





PADGATE ACADEMY

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  padgateacademy

Principal: Mr A McMillan Bsc (Hons)

Ref: KMO/MSI

18th September 2023

Dear Parents and Carers,

As a part of your child's education at Padgate Academy we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme which is delivered through Personal Development lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the course of each year, your child will be taking part in some lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE topics will build in complexity and will include teaching about healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching that takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

If you would like to find out more or discuss any concerns, please visit the school's website for more detail about our Personal Development curriculum and where the RSE policy can be read in more detail.

Alternatively, you can use our dedicated email address and we will endeavour to reply to you with your query as soon as possible. PD@padgateacademy.co.uk.

Thank you for your continued support.

Yours faithfully

Mr K. Morris
Personal Development Lead

Mrs A Mitchell
Director of Studies, Expressive Arts and Sport