



Sunday, March 8<sup>th</sup>, 2020 - Sunday of Orthodoxy

### *This Morning's Readings*

#### *St. Paul's Letter to the Hebrews 11:24-26, 32-40*

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

#### *The Gospel According to John 1:43-51*

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

## *This Morning's Hymns*

Your pure and holy image we honor gracious Lord. Entreating the forgiveness of all of our faults, O Christ our God, for of Your own free will You deigned to ascend in the flesh upon the Cross to deliver Your creation from Satan's servitude. Thus, with grateful hearts we proclaim to You: You have, O Savior, filled the universe with gladness, by Your appearing to redeem human-kind.

Τὴν ἄχραντον Εἰκόνα σου, προσκυνοῦμεν ἀγαθέ, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστέ ὁ Θεός· βουλήσει γὰρ ἠυδόκησας σαρκί, ἀνελεθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύση οὐς ἐπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ· ὅθεν εὐχαρίστως βοῶμέν σοι· Χαρᾶς ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σῶσαι τὸν κόσμον.

O faithful let us sing a hymn of praise and worship to the Logos, Who is co-eternal with the Father and the Spirit, Who was born of a Virgin for our salvation. Of His own will He went upon the Cross in the flesh and suffered death to raise the dead through His glorious resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠυδόκησε σαρκί, ἀνελεθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit upon them, made the fishermen wise and through them illumined the world; and to You the universe was ever drawn, all glory to You, O Lord.

Εὐλογητὸς εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride!

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

All creation rejoices in you, O full of grace, the assembly of angels and the race of men. O sanctified temple in spiritual paradise, the glory of virgins from whom God was incarnate and became a child, our God before the ages. For He made your womb a throne which He made more spacious than the heavens. All creation rejoices in you, O full of grace. Glory to you, O full of grace, glory to you!

## *Announcements*

**NARTHEX DUTY SCHEDULE** - Group 4 - Parish Council

**ALTAR BOY SCHEDULE** - Group 3, St. Gregory the Theologian

**EPISTLE READER** - Ani Bracamonte

**LENTEN CUPCAKES ON SALE TODAY**

Lenten cupcakes are back and will be for sale after church today outside the Community Center. Hooray! All proceeds will benefit OPA in an effort to offset the cost of the Graduation Luncheon in May.

**PHILOPTOCHOS MEETING TODAY**

Grab your coffee from the Coffee Hour and join us at 11:45am in the Speros Center Lounge. In addition to the business part of the meeting, we're having a guest speaker on the subject of Human Trafficking, one of the causes taken on by National Philoptochos.

**A MESSAGE TO MEDICAL PERSONNEL**

In order to be better prepared in an emergency, we are requesting doctors, nurses and EMTs to check in with a Narthex Team member when you enter the church.

**BIBLE STUDY RESUMES**

Please mark your calendars for our weekly parish Bible Study, to be held in the Speros Center from 10:00am to 11:00am on Tuesdays through April 7.

**PHOTO SESSION VOLUNTEERS NEEDED**

Can you volunteer to help with the Lifetouch/Directory Photo Sessions? No experience needed. Please contact Donna Manelis at 602-315-2408 if you can do a shift on the session days of March 13 or 14.

**SUNDAY SCHOOL DIRECTOR AND TEACHERS NEEDED**

We are currently seeking a new Sunday School Director and teachers and/or assistant teachers for all grade levels for next year. Our most dire need is for 3rd/4th grade. Mary Thrasher has agreed to stay through May to mentor 2 new teachers for that class. If interested in being a part of this fulfilling ministry or if you have questions, please contact Kalli Schneider at 602-568-3139 or Alexander Eliades at [aeliades@holyltrinityphx.org](mailto:aeliades@holyltrinityphx.org) as soon as possible so you can mentor with our current teachers/director this year in preparation for next year.

**DESERT DIAMONDS POTLUCK**

Please RSVP as soon as possible to Julie Karoutas, cell 623-313-8720 (call or text) or [juliekaroutas@gmail.com](mailto:juliekaroutas@gmail.com) with name, guest names and what you are bringing to our Spring Potluck on Tuesday, March 10 at 11:30am. At 1:00pm our guest speaker, Dr. Jeffrey Frost, will be giving a presentation on "What's happening now in Medicine":

**SECURITY DISCUSSIONS** -- two are scheduled in March.

"Response Options for Cathedral Situations" Tuesday, March 17 at 6:30pm.

"Narthex Team/Greeter Options for Dealing with Suspicious Persons" on Tuesday, March 24 at 6:30pm.

Discussions will be led by Jim Wasson, Director of Security, Ina Levine Jewish Community and retired Scottsdale Police Department. Both are open to all -- especially Narthex Team members. We will meet in the office conference room. Please RSVP to Paul Katsenes at [pkatsenes@cox.net](mailto:pkatsenes@cox.net) or call church office.

*This Week at Holy Trinity Cathedral*

<p><b>TODAY, SUNDAY 3/8</b> <b>SUNDAY OF ORTHODOXY</b></p>	<p><b>8:00 am - Matins</b> <b>9:30 am - Divine Liturgy</b> No Sunday School Procession of Icons Lane Michael Pritsos - 40 Day Blessing</p>	<p>11:45 am - Youth Choir rehearsal 11:45 am - Philoptochos meeting (Lounge) <b>6:00 pm - Pan-Orthodox Vespers</b> (Sts. Peter &amp; Paul OCA, 1614 E. Monte Vista, Phoenix)</p>
<p><b>MONDAY 3/9</b></p>		<p><b>6:00 pm - Compline</b> 7:00 pm - Faith Fulfillment class (Conf. Room) 8:00 pm - Pickup Basketball (HTC Basketball Court)</p>
<p><b>TUESDAY 3/10</b></p>	<p>10:00 am - Weekly Bible Study (Lounge) 11:30 am - Desert Diamonds Potluck</p>	
<p><b>WEDNESDAY 3/11</b></p>		<p>5:00 pm - Greek School <b>5:30 pm - 9th Hour &amp; Presanctified Liturgy</b> 7:00 pm - Choir practice</p>
<p><b>THURSDAY 3/12</b></p>		<p>6:00 pm - HTA Board meeting 6:30 pm - Parish Council meeting 7:00 pm - Byzantine Chant class</p>
<p><b>FRIDAY 3/13</b></p>	<p>Lifetouch Directory Photos (by prior appointment)</p>	<p>Lifetouch Directory Photos (by prior appointment) <b>7:00 pm - 2nd Akathist</b> Sr. GOYA meeting to follow</p>
<p><b>SATURDAY 3/14</b></p>	<p>Lifetouch Directory Photos (by prior appointment) 10:00 am - One Day Valley Wide Music Event (St. George Antiochian Church)</p>	<p>Lifetouch Directory Photos (by prior appointment)</p>
<p><b>SUNDAY 3/15</b> <b>SUNDAY OF ST. GREGORY PALAMAS</b></p>	<p><b>8:00 am - Matins</b> <b>9:30 am - Divine Liturgy</b> Sunday School</p>	<p>11:45 am - Youth Choir rehearsal 12:00 pm - Daughters of Penelope meeting <b>6:00 pm - Pan-Orthodox Vespers</b> (St. Katherine's, 2716 N. Dobson Rd., Chandler)</p>



# Ορεκτικό

*An appetizer before the main course*

## In the Image of God

March 8<sup>th</sup>, 2020

The first Sunday of Great Lent is set aside to commemorate the triumph of Holy Orthodoxy over the heresy of iconoclasm in the 8th century. At the end of the Divine Liturgy this morning, our children will process around the nave holding their icons while the hymns are sung, then to recite together the Synodikon of the 7th Ecumenical Council.

Yet, beneath these externals there exists the primordial truth concerning the nature of humanity's existence as being fashioned in the Image of God. Our origin story begins with the Trinitarian proclamation "Let us make Man in Our Image" before God "fashioned" us from the dust of the earth and breathed into our nostrils the breath of life and we became "a living soul."

St. Paul reminds us that this Image-bearing potential in us will ultimately be fulfilled in Jesus Christ; *"and just as we have borne the image of the earthly man, so shall we bear the Image of the Heavenly Man."* (1 Cor. 15:49) Jesus Christ is the Prototype of humanity as the Perfect Man, the God-man by Whom all things were and are created. (John 1)

We live in an image-drenched world, one in which images flash ceaselessly before our eyes in a blur of advertising chatter. Every available marketing space is made to serve the cause of commerce, every encounter measured on the P&L for profit potential. No aspect of human existence is immune from this impulse and lost in this maelstrom of images is the beleaguered image of God in man. "How is this the case?" one might ask. Iconoclasm was not finally defeated in 787 AD in Nicaea. It persists to this day and wears many faces.

Wherever poverty exists, wherever children go to bed hungry, or are abused or neglected, wherever refugees are herded into internment camps or cages, wherever little ones quake in fear as war erupts around them, Iconoclasm is present.

Wherever young ones are sex-trafficked for sordid pleasure and profit, wherever adolescents struggle with false images of alleged perfection and are made to feel inferior to the photo-shopped images held up as 'normal,' Iconoclasm is present.

So too, wherever the breathtaking ignorance of bigotry and racism persists and where political, social, economic, or nativist divisions affirm the humanity of some while denying it to others, Iconoclasm is present.

Our proclamation of the Synodikon of the 7th Ecumenical Council will ring hollow so long as we fail to apprehend the face of Christ in every human person we encounter. The Church has ever stood as a bastion of support for all the Image-bearers on the fringes of life from whom the powerful would gladly strip the dignity of humanity. And in her finer moments, she has evinced the courage to oppose the various "-ism's" behind which iconoclasts run for cover.

As we celebrate the triumph of Holy Orthodoxy over the iconoclasts, let us pray that our hearts might be enlarged in love to embrace the Image of God without reservation of qualification in every human soul we encounter.

In Christ,

*Fr. Apostolos*



### **Synodikon of the Seventh Ecumenical Council**

As the prophets beheld, as the apostles have taught, as the Church has received, as the teachers have declared, as the world has agreed, as grace has shown forth, as truth has been revealed, as falsehood has been dispelled, as wisdom has become manifest, as Christ awarded;

Thus we declare; thus we affirm; thus we proclaim Christ our true God, and honor His saints in words, writings, thoughts, sacrifices, churches, and holy icons;

On the one hand, worshiping and reverencing Christ as God and Lord, and on the other, honoring the saints as true servants of the same Lord of all, and offering them proper veneration.

This is the faith of the apostles. This is the faith of the fathers. This is the faith of the Orthodox. This is the faith on which the world is established.

Therefore, with fraternal and filial love we praise the heralds of the faith, those who with glory and honor have struggled for the faith, and we say: to the champions of Orthodoxy, 'faithful emperors, most-holy patriarchs, hierarchs, teachers, martyrs, and confessors: May your memory be eternal.

Everlasting be their memory. (*Three times!*)

Let us beseech God that we may be instructed and strengthened by the trials and struggles of these saints, which they endured for the faith even unto death, and by their teachings, entreating that we may to the end imitate their godly life. May we be deemed worthy of obtaining our requests through the mercy and grace of the Great and First Hierarchy, Christ our God, through the intercessions of our glorious Lady, the Theotokos and ever-virgin Mary, the divine angels and all the Saints. Amen

## 2020 Pan-Orthodox Lenten Vespers

*Please join our Brothers & Sisters at the host parishes for these Sunday Evening Lenten Vespers services*

**All Vesper Services Begin at 6:00pm**



**The Sunday of Orthodoxy  
March 8, 2020**

SS. Peter & Paul OCA  
1614 E. Monte Vista Rd.  
Phoenix, AZ 85006  
602-253-9515

Homilist: Archbishop Benjamin



**The Second Sunday of Lent  
March 15, 2020**

St. Katherine GOC  
2716 N. Dobson Rd.  
Chandler, AZ 85224  
480-899-3330

Homilist: Fr. Jacob Saylor



**Sunday of the Veneration of the Holy Cross  
March 22, 2020**

St. Sava Serbian Orthodox Church  
4436 E. McKinley.  
Phoenix, AZ 85008  
602-275-7360

Homilist: Alexander Eliades



**The Fourth Sunday of Lent  
March 29, 2020**

St. Ignatius of Antioch Orthodox Church  
2402 N. Usury Pass Rd.  
Mesa, AZ 85207  
480-892-6224  
Homilist: TBD



**The Fifth Sunday of Lent  
April 5, 2020**

St. Haralambos GOC  
7950 W. Pinnacle Peak Rd.  
Peoria, AZ 85383  
623-486-8665  
Homilist: Fr. Jeffrey Frate



# Pascha Flower Donation

Remember beloved family and friends and beautify the Cathedral with plants this Pascha.

**Donations of \$20.00 per remembered individual or married couple are appreciated.**

Complete this form and return with your donation to the Church office or enclose in an offering envelope, to place in a collection tray.

**Please provide your order by April 15, 2020.**

Donor name: \_\_\_\_\_

Donor phone #: (\_\_\_\_) \_\_\_\_\_

Name (s) of those honored and the relationship to donor:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Total donation: \$ \_\_\_\_\_

Questions? Please call the Cathedral office: 602-264-7863







## Salutation Icon Flowers

Decorating the Annunciation Icon each week of Lent is an Orthodox tradition, and a lovely way to memorialize loved ones by supporting our Cathedral.

**Suggested donation of \$50.**

Complete this form and return with your donation to the Cathedral Office, or enclose in an offering envelope and place in collection tray.

Donor name: \_\_\_\_\_

Donor phone #: (\_\_\_\_) \_\_\_\_\_

Name(s) of those honored and the relationship to donor:

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**Please provide your order by April 8, 2020.**

Questions? Please call the Cathedral office: 602-264-7863



HAPPY GREEK  
INDEPENDENCE DAY!



# LUNCHEON

## ANNUAL LENTEN LUNCHEON AND INDEPENDENCE DAY PROGRAM

MARCH 22  
ADULTS \$8  
CHILDREN \$5

PLEASE SUPPORT YOUR GREEK  
SCHOOL PROGRAM