

July 2021

Garden Island Sobriety

Step Seven

“Humbly asked Him to remove our shortcomings.”



He said:

Once again it's been my experience that asking Him to do anything for me has not been easy. I never had a relationship with God before. All I do now is pray and ask God to do things for me. Slowly I have been seeing results.

I have many shortcomings. More than I ever thought. I never looked at my life in a way to try and understand myself. I don't know exactly where I developed all these beliefs. I think it was from when I was young. I learned many things from friends in high school on how to behave. Always a party. Alcohol, weed, pills, cocaine, acid, you name it. It was a rock n roll lifestyle. Long hair, music, fast cars, and girls. Eventually I graduated and started working in restaurants where it was easy for my abuse to continue. Restaurant people love to party. I fit right in and was able to continue working in restaurants for many years. My attendance was horrible. Always called in sick or showed up hungover. I seemed to perform at high levels in the restaurant at any job I needed to perform. I enjoyed making that fast money.

The fast lifestyle continued on. A twisted winding road of getting wasted. I could never figure out why, or if, I had a problem. Some people actually told me that they thought I had a problem, then the next week I saw they were drinking harder than me. I thought were they drinking like that so I could see how I was drinking, or did I influence them to be that way? Anyway, it was the first time I thought I may have an issue with drinking.

My drinking led me to many broken relationships with friends and loved ones, and work as well. I am thankful I was never fired. Strangely I was fired from a job after I got clean. How funny is that?

(Cont. p. 2)



She said:

For Step 7 to be effective, I have to know what my shortcomings are. I have to know how they have negatively impacted me, other people and my relationships with others. I have to understand that they block me from my higher power, from being of service and from being free. If I don't know what they are, and don't know how they are affecting me, I cannot ask for them to be removed. I have to do Steps 4,5 & 6 to even *be humble enough* to ask my higher power to remove my shortcomings.

Lack of humility, which is basically me playing God, prevents me from asking God to remove my shortcomings. The inventory humbles me enough so I can see how my thinking and behavior is self-centered. If I don't do inventory it's usually someone else's fault. If it's someone else's fault I don't have a shortcoming. If I continue on in this way however, one of 2 things will happen. The pain will get so big I will drink or it will humble me enough to do inventory which will get me to Step 7.

I have had 2 rounds of sobriety. The first period I worked Steps 1-5 and felt so relieved to get rid of my deepest darkest secrets I didn't think I needed to do any more work. I went on with my life and pursued people and the material world. I got drunk.

This period of sobriety I have worked all 12 Steps numerous times with life changing results. I am not the same person I was when I came into Alcoholics Anonymous the first or second time. I still however find myself clinging to old ideas and reverting to old behaviors to get me by.

I am amazed that the results from both paths are always the same. If I do Steps 4-7 my higher power changes me. If I use my old tools of inaction, blame,

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AA Archives p.4

12 Traditions p.4

AA  Hotline 245-6677

He Said (cont.) This step allowed me to examine the reasons for behaving in ways that allowed me to continue my abuse. I always thought it was just because I loved to party. I loved to drink and smoke cigarettes and use cocaine. Eventually I could not use without getting so wasted I could not make it home. Driving was too dangerous. I had a brand-new car and could not drive it because of how bad I was. I am grateful God is in my life today and He is helping rid me of my shortcomings.

~Mike H., Kauai

She Said (cont) and manipulation life gets painful. **Step 7 is the Humility Step.** By the time I get here, I understand who I am and what I have done. I have a crack in the armor that will let God in to make the change. My favorite part of this step is that I have no idea how I will be changed or what the change will look like. The result is always different and better than what I am wanting or demanding. I just keep doing what I have been doing since the beginning and I keep changing. Thank God for AA.

~ Janice M., Kauai

Happy Birthday

Tom W. (passed away 2020)	6/17	1959	62yrs
Julia P.	6/27	1977	44 yrs
Jeanine B.	6/1	1984	37 yrs
Jon S.	6/4	1987	34 yrs
Kathleen	6/1	1989	32 yrs
Bill E.	6/26	1989	32 yrs
Gary F.	6/1	1990	31 yrs
Linda W.	6/24	1991	31 yrs
Ron A.	6/1	1994	27 yrs
Mike T.	6/5	1998	23 yrs
Chris	6/11	2000	21 yrs
Romeo G.	6/20	2000	21 yrs
Tatiana	6/18	2001	20 yrs
Tom C.	6/6	2005	16 yrs
Joe C.	6/1	2007	14 yrs
Chandra	6/15	2007	14 yrs
Jude H.	6/19	2007	14 yrs
Pirie I.	6/28	2007	14 yrs
Matt	6/26	2008	13 yrs
Miguel	6/18	2011	10 yrs
Susanah	6/7	2011	10 yrs
Corina W.	6/30	2013	8 yrs
Barbie	6/19	2015	6 yrs
Olivia	6/26	2020	1 YEAR

Congratulations Everyone!!

Expect A Miracle

GRAPEVINE

Quote of the Day

July 2, 2021

“On a daily basis I choose not to drink – or to fear, hate, be angry, or indulge in any other defect that’s raising its ugly head. They’re all there waiting, and when given a chance they charge into the center of my life and try to take over. But when I work Step Seven I find that my life is filled with good, and people actually like to be around me – something they never did in my drinking days.”



“A Lifetime Supply,” July 1995, Kathmandu, Nepal, Step By Step: Real AAs, Real Recovery

**Request a newsletter
by e-mail**



Contact: District6newsletter@hotmail.com

Editor: Linda B.

A.A. Activities

4th of July



At Lydgate Park

9:00 am to 1:00 pm

Family Potluck

Sponsored by Hui Ohana

Meetings on Kauai



Island-wide Live and Open

North, South, East and West



We've Got You Covered!

Live meetings on Kauai listed at:

www.kauaiaa.org

A.A. Meeting Places

Lydgate Park at the Picnic Tables



Hui 'Ohana Group Live Meetings Daily 7:00 am

- Sunday: – Discussion
- Monday: – Discussion
- Tuesday: – Discussion
- Wednesday: – Discussion
- Thursday: – Discussion
- Friday: – Discussion
- Saturday: – Discussion



AA Meetings

~ Using Zoom ~

All online meetings for Kauai are listed at

www.kauaiaa.org

Just click “online meetings”

If you need assistance with the technology or help starting an online meeting call the AA Hotline at 245-6677, and ask for the phone # of Janice M. She has volunteered her help and says, “Setting up the technology is much easier than you might think.”

July in Our History:

July 1935: Book Published: “My Utmost for His Highest” by Oswald Chambers. One of several books our early members and our co-founders read on a daily basis, before our Big Book was written.

July 4th, 1935: Sobriety date of Bill D., AA number 3. Bill was a pioneer of AA group number one, Akron, Ohio. Dr. Bob was his sponsor. Bill’s story is in the Big Book, in the 2nd, 3rd and 4th editions.

July 1938: The first documented use of the AA name is in our archives at G.S.O. It is in a letter from Bill to Willard Richardson (Trustee Class A). Bill started using the name Alcoholics Anonymous both as a working title for the Big Book that was being written and as the name of the fellowship.

July 1943: Yale University holds its first session for alcohol studies. Bill W. and six other AA’s are attending the classes.

July 1950: AA’s 15th Anniversary and first International Convention, Cleveland, Ohio, an estimated 3000 AA members adopted the 12 Traditions unanimously.

July 1957: The price per copy of the Grapevine raised from 25 cents per copy to 35 cents.

‘Big Book Dave’ was Elected Archivist, Interior Alaska

~ Submitted by Mathea A.

 **OUR THANKS to B.B. Dave & Mathea A.**



Tradition Seven

Every A.A. group ought to be fully self-supporting, declining outside contributions.

- **Honestly now**, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can’t afford it yet? How generous was I when tanked in a barroom?
- **Should the Grapevine** sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- **If GSO runs short** of funds some year, wouldn’t it be okay to let the government subsidize AA groups in hospitals and prisons?
- **Is it more important** to get a big AA collection from a few people, or a smaller collection in which more members participate?
- **Is a group treasurer’s** report unimportant AA business? How does the treasurer feel about it?
- **How important** in my recovery is the feeling of self-respect, rather than the feeling of beings always under obligation for charity received

Kauai Intergroup

The Delegate's Report Back

**Next Zoom Intergroup Meeting:
July 4th, 9:30 am**

**Intergroup ID – 87082750620
Password -372977**

Intergroup Treasurers Report

May 2021

Income:

North Shore Aloha	7th	50.00
Hui Ohana	7th	300.00
Hui Ohana	Literature	289.75
Hui Ohana Wed.	Literature	45.00
North Shore Aloha	Literature	94.00
Website Domain Balance	District 6	124.54
Total Income:		\$903.29

Expenses:


Guardian Storage	157.07
Hawaiian Telcom	31.65
Total Expenses	188.72

Actual Balance	3222.63
Prudent Reserve	-1050.00
Operating Balance	2172.63

~ Prepared by Devin D.

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



Intergroup Committee

- | | |
|-------------|----------------------|
| Chair: | David J. |
| Treasurer: | Devin D. |
| Secretary: | Ann W. |
| Schedules: | Tom R. |
| Events: | Chris K. Open |
| Hotline: | David J. |
| Literature: | Bob B. |
| Website: | Charlie S. |

A Virtual Meeting



By Invitation of District 6

Saturday, July 10, 2021,

9:30 am – 11:30am

**Reporting to us will be Kunane D.
Area 17 Hawai'i Delegate for Panel 71**

**Kunane is on the Conference Literature
Committee.**

**This 2021 General Service Conference
Report is for all of Hawai'i
and specifically for Kaua'i!**

Join The Zoom Meeting at this link:
<https://us02web.zoom.us/j/85113045565?pwd=QUIDQ0RyQIVGaUVwS1dIUUFDVGN5Zz09>

**Meeting ID: 851 1304 5565
Passcode: 623306**



District 6, Kauai:



DCM Report



**The Next Zoom District Meeting:
July 18th, 9:30 am**

**Zoom address 823-860-40996
passcode: 043962**

District 6 Treasurer's Report

June 19, 2021

INCOME:

Na Wahine	89.70
Hui Ohana	300.00
Total Income	389.70

EXPENSES:

Total Expenses	0.0
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Bank Balance:	3784.90
Prudent Reserve:	1200.00
Operating Balance	2584.90

~ prepared by Janice M.

SEND YOUR CONTRIBUTIONS TO:

**Kaua'i District Committee
P.O. Box 1503
Kapaa, HI 96746**



District 6 Committee:

DCM:	Kalei K.
Alt. DCM:	Keola O.
Secretary:	Nelson A.
Treasurer:	Janice M.
Website:	Charlie S..
Myna Bird:	OPEN
CEC:	Connie S.
Archives:	Mathea A.
Public Information:	OPEN
Grapevine:	Ann
Treatment:	Conrad M.
Corrections:	April

Aloha mai Kakou,

I hope everyone is doing well and staying sane and sober! All of us have been affected by Covid-19 in many ways. I know it disrupted my regular daily routine of going to Live meetings, my home group Hui 'Ohana got on zoom quickly, and established a meeting that is still going strong today, maybe forever.

We still have the live meetings also, seven days a week. Please just continue to be safe out there. Thank you to all the groups and members of Kaua'i District 6, who are participating in monthly District meetings, every 3rd Saturday of the month. It goes to show how our Island really loves AA here. The fellowship supporting each other, especially through this Pandemic COVID-19, with a lot of Live in-person and virtual meetings all over our Island!

Please join us at 9:30am, 3rd Saturday of the month and bring a friend or home group member. And find out all about District 6 Kaua'i.

May God bless us always!

Mahalo's for letting me be of service!

Aloha nui,
Kalei K., DCM D6

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

**Hawaii Area Committee
P.O. Box 1413
Honolulu, HI 96806**

Please include "District 6" & Group Name on check



Find A.A. in Hawaii

