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VOL. 01 No. 03 **YOUR #1 COMMUNITY NEWS AND INFORMATION SOURCE!** **FEBRUARY 1, 2021** **FREE**

WE'RE BACK!



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Clockwise from top left: Tessoro Barra Di Vino, Khartoum, Water Tower Grill, The Vesper, Campbell Farmer's Market, La Pizzeria.

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CONTENTS

Pg. 3 Publisher Notes/
Tech Talk

Pg. 5 Chamber News/
Winners Citizen of the
Year

Pg. 7 Entertainment/
Garden/ Theatre Drum
Clinic

Pg. 9 Garden Tips by
SAM/ Recipes

Pg. 12 Pruneyard/
DoubleTree Hilton



WORD OF THE MONTH

“INDEFATIGABLE”

(Adjective)

1. Persisting tirelessly

“Dr. King was an indefatigable defender of human rights.”



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Publishers:

Nancy O. Whitney
Matthew C. Howe

Editors:

Matthew C. Howe
Nancy O. Whitney

Layout:

Chris Matthews

Contributing Writers:

Cynthia Cubing
Matthew C. Howe
Ken Johnson
Sergio Lopez
John MacCalman
Sharon McCray
Eric O'Riley
Jeff Potts
Karen Smith
Beth Stone
Nancy O. Whitney

Graphic design:

Alicia Mont
thecampbellpress@gmail.com
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Campbell Historical Museum

NEWS FEB 2021

The new year brings new program and opportunities at the Campbell Museums.

We are kicking off 2021 with a goal to offer community engagement programs that encourage learning, listening, and local support.

Our monthly Friday lecture series: History at Home will restart on Feb 12 with local author Ehsaneh Sadr. She will discuss her book *A Door Between Us* where history meets fiction as Sadr weaves together the personal and political lives of two families living in Tehran, set against the backdrop of the 2009 Green Wave Revolution. Register at www.campbellmuseums.com/shop The Campbell Museums is also offering a new program for our Museum Members called Membership Mondays. Active

Museum Members who wish to attend a Membership Monday program can email Kerry Perkins directly to register: kerry@campbellca.gov. The Membership Monday program is open to the general public to pay admission to attend individual events, or anyone can become a Museum member and receive free admission to future Membership Monday events. The first Membership Monday program begins on March 1. The Campbell Museums in partnership with the Jewish Family and Children's Services Holocaust Center. The program will include the harrowing tale of a survivor of the Jewish Holocaust and a question and answer facilitated by the JFCS. More information can be found at www.campbellmuseums.com/shop

The Campbell Museums is continuing to recruit members to join the Campbell Museum Foundation.

Continued on page 7...



HERE'S HOWE

By Matthew C. Howe

So much to say, so little space to say it!

The town is a buzz with so many things! **Spread** has moved down the street to where the **Boilermaker** used to be. They slipped right in there quite comfortably it seems. La Pizzeria place next door had planned to take it over but things didn't work out as planned and they have opened a second restaurant in another location.

Downtown Restaurants may be challenged with the weather now that the hold on outdoor dining has been lifted. Restaurant owners have spent their last few dollars on coverings filled with propane heaters to make the experience as comfy as possible, but bring an umbrella and raincoat with you anyway. Campbellites were out in full force last weekend with a break in the weather and wasted no time eating at their favorite restaurants.

Construction continues above **Willard Hicks** and behind **Opa's**. I do like how it architecturally flows with the cannery style roof theme. Well done! Construction has also been ongoing next door to our office that was once the 23 Skidoo clothing shop. Stay tuned for something very different there.

Rumors about the sale of **The Campbell Brewery/Il Sogna** may indeed

be true. Hoping it will remain a brewery with some good 'ol pub grub. We will update you on that very soon.

I have noticed Door-Dashers have been busy everywhere in Campbell; mostly at **the Water Tower Grill, Blue Line Pizza, Brown Chicken Brown Cow, Opa's, Willard Hicks, Sushi Confidential** and especially at **Blue Sky Chinese** where I have seen as many as 20 Dashers waiting at one time for food. It certainly appears to be working well for those participating restaurants when takeout had been the only option.

This is only our third issue and we decided to delay it a couple weeks so we could release it at the beginning of the month rather than the middle. Enjoy!

CV-19 aint over just yet, so please wear a mask.

CAMPBELL SCRAMBELL



Hint:

No fly list
ADTIRBRS
NCIEKCH


LAST MONTH'S
ANSWER

Moonfrye
Metaphysical

Author: Ehsaneh Sadr presents her novel *A Door Between Us*

History at Home
February 12, 2021 6pm-7pm via Zoom
\$10/ registration
campbellmuseums.com



NOW AND THEN



Photo: Matthew C. Howe



Photo Courtesy: Campbell Historical Museum/Ainsley House/Karen Brey

Shown here is the Los Gatos Creek Trail and Par Course project that began back in 1973 in coordination with the County Park and Recreation Dept and the town of Los Gatos. Note the third Pruneyard center tower has yet to be built.



TECH TALK

by Eric O'Riley

THE CUTTING EDGE

Every individual has felt the impact of the pandemic on our daily lives, no doubt. For the first time in human history the majority of our interaction with each other, work, school, and even birthday parties, are now done over the web. After a year, it would only make sense that our advances in technology reflect the rapidly growing need to live ever aspect of our lives from a safe distance. Being adjacent to Silicon Valley, we can expect to see some very pleasant upgrades and creative new products that one should keep an eye out for:

HIGH-TECH N95

While I genuinely hope the type of mask that you're wearing is sufficient to protect you and your loved ones, one can't help but wonder if it's possible to find an upgraded version? Normally a company that creates products used in gaming such as high-end PCs, mice, and keyboards, Razer has announced just such a thing with the N95 mask that looks and functions like something straight out of a movie. Dubbed "Project Hazel" the mask includes never before

seen features, such as active ventilation, a case with UV sterilization, a clear screen so people can see you speak, and immense sci-fi style to boot.

NOBI: THE LAMP THAT LOOKS OUT FOR YOU

We all must watch over the older people that we love, but with the elderly being the most at-risk, those of us who stop by to check up on them walk a fine line between taking care of them during these trying times, and potentially exposing them to the virus. However, one can help senior citizens from a distance with Nobi, a light fixture that holds an incredible amount of features all geared towards giving the elderly more independence and you more peace of mind. While, of course, it does fulfill its duties as a light by automatically turning on when motion is detected at late hours, it can also sense when an individual has fallen using infrared, and subsequently, alerting the appropriate aid. During an emergency these alerts can even send images to family, caregivers, and emergency services, giving one the peace of mind that their favorite seniors

are not alone while also, not exposed. Nobi is set to launch 2021 with a subscription of \$119 monthly. Ettie: Check your Temperature at the Door

While many are familiar with the incredible convenience and security the comes with a Ring doorbell, a new company seeks to further improve upon it with a feature that could be considered essential not just for households, but businesses too. Ettie, an up and coming video doorbell, utilizes an infrared sensor to check the temperature of someone at the door to make sure they're healthy, sparing you from the awkward act of asking someone to hold still with a thermometer. Ettie is set to launch in 2021 with a price of \$300.

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PUBLISHER NOTES

By Nancy O. Whitney

The Light And Joy Through Acts Of Kindness

With it being our 3rd issue, we have finally gotten past the Holidays and restrictive actions necessary to make a difference in the fight we all have against the pandemic. During the Holidays we had to learn to be creative and keep our Holiday Spirits up. It was a pressure for many of us, including myself. Until the day I was at the local McDonald's for coffee and my breakfast burrito to treat myself to an affordable breakfast like so many are these days..I was in a big line of cars and as I approached the window to pay my bill, I was told that the car in front of me paid for my meal. Suddenly life got brighter and the world seemed closer and not so isolated and dismal as it was a minute ago. Caught up in the excitement, and joyous surprise I said, What? Really? The attendant said yes with a huge smile and I saw the joy one doesn't see that often on a McDonald's employee.

So, I said well okay then, how much for the car behind me and he said around the same price as my bill and then he said I was the 6th person in a row! I

said well let's keep it going then. I will pay for the car behind me. With a smile and a bit of surprise and excitement not seen from the staff there usually, he said great that makes 7 in a row. I realized as I drove away, how really important it is to never forget how people help people in spite of what is going on in their lives. That is such an important thing about random Acts of Kindness it never gets old and it can make someone's day or week or year!

Which leads me to two people that are a great example of that kindness and generous spirit! So I just wanted to give a heartfelt Congratulations to JR McKee who is a long time member and past President of Campbell Kiwanis. He had the idea and led the Eggstravaganza Event, the egg hunt for families at the Campbell Recreation Center for over 20 years. He also set up a nice Big stage for Santa to have Santa visits at the Carol of Lights and his Elves who were busy pouring Hot Chocolate and handing out the Candy Canes. Just recently he had to set up a way to give Santa a ride so everyone got a visit from Santa and be reminded of the donations to the Campbell Chamber

Toy Program. He has been known to do the same for the Easter Bunny and a Pilgrim and Turkey this past Thanksgiving in going into all neighborhoods to spread some Holiday Cheer in spite of the Pandemic. So, many of you have seen them drive through your neighborhoods with Holiday Cheer! So now you know him and that he has received the recognition as our newest Citizen of the Year. JR very Proud of you! Thank you for your hard Working dedication.

The second person I wanted to mention is Jim Free is the Campbell Veteran of the Year. He is tireless, selfless and created this Campbell Veterans Foundation on a desire to bring honor to Veterans and their families which was only a dream until it came into existence. So Congratulations Jim Free! You are a big example of kindness and dedication of spirit. With a heart for honoring the sacrifice of others that served and a place to help our veterans with the Campbell Veterans Memorial Foundation. Who help find Veterans and families the resources needed. I will be sharing more of the Foundation soon. www.campbellveteransmemorial.org

January		CAMPBELL REAL ESTATE			January	
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.	
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES						
DeCarl Court	\$2,460,000	5/3	25	6098	2675	
Van Dusen Lane	\$2,100,000	4/3.5	31	12007	3478	
Bedal Park Court	\$1,850,000	4/3	20	8293	2953	
N. Central Avenue	\$1,765,180	3/2.5	67	11215	2021	
Acapulco Drive	\$1,710,000	4/2	56	6098	1885	
Springfield Drive	\$1,610,000	4/2	53	5835	1528	
Del Prado Drive	\$1,525,000	4/2	47	5912	1785	
Louise Court	\$1,500,000	3/2	59	12353	1597	
Sonuca Avenue	\$1,310,000	3/2	57	6300	1244	
Salerno Drive	\$1,250,000	3/2	72	9010	1100	
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES						
Lottie Lane	\$1,450,000	4/3.5	3	1024	2100	
Vizcaya Circle	\$1,400,000	3/3	26	3595	2421	
Capri Drive	\$981,000	3/2.5	39	1061	2196	
Redding Road	\$880,000	2/1.5	34	1809	1152	
Apricot Avenue	\$725,000	2/2	38		1065	
Gomes Court	\$615,000	2/1	49		810	
Union Avenue	\$464,000	1/1	42		704	

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CAMPBELL KIWANIS

By Cynthia Cubing Club President

Happy New Year! I hope you are all doing well and that you had a safe and relaxing holiday.

Campbell Kiwanis started and ended the busy month of December by helping the Campbell Chamber of Commerce with their annual toy program, by driving Santa Claus through the neighborhood on Dec 6th and Dec 20th. It was a nice touch that took the edge off these trying times during the holidays. We are in the planning stages of our mini Easter parade, in lieu of Eggstravaganza, should the event get cancelled due to Covid.

As we begin this new year, perhaps with a little uncertainty due to county restrictions, etc., I know that the heart still yearns to serve. Campbell Kiwanis will continue to discuss and implement service projects with modifications and take extra precautionary measures to keep us all safe and we will continue to volunteer

our time and talents for the greater good. I am grateful to have participated in some amazing service work in my first year as a member and I have also witnessed how our recipients' lives have been touched or changed for the better. Our hope is that you join us on this journey and serve with us. Our volunteers help to keep us strong. We could not meet and exceed our service project goals without your help and we are so grateful to each and everyone of you for your support! Come to a meeting or email us at campbellkiwanis@gmail.com if you have any questions or would like more information. Our next meeting via Zoom, is scheduled for Tuesday Jan 19th, 2021 @ 6:30pm.

Until next time, stay strong and stay safe!



Frustrated By National Politics? Think Local

By Sergio Lopez



Last month, we saw the inauguration of a new administration at the federal level, following an extended period of national turmoil. Here in Campbell, our local government made the transition to a new City Council in December—including my swearing in as the newest member of that body. For those of us tired of the hyperpartisanship at the national level, engaging in local government can offer an opportunity to make your voice heard and get to know your community.

I was elected to City Council last November. I didn't grow up thinking I'd go into politics. It wasn't until I saw firsthand, a decade ago, how policy issues affect all of us after losing our home to foreclosure and our small business to the recession. That painful experience led to my early experiences advocating on the issues that affected, which turned into a career in public policy, nonprofits, and the private sector. My journey took me to the White House and a presidential campaign, as well as on a full scholarship to Yale University along the way.

Yet I was always most passionate about local government. That's because Campbell was the community I knew best—and which helped make my story possible through the help of neighbors, teachers, family, and friends. As

residents, we have a stake in our community and, in my view, a responsibility to make things better. When I ran for City Council, I had specific issues I knew I wanted to work on: housing, transportation, and small business support. At the same time, I met scores of neighbors who identified specific problems in their own neighborhood—a street with a blind turn which endangered children, or a leaky sewer pipe—but had no idea who to reach out to.

That's why part of the role of a local representative is to reach out to everyone and help make your local government accessible. If you're exhausted by the hyper-partisanship occurring at the national level, and if you'd like to help make our local politics more representative of everybody's views, here are a few tips: Get to know your local representatives. I don't just mean look them up, although that's a great start—call them up and get to know them as individuals! Your local elected officials are much more accessible, and will be more accountable to you than those at the national level.

Think of the issues that affect you personally—then reach out. You might even have ideas on how to address them. You can find contact information for Council members and City

staff online. Attend a public meeting. You'll learn a lot about your community and have the opportunity to voice your opinion. With Zoom nowadays, it's easier than ever to balance your busy schedule with the opportunity to have input at a public meeting.

Don't be afraid to ask questions and learn along the way. You might reach out to a City Councilmember and be told that it's a County issue. These processes are often opaque, but your local representatives should be there to help. And just by asking the question, you'll be more prepared than many people.

Consider applying to local commissions—or even running for local office—yourself! Democracy functions best when people from all walks of life are represented. You probably already have ideas on how to make things better in your own community.

Hyper-partisanship can make our politics feel exhausting, but it doesn't have to be that way. That's why participation in local government is a way to cut through the divide and actually see some change in your community. The only question that remains is: what will you do?

Sergio Lopez is an author and civic leader. He is a Councilmember for the City of Campbell.

CAMPBELL CITY COUNCIL MEETING

January 19, 2021

By: Karen Smith

1. Minutes of City Council Regular Meeting of December 15, 2020

Recommended Action: Approve the regular meeting minutes of December 15, 2020.

Outcome: Motion made to consent. Unanimously approved

2. Approving Bills and Claims Recommended Action: Approve the bills and claims in the amount of \$2,535,886.08

Outcome: Motion made to consent. Unanimously approved.

3. Authorize the City Manager to Issue a Request for Proposals for City Surveyor Services and Negotiate and Award the Agreement (Resolution/Roll Call Vote) Recommended Action: It is recommended that the City Council adopt a resolution to: (1) Authorize the City Manager to initiate a Request for Proposals (RFP) for City Surveyor services; and (2) Authorize the City Manager to award a consul-

tant services agreement to the most qualified firm for a period of two (2) years plus the option to include up to five (5) additional one (1) year extensions for a total of seven (7) years. Outcome: Motion made to consent. Unanimously approved

4. Approval of 2020 Quinquennial Speed Survey and Recommendations (Resolution/Roll Call Vote) Recommended Action: That the City Council adopt a resolution approving the attached 2020 Quinquennial Speed Survey and recommendations. Outcome: Motion made to consent. Unanimously approved

5. Commending Human Resources Manager, Jill Lopez for Her 20 Years of Service with the City of Campbell (Resolution/Roll Call Vote) Recommended Action: That the City Council adopt a Resolution commending Jill Lopez upon

her retirement after 20 years of dedicated service for the City of Campbell. Outcome: Motion made to consent. Unanimously approved. 6. Public Hearing to Consider Adoption of a Resolution Directing the Community Development Director to Proceed with Abatement of Hazardous Vegetation. (Resolution/Roll Call Vote) Recommended Action: Adopt a Resolution, directing the Community Development Director to proceed with the abatement of hazardous vegetation by the Santa Clara County Consumer and Environmental Protection Agency. Outcome: Resolution was approved. Motion passed unanimously.

7. Receive a Monthly Fiscal Update for January 2021 and Provide Feedback and Direction on Prioritization of Services and Implementation of Corrective Budgetary Actions If Such Actions Become Necessary Recommended Action: That the City Council receive a monthly fiscal update for January 2021 and provide staff with feedback and direction on prioritization of services and corrective budgetary actions if such actions become necessary. Outcome: No motion is necessary for this item. This is simply accepting an update. The mayor thanked the presenters for the update. 8. 2021 City Council Meeting Schedule (Reso-

lution/Roll Call Vote) Recommended Action: That the City Council provide direction and adopt a resolution approving a 2021 City Council meeting schedule. Outcome: Motion was made to approve meeting calendar as schedule except for cancelling the July 6th and January 4th meetings. Motion passed unanimously. Council Committee Reports Recommended Action: Report on committee assignments and general comment.

This Planning Commission Meeting can be replayed on YouTube at the following URL: <https://www.youtube.com/watch?v=u6VnVf-526E>

MUSCLE TENSION AND PAIN by Dr. Jeff Potts

A common problem I encounter in my office is people complaining of tightness. Many times this complaint accompanies some sort of pain and at times this is the primary complaint. Most people don't realize or understand that all tightness isn't equal and therefore needs to be addressed differently.

Many factors can contribute to tightness in the body. Most people who present to my office equate the tightness to some physical activity. For example "I was doing yardwork and my low-back and/or hamstrings are now tight." Sometimes it is the activity that is the cause of the tightness and sometimes it is structural dysfunction that is causing the body to protectively tighten up. Determining what the cause behind the tightness will determine how best to address the problem.

First let's briefly touch on some common types of tightness and examples of what cause them.

Some tightness is related to activity. Working a muscle or group of muscles with exercises or repetitive movements cause the muscles to tighten up due to workload exerted through the activity. This seems to be the tightness the average person thinks of when referring to tight.

Another very common type of tightness in the body is protective in nature. This happens when joints in

the body (very commonly in the spine) are fixated or stuck. When this happens the back part of your brain (Cerebellum) tightens up the muscles surrounding the affected joint in order to restrict movement on a joint it feels is injured. Many times this type of tightness is as a result of poor ergonomics, old injuries or accidents that were never addressed, or high levels of stress which is more than your body can deal with. If this is the cause of your tightness you can stretch and exercise a muscle all you want and it will not relax. In fact since this type is protective in nature many times the muscles will tighten up even more with stretching as a reflexive mechanism.

A third type of tightness is very common as well. Many of us have years of dysfunctional movement patterns in our bodies, sometimes known as kinetic chain dysfunction. This type of tightness results from part of our body not working correctly and through compensation your body tightens up certain muscle groups. An example could be a twisted ankle that was never rehabbed or addressed properly and over time your body compensates through the knee, and the hip. Using the joints differently than they are intended might cause a low back problem that stems from

poor movement quality stemming from your ankle.

Our society as a whole is much more sedentary than it should be. Especially now during COVID times some of our activities of choice are no longer available. Many of us are sitting more than we should be. Inactivity can cause muscles and fascia to tighten up. Sitting is very compressive in nature and it is important to move around as much as possible.

If you are experiencing tightness (and or pain) and it doesn't seem to be going away with stretching and exercise, it might be time to have your structure assessed further.

A Chiropractor will be able to assess if your tightness is as a result of fixated joints or spinal dysfunction. Sometimes a kinetic chain problem or long standing movement dysfunction could benefit from a corrective plan of action from a Physical Therapist or Chiropractor. Yoga and general stretching is good practice but sometimes needs another level of attention if your tightness is not improving. Tightness that isn't improving is a warning signal from your body that a more serious problem might be underlying. Drink plenty of water, stretch, do yoga, get massages and if the tightness doesn't go away seek help to figure out the possible cause. The longer you let dysfunction go the harder it is to fix.

Self Care 2021 By Beth Stone

On September 16, 2018, I attended my first My Village Well day retreat. It was a two part deal that my mom had turned me on to. I wasn't really interested but decided to have an open mind. I'm so glad I did. On that Sunday, I walked into a cozy house in Willow Glen, not sure what to expect. I was welcomed with open arms, open hearts, and open minds. I heard a personal story from a strong woman. She used an analogy about a basement that I still think of often. It was true, it was raw, and it hit home. After her talk, we broke into small groups to share our thoughts, feelings, and connections to her story. I was surprised at how vulnerable the women around me chose to be. We all felt so comfortable that we shared from our hearts. We also listened the same way. This resulted in a connection I hadn't felt in a while. The creator of this sacred space, Michelle Walsh, provided a place where we all felt safe. After that, I was hooked. I attend multiple workshops, day retreats, and weekend retreats with My Village Well.

It's amazing what a dose of genuine connection can bring. This kind of true, authentic connection is special. It's being able to truly be seen and heard. It's a place where you can share your true thoughts and feelings and where those same thoughts and feelings are validated. Where you can laugh, cry, scream, and shout. Where you can tell your inner most hopes and dreams and where there is someone that lifts you up and provides encouragement to reach for the stars. I found this at a time that I didn't even realize I was looking for it. In addition to this safe, sacred space, Michelle brings in a variety of speakers to help teach self care. Her lineup has included Reiki Masters, Shamanic practitioners, Qoya and Qigong instructors, a Creative Leadership Coach, and so many more. And the lineup for 2021 just keeps getting better!

I am so blessed that I found this wonderful community

of women. It's an amazing collection of women who are open to all. The connections I have made through My Village Well are true, deep, authentic, rich, and soulful. It's a place that I can go to recharge my batteries. To get advice. To hear a friendly voice. To have a shoulder to cry on, someone to laugh with. To find my cheerleaders. You know, those awesome girlfriends that are always there to lift you up. To help build confidence to do the hard things. It's also a place that I can be that person for others. I found a place where I can dive deep, deal with the tough stuff, and have people support me. As a woman, a mother, a wife, a sister, a daughter, I am also a role model. I strive to be strong, but sometimes that's tough. Self care is something that we all need to make time for. Without it, we are unable to give our best in other situations. As women, it is easy for us to put ourselves last. What we need to do is take care of ourselves first. I know it is a hard thing to accomplish. I struggle with it myself everyday and often do not succeed. But on those days that I do, everyone benefits. It's just like they tell you on the airplane. Put your mask on first. Take time to slow down. Just sit back and watch what is happening around you. Take hold of the special little moments you see. The loving interaction between your children. The way the wind rustles through the trees. Take time for you.

If this intrigues you, check out Self Love Project. This is an hour long zoom meeting that is hosted both on Thursday evenings and Saturday mornings. Michelle has amazing healers, teachers, and storytellers come in each week to help provide new ways to practice self care. Check out the 2021 lineup on www.myvillagewell.com.

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by Ken Johnson

For most of us the phrase, “Hindsight is 20-20” is used when we want to look back at events and learn from them with perfect vision. Today, 20-20 hindsight is more often a literal statement of what we would all like to do – put 2020 behind us.

No question that 2020 brought a lot of pain to our local businesses, and our neighbors, especially those who have been most impacted with the loss of loved one or a business someone may have spent years of dreams, passion and savings to develop. A lot of people have also had to feel feelings they may not have felt for a long time... loneliness, isolation, fear of the unknown. I believe the hardest part for most of us is the uncertainty of when this will all end.

The Campbell Chamber has been impacted as well. We were unable to hold any of our major events this year – Celebrate Campbell, the Boogie Music Festival, Oktoberfest, our Golf Tournament and even our new festival planned at West Valley College in July – Summer-Bash. The result is just like other local businesses are experiencing, 2020 revenue off substantially from 2019. And yet, even with all of this uncertainty and constant change, the things that make Campbell so special have continued to

shine through...the good will and unselfishness that often rises to the top of human behavior in times of trouble. Neighbors helping neighbors, businesses helping other businesses.

When the COVID shutdown happened in March, the Chamber started “Campbell Cares,” an initiative to try and match those in need with those who could provide solutions. In true Campbell fashion, the number of people and businesses willing to help others far exceeded any requests we received for assistance. Campbell Cares evolved into a Facebook Group where we highlight the good being done in Campbell, and today the group has over 300 members and is continuing to grow.

I often joke about “pivoting” being the most over-used, hackneyed phrase of 2020. And yet the truth is, those local businesses that have been the most versatile, innovative and flexible in their business models seem to be the ones doing the best right now. The lesson in good times and bad is to always evaluate what you do as a business and how you can make it better. We try to embody that spirit here at the Chamber with our philosophy of “every day, just a little bit better.”

I would like to thank the others who work so hard to make the Chamber the best it can be for each of you.

First our Board of Directors, all of them local business owners, who continue to meet and give of themselves...and especially, Nicholas Welzenbach, our past Board President, for his unselfish leadership, guidance and friendship this year. To our Ambassadors, who cannot wait to get back into our community and meet with you in person. Thank you for always being willing to do whatever you are asked for the betterment of the Chamber. You remain the unsung heroes of the Chamber.

Without a doubt, the group I continue to be most thankful for is our staff. Working remotely since March, Teresa Stanko, Kristen Frank and Mike Stonehouse continue to inspire me now more than ever. Like most of you, we are getting really tired of Zoom meetings and cannot wait to be together again. I am truly honored to be a part of such a great team.

As we come off the current Shelter-In-Place and move back into the purple tier, we hold out hope, like all of you, that is truly the beginning of the end of COVID. Stay vigilant...wear a mask and socially distance. Please know that we are here for you to support you however we can...and when we get through this...and we will...we look so forward to being together with you again in person.

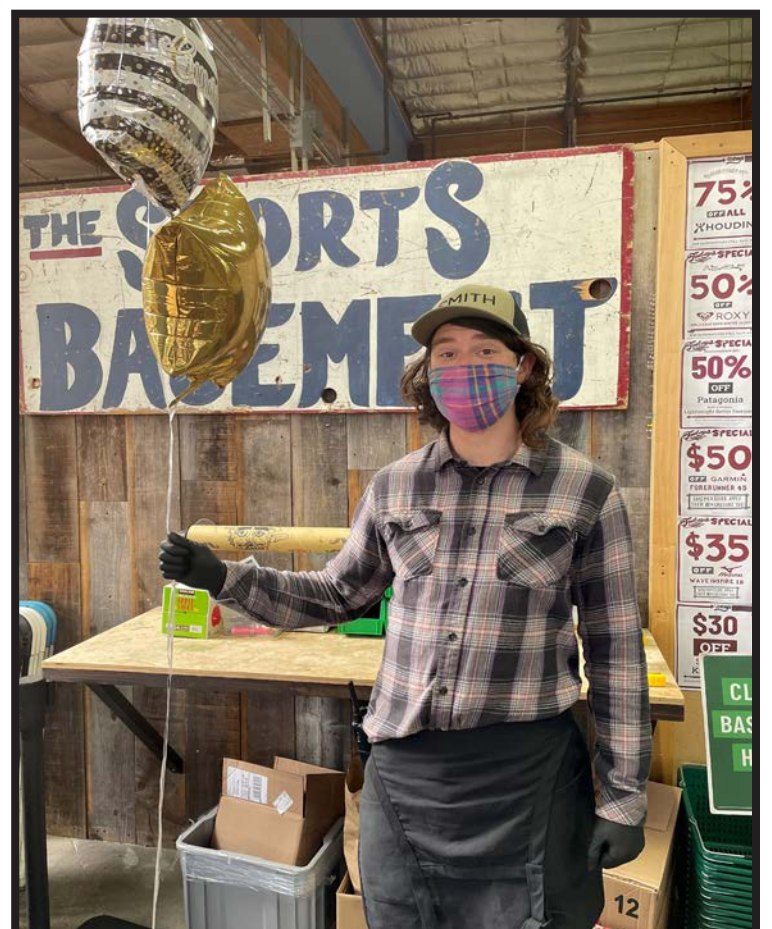
Citizen Of The Year



Kiwanis Board Member Armin “JR” McKee has been awarded Campbell “Citizen of the Year.”



Finalists: The staff from Orchard Valley Coffee.



In the running: Zach Burtis from The Sports Basement.

STUFFED VEGGIES

Take Eggplant, Zucchini, Spanish Onion and Bell Pepper, Mushrooms
 Type of veggies is optional use all or some
 Of the ones here as long as you can stuff.
 Stuffing
 Day old bread or Croutons add water or chicken Stock
 Squeeze water out
 Scoop out centers of Veggie's to make boat ready for stuffing
 Place centers of Eggplant and Zucchini
 3 Eggs Blend or Mix
 Thyme, Parsley and Basil optional
 Parmasian and Provolone grated Cheese ½ cup each
 Mix up Veggies with a drizzle of oil
 Stuff Veggie and place more Provolone on top
 Place on Baking sheet with Parchment paper
 Bake at 400 Covered for 20-25 Uncover for 35 minutes



Top contender: Reza Mirzadeh from Marvel Cakes.



MIRACLE DRUMMING PERFORMANCE AT GASLIGHTER THEATER IN CAMPBELL

BY SID THOMPSON

In the year 1980 I was hired to work at Guitar Showcase in San Jose to work in the drum department. After graduating from Leigh High School in 1972 I had drummed for a variety of local rock bands like Garage Band. During the day I would sell drums and at night I would play them.



Drummer Steve Gadd

After my first year at Guitar Showcase, I was feeling comfortable managing the drum department. I was always looking for ways to increase the store's visibility and drumming specifically, throughout the Greater Bay Area. I soon heard that other music stores were having drum clinics. These clinics would feature well-known drummers, many of whom were performing in big name groups. This caught my attention. Guitar Showcase could do a drum clinic! This was a great way to increase appreciation for drumming and get the drum community into the store.

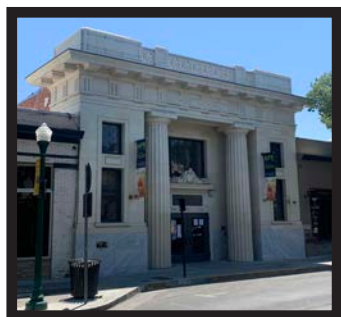
The owner of Guitar Showcase was Barry Wineroth, and I needed to get his OK to do such a clinic. Through sheer tenacity, I managed to get through to Barry and proposed the concept. Barry was open to the idea; he could see the benefit for the store as well as the music community. He said as long as ticket sales would cover the costs, he was all good.

During this time Russ Anzalone was hired to work with me. We knew the drummers we wanted. We did two clinics the first year and they both sold out. The first was David Garibaldi from the band Tower of Power, and next was Chester Thompson from Genesis. I was feeling good about the success of these clinics. I really wanted Steve Gadd to do a clinic, but I knew this was not going to be an easy acquisition.

Steve literally has played for all the greats such as Paul Simon, Steely Dan, Eric Clapton, Chick Corea and so many more. He was the most in-demand studio and concert drummer in the world at the time. He would be inducted into the Modern Drummer Hall of Fame the very next year, in 1984, and was endorsed by Yamaha

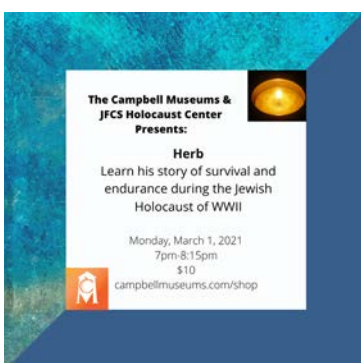
Drums. The Yamaha rep was Steve Ettleson, who would visit our store every other month. The first thing I would say whenever Steve walked in was, "When can we get Steve Gadd to do a drum clinic?" He would always say, "Forget about having Steve Gadd do a clinic, he is in too much demand."

Here is where my persistence paid off once again. After several months of me being a pain-in-the-ass, Steve Ettleson finally gave me Steve Gadd's direct phone number. Wow! I had the phone number for the legendary Steve Gadd! When I called, his wife answered, and I told her that Steve didn't know me, but I worked at a drum shop in San Jose and we wanted him to do a clinic. She said he was at a recording session, but she asked about the details and said she would pass it on to him. I guess she did. Two days later Steve called, and agreed to do the clinic! We set a date and his clinic fee, but decided we needed a bigger venue than the store for this event, so we utilized The Gaslighter Theater in downtown Campbell.



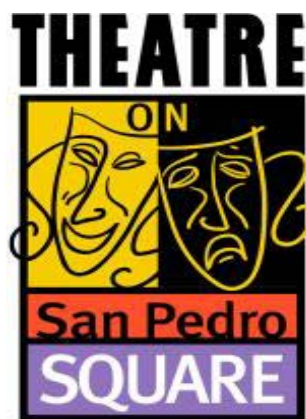
The Old Gaslighter Theater

It was originally the Grower's National Bank built in 1922, and in the 50's and 60's they presented old-time melodrama and vaudeville shows there, so it had a stage large enough for the clinic.



Continued from page 2

The Campbell Museum Foundation is the nonprofit support group of the Campbell Museums. The organization meets monthly. During this time the meetings are held via Zoom on the third Monday of the month at 5:30pm. The Foundation hosts events and activities to raise funds to support preservation, exhibits, and education for the Campbell Museums. The commitment is a few hours each month and the return for your time is a historical legacy. For more information about the Campbell Museum Foundation, please visit the www.campbellmuseums.com. Please follow us on www.campbellmuseums.com for all our upcoming programs. If you are curious about the Museum collection that is preserved in our Collection Storage, look no further than our fun and engaging video series on YouTube called: What's in the Box? Our videos can be found on our website or YouTube channel, Campbell Museums. We'd love to hear from you. If you have a history question, a program idea, or want to communicate, the Campbell Museums would love to hear what's on your mind. Please visit our website and fill out our communication form. www.campbellmuseums.com



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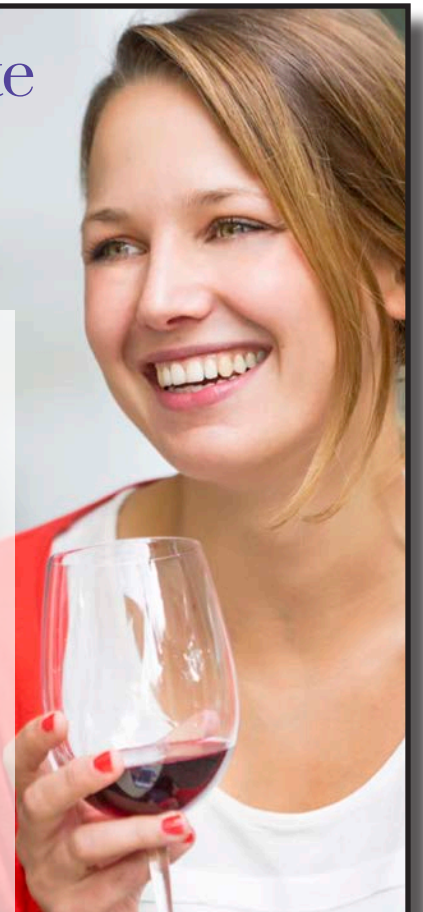
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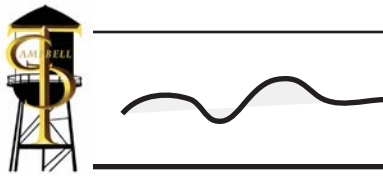
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\$7.2 million upgrade for Pruneyard Hilton DoubleTree

Campbell, Ca. and McLean, Va. - DoubleTree by Hilton, a global brand of upscale hotels from Hilton (NYSE: HLT) and Quorum Hotels & Resorts, are excited to announce the completion of a \$7.2 million renovation of the DoubleTree by Hilton Campbell – Pruneyard Plaza. The hotel is situated at The Pruneyard Shopping Center, located in the heart of the Silicon Valley, convenient to businesses and local attractions alike. The property is within minutes of San Jose International Airport, downtown San Jose, Avaya Stadium and the SAP Center - home of the San Jose Sharks. "We are thrilled to have a newly revitalized hotel which evokes a sense of familiarity, and incorporates a chic and vibrant locally-inspired design," said Jared Kam, General Manager, DoubleTree by Hilton Campbell. "The award-winning service that we are known for will now be coupled with an enhanced product ideal for both leisure and business travelers alike." The property-wide renovation focused on delivering an elevated, upgraded experience for all guests by incorporating a contemporary and clean design throughout the 169 guestrooms, the hotel lobby, Made Market, and restaurant - PY Kitchen and Wine Garden. DESIGN360 unlimited was responsible for the concept and framework of the contemporary design that presents itself throughout the guest rooms and public spaces. Bursts of color are utilized as art throughout the guest spaces. The upholstered headboards are custom-printed with a colorful, linear pattern acting as dynamic artwork against a robust white wall covering. Two vertical suspended nightstand lamps, in contrasting black finish, frame the area creating both vertical and horizontal emphasis to design. A crisp and calming palette of warm white and neutral grays, coupled with pops of chartreuse, mustard, and teal accents both stimulate and comfort the senses of the guest. The guestroom bathroom has been enriched with modern oversized show-

ers adorned with high-end glass barn doors to brighten and enliven the space. Contemporary fixtures, a bold chartreuse wallcovering, modern terrazzo flooring, and an upscale floating vanity accented by minimalist black and white finishes, complete the area. The lobby area has been enhanced with comfortable, ultramodern furniture and striking artwork to both balance and energize the space. Upon completion of technology upgrades the hotel will offer the most robust network connectivity in the area.

Guest expectations for cleanliness and disinfection have been significantly elevated in light of COVID-19. In response, Hilton has partnered with RB, makers of Lysol® & Dettol®, to deliver the innovative Hilton CleanStay program. The program builds on the already rigorous cleaning standards employed by Hilton by providing enhancements to cleaning protocols, food and beverage operations, and team member training to ensure a worry-free stay for all guests. For details on the Hilton CleanStay program, please click here.

DoubleTree by Hilton Campbell also offers over 4,000 sq. ft. of meeting and event space perfect for business or social gatherings. Four flexible meeting rooms which offer exposure to natural lighting coupled with the support of experienced Sales & Catering professionals will create the perfect environment for an array of both meetings and events.

Guests experience a warm welcome to the hotel upon receiving the Doubletree signature chocolate chip cookie. An assortment of gourmet in-room tea and coffee offerings by The Coffee Bean & Tea Leaf, a refreshing array of the Crabtree & Evelyn natural skin and body care products, in-room and tableside dining options, a 24 hour fitness center, and a relaxing pool and spa that are heated year-round complete the guest experience.

DoubleTree by Hilton Campbell is part of Hilton Honors, the award-winning guest-loyalty program for Hilton's 14 distinct hotel brands. Hilton Honors members who book directly through preferred Hilton channels save time and money and gain instant access to the benefits they care about most, such as an exclusive member discount, free Wi-Fi, and a flexible payment slider that allows members to choose nearly any combination of Points and money to book a stay. Members can also redeem their Points for free nights, to gain access to unique events through the Hilton Honors auction platform or to make purchases via Amazon Shop with Points.

DoubleTree by Hilton is a fast-growing, global portfolio of more than 590 upscale hotels with more than 136,000 rooms across 48 countries. For more than 50 years, DoubleTree by Hilton has continued to be a symbol of comfort for business and leisure travelers around the world, from welcoming guests with its signature warm DoubleTree chocolate chip cookie, to serving the local community. DoubleTree by Hilton offers contemporary accommodations and amenities, including unique food and beverage experiences, state-of-the-art fitness offerings and meetings and events spaces. Hilton Honors members who book directly through preferred Hilton channels have access to instant benefits. To make reservations, travelers may visit doubletree.com. Connect with DoubleTree by Hilton on Facebook, Twitter, and Instagram. Learn about the latest brand news at newsroom.hilton.com/doubletree.

DoubleTree by Campbell is located at 1995 South Bascom Ave, Campbell, CA, 95008. For reservations, visit DoubleTree by Hilton Campbell at CampbellPruneyardPlaza.DoubleTree.com or call (408) 559-4300.

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ON THE FLY...

Flying During The Pandemic – If You Really Must by John MacCalman

The airlines will tell you that the risk of catching Covid-19 while on board is very low but they can't account for the behavior of passengers on board to maintain social distancing. These include keeping 6 feet apart when boarding, deplaning or even standing in line to use the bathroom. Many airlines are blocking off the middle seat to aid social distancing. You must wear a mask at all times on board except when eating and drinking. You can be sure the aircraft has been thoroughly sanitized and the airflow on board has a high circulation rate.

Your risks could be higher at the airport but San Jose International Airport (SJC) has put in some excellent precautions to help slow the spread of the virus. Full details of these can be found at www.flysanjose.com - here are just a few of the precautions. Wearing of facemasks is mandatory inside terminal buildings. Hand sanitizers are provided at high touch areas and sanitizing wipes at TSA security screening checkpoints.

International travel is very restrictive and subject to severe quarantine regulations only if travel is permitted. These restrictions are on

constant review and the best guides can be found on each airline's own websites. There is also excellent advice for all kinds of travel from the Centres for Disease Control and Prevention. It is best to do an internet search for this under flying from the USA to international destinations.

Airlines are desperate to fill their aircraft but flying with the middle seat empty is not very profitable for them. While many offer free change fees and rebooking these may not be ideal. Perhaps it is time to reconsider your travel completely.

Think about postponing your trips to next year and save up to upgrade your flights and your vacation destination. This would then give you something to look forward to. Spend these bleak times searching for all the great possibilities the world of flight has to offer. Positive thinking including the effectiveness of the vaccines to protect from Covid-19 will lead to better times ahead. While this edition of On the Fly is on a very serious subject, I hope to lighten up the content in future columns so you can all fly safe.

the garret
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DIG IT...with SAM

As a Bay Area native and trained University of California Master Gardener, I hope this monthly column will help you become a more successful and sustainable gardener. I have learned many practical techniques and skills for managing my garden since my initial training in 1992 and am looking forward to sharing my experiences and ideas with you. So let's get with it: here are some useful tips for February to help us achieve success.

Water: During my first Master Gardener class we were told that two things affect plants more than anything else: too much water and not enough water. With that being said, don't assume that your garden is getting all it needs because the ground looks wet. Take a shovel or trowel and see just how deep the water has penetrated your soil. Is it reaching the roots?

With colder weather predicted, close monitoring of

your soil is a good idea. I recommend only watering as needed.

Plants: Just because the garden centers are selling both vegetable and flowering plants does not mean it is a good time to buy. Most summer annuals and especially vegetables will not grow until the soil temperature reaches 55 degrees and any plants you buy now will struggle. They will sit in the cold soil, exposed to more cold, with minimal sun and an abundance of winter pests and diseases. The exception being that this is the ideal time to plant shrubs and bare root trees. It's also a perfect time to start some seeds and grow your own annuals like tomatoes and peppers. Seeds are relatively cheap and should be planted in seed or potting mix available at garden centers. Seeds you don't use can be shared or saved for many years. Potting soils contain appropriate fertilizer and composted organic

matter which will help your plants grow healthy and strong. I recommend waiting to plant your vegetables in the ground until May, weather permitting. More on soil in March.

Pests: Before you try to control or manage any pest, first determine what it is. If a plant has holes chewed in the leaves in the middle, between the leaf veins, then you are probably dealing with a sucking pest such as snails and slugs. Products on the market that contain iron phosphate are very effective and safe in eliminating these pests. I use my brewed coffee grounds as a top dressing (a 10% caffeine solution will kill snails and slugs). If the damage is on the perimeter of your leaves, it is usually a chewing insect such as earwigs or caterpillars. To control earwigs, place an empty tuna size can into the soil leaving the rim about 1/2 inch above the soil line. Fill it 3/4 to the top with soy sauce and add a drop of vegetable oil. The earwigs are attracted to the smell and once inside the can, will drown. This method won't harm any other animals. Caterpillars are not usually an issue until the weather warms up. I recommend that you get to know your garden, observe and then, make sound decisions about how to manage whatever issue you discover.

Weather: As I write this, a Polar Vortex is predicted. In any event, make sure to water your garden after a freeze, with the exception of succulents. Avoid watering plant leaves. Pay attention to current weather issues and be prepared to adjust your gardening accordingly, that includes water and using the right materials to protect your plants from frost.

Listen to the Old Time Farm & Garden show on KKUP 91.5 FM on February 25 for more garden information and tips. Next month: soil, fertilizers and weeds.



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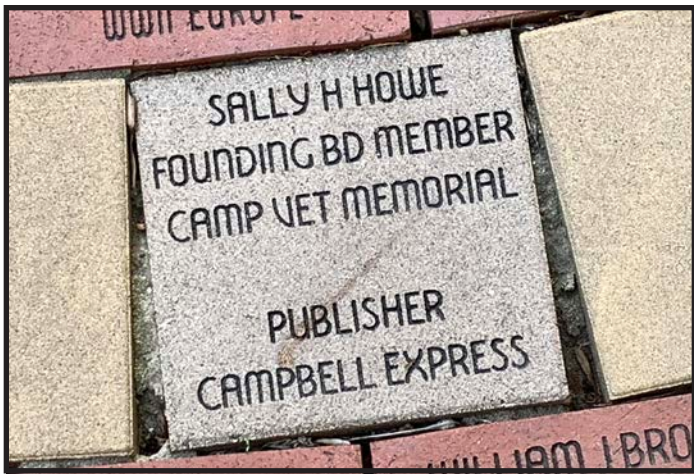
OBITUARY

By Matthew C. Howe



January 14th, 2021 marked the 6th anniversary of my mother Sally Howe's passing.

no-holds barred attitude toward everything in life. She was not shy of personality and it would be made very clear the moment you met her. In her later years, after injuring her ankle, she often walked with a cane and if she threatened you with it, it actually meant



There isn't a day that goes by that I don't think of her or are in some way reminded of her. I am still amazed how many people in the community that she touched in her own special way that have shared a unique story with me over the years, yet all having a similar theme to them. You see, Sally wasn't necessarily known for her kindness (not that she wasn't) or for her love (not that she didn't) but more for her ambitious brash tenacity and

she liked you and it was a term of endearment. Many stories consist of her wielding it high in the air while kicking people out of her office that had dropped by to say hi at the wrong time; also known as all day Tuesday; the weekly deadline day to publish the newspaper.

One of her favorite lines to me was "Oh just get over it!" and naturally I use it on my kids now,



VETERANS MEMORIAL but it doesn't seem to carry the same weight that it did when "Nana" said it. I am proud to say both my parents have a brick at the Veterans memorial down at City Hall. My father once served in the National Guard and later in the 70's on the Camp-



bell Planning Commission Sally of course, has her own special commemorative block for her unrelenting dedication to the Campbell Express and being a founding member of the memorial itself. You will always be missed mom, and know that we all love you. Thanks for your ghostly nagging and motivation to continue your legacy. I promise I will always try and stand up straight (you can finally stop yelling at me about that now) and not disappoint you.

Campbell Crime Report

by Karen Smith

2000 S. block Winchester Blvd: Suspect pulled up in a red, 2006 Dodge Charger next to victim's vehicle while she was pumping gas. Suspect removed victim's purse from the front passenger's seat. The 2006 Dodge Charger is reported stolen out of SJPD. Suspect matches similar descriptions of similar prior thefts in Campbell.

600 block Campbell Technology Parkway: Victim believes suspect broke his front windshield after an argument. Suspect fled the area prior to police department's arrival.

W Campbell Ave/Hunt Way: Three suspects with a black, semi-automatic handgun were driving in a maroon, late-model Honda sedan, with the right rear tire possibly missing a hubcap. They drove at a high rate of speed in the eastbound direction at W Campbell Avenue and Hunt Way. The victim was running westbound on the south side of the street. Suspect 1 shot, what was possibly a BB gun or air soft gun, at the victim. The victim was not struck, and there was no evidence of the above. The victim continued his run home, as he did not have his phone, changed clothing, and returned to the scene an hour later to report the incident.

200 Block Llewellyn Ave: An unknown suspect stole the catalytic converter off of victim's 2007 Toyota Prius.

800 block Kenneth Ave: Unknown suspect removed victim's catalytic converter from his 2008 Toyota Prius

700 block Nido Dr: Suspect contacted victim in violation of a no contact domestic violence restraining order.

Campbell Ave/Winchester Blvd: Suspect was stopped while driving the wrong way on Campbell Avenue, and determined to be DUI. Suspect was arrested.

700 block Duncanville Ct: Victim discovered a hole through his front window consistent with a bullet. Officer located a round, lodged in the wall of the interior of the residence, and collected it.

700 block Duncanville Ct: During follow-up Officer located the origin of a gunshot. The suspect arrived at the residence while units were on scene awaiting a search warrant and was detained. He was found to be a restrained person from victim 3. Victim 3 consented to a search of her vehicle where a unmarked/unregistered loaded firearm was located inside a backpack belonging to the suspect. Also in the backpack was a high-capacity magazine. A search warrant was executed at the residence where more ammunition was found, along with suspected MDMA pills. Suspect is prohibited from owning firearms/ammunition per a filed/served Domestic Violence Restraining Order. Suspect was booked.

800 block S McGlincy Ln: An unknown suspect broke through a side entrance and forced entry into three storage units containing tools.

500 block Hamilton Ave: Suspect was contacted after being reported as possibly intoxicated. Suspect admitted to having Fentanyl in his vehicle, which was located, in addition to drug paraphernalia. Suspect was cited.

1000 block Steinway Ave: An unknown suspect broke into the mailbox and stole mail.

1000 block Hazel Ave: Suspect 1 and suspect 2 were observed by the victim inside her locked car trying to steal the stereo. When confronted, the suspects fled to an awaiting white or silver SUV driven by suspect 3.

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Hamilton Ave/Phoenix Dr: Suspect was stopped on his bicycle for a California Vehicle Code violation. A record check revealed two outstanding, zero bail, drug warrants. Suspect was determined to be under the influence of meth and arrested. The search associated to the arrest revealed suspect was in possession of meth and a meth pipe.

1500 Block W. Campbell Ave: Suspect stole items and fled. Suspect was located by the officer. Suspect is on parole for robbery. During a parole search, suspect was found to be a felon in possession of pepper spray. Parole issued a hold.

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We understand that some customers might feel reticent to spend time shopping indoors right now, so we are offering contact-free ways to connect. We offer online ordering and curbside pickup. We host virtual author events and story times. Our Adventures In Learning monthly subscription boxes are a great way to provide educational and entertaining books for kids (Pre-K to Grade 8) as well. We are also working with local schools to host virtual book fairs and fundraisers. We are doing all of these things to help maintain the strong sense of community that we have come to know and love here in The Orchard City. Upcoming Virtual Events: Virtual Book Launch with Judd Winick - Joins us for a virtual book launch with the ever-talented Judd Win-

ick in celebration of his latest fantastic new work, Hilo Book 7: Gina, The Girl Who Broke The World. - Tuesday, February 2nd at 5:00pm

"The Princess And The Prophet" with Jacob S. Dorman: Join us as Jacob S. Dorman, Professor of History and Core Humanities at the University of Nevada, Reno, discusses his critically-acclaimed work, The Princess And The Prophet: The Secret History Of Magic, Race, And Moorish Muslims In America. - Thursday, February 4th at 5:00pm
Valentine's Storytime & Craft-Along with Jacob Grant - Join author and illustrator Jacob Grant for a special Valentine's storytime and craft-along in celebration of his adorable, lovable new picture book, Bear Meets Bear! (Ages 3+) - Saturday, February 13th at 11:00am

For more information about our events, please visit www.booksinc.net.

Our frontline booksellers work tirelessly to create a special, curated bookstore experience. Here are a few of our favorites and local bestsellers:

"Secret San Jose" by Cassie Kifer: Whether you're new to the south bay, or you've lived here your entire life, this book is full of fascinating facts and local legends that are sure to entertain you. Look for signed copies in our store!

"Silicon Alleys" by Gary Singh: For 15 years, journalist Gary Singh has been writing a weekly column for Metro Silicon Valley about his alternative explorations of San Jose, and this book is a collection of over 250 of those columns.

"The Liar's Dictionary" by Eley Williams: A word-lover's delight! Playing not

just with words, but formats, time, and history, the author whizzes the reader along a fabulous alphabetical journey.

"A Deadly Education" by Naomi Novik: El - short for Galandriel - has to make an alliance before senior year or the school might just succeed in killing her. A fun, snarky, and dangerous semester ensues!

"Kim Jiyoung, Born 1982" by Cho Nam-Joo: This book launched a new feminist movement in Korea! It follows Jiyoung's psychic deterioration in the face of rigid misogyny.

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This warm and general bookstore is the Oldest Independent Bookseller in the West.

Started in 1851, in Shasta City, then started to grow in 1950. At one time having 25 stores in the 1970's and kept them through the 1990's when they cut back the stores and filed for bankruptcy.

The main store was in Palo Alto then they grew again into Mt. View San Francisco, Alameda and Berkley and in 2016 in Santa Clara on El Camino. In 2018 they moved that store to Campbell in the Pruneyard. They were received with open arms and are now extremely popular for the variety of books, and services having a general bookstore style gives them the opportunity to help everyone. The biggest area they see is for children's books, and the services they

provide complete with book readings and Author signing and a full array of virtual events starting with Authors both local and National well known and not so well known. They have pretty much everything and great long time Staff that help give personal services to help you find what you're looking for with employees that have worked there for several decades and that is the newer employees! They Now have adapted to the pandemic to help keep up and make it all happen. They also are full of Educational stores and Teachers needs, that is one of their strongest services as well as great prices! They carry all Genres and Authors very popular with Children's services that really help them in having fun learning and engaging in virtual events. The place has a hometown feel just like Camp-

bell and they also go the extra mile and help with many different charity fundraisers and evening shopping and a newsletter you can sign up for and they can be found on line at www.booksinc.net

RASPBERRY KISS

In a cocktail shaker filled with ice add
 2 oz. raspberry lemonade
 1 ½ oz. vodka or gin or tequila
 ½ oz. raspberry liqueur
 ½ oz. simple syrup

Shake well and strain over crushed ice or on the rocks w/glass rimmed with red sugar
 Add heart shape (Candy optional)
 ENJOY!

TCP

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Contemporary style, Caring attentive service, Convenient location



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- Hilton EventReady



www.campbellpruneyardplaza.doubletree.com

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- Blossom Nail Spa
- Peet's Coffee
- Books Inc
- Asian Box
- Luna Mexican Kitchen
- Kyoto Palace
- Rock Bottom Brewery
- Mendocino Farms
- Burger Lounge
- Teaspoon
- BE.STÉAK.Ä (Coming Soon)
- Sports Basement
- Massage Envy
- Starbird (Now Open)
- V's Barbershop
- Tin Pot Creamery
- Flower Flour Bakery (Coming Soon)



www.thepruneyard.com