



# FILIPINO FAMILY HEALTH INITIATIVE

JUNE 2022

## STUDY UPDATES

Schedules for the **IY Toddler** and **IY FFHI** Workshops are available!  
We're also happy to announce that we'll be offering groups in the Philippines and nationwide this summer! More information coming soon.

**Incredible Years Schedule for Parents of Children Ages 8-12**

**The Incredible Years® Schedule**  
Tuesday Evening (5:30 PM- 7:30PM) and  
Saturday Afternoon (4:00PM -6:00PM)

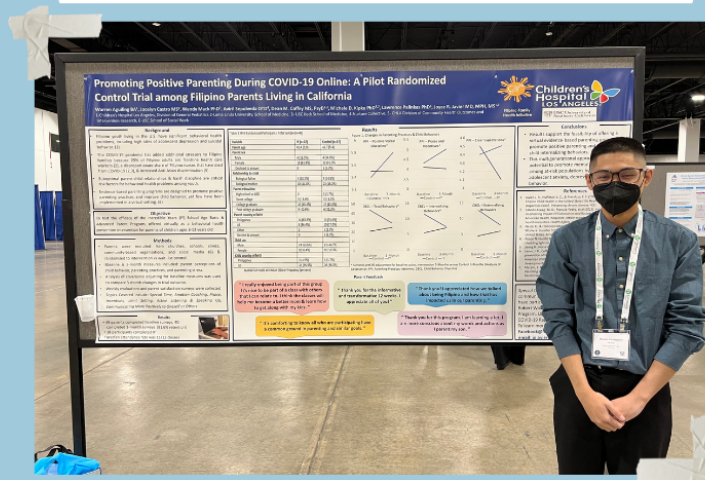
Date Tuesday	Date Saturday	Session #	Topic
July 12	July 16	1	Welcome, Parent Goals Special Time
July 19	July 23	2	Social, Emotion, and Persistence Coaching (Part 1)
July 26	July 30	3	Social, Emotion, and Persistence Coaching (Part 2)
August 2	August 6	4	Effective Praise and Encouragement
August 9	August 13	5	Motivating Children Through Incentives and Rewards
August 16	August 20	6	Rules and Responsibilities Clear & Respectful Limit Setting
August 23	August 27	7	*Listening Attentively
August 30	September 3	8	*Active Listening and Speaking Up (Part 1)
September 6	September 10	9	*Active Listening and Speaking Up (Part 2)
September 13	September 17	10	*Communicating More Positively To Oneself and Others (Part 1)
September 20	September 24	11	*Communicating More Positively To Oneself and Others (Part 2)
September 27	October 1	12	*Giving and Getting Support Graduation

**Incredible Years Toddler Schedule for Parents of Children Ages 1-3**

**Schedule**  
Thursday 9:30-11:30 AM

Date	Session #	Topic
July 14	1	Child-Directed Play Promotes Positive Relationships
July 21	2	Promoting Toddler's Language With Child-Directed Coaching
July 28	3	Promoting Toddler's Language With Child-Directed Coaching (continued)
August 4	4	Coaching Toddler's Social and Emotional Competence
August 11	5	Coaching Toddler's Social and Emotional Competence (continued)
August 18	6	The Art of Effective Praise & Encouragement
August 25	7	Spontaneous Incentives for Toddlers
September 1	8	Handling Separations and Reunions with Toddlers
September 8	9	Positive Discipline and Effective Limit Setting
September 15	10	Positive Discipline and Effective Limit Setting (continued)
September 22	11	Positive Discipline-Handling Misbehavior
September 29	12	Positive Discipline-Handling Misbehavior (Continued)
October 6	13	Focus Group

## PEDIATRIC ACADEMIC SOCIETIES MEETING AND AAPA DOFA CONFERENCE PRESENTATION



One of our interns here at FFHI, Warren Aguilin, presented our latest research results at this year's **Pediatric Academic Societies** meeting in Denver, Colorado! Our team also presented findings from FFHI at the AAPA Division of Filipino Americans's virtual conference: **Reuniting in Kapwa: Healing in the Community, Mind, and Body**, and the **Bulosan Center for Filipinx Studies Conference** in May. Great job Warren and team, we're so proud of you!

## SPECIAL GUEST APPEARANCE AT USC TROY PHI



**JOYCE R. JAVIER**

(SHE/HER) | MD, MPH, MS, FAAP  
• Associate Professor of Clinical Pediatrics at Children's Hospital Los Angeles, Keck School of Medicine of USC  
• Joint appointment in the Departments of Pediatric and Population and Public Health Sciences  
• Instructor in USC's Master of Public Health program  
• Areas of Research  
• Well-being of minority and immigrant youth  
• Mental health among Filipino youth  
• Mental health interventions  
• Awarded the 100 Most Influential Filipino Women in the World Award



**RODNEY TO**

HE/HIM  
• Assistant Professor of Acting at USC's SDA  
• Associate Artistic Director of IAMA Theatre Company in LA  
• Roles/Appealances in:  
• "Typhoon" in Parks and Recreation  
• The Shrink  
• Good Girls  
• Barry  
• The Conners  
• Modern Family  
• Co-starring in *Easter Sunday* starring Jo Koy and Tiffany Haddish

Special shoutout to USC's Filipino cultural club TroyPhi for hosting a professor panel with Dr. Javier and actor, Rodney To!

## PEDIATRIC GRAND ROUNDS PRESENTATIONS GIVEN IN RECOGNITION OF AAPI HERITAGE MONTH

To commemorate both AANHPI Heritage and Mental Health Awareness Month, Dr. Javier also had the pleasure of speaking at two pediatric grand rounds presentations at Stanford and Albert Einstein School of Medicine in New York that shed light on issues within our community and intervention methods to mitigate them.

Link to presentation: <https://youtu.be/Vz-ny-nwGjo>



## DR. JOYCE JAVIER RECIPIENT OF 2021-2022 COMMUNITY RECOGNITION AND CITIZEN OF THE YEAR AWARD

The L.A. Millennium Lions Club recently presented Dr. Javier with the Community Recognition and Citizen of the Year Award in honor of her service to the greater Los Angeles community on **March 19, 2022!** Congratulations, Dr. Javier!