRIDAY, MARCH 29 -----6:00PM - 2ND SALUTATIONS TO THE THEOTOKOS
SATURDAY, MARCH 30-----8AM-4PM – YOUNG ADULT LENTEN RETREAT
MONDAY, APRIL 1 -----6PM GREAT COMPLINE
WEDNESDAY, APRIL 3-----5:30PM 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, APRIL 5-----8AM - PRESANCTIFIED LITURGY
FRIDAY, APRIL 5 -----6PM - 3RD SALUTATIONS TO THE THEOTOKOS
SATURDAY, APRIL 6 -----9AM-3PM LENTEN 4F RETREAT
MONDAY, APRIL 8 -----6PM - GREAT COMPLINE
WEDNESDAY, APRIL 10-----5:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, APRIL 12-----8AM - PRESANCTIFIED LITURGY
FRIDAY, APRIL 12-----6PM – GREAT VESPERS WITH THE 4TH STANZA OF THE SALUTATIONS
MONDAY, APRIL 15 -----6PM GREAT COMPLINE
WEDNESDAY, APRIL 17-----5:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, APRIL 19-----8AM - PRESANCTIFIED LITURGY
FRIDAY, APRIL 19-----6PM - THE AKATHIST HYMN
MONDAY, APRIL 22-----6PM GREAT COMPLINE
WEDNESDAY, APRIL 24 -----5:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, APRIL 26 -----8AM - PRESANCTIFIED LITURGY
SATURDAY, APRIL 27 -----8/9AM - SATURDAY OF LAZARUS – ORTHROS AND DIVINE LITURGY
SATURDAY, APRIL 27 -----HOLY WEEK 4F RETREAT FOLLOWING PALM CROSS FOLDING UNTIL 1PM
APRIL 28-MAY 5 -----PALM SUNDAY, HOLY WEEK, PASCHA (SEPARATE SCHEDULE)

*ON WEDNESDAY EVENINGS OF GREAT LENT FOLLOWING PRE-SANCTIFIED LITURGY, WE WILL HAVE A POTLUCK LENTEN MEAL AND REFRESHMENTS, ALONG WITH A BRIEF SPIRITUAL REFLECTION. BRING YOUR FAVORITE LENTEN DISH AND JOIN US FOR AN OPPORTUNITY FOR FELLOWSHIP AND LEARNING!

ΚΑΛΗ ΔΥΝΑΜΗ! GOOD STRENGTH! BLESSED FAST TO ALL! HOLY WEEK SCHEDULE TO FOLLOW

House of Stewards

As of 03/28/2024



Dina Anagnopoulos
Nikki Anest
John & Sandy Annos
Carla Antypas
Elaine Apostle
Argyro Apostolou
Chris Athens
Christina Bakavelou & Chris Perry
Constantine & Eleni Balanis
Joanna Bankson
Crisanne & Scott Bansner
Christopher Bass
Dean Bass & Liz Beckman
Sam & Heidi Bass
Joyce Baulinka
Athena Beaty
Scott & Stacey Beaty
George & Stacy Benetos
Stamatios Benetos
Dan & Vicki Bichekas
Peter & Jennifer Bilitsis
James & Helen Bruno
Georgia Brusalis
Chris & Rita Bruskas
Kristen Bruskas
Kathy Carras
Dawn & Casey Cartier
Michael Cartier
Chad & Amanda Carver
Haralambo Charitou
Laurel Charnas-Schiller & Todd Schiller
Harriet Chotras
Jim Chotras
Pete & Kim Choukalas
Katherine & Jeffrey Clarke
Andy & Mara Contes
Jamie Contes
James & Connie Contes
Patty Davis
Rebecca Davis
Leonard & Elaine Debickero
Anastasia Dellas
Hercules Dellas
Patrick & Karla Delord
Tom & Irene Demas
John & Mary Demetropoulos
Anthony & Patricia Demopoulos
Bill DeMoss
Charles DeMoss
Chris DeMoss
John & Marjorie DeMoss

Michael & Maureen DeMoss
Basil & Ruth Denaxas
Alexandros & Erika
Dimitriadis
Stanley & Fran Drozd
Caroline Economopoulos
Christos & Dena
Economopoulos
Fr. Alexander & Presu. Laura Eliades
Emil Ellis
Ed & Katherine Fancher
Greg Fernandez
Keith & Ashley Fightmaster
Mary Floor
Anna Fourlis
Athanasia & Georgia Fourlis
Athanasia Fourlis
Ted & Andi Fourlis
Tim & Antonette Fraenkel
Chris & Celeste Francis
Georgana Frieh
Semos Gardner
Demetra Georgelos
Diana Georgelos
Pamela Georgelos
John Giannopoulos
Harrison & Mandy Gillis
Pauline Ginakes
Stella Glitsos
Eva Goodman
Bill & Lynn Graham
Gina Graham
Gail Greivas
David Haag
Mary Haidos
Donald Hall
Terry Harper
Mary & Roger Harris
Patsy Harris
George & Georgette Hasiotis
Alexia Haugen
Stephanie & Gregory Heckel
Diane Herman
Fr. Apostolos & Presu Denise Hill
Greg Hill
Bessie Hotis
Steven & Candace Huff

Jeffrey & Melina Johannesmeyer
James & Linda Kalivas
Paulos Kairis
Peter & Nicole Kamboukos
Basilis & Roula Kaneris
Marianna Kaneris
Jean Kantaros
Nick & Dena Kantaros
William & Harriet Kapolas
John & Tressa Karagiannis
Vasilios & Vasiliqi Karagiannis
Maggie & Marko Karakozis
Virginia Karegeannes
Julie Karoutas
Joann Karros
Fotini Katrakis
John & Mary Katsenes
Paul & Lori Katsenes
Helen Katsuftrakis
Jim & Poppy Kavouris
Fanny Kechajias
Nikolaos Kentimenos & Panagiota Kladou
Ronald & Virginia Kidd
Emily Kimmell
Anastasia Kompos
Maria Kompos
Spiros & Maria Kontakis
Arthur & Carol Kostaras
Kostadinos & Anatoli Kostouros
Nick & Marina Kretsedemas
Tammy Kretsedemas
Joanne Koukouvetakis-Kruljac
Deborah Caras & Gregory Kunkel
John & Evangelia Lambrou
Elias & Mary Lampos
Scott & Jill Leach
Steven & Constance Lemere
Georgia Lipane
Luke & Maria Lipnos
Gregory Lizanich
James & Stephanie Machas
Maria Maciejewski
Margo Makris
Marika Madridis
Julie & Felix Mamani
Jim & Donna Manelis
Maria Maniatis
Anna Manos
Bill & Rina Marinakos
Douglas & Ann Markakis

*House of Stewards continued on page 8
Desert Springs April 2024*

Becky Martin	Fotini Pestrivas	Jimmy & Lisa Sterio
Mary Lou Mastorakos	Zoe Pestrivas	Tristan & Alana Stoutenburg
Pamela Maydanis	Peter & Gayle Petkas	Robert Stuart
Peter & Christina Maydanis	Chris Petroulakis	Steven & Jean Talkington
Angela & Chris Mead	Jacque Petroulakis	Despina Taularides
Christian Meris	Bill & Kathy Petsas	William & Rebecca Taularides
Joanne Meris	Brian & Athena Pickett	Nick & Effie Theodore
William & Sandy Meris	Mary Poulakidas	Jim Thomas
Anthony & Tania Miaoulis	Pete & Anthipe Pries	Deac. John & Diak. Mary Thrasher
Anastasia Miigias	Nicole & David Pyle	Andrew Touvannas
Philip & Helen Mitchell	Bertha Quinn	Thaddeus & Katherine Tropea
Paul & Linda Miller	Alex Rentzis	Stacy & Gerri Tsantilas
William & Jean Miller	Alexi & Sara Rentzis	Stella Tsantilas
Oleg & Emily Moroz	Jenn Rentzis	Dean & Brenda Tseunis
James & Irene Mourikes	Menelaos Rentzis	Dimitrios Tsioutsopoulos
Dino Moschovitis	Voula Rentzis	Matthew & Eva Turgeon
Spyro & Effie Mousses	George Rouman	Costa & Koko Tzauaras
Matthew & Sophia Neumann	Lois Sakkas	Daniel Valenzuela
John & Maria Nicholas	Stellios & Nicole Samaradellis	Kristen Vasilarakos
Evelyn Nickalew	Dimitra Sampson	Argyro Vasquez
John Nicolettos	Paul Sarantes	Michael Vaughn & Audrey Lewter
AnnaMarie Nieblas	Les & Christine Sarantinos	Scott & Terri Vaughn
Else Paletsos	John Schneider	Stacy Vaughn
Elizabeth Palmer	Peter Schneider	Leah Venetis
Anna Panagiotakopoulos	Warren & Kalliopi Schneider	Steve & Mary Vrahas
Christo & Connie Panagiotakopoulos	Diane & George Sedlacek	Peter & Maria Vlahos
Niko Panagiotakopoulos	Nicole Senerius	Andrew & Sandy Vlahoulis
Socrates & Stephanie Papadopoulos	Terry & Chris Seretis	Colin & Paula Walsh
Chrysoula Papadopoulos	George & Stacy Sgouros	Paulina Watson
Aaron Papagalos	John Siavelis	Zach & Mary Kladis Wilhelmi
Ria Papageorgiou	Elyse Sioles & Robert Stamm	Dan Williams
Betty Papas	Robert & Donna Sioles	Anne & William Wilson
Nick Papas	George & Eui Skintzis	Mike & Christina Wombacher
Spyros & Rita Papaspyrou	Elias & Phyllis Skoubis	Richard & Katina Wood
Gabriella Papatzimas	David & Alisha Solheim	Zachariah Yoon & Elizabeth Hong
Nicholas & Stacy Papatzimas	Constantin Solomon	George & Katherine Zannis
Andrew & Emily Pappas	Angelo & Marie Spanos	Jerry & Amanda Zannis
Irene Pappas	Leo & Rachel Speliopoulos	Dimitrios & Eugenia Zannis
Harry & Fannie Pappas	James L & Karen Speros	Zella Zannis
John J Pappas	Vasilios & Diana Speros	Evangelia Zikos
Daniel & Anna Pardhe	Jim & Kathryn Stamadianos	Dimitrios Zistatsis
Athena Parmenter	Nitsa Stamateletos	Eleanna Zistatsis
Amy Paul	Andrew & Christine Stamatis	Michael & Christina Zistatsis
Christine & Peter Pearce	Jonathan Stamatis	
John & Dina Pesognelli	Lainie Seretis	

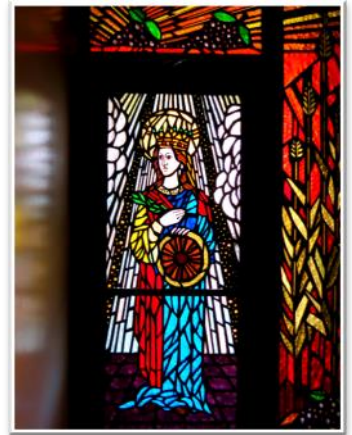
2024 PLEDGED FAMILIES

We offer you our thanks for your dedication to our parish and your participation in Christ's work of salvation. If you have not filled out a Pledge Card for 2024, please pick one up in the Church Narthex or [visit holyltrinityphx.org](http://holyltrinityphx.org). If you have filled out a 2024 Pledge Card but your name does not appear on this list, please know any omissions are unintentional. Please call the Church office immediately and we will resolve the situation.

Holy Trinity's St. Katherine Philoptochos



Next Meeting on Thursday,
April 4, 2024 at 6:30 pm
in the Lounge of the Speros Community Center



St. Katherine faceted glass icon in the south wing of the Narthex.

All Member Photo! April 14, 2024

on the Solea immediately following Liturgy.
Every current member is invited to be in the photo.



What is Philoptochos?
The translation is
Philo = Friend
and Ptochos = Poor.
It is literally
"Friend of the Poor".

JOIN PHILOPTOCHOS 2024

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS* **IMPORTANT** for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: (____) _____ CHECK # _____ AMOUNT: _____

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2023, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Holy Trinity's St. Katherine Philoptochos

Count Your Blessings

Commit to your community by participating and joining Philoptochos. Over the years we've listed our outreach programs & commitments. In addition, we are considered the Right Hand of the Church. As a Cathedral, we set an example. PLEASE SHOW YOUR SUPPORT & JOIN NOW. Forms are located in the Narthex and the previous page of the Desert Springs Looking forward to your friendship and consideration in this new year!



ANNUAL STATE-WIDE PAN-ORTHODOX
WOMEN'S LENTEN RETREAT
featuring Nutrition and Lifestyle Coach, Cynthia Damaskos and Ancient Faith Author and Podcaster, Molly Sabourin
Holistic Christian Life FILLED WITH LESS

SAVE THE DATE
SATURDAY, APRIL 13, 2024

HOSTED BY ST. BARBARA'S PHILOPTOCHOS
ASSUMPTION GREEK ORTHODOX CHURCH | 8202 E. CACTUS ROAD, SCOTTSDALE 85260

The **FILLED WITH LESS** retreat cultivates health and wellbeing through the beauty of Orthodoxy and includes presentations on developing a peaceful mindset, taking care of His temple, combating overwhelm, and living intentionally.

HEALTHY LENTEN LUNCH AND SNACKS PROVIDED

FILLED WITH LESS
Retreat

FOR MORE INFORMATION CONTACT
TINA JONES - TKANELOS@GMAIL.COM OR EMILY SANDSTROM - ECKUZANA@GMAIL.COM

Baking Dates!

Pascha Bake Sale

Baking Schedule—9:00am each day

Tuesday, April 23

Wednesday, April 24

Thursday, April 25 (if needed)

Coffee in the Conference Room

Tuesdays at 9:30 am

All are welcome!



Philoptochos Trays

Our chapter passes trays throughout the year to benefit various causes. Following Divine Liturgy **six times a year**, the women of Philoptochos will pass trays to collect your donations for the following beneficiaries:

- 09/10/2023 Holy Cross/Hellenic College
- 11/05/2023 the Patriarchate
- 11/19/2023 the chapter here at HTC
- 12/03/2023 St. Nicholas Ranch
- 01/07/2024 St. Basil's Academy
- 04/28/2024 **Epitaphio Flowers for HTC**

In most cases, our chapter will add to the collected amount.
Please make checks payable to **"Philoptochos"**.
Your donations are much appreciated!

Holy Trinity's St. Katherine Philoptochos



ST. KATHERINE PHILOPTOCHOS PASCHA BAKE SALE PRE-ORDER FORM

NAME _____

PHONE # _____ EMAIL _____

ITEMS AVAILABLE:

TSOUREKI \$12 each (please specify quantity & type):

_____ PLAIN

_____ ALMOND

_____ SESAME

TOTAL \$ _____

KOULOURAKIA \$12 dozen (how many?) _____ TOTAL \$ _____

GRAND TOTAL \$ _____

PAYMENT:

CHECK NO. _____ AMOUNT \$ _____

(Please make check payable to: **PHILOPTOCHOS**)

CREDIT CARD # _____ CVV _____ EXPIRATION _____ ZIP _____

PLEASE MAIL COMPLETED FORM AND CHECK (IF APPLICABLE) TO:

PHILOPTOCHOS
5121 E VILLA RITA DR
SCOTTSDALE, AZ 85254

DEADLINE FOR ORDERS IS SUNDAY, APRIL 21, 2024

ALL ORDERS WILL BE AVAILABLE FOR PICK UP ON SUNDAY, APRIL 28 **ONLY**.
QUESTIONS? PLEASE CALL GEORGIA @ 602-291-5911 OR ALEX @ 602-738-6053.

Sunday of Orthodoxy

March 24, 2024



First Saturday of Souls

March 9, 2024



Photos by Marie Spanos

Clean Monday

First Great Compline with Canon of St. Andrew
March 18, 2024



Catechumenen Blessing

March 24, 2024



Flower Donations

Pascha & Salutation *Flower Donations*



Remember beloved family and friends,
and help beautify the Cathedral during Pascha.
Flowers are also needed to decorate
the Akathist Icon each week of Lent
This a lovely way to support an Orthodox tradition,
and to memorialize loved ones.

Donation Forms are in the Narthex

Wednesday Lecture and Potluck

Lenten Lecture Series

"The Lord is..."

Join us on Wednesdays of Great Lent after the Presanctified Divine Liturgy for our Lenten Potluck for our Lenten Lecture Series, titled "The Lord is..."

The Psalms are replete with affirmations of Who God is, not in a generic sense, but in a personalized way as we experience His presence in our daily lives.

It is easy to settle for a distant knowledge of God wherein He remains more conceptual than real. For the Psalmists, God's activity in human affairs was tangible and life-giving.

These very short reflections, to be offered as our potluck meal concludes, will invite us to consider how we might deepen our own awareness of Jesus Christ in a personal way.

Please also bring your favorite Lenten dish with you to share!

Fr. Apostolos Hill



2024 Myrrhbearers

MYRRHBEARERS FOR FRIDAY & PASCHA SERVICES

Our Girls

5TH-7TH GRADE

The role of a Myrrhbearer is a blessed opportunity for the young girls of our community to serve the church and participate in the services during Holy Friday & Pascha.

Our first meeting is

This Sunday, March 31st

We will meet in the back of the church after services.
If you are interested, please join our meeting.

Questions, please contact Stacey Beaty at:
623-826-9970 or email staceybeaty@live.com.

Lenten Vespers

LENTEN VESPERS

SUNDAY EVENINGS
DURING LENT

MARCH 24 | ST. GEORGE ANTIOCHIAN
ORTHODOX CHURCH, PHOENIX, 6 PM

MARCH 31 | ST. JOHN THE BAPTIST ROMANIAN
ORTHODOX CHURCH, GLENDALE, 6 PM

APRIL 7 | ST. SAVA SERBIAN ORTHODOX
CHURCH, PHOENIX, 6 PM

APRIL 14 | ST. KATHERINE GREEK ORTHODOX
CHURCH, CHANDLER, 6 PM

APRIL 21 | STS. PETER & PAUL ORTHODOX
CHURCH IN AMERICA, PHOENIX, AZ, 6 PM

Service Blessing

March 5, 2024

Father Apostolos and Father Alexander prayed for long-time Altar Boy and Acolyte Dominic for his new service in the Coast Guard! Axios! Our prayers are with you in this incredible journey of service to our nation.



St. John Chrysostom Oratorical Festival

March 24, 2024



Congratulations to Junior speakers Jack Choukalas and Constantine Herrera for advancing to the Metropolis finals that will be held in Belmont, CA the week after Pascha!



Stories from the Bible

We are continuing to lead our children through a journey of Bible stories from Genesis to Revelation beginning August 20 after Divine Liturgy. This 32 week syllabus begins in Eden with the Creation and ends on Patmos with St. John. If you wish to assist with treats, please speak with Presvytera Denise or to assist with crafts, please speak with Debra Harrison.



Celebration Committee



Let's Celebrate!

On the first Sunday of each month, the Celebration Committee organizes a potluck during coffee hour to celebrate all the special events in parishioners' lives and birthdays that take place in that month. Please join us every month to celebrate!

In March, the Celebration Committee celebrated a number of special occasions! On March 3rd, we celebrated Andy and Basil Contes, who both qualified to the UCI BMX World Championships; Ta Patriotakia, who placed 1st in the Junior Category; Marko Papamatheakis, who won the Instrumental Award in the Division II category; and Aleena Haugen, who was awarded an FDF Scholarship! The following Sunday, we hosted a luncheon in honor of Fr. Apostolos' 60th birthday! The hall was decorated for spring with a pastel mylar balloon garland; green, white, and gold balloon strings, gold overlays, and balloon pyramids. For Fr. Apostolos' birthday, the hall was decked with green tablecloths, pastel balloons, and vases of faux flower arrangements.



Celebration Committee article continued on page 17

Celebration Committee

Celebration Committee article continued from page 16

Father Apostolos' 60th Birthday



If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can send an email with suggestions and details to: htcphxevents@gmail.com.

If you are interested in volunteering or supporting the Celebration Committee efforts, please email htcphxevents@gmail.com and/or talk to Terri Alexon or Mary Pardhe!

Communal Cooking Event

In March, the Communal Cooking crew led by Phillip Panagiotoglou served a wonderful lunch of chicken, loukaniko, potatoes, green beans, Greek salad, bread, cannoli, cookies and cake! If you are interested in helping out or joining us for future cooking events, please email htcphxevents@gmail.com. In addition, please feel free to bring a dish to share with the community on the first Sunday of every month.



Celebration Committee

April Birthdays

Happy
BIRTHDAY

Panagiota Agelakos
Peter Agnos
Joanna Apostolis
Anne Beckman
Jennifer Bilitsis
Amanda Carver
Kenny Christenson
Eleni Debickero
Dimitri Deligiannis
Marjorie DeMoss
Kathryn Dye
Stella Elam
Jeff Farr
Theodore Fightmaster
Nikki Forman
Chris Francis
Christina Georgiou
Constantine Ginakes
Michael Hill
Anastasia Huff
Jesa Isfanut
Piper Jaynes
Dena Kantaros
Nobuko Katsenes
Pat Kladis
Nickolas Koziris
Johnny Kratsas
Athena Kretsedemas
Mark Lefebvre
Maria Lipnos
Irene Mackos
Julie Mamani
Diana Markakis
Debra Mavroidis
Emily Mead
Victor Mendiola Jr.
Jean Miller
Pamela Nolen
Anastasia Oxley
Nikolas Panagiotakopoulos
Anna Panagiotakopoulos
Theo Panagiotakopoulos
Savas Panagiotoglou

Socrates Papadopoulos
Aaron Papagalos
Mihali Papamatheakis
Fannie Pappas
Daniel Pardhe
Anna Pardhe
Athena Parmenter
Brad Patten
Amy Paul
Zoe Pestrivas
Fotini Pestrivas
Athena Pickett
Mary Ann Pikulas
Tracy Poulos
Gus Pyle
Alex Rentzis
Curt Ruttle
Angela Scopelianos
Zoe Sgouros
Leo Speliopoulos
Nicolas Speliopoulos
Dianne Spell
Vasilios Speros
Athanassi Speros
Elias Staikos
Kathryn Stamadianos
Magdalene Stoutenburg
Robert Stuart
Diana Sutu
Rebecca Tavlarides
Despina Tavlarides
Katherine Tropea
Stacy Tsantilas
Dean Tseunis
Sotirios Tsioutsopoulos
Daniel Valenzuela
Kenneth Walker
Paulina Watson
Steven West
Grace Wombacher
Zoe Wombacher
George Zaglifa
Michael Zistatsis
Eleanna Zistatsis

April

Our Church Family

Baptism

“For as many of you as were baptized into Christ have put on Christ.”

Galatians 3:27



03/16/2024

Sophia

daughter of Lisa & Jimmy Sterio

Godmother: Gina Graham

God’s Blessings be upon her.

Funerals

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”

Psalms 23:6



03/20/2024

Kae Pederson

May her memory be eternal.

03/26/2024

Paula Farr

(officiated by Fr. Michael and Fr. Phil)

May her memory be eternal.

Donations

We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation and/or your envelope number in the memo line.** i.e. stewardship, candles, etc.

Thank you all!



Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.

Catechism and Bible Study

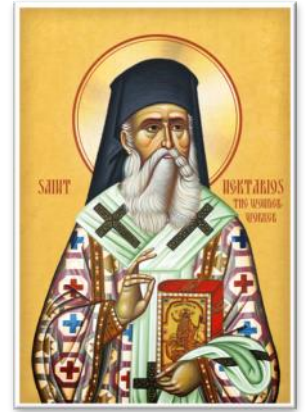


Fr. Apostolos is offering a two semester catechism on The Kingdom of God and How to Attain it. Classes will be held on Saturdays at 3:30 in person and via Zoom. Please contact the office or Fr. Apostolos to request registration details.

Fr. Alexander's Bible Study is after 6:30pm Paraklesis in the Conference Room and on Zoom. Class will be offered every Wednesday at that time.

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou
stnectoriosphx@gmail.com



The Five Sundays of Great Lent

First Sunday of Lent: Sunday of Orthodoxy



The dominant theme of this Sunday since 843 has been that of the victory of the icons. In that year the iconoclastic controversy, which had raged on and off since 726, was finally laid to rest, and icons and their veneration were restored on the first Sunday in Lent. Ever since, this Sunday has been commemorated as the "Triumph of Orthodoxy."

The Council decided on a doctrine by which icons should be venerated but not worshipped, the last befitting only God.

The decree of the Council for restoring icons to churches added an important clause which still stands at the foundation of the rationale for using and venerating icons in the Orthodox Church to this very day: "We define that the holy icons, whether in color, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Saviour Jesus Christ, that of our Lady the

Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love their prototype. We define also that they should be kissed and that they are an object of veneration and honour (timitiki proskynisis), but not of real worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature. The veneration accorded to an icon is in effect transmitted to the prototype; he who venerates the icon, venerated in it the reality for which it stands".

Second Sunday of Lent: Sunday of St. Gregory Palamas



On the Second Sunday of Lent the Orthodox Church commemorates our Holy Father Gregory Palamas, Archbishop of Thessalonica, the Wonderworker. The feast day of Saint Gregory Palamas is November 14, however, he is commemorated on this Sunday as the condemnation of his enemies and the vindication of his teachings by the Church in the 14th century was acclaimed as a second triumph of Orthodoxy.

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou

stnectoriosphx@gmail.com

St. Nectarios Bookstore Message continued from page 20

Third Sunday of Lent: Sunday of the Veneration of the Holy Cross



On the Third Sunday of Great and Holy Lent, the Orthodox Church commemorates the Precious and Life-Giving Cross of our Lord and Savior Jesus Christ. Services include a special veneration of the Cross, which prepares the faithful for the commemoration of the Crucifixion during Holy Week.

The commemoration and ceremonies of the Third Sunday of Lent are closely parallel to the feasts of the Veneration of the Cross (September 14) and the Procession of the Cross (August 1). Not only does the Sunday of the Holy Cross prepare us for commemoration of the Crucifixion, but it also reminds us that the whole of Lent is a period when we are crucified with Christ.

As we have “crucified the flesh with its passions and desires” (Galatians 5:24), and will have mortified ourselves during these forty days of the Fast, the precious and life-giving Cross is now placed before us to refresh our souls and encourage us who may be filled with a sense of bitterness, resentment, and depression. The Cross reminds us of the Passion of our Lord, and by presenting to us His example, it encourages us to follow Him in struggle and sacrifice, being refreshed, assured, and comforted. In other words, we must experience what the Lord experienced during His Passion - being humiliated in a shameful manner. The Cross teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.

As they who walk on a long and hard way and are bowed down by fatigue find great relief and strengthening under the cool shade of a leafy tree, so do we find comfort, refreshment, and rejuvenation under the Life-giving Cross, which our Fathers “planted” on this Sunday. Thus, we are fortified and enabled to continue our Lenten journey with a light step, rested and encouraged.

Or, as before the arrival of the king, his royal standards, trophies, and emblems of victory come in procession and then the king himself appears in a triumphant parade, jubilant and rejoicing in his victory and filling those under him with joy, so does the Feast of the Cross precede the coming of our King, Jesus Christ. It warns us that He is about to proclaim His victory over death and appear to us in the glory of the Resurrection. His Life-Giving Cross is His royal scepter, and by venerating it we are filled with joy, rendering Him glory. Therefore, we become ready to welcome our King, who shall manifestly triumph over the powers of darkness.

The present feast has been placed in the middle of Great Lent for another reason. The Fast can be likened to the spring of Marah whose waters the children of Israel encountered in the wilderness. This water was undrinkable due to its bitterness but became sweet when the Holy Prophet Moses dipped the wood into its depth. Likewise, the wood of the Cross sweetens the days of the Fast, which are bitter and often grievous because of our tears. Yet Christ comforts us during our course through the desert of the Fast, guiding and

St. Nectarios Bookstore Message continued on page 22

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou

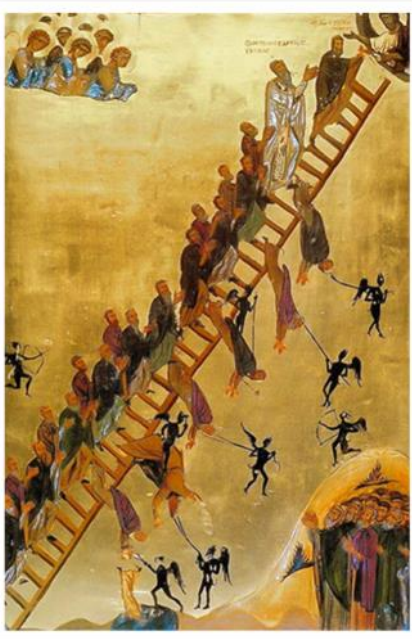
stnectariosphx@gmail.com

St. Nectarios Bookstore Message continued from page 21

leading us by His hand to the spiritual Jerusalem on high by the power of His Resurrection.

Moreover, as the Holy Cross is called the Tree of Life, it is placed in the middle of the Fast, as the ancient tree of life was placed in the middle of the garden of Eden. By this, our Holy Fathers wished to remind us of Adam's gluttony as well as the fact that through this Tree has condemnation been abolished. Therefore, if we bind ourselves to the Holy Cross, we shall never encounter death but shall inherit life eternal.

Fourth Sunday of Lent: Sunday of St. John Climacus



On March 30 and on the Fourth Sunday of Holy Lent the Orthodox Church commemorates our Righteous Father John Climacus. He is called Climacus due to his authorship of the great spiritual work *The Ladder of Divine Ascent*. His commemoration is designated by the Church on one of the Sundays of Lent as his life and writings affirm him as a supreme bearer and proponent of Christian asceticism. The ascetic example of this great Saint of the Church inspires us in our Lenten journey.

Fifth Sunday of Lent: Sunday of Mary of Egypt

Our holy mother Mary was born in Egypt. She had left her parents at the age of twelve to go to Alexandria, where she spent the next seventeen years in debauchery and the greatest profligacy. Living on charity and linen-weaving, she nevertheless offered her body to any man, not being forced to it by dire necessity as were so many poor women, but as though she were consumed by the fire of a desire that nothing was able to appease.

One day, seeing a crowd of Lybians and Egyptians moving towards the port, she followed them and set sail with them for Jerusalem, offering her body to pay her fare. When they arrived in the Holy City, she followed the crowd that was thronging towards the Church of the Resurrection, it being the day of the Exaltation of the Cross. But, when she reached the threshold of the church, an invisible force prevented her entering in spite of repeated efforts on her part, although the other pilgrims were able to go in without hindrance. Left alone in a corner of the narthex, she began to realize that it was the impurity of her life that was preventing her approaching the holy Wood. She burst into tears and smote her breast and, seeing an icon of the Mother of God, made this prayer to her: "O Sovereign Lady, who didst bear God in the flesh, I know that I should not

St. Nectarios Bookstore Message continued on page 23

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou

stnectariosphx@gmail.com

St. Nectarios Bookstore Message continued from page 22

dare to look upon thine icon, thou who are pure in soul and body, because, debauched as I am, I must fill thee with disgust. But, as the God born of thee became man in order to call sinners to repentance, come to my aid! Allow me to go into the church and prostrate before His Cross. And, as soon as I have seen the Cross, I promise that I will renounce the world and all pleasures, and follow the path of salvation that thou wilt show me."

She felt herself suddenly freed from the power that had held her and was able to enter the church. There she fervently venerated the Holy Cross and then, returning to the icon of the Mother of God, declared herself ready to follow the path that the Virgin would show her. A voice replied to her from on high: "If you cross the Jordan, you will find rest."

She lived forty-seven years without ever encountering either another human being or any animal. Protected by God, who desires nothing but that the sinner should turn to Him and live, she uprooted all the passions from her heart by means of this extraordinary asceticism, and was able to turn the fire of carnal desire into a flame of divine love that made it possible for her to endure the implacable desert with joy, as though she were not in the flesh.



Church Website

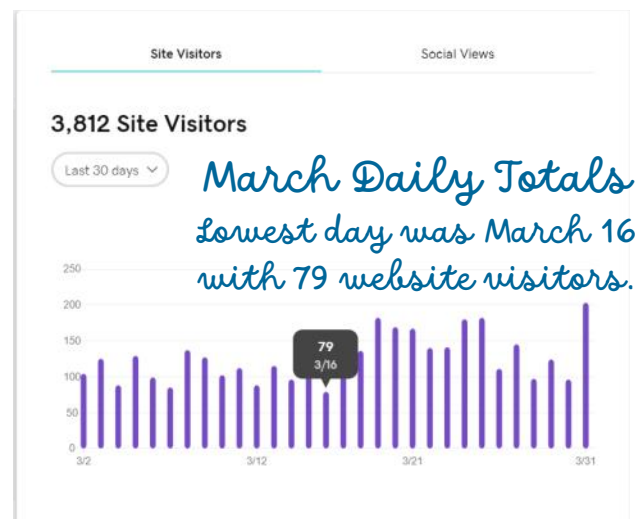
Have you checked out the website **lately?**

www.holytrinityphx.org

- Events • Services • Photos • Calendar
- Stewardship

Did you know?

We had **39,112** site visitors in the last 12 months?



Living Orthodox Young Adult Ministry

Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-30s) who are striving to grow in and connect with their faith. Sign up for our email newsletter at <http://eepurl.com/ixBiEk> to be informed about upcoming events!



Living Orthodox February Community Potluck

On February 25, we hosted a potluck and discussion with **Ms. Ludmila Demich** on the topic “Theology in Color: Iconography in the Orthodox Church”. Several parishes were represented at the event. Following the presentation, we had an excellent Q&A discussion on the history of icons and the development of different iconography styles. Due to copyrighted material in the presentation, the full-length recording will **not** be available on our YouTube channel; however, please see the following article summary.

ICONOGRAPHY: THEOLOGY IN COLOR Written by Living Orthodox volunteers

On the evening of Sunday, February 25, Holy Trinity Eastern Orthodox hosted a potluck dinner featuring a lesson on the history of iconography in the Spiros Center. Assumption parishioner, Ludmila Demich, presented the history of iconography and displayed her iconographic contributions. The knowledge she provided stemmed from her 30 years of translating icons. Ludmila discussed the symbolic purpose of Eikona as images or portraits that create unity and timelessness and break the barrier between the material and supernatural world.

Through the icon, the venerator has a bridge or window to heaven, making the icon a part of worship and not admiration. She discussed the tradition as backed by canon law but dating back as far as the Hellenistic Egyptian era with imagery like the halo, gold background, and encaustic technique (i.e., natural pigments and beeswax mix) as ancient practices. Christianity adopted these elements in its iconographic tradition, yet Jesus Christ recorded the first icon with his face on a towel given to the servant Ananias of Edessa, Asia Minor (Armenia) who delivered it to King Apkar who had leprosy and was miraculously cured by it. This icon is known as “the Savior not made by hands” and shows God’s favor toward the practice. The second icon came from St. Luke the evangelist and physician, who translated the first icon of the Theotokos. As one of the non-Jewish apostles, he was able to do so. The holy practice of iconography became a part of the fabric of Orthodox church tradition but met resistance during the 7th and 9th centuries during the iconoclast period. With this terrible upheaval, many icons were destroyed; however, the Coptic monastery St. Catherine’s of Sinai, Egypt, due to its inaccessibility, was spared and contains icons dating back to the 6th century.

Ludmila shared how iconography in Orthodoxy is distinguished by common patterns and motifs. The imagery of arms, weapons, scrolls, the cross, and churches symbolize particular attributes or characteristics of the Saints portrayed. The colors also matter in icons. Gold backgrounds are standard along with colors purple, red, and blue finding their way into different parts of the image. The absence of color: white (purity/good) and black (evil/death) are also significant; grey on the other hand, does not have a place in the icon due to its neutrality. Ludmila shared that angels (God’s messengers) have slookhi (i.e. to hear), ribbons, or antennas on the back of their heads as they receive God’s commands and follow

Living Orthodox continued on page 25

Desert Springs April 2024

Living Orthodox Young Adult Ministry

Living Orthodox continued from page 24

them. Like the angels, the iconographer is doing God's work, translating what is of heaven and assisting in the sanctification of matter, since Jesus Christ did this through His incarnation. The iconographer must invest in good materials and pray before they labor. The practice and tradition of iconography are an extraordinary gift and blessing to the Orthodox community. If you are interested in purchasing icons from Ludmila, please visit her website iconsdlarts.com.

The Living Orthodox hosted the following parish members:

St. George Antiochian

Assumption Greek Orthodox Church

St. John Romanian Orthodox Church

Holy Trinity Eastern Orthodox Cathedral

St. Sava Serbian Orthodox Church



Update to the FOCUS Shelter

Weekly meetings with Steve Christoforou to plan the establishment of a homeless shelter in Phoenix are underway! If you or someone you know is interested in being involved in this effort, please email Steve at Schristoforou@focusna.org.

If you would like to support the project financially, please use [this link](https://interland3.donorperfect.net/weblink/weblink.aspx?name=E334599&id=275) (<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E334599&id=275>) or the QR code in the below flyer. A foundation is willing to match up to \$100,000.00 in donations raised by August of 2024. Please help us spread the word by sharing the attached flyer (email us for the PDF version)!

Join a Living Orthodox Committee!

We are looking for members to contribute their talents as we build a pan-Orthodox community that encourages young adults to grow in their faith and serve God with our gifts! Our events committee is focused on increasing the



Living Orthodox continued on page 26

Living Orthodox Young Adult Ministry

Living Orthodox continued from page 25

number of opportunities for young adults to connect; our community service committee is actively organizing regular projects to serve those in need; while our communications/ outreach Committee is working on creating an effective way to connect the parishes in our Living Orthodox network and reach more young adults. If you are interested in joining one or more of these committees, please email livingorthodoxministry@gmail.com.



If you or someone you know is interested in learning more about Living Orthodox, please email us at livingorthodoxministry@gmail.com! You can also visit <https://linktr.ee/livingorthodox> for links to our Instagram channel and Discord server.

What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!



“Welcome! I don't believe we've met yet. My name is (your name)” is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!

Coffee Socials Following Sunday Liturgies

Thank you to the [Greek School](#) for sponsoring Coffee Socials in March.



The April Coffee Socials are sponsored by [the Young Adults](#).

Liturgical Services will continue to be
live streamed
by Father Apostolos
and Father Alexander.

All services can be found on the **Home
Page** of the Cathedral's website
www.holytrinityphx.org,
in addition to the continued postings on
our Facebook page.



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for **FREE** to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

Desert Springs Subscription

Enjoy **color** copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: _____

Street Address: _____

City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or
contact Kristen at 602-332-8809

HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](https://www.facebook.com/holytrinityphx)



Endowment Fund

✦ THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND ✦

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain **inviolable** and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy **in perpetuity** for their family, have made contributions totaling **\$654,340.00**.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly appreciated.

Endowment Gifts

Platinum Donors: \$100,000+

Faye Boukas
George & Ann Souvall
John George Thomas

Gold Donors: \$50,000+

Dr. Nicholas Baziotes
Silver Donors: \$25,000+
The DeMoss Families
IMO+ Tasia Pritchard

Bronze Donors: \$10,000+

Gabriel & Helen Papagallos, IMO+ Mary Montague, John & Mary Katsenes, George & Koula Cheros, IMO+ Dina Sakellarakis, Steve & Joan Vrahas, Ange & Alex J. Pappas, James & Connie Contes, Dennis & Anastasia DeBerry, IMO+ John G. Zannaras, Steve & Judith Vrahas, Irene Pilafas Pappas

General Endowment Fund donations over \$1,000.00

Dr. Christopher J. DeMoss, the Lambrou Family

In Memory Of Gifts:

IMO+ Stacy Hotis, IMO+ Danny Speros, IMO+ Mark Sprintz, IMO+ Chris Gabriel, IMO+ Fr. James & Presb. Katherine Tavlarides, IMO+ Fr. Anthony & Mary Coniaris, IMO+ Tom Contes, IMO+ Leonard Mastorakos, IMO+ John Sgouros, IMO+ Chris Gabriel, IMO+ Athena & Dan Choukalas, IMO+ Milton & Harriet Sioles, IMO+ Koula & Pete Triantafyllou, IMO+ James H. Karros, IMO Bette Maniatis, IMO Dan Lester Hill



✦ CONSIDER GIFTING HIGHLY APPRECIATED STOCK. ✦
72 AND OLDER, SAVE TAXES BY GIVING FROM YOUR IRA. ✦

Endowment Fund

+ GIFT FORM +

Please list my/our endowment gift as follows: _____

Here is my/our one time General Endowment gift, which I/we may add to, of: \$ _____

I/we wish to make a gift of \$ 10,000.00 or more payable, now _____, or over a three year period.

With this form \$ _____

Year Two \$ _____

Year Three \$ _____

By: _____

Dated: _____ 20 _____

Donor, please sign and keep a copy for your records.

All gifts will be preserved in the archives of Holy Trinity Greek Orthodox Cathedral, 1973 E. Maryland Avenue, Phoenix, AZ 85016

+ We Thank You and may God Bless You for your generosity. +

Greek Heritage Night at the Diamondbacks!

For everyone!

The Arizona Diamondbacks are excited to invite YOU to our annual Greek Heritage Celebration at Chase Field on **Friday, May 24, 2024**. Your Special Event package includes a ticket to the Friday, May 24 game vs. the Miami Marlins (first pitch at 6:40PM) and a limited-edition Greek Heritage hat.



The event page to purchase tickets is live:

<https://www.mlb.com/dbacks/tickets/promotions/themes/greek-heritage-celebration>

Please contact Tatum Barstad for groups of 10+ or with any questions:

Tatum: tbarstad@dbacks.com or 602.462.4287.

2024 Greek Festival Dates

The 63rd Original Phoenix Greek Festival will be on
October 11, 12, & 13, 2024.

Mark your calendars!
phoenixgreekfestival.org



Greek School

Irene Dartoozos Mackos, Director
phxgreeksschool@gmail.com

Greek Independence Day



Holy Trinity Greek
&
Heritage School of Phoenix



Desert Diamonds

Julie Karoutas
for senior parishioners and their guests:



Dear Desert Diamonds and Friends,

Spring has sprung, time to have an outing with friends.

Date: Saturday, April 20th, 2024

Time: 11am

Destination: The Queen Creek Olive Mill, to enjoy the happenings at The [Olive Blossom Festival](#) in Queen Creek!

Location: 25062 S. Meridian Dr., Queen Creek, AZ 85142 Tel. #480.888.9290

Admission: Free; please plan on arriving at 11am.

Transportation: Voluntary Carpooling

The Olive Blossom Festival is an annual celebration of Springtime at the Olive Mill where they make Extra Virgin Olive Oil from blossoms to bottle. This Festival is an opportunity to observe our groves in full bloom & understand where the journey begins for every high quality Extra Virgin Olive Oil. Join us for vendors, live music, tractor tours and so much more! Time & events on Saturday, 8am-9pm! If anyone needs a ride to & from, please let us know and we will try to provide one. No guarantee, we will TRY.

Sincerely Yours in Christ,

Julie Karoutas

Email: juliekaroutas@gmail.com

Cell: # 623.313.8720

Please RSVP ASAP!

AHEPA Chapter 219



PALM SUNDAY BRUNCH

Hosted by the Brothers of
AHEPA Chapter 219

SUNDAY, APRIL 28TH
FOLLOWING CHURCH SERVICES

HOLY TRINITY
GREEK ORTHODOX CATHEDRAL
1973 E. MARYLAND AVE - PHOENIX

\$30 Adults
\$20 Ages 6-17
5 and under free

**Menu: Greek Style Cod (with Plaki or Skordalia), Greek Style Potatoes,
Green Beans, Shrimp Scampi, Pasta Marinara, Rolls, Fruit Salad, and
Dessert/Coffee/Beverage Service**

**Reservations beginning Sunday, March 31st during Coffee Hour in the
Speros Community Center**

Or Contact:

Andrew Touvannas (509) 628-6293

John Kostaras (602) 318-1935

Pete Marudas (602) 284-1638

All Reservations Must Be Paid In Advance

AHEPA CHAPTER 219



Our Next Chapter Meeting

Thursday, April 18 - 6pm

Holy Trinity Greek
Orthodox Cathedral
James A Speros
Community Center

Interested in Becoming a Member?

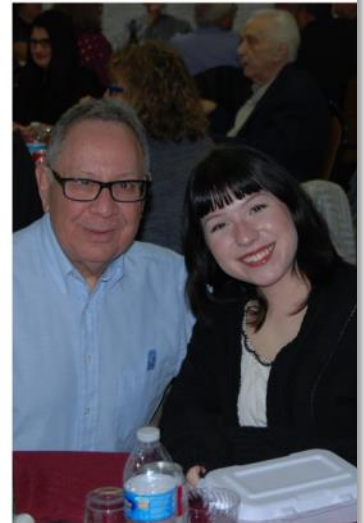
**Contact Pete Marudas
602-284-1638**

AHEPA Chapter 219



**AHEPA 219
JOINT MEETING
WITH THE
DAUGHTERS OF
PENELOPE

MARCH 2024**



Daughters of Penelope

Helenos Chapter 432



Sisters of Helenos #432,

On Thursday, March 14th, 2024, many of our Sisters enjoyed a delightful dinner meeting hosted by our Brother AHEPANS of #219. Needless to say, they went all out to make sure that everything was perfect. Thank you to all for the Fellowship shared. Our highlight of the evening was the initiation of our new Sister, Dulcinea Abrams. Dulcinea is an NAU student and granddaughter of Brother Chuck Gadinis. Welcome! We were honored to have our DG Carol Stathopoulos with us. As you can see in the pictures, the happy, smiling faces.

Don't miss the next meeting:

Thursday, April 18th, 2024 at 6:30pm at the Speros Community Center. More to follow in the mailed newsletter.

April:

Cynthia Bekiaris: Blankets for Project Linus! (Details to follow)

Nominating Committee: Get your nominations ready to vote on in May.

May: TBA

UMOM Walk at Phoenix Zoo (Info to follow) Brunch following Walk!!

Nominations for new board and Installation of new board

June 10, 11, 12th, 2024: WRDC Convention, Reno, NV

July 21-28, 2024: AHEPA Family Supreme Convention, Larnaca, Cyprus

Respectfully Submitted,

Julie Karoutas,

President, Helenos #432, Daughters of Penelope

PS: Enjoy the pictures!



OPA—Orthodox Parents Association

Caroline Economopoulos, President



Are you getting the weekly
OPA Newsletter?

OPA communicates primarily through email,
via our email newsletter.

To stay informed on all of the
youth, parent, and family happenings at Holy Trinity,
sign up today.

It's easy, just email your information
cjecomom@gmail.com,
and we'll get you added to list!

A graphic with a dark blue background and rounded corners. It features three lightbulbs with brains inside, one in each section. The top section is orange and contains the text: "CALLING ALL PARENTS", "WHAT DO YOU WANT FOR YOUR CHILDREN?", and "Come share ideas and learn how you can get involved." The middle section is green and contains: "Sunday April 7th after Church services in the Small Hall" and "OPA Parent Meeting". The bottom section is orange and contains: "For further information contact Caroline 480.200.7051 or cjecomom@gmail.com".

CALLING ALL PARENTS
WHAT DO YOU WANT FOR YOUR CHILDREN?
Come share ideas and learn how you can get involved.

Sunday
April 7th
after Church services
in the Small Hall

OPA
Parent Meeting

For further information
contact Caroline
480.200.7051 or
cjecomom@gmail.com



ALL SAINTS CAMP 2024!

Registration is open!

www.allsaintscamparizona.org

Youth Ministries at Holy Trinity Cathedral 2022/23

House Meetings

If you are interested in heading up some outings or hosting your child's age group at your house, or simply learning more about OPA, please email Caroline Economopoulos [here](#).

Other Opportunities

Reach out to Fr. Alexander [here](#) if you'd like to learn how your children can be involved such as

- serving as an Altar Boy
- singing in the Choir
- learning Byzantine Chant
- joining our Greek School
- or any other ministry of interest.

Of course you and your children are welcome to join for both Bible Study and Catechism Class throughout the year. More information will be forthcoming on this soon as well.

Our children have been entrusted to us by God to return them to Him as much like Him as they can be. Whether your child will prioritize God and the Church when they grow up is dependent on you prioritizing it when they are home with you. If other events and activities take precedent now, they will take precedent later.

We are all on a journey to Christ together as a Cathedral family; join us this year as we march forward towards Him.

Fr. Apostolos Hill
Fr. Alexander Eliades

Annual Lenten Retreat

Grades 1-12 from all over the Valley are welcome to join us for our Annual Lenten Retreat on Saturday, April 6 from 9am-3pm! Lunch will be provided and it promises to be a day full of reflection and meaning with quite a bit of fun sprinkled in! See you then!

A poster for the Holy Trinity Cathedral Phoenix Annual Lenten Retreat. The central image is a circular mosaic of a cross with two angels on either side. The background is split into red and purple sections. Text at the bottom reads: "HOLY TRINITY CATHEDRAL PHOENIX ANNUAL LENTEN RETREAT THE CROSS: MIDDLE OF LENT, MIDDLE OF OUR LIVES SATURDAY, APRIL 6, 9AM-3PM Valley-wide Lenten Retreat Grades 1-12 Lunch Provided". There are also small photos of people in the corners of the poster.

HOLY TRINITY CATHEDRAL PHOENIX
ANNUAL LENTEN RETREAT

**THE CROSS:
MIDDLE OF LENT,
MIDDLE OF OUR LIVES**

SATURDAY, APRIL 6, 9AM-3PM
Valley-wide Lenten Retreat
Grades 1-12
Lunch Provided