



Sunday, April 14<sup>th</sup>, 2019 - Sunday of Saint Mary of Egypt

### *This Morning's Readings*

#### *St. Paul's First Letter to the Hebrews 9:11-14*

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

#### *The Gospel according to Mark 10:32-45*

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

## *This Morning's Hymns*

O faithful let us sing a hymn of praise and worship to the Logos, Who is co-eternal with the Father and the Spirit, Who was born of a Virgin for our salvation. Of His own will, He went upon the Cross in the flesh and suffered death to raise the dead through His glorious resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠϋδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγειρᾶι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα λαβοῦσα γὰρ τὸν Σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράπτουσα ἐδίδασκεις ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὁσία Μαρία τὸ πνεῦμά σου.

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit upon them, made the fishermen wise and through them, illumined the world and to You the Universe was ever drawn, all glory to You, O Lord.

Εὐλογητός εἶ Χριστέ ὁ Θεός ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλόνηρωπε, δόξα Σοι.

A protection of Christians unshamable, Intercessor to the Holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us for you are good, your loving help bring unto us who are crying in faith to you; hasten to intercede and speed now to supplicate as a protection for all time, Theotokos, for those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυν εστιάει, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴνβοήθειαν ἡμῶν, τῶν πιστῶν κραυγαζόντων σοι Τάχυνον εἰς πρεσβεία, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσι αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

### **EPISTLE READER TODAY**

Andrew DeLord

### **NARTHEX DUTY SCHEDULE**

April 14th - Group 4: Parish Council

### **WELCOME!**

Holy Communion in the Orthodox Church is reserved for those Orthodox Christians who have prepared themselves to receive the Holy Gifts by having arrived at a respectful time in the service, and having recently confessed and kept the appointed fasts. If you are not prepared to receive the Holy Gifts we invite you to instead receive the blessed bread from Fr. Apostolos at the conclusion of the Divine Liturgy.

## *Announcements*

### **ENTERING THE LITURGY DURING THE HOMILY**

*Fr. Apostolos asks that those arriving in the Divine Liturgy during the homily please feel free to enter the nave and not feel compelled to remain in the narthex. If preferred, one may find a seat in the rear before moving to one's usual seat when the homily is ended.*

### **FEED THOSE IN NEED**

Feed Those in Need, a ministry of Holy Trinity, is actively seeking volunteers to help serve lunch at UMOM New Day center this Tuesday April 16. Please contact Christine or Andy Stamatias at [cstamatis@cox.net](mailto:cstamatis@cox.net) or by calling 480-991-7644.

### **KOUVOUKLION DECORATING (Epitafios)**

A group of volunteers is needed to decorate the Kouvouklion early on Good Friday morning, April 26 beginning at 7:00am in the narthex of the Cathedral. Please contact Deaconissa Mary Thrasher at 602-867-2827 or [thrashermary@cox.net](mailto:thrashermary@cox.net) for details. Thank you.

### **LITTLE LAMBS EASTER EGG HUNT**

Please join us on Holy Saturday, April 27 immediately following Liturgy for games and an Easter Egg Hunt. \$5 donation per child to OPA is appreciated. RSVP to Angela at [angelagarozzo@gmail.com](mailto:angelagarozzo@gmail.com).

### **AZ WALK FOR MISSIONS**

Save the Date for the 8th Annual Arizona Walk for Missions! Join us on Saturday, May 4 from 8:00am - 9:30am at Tempe Kiwanis Park. Please pick up a flyer in the Narthex for more details.

### **JR & SR GOYANS COMMUNITY OUTREACH OPPORTUNITY**

Come volunteer at St. Mary's Food Bank, 2831 N. 31st Ave. Phoenix, on Saturday, May 11, 8:00am - 10:00am by helping pack emergency food boxes. Please RSVP with Jacque Petroulakis at [jacquepetro@icloud.com](mailto:jacquepetro@icloud.com).

### **A TOAST TO THE FUTURE**

A Toast to the Future will be held on Saturday, May 18, from 6:30pm to 10:00pm. HTA's theme for this year's event is Building Today for a Better Tomorrow. Proceeds will benefit the continued growth of HTA's preschool and kindergarten programs with a portion of the proceeds given to Holy Trinity Cathedral's One Spirit+One Vision. Become a sponsor, purchase raffle tickets and purchase your tickets during Coffee Hour or contact Juli Pritsos at 602-248-3881 or [julipritsos@holyltrinityacademyphx.org](mailto:julipritsos@holyltrinityacademyphx.org).

### **OPA GRADUATION CELEBRATION**

If you or your child is graduating from 8th grade, high school, college or graduate school, please fill out the 2019 graduate recognition form (available in the Narthex and the OPA newsletter) and scan to Caroline Economopoulos at [cjecomom@gmail.com](mailto:cjecomom@gmail.com) to be recognized at the OPA Graduation on Sunday, May 19 immediately following Liturgy.

### **ALL SAINTS CAMP 2019**

Registration is open! Hosted again this year at the Whispering Pines Camp in Prescott, Arizona, All Saints Orthodox Summer Camp returns June 2-8. For more information, to register your family, or to fill out a staff application, please visit our website at [www.allsaintscamparizona.org/](http://www.allsaintscamparizona.org/).

*This Week at Holy Trinity Cathedral*

Today Sunday 4/14 <b>SUNDAY OF SAINT MARY OF EGYPT</b>	<b>8:00 am - Matins</b> <b>9:30 am - Divine Liturgy</b> Sunday School Youth Choir Rehearsal	<b>6:00 pm—Pan Orthodox Vespers at St. John the Baptist Romanian Orthodox Church (3749 W Behrend Dr., Glendale)</b>
Monday 4/15	9:00 am - Palm Sunday baking	<b>6:00 pm - Compline (Chapel)</b> 7:00 pm - Bible Study
Tuesday 4/16	9:00 am - Palm Sunday baking	
Wednesday 4/17		5:00 pm - Greek School <b>5:30 pm - 9th Hour &amp; Presanctified Liturgy</b> 7:00 pm - Choir Practice
Thursday 4/18	9:00 am – Clergy meeting	6:00 pm - HTA board meeting 6:00 pm - AHEPA meeting (SH) 6:00 pm - Byzantine Chant Classes
Friday 4/19	9:00 am - Palm Sunday baking	
Saturday 4/20	<b>8:00 am - Matins</b> <b>9:00 am - Divine Liturgy</b> 10:00 am - Sunday School Pancake Breakfast/Palm Crosses	
Sunday 4/21 <b>PALM SUNDAY</b>	<b>8:00 am - Matins</b> <b>9:30 am - Divine Liturgy</b> Philoptochos tray (Epitafios) Sunday School Palm Sunday Luncheon Philoptochos Bake Sale	<b>7:00 pm - Bridegroom Matins</b>

**MEMORIAL TODAY**

**Tiffany Noelle Bichekas - 6 months.** Offered by Vicki and Dan Bichekas.

**Fr. James Tavlarides - 1 Year, Presv. Catherine Tavlarides - 2 years, Constatine (Take)**

**Tavlarides - 1.5 years, Gregory Speros - 40 days.** Memorial offered and Coffee Hour sponsored by the family of Fr. James & Presv. Catherine Tavlarides.

**Holy Trinity Greek Orthodox Cathedral**

**1973 E. Maryland Avenue, Phoenix AZ 85016 Office: 602.264. 7863**

**Rev. Economos Apostolos Hill, Proistamenos: [htpriest@holytrinityphx.org](mailto:htpriest@holytrinityphx.org)**

## **THE BEATITUDES**

**In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.**

**O blessed are the poor in spirit for theirs is the kingdom of heaven.**

**O blessed are those who mourn for they shall be comforted.**

**O blessed are the meek for they shall inherit the earth.**

**O blessed are those who hunger and thirst after righteousness for they shall be satisfied.**

**O blessed are the merciful for they shall receive mercy.**

**O blessed are the pure in heart for they shall see God.**

**O blessed are the peacemakers for they shall be called the children of God.**

**O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.**

**O blessed when men shall revile you and persecute you and say all manner of evil against you falsely for My sake.**

**Rejoice and be exceedingly glad for great is your reward in heaven.**

## STEWARDSHIP COMMITTEE'S LENTEN CHALLENGE

Sunday, March 10th – Pascha, April 28th

### Project Mexico & St. Innocent Orphanage PANTRY PARTNERS

*Let's come together as a Cathedral community and support Project Mexico and St. Innocent Orphanage during Lent. Help us fill 30 boxes with items sorely needed to help stock the pantry shelves of the orphanage.*

Beginning on March 10th, boxes will be placed in the Narthex, church office and Community Center. Simply place the items on the list below in the boxes. The deadline to fill 30 boxes is Pascha on April 28th.

Rice	Maple Syrup
Pinto beans dry	Natural Honey
Cream of Wheat	Granulated Coffee
Olive Oil	Granola bars
Tomato Purée	Bottled water (for boys school lunches)
Jam	Canned chicken
Canned Fruit Mix	Canned Salmon
Canned mushrooms	Low sugar cereal
Ragu sauce	Salt
Ketchup	Tea
Brown sugar	

### **STEWARDSHIP UPDATE**

Have you filled out your 2019 Stewardship card yet? We are getting closer to our goal of \$360,000 and 100% participation from our parishioners.

To date, we have 251 families who have pledged \$335,454.12. We are off to a great start but need to close the gap. Become a current steward today by going to [www.holytrinityphx.org](http://www.holytrinityphx.org), clicking on the "Stewardship" button on the upper right hand corner and fill out your pledge card.



# Palm Sunday

**Annual Luncheon  
April 21, 2019**

**Speros Community Center**  
**Hosted by the Holy Trinity Cathedral Parish Council**  
*immediately following church services*

Lenten buffet includes:  
Grilled salmon with lemon-dill sauce,  
pasta with marinara sauce,  
green beans, salad, roll, dessert and wine  
*Catered by Yianni*

**~Table reservations require paid tickets~**

**Adults - \$25.00**  
**Children Ages 6-12 - \$12.00**

To reserve tables of 10 people,  
contact **Sandy Meris**,  
**602-525-0345 or [sandymeris@yahoo.com](mailto:sandymeris@yahoo.com)**



**PHILOPTOCHOS' PASCHA BAKE SALE**  
**PALM SUNDAY, APRIL 21, 2019**  
**FOLLOWING DIVINE LITURGY**



Due to the large demand for Tsourekia, Philoptochos will be taking prepaid orders. The deadline for ordering is Sunday, April 14<sup>th</sup>. Orders will be taken following Divine Liturgy in the Community Center on Sunday, March 24<sup>th</sup>, March 31<sup>st</sup>, April 7<sup>th</sup> and April 14<sup>th</sup> (final day). Tsourekia purchases on the day of the sale will be limited to three.

TSOUREKIA-----\$8.00

KOULOOURAKIA-----\$6.00 per dozen

Call Georgia Furlis @ 602-291-5911 or Mary Louise Theodoropoulos @ 602-943-5080 to order. All call-in orders must be paid by April 14<sup>th</sup> or the order will be cancelled.

# Pascha Flower Donation

Remember beloved family and friends and beautify the Cathedral with plants this Pascha.

**Donations of \$20.00 per remembered individual or married couple are appreciated.**

Complete this form and return with your donation to the Church office or enclose in an offering envelope, to place in a collection tray.

**Please provide your order by April 24, 2019.**

Donor name: \_\_\_\_\_

Donor phone #: (\_\_\_\_) \_\_\_\_\_

Name (s) of those honored and the relationship to donor:

1. \_\_\_\_\_

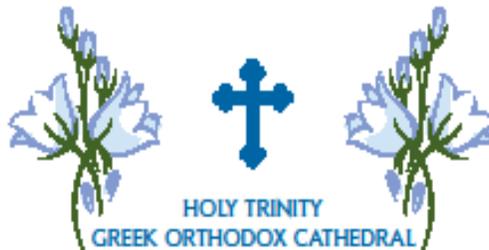
2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Total donation: \$ \_\_\_\_\_

Questions? Please call the Cathedral office: 602-264-7863





## Salutation Icon Flowers

Decorating the Annunciation Icon each week of Lent is an Orthodox tradition, and a lovely way to memorialize loved ones by supporting our Cathedral.

**Suggested donation of \$50.**

Complete this form and return with your donation to the Cathedral Office, or enclose in an offering envelope and place in collection tray.

Donor name: \_\_\_\_\_

Donor phone #: (\_\_\_\_) \_\_\_\_\_

Name(s) of those honored and the relationship to donor:

---

---

---

**Please provide your order by April 17, 2019.**

Questions? Please call the Cathedral office: 602-264-7863

