

#### **By: Carol Gerwitz**

How fortunate we are that the vibrant City of **Campbell Recreations** and Services Department has a schedule jam-packed with such a variety of camps, services, classes, activities, day trips, etc., etc., for all ages. "We do all the fun stuff." was how Recreation and Services Director Natasha Bissell succinctly defined her department to me. Natasha, a native of Campbell and mother of two boys, swam in the Campbell pool as a kid and has been a City of Campbell employee for 23 years, starting as a Recreation Coordinator. She has been Director since 2020. The Recreations and Services Department belongs to the National Recreation & Parks Association, and within the City of Campbell the **R&S** Department falls under the Public Works Department. While other departments are responsible for maintaining the facilities and parks, the R&S Department is responsible for engaging with the public, again, the fun part. The R&S Department is comprised of 14 fulltime

employees; however, during the summer the numbers swell to 100+ temporary employees, including lifeguards, fitness instructors, special interest instructors, etc. Augmenting the staff is a host of very welcome volunteers. Falling under the De-

ments mails (through the USPS) its Activity Guide to every Campbell resident. Contained within the Guide's 60+ pages are offerings from A (Aquatics) to Y (Youth Sports), designed for preschoolers to seniors and everyone in between. The dura-

# **HAPPY MOTHERS DAY!**

Certainly the myriad of classes and camps and sites provide enjoyment, but they also provide enrichment and education along with nurturing and nutrition. The Ainsley House and the Campbell Historical Museum are dedicated to preserving and sharcan learn how to apply for business licenses (page 5 of the summer Activity Guide). There is free legal advice through Senior Adults Legal Assistance. Taxes probably aren't in your definition of enjoyment, but, in conjunction with AARP, free tax help is



available. And sports! Check out the Activity Guide for all of the sports possibilities! Lego camp! Don't forget music-learn how to make your own and/or take in some at the Heritage Theatre! The R&S Department's

partment's purview are 10 parks, The Campbell Community Center, Ainsley House, the Campbell Museum, and the Heritage Theatre, celebrating its 20-year anniversary--and available to rent. Three times each year (winter/ spring, summer and fall) the Recreations and Services Departtion can be anywhere between ongoing to a couple of hours to week-long day camps. While most take place in Campbell, ever-popular daytrips for the 50+ crowd sometimes venture far afield to San Francisco. A definition of "recreation" I found is "activity for enjoyment".

ing Campbell's rich history. There is a senior nutrition program which Natasha says feeds between 55 and 65 seniors daily. Individuals who find themselves becoming caregivers can find help and support. New businesses

policy is to welcome residents from neighboring communities as well, since, as Natasha stated, "recreation is where communities grow". While the first day of registration is open to Campbell residents only, nonresidents are welcome to register

continued on page 5...

BENJAMIN NOE



#### <u>Rancho San Antonio</u> Park (easy to difficult)

HIKES & RID

This park is a hiking only park, so save those two wheelers for another weekend. A 20 minute car ride away from downtown Campbell, Rancho is a bit further away for local Campbellites than some other hikes. If you're looking for a hilly expanse of park, a trip up 280 North will take you to this green land of trails. Ranchos trails can be done in smaller loops. starting from the main parking lot to a vista of your choosing, or bigger treks, that'll run you about 15+ miles.

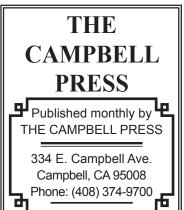
For the more adventurous, I recommend summiting Black Mountain. Surprise, surprise, another summit! There's 360 degree views from the top, and the view of the bay is absolutely incredible. On a lucky, fogless day, you can see San Francisco from certain points in the park. That being said, no view comes free. A loop to the summit and back takes you about 13 miles, with roughly 3.000 feet elevation gain. The hike is very doable, but fair warning, there is very, very little tree cover. I recommend continued on page 5...

# LOCAL

#### WORD OF THE MONTH

#### "EPEXEGETIC"

(ADJECTIVE) Subjoined by way of explanation; marking an explanatory addition; or used in additional explanation.



#### Thank you all

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The Campbell Historical Museum and Ainsley House are both open for public tours Fridays-

Sundays, 11am-3pm. If vou have never visited the Historical Museum, please be sure to check it out. We have exhibits, touchable artifacts, and a 1921 electric car that was the talk of the town before Tesla's! Please note that admission to the Historical Museum is \$2/ person for anyone 7 years and up. The Museum can only take cash. I The Ainsley House is open during the same public hours as the Historical Museum (Fri-Sun 11am-3pm) and visitors can purchase a combo pass to visit both museums, and do not need to use the pass on the same day. The Ainsley House is a great place to bring out of town guests or to explore on your own if you want to experience stepping back into

1925! The Carriage House hosts the Museum gifts shop which is a nice boutique for local history books, jewelry, scarves, hostess gifts, and more. And, on display through October is the museum's latest

ex hibit: Miasma to Germ Theory, Treating Illnesses before Modern Medicine. The exhibit features information and case studies of how illnesses were treated in this area from western medicine to the Ohlone. Visitors can explore the Carriage House gift shop and exhibit for free. Reservations are now open for 2023-2024 School year for Field Trips to the Campbell Historical Museum. The Museum offers a popular Hands-on-History field trip for 2nd or 3rd grades Monday-Friday, 9am -12pm. The Program focuses on an in eractive Then and Now experience, allowing students to learn about the past and life in the Santa Clara Valley. For more information about field trips, please visit: https://www.campbellmuseums.com/education

Ainsley House Spring Garden Concert Series!! Don't miss live music in the Ainsley House Garden this Spring! Three dates with three amazing returning artists and bands! The Ainsley House Garden is becoming THE place to hear live local musicians. Each band brings their own style and flair as well as tremendous talent! · Sunday, May 14: LE Jazz Hot · Sunday, June 18: Ren Geisick Doors open at 1:30pm and music begins at 2 pm \$35/ Person (tickets include live music. light appetizers, wine or other beverages, and a free return pass to visit the Ainsley House) Outdoor setting, seating, Museum continued on page 5...

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#### IT FINALLY FEELS LIKE SPRING!

I can't believe June is just around the corner! It feels like just yesterday it was still January. Half the year is nearly gone! With my extensive travel, I am not use to being home at this time of the year and perhaps that is what makes it seemingly move so much faster! That being said, it's going to be an interesting summer full of activities! There are some

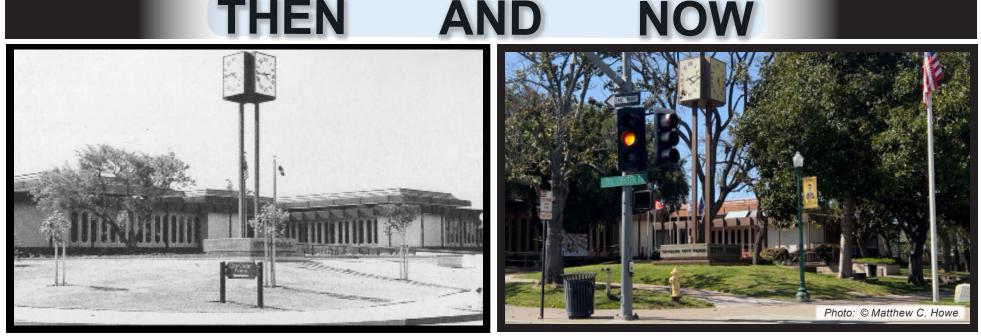
come back in full and is truly the best market in the south bay area. It seems to get bigger and better each week. I LOVE munching downon a buttery corn on the cob while perusing the wares of the many vendors up and down the street. This is where you will find some of the freshest organic fruits and vegetables from our own area farms at mostly reasonable pric-



Some delicious looking farmer's market produce

really cool interactive events on our main drag that are fun to participate in. Think you are good at trivia? Test your team skills at LvI Up on Sunday nights as well as monthly Bingo on Thursday nights or go solo at STRIKE on-Thursday trivia nights! There is always a challenge or two waiting for you. STRIKE has also been having comedy on some Friday evenings and if you're in the need for more humor in your life, the Pruneyard Cinemas has comedy nights on a regular basis. The Sunday Farmer's Market has really

es as well as custom jewelry, candles, gems, photos and as well as custom garments and many other unique arts and crafts. Speaking of unique, check out the season-ending series of performances by AImaden Spirit Athletics at the Heritage Theatre on May 24th at 7:00pm, or drop the kids off for a while on Saturday May 27th to The Art Beat for painting and pizza! This workshop will have them explore their creative side and perhaps give you chance to breathe for a moment and enjoy some of downtown's nightlife. Cheers to that!



On the left, is the Campbell City Hall in 1971 shown just after it's completion. With the exception of more than 50 years of tree growth, it remains much the same except for the addition of the veterans memorial located just beyond the clocktower. Under the clocktower is a timecapsule that was planted by citizens that year and to be opened in 2071. I have a vague recollection of being there for that event, either with my school classmates or with my mother Sally who would have been covering the story for you guessed it; The Campbell Press! MCH



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# Authors Corner By Carol W. Gerwitz BOOKMOBILE SPREADS HAPPINESS

What acts like a library, feels like a library, has wheels and WIFI, is partially powered by solar energy, and rolls around Santa Clara County spreading happiness? The answer:

LOCAL



a bookmobile! The Santa Clara County Library District has two bookmobiles, a 22-footer and a 33-footer, that visit 100 locations across the county each month. The bookmobiles' routes include stops at pre-schools, elementary schools, senior facilities, veterans and military housing, affordable housing locations, and unincorporated areas.

The bookmobiles are Freightliner trucks which have been uniquely configured as bookmobiles. Surprisingly, they do not require a special license to drive, only specialized instruction, as I learned in a recent visit to the bookmobiles at their home base at the Santa Clara County Library District office.

That office also houses the

Receiving Department for new books for the District as well as the District's IT Department. Occupying a sizeable portion of the building is the bookmobiles' own collection which, in addition to books (bestsellers, children's, large-type titles and audio), consists of games, activity kits, puzzles, movies, magazines, console games, and even some toothbrushes. Its shelves rise high enough to necessitate using a stepstool, something not found in other county libraries. Items for the bookmobiles to carry within the next few days are organized and labeled



in a specific location on the shelves, ready to be loaded quickly and efficiently onto rolling book carts. Since 2005 the Bookmobile Department has fallen under the capable and enthusiastic auspices of Supervising Bookmobile Librarian, Amytha Willard. As did the two librarians I have written about previously, Amytha also went to "library school" (San Jose State University) and obtained a Master's Degree in Library and Information Science. Rounding out the department are interns, clerks and librarians, five of whom share the joy of driving the bookmobiles.

The purpose of the bookmobiles is to provide library

services to those who may have difficulty visiting a community library—seniors, children, and geographically remote residents in Campbell, Cupertino, Gilroy, Los Altos, Milpitas, Morgan Hill, Saratoga and unincorporated areas within Santa Clara County. Some of the stops within Campbell are Wesley Manor, Merrill Gardens, Rincon Gardens, and Corinthian House. Most stops are open to the public. The schedule can be found at https://sccld.org/ bookmobile, and it be loaded onto a personal online calendar.

Each day the bookmobiles travel, Amytha and her staff switch out

continued on page 5...

#### **PUBLISHER NOTES**

#### By Nancy O. Whitney

The Campbell Press wants you to check out and the front page on our recreationcenter. They offer so many programs that serve our entire community with something for all ages and helps keep our community bonded together.

Speaking of being together as a community, last Wednesday night The DC-BA's Spring WineWalk was full of music and excitement, with people on every block having a great time. The Newspaper received great feedback from some readers and new people who learned about Campbell's rich history in our quaint downtown.

Speaking of rich history, our Campbell Veterans Memorial Foundation is busy putting togetherits Memorial Ceremony with Major General Miles Davis as the Keynote Speaker. Major C is Dan Furtado along with the ROTC color guard doing a 21gun salute and playing taps for our fallen soldiers at the memorial foundation site. There, lie many bricks of our fallen past soldiers and loved ones in a peaceful setting. Special guests include Campbell city and state dignitaries, anthem will be sung by Mission Valley Choir, and the Del Mar High School Band. There will be a time for putting a flower in honor of your veteran or loved ones into a special wreath of honor during a

beautiful during a moving ceremony. One of the best celebrations in the South Bay, and you can see it on Facebook Live orgo to the website for the Campbell Veterans Memorial Foundation atwww.campbellveteransmemorial.com It's meant for all of us to share and honor our loved ones. You don't want to miss it.

Remember The Campbell Press can put your loved one's special announcements or memorial mention for your veteran or loved one for you. Just send us a photo and paragraph or two of information and we will post it in the newspaper. For more information, call 408-374-9700 to discuss any details.

Campbell knows when it's May because it's time for the Boogie Festival with the Chamber! This issue has a special map and entertainment program schedule on page 15-16, as well as Boogie information in the entertainment section and special articles sprinkled throughout this May Issue. Thank you again for the subscription requests, and keep them coming. We are happy to add you to our list. Summer's almost here and so are garage sales, put your items or garage sale information here to let the neighborhood know about your sale only that is only \$15 an ad! Thank you Campbell for your ongoing support.



	CAMPBE	LL REAL ES	STATE		
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES					
S.San Tomas Aquino	\$3,050,000	4/3	75	19720	2525
El Moro Drive	\$2,420,000	4/3	68	9811	2350
Walnut Drive	\$2,280,000	4/2	69	10768	2467
Central Park Drive	\$2,025,000	4/2.5	58	9240	2400
N. 3rd Street	\$1,825,000	3/2	76	10884	1217
Century Drive	\$1,800,000	3/2	60	6110	1504
Shady Dale Avenue	\$1,775,000	3/2.5	69	10153	1670
Wren Way	\$1,600,000	3/2	61	6300	1055
Via Montalvo	\$1,600,000	3/2	63	6446	1216
Sunberry Drive	\$1,550,000	3/2	69	6005	1172
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES					
S. San Tomas Aquino	\$1,220,000	3/2.5	40	877	1729
S. Bascom Avenue	\$1,005,000	2/2.5	37	772	1392
Apricot Avenue	\$850,000	2/2	43		1187
S. Bascom Avenue	\$728,000	2/2	39		841
Vizcaya Way	\$1,535,000	3/2.5	28	3024	2396
Braxton Terrace	\$1,510,000	3/3.5	7	1245	1947
Campisi Way	\$1,275,000	3/2	15		1807
				I I	

VALLEY NEWS



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### WEST SAN JOSE – CAMPBELL LIONS

Tickets now on sale for the West San Jose - Campbell Lions club Comedy Night fundraiser, Sat., Apr. 29. The evening highlights great food, an amazing silent auction with items up for bid including sports tickets, 5-night Hawaii stay, wine tasting for 12 and more! Funds raised will go right back into our community service work, and over the last 6 months our Club has volunteered almost 3,000 hours of service. Please visit our website for tickets and more information tinyurl.com/ lionscomedy2023.

Many volunteers are needed at our upcoming eyeglass sorting event Sat. May 6, 9 a.m. - 1 p.m. at Vista Center for the blind, 101 N Bascom Ave, San Jose. Volunteer with us for part of the



day or work the whole day. Thousands of donated used eyeglasses will be sorted, and the good ones are rinsed and dried. Lunch is provided. If interested, please email wsjclions@gmail.com.

Lions are running a FREE Eve Clinic Sun., April 23, 2023 at St. John Vianney Community Center,

4602 Hyland Avenue, San Jose from 9a.m. -5p.m. The Lions Eye Clinic is FREE and no medical insurance or documentation is required. Services Include: eye doctor consultation, vision & glaucoma testing, FREE recycled eyeglasses and other eye-related services. If you are uninsured or in

By Desiree Mitchell

need, Send a text containing First Name, number of patients, hour of the day (choose an hour slot between 9, 10, 11 AM, 12, 1, 2, 3, 4 PM) to (408) 596-3692.

West San Jose Campbell Lions will again be staffing the beer booths at the Campbell Boogie Festival May 20 & 21. We need more volunteers that day and have morning and afternoon shifts available. Contact us for more information.

We continually work to raise funds for our five global causes of vision, hunger, the environment, diabetes, and childhood cancer. Our club is a fun and social group of men and women interested in improving their neighborhoods through service events and activities. We welcome donations and



encourage community members to join us. For more information visit our website www.wsjclions.org



Art Low in parade regalia





#### CAMPBELL VETERANS **MEMORIAL FOUNDATION**

is proud to announce that it selected Ken Estep and his son Adam Estep as CVMF's Co-Veterans of the Year 2023. A unique paver brick will be placed in the main Flag Plaza area of the CVMF Memorial next to Campbell City Hall. We are honored to position their commemoration adjacent to previous CVMF Veterans of

Sergeant Adam Estep served in the United States Army in Iraq; sadly, he was K.I.A. in April 2004. Adam is now an Honorary CVMF Board Member. Adam's father, Ken Estep, is a Founding Board Member and still serves in that capacity.

speakers, including Major General Miles A. Davis, Commanding General of the 63rd Readiness Division of the U.S. Army, Moffett Field. The event will be broadcasted live on TV and is always a memorable occasion attended by many from the local and surrounding communities.

Additionally, please circle November 17, 2023, on your calendar. The annual CVMF Gala Dinner will be held that evening at Villa Ragusa, downtown Cambell. As usual, this glittering event promises to be one of Campbell's most memorable evenings as we showcase city luminaries, highlight impressive keynote speakers, and raise scholarship funds for veterans and their families. Please check this space during the next few months for details.

Community Memorial Wreath Honor your veteran by placing a flower in their name in our traditional Memorial Day Wreath 'A short period during the program will be available for those attending to participate'



You are cordially invited to attend CVMF's Annual Memorial Day ceremonies on Monday, May 29, that honor Adam and Ken at 9:00 AM at the CVMF memorial. This well-attended event will feature the Delmar High School band in full-dress uniform, led by their longtime director, Mr. Bill Burkhead. There will also be several distinguished

The learn more about CVMF, point your browser to: www.campbellveteransmemorial.com

Contact us: CVMFevents@gmail.com





#### BOOKMOBILE continued ....

on-board items via library carts loaded with materials geared to where the bookmobiles will be visiting that day and materials requested by patrons at stops en route. While the bookmobiles are inviting and fun to browse, Amytha recommends that patrons looking for a specific title call beforehand (408-883-6959) to assure it is on board. Regular bookmobile patrons can access the SCCLD Catalogue via a special bookmobile account, and when the requested item becomes available it will be delivered to the patron's regular bookmobile stop.

Once inside the larger bookmobile, I felt as though I had entered a compact, inviting brick- and-mortar library. Lining the aisle were comfy benches, and behind them the shelves were full, all organized in a fashion familiar to library patrons. Also on board were the library carts, locked into place. Two librarians travel with the bookmobile, so there is plenty of assistance available. The bookmobile is wheelchair accessible, and the lift is also used for loading the carts.

News Flash: Amytha excitedly told me that the SCCLD is rolling out its Bookdash Program to now include Campbell residents. Started during Covid as a contactless method of providing books to its patrons, Bookdash is a program for at-home, free monthly delivery for residents of all ages who have a temporary or long-term illness, injury, impairment or disability; seniors; are pregnant or a new parent; or who have unreliable access to transportation. Delivery is made not via a bookmobile, but, rather, in a zippy Prius. To enroll in Bookdash, call (408) 883-6959 or go online to https://sceld.org/bookdash. No medical authorization required. The librarians are happy to suggest books. They can also track which series a patron is reading and deliver the next book in

that series. All in all, very personalized service from Amytha and her staff.



Museum continued from page 2...

and shade are provided. Registration is required. For more information about the events and about each artist please visit: www.campbellmuseums.com/shop

#### **History Happy Hour**

History Happy Hour at the Ainsley House is an intimate lecture series featuring local authors, community members, researchers, and more. 5:30pm-7:30pm \$15/ person Please register at www. campbellmuseums.com/ shop Friday, May 26: Judge Paul Bernal, the 1933 Kidnapping and Murder o

Kidnapping and Murder of Brooke Hart (and the public lynching at St. James Park of the two accused murders) SOLD OUT

#### Ainsley Garden special events or weddings!

Are you looking for an intimate outdoor site to host your next special event? The Ainsley House Garden is a lovely space and that available weekends this summer and fall. For more information and images please visit: https://www.campbellmuseums.com/rentals

The Campbell Museum Foundation takes part in Santa Clara County Preservation Alliance Preservation Awards Night.

On Friday, May 19, the Campbell Museum Foundation will help sponsor the Santa Clara County Preservation Alliance Awards Night taking place at History San Jose, located in Kelley Park. The SCCPA Historic Preservation Awards are presented annually to individuals, organizations, companies, and public agencies whose contributions demonstrate significant achievements in preserving the history and heritage of Santa Clara County. The purpose of the awards night is to recognize meaningful achievements in historic and cultural preservation through increased public awareness, appreciation, and support for historic and cultural preservation throughout the county. The evening is open to anyone who enjoys history, preservation, culture, and a fun spring evening out. For tickets and more information, visit: https:// www.preservation.org/ npm2023

Volunteers Encouraged! The Campbell Museums is recruiting for a variety volunteer positions. If you love history, want to meet new people, and be a part of the community, then joining the museum volunteer group is a great opportunity! There will be a volunteer orientation for anyone who would like to learn about the different volunteer opportunities, training, time commitment.

The following volunteer positions are open now: · Campbell Historical Museum Greeter· Ainsley House Docent; Greeters · Museum Foundation Board Member

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#### · Ainsley House Garden Volunteer

- · Special Event Volunteers
- Museum Collections Volunteers. Please RSVP to Museum Supervisor, Kerry Perkins

kerryp@campbellca.gov (408) 866-2718 Or more information can be found on the Campbell Museums website: https://www.campbellmuseums.com/get-involved

#### Summer continued from page 1

beginning the second day of registration. Campbell residents also enjoy a \$10 discount. By the time this paper goes to press, the summer edition of the Activity Guide will have been mailed, and registration will be in full swing. Registration can be accomplished on line (recreation@campbellca. gov), by phone at (408) 866-2104, or by stopping in at the R&S Department office located at One Campbell Avenue, Building C, No. 31. Natasha shared with me that the swimming and aquatic classes for all ages are extremely most popular, and she urges intereste

#### Museum membership information and benefits can be found on the Museum website https:// www.campbellmuseums.

Become a Campbell Mu-

seum Member

com/membership with additional Museum membership activities planned for late summer/fall.



people to register quickly. Many of the activities have waiting lists. The National Recreation & Parks Association has declared July as National Parks & amp; Recreation Month. and the Campbell R&S will be sponsoring a myriad of special activities: Saturday swims, Thursday outdoor concerts, a corn hole contest, and winding up with a concert on July 31 by the fan-favorite band, The House Rockers. See you there!



# ARP

By Margaret Schieck, chapter President Campbell AARP Chapter 5151

Happy Mothers' Day to all mothers, grandmothers, godmothers, stepmothers and all who provide a mother figure. Enjoy your day on May 14<sup>th</sup>. On Memorial Day, May 29<sup>th</sup>, let us not forget to honor those who gave "the last full measure of devotion" to our country. The Campbell Veterans Memorial Foundation will hold its Memorial Day Ceremony on Monday, May 29<sup>th</sup> at 9:00 a.m. at the Memorial Foundation site at Orchard Green at City Hall.

In April, the membership of AARP participated in an interactive presentation by Google employees on Senior Citizens and Technology. There was even an opportunity to become further involved by becoming a "tester" of new products. At the April meeting we also had the pleasure of presenting the AARPvolunteer of the year award to Mike Rose, who has accumulated hundreds of hours of volunteer service fighting hunger in Silicon Valley. Mike truly exemplifies our motto: "To serve, not to be served."

Our May speaker is a Master Gardiner who writes under the pen name of SAM for The Campbell Press. She will be giving tips and guidance on gardening for Seniors. The Campbell Area Chapter of AARP meets on the third Tuesday of the month in room Q80 at the Campbell Community Center. There is a chat and browsing time starting at 9:15 a.m. and the formal meeting begins at 10:00 a.m. One does not have to be a Campbell resident to join us.

..Hikes & Bikes continued from page 1

sun. As always, take plenty of water, as there are no fountains in the park. There are picnic areas near the parking lot, so treat yourself to a post hike picnic before makingthe drive back to reality. You can often see deer or other wildlife (the occasional rattler, as it is snake season after all). There is a small zoo with farm animals at the start of the trails, which is always fun to stop by.

For a family day, I recommend a short hike up to a vista, and coming back down, stopping by the small farm and having a picnic by the trailhead. There is a fair bit of shade in the lower part of the park, so bring the little ones along for a nice day out. Again, hope you enjoy, and let us know if you go on any of the hikes and rides from these articles, we love hearing back from our neighbors!





# **Campbell Chamber of Commerce**



All weekend long, there will be a great mix of music on the 98.5 KFOX Stage near Blue Line Pizza, the Central Stage behind Orchard Valley Coffee, and the East Stage near Tessorra's. Acts include First Call, the Cocktail Monkeys, Chain of Fools, Johnny Neri Band, Neverland Band and many others. KFOX's morning DJ, Chris Jackson, will make an appearance on the Blue Line Stage and has been known to join Neverland for a few songs.

Best Dressed costume contests will be held both days at 3pm at the KFOX Stage. Get groovy and wear your best bell bottoms or Hammer pants or go country with a big ol' belt buckle and 10-gallon hat.

Be sure to drop by the Community Stage located near Stacks to cheer on performances by numerous talented bands. sports centers, music, and gymnastic schools and more. You can find the entire Community Stage line-up at CampbellBoogie.com as well as in the Boogie program in this edition of the Campbell Press.

festival

And we haven't forgotten festival fun for the little ones. The KidsZone is the place for sliding, climbing, shooting hoops, arts & crafts, face painting, and even a little magic. Tickets are \$10 per child and can be purchased online in advance or at the event. We're also excited to announce the Water Tower Dude mascot will be making his very first appearance at Boogie! The Dude has been the Chamber's event "character" for years and he's finally come to life! Be sure to keep an eye open for him, as he's sure to be doing a lot of Boogie-ing down East Campbell Avenue but would love to take a selfie with you. There's a diverse and delicious menu of sa-

#### CAMPBELL CHAMBER

vory and sweet dishes to choose from. Whatever you're craving, be it a savory sausage, lobster rolls, loaded French fries, giant turkey legs, a Po'Boy, oysters, kettle corn, corn dogs, or kababs, you'll be able to find it at one of our 15 food vendors. Over 100 arts & crafts booths will line the street, filled with unique wares, including clothing, jewelry, food items, beauty and food products, and handcrafted works of art. If you need some retail therapy, Boogie is the perfect place for some al fresco shopping. As with every festival, there will be beer and wine available for those over 21. Drink tickets can be purchased at any

of the ticket booths or you can buy tickets and festival glassware online in advance and pick up your order and ANY of the Ticket Booth Will-Call lines. Please note that drink ticket sales stop Saturday at 5pm and Sunday at 4pm. Last pour is 5:30pm Saturday and 4:30pm Sunday. The 44th annual Boogie Music Festival is Saturday, May 20th from 10am to 6pm and Sunday, May 21st from 10am to 5pm along East Campbell Avenue in Downtown. For all things Boogie and to pre-purchase drink and KidsZone tickets, visit

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Money Empowerment by Jill

#### How do I Surviye High Inflation on Food and Gas?

I recently received the above question, and thought I'd share my response. Food and gas have a big impact on most budgets. Although cutting costs to save money seems like the obvious approach, it is a bit tricky during periods of inflation. Since prices are higher, you might not see a big reduction in spending dollars, even when you are buying less. Below are a few tips that I personally use and find helpful.

#### Food

A grocery store trip that once was \$250 most likely increased to \$350 for the same food. Trying to reduce your bill to under \$250 will be tough with higher prices. Once strategy is to try your hardest to at least maintain the original \$250. Yes, this requires cutting down on a few things, but it can be just as effective to change a few of your habits. Here are a few tips that helped me. Buy only what is needed for the week. Freeze unused food before it spoils. Use vegetable scraps to make broth. Shop more often, fewer items per trip. Reduce the big warehouse store shopping trips. Meal plan and freezer meal Being intentional with shopping trips and buying only what you need, could reduce your bill. It might be inconvenient to hit the

store multiple times, but food management and waste reduction will improve. Sometimes it makes sense to stock up on certain staples but as a general rule, purchasing only what is needed forces me to use it, get creative in the kitchen, and keep my spending in this category down.

#### Gas

If you commute or shuttle your kids around, you will feel the effects of increased gas prices. What are some things you can do to lessen the effect of increased gas prices?

Here are a few tips. Shop around for the best gas prices in your neighborhood and fuel up when you are near the gas station. Don't wait until you are near

empty and feel desperate to pick can ensure your car is running efficiently. Check tire pressure, don't idle, and watch your speed. Look into getting a gas rewards card. Ride share if possible.Group your errands into a single trip.

#### <u>Summary</u>

It is unlikely that you will lower your pre-inflation spending, but there are strategies you can take to try and maintain it. Remember that he goal is not to let the increased prices get the better of you.

The good news is that if your new habits work well, then you are on a great path to reducing your spending me: livinbalanced52@gmail.com Want more tips? visit my website www/livinbalanced.

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LOCAL



The Campbell Press May 5, 2023 - page 7

#### ITY NEWS

By Sergio Lopez

City of Campbell hit a historic milestone: the adoption of a new General Plan, a certified Housing Element, and new Multi-Family Development and Design Standards. Completion of any one of these projects alone would have been a major undertaking for a city, each the outcome of an extensive period of public outreach meetings, research from staff and experts, and many Council meetings. Yet Campbell was able to adopt all three in one meeting - seemingly all in a day's work for our city.

The General Plan — also known as Envision Campbell — was the longest-running process, originally dating back to 2015 (before my time on the Council). A city's General Plan is the document which lays out the vision of the city and community, meant to guide Council and staff initiatives and decisions. It was completed thanks to the hard work of the General Plan Advisory Committee, a citizens' advisory board which was comprised of Campbell residents Michael Bangs, Chris Bracher, Barry Shilman, Gerry Uenaka, Jim Moffett, Sheldon Ah Sing, Navneet Rao, Vikki Essert. We are deeply indebted to these volunteers for their many, many hours of hard work in service of our community.

A separate initiative, but itself a key part of the General Plan, was the development and adoption of Campbell's Housing Element, or

Campbell's Plan for Housing. This document lays out, as its name suggests,

our city's plan for housing — also known as our land use planning, mapping out which types

of uses (such as commercial or residential, and the many variations thereof) can be built in each neighborhood and region of the city. This document is mandated by the state for every eightyear period, and is required to be submitted to, reviewed by, and approved by California's Department of Housing and Community Development (a process known as "certification").

While, as mentioned, this process has been required every eight years, several factors made this process different — and much more labor intensive — than in previous cycles. In terms of external factors, a series of state laws responding to the housing crisis have attached serious penalties for cities which fail to comply with adopting a certified housing element, including loss of local control over land use de-

cisions. From a community perspective, there has also been an increased

#### COUNTY NEWS Celebrating Asian and Pacific Islander

Heritage Month: Improving the Health of Silicon Valley's Diverse Community

When Asian Americans for Community Involvement (AACI) was founded nearly 50 years ago, Silicon Valley was a very different place in terms of diversity. Back then, the County's population was 3-4% Asian American; today it's close to 40%, and the County's largest demographic group.

Chinese Americans were among the first, and are still the largest Asian immigrant community in the country and in the Bay Area. In our County, they are joined by six other subgroups — Vietnamese, Filipino, and South Asian, Japanese, Korean, and Pacific Islanders — in making up 95% percent of our Asian and Pacific Islander (API) population. Diversity is one of our strengths. That said, it also creates a unique set of challenges in terms of how best to serve and include distinct communities.

Back in 1973, AACI's 12 founders saw the power of coming together as a collective — then in support of Southeast Asian refugees and pioneering Asian American activism in the County. Over the decades AACI grew to provide services to all Asian subgroups as well as to underserved non-Asian groups, with a particular focus on physical and mental health. As Chair of our County's Health and Hospital Com-

hard lessons of the pandemic: the importance of connecting vulnerable folks in our community with essential healthcare services in a way that works for them. Another key lesson is prevention — making sure people don't

In 2016, I pushed for the County's first comprehensive health study of our API communities. The resulting 2017 API Health Assessment disaggregated individual ethnic groups, revealing widespread disparities in access to care, as well as differing health risks and outcomes.

get sick in the first place.

As a result, with AACI as our lead partner, our County embarked on the API Community Health Worker Program to pilot ethnically, culturally, and linguistically specific strategies to improve health outcomes for a diverse community.

In the program's inaugural year, 2021-2022, AACI launched services to the Filipino, South Asian, and Vietnamese communities, with 13 community health workers (CHWs) trained to deliver culturally tailored education around a variety of health-related topics, including COVID-19, domestic violence prevention, mental health, chronic disease prevention, food security, and healthy aging. CHWs are also trained to provide service navigation, referrals, mittee, I well know one of the health screenings, and basic



By County Supervisor Joe Simitian

#### motivational counseling. Additional County support will now allow AACI to complete core CHW training and service expansion across all seven local API groups this year, as well as develop more comprehensive data collec-

tion and technical assistance.

Earlier this month, I was honored to be part of an API Heritage Month event honoring AACI's founders. As we approach AACI's 50th anniversary in November, it's a wonderful time to recognize and celebrate the impact that AACI has had on the health and wellbeing of individuals, families, and communities, helping make our County a healthier place to live, work, and play. Thank you AACI, for your dedication and fruitful partnership.

Santa Clara County Supervisor Joe Simitian represents the Fifth District which includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, portions of San Jose and unincorporated communities in the Santa Cruz Mountains. He was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He previously served in the California State Senate and State Assembly. Stay up to date on news and events happening in District Five by signing up for Supervisor Simitian's monthly newsletter at: SupervisorSimitian.org.

# City Council & Planning Commission News

It's unusual for a city to update its General Plan;

future of Campbell.

decision-making about what kinds of buildings

There's a vast palette of changes and options which fit the city's new densities, and which still expresses and prioritizes the things the city cares about, like avoiding large, uniform buildings, and having pedestrian-friendly uses along pedestrian-friendly streets.

ally build that plan. All of this is connected, and the city has been working hard to bring about a coherent, human-scale, beautiful future for our city.

By Adam Buchbinder

that usually happens once every twenty years or so. It's unusual for a city to update its Housing Element; that happens every eight years. And it's unusual for a city to perform wholesale updates of its zoning code. But all three are happening at once in Campbell. The Planning Commission will be reviewing all three of these, in an eight hundred and eleven page packet, on Monday, March 27th; the City Council is tentatively scheduled to perform their final review on Tuesday, April 18th. This is a once-in-a-generation opportunity to produce a cohesive view of the

Thanks to staff's efforts, we've gotten a tremendous amount of feedback over the last year and change. The state requires that the city plan for a lot more housing, which we're doing; in fact, we're going above and beyond the letter of the law. The nature of land use regulation is also changing. Cities must now make clear rules that a developer can know in advance of any hearing. This is part of why this is such an important change: the city can't tell a developer they don't like a building and to come back with something different; the

we want is taking place now, and will determine how the city grows over the next twenty years.

That's why the zoning code updates are so closely related. While we're greatly increasing the size and type of homes that can be built in Campbell, we're also working out what those homes can look like using a so-called "form-based code", which regulates the shape of buildings as opposed to their uses, and turns subjective language (for example, "fits the neighborhood character") with objective language and diagrams.

There's even more. At the same time, we're redoing our General Plan, the fundamental statement of the city's goals and values. For example, the city is committing to prioritize non-car methods of transportation, produce a city-wide connected bike and pedestrian plan, and establish a sustainable source of funds to actu-

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov. For more on Campbell's updates to its General Plan, Housing Element, and Zoning Code, visit campbell.generalplan.org. ENTERTAINMENT



#### "ONE OF THESE NIGHTS" ROCK THE HERITAGE ВУ

By Jackie Wolfe

On the warm spring evening of Friday, April 14 2023, the Heritage Theater was packaged again! Eagles fans gathered far and wide to see One of These

Nights: The Song of the Eagles. This tribute band originated in Folsom, CA and is made up of three great guitarists, a bassist and a drummer. The guitarists would switch off on who would take the lead for each song while the others would go and play one of the two keyboards or

the steel guitar. These four musicians really packed a punch blending fivepart harmonies and three guitars. 'One of These Nights' tightly execute the maical compositions of the songs of the Eagles.

Once the lights began to dim, the crowd started to get very excited for what was to come. They warmed everyone up with 'Taking It Easy,' which in my opinion is a great one to start with because everyone knew it right off the bat. Their next song was 'Witchy Woman' which got everyone cheering, singing, clapping, chanting, etc.

the energy of the crowd just having a great time. The musicians really knew how to bring The Eagles right to downtown Campbell! When they started

> playing 'Already Gone, multiple people got up out of their seats and started dancing, as if they got transported back to when they first saw The Eagles play live. They performed few ballads such as

'Desperado'and 'Best of My Love.' After a short intermis-

sion they continued to awe us with 'One of These Nights', 'The Heat is On' and 'Rocky Mountain Way' which got even more people to stand up and dance. These musicians are true showmans and really knew how to engage with the

engage with t



They ended their set with a true icon of a song, 'Hotel California,' and well...how could they not? After they left the stage, the crowd started shouting ENCORE! ENCORE! of course. They came back out to finish off a great night with 'Dirty Laundry.'

The Heritage Theater knows how to bring some great bands into their venue so that everyone who attends will have a safe and fantastic time. I know I can't wait for another show at the Heritage Theater!

#### MAY MOVIES By Sam Wilson

Super Mario Bros - C+

A solid yet unspectac-

ular attempt boasting

an A-list voice cast by

the studio responsible

for "Minions". Plumb-

sucked into a magical

Bowser and team with

the formidable duo of

Princess Peach and

Donkey Kong to stop

him. It's enjoyably full

of Easter eggs and fan

service, which fans will

appreciate. Howev-

er, the story is barely

serviceable, the humor

often falls flat and the

score leaves much to

**Evil Dead Rise - C-**

An amateurish entry

closer to the "Ash vs

Evil Dead" series than

it is to the films. Set in

complex, contrivances

and poor character de-

cisions are used to get

lead family. While Alys-

sa Sutherland is fright-

eningly mesmerizing as

the only scary deadite,

frights are laughable. A

drags and feels longer

due to a cringey open-

ing scene, poor writing

and story beats, and a

A brisk 90-minute Finn-

inspired by "John Wick",

following a retired killer

ish action film clearly

with a dog, a reputa-

nickname, Koschei

tion, and even a scary

(The Immortal). He is

mining for gold when

ridiculous final act.

Sisu - B

믹

the films attempt at

93 minute bore that

the Book of the Dead

into the hands of the

a low-budget apartment

into the franchise that's

be desired.

world threatened by

ers Mario and Luigi are



he comes by a group of Nazi soldiers who cross him and ignite his "First Blood"-like killing spree. Expertly mixes violent action with dark humor.

Beau is Afraid - C

One of those films where the director has built up so much prior acclaim and credibility that the studio gives them the keys to do whatever they want and the results are so decisive that people start questioning their credibility. Ari Aster (Hereditary) directs this mundane three hour snooze-fest starring Joaquin Phoenix as a paranoid who must travel to his mom's house. It's a pointless David Lynch inspired drama that's not scary nor funny nor engaging.

#### Air - B

An all-star cast helps director Ben Affleck deliver another winner based on a true story. Set in the mid 1980s, the struggling Nike company were underdogs who beat the odds to sign Michael Jordan to his historic shoe deal that created the uber-popular Air Jordan sneakers. The terrific ensemble features Affleck, Matt Damon, Viola Davis, Chris Tucker, Jason Bateman, Chris Messina, and Marlon Wayans.

#### **Renfield - C**

A forgettable new take on Dracula that clumsily combines humor, extreme violence, and superhero action. The always likable Nicholas



then speeding into the third song of the night with 'Life in the Fast Lane.' At



a great one to start with this point, you could feel | crowd.

Saturday, May 20, 2023 7:30 PM

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**SENIOR DAYS!** Monday and Wednesday Admission is only \$5 for guests 55 and older. **Discounted concession items** Popcorn -Fountain drinks- Hot Dogs CineLux recently launched its "CineLux Senior Days." At any CineLux Theatre, admission is only \$5 for any movie every Monday and Wednesday for adults over 55 years of age! CineLux is also discounting concession items on those days too, where popcorn, fountain drinks, and hot dogs are all at lower prices for our special seasoned guests!

# **ENTERTAINMENT**

Hoult stars as Dracula's lackey, who grows tired of his abusive boss (Nicolas Cage) and looks for the strength to leave him through a support group. It's an understatement to say watching Cage as Dracula is a blast, his performance elevates the film every time he's on screen.

The Pope's Exorcist - D+ The star power of Russell Crowe can't save this from being another crummy religious-themed horror film. Crowe plays a Vatican priest (based off a real life figure) who is an exorcism export and investigates a possessed boy. Fails to deliver the scares and to stand out in this worn out sub-genre.

Mafia Mamma - C-Toni Collette effortlessly uses her leading actress capability to rise above the uninspired material in this stereotypical comedy. She is a suburban American who goes to Italy after inheriting her grandfather's mafia empire and navigates between a rival gang, her cheating husband, and her job back home. Directed by Catherine Hardwicke (Twilight), it feels like it was developed as a paid vacation for the cast and crew.



Friday, May 5 7:00pm Rusty Rock n' Roll Saturday, May 6 7:00pm Identity Problem Wednesday, May 10 7:00pm First Call Thursday, May 11 6:00pm **Blues Jam** Friday, May 12 7:00pm Professional Day Drinkers Saturday, May 13 7:00pm Ghosts of Calico Wednesday, May 17 6:00pm Jazz Jam Thursday, May 18 6:00pm **Blues Jam** Friday, May 19 7:00pm **Sound Decision** Saturday, May 20 7:00pm **Serious Condition** Wednesday, May 24 6:00pm **Acoustic Showcase** Thursday, May 25 6:00pm **Blues Jam** Friday, May 26 7:00pm Them Slack Jawed SOB's Saturday, May 27 7:00pm **Chrome Deluxe** Wednesday, May 31 7:00pm **GOLD MONEY BAND JAM** Thursday, June 1 6:00pm



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#### May 6 BACK TO THE 80>s PARTY w/ REWIND, THAT 80>s BAND & DJ MIK

May 7 FEELING RANDY SHOW & **BARE KNUCKLE** 

May 10 TRIVIA & KARAOKE

May 11 SALSA - LATIN NIGHT Every Thursday - Salsa lessons & E

May 12 SASHA>S MONEY & DJ MIKE

May 13 ELECTRIC X DANCE BAND

May 17 TRIVIA & KARAOKE

May 18 SALSA - LATIN NIGHT May 19 SUBURBAN BLISS BAND &

**DVS DAVE** 

May 20 DEPARTMENT OF ROCK BAND & DVS DAVE

May 24 TRIVIA & KARAOKE

May 25 SALSA - LATIN NIGHT

May 26 **PEACE SINE, SLEEP MODE**, **EZEKEAL ZION & MORE** 

**Blues Jam** Friday, June 2

7:00pm Nellie and the Rug Ratz (Rick Odreio)

Saturday, June 3 7:00pm My Dad's iPod Band Wednesday, June 7 6:00pm **Dennis Dove** 

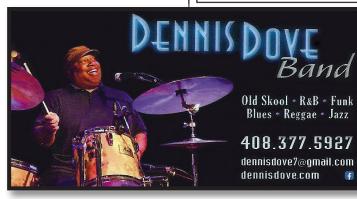
NNN сомво May 24 Little Lou's **BBQ, Campbell** Acoustic Showcase Wednesdav 6P-7PM <u>May 27 Mushroom Mardi</u> Gras, Morgan Hill WINE **TENT** Saturday 12P-4P <u>May 28 Mushroom Mardi</u> <u>Gras, Morgan Hill WINE</u> **TENT** Saturday 12P-4P June 4 & 5 Union Street Festival, SF Saturday & Sunday 11A-5P Fenny Emcee/Host June 10 Chubby Birthday Bash Little Lou's BBO, Campbell 6pm-9pm

May 27 KONSEPT PARTY BAND & DVS DAVE

May 31 TRIVIA & KARAOKE

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# ENTERTAINMENT



The Campbell Press May 5, 2023 - page 10

CAMPBELL RETRO ROCK

# AIRBORN



**AIRBORN** (L-R) Drummer Joey Kuzinich, Lead Vocalist/guitarist Wayne Mills, Bassist /vocalist Steve Ward & Lead guitarist Michael Musich.

Back in the late 70's, **'AIRBORN'** began their rock legacy right here in the South Bay. I was somewhat (ok mostly) unfamiliar with them since I was in my own parallel musical universe at that time with my own band. However, this band **'AIRBORN'** was

loaded with talent (Am I being biased here? Read on) having a little bit of everything going for them at the time. Close friend, and lead singer-songwriter Wayne Mills recently told me that the core of the group originally came together at a jam session through Peidmont

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Hills High after he was introduced to bassist Steve Ward, and guitarist Michael Musich. Their focus was to be an all original band but like all of the local bands in the late 70's and 80's they had no choice but to play cover tunes if you ever wanted to have anyone see you play outside a house party. Michael and I hit it off one day when we first met while taking an electronic music class at De Anza college and still remain freinds today. A couple years later at a 10-band Halloween Ball concert held at The Fairgrounds 1979 @ Gateway Hall, we crossed paths again when our bands played on the bill together. After hearing Wayne sing, we dreamed of him being in OUR band and soon after we convinced him to join. 'AIRBORN' went through a few personnel changes and later changed their name to 'FAIR WARNING' Both groups played at the Bodega on more than one occasion. I myself went on to be in two other bands with Wavne, and we still write songs together today. MCH CAMPBE

# Before the Song: by Chris Jackson "Wheel In The Sky" by JOURNEY

When your manager is Herbie Herbert and he tells you to either make your sales quota or find another night job, you know you need to get results. Ah, if only you could join a big rock band. Then that would never happen to you, right? Ha. I'm about to ruin that fantasy for you.

You see, that's exactly what happened to one of the greatest bands to ever come out of the Bay Area: JOURNEY.

After their first three albums didn't sell as well as expected, **JOURNEY** were told they had to "make their quota" on the next one or else. In order to do that, they were told they needed to get a lead singer. His name? Robert Fleischman. Robert co-wrote Journey's iconic song, "Wheel in the Sky," and started to perform shows with the band. However, before they could record the song. and a bit of friction with management, Robert was replaced by singer Steve Perry. Steve then recorded the song with the band and it appears on Journey's fourth album, "Infinity." Sales quotas were surpassed, and

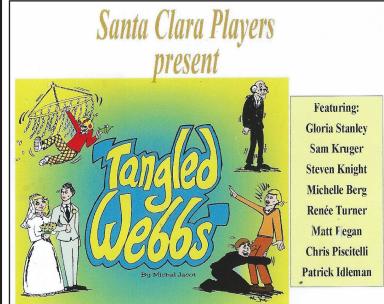
**JOURNEY** were able to keep their job.

As far as Robert Fleischman goes, how did he live with the fact that another lead singer took the glory of singing a song Robert co-wrote? I'm pretty sure there's a royalty check that's been coming every few months since 1977 that helps him adjust well.

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am.

Editors note: I had the pleasure of seeing Robert Fleischman sing in Journey in 1977 when they opened for ELP at the Cow Palace in Daly City. I thought Robert was great. However, it was quite a departure at the time for the band and many die-hard JOURNEY fans were confused and disappointed claiming that they "sold-out" and booed Robert off the stage. I bought Robert's solo album after his departure that I still have to this day, and we have remained in-touch over the years. Now living in Wisconsin, he is a phenomenal artist, with some truly amazing paintings.

MCH



The Webbs, a wealthy and eccentric family, are in the midst of preparing for oldest brother Alex's wedding when Donald Webb, a long-lost brother given up for adoption years ago, shows up. Not wanting to split the Webb family fortune with yet another heir, greedy sister Rhonda schemes to oust Donald from his new-found family. What follows is a hilarious, dizzying parade of quick entrances and exits as the off-beat characters vie for their place in the family. Additional characters include a dimwitted lawyer, Alex's sweet-as-sugar fiancee with a few surprises of her own, and a cranky old butler who is sure to steal the show.

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The Campbell Press April 5, 2023 - page 11

**DIG IT...** *with* **SAM** By Sharon McCray, UCCE Master Gardener

#### BASIL

Is there any more magical herb than basil? It is one of the best, in my opinion, herb for the home gardener. Easy to grow and harvest, so very versatile and simple to preserve. So many everyday and complex dishes include basil as a primary seasoning. In Santa Clara County we consider basil an annual plant but there are some perennial varieties.

Basil is a tender tropical plant easily started from seed. It will not tolerate cold weather in the least and is best planted when the soil and ambient temperature is moderately warm. It can be planted earlier if it is protected from the cold. By cutting the bottom off a gallon milk jug and placing it over tender plants, you can create a mini greenhouse that will help promote growth until the plant is established. It is important to leave the cap off during the day, as temperatures inside the container will rise rapidly. For best results, plant in moist, rich well drained soil with a pH between 6.0 and 7.5. It always seems to appreciate a mild application of a well balanced fertilizer. Coffee grounds are a good source of nitrogen.

One real bonus in growing basil is that it is not a favorite of deer and is also a good repellent for flies and mosquitoes. A small planter of basil on a picnic table will help with mosquito control.

There are dozens of varieties of basil including Genovese, Thai, Lemon, African Blue, Greek and Holy basil, aka Tulsi. All of these varieties are great for culinary use, however, I enjoy using them as border plants along the walkway to my front door. They always smell so intense and are capable of adding the right touch of color to a sometimes dull corner. Basil is one of those plants that will thrive inside your home in a sunny window as well as outside in a bright garden.

It is important to pinch back the tips of the plants to stimulate branching and new growth. While bees adore the flowers, which can also be used in cooking, I prefer to keep plants smaller. Thai Basil flowers a bright red and can provide exceptional food for bees so I don't pinch them off.

Genovese basil is no doubt the one plant you are most familiar with. It is available almost anywhere food and or plants are sold. A favorite compliment to bruchetta and most commonly used in pesto and other Italian dishes.

There are several varieties of Greek basil, all

t for s. A il on a p with vading t vat vat

> African Blue Basil is an unusual plant as it is considered sterile and cannot be propagated by seed either. The flowers on African Blue Basil seem to attract more beneficial and pollinating insects than any other plant in my garden. The flavor is not as sweet a Genovese but still complement any dish. It does carry a slight camphor scent which might enhance its' ability to attract pollinators.

> Lemon Basil, sometimes referred to as Indonesian basil, actually contain citral and limonene compounds and smells citrusy as its name implies. Using Lemon Basil in dishes such as citrus salads and fish dishes can really perk up the taste and appearance of your meal.

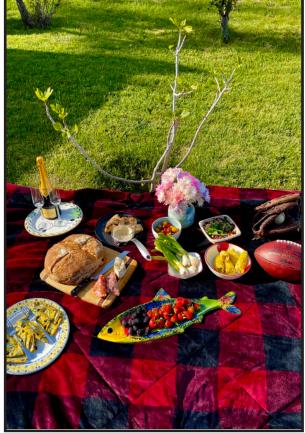
> Holy Basil, is considered a sacred basil in Hindi and a perennial breed from India, used primarily for worship and sometimes in Thai cooking. It is a sturdy plant and if kept protected from severe elements like wind and hot sun, will provide years of enjoyment.

and cheese.. Or, cold fried chicken and potato salad while listening to a rich tenor in Golden Gate park.. Or, BBQ burgers and grilled vegetables during a Vasona sunset.. A great Cabernet, pate, cheese, and toasty baguette in the heart of the wine country.. A pot of herb scented clams over a Mendocino open fire..A big, wood broiled porterhouse steak and grilled potatoes and roasted peppers follow-

ing an icy gin martini at the base of Yosemite falls ... A bottle of wine on a grassy knoll as you timelessly fly a couple of lazy kites.. Or, even a chicken salad sandwich out of a back-

pack after a brisk bike ride.. Im sure it just wasn't the crab sandwich and chardonnay I shared with my wife and friends the other day. Although grand, I believe it was the Monterey harbor, the seagulls flitting about, and the toasty sun warming our souls. The sandwich and wine

wouldnt have been the same at home, and without them. So, lets soak up the love, camaraderie, beauty, solitude and reasons for the celebrating of our American institution.. You can bring a blanket, utensils, ice chest, basket, flowers, music, bikes, fishing poles, kites, reading material, hiking shoes, football, or baseball gloves... Enjoy!!



In May, look for peak flavors from apricots, artichokes, arugula, asparagus, avocados, beets, cabbage, cherries, collards, garlic, green garlic, kale, leeks, blood oranges, lettuce, rhubarb, favas, snap peas, and strawberries.. See you in June... Cheers, Billy.....

**BUNNIES AND BONNETS PARADE HIGHLIGHTS!** 

WEST COAST CHEF

# 8

By Bill Peil

As this goes to press, Mother Nature is warming our souls with warm, green weather. What better than a picnic..??

A picnic, defined, is a pleasure outing at which a repast is enjoyed outdoors. The wondrous thing

The wondrous thing about it, is the abundance of glorious foods and places one can put together. It is a time when you abandon a cozy apartment and exchange it for another, generally less comfortable one, located in the great outdoors. Whether it is nestled amongst the redwoods, or on a desolate chunk of the Pacific coast, where the intoxicating smells of the ocean air bring back a multitude of memories, it is usually an embodiment of the spirit. It is usually a return to childhood, and an escape from dignity and seriousness. It is a rediscovery of freedom, movement, passion, and attitude. It is a lost art, and one that can do more to bolster ones spirits than anything I can think of... Have you ever picnicked amongst a field of blooming flowers? Or

under an arbor covered with raspberry vines intertwined with wisteria. In springtime, the bees buzz around the flowers, and birds nest in the foliage. What romance! And what could be a better backdrop for a repast? And, Pontifically speaking, the foof is usually sensational, because it is your food. A large bowl of iced prawns, lemons and cocktail sauce, on a large, checkered blanket at Santa Cruz beach.. A bottle of hampagne buried in a pristine stream, as you feed each other fruit







**Coach's Corner** 

#### ...AND MORE

By Jay Harnden

#### **Keep the CHANGE!**

How many times have we said that in our lives? Usually, it involves getting coins back when making a purchase...but the change I'm talking about is the change we all face at various times in our lives. There's no way around it. As long as we're still kickin', there will be change happening in our lives. Sometimes we can just roll with it, other times it will completely overwhelm us to the point where we seem to be unable to handle it. It does not have to be this way.

When we're up against change, the first (and worse) thing we can do is to allow fear to invade our thoughts. Our imaginations go to overdrive, and we get stuck on the idea that whatever the change is, it's gonna be bad and difficult to manage. Think back to a very important time in your life when change came along, and you blew it way out of proportion. Your own thoughts made the change feel totally impossible. How often has this proven to be the case? A couple of years ago,

my wife and I moved into our retirement home after living in our home for 40 years. Talk about change! Talk about fear! When I thought about what had to happen to make the move successful, I was paralyzed, both mentally and physically. I had to look at the task at hand, and break it down into manageable pieces first, so that the move would happen, and second, so that I would stay somewhat focused and mentally stable during the process. This strategy works in most situations when change is going to happen. When we look at the big picture, we can shrink it down into bitesize pieces. I heard a phrase years ago that remains true today... yard by yard, everything's hard, inch by inch everything's a cinch! Probably the toughest part is to actually prepare mentally. Shrinking change down into manageable parts is easier said than done, but it is one of the most important parts of successful change. So let me suggest a few tips on how to face change in a positive way.

First, take a deep breath. Change can cause anxiety, so try and get your body in balance. Be prepared to face your challenge. Take another deep breathe! Second, do not allow your mind to make the change bigger than it is. When we do this, we sabotage ourselves and make change seem impossible. Look at the facts honestly and remember that you have the choice to make this really difficult...please don't do that. Third, ask for help. If you find you could benefit from some help, don't hesitate to ask. Sometimes others are the best answer to successful change. The bottom line is that change happens all the time. Many times it's easy and goes by virtually unnoticed. but sometimes it's more difficult. During those times, take control of the situation, put change in proper perspective. This will determine how well you adapt to the inevitable. Embrace the change that's coming your way! Email me with any questions or comments: fathermattersinc@aol.com





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S o, you reckon you are pretty smart and Internet Savvy. After all the Campbell community is blessed with brain power. Online you can find, hotels, car hire, airlines, sightseeing trips, tours and so much more.

 $S\ \mbox{o}\ \mbox{why would you need}$  the personal services of a local travel agent where you can talk to a real person in person who has a wealth of experience?

et's look at some of L the things that can and often go wrong from the do-it-yourself individual.

K now where you are going! It easy to book the wrong destination, just how many Springfields are there in the USA alone? Air travel has many facets to it. A fare may look enticing, but what about the restrictions if you need to change or cancel. There is a plethora of online websites that seem to offer crazy deals, but when you try and book, those deals have vanished faster than a politician's promise. If you make an error with a name, date of birth or passport number, you could be hit with change fees.

Your wish list should contain types of holidays, destinations, activities, special needs, and how much you are willing to spend. The beauty of face to face contact is the agent will be able to shape a quote to fit the bill.

Tow does your travel Hagent make money? When you go to any kind of service provider you have to pay for their consultancy, like a doctor or psychiatrist. A Travel Agent is slightly different, they can earn commissions from the suppliers, but in some cases, they may have to charge a service fee.

Avital part of any trip will be comprehensive insurance to cover you when things go wrong - things like cancellation through illness.

For overseas travel an agent is essential to advise you on passport, visas, Covid-19 requirements, and many other aspects of your destination you may not have considered.

Before selecting an agent, you must check out testimonials from that agency's customers to ensure they are top of their game.

#### Come to an informative workshop and learn how a powerful injection can restore nerve function and eliminate painful neuropathy.

Hosted by Dr. Thomas Santucci, CNS, DC, AFNI, a 28-year practitioner with extensive background in Functional and Neurological interventions.

#### Call (408) 871-8222 or text "RSVP" to (669) 260-3727

Wednesday, May 17, 2023 1:00 PM - 4:00 PM

Seacliff Inn Aptos, Hilton 7500 Old Dominion Ct, Aptos, CA 95003

ar hire can be a mine-✓ field especially when it comes to insurance. Hotels can have hidden extras like "Resort Fees".

When you call in to **V** your local travel agent to obtain a quote, you should be well prepared.

s well as bringing Aalong your passport (and of those travelling with you) you should have a wish list of what you like to achieve. If it's just domestic travel, then a driver's license will suffice.

Your chosen agent's job does not end with the sale. You can be assured that they will monitor your trip to watch for any problems. One of the most annoying can be airline schedule changes which can mess up the itinerary. The agent will work with the consequences and resolve any issues.

This way you will be A assured Happy Holidays.







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# 📷 Campbell Crime Report

#### By Carol W. Gerwitz

**100 blk. Harrison Ave.** Suspect broke into victim's home where victim barricaded herself in the master bedroom. There was a served court order on file protecting victim from suspect, and suspect was not a resident of the house. Suspect resisted officers, and she was taken into custody. Booked.

**1800 blk. S. Bascom Ave.** Unknown suspect used the victim's credit card to make fraudulent purchases throughout the day. Report.

W. Hamilton Ave./ Darryl **Dr.** Officer received an Automated License Plate Reader notification for two lost/stolen license plates and conducted a vehicle stop. An unknown suspect had stolen the victim's CA license plate and replaced it with a stolen CA License plate. The stolen license plate was removed from the Stolen Vehicle System, and the victim's license plate was entered into the SVS. Report.

San Tomas Exp/ NB 17 Camden off ramp: Two suspects, both from Nevada, were captured on camera driving a stolen vehicle. Suspect 1, the driver, was in possession of methamphetamine, drug paraphernalia, burglary tools, and PII. Suspect 2 was in possession of drug paraphernalia. Booked.

**300 blk. Llewllyn Ave.** Suspect got into an argument with victim and threw items inside the house, violating a peaceful contact order. To DA

Hwy 17/San Tomas Exp. Suspect was contacted in a suspicious vehicle on the side of the road. The vehicle was previously reported stolen to SJPD and contained burglary tools and drug paraphernalia. Booked.

**1500 blk. S. Winchester Blvd.** Suspect walked into the business with a knife and asked for money. Booked.

**900 blk. Campisi Way:** Suspect and Victim previously lived together. Suspect came over to get some item, and an argument ensued. Suspect stood in front of the door preventing victim from leaving, and they pushed each other. Victim fell down causing a bruise to her leg. To DA.

**900 black La Plata Plaza:** Unknown suspect added a phone line on victim's account. Report.

**1915 300 Block Union Ave.** Two minors destroyed the sinks and toilets. Both were caught and arrested.

Winchester BI./Sunnyoaks Ave. Two unknown subjects nearly collided at the intersection. One suspect exited his car and vandalized the other motorist's car. Victim drove down the street, and the unknown suspect brandished the golf club at her and followed her around briefly. Report.

**1400 blk. S. Bascom Ave.** While investigating a call to the premises, officers discovered an extension cord plugged into the building leading underneath the Bascom Ave. underpass. Suspects admitted to using the power from the building. Suspect 1 was found to be in possession of methamphetamine and drug paraphernalia. Suspect 2 had a \$0 bail misdemeanor warrant out of CPD. Both suspects were cited and released.

**1200 block Abbott Ave.** Suspect charged Victim 1 and head butted him causing a laceration. Suspect threatened to kill Victim 1. Suspect then struck Victim 2 in the face who requested prosecution. Booked.

**00 blk. W. Campbell Ave.:** An unknown suspect damaged redwood trees. Report.

E. Hamilton Ave./N. Central Ave.: During an argument, suspect struck the victim in the face four times and caused a laceration. Booked.

500 blk. E. Hamilton Ave. A worker fell through the roof. Report. **1700 blk. S. Bascom Ave.** Suspect was reported as showing her bare chest to passersby. When contacted by officers she attempted to flee and then resisted officers when they attempted to handcuff her. Booked.

**1700 blk. S. Winchester Blvd.** Unknown suspect hacked into a data base to gain access to W9 information. Funds were attempted to be transferred but the transaction was stopped and there is no monetary loss. Report.

**900 blk. Virginia Ave.** A group of unknown teenaged suspects is believed to have broken the fence and windows to a vacant home. No further details. Report.

**200 blk. Echo Ave.** Suspect bit victim in the leg during an argument. Suspect fled the scene prior to officers' arrival. Report.

TCP

# Celebrating Life, One Story at a Time



Darling Fischer has served the community with exceptional compassion and care since 1936. We help families create fitting, memorable and affordable services for their loved ones. At Darling Fischer, prompt, professional, and compassionate service is always a phone call away.

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# ATH ANNUAL

#### **FESTIUALS EATS**

Aroma Concessions Smoked turkey legs Sausage BBQ oysters Catfish & chips

Barrett's Lemonade Refreshing lemonade

Chicken & the Farm Chicken wings Fried chicken Loaded French fries Sandwiches

Gourmet Faire Corn dogs Chicken tenders Nashville hot chicken Crab garlic fries

Greenlee's 'Beignets 'Sourdough grilled cheese sandwiches JC's Holy Donuts Fresh-made donuts

Kona Ice Shaved ice

Mike's Big A\$\$ Sausage Sausage Com Dogs Curly fries

Nava Sausage Sausage

Pot O Gold Fresh-made kettle corn

On A Stick Seasoned twist potato Seasoned twist zucchini

Sonoma Teriyaki Chow mein Chicken teriyaki Lumpia

# SAT. MAY 20TH 10AM-6PM SUR. MAY 21ST 10AM-5PM

#### CAMPBELLBOOGIE.COM

#### **KIDSZONE**

Rock alimbing walls, giant slides, face painting, arts & arafts, magicians, balloons and more make the KidsZone a family festival favorite.

Entry is \$10 per child. Cash accepted at the event, or prepurchase tickets online by scanning the QR code.



#### PRE-PURCHASE DRINK TICKETS

Skip the long lines and buy drink tickets and glassware in advance. Then, grab your goods in the Will Call line at any Ticket Booth location. Scan the QR Code to get started!



Ride your bike, scooter, or skateboard and check it free at our secure Bike Valet. Bring your own low slung beach chair and



Hawaiian BBQ Chicken kebabs Pork kebabs Table & Terrace Po Boys Fried chicken, fish & shrimp Beignets Pralines drop it for free at the Bike Valet while you enjoy the festival in between listening to your favorite bands.

#### BEST DRESSED COSTUME CONTEST

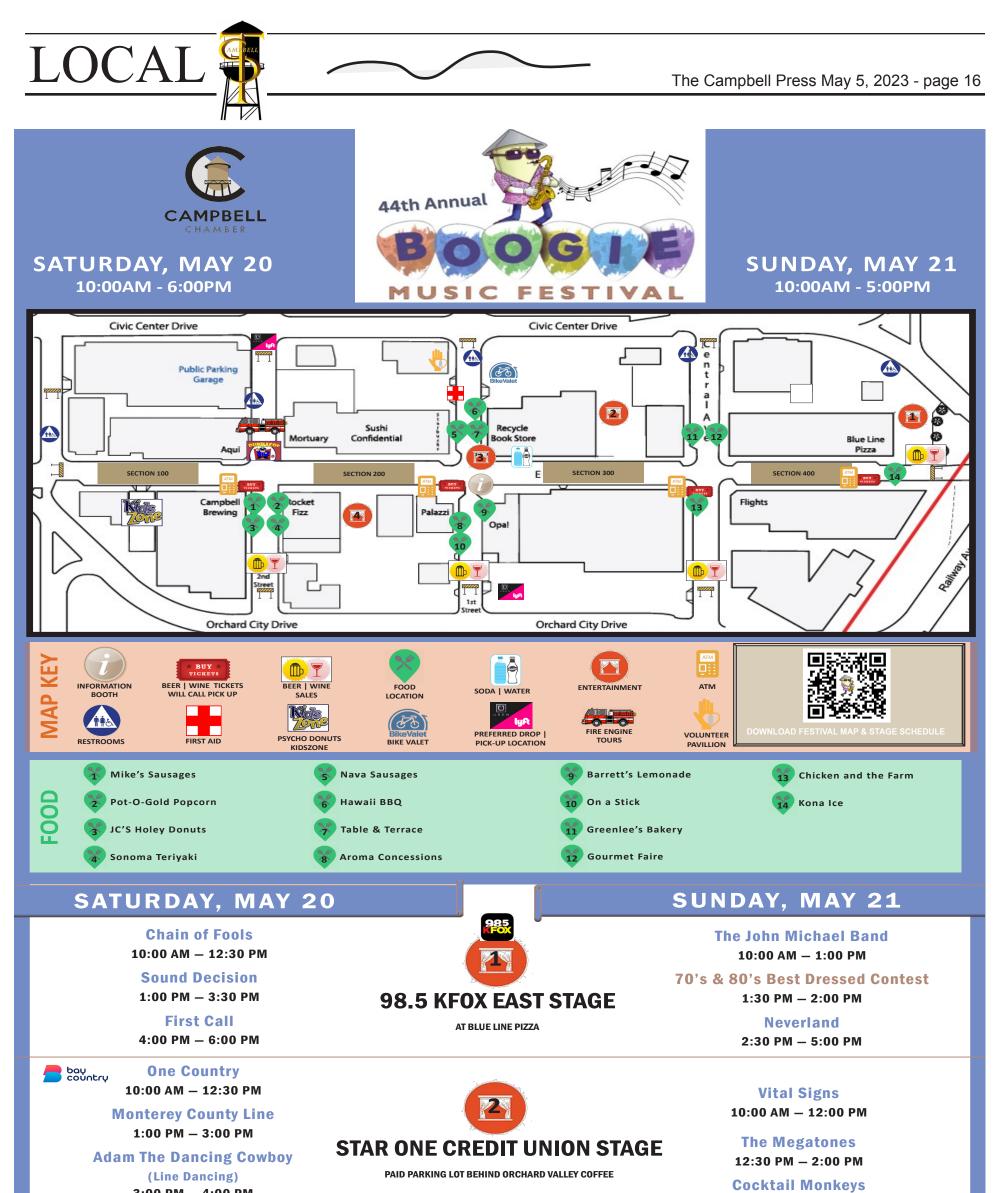
Get your groovy onl Come dressed in your finest funky 70s & 80s or country outfits and enter the Boogie Best Dressed contests on both days of the festival.











3:00 PM - 4:00 PM

The Mike Annuzzi Band

4:30 PM - 6:00 PM

2:30 PM - 5:00 PM

Wandering Acoustics 10:00 AM - 12:30 PM **Simon Santiago** 1:00 PM - 3:30 PM Zach Johnson 4:00 PM - 6:00 PM



AT RECYCLED BOOKS

Chaz & Co. 10:00 AM - 12:00 PM **PS Acoustic Duo** 12:30 PM - 2:30 PM **Mary Ellen & Thom** 3:00 PM - 5:00 PM



TESSORA'S PARKING LOT