



Sunday, February 16<sup>th</sup>, 2020 - Sunday of the Prodigal Son

### *This Morning's Readings*

#### *St. Paul's First Letter to the Corinthians 6:12-20*

Brethren, "all things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be enslaved by anything. "Food is meant for the stomach and the stomach for food" -- and God will destroy both one and the other. The body is not meant for immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that he who joins himself to a prostitute becomes one body with her? For, as it is written, "The two shall become one flesh." But he who is united to the Lord becomes one spirit with him. Shun immorality. Every other sin which a man commits is outside the body; but the immoral man sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price. So glorify God in your body and in your spirit which belong to God.

#### *The Gospel According to Luke 15:11-32*

The Lord said this parable: "There was a man who had two sons; and the younger of them said to his father, 'Father, give me the share of the property that falls to me.' And he divided his living between them. Not many days later, the younger son gathered all he had and took his journey into a far country, and there he squandered his property in loose living. And when he had spent everything, a great famine arose in that country, and he began to be in want. So he went and joined himself to one of the citizens of that country, who sent him into his fields to feed swine. And he would gladly have filled his belly with the pods that the swine ate; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired servants have bread enough and to spare, but I perish here with hunger! I will arise and go to my father, and I will say to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me as one of your hired servants.' And he arose and came to his father. But while he was yet at a distance, his father saw him and had compassion, and ran and embraced him and kissed him. And the son said to him, 'Father, I have sinned

*(cont. on next page)*

## *This Morning's Hymns*

When You descended from the realm of death, You as Life immortal rendered to hades a mortal blow by Your all-radiant divinity and. And when You from infernal depths and the darkness below did raise the dead, all the hosts of Heaven's powers did proclaim and cry out: O life-giving Christ and our God we give glory.

Ότε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἅδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit upon them, made the fishermen wise and through them illumined the world; and to You the universe was ever drawn, all glory to You, O Lord.

Εὐλογητὸς εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαηγευσας, φιλόανθρωπε, δόξα σοι.

When I disobeyed in ignorance Thy fatherly glory, I wasted in iniquity the riches that Thou gavest me; wherefore, I cry to Thee with the voice of the Prodigal Son, saying 'I have sinned before Thee, O compassionate Father, receive me in repentance and make me as one of Thy hired servants.

Τῆς πατρῴας, δόξης σου, ἀποσκιρτήσας ἀφρόνως, ἐν κακοῖς ἐσκόρπισα, ὃν μοι παρέδωκας πλοῦτον· ὅθεν σοι τὴν τοῦ Ἄσωτου, φωνὴν κραυγάζω· Ἥμαρτον ἐνώπιόν σου Πάτερ οἰκτίρμον, δέξαι με μετανοοῦντα, καὶ ποιήσόν με, ὡς ἓνα τῶν μισθίων σου.

*(cont. from front)*

against heaven and before you; I am no longer worthy to be called your son.' But the father said to his servants, 'Bring quickly the best robe, and put it on him; and put a ring on his hand, and shoes on his feet; and bring the fatted calf and kill it, and let us eat and make merry; for this my son was dead, and is alive again; he was lost, and is found.' And they began to make merry. Now his elder son was in the field; and as he came and drew near to the house, he heard music and dancing. And he called one of the servants and asked what this meant. And he said to him, 'Your brother has come, and your father has killed the fatted calf, because he has received him safe and sound.' But he was angry and refused to go in. His father came out and entreated him, but he answered his father, 'Lo, these many years I have served you, and I never disobeyed your command; yet you never gave me a kid, that I might make merry with my friends. But when this son of yours came, who has devoured your living with harlots, you killed for him the fatted calf!' And he said to him, 'Son, you are always with me, and all that is mine is yours. It was fitting to make merry and be glad, for this your brother was dead, and is alive; he was lost, and is found.'"

## *Announcements*

**NARTHEX DUTY SCHEDULE** - Group 2 - George Venetis, Coordinator

**ALTAR BOY SCHEDULE** - Group 3, St. Gregory the Theologian

**EPISTLE READER** - Garrett Widner

### **2020 OFFERING ENVELOPES**

Our annual offering envelopes have been delayed due to an equipment problem at the printer. As soon as we receive them they will be available for pickup outside the Cathedral or in the Narthex. In the meantime, there are blank envelopes in the Narthex available for your use.

### **YOUNG ADULT BOWLING NIGHT & TACO TUESDAY**

Hey all between the ages of 19-30, join us this Tuesday at 7:30pm at Christown Bowlero for their Taco Tuesday special. Tacos, games, and drinks are \$2.88! See you there!

### **FEBRUARY YOUTH DAY**

This Saturday, February 22, we will be holding our Youth Day for all our youth here at Holy Trinity, grades 1-12! We'll begin with Liturgy for Saturday of the Souls at 9:00am and continue through our day with breakfast and a rotation through different activities with our different age groups. Register your child at: <http://holytrinityphx.org/upcoming-events>.

### **BYZANTINE CHANT CLASSES**

The 2020 Byzantine Chant classes are held on Thursday evenings at 7:00pm. This is an intensive course in the system of our traditional church music. The course is also a prerequisite to join our parish's Byzantine Choir. Anyone interested should contact Cantor George Duvall at [george.d@cox.net](mailto:george.d@cox.net) or through the church office.

### **BIBLE STUDY RESUMES**

Please mark your calendars for our weekly parish Bible Study, to be held in the Speros Center from 10:00am to 11:00am on Tuesday, March 3 through Tuesday April 7.

### **SAVE THE DATE(S) FOR THE 2020 HOLY TRINITY DIRECTORY**

Sign up today to be included in the 2020 Holy Trinity Directory! Don't be left out so be sure to sign up for your Lifetouch Photography session to have your photo included in the 2020 Directory. You will receive one FREE 8 X 10 standard print, one FREE printed Holy Trinity 2020 directory and, as a bonus, a FREE Shutterfly gift with a purchase from Lifetouch Photographers who will be onsite in March to photograph your family. *March 6, 7, 12, 13 & 14th*. Stop by the table in the Community Center after church any Sunday in February to sign up for your time slot OR go to <https://booknow-lifetouch.appointment-plus.com/b6b9m4c6/> to sign up now. If you have any questions, please email Donna Manelis at [donnamanelis@outlook.com](mailto:donnamanelis@outlook.com) or call 602-315-2408.

### **ALL SAINTS ORTHODOX SUMMER CAMP**

May 31-June 6 hosted at Whispering Pines Camp, Prescott. A summer camp experience where for one week, campers pray, eat, learn, create, compete, dance and sing together as an Orthodox village. Set within the context of living an Orthodox Christian life, this camp ministry is led by a team of highly trained counseling staff, volunteers and clergy. Currently seeking camp counselors, please apply at [info@AllSaintsCampArizona.org](mailto:info@AllSaintsCampArizona.org). Camper registration to open soon!

## *This Week at Holy Trinity Cathedral*

|   |  |  |
|---|--|--|
| <b>SUNDAY 2/16</b><br><b>SUNDAY OF THE PRODIGAL SON</b> | <b>8:00 am - Matins</b><br><b>9:30 am - Divine Liturgy</b><br>No Sunday School<br>FDF through 2/17 | 11:45 am - Youth Choir rehearsal   |
| <b>MONDAY 2/17</b><br><b>PRESIDENT'S DAY</b>            | No HTA<br>Office Closed  | 8:00 pm - Pickup Basketball (HTC Basketball Court)   |
| <b>TUESDAY 2/18</b>                                     |  | 7:30 pm - Young Adult Taco Tuesday Bowling   |
| <b>WEDNESDAY 2/19</b>                                   |  | 5:00 pm - Cultural Greek School<br>6:00 pm - Calendar meeting (Lounge)<br>7:00 pm - Choir practice |
| <b>THURSDAY 2/20</b>                                    |  | 6:30 pm - Parish Council meeting<br>7:00 pm - Byzantine Chant class                                |
| <b>SATURDAY 2/22</b><br><b>1ST SATURDAY OF SOULS</b>    | <b>8:00 am - Matins</b><br><b>9:00 am - Divine Liturgy</b><br>10:00 am - All Youth Day             |  |
| <b>SUNDAY 2/23</b><br><b>JUDGEMENT SUNDAY/ MEATFARE</b> | <b>8:00 am - Matins</b><br><b>9:30 am - Divine Liturgy</b><br>Sunday School                        | 11:45 am - Youth Choir rehearsal   |

### **WELCOME VISITORS!**

If you are visiting Holy Trinity Cathedral this morning we welcome you in the Name of the Lord! Orthodox Christian worship may be unlike other forms of worship you have encountered but you can follow along in the service book in the pews. (If you need assistance, simply ask the nearest parishioner.) And though Holy Communion is offered only to the Orthodox faithful who are prepared to receive the Holy Gifts, the blessed bread is offered to everyone after the service. Please sign our Guest Book in the narthex and join us for coffee and refreshments in the community center so we can get to know you. May your time with us be blessed!

### **Holy Trinity Greek Orthodox Cathedral**

1973 E. Maryland Avenue, Phoenix AZ 85016 Office: 602.264. 7863

Holy Trinity website: [www.holytrinityphx.org](http://www.holytrinityphx.org)

Rev. Economos Apostolos Hill, Proistamenos: [htpriest@holytrinityphx.org](mailto:htpriest@holytrinityphx.org)

Alexander Eliades, Pastoral Assistant: [aeliades@holytrinityphx.org](mailto:aeliades@holytrinityphx.org)

Diana Camacho - Office Manager [adminassist@holytrinityphx.org](mailto:adminassist@holytrinityphx.org)



# Ορεκτικό

*An appetizer before the main course*

**You Are Not Your Own**

**February 16th, 2020**

Today's epistle once again flies in the face of everything we are told in society today. Paul emphatically tells the Corinthians and us that, *what we do with our bodies does matter to God and for our salvation*. The go-to idea today is that, "if it makes you happy and doesn't hurt someone else, go for it!" This has snuck into mainstream Christianity as well and it really shows a lack of a simple reading of the Scriptures.

Paul cannot be any clearer today: our body is for the Lord and for eternal salvation, not for food and sensual pleasure. This is not out of some strict, puritanical hatred of "fun," but because our bodies have a higher calling than to literally be weighed down by food or other pleasures. Our body is a Temple of the Holy Spirit, a dwelling place for God, a place where God *will* dwell in us if we only let Him. We push Him out when we decide that we take more pleasure in the things that "feel good" to our body. Our bodies and souls are God's and "bought at a price." God came down from Heaven to become like us and free us from being slaves to the "pleasures of this life."

This probably sounds a bit dramatic and foreign to us today but we can break it down on a "micro" level as well. When we eat a lot of food we literally feel weighed down by this consumption (think post-Thanksgiving). It makes it harder to do our daily tasks (physically we feel more lethargic) and often slowly begins to take over our life and become what we live for every day. There are physical, mental, and spiritual consequences to us becoming so attached to food. The same goes for "sexual immorality." If not used in its intended fashion, for the growing of the bond of love in marriage and the procreation of children, sex often brings about "unintended consequences." In both of these cases presented by Paul, we know the proper use of food and sex is not for indiscriminate use. We readily see what happens when we eat to excess and if we actually think for a minute we can see what happens when we give our body away in excess. There are always negative consequences to giving ourselves over to this sort of lifestyle.

Our bodies are not our own but Christ's. This should not be shocking or sad or even news to us but something that is a cause of joy! God dwells in us. As we come to the season of Great Lent and begin to fast we have the opportunity to see what our bodies can be when we focus on God and not on them. If we truly follow the guidelines of the Church it can become obvious to us that they exist to guide us to union with God in mind, soul, AND body. "Let us commit ourselves and one another and our whole life to Christ our God" this Lent and when Christ rises from the dead on Pascha we will see our bodies rise from the slavery to sin and death and fully realize our potential as Christians.

In Christ,

*Alexander Eliades*

Pastoral Assistant

## **THE BEATITUDES**

**In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.**

**O blessed are the poor in spirit for theirs is the kingdom of heaven.**

**O blessed are those who mourn for they shall be comforted.**

**O blessed are the meek for they shall inherit the earth.**

**O blessed are those who hunger and thirst after righteousness for they shall be satisfied.**

**O blessed are the merciful for they shall receive mercy.**

**O blessed are the pure in heart for they shall see God.**

**O blessed are the peacemakers for they shall be called the children of God.**

**O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.**

**O blessed when men shall revile you and persecute you and shall say all manner of evil against you falsely for My sake.**

**Rejoice and be exceedingly glad for great is your reward in heaven.**

## 2020 Pan-Orthodox Lenten Vespers

*Please join our Brothers & Sisters at the host parishes for these Sunday Evening Lenten Vespers services*

**All Vesper Services Begin at 6:00pm**



### **The Sunday of Orthodoxy**

**March 8, 2020**

SS. Peter & Paul OCA  
1614 E. Monte Vista Rd.  
Phoenix, AZ 85006  
602-253-9515

Homilist: Archbishop Benjamin



### **The Second Sunday of Lent**

**March 15, 2020**

St. Katherine GOC  
2716 N. Dobson Rd.  
Chandler, AZ 85224  
480-899-3330

Homilist: Fr. Jacob Saylor



### **Sunday of the Veneration of the Holy Cross**

**March 22, 2020**

St. Sava Serbian Orthodox Church  
4436 E. McKinley.  
Phoenix, AZ 85008  
602-275-7360

Homilist: Alexander Eliades



### **The Fourth Sunday of Lent**

**March 29, 2020**

St. Ignatius of Antioch Orthodox Church  
2402 N. Usney Pass Rd.  
Mesa, AZ 85207  
480-892-6224

Homilist: TBD



### **The Fifth Sunday of Lent**

**April 5, 2020**

St. Haralambos GOC  
7950 W. Pinnacle Peak Rd.  
Peoria, AZ 85383  
623-486-8665

Homilist: Fr. Jeffrey Frate

**NOW ENROLLING FOR FALL 2020!**



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# APOKRIES 2020!

Greek Mardi Gras – Costume Party –  
Dinner – Dance

Live music by **SYNTHESIS**

Saturday, February 29, 2020

Cash bar 6 pm | Dinner at 7 pm



Mesa Country Club

660 W. Fairway Drive | Mesa, AZ 85201

50/50 Cash  
Raffle

Silent Auction

Best costume  
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[azhellenic.org](http://azhellenic.org)

TICKETS

Adults - \$60

12 and Under - \$20

(Chicken Tenders)

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