

Useful Phone Numbers and Websites for Pupils and Parents

Please see below for a list of useful phone numbers and websites concerning safeguarding for pupils and parents.

Name	About	Phone	Website
Kooth	Online counselling for children		www.kooth.com
Childline	24-hour helpline for under 18s	0800 1111	www.childline.org.uk
NSPCC	24-hour child protection helpline	0800 800 5000	www.nspcc.org.uk
The Proud Trust	LGBTQ+ and youth support	0161 660 3347	www.theproudtrust.org
Papyrus	Suicide prevention	0800 068 4141	www.papyrus-uk.org
Crime Victims	Victim support	0845 303 0900	www.victimsupport.org.uk
Crimestoppers	Anonymous crime reporting	0800 555 111	www.crimestoppers-uk.org
Runaway Helpline	Parents helpline	0800 800 70 70	www.runawayhelpline.org.uk
Samaritans	24-hour suicide prevention line	08457 90 90 90	www.samaritans.org.uk
Stop Smoking	Quitting helpline 9am-9pm	0800 00 22 00	www.quit.org.uk
Kidscape	Coping with bullying	020 7730 3300	www.kidscape.org.uk
CALM	Mental health support & suicide prevention	0800 58 58 58	www.thecalmzone.net
Frank	Drugs awareness & substance use support	0300 1236600	www.talktofrank.com

Name	About	Phone	Website
St. Joseph's Family Centre	Counselling service in Warrington	01925 635 448	www.saintjosephsfamilycentre.co.uk
MIND	Mental health issues helpline	0300 123 3393	www.mind.org.uk
Young Minds	Mental health support for children		www.youngminds.org.uk
Child Bereavement UK	Child bereavement helpline	0800 028 8840	www.childbereavementuk.org
RELATE	Relationships support	0300 100 1234	www.relate.org.uk
Winston's Wish	Bereavement support for children	08088 020 021	www.winstonswish.org
Young Minds	Mental health information	0800 802 5544	www.youngminds.org.uk
BEAT Youth Line	Eating disorder helpline	0808 801 0711	www.b-eat.co.uk
OCD UK	Obsessive compulsive disorder help	0845 120 3778	www.ocduk.org
RASASC	Rape & sexual assault support	01925 221546	www.rapecentre.org.uk
ADDvanced Solutions	Parenting support for children with neurodiversity	01925 320863	www.advancedsolutions.co.uk