



THE CAMPBELL



PRESS

Serving the Community for over 125 Years

thecampbellpress.com

334 E. Campbell Ave, Campbell, CA. 95008

VOL. 03 No. 10

YOUR #1 COMMUNITY NEWS AND INFORMATION SOURCE!

AUGUST 10, 2023

FREE

BRINGING JOY TO CAMPBELL'S HOSPITAL-BOUND CHILDREN

Love of the Arts

Young residents at Children's Health-care Organization of Northern California (CHoNC), an inpatient facility for severely ill or catastrophically injured children, will soon be treated to a live, musical performance featuring students from Starting Arts, a non-profit that provides arts education to over 40,000 K-12 students in 125 Bay Area schools, thanks to Starting Arts' newest board member, Dr. Amelia Hausauer, a dermatologist with Aesthetx, a plastic surgery and dermatology practice in Los Gatos. The performance is set for August 9, 2023 at 10AM - 11AM at 3777 S. Bascom Ave, Campbell, CA 95008. The children's hospital, which is close to Hausauer's office, had long intrigued her. In fact, the performance is part of what Hausauer hopes will be an ongoing partnership. "The arts have a profound ability to transcend human pain and suffering. They are a way of expression and healing, especially in children who have fewer ways to communicate," she says. "It's immensely gratifying to be part of such a project." Kathleen Tuckness, CHoNC's activity director, is excited about the performance and the



possibility of more to come. "Starting Arts is bringing us a professional experience that's not usually accessible to our kids," she explains. "Music, art, and dance are things all of our patients — and their families — can enjoy." Hausauer herself is no stranger to the healing power of art. Growing up in the North Berkeley Hills, Amelia Hausauer saw her father, a prominent therapist, suffer the life-altering effects of polio he had contracted as a child. His unwavering strength and determination to live life to the fullest despite his physical limitations were lessons she took to heart as a young ballerina with the Oakland Ballet. Hausauer eventually

mended her love of science and art into a career in aesthetic dermatology, skills she brings to her clinical practice. Her dedication to enhancing the lives of others through art and medicine came full circle when she joined Aesthetx, a practice which is itself committed to community giving. (Among other endeavors, Partner Dr. Laurence Berkowitz has worked to provide life-saving cleft palate surgery in developing countries; another partner, Dr. Kamakshi Zeidler, recently dedicated part of her salary to helping war-stricken Ukraine.) "As a dancer, I became intimately aware of how we can

use our bodies to create beauty and vitality," says Hausauer. "At Aesthetx, we work to help patients claim this same sense of self and become better, more productive members of our community." "We are thrilled to have Dr. Hausauer on our Board of Directors and honored to bring joy into the hearts of the children at CHoNC" says Ann Watts, Executive Director of Starting Arts. "Her efforts embody our mission: Making the healing power of the arts accessible to all children."

About Starting Arts

Starting Arts was inspired by the simple observation that something special happens when young people connect with the arts. A unique learning environment materializes where students think and communicate through images, music and movement. Arts education creates opportunities for students to develop key life skills and evolve into confident, articulate, team-conscious members of our communities. We believe that an education without arts exposure is incomplete and falls far short of extraordinary. That unwavering belief has

translated into a mission: to make arts education accessible to all students in Bay Area schools.

About Children's Hospital of Northern California

Children's Health-care Organization of Northern California (CHoNC) provides acute, subacute, and educational services to severely disabled or catastrophically injured children through a unique combination of facilities and programs. Programs include acute and subacute rehabilitation comprehensive respiratory services, inpatient subacute care, outpatient subacute care, respite care, and educational programs in collaboration with the Santa Clara County Office of Education. CHoNC's facilities include the CHoNC Pediatric Hospital, a general acute care hospital with a distinct-part skilled nursing unit delivering subacute care; Saratoga Pediatric Subacute, a skilled nursing facility providing subacute care; and Scribbles; Giggles, a pediatric day health care center offering subacute day and respite care.



PIC OF THE MONTH

CAMPBELL FARMERS MARKET

PHOTO © MATTHEW C. HOWE

TCP





campbellmuseums.com/shop

Friday, September 15: The History of Moffit Field with John Mascali, Captain USNR Retired.
 Friday, October 13: The History and Geology of the New Almaden Quicksilver Mine with Mike Cox.

Campbell Museum's Art Show – Submissions Open
 Art submissions for the 2024 juried art show at the Ainsley House are open. The theme this year is "Community," and we accept submissions from artists aged 6 and up! No cost to submit. The deadline is December 18, 2023. Full details, entry guidelines, and entry forms can be found on our website www.campbellmuseums.com under the "Exhibits" tab.

Self-Guided Walking Tours
 Explore our Campbell Cannery Tour, which takes place in Downtown Campbell, or our McGlincy Massacre Tour at Oak Hill Cemetery (ages 18+ recommended). Tours can be completed using your phone, or you can download a PDF of the tour for offline use. Each tour is full of photos and fascinating history! Tours can be found on our website at www.campbellmuseums.com/walking-tours

Volunteers Encouraged!
 The Campbell Museums is recruiting for a variety of volunteer positions. If you love History, want to meet new people, and be a part of the community, then joining the museum volunteer group is a great opportunity! The following volunteer positions are open now: Campbell Historical Museum

Museum continued on page 4...

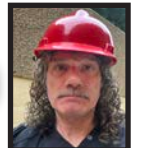


Campbell Museums August 2023 Updates
 The Campbell Museums consist of the Campbell Historical Museum and the Ainsley House. Both are open for public tours Fridays-Sundays, 11am-3pm. Visitors can purchase a combo pass to visit both museums and do not need to use the pass on the same day.

The Ainsley House is a great place to bring out-of-town guests or to explore on your own if you want to experience stepping back into 1925! The Carriage House hosts the Museum gifts shop which is a nice boutique for local history books, jewelry, scarves, hostess gifts, and more. And, on display through October is the museum's latest exhibit: Miasma to Germ Theory, Treating Illnesses before Modern Medicine. The exhibit features information and case studies of how illnesses were treated in this area from Western medicine to the Ohlone. Visitors can explore the Carriage House gift shop and exhibit for free.

History Happy Hour
 History Happy Hour at the Ainsley House is an intimate lecture series featuring local authors, community members, researchers, and more. 5:30pm-7:30pm \$15/ person Please register at www.campbellmuseums.com

HERE'S HOWE

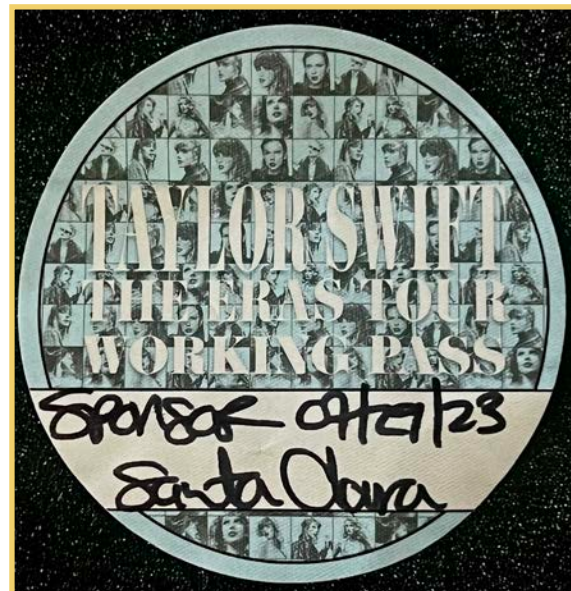


I had the pleasure back in late July of experiencing Taylor Swift in all her glory at Levi Stadium in "Swiftly Clara" as it was aptly named that day. A capacity crowd of mostly young girls and teens in sequins and fringe screaming in harmony together as if to deafen you more than you already were. But of the many tours I've done in my life, I've never witnessed or been a part of such a huge event. Taylor is clearly on top of her



Lights & high steel being dismantled been loaded and already left

for SoFi Stadium down in Inglewood, CA. The next show setup would practically begin as soon as the gear began to arrive. A tour of this size (that has multiple shows in some locations) always flies their band & crew instead of buses them. Tour



game, when not long ago she had the top ten songs in the world. Who does that? Only Swift. This is what can garner her the biggest stadium tour ever, potentially bringing in billions of dollars to the local economy as well as herself. Taylor donated 75,000 meals to second harvest food bank when in town. She recently gave huge bonuses to her crew out of respect for their hard work. And let me tell you, this is one massive show that needs more than a day to set up. I counted 34 trucks in the parking lot early Sunday morning; I saw at least 12 more trucks leave before that, that had

buses would be an immense expense. If you think about the cost of paying drivers, diesel fuel, food for the crew on the buses, etc. it racks up pretty quickly. Plus, where are you going to park 15 or more buses??? Good luck finding your bus! And where would the buses go when you have multiple nights in a hotel? Another big waste of money. Not that Taylor couldn't afford it, but that's not the point. It's just not practical simply from a logistics standpoint. The staging alone for this event is mind-boggling, with some of the high steel towering above the stadium
Howe continued on page 15...

WORD OF THE MONTH

"INTERVOCALIC"

(ADJECTIVE)

Immediately preceded and followed by vowel sounds. Existing or occurring between vowels.

THE CAMPBELL PRESS

Published monthly by THE CAMPBELL PRESS

334 E. Campbell Ave.
 Campbell, CA 95008
 Phone: (408) 374-9700

Thank you all

Publishers:

Nancy O. Whitney
 Matthew C. Howe

Editor:

Matthew C. Howe

Layout:

Chris Matthews

Graphic Design:

Howard Christian
 Matthew C. Howe

Contributing Writers:

Adam Buchbinder
 Carol W. Gerwitz
 Jay Hamden
 Matthew C. Howe
 Cuinn Huber
 Chris Jackson
 Ken Johnson
 Sergio Lopez
 John MacCalman
 SAM/Sharon McCray
 Benjamin Noel
 Bill Peil
 Kerry Perkins
 Jill Scarnecchia
 Margaret Schieck
 Joe Simitian
 Nancy O. Whitney
 Sam Wilson
 School art by Lyra

thecampbellpress@gmail.com

thecampbellpress.com

THEN AND NOW



Photo: Courtesy Campbell Historical Museum

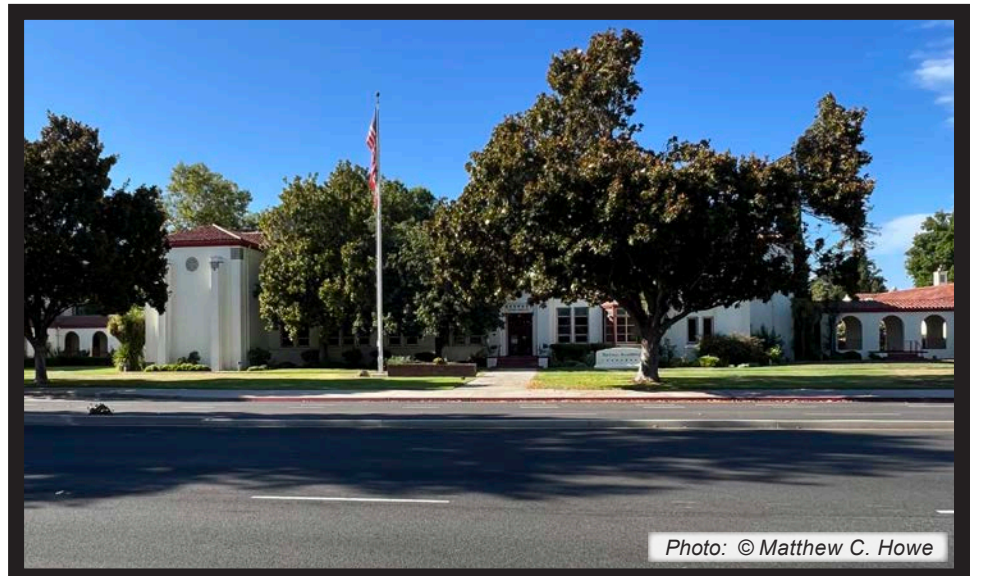


Photo: © Matthew C. Howe

It seems that many things in Campbell that remain from our past haven't really changed that much, especially the buildings. What has changed (and is quite common around here) is recognizing the same location from the same perspective that now has massive tree growth that wasn't originally there in the earlier photo. This picture of Campbell High School taken in 1937, really hasn't changed much except for the tree covering!



CAMPBELL PARKS AND REC PARTY

THE HOUSEROCKERS →

Campbell Parks and Rec held a party (originally scheduled at the Community

Center) on the Monday before the last summer Concert on the Orchard City Green with an incredible turnout for the Houserockers who of course rocked the house! Just goes to show how Campbell residents love a good time any day of the week! Nice work CP&R!



PUBLISHER NOTES

By Nancy O. Whitney

BACK TO SCHOOL!

Well, it's time for our children to venture back to school this month. Life is getting back to its daily routines but just before we get there, there is yet another fun event coming up this month so come visit the newspaper for a meet and greet! We will have a table in the front of our TCP office at 334 E. Campbell Ave. on Sunday August 20th, from 11-2pm and we will be there along with the Farmers Market. Yes, when you go to the market don't forget to stop by our table. TCP will have a special guest; Master Gardener Sharon McCray will be there to answer any and all of your gardening questions! We will also have some great giveaways and would love to meet some of our loyal readership and our community.

you do for our Campbell community! The Houserockers, always a crowd pleaser, rocked it out of the park for the summer concert and the orchard city green was packed with people having a great time.

Our Campbell Kiwanis Club also is featured on page 5. They deserve a big acknowledgement for the great hot dogs, hamburgers, fries, and chicken on a stick menu that went well with the refreshments that the Ainsley House volunteers served the entire concert series. Hopefully you bought something from each of them, or an item from inside the carriage house as the money donations help our beloved Ainsley House Museum. Thank you to JR McKee, a past citizen of the year 2020 and current President of the Kiwanis Campbell Club alongside the club's membership were local volunteers that created a team that always does a great job. It's always fun watching them give a high toss with the French fries too. Thank you Campbell Kiwanis of Campbell! Here's a quick note on delays of your newspaper mailing: this month was late due to the consistent rising cost of postage! Also, our website is currently under construction

In this issue, you will see some great photos from our Orchard City Green music series as well as the Kiwanis Club of Campbell who were cooking up and serving food at every concert. There was a special concert on a Monday night for our Parks and Recreation staff who put on all our great community programs including the summer concerts series. It was a very special evening for the Monday night salute to Campbell Park and Recreation and thank you to the staff for all

continued on page 5...

CAMPBELL VETERANS MEMORIAL FOUNDATION

Campbell Veterans Memorial Foundation (CVMF) - Memorial Day

Under the verdant greens of Orchard City, on a grand day of remembrance, the Campbell Veterans Memorial Foundation (CVMF) honored all those who sacrificed for our country and Sargent Adam Estep, a U.S. Army hero who fell in Iraq in April 2024. The Memorial Day celebration marked a sense of unity as veterans, their families, friends, and the Campbell community gathered to acknowledge our servicemen

and women's profound loss and unforgettable courage. Emphasizing this spirit, distinguished speakers like Major General Miles A. Davis, U.S. House Representative Anna Eshoo, State Senator Dave Cortese, and Campbell Mayor Anne Bybee shared their personal insights on the significance of this day. These notable guests also expressed gratitude for the tradition the community and the CVMF maintained. Displaying the Community Memorial Wreath was a poignant symbol brought from the Naval Museum in

Washington to the City of Campbell to commemorate local service members who made the ultimate sacrifice. Gold Star Father and Master of Ceremonies Ken Estep, poignantly addressed the gathering about the enduring legacy left by veterans like his son, Sgt. Adam Estep and the enduring commitment soldiers make to protect America's freedom. A number of local organizations were proud to contribute their time and including the Campbell Union High School Chorus, the Jr. ROTC, the Del Mar High

continued on page 15...

AUGUST

CAMPBELL REAL ESTATE

AUGUST



ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES					
Hedegard Avenue	\$2,550,000	6/4	74	11010	2742
McBain Avenue	\$2,470,000	4/3	71	9300	1946
Hunt Way	\$2,050,000	3/2	72	10642	1655
Walnut Drive	\$1,950,000	4/2.5	75	10890	1590
Acapulco Drive	\$1,902,780	4/2	60	6925	1693
Kenneth Avenue	\$1,888,000	3/2	74	10628	1832
Inskip Drive	\$1,788,000	4/2	61	6157	1322
Theresa Avenue	\$1,750,000	3/2	63	8657	1281
Shadle Avenue	\$1,720,000	3/2	63	8071	1334
Denver Drive	\$1,663,000	3/1.5	64	6672	1040
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES					
Honeydew Way	\$1,485,000	3/3	5	870	1507
Bucknall Road	\$1,150,000	3/2.5	42	1017	1239
Fazeli Court	\$1,075,000	3/2.5	39		1359
Dot Avenue	\$905,000	2/2	42		1442
S. Bascom Avenue	\$755,000	2/1	39		908
S. Bascom Avenue	\$718,650	2/2	39		841
E. Latimer Avenue	\$705,000	2/1	52	2000	810



WEST SAN JOSE – CAMPBELL LIONS

Lions Have Breakout Year!

By Gayle Kludt
Club President



Congratulations are in order for the members of the West San Jose-Campbell Lions on the completion of their club year. Led by Past President Desiree Mitchell, the club achieved new goals, inducted new members and added new projects. As always the focus is on service but the club had some fun along the way too. That fun came from our first ever Comedy Night which drew not only laughs but over \$10,000 from the sell-out event. Lions pride themselves on donating 100% of funds raised to charitable causes. Other notable achievements include working

with other clubs on our local vision screening program which provided optical exams and eyeglasses for over 300 needy persons. These glasses are donated by a local company. In California, returned glasses cannot be resold. In the summer of 2022, this company contacted the area Lions clubs offering the returned glasses. Of course, the Lions said yes as vision preservation has long been the service club's signature focus since being charged by Helen Keller to be "Knights of the Blind." The clubs were both thrilled and stunned when a shipment of 118,000 pairs of glasses arrived at

the San Jose Vista Center for the Blind. That triggered a huge undertaking is sorting, cleaning and determining the prescriptions of the donated glasses. So far over 650,000 pairs have been processed by the area Lion Clubs. Local Lions Art Low, Lucie Mueller and Jan McClure traveled to Merida, Mexico to help with a screening event there. The club also partners with the Delta Gamma sorority at San Jose State which shares sight preservation as their philanthropic focus. Other projects include working with Our City Forest, the Fremont Unified School District,

Martha's Kitchen and the Grateful Garment. This club year, the club has helped over 28,000 persons through 207 shared service activities. Of course that means we needed new members. The club has added five new members. The clubs' achievements were not overlooked. In fact, Lion Art Low was selected Lion of the Year by the club's district along with Lion Dave Kaplow being selected Zone (area) Chair of the Year. We invite you to participate in our activities which will not only help your fellow residents but provide you with the satisfaction of doing so. Contact us at info@wsj-clions.org. WE SERVE.



Museum membership information and benefits can be found on the Museum website <https://www.campbellmuseums.com/membership> with additional Museum membership activities planned for late summer/fall.

Anna Rosenbluth
Museum Collections Specialist
Campbell Museums,
City of Campbell
408-866-2759

Museum continued from page 2...

um Greeter
Ainsley House Docent & Greeters
Museum Foundation Board Member
Ainsley House Garden

Volunteer
Special Event Volunteers
Museum Collections Volunteers. If interested, contact Museum Supervisor, Kerry Perkins kerry.p@campbellca.gov

[gov](mailto:info@wsj-clions.org) (408) 866-2718, or more information can be found on the Campbell Museums website: <https://www.campbellmuseums.com/get-involved>

Become a Campbell Museum Member
If you would like to become a part of the Campbell Museums' history, we invite you to become a Museum member.



Country Woman's Club of Campbell Invites You

Country Woman's Club of Campbell (CWCC), the oldest service club in the Campbell community, celebrates its founding 118 years ago. Our focus is contributing to the community. We give scholarships for music and art competitions, and to those students who have overcome tremendous life challenges. We also support a summer student leadership program that enables students to make an impact in their community. Our major fundraiser is the Crab and Pasta Dinner usually held the first Saturday of February every year. Last year we gave 15 scholarships total \$25,000. In addition, we partner with other community organizations like the **Grateful**

Garment Project, the Campbell Library, and the Campbell Veterans Memorial Foundation. The club is a Campbell Chamber of Commerce member. Many of our members are community leaders on the city council, in community service organizations, and some have been recognized as citizens of the year. We want others to join us. If you are fun loving, enthusiastic, and community minded, our club is for you. We are starting our new year with the following officers: Cherri Fontana-president, Maggie Church-first vice president, Anna Rutledge and Izetta Kennedy-co second vice presidents, Alice Dayton, corresponding secretary, Roberta Howe-recording secretary, Donna Gillette-treasurer, Lucille Maravilla and Liz Gibbons-directors at large, Martha Washington-parliamentarian.

CWCC is in the process of planning the new year's meeting. However, we do have a meet and greet scheduled for 5pm September 18, 2023. You can contact Lucille Maravilla at: 408 205-4621 or Cherri Fontana at: 408 209-1310.



Campbell Chamber Boogie on the Avenue 2023. L-R: Lucille Maravilla, Barbara Robinson, John Kennedy, Maggie Church, Lisa Martinskis, Izetta Kennedy, & Anna Rutledge.



Celebrate Campbell 2023 Event. Top, L-R: Lisa Martinskis, Anna Rutledge, Izetta Kennedy, Cherri Fontana, Elaine Motekaitis, Mary Ann Lucero, Susan Landry. Front row, L-R: Elizabeth Gibbons, Ruth Ann Boesch, Lucille Maravilla, Maggie Church & Gloria Green.



CWCC Models at Chico's. L-R: Cherri Fontana, Cindy Conte, Elaine Motekaitis, Mary Ann Lucero, & invited guests, Lucille Maravilla, Anna Rutledge, Gloria Green & Barbara Robinson.





KIWANIS CLUB ROCK THE PARK!

The Campbell Kiwanis Club, led by JR McKee along with the Ainsley House volunteers once again did a tremendous job in supporting the Orchard City Green concert series this year by providing food and beverages to help raise funds for the Campbell Historical and Ainsley House Museums.



AINSLEY HOUSE VOLUNTEERS!



Body Doc Chiropractic has got your back!

OUR MISSION IS TO HELP YOU HAVE YOUR HEALTH

(408) 377-2207



FREE EXAM-\$75 value



Families welcome • Discounts available

Dr. Jeff Potts, DC

2207 S. Bascom Ave., Campbell, CA 95008

www.bodydocchiro.com

Mountain Biking & Good Health!

As the weather turns nice and Spring weather returns, this becomes a great opportunity to get outside and experience some of the amazing local mountain bike destinations we have available to us. Mountain biking is not only a great form of exercise but also an activity we can do safely during these Covid times. We have multiple spots within a short drive or even bike ride, that offer a wide range of options for mountain bikers of all abilities. Finding out what aspect of riding you prefer will allow you to choose the local spot that best matches your style and ability. We have a variety of types of terrain to choose from, single-track to fire roads, very mellow to steeper and aggressive, shaded to wide open or crowded and even less populated.

loop called St Joseph's Trail. This offers more of challenge of climbing as well as some single-track option and an awesome view of the valley.

If shaded single-track sound more up your alley, some might prefer driving up Black Road in Los Gatos to a beautiful trail called the John Nichols Trail. It offers beautiful shaded single-track that climbs up to the top near Skyline Blvd. The climb is a bit more technical than St. Joseph's Trail, but it also offers amazing views of the valley with a lookout point or two along the way. Caution must be taken on the decent since this is a popular hiking destination as well.

For the more serious and advanced riders, you can venture up in the Santa Cruz Mountains, past the Summit Store (a great place to stop for award winning sandwiches), to a network of trails called Soquel Demonstration Forrest (aka Demo). Demo, as it's known to riders, has a variety of trail choices from intermediate to advanced. These trails will require the rider to not only have decent bike handling skills, but also trail etiquette knowledge and a good amount of fitness.

There are many local bike shops that can get your bike ready or help you find a bike that fits your riding style and level. The trails mentioned are just a few of our mountain bike gems. Talk to fellow riders and friends and get outside to enjoy our world class trails and weather.

For those looking for outdoor exercise, the Los Gatos Creek Trail (which passes through Campbell) is an excellent choice. The trail is mostly paved with dirt trail offshoots that add some extra fun and challenge. The trail allows people who are building fitness and/or bike skills, to start building up for more mountain bike specific locations. If you are looking for more climbing and challenge, at the end of the Los Gatos Creek Trail there is the start of a variety of trials and fire roads. The Jones Trail (basically a fire road) that goes from downtown Los Gatos up and over to Lexington Reservoir is a nice option. At the top of the Jones trial is an additional

AARP®

By Margaret Schieck, chapter President
Campbell AARP Chapter 5151

Welcome to the hot days of August and all of those "Back to School" events! Does anyone else remember when school didn't start until after Labor Day? I suppose this calendar does create a longer feeling to June and gives a few more days to summer school.

In July, AARP members of Chapter 5151 received practical home safety information via a presentation from the Santa Clara County Fire Department regarding fall prevention and other avoidable hazards. We all want to avoid those broken bones, so the information was gratefully received.

Our members also participated in the Senior Safari walk at Happy Hollow in San Jose on July 27 th . Even in the heat, it's good to get out for some moderate exercise in stimulating surroundings. We will participate in this event again on August 24 th . Additionally, members volunteered with the Lions Club at the glasses sorting event on July 29 th at the VISTA Center on Bascom Avenue. This has become a rewarding, on-going volunteer activity for our seniors.

The August 19 th meeting will feature Candace Roney, who will discuss volunteer opportunities at the Humane Society of Silicon Valley in Milpitas. Ms. Roney will also have information on a variety of additional volunteer opportunities.

We hope to see more new faces at our meeting on August 19 th in Room Q 80 of the Campbell Community Center at the corner of Winchester and Campbell. Coffee is ready at 9:15 a.m. We have a Treasure Chest and used book table set up with items priced from twenty-five cents to one dollar. The formal meeting begins at 10:00 and usually finishes around 11:30. Many participants go out to lunch afterwards to continue socializing.

One does not have to be a Campbell resident to join this dynamic group of seniors. We hope to see you soon.





Campbell Chamber of Commerce



CAMPBELL
CHAMBER

Christmas in July Benefits the Campbell Toy Program

In 1933, the Keystone Girls Camp in Brevard, North Carolina held the first Christmas in July. Wanting to create an authentic seasonal feel, the inaugural "half Christmas" event included carolers, a Christmas tree, Santa Claus, presents, and snow made of cotton.

The 1940 film, Christmas in July, made the phrase popular and over the years, the expression was used to gain attention and request that people take action.

The Campbell Chamber Community Foundation 'celebrates' Christmas in July to help reignite awareness of and kick-start raising donations for the Campbell Community Toy Program.

The Toy Program has been bringing holiday joy to the Campbell community since 1984. On average, the Campbell Toy Program serves 900 local families and 2,000 children in need every holiday season. Each child up through the age of 14 receives one new, age-appropriate: Toy or arts & crafts item Book



Ball (one per family)
Board game (one per family)
Stuffed animal
Stocking stuffer item
This equates to thousands of items needed to ensure each child has gifts to open. Because of donations made during Christmas in July, the Toy Program gets a head start accumulating toys, games and other supplies in advance of the holiday season rather than having to acquire donations and shop for items last minute.

On July 8th, the Foundation had a booth at the Downtown Campbell Car Show, where they collected donations of new books, games, toys, and sporting equipment. The Chamber's newest goodwill ambassador, The

Dude, was at the event, high-fiving and helping raise awareness for the Toy Program and the importance of gathering donations in advance. Donations of new, unwrapped items are accepted in the Chamber office beginning in July through the holiday season. Most needed are items for the 12-14 age group. For those who prefer to make a monetary donation, cash or checks can be dropped off at the Chamber. Checks should be made out to Campbell Chamber Community Foundation.

Monetary donations can be made anytime online on the Foundation website at CampbellChamber-Foundation.org/donate Learn more about the Toy Program at Campbell-ToyProgram.com



Money Empowerment by Jill



We are all feeling the affects of that dreaded word 'inflation.' It is during these times, that we learn to be creative with our spending. Don't deprive yourself from having fun, even if you are on a tight budget. There are plenty of cheap and fun things to do. Here are a few:

1. Get a library card
If you enjoy reading, sign up for a library card and browse your local library. Libraries not only have books, but movies, activities, and some of them have workshops. Most libraries now offer e-books and audio books as well, so grab your free library card and start getting lost in some new stories.

2. Visit a museum
Some museums have free or discounted admission on certain days of the week, or for children or students. If you are in an area where there are some local museums, check them out.

3. Get outside-take a hike
Grab a map, or look on line, for hiking or walking trails near you. If you live in the city, walk around the town. Not only will you get some exercise, but you may even stumble across a new place you've never been before.

4. Go wine tasting
Find a local winery, pack a lunch and enjoy an afternoon of wine tasting. It actually is not ver expensive, as long as you stick to just the tasting. Most wineries have very beautiful grounds for fabulous walks and pictures.

5. Game night
Invite friends over for a game night. Make it a potluck and have a blast enjoying fun, food and laughs.

6. Sign up for a 5K or 10K race
Whether you walk it or run it, it's a great way to get outdoors. There is a cost for the race, but it's generally minimal and your training is all free. Sign up with a friends and/or family and train together.

7. Head over to the Farmers Market
This is wonderful way to support your local farmers and stock your home with fresh foods.

8. Go thrifting or to the flea market
You can find some pretty good deals thrifting or at the flea market and its fun. Allow yourself a budget, grab some friends and find some treasures.

9. Listen to live music
Concerts are generally pricey, but there are many places where you can go to listen to live music. The local pub may have bands that play. You can also check out festivals that might be in your area,

10. Find a new hobby
If you need hobby ideas, check online. There are tutorials for just about anything. Find something new to learn. Don't skip out on fun, regardless of what your budget looks like. There are so many activities that do not cost a ton of money. Get creative, do some research and enjoy today.

Best of luck,
Jill Scarnecchia

Have a money management question? Email me: livinbalanced52@gmail.com
Want more tips? visit my website www.livinbalanced.com

DOUBLETREE CAMPBELL EVENTS

HOST YOUR CELEBRATION WITH US!

Featuring Private Event Spaces for up to 100 Attendees with Full Service Catering

- Anniversaries
- Birthdays
- Retirement
- Baby Showers
- Baptisms & Confirmations
- Graduations
- Engagements
- Bridal Showers
- Reunions
- Sports Team Awards
- Weddings
- And More!**



1995 South Bascom Avenue, Campbell, CA 95008
www.CampbellPruneyardPlaza.DoubleTree.com
@DoubleTreeCampbell



Are Finances Stressing You Out?

Learn the Skills to:

- Reduce Debt*
- Build Savings*
- Plan for a Large Purchase*
- Create your Lifestyle*

Book a Complimentary 30 Min Personal Session

408-221-6412

livinbalanced52@gmail.com



www.livinbalanced.com



CITY NEWS

By Sergio Lopez

As the summer months heat up — and while most other cities take a full month off in the summer — the work of the City of Campbell continues to proceed. On Thursday, July 20th, for example, the Council held a full-day retreat. This was the first Council retreat in Campbell which also involved our entire Executive Team, which consists of the City Manager, City Clerk, City Attorney, and all department heads. Our work built upon previous retreats which established trust and team building, and now extended to our talented staff. While we will often continue to differ in our points of view — both among and between Councilmembers and staff, who all bring different life experiences and subject matter expertise — I feel strongly that we are a single team, united in working together to improve our City and community. When I share this dynamic with my peers in other cities, I realize how blessed we are to have such a collaborative environment — yet one where we nonetheless demand excellence from one another.

One of the ways in which our staff and police department continue to be innovative in order to best serve our community came about during the July 31st meeting, involving a contract to hire crossing guards to keep our schoolchildren safe during the walk to school. While this might seem common-sense, it is an example of collaboration and trust across government agencies, as well as advocacy from

Councilmembers and residents. Campbell has long partnered with our schools in the Campbell Union and Moreland districts to recruit and provide crossing guards (despite the fact that ordinarily, and in cities such as San Jose, this is entirely a school responsibility). Since the pandemic, however, recruiting to fill these positions — which are part-time, with odd hours based on school start and end times — has become increasingly difficult, and crossing guards could not always be guaranteed at all times. Therefore, Campbell has moved toward contracting out these positions with an outside agency to ensure reliability and continuity of service. Many Councilmembers, including myself, spoke to the importance of these positions, as did residents who simply care about keeping children safe. Finally, I wanted to share some insight into my role representing our community as a Director on the board of the Valley Transportation Authority (VTA), our local transit agency. This past week, you likely heard about the tremendous impact from artist Taylor Swift, who had back to back concerts at Levi's Stadium.

Having followed the impact of Swift's tour on transit agencies across the country, I reached out early on to our staff to check on the staffing plans for the concerts. I quickly realized that higher service levels than planned would be needed, and was able to ensure the maximum amount of light-rail trains would be able to operate. I then turned to contact-

COUNTY NEWS



Phishing and Other Cyber Crimes: How to Avoid Getting Scammed

By County Supervisor Joe Simitian

In 2001, when I was a new member of the California State Assembly, a newspaper reporter alerted me to a strange development on the web page from my 1997-2000 term on the Santa Clara County Board of Supervisors. Visitors looking for my old Supervisorial site instead found themselves on

something called "Tina's Live Webcam." Let me just say I was not amused. The District Attorney's office quickly determined that "Tina" was apparently located in New York, the company running the website was somewhere in Canada, and the server was in China. Fortunately, the whole thing was shut down within a matter of days.

That early brush with online scamming sparked my interest in privacy protection and data security. During my time in the State Legislature, I authored more than a dozen related laws and chaired the State Senate's Select Committee on Privacy. After returning to the Board of Supervisors in 2013, I successfully pushed to create our County's first Office of Privacy Protection — because all these years later, the problems, of course, have grown even more complex.

Which is why, earlier this year, as a member of the County's Library Board, I was enthusiastic to help organize and moderate the Library District's two-part series on protecting ourselves and our families from online and

telephone scams.

To give some sense of the scope of the challenge, according to the FBI, recently there were more than 847,000 complaints in a single year to the agency's Internet Crime Complaint Center. Phishing — where criminals find crafty ways to get us to reveal passwords, credit card numbers, and personal information — is one of the top three online crimes, along with nonpayment/non-delivery schemes and personal data breaches. In 2021, losses from suspected online crimes approached \$7 billion. Many cases go unreported, with victims embarrassed or ashamed to admit that they were deceived, or unsure of where to turn for help.

Any of us can fall prey to these scams, regardless of age, gender, education, or economic background. Every demographic is vulnerable, but older folks — typically more trusting, often retired, more likely to have a nest egg, and who may have access to substantial home equity — are known to be specifically targeted. For an older person on a fixed income, these scams can have a particularly devastating financial and emotional impact.

At the Cupertino Library's "Protect Yourself from Scammers" event, Riana Pfefferkorn, a researcher at the Stanford Internet Observatory, talked about a number of common schemes to bilk victims

by phone, email, text, and online marketplaces. Scammers, she said, come up with new tactics all the time — software to impersonate your bank, fake cryptocurrency platforms, stories that build trust or sound like a family emergency. All prey on people's vulnerabilities, compassion, or fears. Pfefferkorn offered commonsense tips for spotting a scam, and additional advice on keeping personal information safe, being proactive about protecting your finances, and what to do if you do get scammed. I hope you'll check out Pfefferkorn's full video presentation, as well as the Library District's "Protect Yourself from Scammers" event featuring Santa Clara County Deputy District Attorney Erin West, both available on my website at: <https://district5.sccgov.org/district5events>.

With a little effort, you can keep yourself safe! Santa Clara County Supervisor Joe Simitian represents the Fifth District which includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, portions of San Jose and unincorporated communities in the Santa Cruz Mountains. Stay up to date on news and events happening in District Five by signing up for

Supervisor Simitian's monthly newsletter at his website: SupervisorSimitian.org

City Council & Planning Commission News

By Adam Buchbinder



The Chair of the Planning Commission (that's me, until next January) has the power to appoint subcommittees, each of which is a pair of Commissioners to do some kind of research or form some kind of policy proposal. This power had rarely been used, but with staff's encouragement, we currently have two active subcommittees, one to investigate a declaration of shelter emergency to reflect the

homelessness crisis, and one to review our commercial zoning rules to aid the city's Economic Development consultants. The latter subcommittee will be reconsidering Campbell's Conditional Use Permit process, as well as re-evaluating our commercial parking requirements where they exceed the standards set by the Institute of Transportation Engineers. In a "C-1" or "neighborhood commercial" zone, some uses are permitted,

like professional offices or meat markets. Some are prohibited, like payday lending. And some are conditionally permitted, like government offices and fast food restaurants. In practice, this means a delay of up to a year in opening a new business, additional uncertainty, and great expense, for a process that has not led to a single denial over the last two years. The city defines over a hundred and eighty indi-

vidual types of use, many of which require a conditional process. Our Economic Development consultants have reported that while the business community is happy with the experience of running a business in Campbell, the process of opening a business is very difficult. The City Council has expressed concern over vacant storefronts downtown. The subcommittee will work with the Economic

Development consultants, review the history of Conditional Use Permit applications in the city, consult other cities' policies, and do whatever other research is needed. It's easy to assume that our policies are all there for a good reason, but the reason for arbitrary discretion is frequently a fear of change or a desire to put the city in a better negotiation position. While these rea-

Council continued on page 15...



AUGUST MOVIES



By Sam Wilson

The Megatonnes
Voted Bay Area's Best Cover Band by KFOX 98.5 FM

2023 Dancing "All Summer Long" Tour

MAY 21 — Boogie Music Festival, Downtown Campbell, 12:30PM
 JUN 17 — Saint James Gate, Belmont, 9:00PM
 JUN 24 — Tempo Kitchen, Gilroy, 8:00PM
 JUN 30 — Pleasanton Concert in the Park, Lions Wayside Park, 7:00PM
 JUL 8 — Los Altos Art & Wine Festival, Main Stage Los Altos, 5:00PM
 JUL 12 — Sunnyvale Music Series, Murphy Ave, Sunnyvale, 6:00PM
 AUG 5 — Rock The Dock, Port of Redwood City, 4:30PM
 AUG 19 — Saint James Gate, Belmont, 9:00PM
 AUG 26 — The Clubhouse Bistro & Bar, Fremont, 8:00PM
 AUG 31 — Clos LaChance Time For Wine, San Martin, 6:30PM
 SEP 10 — Mountain View Art & Wine Festival, 500 Castro Street, 3:45PM
 SEP 16 — Los Gatos Fiesta de la Artes, 110 E. Main Street, 4:00PM
 SEP 29 — Santa Clara Summer Music Series, Live Oak Park, 5:30PM
 OCT 7 — Saint James Gate, Belmont, 9:00PM
 OCT 14 — Sacred Heart Church Carnival, 13716 Saratoga Ave, 7:00PM
 OCT 15 — Half Moon Bay Pumpkin Festival, Ritz Carlton Stage, 2:00PM
 NOV 4 — Number One Broadway, Los Gatos, 9:00PM
 DEC 23 — Tempo Kitchen, Gilroy, 8:00PM

www.facebook.com/megatonnes www.megatonnes.net

CINEQUEST
ENERGIZED

FILM FESTIVAL
 AUGUST 15-30, 2023
LINEUP & TKS NOW LIVE!

"Maneck" perform at the final Orchard City Green concert series in downtown Campbell.

Oppenheimer - B+
 Writer/director Christopher Nolan's (The Dark Knight Trilogy, Interstellar) dream project, a 3-hour epic based on the father of the atomic bomb, J. Robert Oppenheimer (Cillian Murphy), chronicling his role in its creation during World War II. A stellar cast has been assembled to portray the many real-life figures, including Robert Downey Jr., Emily Blunt, Matt Damon, and Florence Pugh.

Barbie - B
 Margot Robbie shines as Barbie while Ryan Gosling steals the show as hilariously dim-witted Ken in this clever comedy based off the dolls. Writer/director Greta Gerwig (Lady Bird) does admirable work crafting a winning story, though it's message gets heavy-handed in the last act. Comedian A-listers Will Ferrell and Michael Cera play the evil Mattel executive and the one and only Allan, respectively.

Mission: Impossible Dead Reckoning - B
 Credit to Tom Cruise and the director for continuing to deliver high quality this deep into the franchise. Returning for the 7th time, Cruise and his usual crew face off against rogue A.I.. The action and stunts are top-notch again, but the forgettable villain continues the series trend of shortchanging the audience with lackluster villains. Cruise needs a Tom Cruise-sized villain

to matchup with.

Insidious: The Red Door - C+
 Disappointing sequel that wisely sees the return of the family from the first two: Patrick Wilson (who also directs), Rose Byrne, and their two sons. Aspiring artist Dalton (Ty Simpkins) and his father begin having flashbacks to past events long forgettable via hypnotism after he heads to college. While the visuals are unsettling, it's more of a smaller, personal father-son story than hardcore horror.

Talk to Me - C
 Creative but half-baked horror story about teens who have a mummified hand that allows them to conjure the dead. They use it for thrills like a drug, not taking it seriously and thus the audience has a hard time taking it seriously too. There are disturbing moments, but too many unanswered questions and the writers omit a payoff or climax.

Joy Ride - B+
 Riotous love letter to hard R-rated Judd Apatow comedies boasting all female Asian leads. Sticking to the Apatow formula, a group of 20-something year old friends go through raunchy adventures (while traveling to China) before the last act delivers a dramatic, heartfelt message. Sherry Cola and Stephanie Hsu (Everything, Everywhere, All at Once) lead the funny cast.

continued on next page...



SENIOR DAYS!
 Monday and Wednesday
 Admission is only \$5
 for guests 55 and older.

Discounted concession items
Popcorn -Fountain drinks- Hot Dogs

CineLux recently launched its "CineLux Senior Days." At any CineLux Theatre, admission is only \$5 for any movie every Monday and Wednesday for adults over 55 years of age! CineLux is also discounting concession items on those days too, where popcorn, fountain drinks, and hot dogs are all at lower prices for our special seasoned guests!



Haunted Mansion - C-
Rare for a remake of a poorly received film to be worse than the original, but the creative team has accomplished just that with this CGI bore. Based on the Disney theme-park ride, it's lacking in humor, horror, and imagination, featuring accomplished actors going through the motions for paychecks. Narratively, it's an uninspired take on "Casper" meets "Night at the Museum".

Theater Camp - B
A hilarious indie comedy about a youth theater camp who's owner falls into a coma, causing her crypto-bro son and passionate staff to team up to prevent foreclosure. Ben Platt (Oliver Platt's son) and Molly Gordon (co-director) ooze chemistry as a platonic thespian duo who are the performance teachers. Possesses an amusing ensemble of young campers and staff.

Sound of Freedom - B-
Based on the true story of former Department of Homeland Security Special Agent Tim Ballard (Jim Caviezel, "The Passion of the Christ"), who quits to devote his life to rescuing children from sex traffickers globally. Certainly it's message over story, but it's surprisingly well-executed, using queasy realism without being graphic.



Wednesday, August 9

7:00pm

First Call

Thursday, August 10

6:00pm

Blues Jam

Friday, August 11

7:00pm

Silk Road and Jonny's Day Out

Saturday, August 12

7:00pm

My Dad's Ipod

Wednesday, August 16

6:00pm

Jazz Jam

Thursday, August 17

6:00pm

Blues Jam

Friday, August 18

7:00pm

Chain of Fools

Saturday, August 19

7:00pm

Cadillac Jack

Wednesday, August 23

6:00pm

Acoustic Showcase

Thursday, August 24

6:00pm

Blues Jam

Friday, August 25

7:00pm

Johnny Burgin is back

Saturday, August 26

7:00pm

Iconics

Wednesday, August 30

6:00pm

GOLD MONEY BAND JAM

Thursday, August 31

6:00pm

Blues Jam

Friday, September 1

7:00pm

Kaye Bohler

Saturday, Sept 2

7:00pm

Bigelow's Treehouse

Wednesday, Sept 6

6:00pm

Dennis Dove

Thursday, Sept 7

6:00pm

Blues Jam

Friday, Sept 8

7:00pm

Chain of Fools

Wednesday, Sept 13

7:00pm

First Call

Thursday, Sept 14

6:00pm

Blues Jam



DRUMMER WANTED

for local heavy melodic Rock band Bare Knuckle.

Contact if interested
bareknuckleca@gmail.com

RESTAURANT OWNERS!

Call us to feature your restaurant's special dishes or holiday events

408-374-9700



August 5 Operation Freedom Paws Gala Fundraiser
Saturday 1p-6p

August 23 Little Lou's BBQ, Campbell
Acoustic Showcase
Wednesday 6P-7P

August 25 Clos LaChance Creedence Tribute Show with Steve Siacotos
Friday 7P-10P

August 27 Tempo Kitchen & Bar, Gilroy
Sunday Brunch 12N-3P



CEDAR ROOM

@ Pruneyard Cinemas Campbell

8/9 - Queen Bingo with The Queens of Campbell

8/10 - Johnny Reason

8/11 - The Bob Gonzalez Band

8/12 - LEMO LIVE

8/17 - Queen Bingo - PRIDE Night - A portion of the Cedar Room's proceeds this night go towards Silicon Valley Pride

8/18 - DJ Chip Deville

8/19 - Jefe's Poor House Band

8/24 - Rocky Horror Culinary Cinemas at Pruneyard Cinemas with the Queens of Campbell

8/25 - Andre Thierry (Grammy Nominated)

8/26 - Osgood Cain & The Enablers



Cupcakes by Kristina

Cupcakes, Cookies, Cakes, Candy, Dessert Bars

Specialty Cupcakes \$35/dozen
Cookies \$15/dozen
Chocolate Candy \$9/half doz



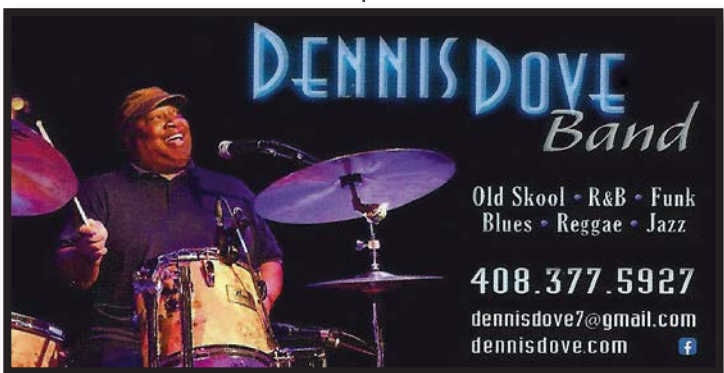
*I can create custom flavors/colors to fit your theme, just ask!

Thank you for supporting my small business!



*must be ordered by the dozen, per flavor
*delivery starts at \$10

CupcakesbyKristina@gmail.com
Facebook @cupcakeskristina
Instagram @kristinascupcakes



MARVELCAKE

YOUR BOUTIQUE CAFE

Everything is better with our pastissiers and coffee

Dine In or Take Out 408-816-7046 <http://www.marvelcake.com>



Taylor Swift Leaves Santa Clara Bejeweled

On Friday, July 28th at 8:12 pm. Taylor Swift, the 12-time Grammy winner took the stage in front of 58,000 of her fans (known as "Swifties"). And she gave what I believe is the greatest concert performance the south bay has seen for decades. Everything from the costumes, choreography, and visuals proved that not only is she a chart-topping singer, but she is one of the greatest and most dedicated performers of our time. With two sold-out performances, 116,000 fans were treated to a marathon of a show, but the community also benefited.

The craziness started on Thursday with merchandise trucks outside the stadium opening at about 10 am to thousands of Swifties, some of whom camped out overnight to make sure they got a chance to get exclusive merchandise. On Friday, the day of the concert, the doors did not open until 4:30 pm. However, when I arrived at 3:30 pm, thousands of fans were already at the stadium. Many Swifties dressed up as characters from her music videos or in replicas of her onstage costumes. Inspired by one of Taylor's songs, fans also traded hand-made bracelets with each other and even with police and stadium staff. This activity has become a tradition throughout the Eras tour, and it certainly helped make the concert a welcoming environment. At 6:30 pm



the first opening act Gracie Abrams took the stage followed by Haim, the second opener, who completed their set at 7:30 pm. Then it was time to play the waiting game for Taylor. When the two-minute countdown to Taylor's arrival on stage began on the screen, the crowd let out a deafening roar. Once on stage, she opened with her hit "Miss Americana and the Heartbreak Prince" and the audience screamed every lyric - with extra emphasis on "It's been a long time coming." The lyrics were fitting given that it has been five years since she was last on tour. For the next 3 and a half hours, she went through 15 costume changes and sang a total of 45 songs. Every single detail of the concert is planned from the setlist to the last rhinestone on her costumes. Despite the large venue, she succeeded in creating an intimate environment. She thanked the audience for the effort to be at the show and highlighted things most

by Cuinn Huber

performers would want to hide such as forgetting lyrics on stage - making her very relatable! Beyond the actual concert, the large crowds gave the local economy a boost. Hotels in the city of Santa Clara were booked out for the weekend. Some local restaurants ran out of food due to a significant increase

in order volume from all the concertgoers. A McDonald's in Saratoga, 30 minutes away from Levi Stadium, attributed the 45-minute drive-thru queue at 2 am to Taylor Swift concertgoers. Shortly after the Eras tour left the Bay Area, it was revealed that Taylor Swift was giving \$100,000 bonuses to the truck drivers who supported the production across 20 cities throughout the US. And Santa Clara also benefited from her generosity. The Second Harvest Food Bank of Silicon Valley received a large donation as have many food banks in cities that have hosted the tour. The exact amount is undisclosed, but ABC7 Bay Area reported it was enough to feed half a million people for a year. Whether or not you consider yourself a Swiftie, Taylor Swift's positive influence on the community is undeniable.



Before the Song: "HOTEL CALIFORNIA"

by Chris Jackson

by the EAGLES

Some songs are accidentally great. The bands say they wrote them in five minutes because the deadline for the album came and they still needed another song. "Pour Some Sugar on Me," "All Right Now," and "Smoke on the Water" were all written quickly and surprised the artists when fans loved them. On the other extreme, some songs are written with perfection in mind, with the intent of them becoming an anthem and take months or even years to finish. "Hotel California" is one of them, and as perfect as it gets.

The musical intro is precisely played by guitarist Don Felder, who says he wrote the music while sitting on the beach. He plays the intro using both a 12-string acoustic guitar and a 6-string electric guitar. The guitar solo at the end is played note-for-note with the highest attention to detail (string bending/slides) by Don and the other lead guitarist, Joe Walsh. The lyrics? They take it to a whole new level.

From the first line, "On a dark desert highway..." to the last line, "You can check out any time you like, but you can never leave," each word Eagles drummer and singer Don Henley wrote paints a colorful

picture. I brought the lyrics up while I was interviewing him on 98.5 KFOX. I said, "Don, when you're singing and playing drums at the same time on "Hotel California," knowing the audience is singing along with every single word (so you can't mess up), after you sing that last lyric line (which is the most known), you've got to be thinking, 'Whew, I'm so glad that's over; now I get a three minute guitar solo to just relax!'" He paused a minute. I thought I'd blown it and he was going to say he never thought that.

Suddenly, the normally serious Don Henley started to laugh! He said, "He-he-he Chris... as a matter of fact, I am! That's exactly what I'm thinking at that moment." He said he'd never been asked that, and never realized his relief in getting past that moment in each show until we spoke.

Hey Don, don't celebrate too much: the current tour's still going, and there's always a first. J

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am



FLIGHTS
RESTAURANT & BAR

HAPPY HOUR
3 FOR \$15
COCKTAIL FLIGHTS

M - F 4PM-6PM S - S 10AM-3PM

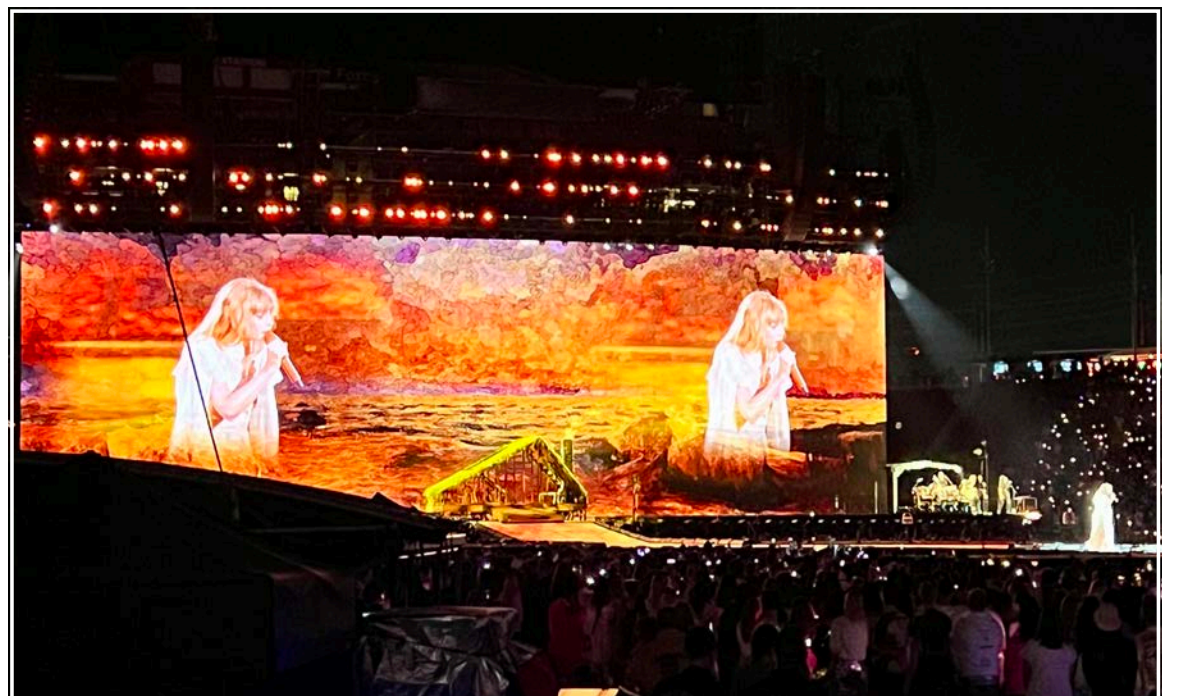
ALL COCKTAIL FLIGHTS, INCLUDING \$5 BEER PINTS

BLOODY MARYS AND MIMOSAS ONLY

LOCATED AT 368 E CAMPBELL AVE

M-TH 4PM - 9PM
F 4PM-10PM
S 10AM-10PM
S 10AM-9PM

20 LOVE AT FIRST FLIGHT



A true spectacle: Taylor Swift is seen here on the far right dwarfed by her giant video wall that spanned nearly the entire end of the stadium.

DIG IT...



with **SAM** *By Sharon McCray, UCCE Master Gardener*

Whatever are we going to do with all these tomatoes?

Yes, it is that time of year when abundance abounds and we gardeners are left with the overwhelming dilemma, just how many zucchinis can one family eat? As I write this, the blossoms are just a promise and I realize that weather, travel, pests and other variables will dictate this year's garden success. I know I can always count on the zucchini to over-produce, forcing creative way to do something with them. Breads for fall breakfasts, pickles for summer burgers and just plain cooking on the barbeque for a quick meal. A couple of years ago, I stumbled upon a new idea in dealing with the giant zucchinis that somehow like French fries. Then dredge the pieces in a mixture of bread crumbs and parmesan cheese after a quick dip in olive oil. Set oven to 375 and bake for no more than 15 minutes and there you have a healthy appetizer. Now as for those tomatoes. So many options and opportunities to get creative. My dear friend, Dot Maley showed me how to roast tomatoes and prepare a fantastic base for winter dinners. Simply cut fresh tomatoes into pieces, usually four or five pieces per

fruit. Then, a few slices of onion and some fresh peppers, bells, or others. Lay them out on a rimmed cookie sheet, drizzle some olive oil over the top, season with salt, pepper, and a little garlic. Place in oven set at 350 for about 40 minutes. Stir and drain off excess liquid and cook another 30 minutes, scraping the bottom of the pan once in a while to keep from sticking. Remove from oven, cool and put into storage containers. It will keep in the freezer for several months. This simple process will remove the excess liquid and leave an amazing sauce that can help create an instant summer flavored pasta dish or soup. Use it to top off pizzas or just about anything needing a quick complement of flavor. Now onto the basil. I always seem to overplant this amazing herb. Even though basil seems so fragile it holds up to make an amazing pesto. In a food processor, crush walnuts or pine nuts until a soft pulp. Add the fresh basil leaves into the food processor with olive oil to achieve the right consistency. The pesto will freeze well. It can be used immediately for an amazing pasta or pizza dish. Be sure to save

from fresh leaves as a garnish. Drying herbs is simple and the intensity of the freshly dried herbs will give that added bit of zing to future recipes. I simply tie the fresh leaves with string and hang upside down in a cool dark place – our hallway works perfect. Remember, dried herbs are concentrated flavors. I equate about 4 times fresh leaves when compared to dried. Oregano is another herb that dries well. One useful gardeners "secret" concerns cilantro. The flower heads of cilantro turn into coriander seeds and can be used both as an herb and a spice. What is the difference? Cilantro is the classic definition herbs are green and leafy (think basil) while spices are usually dryer and brown. (think pepper) An interesting little known fact is that coriander seeds are one of the longest used culinary spices dating back to 5000 B.C. Another fun fact, when used to stimulate the liver, it can help reduce bad cholesterol and triglyceride levels. One final remark - any produce you grow but can't use, can be left curbside for your neighbors to enjoy or taken to local food banks. Lots of hungry people really do appreciate our fresh summer bounty.

bunch more..

A SUMMER TOMATO TREAT



I am not sure what put this dish into my soul, whether it be the Italian-Spanish upbringing, or whatever? I do know it is something that I celebrate every summer as much as I look forward to anything.. I treat myself to this almost every day when everything is in full bloom..

I take several slices of a good baguette, or ciabatta bread, sliced and toasted. Rub the toast

with clove of fresh garlic. Slice tomatoes on top.. Drizzle with the best olive oil you can find. Top with crumbled goat cheese, feta, or mozzarella. Sprinkle with a bit of fresh basil, salt and pepper to taste. Celestial!!

I love making bruschetta with finely diced fresh, and sundried tomatoes. Add chopped fresh garlic, roasted garlic, Great olive oil, chopped basil, and salt and pepper..

MOMS BLT

Mom would toast sliced sourdough. Butter both sides, spread garlic mayo lavishly on both sides.. Put a quarter pound bacon on mayo, layer tomatoes on top of bacon..

Spread more mayo on top of tomato. Lettuce on tomato. If using avocado, which is decadent, put on top of mayo before bacon.. Salt and pepper.. Scream out in ecstasy..

Enjoy August, football starts next month.. Football food!!

Cheers, Billy..



WEST COAST CHEF

By Bill Peil

THE LAZY SUMMER DAYS OF FOOD, WINE, and CELEBRATING OUR BOUNTY...



Summer in the valley conjures up memories of a lifetime of glorious moments with family, friends, classmates, and chance encounters..

Its afternoons on the beaches of Monterey peninsula, and Santa Cruz.. Taking in a Giants game on a chilly SF afternoon.. Sampling the finest wines, and restaurants in Napa and Sonoma.. Watching live music anywhere, especially the Mtn. Winery. Fishing with the boys at Eagle Lake for a relaxing week. Harvesting home grown tomatoes, busting with

color and flavor.. Golfing with my buddies for 5 uninterrupted hours... Lunch at the Beacon in Lake Tahoe, with a bit of video poker.. Enjoying cracked crab, and Irish coffees at the Buena Vista.. Grilling a fat Porterhouse at the base of Yosemite falls after a long, amazing day of hiking the falls.. Enjoying time on the ocean, in any shape or form.. I love the resurgence of the farmers markets, so we can enjoy peak season flavors.. Our valley is abloom with artisan cheeses, great bakeries, fisherman and foragers

of all types.. This is the land I love, the opulence, bounty, and sublime quality of all that thrives around us..

In August, look for peak flavors from fresh tuna, King salmon, new potatoes, red and yellow cherry tomatoes, Walla Walla onions, lemon cucumbers, glorious heirloom corn of all types, Santa Rosa plums, figs, nectarines and peaches of all types.. (J and P farms)

Summer squashes, and zucchini, eggplant, peppers, melons, and a



SUBSCRIPTIONS

ONLY \$30/YR

Give us your information and mail in a check. It's THAT EASY to get your monthly subscription!

Name: _____

Address: _____

Phone: _____

Email: _____

Make Check to:
The Campbell Press
Drop off or Mail to:
The Campbell Press
334 E. Campbell Ave.
Campbell, CA 95008
Phone: (408) 374-9700

Coach's Corner

By Jay Harnden

DO YOURSELF A FAVOR? YES!

Over the years there has been quite an increase in the number of people who are dealing with depression and anxiety. We live in a time where the challenges of managing work, family, health, etc., can be very overwhelming. Not to mention dealing with Covid for the last several years. Many of us try to "tough it out", only to become angry and frustrated when we aren't able to pull it off. People are often reluctant to admit they need help, let alone ask for it. One of the areas where most of us fall short is self-care. While this topic may be foreign to some of us, the idea of self-care has actually been around since Socrates, who is credited with founding the self-care movement in ancient Greece. I can remember growing up and being taught to care for others whenever possible. Self-care was never taught or discussed in my house. Thinking back, I would have benefited greatly if my parents had practiced and taught self-care to my

sisters and me. I'm not talking about taking a vacation once in a while, which my family did, but I'm talking about adopting a lifestyle where self-care is as important as caring for others. So, what exactly is self-care? There are many definitions that exist, and one of my favorites is "the practice of taking an active role in protecting one's own well-being and happiness, in particular during periods of stress." Sounds pretty logical, even simple, right? It can be, but it can also be challenging and seemingly unattainable. Think for a minute about some times in your life when you've felt out of balance, anxious, behind the 8-ball, unable to sleep, etc. I bet there were things you could have done to help yourself get through it but weren't able to for one reason or another. I think we all have a basic idea of what self-care is, so let's talk about some ways to include the practice into our lives. First of all, self-care does not need to be compli-

cated or expensive, but it does need to be practiced. It can help you bring out your best self and turn some otherwise negative situations into positive life experiences. One of the important aspects of self-care is to understand that in order to be our best at taking care of others, we first need to take care of ourselves. This is a hard concept for many of us to understand. Taking care of yourself first is not selfish, it's essential. Remember what they tell us to do in an airplane if the oxygen masks come down out of the ceiling? Put your mask on first, then assist others. I'm going to share a few ideas of how to start your own self-care routine. Stop neglecting yourself. Put YOU at the top of the list of people you care for. Are you paying enough attention to your needs? In order to help others, we must attend to ourselves, so that we are capable and prepared to help others. There is so much more to this topic that I will continue this in the next issue. I encourage you to research this topic on your own ... you'll be amazed at the information that's available.

Jay Harnden, CCC, CCLC Family Coaching Solutions



BE NICE!



Before I start on how to be nice, I thought I'd let you know about something nasty that happens at most UK airports where I live. If you are driving up to the airport to drop someone off for a flight, the airport will CHARGE you for the privilege - it's usually in the range of \$10 but can be more. Fortunately, I've not seen gouging of customers in this way in the USA, yet.

say so clearly so they don't have to ask you. Note the name of any FA or other crew member so you can feed back to the company how good they were. This can make their day and often goes on their service record.

So why be nice? When you are traveling you have a lot on your mind and often feel the pressure of the journey ahead. You arrive at the airport only to discover your flight has been delayed or even worse, canceled. You are frustrated and angry. You approach the airline counter ready to vent your frustration. Stop and think. It's not the agent's fault that the flight has been screwed up. They are there to help you.

On arrival when you go to bag claim and discover to your horror your bag has not arrived, the agent will quickly take all the details. It helps if you have photo on your phone of the bag so it can speed up the process. Missing bags are very rare these days as most airlines operate sophisticated tracking of bags.

Smile first, and state clearly where you are trying to get and how can they help. The check-in agent has very powerful tools at their disposal and can usually find an acceptable solution to the problem. While agents are trained in handling angry passengers, you should not be testing that training!

Airport security is another area where niceness pays off. Remember that the security staff carry out a serious function, so it is not a place to try out jokes.

I was just thinking that it would be weird if airline staff could rate passengers like the way that Uber drivers do! Well, they actually can, but only if you have been a serious threat to the operation. You could be denied boarding or even banned for life all because of a silly remark.

So, make sure your "have a nice day" wish happens to all you meet on your travels.

When you board your flight, you'll be greeted at the door by a flight attendant (FA). Get your smile ready and make eye contact. Many airlines ensure that the FA makes positive contact with every passenger, and some will have them hand over a pre-packed hand sanitizer.

During the flight when the catering cart comes round, be clear in your order. If you want coffee with cream and sugar,



Kiwanis Club of Los Gatos presents:

Los Gatos Art & Wine Festival

Fiesta de Artes 2023
 September 16 - 17, 10am - 6pm
 Civic Center Lawn, 110 E. Main Street

Excellent Local Wines - Top Local Artists - Best Local Bands

SATURDAY MUSIC	SUNDAY MUSIC
The Megatonnes 4PM	The Houserockers 4PM
RPM Band 2PM	Johnny Neri Band 2PM
Tsunami 12N	Ten O'Clock Lunch 12N
Gypsy Tribe 10AM	Hoot 'n Holler 10AM

www.losgatosfiesta.com

CAMPBELL

DCBA Presents
First Fridays
and
Second
Saturdays
DOWNTOWN
 CAMPBELL
 Bringing you the best of local artists and music from 5-8pm.

EMPLOYMENT

FLIGHTS

We are an aviation theme-based restaurant that is building its crew. We want energetic and entertaining individuals that can execute our vision.

Our staff operates as a team, helping each other to ensure that our guests receive the finest dining experience possible. If you feel that you are the kind of person that can add to our upbeat and fun environment if interested in a great place to work please call:

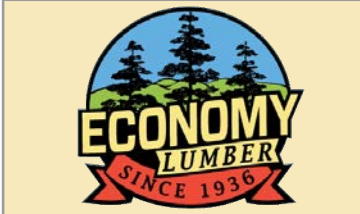
(408) 364-1564
 Ask for the Manager or Juan
 Hiring for all positions.

EMPLOYMENT

SEPTEMBER
Small Business
Special!
2" x 2" only \$75
Call Nancy @
(408) 374-9700

HOUSING NEEDED

4th generation Campbell family in need of housing. Have business in Campbell and need to stay here or nearby. Looking for 3-4 bedroom home available August 15th-Sept 1st. Not the greatest credit but have many references, Been in current rental home in Campbell for over 12 years. Please call 408 472-4876. Thank you!



MAPLE LEAF DONUTS
 Open 7 Days a Week
DISCOUNT FOR LARGE ORDER
 5:00 AM to 1:30 PM
 Sunday 6:00 AM to 1:30 PM

Café & Donuts
 Croissants & Bagel
 Ham, Egg & Cheese
 Sausage, Egg & Cheese
 Turkey, Egg & Cheese
 Bacon, Egg & Cheese
 Hot & Cold Sandwiches

2329 S. Winchester Blvd.
 Campbell, CA 95008
 (408) 374-3213



Chique Jewelry
 Finest Custom Made Jewelry

Michael Menbari

Tel: 408.866.8611 Fax: 408.866.8637
 328 East Campbell Avenue Campbell, California 95008
 www.chiquejewelry.com mikemenbari@hotmail.com



Place your ad here!!
Call 408-374-9700
for more information!
 thecampbellpress@gmail.com

BUSINESS DIRECTORY

MIKE & NIKI'S HONEY COMPANY.COM
 Local Campbell Honey
 Our Bees are flying over head
 Online, Farmers Markets and The Olive Bar
408-641-7440



GOT MOLD? HOW'S THE AIR QUALITY IN YOUR HOME OR BUSINESS?
 www.ca-hh.com
 California Healthy Home
 Registered Agent
855-880-1078

BOB COWDEN PLUMBING
 30 YEARS OF QUALITY SERVICE

ROBERT H COWDEN
 owner
 bcowden67@att.net

1723 Clovis Ave • San Jose • CA • 95124

Office 408.267.9407 Cell 408.439.5430

Silicon Valley Animal Control Authority

Of Sound Mind Productions
 San Jose, Ca
 (408) 921-5338

Complete sound services

Travieso
 Locally Made Wines
 Atypical & Impish with a Naughty Wine Society

15% off with Ad

Where Trouble Meets Sophistication
 Shop • JOIN US • Book a Tasting
 Reserve a Table • Drop In
 Join Our Wine Club
Naughty Wine Society
Call us: 650-248-5641
 Visit our website: traviesowinery.com
 165 Cristich Ln • Campbell • CA

celtic shoppe
 Everything from Hand knit Fisherman Sweaters, Skirts, Mugs, glassware and more...
 Fashion • Jewelry • Crafts

Open 10am to 6pm
 Shop Everyday and for the Holidays!

408 - 379 - 7474
 www.celticshoppe.com
 354 Campbell Ave, Downtown Campbell

STRIKE BREWING CO.
 469 E. Campbell Ave.

Traditional Travels
ALDEN L. MCARA
 TCP #13525

Limos • Sedans • SUV's **408-858-8362**
YOUR PERSONAL CAR SERVICE



Campbell Crime Report



By Carol W. Gerwitz

E. Hamilton Ave. @ Creekside Ave. Unknown suspect used black spray paint on the underpass of the light rail. Report.

2300 blk. S. Winchester Blvd. Two suspects broke into the liquor cabinet and stole liquor and fled on foot. Report.

900 blk. Ravenscourt Ave. Unknown suspect forced open the bank of mailboxes to the apartment complex and stole mail from within. Report.

200 blk. E. Campbell Ave. Suspect and victim entered into a physical altercation. Suspect kicked victim while he was on the ground. Victim sustained a laceration to the forehead and was transported to the hospital. Suspect was positively identified by victim who wanted prosecution. Booked.

300 blk. Budd Ave. Suspect and victim got into a physical altercation where the victim was punched and thrown to the ground.

Suspect fled the scene with three children (ages 3 years, 2 years and 6 months) in a vehicle. Officers arrived on scene and saw the vehicle and tried to conduct a vehicle stop but the vehicle failed to yield. Officers let the vehicle go, and then said vehicle pulled into a parking stall. Children were not secured in child seats. Booked.

1300 blk. McBain Ave. Two suspects entered victim's unlocked vehicle and used the garage door opener to gain access into the garage. Officers arrived on scene and observed one suspect getting into a vehicle. Officer initiated a vehicle stop but the vehicle fled at a high rate of speed. Unknown take for the burglary. Report.

300 blk. Budd Ave. Unknown suspect broke several branches off trees near the south side of the park. Report.

1000 blk. W. Parr Ave. Suspect stole victim's wallet and then fled to his apartment complex.

Suspect was contacted. Victim's wallet was located in his apartment and returned. Suspect was transported and booked into the SC County Juvenile Hall.

600 blk. W. Parr Ave. Suspect confronted and threatened victim as victim was chasing his brother. Suspect threatened victim and displayed a replica firearm that was concealed in his waistband. Suspect was contacted and was transported and booked into the SC County Main Jail.

600 Block W. Campbell Ave. Suspect, age 50, was seen spray painting graffiti in red paint on the pillars of Campbell Park. A witness stated he knew who suspect was and that he had seen him vandalize the park on two previous occasions. Suspect admitted to the vandalism and was transported to the SC County Main Jail. Booked for three counts of vandalism.

100 blk. E. Rincon Ave. 2 unknown suspects attempted to steal the

catalytic converter from victim's vehicle. However, the victim interrupted the process, and the suspects escaped. Report.

900 blk. Ravenscourt Ave. Suspect is the restrained party in a served emergency protective restraining order against the protective party (victim). Suspect was booked into SC County jail, but immediately after being released went to the residence in violation of the order. Suspect is still outstanding. To DA.

800 blk. W. Hamilton Ave. Suspect was witnessed chasing, grabbing, pushing and choking victim while forcing victim into a vehicle. While leaving the parking lot suspect collided into a parked vehicle and then fled. CPD arrived and initiated a vehicle stop on suspect vehicle. Suspect stopped and fled. Suspect was contacted and found to be DUI. Victim was transported to the hospital. Suspect was too intoxicated to perform FSTs but provided a blood sample at CPD.

Booked.

600 blk. Virginia Ave. Unknown suspect took a package of shirts off victim's porch. The deed was captured on video. Report.

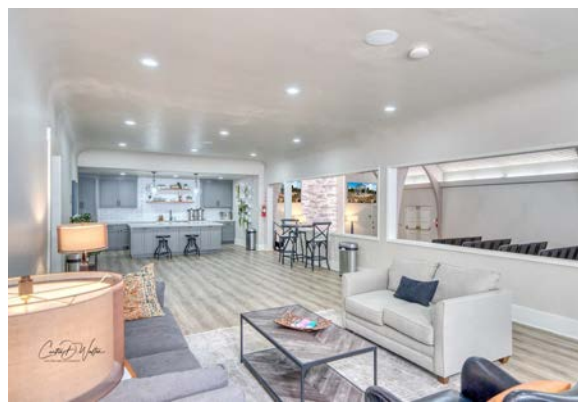
400 blk. Virginia Ave. Unknown suspect attempted to steal victim's vehicle by breaking into the car and damaging the ignition. Report.

600 blk. Lisa Way. Suspect and Victim #1 got into an argument. Victim #1 stated that Suspect shoved her and Victim #2 during the argument. Victim #2 said Suspect shoved him twice that and that earlier that day he fell into the tub after suspect shoved him. Neither victim was injured, and Suspect was arrested. Booked.

1000 blk. Lenor Way Suspect was outside a house and resident wanted him to leave. Suspect was too intoxicated to care for himself and was arrested. Booked.

Crime continued on page 15...

Celebrating Life, One Story at a Time.



Darling Fischer has served the community with exceptional compassion and care since 1936. We help families create fitting, memorable and affordable services for their loved ones. At Darling Fischer, prompt, professional and compassionate service is always a phone call away.

Since 1887, we have served Los Gatos, San Jose and surrounding communities. We serve all faiths and all traditions. Many pioneering families and notable individuals are buried or interred in the cemetery. Los Gatos Memorial Park is a peaceful place to remember your loved ones.



Darling Fischer Campbell Memorial Chapel
 231 East Campbell Avenue
 Campbell CA 95008
www.darlingandfischer.com
 408.379.5010 FD898

Los Gatos Memorial Park
 2255 Los Gatos Almaden Road
 San Jose CA 95124
www.losgatosmemorialpark.com
 408.356.4151





Crime continued from page 14

400 blk. E. Campbell Ave. Unknown suspect hit victim after victim made comments about what suspect was eating. Report.

200 blk. N. Central Ave. Suspect was sleeping on a bench in the condo complex. Suspect is on probation, and meth, fentanyl, a needle, and shaved key were in his possession. Cited.

600 blk. E. Campbell Ave. Unknown suspect used asphalt and insulating foam to damage the retaining wall. Report.

2000 blk. S. Bascom Ave. Two unknown suspects cut a lock at the closed business and stole copper wiring then fled. Report.

900 blk. Apricot Ave. Suspect hit a tree and tried to flee, but his car was disabled. Suspect was determined to be DUI. Booked.

Dell Ave. & Camden Ave. Road rage. Suspect and victim then exited their cars, and suspect pushed victim to the ground. Suspect was cited and released.

300 blk. E. Hamilton Ave. Suspect was contacted and was found to be in possession of meth and drug paraphernalia. The moniker "Morbid" was in graffiti on the building/sidewalks. Colored markers were located in his backpack. Cited and released at the scene.

Your Home, Your Insurance

By **W. Gene Hunt, Realtor, CalDRE 01124702**



It's been in the news for the last few months. State Farm made the first public announcement; they won't be writing any new home owner's insurance policies. Shortly after that, it was announced that All-state had quietly stopped writing new policies. Since that initial outbreak, several other companies; well-known and less so, have told their Agents and Brokers they'll stop writing new policies. So,

what's happening and how's this affect you? It all began in 1988 when voters in California passed Proposition 103 which changed the landscape for insurance in the state. Prior to this, the Insurance commission was an appointed position. With passage the Commissioner became an elected official and rates, at that time, were lowered. Any rate increases needed to be approved by the newly elected Insurance Commission. With these changes, keeping rates low contributed to election results. A bureaucracy developed and resulted in a backlog on requested increases. Rate increase requests are called "filing" and those have consistently risen over the years due to

inflation. However, with California suffering catastrophic fires, hyper-inflation, re-insurance costs accelerating and the slow in approvals for increases; one insurance provider informing the Commissioner that for every dollar in premium they receive they're paying out \$1.70. Obviously, they can't continue to operate at that sort of loss. Interestingly, in a recent panel including all the various stakeholders, i.e., insurance companies, CALFire, the Commissioner's office, once providers continue to provide insurance and can be found; however, rates are likely to go for them, too. Be sure to contact your insurance agent whenever you get a notice from your provider or you're

considering a change in your housing situation. In short, you're likely to continue to find insurance providers but their rates are going to go up. And the Commissioner is likely to allow some significant rate increases of the next couple of years. When rate increases begin to stabilize and insurance providers are not putting out more than they're taking in, we're likely to see the return of some of the larger, more well-known providers. Frankly, we've been through this before.

Pub notes continued from page 2.

Thank you for your patience and will be back up soon. The Campbell Press had to raise the subscription rate to advertising clients and for subscriptions. This helps support the local newspaper and helps keep it in business. It is all greatly appreciated, and we are maintaining the strength from our loyal supporters. We look forward to meeting some of you Sunday August 20th! Thank you Campbell.

Howe continued from page 2.

rim. The immense high-rez video wall behind her was a spectacle in itself, with the content on it being of

the best quality and props to match-- including a full sized two-story house with a smoking chimney. MCH



...Veterans continued from page 3

School Band, and the Scouts. Everyone was especially grateful for the American Legion's Post 99 and 809 color guard and taps services that added respect and military bearing to the proceedings. The day's success owed much to its sponsors, including the City of Campbell, The Campbell Press, REPS Printing, DeYoung Florists, and Darling Fischer Memorial Chapel. It was a day of remembrance, a community uniting to celebrate an enduring legacy that freedom isn't free; it's a gift of the brave.

**BACK TO SCHOOL!
DRIVE SAFELY!**



continued from City News page 7

contacting our representatives on Caltrain, ensuring that they too would staff up to adequate service levels, as well as turning to lobbying representatives on BART. The result was a sharply increased level of service, as well as increased cooperation among all our agency staff. After the concerts, VTA saw its highest ridership level in history — nearly 25,000 riders per day. (By way of comparison, the 2016 Super Bowl saw 10,000 riders use VTA). If anything, the range of decisions and projects this month demonstrates that while the work of a Councilmember may vary, it is never dull. This column is written by

Sergio Lopez in an individual capacity and does not necessarily represent the views of the entire City Council, city staff, or the City of Campbell.

continued from Council page 7

sons are understandable, they come with costs, and those costs should be clearly understood. The subcommittee's recommendations will be presented publicly to the Commission as a whole, where the public will be invited to comment on them, and if recommended, be considered by the City Council for final approval. If any readers are interested in the results or want to contribute their opinions, please contact the Planning Department or come comment on the item when it makes it to the Commission in the next few months.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov.





sjDANCEco. announces “Changing of the Guard”

After 20 years as Founder and Co-Artistic Director, Gary Masters is retiring. Maria Basile takes the reins as sole Artistic Director for 21st Season

After twenty years as the founder and artistic director of sjDANCEco, Gary Masters has formally announced his retirement. Masters founded the San Jose based modern dance company in March of 2003 and has led the organization through two decades of artistic growth and expanded reach. sjDANCEco now presents a series of performances and programs including summer and fall programs of premieres and revivals, a two-day long spring festival for professional and community dance companies,

and DancelNSPIRE, a free elementryschool field trip program for Santa Clara County elementary school children featuring live music, dance, and lesson plans for their classrooms.

Gary Masters is passing the reins to his long-time Co-Artistic Director, Maria Basile. The two have worked together since the company’s inception when they were both part of Limón West Dance Project. Masters had this to say about her leadership, “As I step down from the artistic and administrative responsibilities of sjDANCEco, I feel confident in the future development and growth of the company under Maria’s artistic excellence and forward



Gary Masters and Maria Basile

thinking. She has been, since the beginning, the company’s symbol of excellence through her extraordinary performances and stellar choreography. She believes in the power of dance to enhance, inspire, and change our world. I look forward to the next 20 years and beyond with her passionate leadership, keen eye, and devotion to Dance, the company and the community.”

Masters plans to continue to guide the Mentoring Program at Independence High School for sjDANCEco, and to support the Company, dance in the Bay Area, and especially in the South Bay.

Maria Basile has assumed the duties as sole Artistic Director of sjDANCEco at the start of the new fiscal year, July 1st. “I am very excited to continue sjDANCEco’s artistic excellence in the years to come”, says Basile. “I am grateful for the guidance and mentorship that Gary has graciously provided over the past 20 years and I am enthusiastic about what our future holds. I hope to reinstate our “On The Edge” performances, formerly called ChoreoProject, where our professional dancers get a chance to hone their own choreographic skills in performances that they

Photo Credit:
by Tom Hassing, courtesy of sjDANCEco.

can truly call their own. Since the start of sjD, we have dreamt about employing our dancers full time, building a theater for dance in the South Bay, and broadening our youth program as far and wide as possible... introducing children to the creative mind-body connection of dance, and building their confidence. That is my favorite goal.”

Next Up: sjDANCEco presents ABLAZE with the San José Chamber Orchestra, Friday and Saturday, October 6 and 7 at 8pm in San Jose’s California Theatre. sjDANCEco is “Blazing” forward into the next 20 years with company choreographers Maria Basile and Nhan Ho and guest choreographers Fred Mathews, Kara Davis, Rogelio Lopez and Cathleen McCarthy. Tickets: <https://www.sjdanceco.org/tickets.html>

Balancing School and Sports- Westmont High School Athletes Gear Up for a New School Year and Fall Sports Season

by Cuinn Huber



With School Starting up again, many Westmont High Schools students have many of the classic start-of-school anxieties and concerns from hoping they have good schedules to wanting to make a good impression on their peers. But this is also a time when fall sport athletes are gearing up for another season of late afternoon workouts and competitions, Rachel Tang is the captain of the girl’s water polo team which is only in its third season as a sanctioned school sport. With her role as captain, she is not only responsible for leading the

team, but helping with recruitment and expansion as well, “we have created two Instagram accounts and encourage students to attend games” States Tang a senior at the school. She also revealed the team has been brought up a division which means they will have a brand-new set of opponents to face for the season.

While the water polo team is just getting started Westmont’s cross-country team, which has existed for decades, is coming off its strongest season in the past dozen years. The men’s and women’s teams both placed in the top five in the blossom valley athletic league finals in the 2022 season with several athletes making it to the state championships. One of the many students who contributed to this accomplishment is senior Shane Dalziel.

While he is very proud of what he and the team accomplished he is careful not only to not ignore any kind of pressure to repeat last season but to foster a welcoming environment for all the new athletes joining the team this year he expressed that the team “tries to make as close-knit as possible for the freshman” this welcoming environment was the experience I had when I was on the team from 2018-2021 fostered by students and coaches alike. One of these coaches is the head coach for Westmont cross country head coach Ron Ernst who has been with the team since 2014. He credits the positive environment the students on the team have created with the recent success he also stated “Our goal is to make everyone comfortable and know we care. Running in high school should be

rewarding and a learning experience” Given the recent results of the team this appears to have been done well. In addition to this, he also exclaimed “We are excited to see what this season brings, and we are confident that we have a talented group of runners in both the ladies and men’s divisions”

With the first competition beginning at the end of August, it is an equally exciting and nerve-racking time as students are getting ready for school and sports simultaneously. If you want to follow Westmont sports for the fall and the rest of the school year, go to the Westmont athletics website to find the schedules and sports offered. As someone who was involved in Westmont athletics for all my four years there, I can confidently say it



is a great organization that gives students the balance they need to succeed.

