

# MAY 2024

## RIO GRANDE ACADEMY

DAILY BREAKFAST SERVED WITH 1 CUP OF FRESH FRUIT

Lunch meals are served with a salad bar and your choice of low-fat flavored or white milk.



Your cafeteria is managed by  
Canteen of Central New Mexico

Monday

Tuesday

Wednesday

Thursday

Friday



**BREAKFAST COMBO BAR TORTILLA** 6  
*CHICKEN PATTIE ON A BUN*  
BAKED BEANS  
FRESH FRUIT

**CEREAL BAR YOGURT** 7  
*GRILLED CHEESE SANDWICH*  
MIXED VEGETABLES  
PEACHES

**MUFFINS ASSORTED** 1  
*CHERRY BLOSSOM CHICKEN*  
MIXED VEGETABLES  
MANDARIN ORANGE

**FRENCH TOAST EGGO MINI BITES** 2  
*CHICKEN NUGGETS*  
CARROT STICKS  
MIXED FRUIT  
DINNER ROLL

**COLD CEREAL** 3  
*PIZZA*  
BROCCOLI  
PINEAPPLE CHUNKS

**NUTRI GRAIN & YOGURT** 13  
*FAMOUS BOWL*  
CINNAMON APPLE SLICES  
DINNER ROLL

**CINNI MINIS** 14  
*BEAN & CHEESE BURRITO*  
CARROTS  
PEACHES

**SAUSAGE PATTIE TORTILLA** 8  
*SALISBURY STEAK*  
WHIPPED POTATOES  
FRESH FRUIT  
DINNER ROLL

**PANCAKE WRAP** 9  
*TACO BURGER*  
CARROT STICKS  
MANDARIN ORANGE

**EGG, HAM & CHEESE CROISSANTS** 10  
*PIZZA*  
BROCCOLI  
MIXED FRUIT

**PANCAKE MINI BREAKFAST BITES** 20  
*CHICKEN DRUM STICKS*  
WHIPPED POTATOES  
FRESH FRUIT  
DINNER ROLL

**FRENCH TOAST STICKS** 21  
*TAMALES RED CHILE*  
SHREDDED CHEDDAR  
PINTO BEANS  
PEACHES

**MUFFINS ASSORTED** 15  
*FRENCH TOAST STICKS*  
HASH BROWNS  
SAUSAGE PATTIE  
MANDARIN ORANGE

**BREAKFAST COMBO BAR TORTILLA** 16  
*CHEF SALAD*  
FRESH VEGETABLES  
JELLO W/ FRUIT  
DINNER ROLL

**COLD CEREAL** 17  
*PIZZA*  
BROCCOLI  
MELONS

**CINNAMON ROLL** 22  
*CHICKEN NUGGETS*  
CARROTS  
FRESH FRUIT  
DINNER ROLL

**BAGEL CREAM CHEESE** 23  
*CORNDOG*  
FRESH VEGETABLES  
FRESH FRUIT

**WAFFLES MINI EGGO BITES** 24  
*PIZZA*  
FRESH VEGETABLES  
FRESH FRUIT

**HASH BROWNS SAUSAGE PATTIE TORTILLA** 28  
*BEAN & CHEESE BURRITO*  
MIXED VEGETABLES  
PEACHES

**BLUEBERRY MUFFIN** 29  
*SCRAMBLED EGGS*  
Ham SLICED  
HASH BROWNS  
MANDARIN ORANGE  
BISCUIT

**EMPANADA** 30  
*CHICKEN TAQUITOS*  
PINTO BEANS  
PINEAPPLE CHUNKS  
FRESH SALSA

**EGG FRITTATA** 31  
*PIZZA*  
CARROT STICKS  
FRESH FRUIT  
CAKE

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