



Sunday, September 29th, 2019 - 2nd Sunday of Luke

This Morning's Readings

St. Paul's Second Letter to the Corinthians 4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

The Gospel according to Luke 6:31-36

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

This Morning's Hymns

O Christ, the angelic powers appeared at Your tomb. The guards were as dead, and Mary stood by Your grave, seeking Your sacred body. You destroyed Hades yet remained untouched by it. You encountered the Virgin and through her bestowed life. Glory to You Who has risen from the dead!

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμᾳ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντὸν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήνησας τῇ Παρθένῳ, ὄρωρουμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

As a citizen of the desert and an angel incarnate and a wonder-worker you shone forth, O Kyriacos, our God-bearing father. Since you received the spiritual gifts by fasting and vigilance and prayer, you can cure those who are ailing and heal the souls of those who run to you with faith. Glory to Him who gave His might to you; glory to Him who placed a crown on you; glory to Him who operates through you, providing cures to all.

Τῆς ἐρήμου πολίτης καὶ ἐν σώματι ἄγγελος καὶ θαυματουργὸς ἀνεδείχθης θεοφόρε πατὴρ ἡμῶν Κυριακέ· νηστεία, ἀγρυπνία, προσευχῆ, οὐράνια χαρίσματα λαβὼν· θεραπεύεις τοὺς νοσοῦντας καὶ τὰς ψυχὰς τῶν πίστει προστρεχόντων σοι. Δόξα τῷ δεδωκότι σοι ἰσχύν, δόξα τῷ σὲ στεφανώσαντι, δόξα τῷ ἐνεργοῦντι διὰ σοῦ πᾶσιν ἰάματα.

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit upon them, made the fishermen wise and through them illumined the world; and to You the universe was ever drawn, all glory to You, O Lord.

Εὐλογητὸς εἶ Χριστέ ὁ Θεὸς ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλόανθρωπε, δόξα σοι.

A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us for you are good, your loving help bring unto us who are crying in faith to you; hasten to intercede and speed now to supplicate as a protection for all time, Theotokos, for those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

WELCOME VISITORS!

If you are visiting Holy Trinity Cathedral this morning we welcome you in the Name of the Lord! Orthodox Christian worship may be unlike other forms of worship you have encountered but you can follow along in the service book in the pews. (If you need assistance, simply ask the nearest parishioner.) And though Holy Communion is offered only to the Orthodox faithful who are prepared to receive the Holy Gifts, the blessed bread is offered to everyone after the service. Please sign our Guest Book in the narthex and join us for coffee and refreshments in the community center so we can get to know you. May your time with us be blessed!

Announcements

NARTHEX DUTY SCHEDULE

Group 1: Parish Council

EPISTLE READER

Ryan Choukalas

ALTAR BOY SCHEDULE

Group 3: St. Gregory the Theologian

JOIN THE FESTIVAL BAKING

Are you available to help bake? We would love to have you! Stop by the Speros Center kitchen at 9:00am on Tuesday, 10/1 for Kourambiethes. Hope to see you there!

FESTIVAL SET UP HELP IS NEEDED

Please join us for Festival set up on Saturday, 9/28 from 8:00am-noon and Saturday, 10/5 from 8:00am-noon. There are plenty of tasks for everyone regardless of age or physical ability. The more volunteers we have the fewer workers we need to hire and pay. Always remember: *Many hands make light work!*

BECOME A FESTIVAL VOLUNTEER

If you worked the Festival last year, please contact that booth's chairman if you want to work there again. Or you can sign up during Coffee Hour at the Volunteer table with Donna Manelis or Thad Tropea.

LITTLE LAMBS' FOLK DANCE PARADE AT THE FESTIVAL

If you have children 5 and under who want to participate in the Little Lambs parade at the Original Phoenix Greek Festival, please contact Angela at angelagarozzo@gmail.com or 917-638-5991.

YOUNG ADULT MEETING THIS THURSDAY, 10/3

Please join Alexander at 7:00pm for some fun and inspirational conversations in the conference room.

INQUIRERS CLASS

On Mondays at 7:00pm, an Inquirers Class is being held for those looking to join Holy Trinity, those simply interested in the Orthodox Church or parishioners wanting to engage more with their faith.

ORTHODOX COLLEGE MINISTRY

Our Orthodox Christian Fellowship (OCF) ministry on the ASU campus meets every Tuesday evening at 6:00pm at the Christian Center on 19th & Mill. Contact Fr. Apostolos or Alexander for more information.

BEATITUDES BIBLE STUDY

Our parish Bible Study examining the Beatitudes meets every Friday at 10:00am through 10/4. After a Festival break, classes will revert to Tuesday mornings on 11/5 at 10:00am and run through 11/26.

ST. PAISIUS MONASTERY CONSECRATION & HIERARCHICAL DIVINE LITURGY TRIP

Assumption is organizing a trip for Wednesday, October 23. The bus will leave at 5:00am and return by 8:00pm. \$25 per person. Contact Mary Vlad at 602-828-7964(text/phone) or maryvlad31@gmail.com.

AHEPA CHAPTER 219 2019-20 SCHOLARSHIP APPLICATIONS

Applications are now available for all high school seniors, university, trade school, and vocational training students. They can be found on AHEPA219.com or contact Ed Weiss at ewpwrqly@gmail.com. The deadline is Saturday, 10/26.

DESERT DIAMONDS & FRIENDS' OUTING

Please join us on Tuesday, October 29 at 9:30am at the ASU Kerr Center for the "Tuesday Morning Music & Tea" concert featuring, "Violin Extraordinaire". This is a free concert but a \$5 donation and a can of food for the Food Bank are appreciated. Please RSVP by October 15 to Julie Karoutas at juliekaroutas@gmail.com or call/text 623-313-8720 or Judith Lamond, text only to 703-819-9957.

This Week at Holy Trinity Cathedral

Today Sunday 9/29 SECOND SUNDAY OF LUKE	8:00 am - Matins 9:30 am - Divine Liturgy Sunday School	11:45 am - Youth Choir rehearsal 12:30 pm -Dance Practice
Monday 9/30		7:00 pm - Inquirers Class (Conf. Rm.)
Tuesday 10/1	9:00 am - Festival Baking, Kourambiethes	6:00 pm - OCF (ASU campus)
Wednesday 10/2		5:00 pm - Greek School 7:00 pm - Choir Practice 7:00 pm - Dance Practice
Thursday 10/3		7:00 pm -Philoptochos meeting 7:00 pm -Young Adult meeting (Conf. Rm.)
Friday 10/4	10:00 am - Bible Study	
Saturday 10/5	8:00 am - Festival set up 10:00 am - Church Tour Guide training	
Sunday 10/6 THIRD SUNDAY OF LUKE NATIONAL CHURCH MUSICIAN SUNDAY	8:00 am - Matins 9:00am - Louis Burgdorf Chrismation 9:30 am - Divine Liturgy Paul Glitsos memorial James Speliopoulos memorial Special tray by Choir Sunday School	11:45 am - Youth Choir rehearsal 12:30 pm -Dance Practice

Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Avenue, Phoenix AZ 85016 Office: 602.264. 7863
Holy Trinity website: www.holytrinityphx.org
Email: htfrontoffice@holytrinityphx.org
Rev. Economos Apostolos Hill, Proistamenos: htpriest@holytrinityphx.org
Alexander Eliades, Pastoral Assistant: aeliades@holytrinityphx.org
Diana Camacho - Office Manager adminassist@holytrinityphx.org
Parish Council: Jim Manelis - President, Paul Katsenes - Vice President,
Dina Anagnopoulos - Treasurer, Connie Contes - Assistant Treasurer, Andi Furlis - Secretary,
Charles DeMoss, Sandy Meris, Socrates Papadopoulos, Adam Venetis



Ορεκτικό

An appetizer before the main course

Saint Silouan, A Modern Intercessor

September 29th, 2019

This past Tuesday we commemorated a 20th Century Saint of our Church, Saint Silouan the Athonite. His entire life is extremely inspiring and yet very relatable, and his words are life changing (I suggest you read his life in the book named after him). Silouan was born in Russia in the turbulent late 1800s and was raised in the Church by pious parents and he was a faithful boy himself, desiring to be a monk. He asked his father if he could go to the monastery, to which his father told him to finish his military service. However, while serving in the military, the strong and handsome Silouan fell into sin, drinking and living a debauched lifestyle. Once, becoming drunk, Silouan fell asleep and in a dream saw that a snake had slid through his mouth inside him. He awoke in disgust and heard these words, "You swallowed a snake in your sleep and you are disgusted. That is how unpleasant it is for me to see your actions." There was no one in the room. He heard only a voice that spoke those words, a voice that was extraordinary in its kindness and beauty. He *knew* this voice was that of the Panagia, the Theotokos.

He confessed his fallen lifestyle and felt called to go to Mt. Athos. Here, he quickly became renowned for his hard work, holiness, and humility. One day in church he was granted to see a vision of Christ in all His Glory, shining in light, warmth, and love, but after seeing this, he was saddled with despair and darkness for 15 years. Finally, it was revealed to him that this was because he felt pride in his vision of Christ and he heard the key for the spiritual life: "Keep your mind in hell and despair not." He expounded on it by saying this: "Understand two thoughts, and fear them. One says, "You are a saint," and the other, "You won't be saved." Both thoughts are from the enemy, and there is no truth in them. But think this way: I am a great sinner, but the Lord is merciful. He loves people very much, and He will forgive my sins."

Finally, St. Silouan is vital for us now in our world so saddled with hatred and division, because he preached so heavily on the need to love our brothers and sisters if we are to love God. St. Silouan saw only two things in this life: humility and love of one's enemies. As wise and nice as someone may seem, if he does not love his enemies, i.e. any other person, he cannot reach God. And the opposite is also true, however simple a person may be, but if he carries within himself that love, then "he is with God and God is with him." St. Silouan teaches us this along with the *fact* that no matter how we acted in our "youth" (even if we were not young in age), we *always* have the potential turn to God and become a true Saint.

In Christ,

Alexander Eliades

Pastoral Assistant

THE BEATITUDES

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

O blessed are the poor in spirit for theirs is the kingdom of heaven.

O blessed are those who mourn for they shall be comforted.

O blessed are the meek for they shall inherit the earth.

O blessed are those who hunger and thirst after righteousness for they shall be satisfied.

O blessed are the merciful for they shall receive mercy.

O blessed are the pure in heart for they shall see God.

O blessed are the peacemakers for they shall be called the children of God.

O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.

O blessed when men shall revile you and persecute you and say all manner of evil against you falsely for My sake.

Rejoice and be exceedingly glad for great is your reward in heaven.

FRIENDS OF THE FESTIVAL 2019



Platinum

The DeMoss Families, In Memory of Ifigenia "Jean" Sgouros
Stella Kosta, In Loving Memory of George Kosta
The Manelis Family, In Memory of George Jouflas
Sandy & Will Meris
Tracy Poulos, In Memory of Lou, Georgia & James Poulos

Gold

The Choukalas Family
Honorable Connie Contes & Honorable Hercules Alexander Dellas
Culvers: Elias & Phyllis Skoubis
The Petsas Family
St. Katherine Philoptochos

Silver

The Debickero Family
GreekFest Restaurant
In Memory of Bill Kimmell & Karen Kimmell
In Memory of John & Mary Maniatis
The Socrates & Stephanie Papadopoulos Family

Bronze

Anonymous (2)
Presvytera Helen Anastas
Mark Aronauer
Camelback Coaching - Anne & Bill Wilson
Harriet Chotras
John & Jean Dal Pan
Stefanos & Tiffany Daniolos
Maria Dennis
Irene DeBerry-Jensen & Michael Jensen
Lynn & Bill Graham
Courtney & Niki Harris
Holy Trinity Cathedral Choir
Peter & Nicole Kamboukos
Virginia Karegeannes
Ronald & Virginia Kidd
Tammy P. Kretsedemas
Tassie Ladas
James & Stephanie Machas
Anna T. Manos
Joanne Meris
Bill & Jean Miller
Mitchell Family - Philip, Helen & Andrew

(cont. on back)

Bertha Quinn
Lyda Rabbit
John Siavelis
Constantin Solomon
James A. & Christina Speros
John & Teresa Thomas
Mrs. Argyro Vasquez
Catherine Wallerich
Athena Zannis
Zella Zannis

Pewter

Dorothy Ainslie
Stephen Melas

THANK YOU FOR YOUR GENEROUS DONATIONS!



**We would like to thank our Phoenix Greek Festival Corporate Sponsors.
We are grateful for the support and generosity of these community leaders and partners.**

Leslie's Pools
Wood Partners
Reformed
LifeManaged
Fundamental Income
Elly's Restaurant
Kansas State Bank
Happy Factory
Dawn Cartier - Civ Tech
Renewal by Anderson
Willing
Gen Next
Bitwits
Enterprise Bank and Trust



1973 EAST MARYLAND AVE. PHOENIX, AZ

SATURDAY, NOVEMBER 2, 2019
3:00PM-8:00PM

Menu

Chicken, Potato Salad, Nacho Bar, Corn, Sundaes & Fruit

No Host - Beer, Wine, Soda & Frappe Bar

\$20 ADULTS • \$10 CHILDREN 4-10 • \$10 MAIDS & SONS

FUN & GAMES FOR ALL AGES!

FOR TICKETS CALL ANGIE - 480.540.5376

3RD ANNUAL ASC INVITATIONAL

SATURDAY | November 9, 2019
Stonecreek Golf Club



SPONSOR OPPORTUNITIES AVAILABLE!
Fundraiser to benefit Orthodox Youth attending All Saints Camp



1:00 PM SHOT-GUN SCRAMBLE

12:00 pm Check-In

Course located at 4435 E Paradise Village Pkwy S, Phoenix, AZ 85032

\$125 PER GOLFER

(If paid by Oct 31st | \$150 after deadline)

Includes lunch and goodie bags

Mulligan packages and raffle prize tickets will be available at the course

Bring a full foursome or we can add you to one!

AWARD DINNER FOLLOWING TOURNAMENT

6:00pm at Assumption Community Center | 8202 E. Cactus Road, Scottsdale

(Non-golfers encouraged to attend @ \$25/person)

RSVP by OCT 31, 2019
office@assumptionaz.org | 480-991-3009



ALL SAINTS CAMP

Join us for a
GLENDI GALA

NOV
16

COCKTAILS • MUSIC • DINNER • DANCING

SATURDAY



Evening includes...

6:00 p.m. Cocktail Hour / Music
7:00 p.m. Dinner
8:00 p.m. Dancing

Cocktail Attire Suggested

Ticket Prices:

Until October 13th

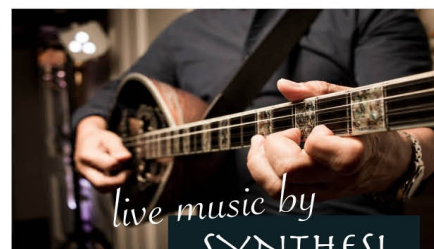
Adults	\$50
Students	\$30
Children 12 & under	\$20

After October 13th

Adults	\$60
Students	\$40
Children 12 & under	\$20

Purchase tickets with cash or check.
Contact Sandy at sandymeris@yahoo.com
or (602) 525-0345.

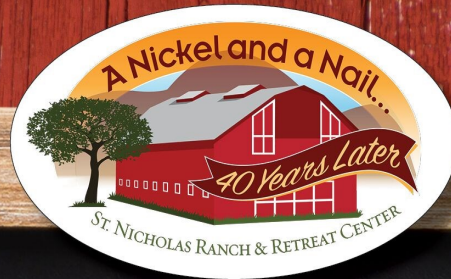
CATERED BY



Thank you for supporting your church community! Funding raised benefits the dance program and OPA! for events throughout the year.

HOLY TRINITY ORTHODOX CATHEDRAL

1973 E Maryland Ave, Phoenix



His Eminence Metropolitan Gerasimos of San Francisco
and the Board of Saint Nicholas Ranch and Retreat Center cordially invite you to

A NICKEL AND A NAIL . . . 40 YEARS LATER

CELEBRATING THE 40TH ANNIVERSARY OF
SAINT NICHOLAS RANCH AND RETREAT CENTER

From the nickel and nail found on the barn floor 40 years ago, Saint Nicholas Ranch and Retreat Center has flourished into a place of spiritual renewal, cultural enrichment and fellowship for all ages.

*Please join us as we honor the founders of the Ranch and create an even brighter future
for the next 40 years and beyond.*

Saturday, October 26, 2019

6:00 p.m. Reception • 7:00 p.m. Dinner, Entertainment and Program
Ascension Greek Orthodox Cathedral, 4700 Lincoln Avenue, Oakland, CA 94602



METROPOLIS OF
SAN FRANCISCO

Sponsorship packages ranging from \$2,500 - \$25,000.

Individual tickets \$75 each, \$45 for youth ages 18 and under.

The favor of an RSVP is requested online by October 11, 2019.

For more information, please contact 415-753-3075 or metropolis@sanfran.goarch.org.

ATTIRE: SEMI FORMAL

www.sanfran.goarch.org/events