



Sunday, May 5, 2019 - Thomas Sunday

This Morning's Readings

Acts of Apostles 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

The Gospel according to John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

This Morning's Hymns

O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. And though the doors had been bolted, You came to Your disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy.

Ἐσφραγισμένου τοῦ μνήματος, ἡ Ζωὴ ἐκ τάφου ἀνέτειλας Χριστὲ ὁ Θεός, καὶ τῶν θυρῶν κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης, ἡ πάντων ἀνάστασις· Πνεῦμα εὐθὲς δι' αὐτῶν ἐγκαινίζων ἡμῖν, κατὰ τὸ μέγα σου ἔλεος.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord, who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ᾄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

Christos Anesti! *Alithos Anesti!*

EPISTLE READER TODAY

Sophia Philippis

NARTHEX DUTY SCHEDULE

May 5th - Group 3 : Juli Pritsos, Coordinator

WELCOME VISITORS!

If you are visiting Holy Trinity Cathedral this morning we welcome you in the Name of the Lord! Orthodox Christian worship may be unlike other forms of worship you have encountered but you can follow along in the service book in the pews. (If you need assistance, simply ask the nearest parishioner.) And though Holy Communion is offered only to the Orthodox faithful who are prepared to receive the Holy Gifts, the blessed bread is offered to everyone after the service. Please sign our Guest Book in the narthex and join us for coffee and refreshments in the community center so we can get to know you. May your time with us be blessed!

Announcements

HELP FAMILIES IN NEED

Please consider helping families in need within our congregation by donating Fry's, Walmart or Target GIFT CARDS. They can be dropped off in the Narthex or given to Cindy Kyprianou (480-993-6437).

OPA GRADUATION CELEBRATION

If you or your child is graduating from 8th grade, high school, college or graduate school, please fill out the 2019 graduate recognition form (available in the Narthex and the OPA newsletter) and scan to Caroline Economopoulos at cjecomom@gmail.com to be recognized at the OPA Graduation on Sunday, May 19 immediately following Liturgy.

JR & SR GOYANS COMMUNITY OUTREACH OPPORTUNITY

Come volunteer and help pack emergency food boxes at St. Mary's Food Bank, 2831 N. 31st Ave. in Phoenix on Saturday, May 11 from 8:00am - 10:00am. Please RSVP to Jacque Petroulakis at jacquepetro@icloud.com.

"YAL2" MAY EVENT

Join the Holy Trinity social ministry for single 30-49 year old Orthodox adults. This month's gathering will be bowling and dinner at Bowlero Christown on Saturday, May 11 at 6:00pm. Bowlero Christown is located at 1919 W. Bethany Home Road in Phoenix. We will meet in the front lobby near the cashier. For questions or additional details text Nick Papas at 313-657-0176 or email at npapas@yahoo.com.

MOTHER'S DAY BRUNCH

The AHEPA Brothers will be holding a Mother's Day Brunch after Divine Liturgy on May 12. Tickets will be sold during Coffee Hour through today. The cost is \$30 for adults, \$20 for students and \$10 for children 8-12 year of age. Please stop by the AHEPA table and purchase your tickets or contact Pete Marudas at 602-284-1638.

A TOAST TO THE FUTURE

HTA's *A TOAST TO THE FUTURE* May 18 event tickets and sponsor opportunities are available today at Coffee Hour. Help us reach our goal to continue to provide a unique Orthodox education to all preschool and kindergarten families. A portion of the proceeds from this year's event will be shared with One Spirit+One Vision. For more information contact Juli Pritsos at 602-2448-3881 or email her at julipritsos@holytrinityacademyphx.org.

DESERT DIAMONDS

Let's celebrate Memorial Day and our last event before our summer break by having a picnic at McCormick Stillman Railroad Park, 7301 E Indian Bend Road in Scottsdale on Thursday, May 30 at 11:30am. Please plan on bringing picnic foods such as potato, garden, chicken and pasta salads, baked beans, potato chips, fresh fruit and dessert. Hot dogs & buns will be provided. We would like to secure a Ramada close to the entrance & by the rest rooms, hopefully the one we have used in the past. RSVP to Julie Karoutas at juliekaroutas@gmail.com or 623-313-8720 or Judith Lamond at 703-819-9957.

Also, on Sunday, May 19 at 4:00pm the Scottsdale Philharmonic will be having a free concert at Scottsdale Bible Church, 7601 E. Shea Blvd., Scottsdale. Enjoy some beautiful music!

<i>This Week at Holy Trinity Cathedral</i>		
Today Sunday 5/5 THOMAS SUNDAY	8:00 am - Matins 9:30 am - Divine Liturgy Sunday School	
Wednesday 5/8		6:00 pm - HTA Fine Art Expo 7:00 pm - Choir practice
Thursday 5/9		6:00 pm - PC Meeting 6:00 pm - HTA Board Meeting
Saturday 5/11	10:00 am - Mother's Day Brunch Set-up	
Sunday 5/12 MYRRH-BEARING WOMEN SUNDAY MOTHER'S DAY	8:00 am - Matins 9:30 am - Divine Liturgy Haggood 40 Day Memorial Paletsos 1 Year Memorial No Sunday School Mother's Day Brunch	

Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Avenue, Phoenix AZ 85016 Office: 602.264. 7863
Holy Trinity website: www.holytrinityphx.org
Email: htfrontoffice@holytrinityphx.org
Rev. Economos Apostolos Hill, Proistamenos: htpriest@holytrinityphx.org
Diana Camacho - Office Manager adminassist@holytrinityphx.org
Parish Council Officers:
Jim Manelis - President, Paul Katsenes - Vice President,
Dina Anagnopoulos - Treasurer, Connie Contes - Assistant Treasurer, Andi Furlis - Secretary,
Charles DeMoss, Sandy Meris, Socrates Papadopoulos, Adam Venetis



Ορεκτικό

An appetizer before the main course

Pascha and the Counter-Attack

May 1st, 2019

A man named Richard Cole died last month at the age of 103. Cole was the last survivor of the once-famous Doolittle Raid on Tokyo, so named for the bold vision and daring execution of Lt. Col Jimmy Doolittle.

In early 1942, Japan's dominance in the Pacific was unquestioned. Their surprise strike on the U.S. Navy at Pearl Harbor left the USN reeling and the Japanese brimming with confidence. But Doolittle schemed to launch B-25 Mitchell medium bombers from the deck of the U.S. Hornet at the edge of their combat range.

Their lightning attack on Tokyo unsettled the Japanese and shattered the notion that they were safe from an American counter-strike. Military history is replete with stories of overconfident armies letting down their guard to effective and unanticipated counterattacks.

As Christians, we are not immune from this danger. "Having beheld the Resurrection of Christ," and having attended a good many Holy Week services, it is easy for us to fall into complacency. After all, we may think to ourselves, we've done our religious duty for a while and can now "take it easy."

I recall my sense of alarm years ago when a brother priest who was serving as a Metropolis Chancellor told me that Bright Week is when his phone would ring as some of our priests go a little goofy. No one is immune for the enemy's counter strike. Bright Week is a time for heightened vigilance.

Many of us have learned through grim, battle-tested experience that whenever God pours out His grace and blessings upon us, the enemy rushes in to snatch it out of our hands. Satan, knowing full well that he has already lost the war when Jesus blew up Hades and demonstrated the Resurrection, seeks to take as many unsuspecting souls with him to his final doom.

But as savvy warriors, we must understand that the battle within rages ceaselessly. The joy we are experiencing now can be ours throughout the year if we, like the five wise virgins we lauded in Holy Week, remain watchful. Now is not the time to let down our guard! The power of Jesus Christ's victory over sin and death avails forever and not just seasonally!

Let us march triumphantly as soldiers of Christ into the fallen world of shadow and ignorance of God with the hopeful message "Christ is Risen!" in our hearts and on our lips in the days ahead!

In Christ,

Fr. Apostolos

THE BEATITUDES

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

O blessed are the poor in spirit for theirs is the kingdom of heaven.

O blessed are those who mourn for they shall be comforted.

O blessed are the meek for they shall inherit the earth.

O blessed are those who hunger and thirst after righteousness for they shall be satisfied.

O blessed are the merciful for they shall receive mercy.

O blessed are the pure in heart for they shall see God.

O blessed are the peacemakers for they shall be called the children of God.

O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.

O blessed when men shall revile you and persecute you and say all manner of evil against you falsely for My sake.

Rejoice and be exceedingly glad for great is your reward in heaven.

Holy Trinity Academy.
Building today for a better tomorrow.



Saturday, May 18, 6:30-10:00pm
Campus of Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Ave., Phoenix, AZ 85016

RSVP by Monday, May 13, 2019

Tickets may be purchased in person or online at htaphx.org

\$50 Donation Per Person



Please join us as we raise a glass to another superb year of Orthodox education and to celebrate the opportunity to build our future! You will enjoy an evening of micro-brew and wine selections paired with delicious foods and desserts and musical entertainment, along with an opportunity to be a lucky recipient of wonderful raffle items.

This year's proceeds will benefit HTA's growing preschool and kindergarten programs with a portion of the proceeds to benefit One Spirit+One Vision building fund ministry for Holy Trinity Greek Orthodox Cathedral.



Raffle Tickets: \$20 each or 6 for \$100. To purchase event and raffle tickets, or to become a sponsor of this event, please contact the school office at 602-248-3881 or e-mail julipritsos@holytrinityacademyphx.org.