



Sunday, April 7th, 2019 - Sunday of Saint John Climacus

This Morning's Readings

St. Paul's First Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

The Gospel according to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

This Morning's Hymns

When the tidings of the Resurrection from the glorious angel was proclaimed unto the women disciples, and our ancestral sentence also had been abolished. To the Apostles with boasting did they proclaim that death is vanquished evermore, and Christ our God is risen from the dead, and granted to the world His great mercy.

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστήρ τῆ οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit upon them, made the fishermen wise and through them, illumined the world and to You the Universe was ever drawn, all glory to You, O Lord.

Εὐλογητός εἶ Χριστὲ ὁ Θεός ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλόανθρωπε, δόξα Σοι.

O Champion General, I your City now inscribe to you triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride!

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

EPISTLE READER TODAY

Gabriel Gonzales

NARTHEX DUTY SCHEDULE

April 7th - Group 3: Juli Pritsos, Coordinator

WELCOME!

Holy Communion in the Orthodox Church is reserved for those Orthodox Christians who have prepared themselves to receive the Holy Gifts by having arrived at a respectful time in the service, and having recently confessed and kept the appointed fasts. If you are not prepared to receive the Holy Gifts we invite you to instead receive the blessed bread from Fr. Apostolos at the conclusion of the Divine Liturgy.

Announcements

ENTERING THE LITURGY DURING THE HOMILY

Fr. Apostolos asks that those arriving in the Divine Liturgy during the homily please feel free to enter the nave and not feel compelled to remain in the narthex. If preferred, one may find a seat in the rear before moving to one's usual seat when the homily is ended.

LENTEN CONFESSIONS

We have available times on Saturday, April 13 between 9:00am and 11:00am. Please phone the office (602-264-7863) to schedule your 10-15 minute time with Father Apostolos.

ALL YOUTH EVENT ON FRIDAY, APRIL 12TH

Meet at the Speros Center at 6:00pm to bake Prosfhora with Father Apostolos. And join Father at 7:00pm at the Cathedral for the Akathist Hymn.

THANK YOU PETER BILITSIS, JIM CONTES AND TED FOURLIS

You will notice there's one bright light pole in our parking lot. This is a test light installed by Peter, Jim and Ted to begin the conversion to energy-conserving light bulbs with more light for safety. Thank you!

FEED THOSE IN NEED

Feed Those in Need, a ministry of Holy Trinity, is actively seeking volunteers to help serve lunch at UMOM New Day center on Tuesday April 16. Please contact Christine or Andy Stamatis at cstamatis@cox.net or by calling 480-991-7644.

DESERT DIAMONDS

We will take a Lenten trip to St. Anthony's Monastery in Florence, AZ on Saturday, April 13 and car-pool from Holy Trinity at 9:00am, having lunch at the Mt. Athos Restaurant in Florence afterward. We must have your Immediate response in order to arrange carpooling. To make your reservation, please call or text Julie Karoutas at 623-313-8720 or Judith Lamond at 703-819-9957.

LITTLE LAMBS EASTER EGG HUNT

Please join us on Holy Saturday, April 27 immediately following Liturgy for games and an Easter Egg Hunt. \$5 donation per child to OPA is appreciated. RSVP to Angela at angelagarozzo@gmail.com.

AZ WALK FOR MISSIONS

Save the Date for the 8th Annual Arizona Walk for Missions! Join us on May 4 from 8:00am - 9:30am at Tempe Kiwanis Park. Please pick up a flyer in the Narthex for more details.

A TOAST TO THE FUTURE

A Toast to the Future will be held on Saturday, May 18th, from 6:30pm to 10pm. HTA's theme for this year's event is Building Today for a Better Tomorrow. Proceeds will benefit the continued growth of HTA's preschool and kindergarten programs with a portion of the proceeds given to Holy Trinity Cathedral's One Spirit+One Vision. Become a sponsor, purchase raffle tickets and purchase your tickets during Coffee Hour or contact Juli Pritsos at 602-248-3881 or julipritsos@holyltrinityacademyphx.org.

ALL SAINTS CAMP 2019

Registration is open! Hosted again this year at the Whispering Pines Camp in Prescott, Arizona, All Saints Orthodox Summer Camp returns June 2-8. For more information, to register your family, or to fill out a staff application, please visit our website at www.allsaintscamparizona.org/.

"YAL2" APRIL MEET-UP

Attention all 30-49 year old's! Join the Holy Trinity social ministry for single Orthodox adults. This month's gathering will be dinner & drinks at The Macintosh, 2119 E. Camelback Road in the Town & Country Center on Saturday, April 13 at 7:00pm. We will meet by the main entrance. For questions or additional details text Nick Papas at [313-657-0176](tel:313-657-0176) or email at npapas@yahoo.com. See you there!

This Week at Holy Trinity Cathedral

Today Sunday 4/7 SUNDAY OF SAINT JOHN CLIMACUS	8:00 am - Matins 9:30 am - Liturgy Sunday School	6:00 pm - Pan Orthodox Vespers at St. Ignatius of Antioch Orthodox Church (5515 E. Redmont circle, Mesa)
Monday 4/8		6:00 pm - Compline (Chapel) 7:00 pm - Bible Study
Tuesday 4/9		5:30 pm - Festival Leadership Meeting (Conf. Rm.)
Wednesday 4/10		5:00 pm - Greek School 5:30 pm - 9th Hour & Presanctified Liturgy 7:00 pm - Choir Practice
Thursday 4/11		6:00 pm - Byzantine Chant Classes 6:30 pm - PC Meeting (Conf. Rm.)
Friday 4/12	6:00 pm - All Youth Prosforo Baking with Fr. Apostolos	7:00 pm - 5th Akathist Hymn
Sunday 4/14 SUNDAY OF SAINT MARY OF EGYPT	8:00 am - Matins 9:30 am - Liturgy Sunday School Bichekas 6 Mo. Memorial Tavlarides 1 Year Memorial	6:00 pm - Pan Orthodox Vespers at St. John the Baptist Romanian Orthodox Church (3749 W Behrend Dr., Glendale)

MEMORIAL TODAY

Dorothy Veremis - 40 days - Paximadia and Prosforo baked by Patti Condos and family.

Barbara Cope - 2 Years - Offered by the Choukalas family. Prosforo, wine & oil donated by Lynn & Bill Graham.

Peter Karegeannes - 5 Years - Prosforo, wine & oil donated by his wife, Virginia Karegeannes.

Carl Bozeka - 20 Years - Prosforo baked by Diane Sedlacek.

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THE BEATITUDES

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

O blessed are the poor in spirit for theirs is the kingdom of heaven.

O blessed are those who mourn for they shall be comforted.

O blessed are the meek for they shall inherit the earth.

O blessed are those who hunger and thirst after righteousness for they shall be satisfied.

O blessed are the merciful for they shall receive mercy.

O blessed are the pure in heart for they shall see God.

O blessed are the peacemakers for they shall be called the children of God.

O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.

O blessed when men shall revile you and persecute you and say all manner of evil against you falsely for My sake.

Rejoice and be exceedingly glad for great is your reward in heaven.

STEWARDSHIP COMMITTEE'S LENTEN CHALLENGE

Sunday, March 10th – Pascha, April 28th

Project Mexico & St. Innocent Orphanage PANTRY PARTNERS

Let's come together as a Cathedral community and support Project Mexico and St. Innocent Orphanage during Lent. Help us fill 30 boxes with items sorely needed to help stock the pantry shelves of the orphanage.

Beginning on March 10th, boxes will be placed in the Narthex, church office and Community Center. Simply place the items on the list below in the boxes. The deadline to fill 30 boxes is Pascha on April 28th.

Rice	Maple Syrup
Pinto beans dry	Natural Honey
Cream of Wheat	Granulated Coffee
Olive Oil	Granola bars
Tomato Purée	Bottled water (for boys school lunches)
Jam	Canned chicken
Canned Fruit Mix	Canned Salmon
Canned mushrooms	Low sugar cereal
Ragu sauce	Salt
Ketchup	Tea
Brown sugar	

STEWARDSHIP UPDATE

Have you filled out your 2019 Stewardship card yet? We are getting closer to our goal of \$360,000 and 100% participation from our parishioners.

To date, we have 247 families who have pledged \$330,150.12. We are off to a great start but need to close the gap. Become a current steward today by going to www.holytrinityphx.org, clicking on the "Stewardship" button on the upper right hand corner and fill out your pledge card.



Palm Sunday

Annual Luncheon
April 21, 2019

Speros Community Center
Hosted by the Holy Trinity Cathedral Parish Council
immediately following church services

Lenten buffet includes:
Grilled salmon with lemon-dill sauce,
pasta with marinara sauce,
green beans, salad, roll, dessert and wine
Catered by Yianni

~Table reservations require paid tickets~

Adults - \$25.00
Children Ages 6-12 - \$12.00

To reserve tables of 10 people,
contact **Sandy Meris**,
602-525-0345 or sandymeris@yahoo.com



PHILOPTOCHOS' PASCHA BAKE SALE
PALM SUNDAY, APRIL 21, 2019
FOLLOWING DIVINE LITURGY



Due to the large demand for Tsourekia, Philoptochos will be taking prepaid orders. The deadline for ordering is Sunday, April 14th. Orders will be taken following Divine Liturgy in the Community Center on Sunday, March 24th, March 31st, April 7th and April 14th (final day). Tsourekia purchases on the day of the sale will be limited to three.

TSOUREKIA-----\$8.00

KOULOOURAKIA-----\$6.00 per dozen

Call Georgia Furlis @ 602-291-5911 or Mary Louise Theodoropoulos @ 602-943-5080 to order. All call-in orders must be paid by April 14th or the order will be cancelled.

Pascha Flower Donation

Remember beloved family and friends and beautify the Cathedral with plants this Pascha.

Donations of \$20.00 per remembered individual or married couple are appreciated.

Complete this form and return with your donation to the Church office or enclose in an offering envelope, to place in a collection tray.

Please provide your order by April 24, 2019.

Donor name: _____

Donor phone #: (____) _____

Name (s) of those honored and the relationship to donor:

1. _____

2. _____

3. _____

4. _____

Total donation: \$ _____

Questions? Please call the Cathedral office: 602-264-7863



HOLY TRINITY
GREEK ORTHODOX CATHEDRAL





Salutation Icon Flowers

Decorating the Annunciation Icon each week of Lent is an Orthodox tradition, and a lovely way to memorialize loved ones by supporting our Cathedral.

Suggested donation of \$50.

Complete this form and return with your donation to the Cathedral Office, or enclose in an offering envelope and place in collection tray.

Donor name: _____

Donor phone #: (____) _____

Name(s) of those honored and the relationship to donor:

Please provide your order by April 17, 2019.

Questions? Please call the Cathedral office: 602-264-7863



HOLY TRINITY
GREEK ORTHODOX CATHEDRAL

