

MAY 2024 AFFIRMATION

I am open and curious as I walk my path to my most authentic expression.

As I explore my inner landscape, I uncover the grandness that has always been there.

Through this exploration, I am able to untangle the layers of identity and beliefs that no longer serve me.

Doing so, I deepen my awareness and understanding of the values that are truly mine and open myself to a fresh perspective.

From this place, I choose to live from my values in ways that enhance my life and the world around me.

My outer life exists in alignment with the truth of my most authentic self.

Through this process, I moved from good to great to grand!

And so it is