



THE CAMPBELL



PRESS

Serving the Community for over 125 Years

thecampbellpress.com

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YOUR #1 COMMUNITY NEWS AND INFORMATION SOURCE!

APRIL 10, 2024

FREE

70 YEARS OF CAMPBELL LITTLE LEAGUE

Sports can be such a lifeline for communities across the globe and thus should always be cherished and appreciated simply by the impact it has on all people, whether young or old. In our city of Campbell, one organization that has always represented itself as a cornerstone in the Campbell Little League.

Established in 1954, Campbell Little League's Robert Holman Field is located on Millich Drive and Hamilton Avenue in the heart of a busy residential and business neighborhood. In the 1970's, Campbell major league teams became well known for making the trip to the little league world series in Williamsport, Pennsylvania on three separate occasions – unfortunately losing 2-0 to Wayne, NJ, 10-3 to Tokyo, Japan, and 2-1 to Taiwan. CLL has always been a great way for kids as young as four years old to get outside, learn to play, and develop their love for the great American game of baseball all while making new friends and fostering relationships that often last a lifetime.

The shared interest in camaraderie, teamwork, and trying to become the best player you can possibly be, helps children from a young age learn the importance of working together as a team, while providing a sense of unity among



The Brewers battle the Diamondbacks on the major league field.

the families involved that lasts far beyond playing just a few years in the league.

The sense of belonging that comes from being a part of a local team extends far beyond the players on the field, but one that encompasses the community as a whole. Its also a testament that the league is supporting a new generation of potential big league players. For the many families that get involved, Campbell Little League is not just a sports league, but a second family.

As a young child, I was introduced to Campbell Little League as my first organized sport when I had just turned four. My love for baseball had been growing even before I could throw a baseball influenced and nurtured by my loving parents. Within my first year in the league, I loved it so much

that everyone including myself realized that it was something truly special.

The relationships I made, the memories I hold, and the friends I still have from playing in the league are things I cherish as an adult. If I had three wishes, one of them would be the chance to be young again so I could play baseball with my buddies, which is truly a product of the league itself: without Campbell Little League, I would not have the same relationships and love for the game of baseball that I do today. My entire experience surrounding baseball, not only as a sport but also as a community experience, would be drastically different.

For decades, Campbell Little League has been a prominent fixture that has never wavered in the City of Campbell. Businesses within Camp-

bell and the surrounding areas have always supported and rallied behind the league with sponsorship programs, fundraising events throughout the season, as well as other activities to benefit the league. The league provides opportunities for diverse backgrounds to interact and be included under one umbrella, which in today's society, is often hard to do. Each aspect of the league should be embraced and appreciated for generations to come, but it seems as if the league is slowly on the decline in terms of popularity and general interest among community members. After the pandemic, all team sports

seemed to be what society was progressing toward; but something needs to get the kids back outside playing baseball.

Campbell Little League provides an outlet for kids to find themselves within the world of a sport and encourages growth and development athletically and interpersonally.

The league embraces community participation and the necessity for group interaction all for the love of baseball, while trying to collectively meet the same goal, which is a beautiful testament to teach any child or group of children. So,



A pitcher & batter dual it out on the minor league ball field.

decreased in popularity due to the fact that many families became accustomed to raising their children within the confines of their own homes and doing things individually instead of with others. A more introverted lifestyle

keep the kids coming out – it does wonders for our community. For more information and to get your kids involved with playing baseball, email information@campbellbaseball.org or www.campbell-littleleague.com.

PICTURE OF THE MONTH



CAMPBELL POLICE STATION GROUNDBREAKING

PHOTO © MATTHEW C. HOWE

Just a Little Bit of History

By Susan Blake, Campbell Historic Preservation Board

March's featured photo was a closeup of one of the two beautiful ceramic urns that decorate the top of the steps leading to the Campbell Heritage Theater. The theater was once the auditorium for Campbell High School.

Located at 1 West Campbell Avenue, these 1936-38 Spanish Colonial Revival style buildings were designed by famed architect William Henry Weeks. In 1936, the east wing of Campbell High School was the first part of the complex to be built. By 1938, the two story main building, auditorium and gymnasium were finished. Campbell High School served students until 1980. It reopened as the Community



Center and was later sold to the city in 1985.

Here is your mystery photo for April. See if you can figure out what it is and where it is located.

May April showers bring you May flowers.



WORD OF THE MONTH

“OCEANIA”

[Oh-she-an knee-uh]
NOUN

A region in the South Pacific that consists of Australasia, Melanesia, Micronesia, & Polynesia. It is also the shortest 5-syllable word in the English language.

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HAPPENINGS

MUSEUM MATTERS April 2024

Looking for a fun local out this Spring? Visit the Campbell Historical Museum or Ainsley House!

Both Museums are open Fridays through Sundays, 11am to 3pm. During the school year, the Historical Museum will open at 12:30 when on site field trips are taking place.

AINSLEY HOUSE GARDEN CONCERTS Sunday, April 14

Come to the Ainsley House Garden to enjoy a lovely outdoor Garden Concert.

Sunday, April 14 we welcome *Heart Matters*, featuring vocalist Amy D and Percussionist Dillon Vado. Heart Matter's innovative, original songs combine the intentionality of chamber music with the grounded yet agile nature of Brazilian rhythm, the spontaneity of jazz improvisation, and soul-stirring lyrics.

Sunday, May 12

On Mother's Day, Sunday, May 12 we welcome **Tony Lindsay**, an 11-time Grammy Award Winner and former Santana vocalist. An Afternoon of R&B, Jazz, and Soul. Tony Lindsay is a musical legend and after 25 years as the lead vocalist for Santana, Tony Lindsay has garnered 11 Grammy awards, traveled on numerous world tours,

and recorded on seven Santana CDs.

For All Concerts

- Tickets are \$35/ person
- <https://www.campbellmuseums.com/shop>
- Garden Gates open at 1:30 pm Music begins at 2 pm
- Light appetizers, wine, and non-alcoholic beverage included with admission
- Chairs provided.

HISTORY HAPPY HOUR AT THE CARRIAGE HOUSE

Friday, May 3 |
5:30pm-7:30pm

Join us for an evening with Author Traci Bliss as she details the history of Big Basin. Her book *BIG BASIN Redwood Forest, California's Oldest State Park* follows the amazing efforts to preserve the ancient redwood forest.

Saturday, June 1 |
2:00pm-4:00pm

On Saturday, June 1, 2024, we will enjoy Heart's Delight, An Orchard Story, A Documentary Film and Discussion. Join us for an afternoon filled with history, memories, and the heart's delight. We will be treated to an original documentary film by Chip Curry called HEART'S DELIGHT, AN ORCHARD STORY. It follows the history and harvest of Messina Farms, featuring Marilyn Messina

Continued on page 15



HERE'S HOWE

With so many things happening in Campbell these days it's hard to decide what to write about in a few short paragraphs. Many new businesses are popping up in the downtown and surrounding area it's hard to keep up with all the growth, but it's great to see this after watching so many businesses move out. I have been very happy to see and hear some great musical acts up and down the street recently and it really adds so much to the downtown ambiance making it come alive. The Campbell music scene may never be what it once was back in the 70's and 80's when I was quite active in it as well, with multiple venues having live music every night, but its finally starting to feel festive here once again. On that note, a big shout out goes to **Tessora Barra di Vino** for being one of the only places hosting live music outside on their patio each week. Stay tuned for more locations soon playing live music in the downtown area.



On another musical note, so many of you have reached out to me over the last several months stating how disappointed you were about the annual music series being cancelled due to the library

renovation taking place. It has always been a family friendly good time for all ages and one that helps support the **Ainsley House** and **Campbell Historical Museum** as well. A shout out to **Campbell Kiwanis Club**, **Gordon Biersch**, and many volunteers over the years. *But the concert series may not be completely dead in the water just yet* as the city is looking at some other nearby locations to still make it happen this summer! Yay! It's not a guarantee just yet, but I will try and keep everyone updated about this when I hear some more 'official' news.

Flights restaurant and bar has been bustling on Thursday evenings hosting a trivia night. Bring your 'smart' friends down and team up for a fun time to win prizes as well as food and drink coupons for the top three teams! **The Cedar Room at the Pruneyard Cinemas** has been holding comedy, music and trivia nights too, so don't forget to visit them after catching that movie you wanted to see. **Doppio Zero** across from **Wild Rose** is getting ever closer to completion now shooting for a late May opening, and I can't wait to be able to grab a late night slice of pizza there! It will surely become a staple in the downtown area, especially on weekend nights to help balance out some of those beverage indulgences. The **Recycle Bookstore** is a treasure trove for children's books. I have bought many reasonably priced books there for my kids over the years that you just can't find anywhere nearby. Check them out!

THEN AND NOW



Photo: Campbell Historical Museum



Photo: © Matthew C. Howe

Campbell had many parades back in the days, that included Thanksgiving, Easter, Christmas, and Old Settlers day. It's a surprise to me that aspect of our city heritage has not really continued. Here is a large float passing Campbell High School back in the 1950's and a current photo of the Campbell Community Center from relatively the same location. The main 2-story building in the background was built prior to 1900 and has virtually remained unchanged.



AINSLEY HOUSE SPRING 2024 CONCERT SERIES



BENEFIT GUITAR SHOW!
Sun. March 10
@ 1 and 3 pm
The BIG Guitar Show!
Chris Shahin Trio and
Andres/Francheska Duo
In The Carriage House
Classical and Jazz Guitar!



Uplift your soul!
Sun. April 14 @ 2pm
Heart Matter
with Amy. D and
Dillion Vado
Vocal Soul and Jazz



*Former vocalist
w/ Santana*
11x Grammy Winner
Sun. May 12 @ 2pm
Vocalist Tony Lindsay
R&B, Pop and Soul
Mother's Day Show!
Bring the family!

Ticket includes concert, wine
and appetizer
Tickets available at:
www.campbellmuseums.com
503c nonprofit organization




BIG BASIN Redwood Forest

CALIFORNIA'S OLDEST STATE PARK



**BIG BASIN
REDWOOD FOREST**
California's Oldest State Park
TRACI BLISS
Foreword by Maria Russo-Mazzoni & Mark G. Hillman

with Author
Traci Bliss




History Happy Hour
FRIDAY, MAY 3 |
5:30PM - 7:30PM
\$20/ PERSON
www.campbellmuseums.com

PUBLISHER NOTES

By Nancy O. Whitney

CAMPBELL CARES AWARDS, BEST JEWELRY SHOW AND MORE!

The Pruneyard is pleased to announce that once again they had a very successful Easter scavenger hunt. It drew a larger crowd than ever before and set a record for the most prizes awarded. Attendees expressed their anticipation for future events and to be involved in all the fun, look on The Campbell Press back page in the May issue for more information. Another good collaboration between the Pruneyard and the Campbell Chamber resulted in another successful artisan pop-up market, showcasing local artists, and offering a variety of unique items.

The annual Bunnies & Bonnets parade organized by the downtown business association had to be canceled this year due to potentially bad weather. (It didn't rain) Next year it will be back (weather pending!) and the DCBA would love to have as many participating community members as possible in 2025 including marching bands, floats, local car clubs, dance troupes and other organizations for this long-running traditional Easter event. Anyone that wishes to be in next year's parade needs to fill out a form by February 2025 to register for the parade!

The Campbell Chambers James Bond-themed dinner and casino night is taking place on April 20th. It's a new

location this year, and being held at The Factory next to Khartoum. The Citizen and Business of the Year will be honored, and three student scholarships will also be awarded. It's only \$150 per ticket and supports the non-profit Campbell Cares organization that helps fund the scholarships for local students that includes a journalism award in Sally Howe's name, the once owner of the Campbell Express. For the second-year in a row, The Campbell Press was nominated as a top finalist. The various awards given out include local service clubs like Kiwanis, Lions Club, as well as the Chamber Volunteer of the Year.

Looking ahead, the Chamber's Boogie Festival is almost here, and it promises a good time with some fresh entertainment on the new Fountain Blues Stage, and of course always plenty of great food! A two-page sche-

dule and map with details will be found in our May issue.

Check out the back page of this issue for an upcoming jewelry show and antique evaluations. The appraisers at the show will be some of the most experienced experts in the industry that you've seen on the Antique Road Show, so bring your prized possessions down for a look.

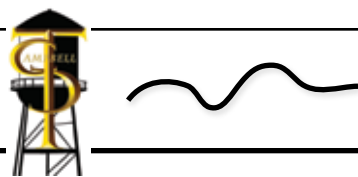
In other news, a special focus on page 5 is an article on our immune system. Entertainment always starts on page 8 with movie reviews, a musical spotlight on local musicians, and a show with "Feelin' Randy." Finally, our subscribers will soon receive a notice reminding them to send payments for their previous year's subscriptions. The Campbell Press would like to thank all of you for the ongoing support with our growing advertisers and readership.




Call Janie Kelly of Realty One Group Infinity today for additional information on properties listed. If you are considering listing your home, Janie will gladly prepare a no-obligation property value analysis on your property. 408-915-7755 CA DRE #01217039

APRIL **CAMPBELL REAL ESTATE** APRIL

ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES					
Calado Court	\$2,200,000	3/2	65	8712	1402
Lemoyne Way	\$2,110,000	3/2	61	6178	1204
Luika Place	\$2,100,000	5/2.5	46	6098	2530
Denver Drive	\$2,000,000	4/2	66	6970	1248
Central Park Drive	\$1,885,000	3/2	61	4792	1506
Holmes Avenue	\$185,000	4/2	69	10,019	1402
Steinway Avenue	\$1,830,000	3/2	63	6089	1326
S. San Tomas Aquino Rd	\$1,785,000	4/2	69	7841	1384
W. Sunnyoaks Avenue	\$1,570,000	3/2	64	6098	1250
Lisa Way	\$1,500,000	3/2	46	3485	1528
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES					
W. Rincon Avenue	\$1,320,000	3/2.5	43		1665
Monte Villa Court	\$1,152,000	2/2.5	40	714	1188
Dot Avenue	\$1,065,000	2/2.5	40	1383	1344
N. 2nd Street	\$712,000	2/1	53		810
N. 2nd Street	\$660,000	2/1	53	2000	903
E. Latimer Avenue	\$560,000	2/1	53		810
S. Bascom Avenue	538,000	1/1	39		742



SPRING HAS SPRUNG



By Gayle Kludt,
President, West San Jose-Campbell Lions

A new season, new members and new service, so much to do as spring has arrived but first a review of our second Comedy Night FUNdraiser.

Lions, friends, and neighbors gathered in the Orchard City Banquet Hall for beverages, prizes and giveaways for our annual fundraiser to benefit our Lions community service projects. A catered pasta dinner was served (featuring, of course, meatballs for long time Lion Art Low, our District Lion of the Year). The then assembled guests enjoyed the humor of three comedians selected by the Comedy Night Committee. The evening ended with the awarding of prizes for winning bids, winning

tickets and winning smiles. As is true for all our fundraising efforts, 100% of the proceeds go to community outreach. As of April 1st, your local Lions served 15,177 persons through 162 service activists and 3,600 hours of participation. These hours are done at our monthly projects including Lensometer screenings at the Vista Center for the Blind, Martha's Kitchen food bank and the Grateful Garment providing services for victims of sexual assault but each month has a special focus, with April featuring activities related to environmental issues.

Local Lions had the choice of sixteen projects from

which to choose, from tree planting, to river cleanup, to distributing Earth Day literature and materials with Kaiser's Green Team, the Lions were out in force to make our planet a better place to live. FUN FACT: Did you know that Earth Day has a San Jose connection? Former San Jose State student Gaylord Nelson who went on to become a Wisconsin senator and governor of that state, met with others in 1969 in San Francisco to propose a day to honor the Earth and promote peace. Nelson proposed a national environmental teach-in to be held on April 22, 1970. He, along with Denis Hayes, renamed the event "Earth

Day." Each year has a theme and the 2024's theme is "Planet versus Plastics" with a goal to reduce global production of plastics by 60% by 2040.

Lions Club International has eight global causes. They are Diabetes, Environment, Hunger, Vision, Youth, Childhood Cancer, Humanitarian and Disaster Relief.

Of course, all those projects need people and the West San Jose-Campbell Lions added three new members in March. Inducted on March 21st were Paulina and Ryan Low and Randy Martino. Adding these new Lions has already added service with Martino heading the Union

School District's annual Health Fair. Our members staffed a table there featuring how we work in the community!

As always, we welcome the community to join us at our club meetings, held at Denny's on Capitol Expressway each Thursday at 12:00 noon, and at our service activities. A calendar of all our events can be found at info@wsjclions.org. WE SERVE.



CVMF Memorial Day of Honor and Remembrance

The Board of the **Campbell Veterans Memorial Foundation (CVMF)** cordially invites one and all to attend a day of Honor and Remembrance on May 27 at 9 AM at the Orchard City Green, 70 N. 1st Street, Campbell.

This heartfelt event showcases the Foundation's commitment to lend honor, respect, and admiration to Campbell's veterans and their families.

The proceedings are punctuated with comments from local dignitaries, Guests of Honor, veterans, and highlighted by Keynote Speaker U.S. Army Brigadier General Steven B. McLaughlin, Commanding General, 100th Training Division.

Our guests will appreciate the singing of the National Anthem, be inspired by orchestral music, witness the presentation of the Com-

munity's Honor Wreath with flowers, and experience the iconic rendition of Taps.

The entire veteran community will greatly appreciate your presence at this joyous and memorable event.



Please help us refurbish and maintain the Memorial. Send donation checks to: PO Box 622, Campbell, CA 95009



CAMPBELL SPORTS BASEMENT MEMORIAL DAY REMEMBRANCE RIDE SUNDAY MAY 26 * 9:00 AM TO 12:30 PM

Join us for a very special ride to remember those who gave the ultimate sacrifice for our freedom and honor the families they left behind.

9:00 AM: We'll Meet in front of the Campbell Sports Basement for a banner presentation and ride instructions.

9:30 AM: We Roll out

10:15 AM: Gather at the first regroup point. Los Gatos Memorial Park to lay flowers at the grave sites in the Veterans Lawn.

10:30 AM Depart Los Gatos Memorial Park.

12:30 PM: Return to Campbell Sports Basement for refreshments and raffle drawings.



Sports
Basement



By Margaret Schieck, President

April is National Volunteer Appreciation Month, so I want to begin by sincerely thanking the wonderful volunteers in Chapter 5151 of AARP who make my life easier! You are truly appreciated.

April begins with April Fools' Day and that is followed by World Book Day on April 3rd, so be sure to pick up something to read at your local bookstore or library! This month also celebrates Passover, Earth Day and, if not a celebration, Tax Day.

In March, the members of Campbell Area Chapter 5151 of AARP participated in an interactive presentation by Mary Ann Smith of "chair exercises" for seniors. It was well received and a reminder to all of us to keep moving.

In April, we are looking forward to hearing from Detective Hong of the Campbell Police Department about the latest scams targeting senior citizens and how

to avoid being a victim of one of them.

For those of you who like to plan in advance, on May 4th our members will once again be taking part in the glasses "sorting and cleaning" event at the VISTA Center, sponsored by the Lions Club, at 101 N. Bascom Ave. from 9:00 a.m. to 2:00 p.m. This is an enjoyable volunteer activity and a terrific opportunity to interact with younger volunteers from local colleges and high schools.

Last year, 2023, our Chapter of AARP contributed over 4,000 hours of volunteer service to our community. This is not a "stay at home and vegetate" bunch.

Anyone over the age of 50 who lives in any city in the area is welcome to join our active and interesting group of members on the third Tuesday of the month (April 16 this month) at the Campbell Community Center, 1 W Campbell Ave, Room Q80. We'll have the coffee ready for you at 9:15 and start the formal meeting program at 10:00. Come join us.



The **Mid-Peninsula Widows & Widowers Association** meets weekly and organizes social activities for those who have experienced the loss of a spouse. The group meets every first Tuesday of each month from 1:30 to 3:00 p.m. and every remaining Tuesday of the month from 7:30 to 9 p.m. Visitors should arrive 30 minutes before the meeting starts.

We coordinate games such as Bocce Ball, Bowling, card games, weekly walks at Rancho San Antonio and Shoreline Parks. Weekly and monthly gatherings for breakfast, lunch and dinner at local restaurants, monthly discussion groups followed by a potluck or dinner at a local restaurant. Events include seasonal parties, annual picnic and installation dinner and dance. Please contact Gloria 408-246-4642 or

Jan 408-439-0776 for more information.



MAKING A DIFFERENCE IN CAMPBELL AND BEYOND

By Lucille Maravilla

The Country Woman's Club of Campbell (CWCC) recently hosted a meeting for the Loma Prieta District of the California Federation of Women's Clubs (CFWC). It was a good reminder of the impact club membership can make not only in Campbell, but in our region, in California, nationally, and internationally. As mentioned in previous articles, we are a working group helping each other, and spreading good works throughout the Campbell community.

CWCC is a member of the Loma Prieta District which includes 13 clubs in Santa Clara, San Mateo, Santa Cruz, and San Benito counties. The district promotes, "educational, moral, social welfare, cultural and civic community service training. It also recognizes clubs for their achievements in CFWC and the General Federation of Women's Clubs (GFWC), as well as other charitable, educational, and service programs." They work to promote member and club participation in the district.

The District, in turn, is 1 of 16 organizations which belong to the California Federation

of Women's Clubs. "CFWC is a statewide, non-profit service organization of over ten thousand members." Their mission is to provide, "leadership and personal growth opportunities to members, while enriching the lives of others through philanthropic service". Their motto: "Strength United is Stronger", reminds us that more can be accomplished when we come together to serve others.

Finally, CFWC is a member of the General Federation of Women's Clubs. "GFWC is an international women's organization of approximately 80,000 members dedicated to community improvement by enhancing the lives of others through volunteer service". The Federation has clubs in every state and a dozen or more countries. It supports a broad range of causes and charitable projects in communities.

An example of this collective power is the focus on food insecurity, a major problem throughout the world. To highlight an area of need, to take action to address the need, and raise public awareness about its importance, the clubs chose the National

Day of Service. Coming together they donate canned goods, protein bars, chips, pasta and pasta sauce, cookies, nuts, etc. Tons of food were collected. The Country Woman's Club of Campbell chose the food pantry at the Campbell United Church of Christ to be the recipient of our donations. We continue to support the pantry by collecting food items at all of our meetings and making scheduled deliveries.

If you would like to make a difference and experience the camaraderie of like minded individuals, contact us to attend a meeting and/or participate in one of our community activities. For more information, you can call Lucille Maravilla at 408 205-4621 or Cheri Fontana at 408 209-1310.



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Stress and Your Immune System

By Dr Jeff Potts

People are stressed these days. Both physically and mentally. Some have been hit hardest by financial stress and others simply learning to adapt to a new lifestyle and change of pace. Physical and mental stress affects the body systemically. Most notably in the form of inflammation. Ironically inflammation is one of the biggest pre-disposing factors for COVID (sickness) complications. The two constants seem to be an individual's immune system and inflammation levels.

In my clinic I have seen many sides of the stress equation. Financial stress, health stress, changed/challenged work ergonomics, lack of exercise, social isolation, nutritional and the list goes on. Stress in all forms has an effect on the nervous system and therefore the immune system. My recommendation is always to get/keep your nervous system working as good as possible to allow your body to be able to handle the various stresses these challenging times bring. Study after study shows a healthy functioning nervous system equates to a more resilient immune system. I say resilient as opposed to strong because yes you want a strong immune system, able to avoid getting sick but some of the biggest illness complications arise from an individual's immune system overreacting to the infection. Having a resilient nervous system not only allows your body the best possible chance of not getting a virus but if you do, it will minimize the cascade of immune system overreaction.

Ways to help strengthen your immune system:

- Stay hydrated
- don't smoke
- healthy diet (minimize sugars and processed foods)
- regular exercise
- maintain a healthy weight
- adequate sleep
- stress reduction techniques
- social interactions (laughter has been shown to improve immune function)

- Chiropractic care (works at balancing nervous system function)
- other forms of self-care that takes stress off of your structure

Anything that has a positive influence on one's nervous system will be beneficial for immune function. A subtle change that we might not equate to immune system dysfunction needs to be payed attention to especially now when having a resilient immune system is at an all-time high. Even what we might consider regular aches and pains can be physical signs that the inflammation levels in the body are higher than they should be.

During these unusual times many of us changed our way of doing things that have an effect on the body. Many of us went from very ergonomically correct work station/environments to now sitting at the kitchen table on a laptop on back to back Zoom meetings. For many of us with a change in routine come dietary challenges (eating too much or bad food choices.) Higher levels of emotional stress also has an effect on the body predisposing an individual to decreased immune function and therefore increase risk or susceptibility to infection.

Use the list up above to do the things that will help your body stay balanced. During these times, it is even more important to pay attention to how the body is feeling and do the things that will help balance your nervous system, keep your immune system resilient and overall inflammation levels down in the body. Get help from professionals in the above categories, ask questions and take the time to work on getting and keeping your body working properly. Like the old saying goes "sometimes the best defense is a good offense." It is always easier to stay healthy than get healthy.

PRUNEYARD FOOD CHALLENGE

Y	R	W	H	G	U	O	D	Y	N	A	D	A	R	T
S	L	O	A	F	S	E	R	T	B	K	T	N	O	A
M	E	R	L	I	A	R	I	C	E	A	E	U	C	E
R	R	L	O	K	R	A	B	S	E	E	A	L	E	H
A	R	D	R	Y	B	U	R	O	R	T	S	A	D	C
F	A	W	N	O	R	O	A	G	U	S	P	S	A	T
O	B	R	I	T	A	R	T	O	W	E	O	A	R	A
N	E	A	P	O	K	E	S	T	X	B	O	G	R	C
I	H	P	U	A	E	E	L	D	O	O	N	N	O	C
C	T	P	O	W	T	U	A	R	B	M	I	A	O	I
O	F	S	S	T	Y	X	C	A	N	D	Y	E	M	F
D	O	O	P	P	E	B	I	D	A	C	U	B	A	I
N	T	R	E	G	R	U	B	S	I	P	P	I	N	C
E	U	D	E	E	F	F	O	C	S	T	E	E	P	A
M	O	N	I	L	L	E	M	R	A	A	T	S	A	P



- PASTA ARMELLINO LUNA OUT OF THE BARREL
 ROCK BOTTOM CEDAR ROOM BUCA DI BEPPO TOGOS PACIFIC CATCH
 MENDOCINO FARMS SWEETGREEN ASIAN BOX WORLD WRAPPS
 TEASPOON PEETS COFFEE KYOTO
 CANDY LASAGNA BRAUT POKE NOODLE BEAN DOUGH RICE FEED TART BURGER MOOR
 CHEAT LIAR BRAKE RUBY DART STYX BRITA BARK STEEP PAST CUBA SIPPIN
 GRUB FAWN ASTRO RAIL LOAF

Words can be diagonal and backwards too! How many words can you find?



Campbell Chamber of Commerce

Get Ready to Boogie May 18th & 19th in Downtown Campbell

By Kirsten Frank



including clothing, jewelry, food items, beauty and food products, and handcrafted works of art. If you need some retail therapy, Boogie

If you're looking for a family-friendly way to spend a weekend, get ready to Boogie!

The South Bay's best bands will be performing live in Downtown Campbell at the 45th annual Boogie Music Festival Saturday, May 18th and Sunday, May 19th.

All weekend long, there will be a great mix of music on the 98.5 KFOX Stage near Blue Line Pizza and the Fountain Blues Foundation stage located in the parking lot next to Therapy will bring an upbeat jazzy vibe to the festival's musical lineup.

Dress the part from your favorite musical era or artist and enter the Best Dressed costume contest held Saturday and Sunday at 3pm at the KFOX Stage.

Be sure to drop by the Community Stage to cheer on performances by numerous talented bands, sports centers, music and gymnastic schools and more.

The Water Tower Dude will Boogie-ing down East Campbell Avenue and will have a booth located near the center of the festival. Stop by for a selfie with The Dude during the event.

And we haven't forgotten festival fun for the little ones.

The KidsZone is the place for sliding, climbing, bouncing, arts & crafts, face painting, and even a little magic.

You'll find a diverse and delicious menu of savory and sweet dishes to fuel your



festival experience. Whatever you're craving, be it a savory sausage, lobster rolls, loaded French fries, giant turkey legs, a Po' Boy, oysters, kettle corn, corn dogs, or kababs, you'll be able to find it at one of our many festival food vendors.

Over 100 arts & crafts booths will line the street, filled with unique wares,

is the perfect place for some al fresco shopping.

There will also be a Swag Store selling a variety of Boogie and Campbell gear. Be sure to grab your favorite items and rock the Campbell vibe.

As with every festival, there will be beer and wine available for those over 21. Drink tickets can be purchased at any of the ticket booths or, you can buy tickets and festival glassware online in advance and pick up your order and ANY of the Ticket Booth Will Call lines. **Please note that drink ticket sales stop Saturday at 5pm and Sunday at 4pm. Last pour is 5:30pm Saturday and 4:30pm Sunday.**

The 45th annual Boogie Music Festival is Saturday, May 18th from 10am to 6pm and Sunday, May 19th from 10am to 5pm along East Campbell Avenue in Downtown.

To plan your Boogie experience and to pre-purchase drink and KidsZone tickets, visit CampbellBoogie.com.

Money Empowerment by Jill



DON'T GIVE UP

Winter season is my time for hibernation. The holidays are behind me, the days are shorter and the weather...is well, not my favorite. Cold, dark and wet. I don't loathe Winter. It's a time for me to relax, recalibrate and reboot.

Of course, if you are into winter sports and snow, then you might feel otherwise and maybe the down season for you is Summer or Fall. I'm guessing that we all have one season where we need to check out and just let things be. Mine, if you have not figured out yet is Winter.

As Spring emerges, I am reminded of the miracle of nature and change. The trees are blossoming and greenery is poking up from what used to be a brown terrain. In a few weeks, there will be massive explosions of color, blue skies and perfect temperature.

Although winter looks bleak, bland and dead, what happens behind the scenes is amazing. So much growth that we don't see. Just think, without winter, spring would not be so spectacular.

Okay, so how is this related to money empowerment? Our financial health also has seasons. You may be investing money and not see rewards right away. Maybe you are trying to pay off your debts and it feels like you are getting nowhere. Or, perhaps you are saving for a big purchase that feels like will never happen.

Preparation and maintenance mode for financial goals is like winter, at least for me. It's not the most exciting time and sometimes feels bleak, bland and dead.

However, it is a very important season to set the foundation for good financial health.

It is a time to stay persistent and focus on what needs to be done in order to achieve your goals. After all, Spring season is next and that will be the time that all of the seeds you've planted and tended will emerge into a beautiful and colorful financial life. Your finances will flourish. Don't give up, carry on, keep going, even if it feels useless.

Of course, our financial seasons do not follow the calendar season. Your "Winter Season" is different than mine and it may be a longer or shorter season. We are all on a different financial journey. The important thing to recognize is that a winter Season is necessary for everyone.

With that said, it is not always so easy. Sometimes we forget or simply just don't want to try anymore. If that happens, remind yourself that the season is not forever and the rewards are worthy.

Below are a few things that might help you through this season.

- Regularly remind yourself of your goals to stay on task
- Focus on the big picture rather than the day to day progress
- Find a friend, family member or coach to help you stay motivated

I wish you all the best in all of your financial seasons.

If you are in need of some advice or help in this area, feel free to reach out to me. I'm here to help.

Jill

Email me: livinbalanced52@gmail.com

Want more tips? visit my website www.livinbalanced.com

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CITY NEWS *By Sergio Lopez*

Last month, the City of Campbell achieved a major milestone: adoption of our official Economic Development plan. At our March 19th meeting, the plan was unanimously adopted by the City Council after an extensive multi-year process.

The previous plan dated from 2017, and over the past few years, I heard from business associations, residents, and individual businesses around town about ideas to make our economic environment even more vibrant — helping support existing businesses as well as making sure new ones can become a part of the Campbell community and thrive. Therefore, in 2022, the contract for a new plan was awarded to Chabin Concepts. Their team conducted an extensive outreach process, working exclusively on this project for the City of Campbell during the time they were engaged in this work.

Of course, the consultants and the city could not do this work alone, and along with conducting public surveys and outreach meetings, as well as having an open door policy for residents with questions, comments, and concerns, the consultants put together an Economic Development Advisory Committee who committed many long hours of meetings and input, which included the following individuals:

- Jennifer Chen, Economic Development Manager for the City of San Mateo
- Melissa Cullinan, Hunter Properties
- Ken Johnson, Campbell Chamber of Commerce
- Brett Kondrick, Southbay Development

- John Lang, Economic Vitality Manager for the City of Mountain View
- Dan Orloff, Pruneyard Cinemas and Campbell Chamber of Commerce
- Amy Taylor, Cloud City Supply Company
- Scott Trobbe, Southbay Development

The team also received input from dozens of other groups and individuals, including businesses and organizations from throughout the city, as well as the Planning Commission and many City staff. Susan Landry and myself, as members of the Council Economic Development Subcommittee, rounded out the Advisory Committee.

One common concern I heard was about the vacant storefronts which can be seen throughout town. Yet what the data ultimately revealed is that the vacancy rate in Campbell is actually extraordinarily low — in many cases, much lower than that of our neighbors. We learned that in general, when you see extended retail vacancies somewhere in Campbell, that is often a result of the property needing upgrades — for example, to bring the site up to code, such as for safety or fire concerns. When neither new tenants nor property owners are willing to put in the money for the renovations, that creates a situation where the site is left sitting empty but which is not necessarily reflective of the business environment in the city.

Along with the plan, our city staff is also focused on cutting red tape for businesses

Continued on page 15

COUNTY NEWS



DISTRACTED DRIVING COSTS LIVES

By County Supervisor, Joe Simitian

Distracted driving is anything that takes our eyes, hands, or mind away from the task of driving a car. And it's not surprising that mobile devices remain the biggest distraction for drivers, whether it's talking, texting, emailing, taking pictures, facetimeing or using an app.

Far too many people still do one or more of these things while driving, regardless of laws or common sense. So take note: April is Distracted Driving Awareness Month, both nationally and here in Santa Clara County. Distracted driving is a topic I've been focused on since cell phones first became a portable part of our lives.

In 2006, as a State Senator, I authored what became California's first law — and one of the first in the country — requiring that cell phones be used "hands free" while drivers are behind the wheel. In 2008, I introduced a follow-up bill to prohibit texting while driving. I also authored the bill that prohibited drivers under the age of 18 from using any electronic device while driving, even hands-free.

A study conducted by the Safe Transportation Research and Education Center at the University of California, Berkeley, examined state crash records two years before and two years after my hands-free legislation took effect on July 1, 2008.

There were 75,000 to 100,000 fewer collisions each year in California as a result — the largest year-to-year drop in collisions in state history. Traffic deaths declined by more than 20 percent — that equaled 700 fewer fatalities in the first year the hands-free law was on the books.

That means that every day in California, a couple of folks sit down with their loved ones for dinner — folks who otherwise wouldn't have made it home safely.

While progress has been made, the National Highway Traffic Safety Administration's most recent report found that in 2021 there was a 12 percent increase in fatalities where at least one driver was distracted, resulting in 3,522 deaths nationwide.

Most California drivers know driving while holding a cell phone is dangerous behavior. But too many also think it's 'somebody else' who's the problem.

Last April, I partnered with Santa Clara County Sheriff Robert Jonsen and Dr. Lubna Husain, Emergency Department Medical Director at O'Connor Hospital, to highlight the risks of distracted driving.

"As an emergency room physician, I've seen what happens because of distracted driving — the broken bones, the spinal cord injuries, the

struggles to keep your loved ones alive," Dr. Husain said. "As a doctor and a mother, knowing that some of these accidents were preventable, that's a sinking feeling."

The best way to make our roads safer is for every single one of us to make a commitment to being part of the solution, not the problem. We could save so many more lives if we could just be thoughtful, attentive, and follow the law.

Sheriff Jonsen said it succinctly and well: "Put your phone down and just drive."

You may save your own life, or that of a loved one. And that's worth paying attention to.

Santa Clara County Supervisor Joe Simitian represents the Fifth District which includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, portions of San Jose and unincorporated communities in the Santa Cruz Mountains. He was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He previously served in the California State Senate and State Assembly. Stay up to date on news and events happening in District Five by signing up for Supervisor Simitian's monthly newsletter at SupervisorSimitian.org.

City Council & Planning Commission News

By Adam Buchbinder



"The city doesn't build housing." City officials all over California, including here in Campbell, will readily tell you that their hands are tied, that they can't make developers build anything. And that's true, but it's not the whole story.

68 Page Street is an uninhabited, partly-constructed building less than a half mile from the Downtown Campbell station. The owner wanted to rebuild it last year with in-law units, but because it's on an unusually small lot, it needs a variance, which it clearly qualifies for. But neighbors showed up in force, claiming that the number of win-

dows would "change the complexion of the town", and while the proposal squeaked through the Planning Commission, the City Council kept continuing it so that the owner could find a compromise which the neighbors would accept. No such compromise has been found, and it remains partly-constructed.

540-566 E Campbell Ave and 24-34 Dillon Ave, the former Del Grande Auto Parts site, has been in some stage of redevelopment or another since 2016. A series of designs, which had to go through a long-running discretionary review process, eventually led to an approval,

but not until around 2020, whereupon COVID happened, and the developer has had to repeatedly delay construction, though they assure the city that they plan to begin this year. The site is currently a mud pit.

980 E Campbell Ave is the former Original Hick'ry Pit, which has been empty for at least three years at this point. In 2020, a proposal was brought to the City Council to redevelop it into a mixed-use complex with housing, retail, and plenty of amenities. The City Council rejected it 3-2, saying that it wasn't quite what they were

looking for. The site remains a vacant building.

In all of these cases, decisions made by the city led directly to inaction, which led to housing not being built. The city does not build housing, but it absolutely does stop housing from being built, both by action and by inaction.

In contrast, the city of Los Angeles has seen applications for over thirteen thousand unsubsidized below market rate homes since passing Executive Directive 1 in late 2022, which is roughly as many as the city's entire below market rate production in 2020, 2021, and 2022 combined.

The key here is that the city established ministerial approval for these projects (no heckler's veto over the "complexion of the town") and set a sixty-day timeline for approvals.

The city doesn't build housing, but that's not the whole story.

Adam Buchbinder is a member of the Campbell Planning Commission and the proud father of Robin, who turns one this month! Opinions expressed here are his alone, not those of the Commission or the City. Contact the Campbell Planning Department at planning@campbellca.gov.



The Rumble in Orchard City

By Benjamin Noel

Arte Suave Elite transformed the Orchard City Banquet Hall into a Jiu Jitsu superfight venue for a night. The night consisted of 34 bouts with two titles at Blue and Purple belt in the Gi, as well as a womens Black Belt BMF Championship tournament.

Jiu Jitsu's popularity has exploded in recent years since it first made its way to the mainstream decades ago. From its introduction in America by way of a garage in Hermosa Beach, to the Gracie Challenges, to its dominance in UFC 1 and beyond, jiu jitsu has stamped itself as one of the most effective martial art forms. With its American roots in Southern California, our state has been a hot spot for the sport, with hotspots in San Diego and the Bay Area.

Arte Suave Elite holds tournaments across the state, in Stockton, Anaheim and just two weeks ago, held their first San Jose fight night in Campbell's very own Orchard City Banquet Hall.

The night featured 7 juvenile matches, all filled with great technique. Zachariah Montigue boasted a quick submission win via mounted triangle against a formidable opponent. Numerous other submission victories, as well as absolute firework shows truly display the high level of jiu jitsu that is being practiced by the newest generation.

The first title fight of the night, in the Blue Belt 155lb division, was contested by Joshua Beam representing Odyssey Jiu Jitsu, and his opponent Will Alexander of JG Academy. Set for 15 minutes, the audience expected one party to tire out, but both kept up strong performances



Photo credit: True Legacy Studio

throughout. Joshua looked for his signature ankle locks from the beginning. Will found an opportunity to take top position, and Josh defended by turning to his side, risking exposing his back, but instantly chained another ankle lock attempt, keeping his opponent on his back foot. Will started looking for an ankle lock of his own before the two stood up, and no sooner had they stood, Will pulled guard, and swept Joshua. From his top position, Will proceeded to work his passing and shoots a triangle, looking to mount and finish the match via submission. Joshua defended and shortly after, the match ended. The bout went to a decision, and Joshua's relentless attacks paid off as the judges favored him, crowning him the 155lb Champ.

The Purple Belt 145lb title between Mark Acevedo of Fightcraft, and William Jones of Kola Ajose Jiu Jitsu was full of action. Some pre-matchday chatter from the Ajose camp led to a charged match up. Will searched for the back with great fervor, launching attack after attack, but eventually his pushed his pace too hard, and Mark caught the young jiu-jiteiro with a knee bar to end the match. In his post-fight

interview, Mark showed respect to the opponent and his team, talking about how everyone who steps on the stage and Kola Ajose returned the love.

The night ended with a womens BMF championship tournament. 4 world class blackbelts, Thamara Ferreira of Caio Terra Association, Jordan Patrick of New Wave, and two fighters from San Diego, Melissa Cueto from Alliance and Brittney Johnson representing Atos HQ. Thamara and Jordan matched off first, Thamara methodically attacked a triangle, making slow and strategic adjustments to win via shoulder lock. Next, Melissa and Brittney faced off, with Melissa securing the win in a very back and forth bout. The final bout of the night had Thamara and Melissa facing off. The two have met each other before on the competition circuit, so both played reserved games. Both opened with low stances, double guard



Photo credit: True Legacy Studio

pulling, and Thamara slowly worked her way to closed guard, eventually both stood up. Through the long match, Thamara launched many attacks of her own, pushing the matches pace especially in the closing few minutes, earning her the judges decision, and becoming the Arte Suave Female Black Belt BMF.

APRIL MOVIES

By Sam Wilson



Godzilla x Kong: The New Empire - C-

Leave your brain at home, Godzilla vs. Kong entered the franchise into dumb rock-'em sock-em territory and this ludicrous sequel continues down that path. Kong enlists Godzilla's aid against essentially antagonist versions of themselves after he finds his species living in Hollow Earth under the tyrannical rule of Skar King. Dan Stevens (FX's "Legion") is having a blast but the humans serve merely as exposition while the fights are blandly textbook CGI-heavy, similar to the "Transformers" sequels.

Ghostbusters: Frozen Empire - C-

Lifeless sequel to 2021's Ghostbusters: Afterlife with a story and villains so forgettable they won't be remembered post credits. The original cast are a joy but combining them with the new generation characters proves an awkward fit. Paul Rudd (Ant-Man) and Carrie Coon (Gone Girl) display natural chemistry while McKenna Grace continues to shine, but previous director Jason Reitman's absence is dearly felt.

Road House - B-

Doug Liman (Edge of Tomorrow) adds another action hit to his directors resume with his over-the-top remake of the Patrick Swayze classic about a bouncer. Jake Gyl-

lenhaal brings zest and a manic presence to the lead role while Billy Magnussen (2019's "Aladdin") and UFC superstar Connor McGregor make for amusing cheesy villains. Despite its many deficiencies, it's entertaining and the action is top-notch.

Immaculate - C

Underwhelming "Rosemary's Baby"-inspired story with aspirations of being throwback Italian horror that ultimately fails to bring anything fresh to the genre. Actress of the moment Sydney Sweeney (Madame Web) produces and stars as an American nun who joins a convent in the remote Italian countryside but soon becomes pregnant while celibate, making it clear the members are harboring dark secrets.

Kung Fu Panda 4 - C

Another family-targeted sequel to a kids animation franchise that has creatively gone dry but exists because it continues to make the studio money. After becoming the spiritual leader of his Valley of Peace, Po (Jack Black) faces off with new enemy the Chameleon (Viola Davis) while the Furious Five are oddly written out. Bryan Cranston, Ke Huy Quan, Awkwafina, and James Hong provide voices.

Asphalt City - B-

Slow-simmering drama thriller that's at times intense

Continued on page 9

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MOVIE REVIEWS

Continued from page 8

and uncomfortably realistic. A rookie paramedic is partnered with a seasoned vet in order to put their lives on the line during the often dangerous and unpredictable NYC night shift. Sean Penn (Carlito's Way), Tye Sheridan (Ready Player One), Katherine Waterston (Alien: Convent) and Michael Pitt (HBO's "Boardwalk Empire") provide steady performances.

Imaginary – D+

Ironically lacking imagination while possessing no redeeming qualities. The protagonist returns to her childhood home to find that her imaginary friend was not only real but angry she left. Closer to a predictable one and a half hour "Goosebumps" television episode than a horror hit, the creature design is weak while every beat and twist is ripped straight from other films.

Snack Shack – B

Throwback coming-of-age teen comedy featuring dynamic lead performances and a talented all-around cast. Two friends during the 1980s Nebraska summer rent out a snack shack at their local pool in order to make cash. The R-rated humor includes lots of strong language yet there's authenticity to it while retaining more maturity and heart than anticipated.

Winnie-the-Pooh: Blood and Honey 2 – D+

Improvement over the first yet still a steaming pile of poo (bear). Tigger and Owl (looking like a Power Rangers jobber) join Pooh and Piglet on their murderous rampage in this gory horror trash that bears mere hints of cheesy fun. Obvious production value increase thanks to a higher budget results in better everything, yet the poor quality remains.



Wednesday, April 10

7pm

First Call

Thursday, April 11

6pm

Blues Jam

Friday, April 12

7pm

Chain of Fools

Saturday, April 13

7pm

Blues Rockers

Wednesday, April 17

6pm

Jazz Jam

Thursday, April 18

6pm

Blues Jam

Friday, April 19

7pm

tickets required \$20

FEELIN' RANDY

Saturday, April 20

7pm

Serious Condition

Wednesday, April 24

6pm

Acoustic Showcase

Thursday, April 25

6pm

Blues Jam

Friday, April 26

7pm

Jokers

Saturday, April 27

7pm

Jinx Jones

Wednesday, May 1

6pm

Dennis Dove

Thursday, May 2

6pm

Blues Jam

Friday, May 3

7pm

Sound Advice

Saturday, May 4

7pm

Lencat

Wednesday, May 8

7pm

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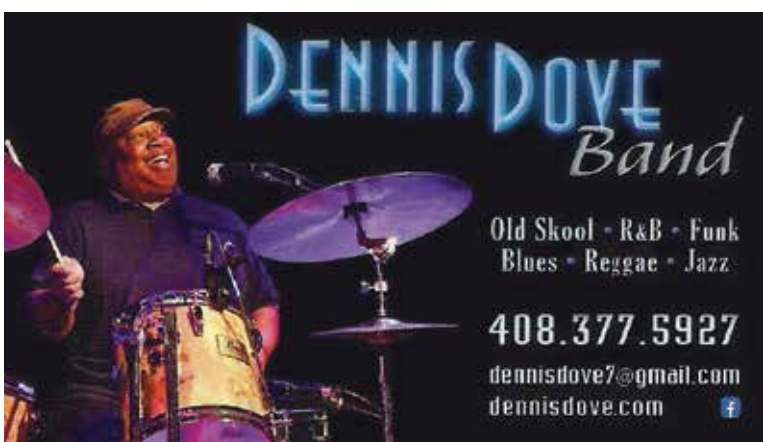
April 20th 4 pm
Bogey's Pizza
with Chubby's Allstars
with special guest
Chris Jackson from
KFOX

April 24th 6 pm
Little Lou's BBQ
Campbell

April 27th 6-9 pm
Buddies Pub
638 S. Blossom Ave.
South San Jose



TCP



April 5 **FISHCAKE BAND & DJ MIKE**
Classic Rock & Dance Favorites

April 6 **THE ROCKAFELLAS & DVS DAVE**
Rock, Pop, R&B, Funk & Country Favorites

April 10 **TRIVIA & KARAOKE IDOL**
*Every Wednesday – Trivia followed by
Karaoke Idol Competition*

April 11 **SALSA NIGHT & SALSA LESSON**
2nd Thursday of each month

April 12 **CROSSING DANA & DJ MIKE**
Rock N Roll & Dance Favorites

April 13 **GET IN THE GROOVE BAND
& DJ DVS DAVE**
Rock, Pop, R&B Hits & Today's Favorites

April 17 **TRIVIA & KARAOKE IDOL
SEMI-FINALS**
*Every Wednesday – Trivia followed by
Karaoke Idol Competition*

April 18 **DJ NIGHT FEATURING REGGAE,
CARIBBEAN, DANCE**
*3rd Thursday of every month – Rhythmic vibes
& soulful beats*

April 19 **ENCORE - SAN JOSE BAND
& DJ MIKE**
Pop, Rock, R&B & Party Music

April 20 **THE MONEY BAND & DVS DAVE**
*High energy band playing #1 hits from the
50's to present*

April 24 **TRIVIA & KARAOKE IDOL FINALS**
*Every Wednesday – Trivia followed by
Karaoke Idol Competition*

April 25 **MIND THE GAP BAND**
4th Thursday of each month - Share the Stage!

April 26 **COUNTRY COUGARS
& LINE DANCING**
Rockin' Country Band playing our favorites

April 27 **DAZE ON THE GREEN
& DJ DVS DAVE**
*Super fun party band playing radio hits
from every genre*

May 1 **TRIVIA & KARAOKE IDOL**
*Every Wednesday – Trivia followed by
Karaoke Idol Competition*

May 2 **DJ NIGHT FEATURING
4 LOCAL DJ'S**
Top 40 Mixed with House Music

May 3 **MERCY & THE HEARTBEATS
& DJ MIKE**
Top dance hits from the 70's to today

May 4 **THE COCKTAIL MONKEYS
& DJ DVS DAVE**
*Cinco de Mayo Party playing fan favorites
from yesterday to today*

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Books Inc.



By Christine Cargnoni & Ashley Bailey

Our first full month of spring is finally here! For those of you who brought your Easter spirit for our Bunny Hop event, thanks for bouncing by. This month, we have exciting events we are ecstatic to share, such as an event for National Poetry Month and, our personal favorite, Independent Bookstore Day!

Come celebrate Independent Bookstore Day with us on Saturday, April 27th! Independent bookstores depend on all you lovely book-lovers to keep us thriving. Each indie store brings their own unique flavor to book-selling, hopefully providing our customers with personable book buying experiences. To give a big thank you to all the people that make independent bookstores possible, we will have special events and goodies. Come in to appreciate your favorite neighborhood bookstore and browse through all the

special edition merchandise. We will also have plenty of freebie stickers to commemorate the occasion. Several local authors will also be in attendance for book signing opportunities! We'd love to see you there!

From haikus to sonnets, poetry has a wide collection of forms and flow. Whether you enjoy taking pen to paper or are just an avid poetry fan, April is the time to support your local poets for National Poetry Month. Books Inc. will be bringing the verse to you with poet Jullythza García. Poetry's lyricism is meant to be heard in person and you can come hear García herself present her new poetry book, *Spiritually Ratchet: Let the Mess Recreate You*. In her debut poetry collection, she explores themes of resilience in times of suffering, where she's relied on her religion and her humor. Check www.booksinc.net/Peninsula-

Books-Inc. Events for information on Jullythza García's event. There, we also include details for all other author events that will take place in our Campbell location.

Another exciting event we have this month in store is a talk with local author Martha Engbar, an accomplished author with an impressive repertoire of work on newspapers and journals. At the end of the month, Engbar will be coming to Books Inc. to talk about and sign *Bliss Road: A memoir about living a lie and coming to terms with the truth*, her highly-rated memoir centering around family and mental health, specifically autism and how it plays into who she is and the family she grew up with. This memoir is full of well-researched information on neurodiversity and offers insights into how autism impacts one's life and how people can work towards a better life as a family regardless of what comes between them. Come by April 30th at 7pm to listen to Engbar talk about her work; April is also Autism Acceptance Month, and what better way than to increase awareness and understand what experiences people with autism face than to support Engbar and her work? She will be in conversation with Lisa Sinclair and Dr. Jen Kuhn, all of whom will be discussing their work and answering questions.

That's a wrap! We look forward to seeing you at our many events this month, and are excited to continue to spread our love for reading and our enthusiasm for expanding knowledge and supporting authors and poets. Keep an eye out for our upcoming events in May, and have a lovely first month of Spring.

Before the Song: "We're Not Gonna Take It" by Twisted Sister

By Chris Jackson "Mayor of Silicon Valley"

If you've ever sung "O Come All Ye Faithful," you'll have no trouble singing Twisted Sister's anthem "We're Not Gonna Take It." That's because it's the same basic melody. Try it! Lead singer Dee Snyder says they wrote their tune using the classic hymn's familiar chorus melody. All that was left was to write the verse melodies.

Dee says he studied how the songs were written on Def Leppard's third album, "Pyromania." He noticed that those verses used a variation of the chorus melody. He did the same thing, and "We're Not Gonna Take It" was finished in time for, ironically, Twisted Sister's third album.

In 2006, the song came full circle when Twisted Sister recorded a version of "O Come All Ye Faithful" using the hymn's lyrics set to the music of "We're Not Gonna Take It." In case you're wondering, you can use any melody in your song without paying the original composer, as long as the original is at least 70-100 years old, depending on current Copyright law. Time to get out some Beethoven or Mozart and "write" the next big rock anthem. ☺

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am

CEDAR ROOM
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The Queens of Campbell

4.14 DRAG BRUNCH
4.17 QUEEN BINGO
5.1 QUEEN BINGO
5.12 DRAG BRUNCH

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Feeling Randy – Remo's Legacy Album At Little Lou's

Soundtek Studios is owned by Campbell resident Robert Berry, and the national recording artist still invites his recording projects. Soundtek Studios has been for decades a hidden gem near downtown Campbell. Experienced engineers like Thom Duell, a Vocal Producer have helped to produce many well-known artists and a variety of local artist projects with music albums and everything in between including books on tape. Most in the business agree it is the best studio with state-of-the-art equipment to record your project or Legacy music just like Randy Remo Musumeci a local drummer who played in the South Bay. Our live music scene has changed over the years and so has Randy. He started in his 20's with Rear Entry, Mystery Date, and The Money all South Bay bands. Then began playing with opening bands in the 1980's for The Call, Todd Rundgren, and Huey Lewis and The News in the heyday of Campbell's Rock N Roll historical music scene. A few years later he had ownership of a recording studio in San Jose called Astral Sound with Bill Hare, a Grammy Winner known for his work with Pentonics.

Randy changed with the times and tried Stand Up Comedy while still writing and composing his music.

Recently has been coming back to the South Bay area and Soundtek has recorded two Albums using the original songs he wrote over the years. Randy called fellow musician Thom Duell engineer at Soundtek and spent time with Robert Berry discussing the best way to finish his Album "Feeling Randy". Randy is debuting his second Album "Feeling Randy too" will be the show at **Little Lou's BBQ in Campbell Plaza on Winchester Blvd., Campbell on Friday, April 19th at 6 pm.**

With a Special Guest appearance by Robert currently in the new band Six by Six. Randy's band members on the album are also local musicians. It will be an incredible night of great musicianship with Thom Duell on Guitar and vocals, Mary Ellen Duell on Vocals, Russ Azolone on drums Dick Stillman on Keyboards, Bill Ireton on Guitar, Harold Martin on bass, and a full horn section. Tickets are \$20 go to [page 10 in The Campbell Press](http://page10inthecampbellpress.com) and check out Feeling Randy for more information to get your tickets or online at [EventbriteFeelingRandyToo...](http://EventbriteFeelingRandyToo.com) or on Facebook search for "Feeling Randy Too". If you are interested in a recording project at Soundtek Studios call **408-370-3313** or check them out on the website at www.soundtekstudios.com.



DIG IT...



with SAM

By Sharon McCray, UCCE Master Gardener

OXALIS

Finally Spring is here and that means time to get outside and start dealing with all those weeds, including tall grasses that seem to have invaded everywhere.

Whether dealing with annual, easy to pull weeds or those unwanted plants that come every year no matter what, now is the time to get busy. Those cute little yellow flowers and soft clover type leaves are oxalis *californica* and are native to California. Oxalis flowers are not limited in color to yellow and in fact, with over 550 species, can be an amazing addition to your garden...or one nasty nuisance. Flower colors can range from purple, white and green with purple centers to bright yellow and every color in between. The foliage varies as well and can

be lime green and as dark as deep purple and are sold everywhere as a nod to Saint Patrick's Day. Depending on your particular viewpoint and preference, these dependable plants can be both challenging and a blessing.

Although oxalis prefers bright indirect sunlight that does not seem to restrict their growth outdoors. Once established in your garden, it is best to accept that it will be there for a very long time. Oxalis is usually sold as an indoor plant but in our beautiful valley, it thrives outside all spring and summer.

Oxalis is considered highly invasive here because it thrives in our general garden conditions. It almost takes an attitude that, because some gardeners work so

hard to keep it alive, it can throw caution to the wind and creates headaches for the rest of us.

While researching information about oxalis, it is interesting to learn that most of the available information concerns how to take care and manage this prized specimen. This is a classic example of the importance of knowing where your resources comes from. People in other parts of the country are trying to keep this beautiful plant alive and some of us on the west coast have much different feelings.

Oxalis can be a great source of nectar for bees and hummingbirds. It doesn't set seeds so pollination provides no benefit to the plant and it

provides food for seed eating birds including sparrows and doves while deer and rabbits seem to enjoy eating it. Oxalis is rapidly spread by tubers and in a short few years will take over the most manicured of spaces. Oxalis *regnellii*, aka wood sorrel can be toxic to dogs, cats and horses, so exercise caution when selecting varieties compatible with your intended use.

So, now that we have established that this is not one of my favorite plants, we should explore just how to get rid of it. I have found no sure fire method yet. Spraying herbicides like glyphosate (Roundup) is suggested, but at what cost to you, your garden and our environment? Hand pulling

will frustrate the most dedicated gardener. By placing a layer of thick paper or better yet, cardboard on top of the living plant and covering it with a thick layer of mulch, will certainly put a dent in future growth, I am not sure it can ever truly be eradicated.

Any part of the plant that remains in the soil will produce new plants, so make certain if hand pulling, that all of the root material is removed. A heavy dose of iron can also help manage oxalis in turf since grass won't absorb the iron. I hope this information is useful and has provided some insight into one of those unique plants that can be a bane to one and a blessing to others. Happy Spring!

WEST COAST CHEF

APRIL CHEER!!



By Bill Peil

A very cheerful and welcome April to everyone. After all this wondrous rain, the streams are flowing, the reservoirs are filling, (except Vasona) the hills are turning Ireland like shades of green, and there is hope in the air for toastier weather to come.

Look for peak flavors from the first young asparagus, red Mexican garlic, field grown rhubarb, dandelion and mustard greens, artichokes, snap peas, fava beans, spring or green garlic, spring onions, leeks, fennel, local strawberries, radishes, new potatoes, Oregon morels, bay scallops, wild Alaskan salmon, Dungeness crab, local rockfish, Hawaiian shrimp, spring American lamb.

As a child, I would take the train down the coast, and my dear friends, the Baldwins would pick me up and take me to their home on the water in Miramar. I spent many a weekend frolicking on the beach, fishing, crabbing, and procuring fresh oysters and clams. A local who was raised in Tomales Bay, showed us the local creation called BBQ oysters, indigenous to the region. In essence, you shuck the oysters, remove the top

shell, place them on a pan of rock salt, place on the BBQ with a good spoon of escargot style butter: butter, garlic, shallot, parsley, lemon, salt, and pepper, and maybe a dash of Pernod. When the butter starts bubbling, place a tsp. of your favorite BBQ sauce on each oyster, Pull off when heated through, and serve with great friends, chilled wine or beer, and enjoy. This is a blessed indulgence.



Here is my recipe for Half Moon Bay steamed clams. This is my favorite way with clams, but feel free to use it as a guideline, and add or subtract what you like or don't like. I do know that everyone enjoys them immensely, and you can easily serve them with fresh pasta. Stock and broth help send this over the top, so use a good quality stock when you do.

HALF MOON BAY STEAMED CLAMS

- 1 pound of fresh clams per person as an appetizer. Manilas have a great meat to shell ratio, littlenecks, cockles, and Cherrystones will also do nicely.
- 1 small chopped white or yellow onion
- 3-4 cloves finely chopped garlic
- 2 chopped green onions
- Grated rind of 1, and juice of 2 lemons
- 4 Tbsp. good olive oil
- 4 Tbsp. butter
- 1 Tbsp. fresh grated ginger (optional)
- 4 oz. good dry white wine
- 6 oz. good chicken stock, vegetable will do
- ½ cup chopped fresh parsley
- 2 Tbsp. of your favorite chopped fresh herbs, (tarragon, thyme, basil, dill, oregano, marjoram, sage, rosemary all will do nicely)

Place olive oil in large pot, lightly sauté onions, scallions. Add clams, wine, ginger, garlic, herbs, lemon and rind, parsley, and stock. Steam over medium high heat until clams begin to open, 5-10 minutes. Finish with butter. Serve with lots of crusty sourdough, and lots of the broth. Cold beer and chilled wine are sublime. This is what eating is meant to be.

Cheers, enjoy the weather, and see you in May... Cheers, Billy

Kiwanis Los Gatos



Kiwanis of Los Gatos Holds its Hippity Hop on Saturday 3/30/2024.



The Easter Bunny waves as he arrives for photos with him and several children and families.



The field is full of happy families gathering eggs for the Easter Hunt.



Coach's Corner

By Jay Harnden

A MOVING STORY

As I've alluded to in the past, I'm a Campbell native who did the unthinkable about three and a half years ago and pulled up my deep roots and left the beautiful little town I'd known and loved to start another life in a new location. In this short article I thought I'd share some of that process with you.

Never in a million years could I see myself living anywhere but Campbell. I went to school here, bought my house here (in 1980 when it was affordable), raised my family here, had my business here...you get the idea. I thought for sure I would live out my retirement years in Campbell. But there were other plans.

When it became clear that my daughter and son-in-love (a registered nurse and a deputy sheriff) could not afford to buy a home in this valley, something had to change. After some deep thought and soul searching, I succumbed to the thought of moving! Nobody in my family could believe it.

But there were three beautiful grandkids in the picture now, and the thought of living far away from them made the decision a no-brainer. My wife and I started looking at real estate on the internet, and with our son and his wife settled down in Rohnert Park, we knew we couldn't move too far away.

So, the November before the pandemic, we took a family trip to southern Reno to check it out. Wow, it was nothing like I remembered it from my childhood. The air was clean and crisp, the homes were new and affordable...it just felt like the right place for us to be.

More searching for homes on the internet. Here's a little advice...do some looking, but none of the homes you like will be there when you are ready to move, don't waste a lot of time.

Beware of Pandemics! We were getting ready to sell our house when it hit. We had a cash buyer, but a few glitches halted our deal in its tracks. Our kids had made an offer on

their place in Reno. We were trying to time it, so we'd match the timing. Well, long story short, our cash buyer really wanted to buy our house, and after he dealt with the glitches, the deal was back on.

We decided to head up to Reno and check out their new home and to seriously look for one of our own. I'll never forget as my wife was driving, and I got an alert on my phone. A deposit had been made. A huge deposit. We could buy a house now.

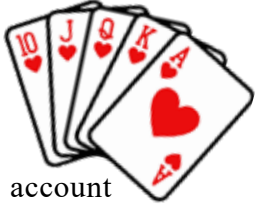
When we arrived in Reno, our daughter announced that she had found a house for us. She drove us to see it, and my first impression was no way are we ever gonna live in that house. We already had a list of homes to look at with our realtor the next day. The second home we saw we fell in love with...it was the one my daughter found. Just four miles away from our grandkids. So here we are. It was meant to be. Oh, and did I mention the view?



Photo: Jay Harnden



Airline Managements' Poker



This is a never ending game played by airline revenue management teams with every flight departure. It is a constant struggle maximize earnings from every seat on each aircraft based on the simple economic fact that an empty seat earns nothing and costs plenty.

As a potential customer, you hunt through the airline reservation systems to find the cheapest fare, the closer you get to the departure date the available seats disappear faster than a failing head coach of an NFL team. Then suddenly, a day or so before departure, the whole inventory opens up and seats mysteriously appear. This is the last move in the aviation poker game known as yield management. Sometimes it happens but can you afford to wait and see if it will?

Why do these seats suddenly appear? The explanation is simple but the reasons behind it are far more complex.

Many years ago, the guru of aviation economics Professor Rigas Doganis first published what became the definitive guide to yield management in his analysis of international airline economics – Flying Off Course. Its observations have stood the test of time and are still very valid today covering forecasting, marketing, pricing, deregulation, and many other key factors in aviation economics.

Traditionally airline pricing was based on two distinct markets, business, and leisure. Discount fares were only available to the leisure market which tended to be for longer stays and booked far in advance while the business traveler had to pay for short notice and short stay travel. The key to this was the Saturday night stay.

Using historical data for a particular route and tak-

ing into account special events, seasonal peaks, and changes in the competition an airline could forecast how much demand from each market segment there was likely to be for that route. Setting the fare structure for that is where the poker game begins. Price too high and you are left with unsold seats, price too low and you may have a full aircraft that actually runs at a loss.

Deregulation increased dramatically competition and opened the door for low cost carriers like Southwest. Traditionally one-way fares were never discounted. Then the low cost carriers based their entire fare structure on one-way pricing. To compete, carriers had to review their entire pricing policy and the Saturday night stay disappeared on routes where competition existed. Discount fares were heavily restricted with expensive change fees.

So why do those seats suddenly appear at the cheapest prices just days before departure? The revenue managers are gambling that it would be better to tempt a last minute traveler at a low price and contribute some revenue to the flight than hope that someone will come along and pay full fare because they had to travel at short notice.

The Professor laid down a simple key to success. "The airline's primary aim must be to sell the capacity it is prepared and able to offer at prices which will generate sufficient demand to ensure an adequate level of profit"

I would add that a poker player's nerves of steel much be a useful asset.

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Campbell Crime Report



By Carol W. Gerwitz

Rincon Ave. and S. Winchester Blvd.: Victim and Suspect were involved in an argument. Suspect hit Victim with his vehicle, then fled the scene. Suspect was later identified, and his vehicle was located at his residence with damage consistent with the collision. Suspect was contacted and determined to be DUI. Booked.

70 N. 1st St.: Suspect lost his wallet downtown. A citizen subsequently turned the wallet in, and cocaine was in the wallet. CPD contacted Suspect by phone, and Suspect went to CPD to collect his wallet. Suspect was on Post Release Community Supervision (a form of parole) and had more cocaine in his pocket when he arrived at the Department. Cited.

2300 blk. Winchester Blvd.: Suspect was contacted for causing a disturbance. Suspect was determined to be drunk in public and in possession of stolen merchandise from the business. Victim requested to press charges for the theft. Suspect was placed

into custody for public intoxication and petty theft. A probation hold was also placed on Suspect for the listed charge. Booked.

S. Winchester Blvd./E. Rincon Ave.: Suspect was contacted after being reported as brandishing a knife to another male. Suspect displayed signs and symptoms of being under the influence of a controlled substance and was determined to be under the influence of a CNS Stimulant. Suspect was also in possession of drug paraphernalia and methamphetamine. Booked.

600 blk. Laura Dr.: Victim stopped and placed their backpack on the sidewalk. Suspect 1 exited a vehicle driven by Suspect 2 and stole the backpack. The backpack was later recovered but their laptop was missing. Report.

400 blk. E. Hamilton Ave.: CPD was contacted regarding a bomb threat made by Suspect. The store was evacuated as CPD arrived on scene. CPD Officers and Santa Clara County Sheriff's Office Per-

sonnel conducted a search for a bomb, but no bomb was located. Suspect is unknown and at large.

1000 blk. S. Bascom Ave.: Suspect entered the store and stole merchandise and walked out of the store. Suspect was contacted as he was leaving the store where he admitted to stealing items from the store. Suspect was also in possession of burglary tools, stolen property, drug paraphernalia, and cocaine and was determined to be under the influence of a CNS Stimulant. Arrested and booked.

300 blk. Union Ave.: Suspect knocked on Victim's door in violation of a no contact domestic violence order. Suspect was contacted and booked.

1000 blk. S. Winchester Blvd.: Suspect was stopped for CVC violations and had an outstanding warrant from Prince William County, Virginia. The warrant and extradition were confirmed. Booked.

600 blk. E. Campbell Ave.: During a patrol check, new

graffiti was located on the bridge. Department of Public Works notified.

S. Winchester Blvd./E. Rincon Ave.: Suspect was contacted after being reported as brandishing a knife to another male. Suspect displayed signs and symptoms of being under the influence of a controlled substance and was determined to be under the influence of a CNS stimulant. Suspect was also in possession of drug paraphernalia and methamphetamine. Booked.

400 blk. W. Hamilton Ave.: Suspect #1 took Victim during a prearranged meeting in violation of a court order restricting her from having custody of Victim. Suspect #1 fled the area and did not return. A Ramey warrant (a warrant issued by a judge before a prosecutor files formal criminal charges) was authored and granted for her arrest. Suspect #1 was later located at her residence in San Martin and placed under arrest. Suspect #2 was contacted during CPD officers' investigation and

admitted to assisting with Suspect #1 in avoiding the police and stated he was aware that Suspect #1 took Victim and that the police were looking for her. Suspect #2 drove Suspect #1 to a secondary location on Watsonville Road where he stated he dropped off Suspect #1, Victim, and an infant child to be picked up by an unknown person. Suspect #2 admitted to also providing her a secondary cell phone for her use. Suspect #2 booked.

100 blk. Rose Ct.: Victim reported that while in an argument with her boyfriend/Suspect, Suspect threw a phone at her which narrowly missed her. Suspect fled the scene prior to officers' arrival. An Emergency Protective Order was granted.

1000 blk. Winchester Blvd: During a private property tow, suspect forcibly took a set of keys from victim and used force to prevent victim from recovering the keys back. Victim requested charges be pressed. Suspect was placed into custody, transported, and booked.

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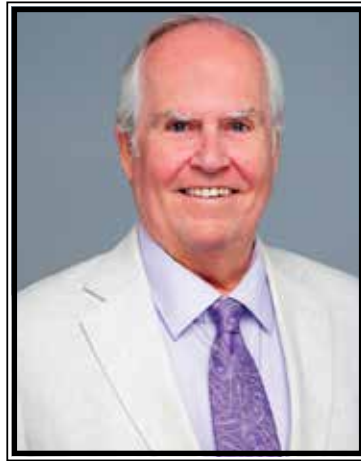
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Changes, They Are A-Coming... Maybe

By W. Gene Hunt, Realtor
Cal DRE 01124702
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It made headlines a few week ago. A lot of misinformation and misguided opinions were broadcast in the local and national media. The National Association of Realtors, NAR, PROPOSED a settlement to the case in Missouri that would handle all the copycat suits at the same time. When, and if, this proposal is accepted by the Court, then there will be changes for all Realtors.

In part, the settlement would change the rule so that displaying compensation to a cooperating Broker, i.e. the Buyer's Agent, would no longer be allowed on the Multiple Listing Service, MLS. This doesn't mean the seller can't pay the buyer Agent's compensation as agreed in the CA Listing

Agreement form. It simply means they'll have to find a different way to make it know what the seller has agreed to pay through the listing Agreement.

The media has jumped all over this for the wrong reasons. Many say it "eliminates the 'standard' commission"...first, there's never been a "standard" and, second, it doesn't eliminate anything other than displaying whatever that is on the MLS. All commission have been fully negotiable. The CA listing agreement even has verbiage that puts this notice in **bold** type on the form. Compensation for a cooperating Broker can still be displayed on an Agent's website, the website for the property, a flyer for the property, in a variety of way only limited by the creativity of the listing Agent

Another comment being made in the mainstream media is this will lower the prices on homes. It's unclear how that will happen as a seller's Agent has a duty to get them the best price, regardless of the compensation being offered or paid. With low, local inventories of homes available for sale, it's unlikely we'll see prices come down anytime soon.

The second significant aspect of this settlement is Realtors will

be required to have a signed 'Buyer Representation and Broker Compensation Agreement' before showing homes to potential buyers. This is getting less press time but, potentially, a more significant change in how the Real Estate industry operates. Buyer and potential Agents will have to have a consultation about what is being looked for, what responsibilities both parties have to make the home buying goal a success and what the compensation for the Agent will be. Just like one signs a retainer with an Attorney, one will have to have a signed agreement when they want professional help.

Whether buying or selling a home the confusion created by the misinformation in the media concerning this proposed settlement will only complicate an already very involved legal transaction. Both buyers and seller will benefit, though, as the transparency regarding compensation will be enhanced. The value a Realtor brings to the transaction, whether for the buyer or the seller can't be fully detailed here. For more information and for further service contact me at (408) 887-4731 or email to geneshomes@earthlink.net.

MUSEUM MATTERS

Continued from page 2

For History Happy Hour

- Tickets are \$20/person
- <https://www.campbellmuseums.com/shop>
- Light appetizers, wine, and non-alcoholic beverage included with admission
- Please note the time difference for each event

Campbell Museums Public Art Show!

On Display Now at the Carriage House. Free to enjoy during public hours Friday-Sunday, 11am-3pm

The biennial public juried art show. Enjoy original artwork centered around the theme "Community" from local community artists.

The Campbell Museum Foundation is recruiting members.

The Campbell Museum Foundation is comprised of a dedicated volunteer Board of Directors. As a 501(c)(3) non-profit organization, the Foundation endeavors to enhance the spirit of community through a historical lens. The primary responsibility of the Foundation Board is to develop financial support or the Museum's activities and day-to-day operations. Each Board Member utilizes personal interests and expertise in planning and managing the fundraising, education, and community outreach programs.

The Campbell Museum Foundation aims to achieve the following:

- Establish a Recognizable Presence in the Campbell Community.
- Advocate for the Campbell Museums' Role in Economic Development.
- Promote Campbell's Strong Historical Identity.
- Participate in Campbell Community Events and Meetings.
- Be Recognized as a Strong Partner.
- Support the Community Through Scholarships/Grants.

To learn more visit <https://www.campbellmuseums.com/museum-foundation>

Friday, May 17 Santa Clara County Preservation Awards Night!

Anyone who loves local history has an opportunity to be a part of the Santa Clara County Preservation Alliance Awards night.

The Event is on Friday, May 17 from 7 pm-10 pm at History San Jose Park.

This is a fun evening recognizing individuals, organizations, and public agencies, whose contributions demonstrate significant achievements in preserving the history and heritage of Santa Clara County.

For tickets, sponsorship opportunities, and more information <https://www.preservation.org/npm2024>

Nominations are open NOW through March 31

<https://www.preservation.org/npm2024nominations>

CITY NEWS UPDATES

Continued from page 7

with common sense reforms. Twice now the Community Development department has brought forth recommendations to streamline our permitting process. This includes decreasing the amount of time it will take to go through the permit process, reducing fees, and allowing formerly discretionary permits (such as those which must be approved by the council) to instead be simply approved by staff, as long as the applicant meets requirements.

Together with streamlining, the plan lays out an extensive five-part plan to increase the city's responsiveness to our business needs, guided by making Campbell a better and more vibrant place to live. We are currently in the midst of the "Foundational" parts of this plan, which will include "Enhancing market opportunities" and "Building economic vitality" through actions like the streamlining just discussed. Future initiatives could focus on increasing our partnerships with local organizations and agencies, marketing the city, and taking advantage of major events such as the Super Bowl, World Cup, and more. I look forward to continuing to share these projects as we work to implement the plan.

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