

THE CAMPBELL PRESS



Serving the Community for over 125 Years



VOL. 02 No. 9

YOUR #1 COMMUNITY NEWS AND INFORMATION SOURCE!

JULY 5, 2022

FREE

CITY DRAFT REVIEW ENDING SOON

By Adam Buchbinder

The time is here! Campbell's Plan for Housing, our roadmap for the city's evolution over the next eight years, is ready for public review. It's time for you to share your thoughts and opinions with the Planning Department. Read it and visualize the future of our city with us. This review period closes on July 11, so please don't hesitate! This draft results from more than six months of work from the Commission, the City Council, and our staff. It also follows the will of our community.

Campbell's Plan for Housing is our city's take on an update every California city must make every eight years to their Housing Element. That's part of the General Plan, which is every city's primary policy document. Think of it as a regularly-held Constitutional Convention. We step away from the usual mechanisms of city governance, and do our level best to get input from everyone in the city. Renters, owners, non-English speakers, the young, the old, everyone. The city has sent eighteen thousand postcards and four thousand emails, received hundreds of survey responses, and has held seventeen community meetings.

The Plan consists of several parts. First, an analysis of the city's housing needs: the city's population has been stable since 2000, but home prices and rents have significantly increased. There is a housing shortage, especially for medium- or low-income people and for small households. The

hard to build housing here? For example, our parking requirements are excessive. Our design standards are subjective, meaning it's impossible to know in advance if an application will be accepted.

Further, we provide an inventory of sites on which to

property owners to see which are interested in developing their land. This inventory, 131 sites, makes up about three percent of the city's total land area.

Last, we set out five goals: improve housing affordability, preserve existing housing, remove government

through on them. For example, under this draft, the city must publish pre-approved plans for accessory dwelling units by the end of December 2026. We must adopt objective design standards by June 2023 and update our parking standards by the end of 2023.

We've come a long way from the initial requirements, but we're not done yet. I encourage you to read the document, and learn more about Campbell's future. If you have ideas for how we can achieve our goals as a city, please write to the Planning Department to share your feedback.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov. For upcoming agendas, go to <https://campbellca.gov/AgendaCenter>. To learn more about Campbell's Plan for Housing, and to read the draft, please visit <http://campbell.generalplan.org/housing-element>.

6TH CYCLE 2023-2031 HOUSING ELEMENT
PUBLIC REVIEW DRAFT
 Public Comment Period
 June 9, 2022 - July 11, 2022

Campbell's Plan for Housing
Now Available!

The Public Review Draft of Campbell's Plan for Housing (2023-2031 Housing Element) is now available.

The thirty-day public comment period is from June 9, 2022, to July 11, 2022. Please join us in this once-in-a-decade chance to shape the future of our community by reviewing the Draft Housing Element and providing your feedback

<https://bit.ly/HousingPublicReviewDraft>

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CITY OF CAMPBELL CALIFORNIA



city's existing policies have not solved this problem.

Next, an analysis of constraints, both imposed by the city ("governmental") and our circumstances ("non-governmental"). Why is it

encourage and stream-line development. We assembled it over many months. We asked residents where new housing should be: distributed through the city, but concentrated near the light rail stations. We surveyed

constraints to housing, develop resilient housing policies, and affirmatively further fair housing. We developed thirty-one policies and fifty-nine programs to achieve those goals. This binds the city to follow

"IT'S ALL ABOUT THE LOVE"



Pic of the Month

Photo: © Matthew C. Howe

Local artist Lila Gemellos was commissioned by Imwalle Properties to create this beautiful 'LOVE' mural that highlights some of Campbell's history.

TCP has been asked repeatedly about the 'LOVE' mural that was finished earlier this year high on the northside of the new development in downtown behind Opas! Local mural artist Lila Gemellos created a beautiful piece that reads 'LOVE' and cleverly details many aspects of Campbell's history within the letters themselves. (Look closely!) The project was commissioned by John Razumich of Imwalle Properties located nearby. Lila has family roots that date back over 100 years in Campbell when her Great grandfather Frederick Allison Smith

was involved with planting the redwood tree with President Roosevelt on the northwest corner of Campbell Ave. and Winchester Blvd. at the groundbreaking ceremony of Campbell High School. Lila has painted many fantastic murals at various schools around the Bay Area. She discovered oil painting at the very early age of 8 and has clearly developed a style that is uniquely her own. Lila went to Silver Creek High after her parents moved from Lodi and built a house in Southeast San Jose in 1956. She was involved in the construction and real estate

industry for many years which gave her a unique perspective for creating her meaningful murals in places that would have otherwise been long overlooked. Lila will be working on new murals this summer in Willow Glen, the West San Jose-Cupertino border, and Oakridge Mall to name but a few. She is now being recognized nationally and it's an honor to have her visual storytelling displayed here in our community for many decades to come. To see more of Lila's artwork, check out her website at www.lilagemellos.com.

WORD OF THE MONTH

“TATTERDEMALION”
(ADJECTIVE)

Ragged or disreputable in appearance; dilapidated.



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HAPPENINGS

Happy Summer.
The Ainsley House is open for summer tours Fridays-Sundays, 11am-3pm.

No advance registration is needed. The Museum gift shop is open the same hours and has a lovely assortment of boutique items for sale.

The Campbell Museum Public Juried Art show REFLECTION opens July 1. The art show features local 2D and 3D art submitted by the public. The public is invited to visit the Carriage House and vote for their favorite art piece in the four categories and age groups: 2D art 18+, 3D art 18+, 2D 6-17, 3D 6-17. The Art will be on display until October 16 and is free to visit. There will be an evening exhibit and artist reception on Friday, July 8 from 5-7pm. And, the Campbell Museums would like to thank our community judges for

their role in judging all the submissions and selecting the pieces for the exhibit: Sherrie Doherty, Ken Johnson, and Chris Bracher.

On display at the Heritage Theater through the end of summer: 100 Years of League of Women Voters History. The League of Women Voters was founded in 1920 by Carrie Chapman during the convention of the American Woman Suffrage Association. For the past 100 years the League has empowered voters and played a critical role in advocacy. Don't miss this temporary exhibit on loan from the LWV Southwest Chapter.

The Campbell Historical Museum is looking for a volunteer gardener who is interested in helping tend to a drought tolerant garden. Museum know how to weed and prune, as well as have own gloves and tools. Please contact Kerry@campbellca.gov if interested.

The Ainsley House is recruiting active volunteers to join the Garden group. The Ainsley House garden group meets every Tuesday at 9am and helps to weed, water, prune, and plant the lovely plants that surround

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HERE'S HOWE

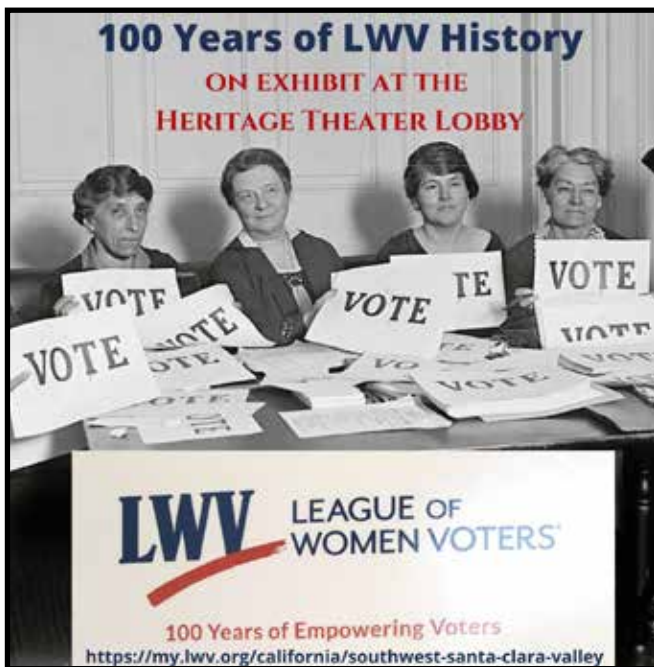


A PERSPECTIVE...

So much has happened in Campbell in only a month since I've been home from my travels, it's hard to put it all in words. Campbell is growing in so many ways and it's exciting to see the on-going changes. It's also something that I have experienced my whole life growing up here, and it's still hard to realize the orchards I grew up around are never coming back. Campbell has been able to maintain a slow and steady growth for the most part and can't help the need to expand housing and business development that is inescapable for the necessary progress of our desirable area. (see COC's future housing plans in story on page 1)

People from all walks of life and cultures continue to flock to Campbell as it is one of the most desirable places to live in the entire country. It's also (unfortunately) one of the most expensive places now too. The American dream continues to get harder for everyone and not just here in the place I was

born. If you don't work at one of the top companies in this area, or have a dual income, you are soon to be pushed out to the outskirts of the bay area. But I never thought I would see many things that are happening now in my life either; gas prices so ridiculously high that it's too costly to travel to your favorite spot, weekly mass shootings, Roe vs Wade overturned, marijuana being legalized and so much more, it is all beyond real now. On this note, TCP will try and continue to avoid the negativity our country is riddled with and bring you hope and shed positive light on the things that matter to us here at home. We have always strived (yet sometimes struggled) to keep our stories and subjects about Campbell, and to always encourage our community to band together as one. We will continue to present a variety of topics that keep you informed on the latest issues going on around us and keep a hometown feel to it all as best we can.



THEN AND NOW



Photo courtesy of: THE CAMPBELL PRESS



Photo: © Matthew C. Howe

In late October of 1966, hanging traffic lights on Budd Ave and Winchester Blvd. were turned on to increase the traffic flow of this busy intersection. This view is looking south and at that time, where a Chevron Standard gas station lived on the southwest corner where 420 lifestyles is now. The large St. Lucy's church was not yet built across the street, though the school was there at that time. Directly to the right of this photo is now a 7-11, hair salon, donut shop and Greek restaurant but was my grandmother Eola Howe's house that was sold about 6 years later and like the Ainsley House, was picked up and moved to Campbell Ave. just East of San Tomas Expressway where it was added on to and still remains to this day.



Chatting with Robin Chapman

Authors Corner

By Carol W. Gerwitz

One of the first things Robin Chapman said to me when we talked was so intriguing that I tucked it away to think about later. It had to do with the power of objects. But my pondering would wait till another time. In the meantime Robin was telling me a little of her story and her books.

If Robin's name sounds familiar, you may have read her blog or one of her newspaper articles or her book, *California Apricots: The Lost Orchards of Silicon Valley*. Or perhaps you've seen her reporting on KRON-TV in the past. Since those days at KRON she moved on to be a reporter in Washington, D.C. A graduate of Los Altos High and then from UCLA, Robin returned to Los Altos in 2019 to care for her parents and reconnected with the region, then started writing about its history, people, and even objects. Some of the stories she already knew; other stories she found through museum talks, history talks, people she met and who shared their stories with her, and lots of research in museums and libraries. Robin's parent's home also served up a thought-provoking story.

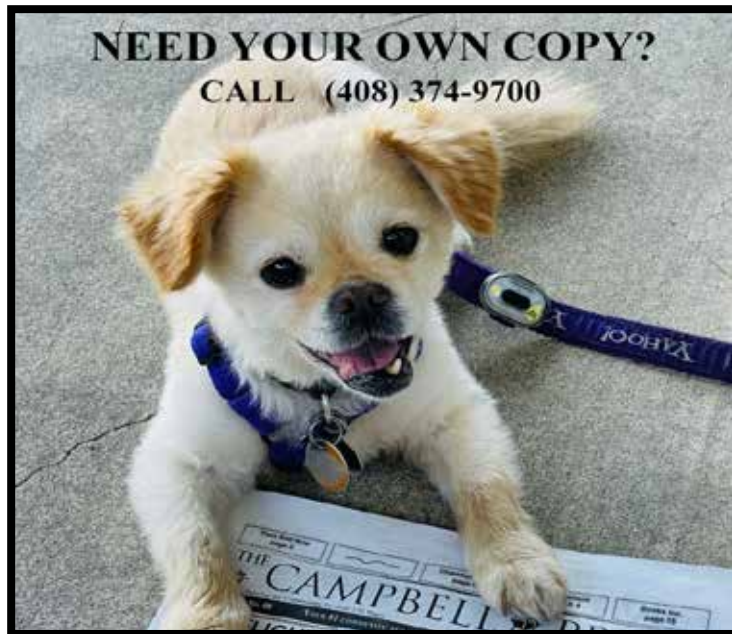
Robin's first book about the valley, *California Apricots* (fondly referred to as *The Apricot Book*) resulted in part from her readers' interest in apricots. Robin shared

with me a tasty tidbit about that tasty fruit: the first written word for "apricot" is a Chinese character. The many journeys the apricot took to find its way from China to be grown in the mission gardens in California (its first spot in America) and its rise in popularity is a fascinating tale.

Robin's most recent book will be released July 25: *The Valley of Heart's Delight: True Tales from Around the Bay*. It is a delightful collection of 45 articles written over a period of five years, woven together with Robin's own memories and enhanced by intriguing pictures. Of course there are tales of the apricot; however, the book's first sentence has nothing to do with 'cots: "My great-great-grandmother... was in her farmhouse... one

summer day about 1888, when she looked up to see a Crow Indian man wearing very little clothing standing in her doorway." From this captivating start, the book continues to tie in multiple generations' stories.

I don't want to give away too much, but there is an article about Alfred Hitchcock's home in the foothills above the Valley and another about a World War I Army post in Menlo Park and Palo Alto. In her article about sweetheart jewelry Robin touches on the power of objects she mentioned to me. Robin's books will be available at local Campbell bookstores, and she will be signing copies of her brand new book on Sunday, July 31, from 11:00 to 2:00 at Recycle Books, downtown Campbell.



PUBLISHER NOTES

By Nancy O. Whitney

The Campbell Press

The Campbell Press has noticed that our neighbors ***Opa's, Chic Jewelers, Recycle BookStore, and Orchard Valley Coffee*** are busy again! These businesses are our neighbors so our newspaper rack has been empty more often. We apologize and refill it as quickly as possible now. Check us out on the Second Saturday and hear live music at our storefront. This month it's ***Cook'n Fenny***. Some people are noticing the coupons we have in the newspaper and using them now. Yes, it's a great way for our businesses to reach their local customers and neighborhoods and our readership is growing daily. Office hours are currently limited due to requesting permission to start legal notices and will be open regular hours soon. TCP is always available by phone and email. The Campbell Press is the ONLY community newspaper in Campbell and a source of what's happening monthly with a focus on our community news.

With popular columns like *Coach's Corner and Chamber News, SAM's Digit and County News*. Also, the local features and original stories or series like *John MacCalman's 'ON THE FLY'*. So many of you have told us that you do enjoy it all and find yourselves reading it cover to cover!

Thank you for the helpful and great feedback! It's wonderful to watch the look of happy people who have told us in person about their enjoyable readership experiences, or share the way The

Campbell Press is helping the Campbell Community stay connected and was missed in its absence.

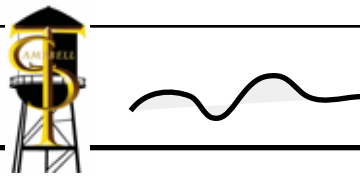
A Very Big Thank You to our contributing writers who help make this paper great. It has been a labor of service since its beginnings in the early 1900's and why Campbell supports this newspaper. It has been very popular for decades because of our community focus. Many years ago the focus on Campbell's events came forward with key people like Kathryn Hanchett McCaig and because of her family's newspaper business that wanted a small growing city newspaper. Along with her mother, she was the publisher of the Cambrian Times and Campbell Express for a little over three decades. In 2002 the Campbell Express was honored and Awarded Business of the Year by the Campbell Chamber of Commerce and it was well deserved.

In 2004, Publisher Sally Howe purchased the Campbell Express. Sally was a well-known leader in our Campbell Community and added to it becoming more successful. Recently the Campbell Chamber of Commerce honored her by establishing a Scholarship Award for Journalism to a student every year. Gratitude goes to her family for carrying on and keeping it going through the years with Roberta Howe at the helm from 2015-2018. Reopening in November 2020, with the helpful talents

Continued on page 16



July		CAMPBELL REAL ESTATE				July
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.	
SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES						
Miller Avenue	\$3,600,000	5/3	26	9649	3362.00	
N. Milton Avenue	\$3,100,000	4/2.5	72	10212	2105.00	
Keith Drive	\$2,380,000	4/2	45	6050	2137.00	
Orestes Way	\$1,900,000	3/2	58	6009	1483.00	
Monica Lane	\$1,755,000	3/2	65	9340	1620.00	
El Caminto Avenue	\$1,700,000	2/1	71	11335	1364.00	
Nadine Drive	\$1,655,000	3/2	62	6200	1300.00	
Gazelle Drive	\$1,650,000	4/2	59	8382	1763.00	
Jeffrey Avenue	\$1,600,000	3/2	61	6405	1273.00	
S. 1st Street	\$1,050,000	1/1	85	3726	540.00	
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES						
Page Street	\$1,610,000	3/2.5	27	1265	1895	
Union Avenue	\$1,225,000	3/2.5	35		1537	
W. Rincon Avenue	\$1,200,000	3/2.5	42		1448	
Latimer Circle	\$1,025,000	2/2	49	1618	1013	
Pine Tree Terrace	\$865,000	2/1	49		946	
S. Bascom Avenue	\$770,000	2/2	38	1122	1081	
Watson Drive	\$710,000	2/1	51		903	



WEST SAN JOSE – CAMPBELL LIONS



By Art Lowe

May was a busy month for our club. There were many community activities and some overlap. But at the end of April, some of our members helped the Cupertino Host Lions Club with their annual Fish-A-Thon at Stevens Creek Quarry Lake. About one hundred disabled children and adults got to go fishing in a small lake stocked with 900 hundred hungry trout, averaging 14 inches long. Some of the participants had never caught a fish nor even touched one. All participants had an experienced fisherman helping him/her and each got to take home 3 fish. Then at noon, everyone was treated to a delicious BBQ lunch.

Ongoing projects included donations to the UCC Food



Boogie beer beer
Rich Lee, Desiree Mitchell, Natalie Arola, Olivia Flores, Michele Hiatt, Bruce Factor, Art Low, and Mary Edson.

Pantry, verifying donated eyeglasses for Lions In Sight, helping serve food at Martha's Kitchen, and preparing clothing items for rape victims through Grateful Garment. And the first new event in May was the Kid's Fun Zone at the Campbell Farmers' Market

on May 15. Besides members of our club, 30 members of the Delta Gamma sorority from San Jose State University helped with activities such as face painting, spinning prize wheel, and coloring books. This event also benefited Jacob's Heart, a charity that helps

children with cancer and their families. We were able to raise over \$700 for them by having a tip jar in front of their booth.

On the weekend of May 21, 22, our club staffed the beer booth at the Boogie Music Festival in downtown Campbell. Even for those who don't drink, there was music on 4 stages and food and craft vendors galore! Next, a major fund raising activity for our club started at the end of May. We had about 20 of our members who generously volunteered to be couriers for the Registrar of Voters during the primary election and donated their stipend to the club. Then, on June 9, a shipment of 40,000 donated eyeglasses was delivered to Lions In Sight storage at the Vista Center. All the eyeglasses need to be sorted,

cleaned, and verified to be finally given to the poor during humanitarian clinics. In fact, yours truly has signed up for the trip to Merida, Mexico in October. So if you want to help with any of our activities, please feel free to call me, Art Low, at 408-839-5495 or our president, Dave Kaplow at 408-420-3541.



Fish-a-thon
Art Lowe and Evan Dang



CWCC Installs New Board of Directors & Special Service Honoree

By Roberta Howe



Ruth Ann Boesch received special recognition from CWCC for her years of service on the Scholarship Endowment Board.

The Country Woman's Club of Campbell installed their new Board of Directors on June 7th at the Three Flames restaurant.

L to R: Sherrie Cardona (sitting in for Director-at-Large Barbara Robinson), President Maggie Church, Pat Laufman (sitting in for 1st Vice-President Gloria Green), Parliamentarian Martha E. Champion

Back Row: Director-at-Large Darla Forbes, Corresponding Secretary Alicia Dayton, Treasurer Kathy Aspinwall, Joan Fontana (sitting in for Recording Secretary Roberta C. Howe) 2nd Vice-Presidents Lucille Maravilla and Anna Rutledge and Elaine Motekaitis (sitting in for Sally Luce).



By Margaret Schieck, Chapter President

Our June meeting featured Joe Burdick, a representative from the county District Attorney's office, who spoke on the topic of 'senior scams', an issue that matters to all of us whether we are seniors or not. Those in attendance received a great deal of useful information on how to spot and avoid potential scams.

The speaker for our July meeting will be retired Art Historian Fran Rushing who will speak about the artwork of the notable artists Diego Rivera and Freda Kahlo. We hope that you will attend even if you are not a member, and we encourage you to bring a friend. Come as guests-no charge. The July meeting will be held on Tuesday, July 19 at the Campbell Community Center, Room 280, located at #1 West Campbell Ave. at Winchester Blvd. There is a coffee hour from 9:15 to 10:00 AM with time to browse our free book exchange table and socialize with friends old and new. The general meeting and speaker program begin at 10:00.

From my years as President and Vice-President, I know the importance of obtaining knowledgeable and professional speakers who can present information on timely and significant topics.

Ken Schieck, past President Campbell Area AARP Chapter 515



THE CAMPBELL AREA CHAPTER 5151 OF
AARP

MEETS ON THE 3rd TUESDAY OF EACH MONTH
AT THE CAMPBELL COMMUNITY CENTER,
ROOM Q-80; THE CENTER IS
LOCATED AT 1 W. CAMPBELL AVE.
AT THE CORNER OF WINCHESTER BLVD.
FELLOWSHIP FROM 9:15 TO 10 AM,
FOLLOWED BY THE PROGRAM
AND GENERAL MEETING

VISIT OUR WEBSITE AT
campbellaarp.org

COME JOIN US!



CAMPBELL CHAMBER FOUNDATION TO HOST 57TH ANNUAL GOLF TOURNAMENT



The Campbell Chamber Community Foundation will be holding its 57th Annual Golf Tournament on Wednesday, August 24, 2022 at Cinnabar Hills Golf Club in San Jose. The tournament is open to golfers of all abilities and includes a number of fun game holes and contests, including a chance to win \$25 thousand for a hole-in-one, or \$5 thousand if you qualify for and sink a 60-foot putt in the putting contest.

The shotgun best-ball format start begins at 12:30 pm and registration includes lunch, a player goody bag, refreshments on the course, and an awards dinner with a live and silent auction.

In addition to the regular tournament, the Chamber Cup, a competition between golf teams from local Chambers of Commerce, is held at the same time. The winner of the Chamber Cup earns bragging rights and retains possession of the Cup until the following year. The Campbell Chamber has won the Chamber Cup in 2019 and 2021... there was no tournament during the COVID year of 2020.

Proceeds from the charity golf tournament benefit the Campbell Chamber Community Foundation's

programs, including its scholarship program, Campbell Cares and the popular Campbell Community Toy Program.

Early-bird registration for singles and foursomes will continue through June. Early-bird green fees are \$200 for individuals and \$800 for foursomes.

The Campbell Chamber Foundation is continuing to look for sponsors for the tournament, as well donations for the raffle, silent auction and live auction during the awards dinner.

For more information visit: campbellchamberfoundation.org/golf-tournament, or call the Foundation at 408-378-1667.

BOOGIE MUSIC FESTIVAL SURVEY

The Campbell Chamber of Commerce is conducting a survey for individuals who attended the 43rd Annual Boogie Music Festival in May in hopes of getting feedback from the community to improve the 2023 Boogie Music Festival. The survey can be found at: <https://zfrmz.com/GxwL-81rk6PiReg9XSeuM>, or you can click the link to the survey at www.campbell-boogie.com.

SUMMERBASH POSTPONED TO JULY 2023

The Campbell Chamber's new festival, Summer-Bash, originally scheduled for July of 2022, has been postponed until July of 2023. The new festival will be held at West Valley College.

POP-UP ARTISAN MARKETS RETURN IN AUGUST

The popular Pop-Up Artisan Markets held at The Pruneyard will be held in August, September, November and December in the south parking lot near Sports Basement on the border of East Campbell Ave. The two-day markets feature local artisans and entertainment.

CHRISTMAS IN JULY

The Campbell Chamber Community Foundation will raise money for the annual Campbell Toy Program with donation boxes in various retailers in Downtown Campbell during the month of July. Visit www.campbell-toyprogram.com for a list of participating retailers. Funds for the Toy Program are used to support over 900 local families from the Campbell Union School District.



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SPECIAL ANNOUNCEMENTS

Celebrate 100th Birthday!!



Victor Biagini was born on June 16, 1922 in Fort Bragg, CA. His parents, Emilia and Joseph Biagini were immigrants from the Tuscany region of Italy. The family lived in a logging camp where his parents cooked for the Italian loggers. When he was 10, they moved into Ft. Bragg and opened a restaurant. At the age of 13, the family moved to Los Gatos, CA. His parents worked in Los Gatos and finally opened Emilia's Café on Main St.

In Los Gatos he met 3 friends, and the 4 remained

close for the rest of their lives. After graduating from Los Gatos High, he enlisted in the Coast Guard. He served during World War II on the troop transport, The Eberle. After his discharge he began his career as a butcher which he continued until his retirement. He married the love of his life, Lorraine Pizzo on June 1st, 1946. They built their home in Campbell in 1952 where Victor still lives. They were married for 73 years until her death in 2019.

They welcomed 2 daughters Vicki and Lori, who

like their mother, graduated from Campbell High School. The lights of his life are his granddaughters, Alexa, Kelsey and Zoey. In 2020 he was blessed with a great-granddaughter, Amelia. He enjoys his time with son-in-law Mike and grandson-in-law Paul.

He is a dedicated 49er fan and had season tickets when they were still playing at Kezar Stadium. Throughout his life he has enjoyed gardening, loves to go fishing as well as travelling and spending time with family and friends.



Rex and Linda Upp celebrate their 50th Wedding Anniversary with family and friends at the Doubletree Hotel at the Pruneyard Inn on Sunday May 29th 2022 after a cancellation in 2020 and 2 year delay for the pandemic. Photo credit: Nancy O Gomes



City Council & Planning Commission News

By Adam Buchbinder

In land use planning, the details are everything. As part of Campbell's Plan for Housing, the city is reviewing every aspect of our residential land use. We're also updating our General Plan at the same time, which means we're reviewing the other land use rules in our city too. It's a busy year!

Part of this review involves investigating the constraints that prevent housing construction in Campbell, and developing programs to solve them. The city's policies around missing middle housing illustrate the potential for unintended consequences of well-meaning rules.

"Missing middle" is a new name for an old concept. It's easy to build a single-family detached home in most places. And if you're a wealthy, professional developer, you can build high-rises. But between these two extremes, there are duplexes, triplexes, fourplexes, small apartment buildings, town-

houses, live-work buildings, and many other types of building which were very popular as an affordable alternative to single-family homes before the advent of modern zoning laws. They still exist in many places, but are no longer permissible to build.

No one set out to make missing middle housing illegal, but upon reviewing the city's zoning laws, a standardized example of any of these housing types is disallowed in Campbell, even in the zones which are intended to support them. For example, in our highest-density residential R-3 zone, we require a fourplex to provide at least ten off-street parking spaces, a townhouse must reside on a lot of at least six thousand square feet and have setbacks on its sides (which would make it not a townhouse!). These rules prohibit the production of an entire class of naturally affordable housing.

This is why reviewing these rules is so vital. We've used "planned development" zoning, which is a custom zone for a particular project, for many years to avoid adjusting our base zoning, but this has had the effect of making our rules unclear, adding unpredictable discretionary steps, and discouraging developers. Our upcoming policy work will bring our zoning rules in line with their intentions.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov. For upcoming agendas, go to <https://campbellca.gov/AgendaCenter>. To learn more about Campbell's Plan for Housing, please visit <http://campbell.generalplan.org/housing-element>. For more on missing middle types, see <http://missingmiddlehousing.org>.

Money Empowerment by Jill



Grocery shopping has always been a challenge for me. We are a family of five (teens and adults) with an average weekly grocery budget of \$225. With recent price hikes, our grocery bill began increasing to almost \$325 per week, and the saddest part is that our refrigerator and pantry was never full. After three weeks of this trend, I decided to buckle down and take some action. I've managed to come up with a system that has kept our bill at around \$250 per week, while keeping us fed.

If you are faced with a similar challenge, keep reading. Maybe one (or more) of these tips can help.

1. Take inventory

I start by taking inventory of what I currently have in my pantry, refrigerator and freezer. This allows me to see what is hiding that can be used for future meals as well as what needs replenishing. While I do this, I also clean, which is an added bonus.

2. Check the sales

You can check your markets sales by going online or checking any ads that come in the mail. I find this helpful when planning my meals and creating my list.

3. Plan your meals

To be honest, I am not a huge meal planner so I create a general plan for the week, knowing that if I buy the right ingredients, I can switch it up. If you are more of a strict meal prepper, this should be easy for you.

4. Don't shop when hungry

You've probably heard this

before and I totally agree with this. For me, it leads to lots of snack foods in the cart. I also tend to add more than I need of produce, which sometimes leads to waste later in the week.

5. Don't always bring your kids

Of course, if you have no choice in the matter, then bring your kids. I started to leave my teens at home periodically and found the bill reduced greatly. I love getting them foods they want to eat, but their impulse buys were killing my budget.

On the flip side, bringing them is a good way to teach them shopping strategies, so bringing them once in a while is probably just fine.

6. Be flexible

A list works well for me. However, sometimes the items on my list are way more expensive than they were the week before. When this happens, I ask myself if I really need to have that item this week and if not, I look for alternatives.

These are just a few tips that help me keep my grocery bill as close to normal as possible. It takes some creativity and a little discipline, but it is worth it. Hope you find them helpful.

Best of luck,
Jill Scarnecchia

Have a money management question?

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CITY NEWS

By Sergio Lopez

Arguably one of the most important duties the City Council undertakes every year is passing a budget. Those of us on the City Council have the obligation and responsibility to pass a budget that is balanced and sustainable, and which also serves the needs of the community. (Campbell operates on a fiscal year which will begin July 1 of this year and go through June 30 of 2023). Accordingly, last month marked the final hearing of the budget — the end result of months of discussion and planning about the proper administration of programs and services.

The budget came out of the Council priorities which were set stemming from discussions going back to last year. These priorities organize spending as well as staff work plans, and this year these included Comprehensive Long-term Land Use Planning, Measure O Implementation, Financial Stability, and Sustainability. Campbell city staff look to these when developing and implementing the budget.

Campbell's final budget, in my analysis, mostly tracks with previous year's budgets, with increased spending in responsible and strategic areas. Growth in spending, in my view, has been mostly incremental, (as well as some increased costs due to inflation or increased fees from other agencies — just like our residents, the City must contend with higher cost of living). I believe this is appropriate, because while sales tax has grown, in some cases more rapidly than COVID-era expectations would have predicted, we still face a coming period of economic uncertainty.

In fact, I sounded a note of caution — as did the rest of the Council — regarding long-term projections. While our Finance department predicted a steadily improving long-term fiscal outlook, I personally believe that significant uncertainty remains around

the possibility of a recession or economic downturn. In the end, the Council was fairly united in requesting that staff come back with a range of options and plans for future budgets if the financial picture does not improve. I strongly believe that taking these steps and examining these options is part of responsible financial planning.

In fact, the Council has long valued fiscal stability and keeping a responsible handle on spending, balancing short-term needs with the importance of long-term stability. In particular, I believe the City must invest responsibly in its “rainy day” funds, or reserves. One of my own role models in public service is former Governor Jerry Brown — who, in his final two terms in office, made certain to shore up the state’s “rainy day” fund, rightly noting that revenues in California (with our high-income earners) can be highly cyclical.

In the end Council passed a responsibly balanced budget — also adding their support on additional items, such as on a new contract position which would support staff mental health.

One last note to end on: June also marked Pride Month, and as part of that celebration and recognition, Mayor Paul Resnikoff lit the famous Campbell water tower in the rainbow tones of the Pride flag. Campbell has a long history of recognizing and honoring our LGBTQ+ residents and community, and I believe this is an important piece of what makes Campbell such a special and welcoming place to live, work, and spend time in. The mayor presented a commendation of Pride month to Nicole Altamirano, CEO of Silicon Valley Pride. As many members, particularly the trans community, find themselves under attack around the nation and even in the Bay Area, it was important to me to note the importance of celebrating and welcoming this community here in Campbell.

Museum Happenings

Continued from page 2

the Ainsley Garden. If interested, please contact kerry@campbellca.gov

The Campbell Historical Museum is looking forward to reopening in early fall. The Museum was closed initially due to COVID and then suffered from two facility related flooding incidents. Now the facility is undergoing remediation and receiving new flooring in the collection space. A grand reopening will be planned for late Fall.

If you would like to become a part of the Campbell Museums history, we invite you to become a Museum member. Museum membership information and benefits can be found on the Museum website

<https://www.campbellmuseums.com/membership> with additional Museum mem-

bership activities planned for late summer/fall.

Volunteer Gardeners Needed

- Who: Anyone who enjoys gardening, practices mask-wearing, and social distancing
- Where: Ainsley House Garden
- When: Every Tues @ 9 am
- What: weeding, watering, planting, pruning, and more
- How: Contact kerry@campbellca.gov • (408)866-2718

COUNTY NEWS

Prioritizing Wildfire Prevention and Safety

By County Supervisor Joe Simitian

In California—with fire season seemingly a constant—we have to keep looking for opportunities to improve fire prevention year-round, and to give local communities the help they need to keep their homes, businesses, and families safe.

This is particularly important in places like our County's West Valley, where many folks live in the Wildland Urban Interface (WUI) zone that extends from the scenic and rugged—and fire fuel rich—Santa Cruz Mountains to the cities and neighborhoods on our western flank.

I'm gratified that my Board colleagues agree, unanimously supporting my proposal to expand the Santa Clara County Central Fire Protection District's Pre-Fire Management and Wildfire Resilience program in the West Valley.

First, the County will be adding a dedicated Fuels Crew to clear brush and vegetation along evacuation routes and roads in the Fire District, which includes the cities of Los Gatos, Monte Sereno, Cupertino, and a portion of Saratoga, along with unincorporated lands in western Santa Clara County. (As a “dependent” fire district, SCCCFPD is governed by the County Board of Supervisors, which acts as the District's Board of Directors.)

Second, for these same residents and communities, we've expanded a free “chipping” program that helps create and maintain defensible space, and further reduces hazardous WUI fuels.

While the program's services are for SCCCFPD residents, the work we do to prevent or thwart the spread of wildfire helps the County as a whole by ensuring:

- Healthier air quality and reduced carbon release into the atmosphere;
- Maintaining higher levels in our reservoirs and keeping fire-related sediment or carbon particles from running into our drinking water supply;
- Better protection of our open space, wildlife, and forests; and,
- Safer evacuation routes for everyone visiting, working, or living in the west side of the County.

The SCCCFPD's existing Fire Protection and Wildfire Resilience Program was established with federal, state, and local partners in 2020, following two devastating megafires — the CZU and Santa Clara Unit (SCU) lightning complexes—that affected the South Bay. The program's strong initial results are encouraging.

As Assistant Fire Chief Brian Glass put it, “The

region continues to experience increased risk due to an accumulation of drought stressed fuels and overgrowth. Wildland megafires are becoming more frequent and deadly, and this is why it is so important that we take action, now, to explore additional ways to keep the communities we serve safe.”

I commend the SCCCFPD's efforts to date to focus on prevention and wildfire mitigation. That said, it's time for us to step up and take these efforts to the next level. We can do more. And frankly put, we have to.

Joe Simitian was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He represents the Fifth District, which now includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, and portions of San Jose. Joe's public service over the years includes stints as a member of the California State Senate, the California State Assembly, Mayor of Palo Alto, President of the Palo Alto School Board, as well as an earlier term on the Santa Clara County Board of Supervisors. He served as an election observer/supervisor in El Salvador and Bosnia and participated in refugee relief and resettlement efforts in Albania and Kosovo.

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CHUCK E. CHEESE PIZZA TIME THEATER

THE DREAM BECOMES REALITY...

By Matthew C. Howe

Part 11

Last month I was telling you about losing some of my music to a bidder who had purchased tapes I had forgotten about. The music I wrote was on the back of one of the 1" multi-track reel to reels left inside the tape storage area in an adjacent room. Technically, the reels belonged to the rat (let me take a moment to remind you that Chuck E. Cheese was originally a New York rat and not a sweet little mouse that in more recent years turned him into – I suppose for more appeal), so I really didn't have much of a leg to stand on in claiming it was mine. Nonetheless the auction continued that day in the heart of the studio. I remember at times during the event I was flushed with emotion as I looked around the room—not understanding how the coolest job I ever had, had gotten so messed up to this point. Jerry and I managed to win the bid on a fair amount of the equipment that morning. The recording console, tape decks, the automation equipment and some outboard gear like equalizers, compressors, and effects were scratched off our list. But there was a catch to it all before we could walk away with it. The auctioneer added up all the bids in the room for a grand total price for the entire studio, and if someone bid a higher price for it all, that bidder would get the whole thing. I gasped and held my breath. It came to \$23,655.00. An incredible deal for over \$125,000 worth of gear. I thought for sure someone would take advantage of this deal. I looked around at all the people in the room as it grew silent. For what seemed like an eternity but was only a few seconds at an auction, no one raised their hand. We were able to take away the items we had won during the bidding process. Not long after that, we had set up a mock studio in Jerry's condominium garage

while learning everything we could about the equipment. I taught Jerry everything I knew about it all, and before long he was teaching me things that I never knew since he had access to it all 24/7. Jerry is a very smart and talented guy (recently working and touring with the band KISS; and at this stage in his career his credit list is longer than my leg and truly a who's who of the rock n' roll industry) and a great partner to have started with. We wrote many tracks together over the years prior to this time and were able to fill the others shoes time and time again. Jerry played guitar and bass and I played keyboards and drums, so we managed to make it work well. We planned to find an industrial space somewhere in the San Jose area where we could set up shop and call home; one that wouldn't impinge

the automation equipment to lock to video or film by using SMPTE time code. (Yes, the very thing I mentioned I knew nothing about in part one of this series!) Jerry and I had also begun to create various music tracks in :29 and :59 second lengths that we could compile into a library for licensing that could be used as background music. We had been talking to many of our musical friends and their bands about giving them great deals for recording their songs and soon enough some took the leap with us and began recording albums of material. Having been exposed to the animation department at CEC, I really saw the potential for having connections to film/video and before long ran into some old friends who had acquired video equipment and were starting to record videos of musical performances.



A one inch video reel and 3/4" SP videotape – an improvement in quality over standard 3/4".

on the neighbors to come knocking on the walls late at night. We also were interested in sound design, and something called scoring-to-picture. Not unlike film scoring, this was a way of writing music for visuals that was beginning to take hold in the area; not long before this time, it could only be done in a very expensive high-end studio, yet we now had

They had multiple cameras and the ability to edit them together. This was far superior to just one stand-alone camera in the back of the venue on a wide shot. They were recording on large heavy and bulky machines using 3/4" videotape, and we began to discuss partnering up with them to create a bigger impact in the San Jose area. *Continued next month...*

JULY MOVIES

By Jack Wilson

Jurassic World Dominion - D

Wow, what a terrible ride. It's Fast and Furious with dinosaurs. That is how low the franchise has fallen from Steven Spielberg's original classic that was once the #1 grossing film all-time. The movie studio and creative team behind this should be ashamed at themselves for creating such low level content and calling it a Jurassic Park sequel.

The Black Phone - B-

Retro horror film from director Scott Derrickson (Sinister, Doctor Strange) starring Ethan Hawk as The Grabber, a serial killer who's snatching kids in the late 1970s. We follow a young brother and sister who try not to be the next victims while also navigating bullies and an alcoholic father. Solid horror and surprisingly heartfelt, especially the enduring sibling relationship.

Lightyear - C-

Toy Story fans can stay home. This is not a story about the Toy Story action figure, rather it's the "movie" that exists within the universe that spawned the Buzz Lightyear toy. While

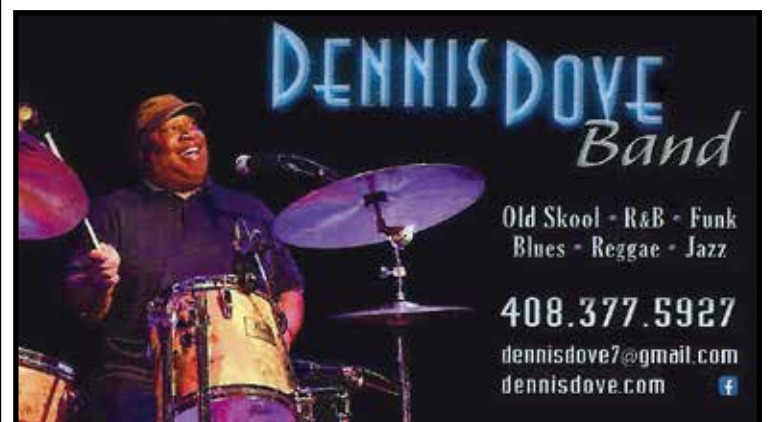
watching this dud you'll come to the realization that it's just a shameful cash grab from Disney attempting to mine their existing IP for gold. This doesn't feel like Pixar with its bait and switch title character and lack of humor and heartfelt moments.

Crimes of the Future - B-

Polarizing director David Cronenberg (The Fly, History of Violence) returns with a new body horror film starring Viggo Mortenson and Kristen Stewart. The story is based off of the absurd idea that surgery and slicing yourself up with a knife is the new sex in the future. It's equal parts weird, inventive, and ridiculous.

Elvis - C-

Baz Luhrmann directs this overlong bore that focuses on the relationship between Elvis Presley and his manager. Tom Hanks plays the manager and turns in arguably his worst performance, one that seems inspired by Adam Sandler's characters dad in The Waterboy. Austin Butler won the impossible job of delivering a serious portrayal of the King, who's been impersonated to death, and thus he feels like just another impersonator.



Local favorites Mary Ellen and Thom are joined by Carol Pyoud of Tessoro's for a quick photo op during their sidewalk performance on Saturday, the 25th of June.

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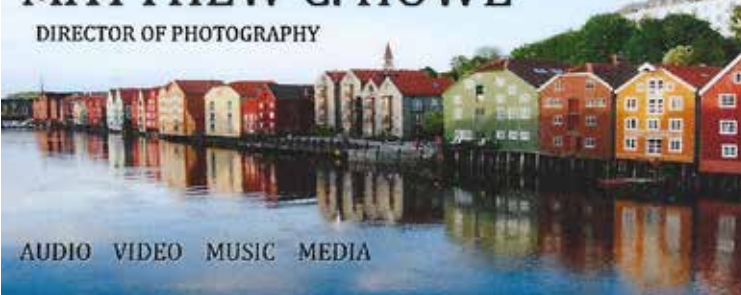


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ENTERTAINMENT CALENDAR

Wednesday, July 6

6:00pm
Dennis Dove

Thursday, July 7

6:00pm
Blues Jam

Friday, July 8

6:00pm
Ray Ray & Friends

Saturday, July 9

6:00pm
Cadillac Jack

Wednesday, July 13

6:00pm
Gold Money Band Jam

Thursday, July 14

6:00pm
Blues Jam

Friday, July 15

6:00pm
The Newlyweds Band

Saturday, July 16

6:00pm
King Blues Band

Wednesday, July 20

6:00pm
Knee Deep

Thursday, July 21

6:00pm
Blues Jam

Friday, July 22

6:00pm
The Essentials

Saturday, July 23

6:00pm
Ghosts of Calico

Wednesday, July 27

6:00pm
Acoustic Showcase

Thursday, July 28

6:00pm
Blues Jam

Friday, July 29

6:00pm
Fossil Farm

Saturday, July 30

6:00pm
Jinx Jones

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11th Annual Saratoga Classic and Cool Car Show Rolls in to Saratoga on Sunday July 24th, 2022

By Tiger Teerlink



It's no Secret... the Saratoga Classic and Cool Car Show is now the most popular classic car show in the South Bay Area according to local car show enthusiasts and show car owners! Classic and cool car fans say they love the Saratoga Classic and Cool Car Show because of the quaint setting in the Historic Village of Saratoga and the right mix of show cars, activities and food.

The Saratoga Classic and Cool Car Show is organized by the Saratoga Chamber of Commerce and the Cool Car Club of Saratoga, Los Gatos and Campbell, and runs from 10 AM to 4 PM on Sunday, July 24th. Classy food, tasty beer and wine from local wineries and breweries, craft vendors, and a live band in the center of town all add up to a fun-packed day for people of all ages.

Tiger Teerlink, the founder of the show and President of the Cool Car Club of Saratoga, Los Gatos and Campbell says "The Saratoga Classic and Cool Car Show is a win/win/win for the town, show car owners and those visiting the show... The town gets a lot of first time visitors, The registered show car owners get 2 free lunches from village restaurants, and the visitors get to walk the center line of Saratoga's Big Basin Way (the closed section of State Highway 9) to view some of the Valley's coolest cars." All this happens as everyone, including those pumping gas at the village 76 gas station, are tapping their toes to live classic rock. Tiger emphasizes that Unlike other shows you will see American and foreign cars of all years, makes and models,

ranging from the 1920's, to the classics of the 50's, 60's, 70's as well as new cars from local car dealers. Live classic rock music by Chubby's All Stars from wireless speakers throughout the village have become the trademark of this show and will definitely set the mood again for this year's outstanding and colorful event.

The big Car Show on Sunday July 24th is preceded by Saratoga's CAR SHOW WEEK. CARSHOWWEEK starts July 16th at the Official Saratoga Classic and Cool Car Show Kick-Off Party to be held at a local business. Car Show Week continues with mini "Jump Start" events on Tuesday July 19th at The Big Basin Burger Bar, Thursday July 21st at Saratoga Jakes Pizza, and of course Saturday July 23rd is the traditional Tri City Cruise starting at the Saratoga Village 76 Gas station and traveling to Los Gatos and Campbell. Other exciting activities during CAR SHOW WEEK will be listed on printed materials and various websites listed below. "There's something for everyone during the Car Show Week, so be sure to mark your calendars... it's a terrific time to visit Saratoga" says Chuck Page, President of the Saratoga Chamber of Commerce.

To find out more about this year's Car Show Week ending with the Saratoga Classic and Cool Car Show please go to SaratogaChamber.org or SaratogaCarShow.com. You can also email info@saratogachamber.org or call the President of the Cool Car Club, Tiger Teerlink, at 408-828-9614 or the Saratoga Chamber of Commerce at 408-867-0753.

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July 2 Journey Tribute Band

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July 6 TRIVIA & KARAOKE

Every Wednesday

July 7 SALSA NIGHT

Live Salsa Band & Salsa DJ

July 8 Jimi Hendrix Tribute Band

Liquid Sky

July 13 TRIVIA & KARAOKE

Every Wednesday

July 14 SALSA NIGHT

Live Salsa Band & Salsa DJ

July 15 Funkranomicon

Summer Funk Party!

July 16 Cocktail Monkeys

80's, Club, Dance, R&B, Rock & Roll

July 20 TRIVIA & KARAOKE

Every Wednesday

July 22 Pat Benatar Tribute Band

By Invincible

July 23 Tribute to Duran Duran

By Duran Duran Duran

July 27 TRIVIA & KARAOKE

Every Wednesday

July 29 Eagles Tribute Band

By Midnight Flyers

July 30 Tortilla Soup

Music from the 60's to the present!!

August 5 Tribute to AC/DC

By AXL/DC

August 6 Dub Souljah

Reggae band that blends roots rock and hip hop/rap

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July 7. Thursday private event
Los Altos Country Club.

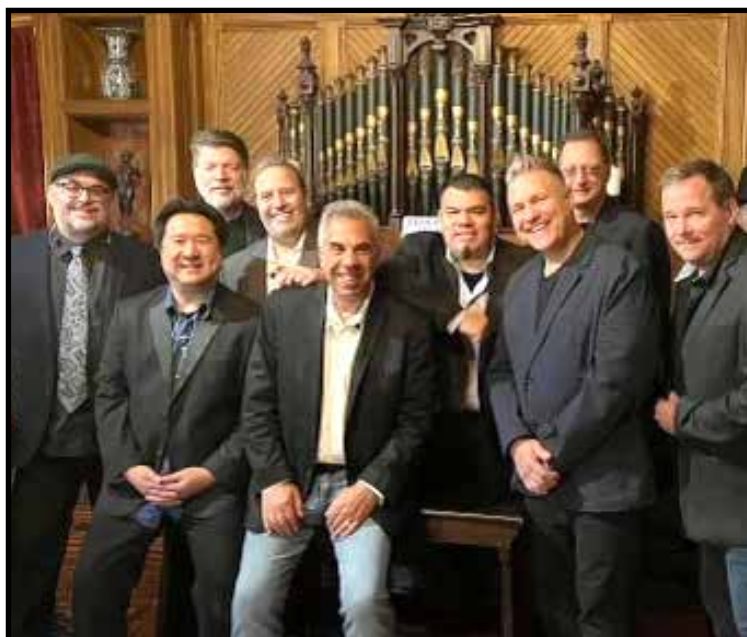
July 8. Friday The Summit House
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July 10. Downtown Campbell
second Sunday 11 AM to 1 PM
in front of The Campbell Press
downtown office.

July 24. Sunday The Saratoga Car
Show on Highway 9. With Chubby's
All Stars, and the Cook'n Fenny
Combo. 11 AM to 4 PM. Hundreds
of cars to see from muscle cars to
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July 27. Wednesday 6 PM to 9 PM.
Acoustic showcase at Little Lou's
Barbecue featuring Cook'n Fenny
Combo, Bandanna, and others.

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Music in the Glen, The Houserockers,
sponsored by Kiwanis of Willow Glen
July 3rd, Sunday, 2:00pm, Willow Street Park/Frank Bramhall Park
Celebrate the 4th on the 3rd. Come rock with us!



The first two shows of a shortened season (of only four this year) in Campbell's 'Music on the Green' series, have proven that our local peeps still love to have a good time. The group "First Call"—the perfect name for the first band in the city series, right?—rocked us all on June 23rd for a hot evening of summer fun. With a band made up of local seasoned veteran musicians that have been serving our community in



various groups for decades, 'First Call' was no second fiddle by any means and delivered solid renditions of all our favorite tunes. A week later, "RPM" who started at Willow Glen High School, had the crowd engaged with classics we all know and love and truly set the tone for the HouseRockers who perform this week and will likely ignite a dance fire within all of us. Fire extinguishers not included.

Before the Song: "Smoke On The Water"

by Chris Jackson

They had to hurry—the fire department was telling them to evacuate the building. It didn't matter that they were telling that to the band **Deep Purple** who were there recording an album.

When I interviewed Deep Purple's bassist, Roger Glover, he told me that the album was done by the time the fire became a danger. The only reason they were still there was that at the last minute, their guitarist, Ritchie Blackmore, had come up with what would become the most iconic guitar riff of all time. They needed to finish writing and then record the song before the fire department broke down the door! If they could get it done quickly, they could include it on the album.

"Duh duh duh, duh duh da-duh..." — the riff just needed a beat and some cool words. They looked out the window and saw smoke. Smoke on the water. They saw a fire in the sky. All those words describing what was going on and where they were—in Montreux, Switzerland—made into the lyrics of what became one of the greatest rock songs in history, "Smoke on the Water."

According to Roger Glover, once the lyrics were done, they got only two takes (chances) to record the song. To this day, he's

still not sure which one of those ended up on the album. What we do know is that because they had to hurry, one of lyrics got sung wrong. The description of a mobile recording studio they were using—owned by the Rolling Stones—was sung, "...with the *Rolling truck Stones* thing just outside..." rather than, "with the *Rolling Stones' truck*..." Oops. Fire Department said they had to leave, so it had to stay that way.

The next time you listen to it, check it out—it's in the third verse. As far as their live shows, do you suppose the singer sings it wrong, like the recording, or corrects it before he sings it? How would YOU sing it?

If you're like Deep Purple, you'd sing it the only way the audience knows how to sing along: "...the *Rolling truck* Stones..." Karaoke anyone? ☺

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am



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Nutritious Never Tasted So Good

Chef Brad Kunkel joins ChefCentury to Deliver Local, Fresh and Healthy Meals

By Katherine Petersen

ChefCentury delivers fresh and nutritious meals to Bay Area residents who live within 20 miles of the company's San Jose kitchen.

Tam partnered with Chef Brad Kunkel, who has expertise in both the cooking and nutrition arenas, to make eating healthy easy for those who may not have the time, knowhow or desire to create nutritious, and more importantly, tasty meals themselves.

"While we have supported a diverse group of chefs since our inception, there aren't many chefs with the experience and demonstrated success as Brad in helping people get healthy via food," Tam said. "His culinary philosophy of Eating healthy by eating well without fad diets is also unique against the prevailing diet craze."

In a nutshell, Kunkel recommends eating healthy 90 percent of the time which enables ice cream or chocolate 10 percent of the time. But what does nutritious mean?

"Lots of vegetables, some fruit, lean proteins, carbs such as brown rice and other grains and a lot less sugar than most people eat," Kunkel advised, adding that people should steer clear of items such as bottled salad dressings, sauces and prepared meals from the store that have additives, preservatives and extra sugar.

Kunkel attended both culinary school and a one-year program at the Institute of Integrative Nutrition followed by a decade of helping Bay area trainers, professionals and families achieve their health goals while eating well. For him, there are two important keys: using flavors from different countries to make meals more interesting and trying not to eat "perfectly."

"Food is a perfect example of how insisting on 100 percent adherence to strict guidelines is ultimately self-defeating," he said. "I am convinced that eating according to healthy parameters 90 percent of the time will create a

metabolic system that can easily accommodate some pizza when you're out with friends. That's how you make good eating a lifestyle choice that will last as long as you do."

Today in America, around 10 percent of the populace can be said to be metabolically healthy, Kunkel said. That, along with unchecked levels of stress and lack of movement and exercise is subjecting people to numerous chronic diseases, 80 percent of which lifestyle choices can prevent.

At ChefCentury, Kunkel will be offering his meals as a sustainable, nutrition solution to everyone in local communities. Examples of lunch and dinner options on the current menu include Mediterranean chicken breast, whole wheat pearl cous cous, grilled asparagus with Greek vinaigrette; Lentil Sloppy Joes; Hoisin beef edamame salad; and Bun Cha (Vietnamese lunch).

Ukrainian Special
Continued on page 16

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Coach's Corner

by Jay Harnden

SUMMERTIME BLUES

Over the years I've learned that many people get the summertime blues. They get into a funk that is difficult to shake. I'd like to talk a little bit about this in this issue. If you think about it, there are many reasons why this occurs. The ones that stand out to me, and in my opinion are the easiest ones to deal with, are the ones that involve perspective. I've spoken with many folks who have friends, neighbors and family members who have resources to go on wonderful vacations, buy new cars, etc., things they themselves are not able to do. This can create feelings of inadequacy, jealousy, anxiety, the list goes on. While a change in perspective is simple, it's not always easy.

So let's look at some of the things we can change. This may require feedback from family members and friends but will be worth the effort. Maybe you don't have air conditioning in your house. It's true... not everyone does. I remember the days when our house was so hot it was just miserable. The living room was a hotbox. One day I decided to do something

about it so I purchased a portable air conditioning unit for the living room. I think it cost around \$400, but it was worth every penny. I bet if you really think about it, you could come up with some affordable home improvements. Bottom line don't compare yourselves to others who seem to have everything, because everybody is going through some challenges that you know nothing about. Our culture encourages us to live "beyond our means", buy stuff we can't afford, and worry about it later. Not a good idea. Living within our means is a wonderful, possibly challenging, way of life, but you'll sleep better.

Ask around and I'm sure you'll find many creative, fun ways to spend your summer. Research the restaurants in your area that offer discounts on certain days of the week. Make a plan to check those out. You'll save money and gain new experiences. Take pictures of your meal and post a review on one of the many social media sites. Need repairs on your car? Look into it, and maybe you can get it fixed

and go on a road trip. Could be a great time, creating lasting memories that won't break the bank.

Make a decision to get rid of the summertime blues and create some summertime news! You really don't have to spend a ton of money to make lasting memories for you and your families. Search the internet and you'll find incredible suggestions for affordable summer fun! Just let go of whatever is holding you back, be yourself, and stay within your means, and in September you'll look back and be amazed at what a great summer you had... and you'll be more than ready to send the kids back to school! As always, I'd love to hear from you, so feel free to email mail with your comments, story ideas, etc. Happy Summer!

Jay@famcoach.com

Jay Harnden, CCC, CCLC
Family Coaching Solutions
408.449.3057
www.FamCoach.com



SKY-HIGH POWER

Back in the early 80s, I was flying on a transcontinental trip with Northwest Airlines to the West Coast. I noticed installed in the seat was a telephone handset. Now this was prior to the time that cell phones were in common use, and was more of a brick variety than the slim line models we have today.

The on-board device was an Airfone and for \$5.00 a minute, I could make calls. I was a bit of a show-off and thought I would impress my colleagues back home in Scotland with a call from 35,000 feet. Needless to say, my workmate was not impressed that I would waste money like this.

We have come a long way since then with many full service airlines offering internet connectivity to their passengers. The quality of this can vary and on international flights, the service may be switched off when flying over certain countries.

In-flight entertainment has grown as well. The early days had a single screen in the cabin with a projector. I was on a flight once where the film caught fire in the projector! It was quickly extinguished.

The next stage was seat back screens, some with a credit card pay for slot but now, onboard Wi-Fi has eliminated the need for these screens, saving the airlines weight and wiring.

Passengers use their own mobile devices to pick up the signal and have will connectivity.

While the battery life for personal devices is becoming longer, it can be frustrating if your phone is losing power right in the middle of the movie or ball game.

The answer to this is in-seat power, but not in the style of a mains socket, but instead a USB charging port. To provide in-seat mains power would require a substantial amount of protected wiring and add weight to the aircraft. Instead, airlines are installing USB ports to aid passengers keep their device power strong.

My favourite, Southwest Airlines gradually developed in-flight entertainment over the years in addition to their regular diet of peanuts. As their network expanded, their flight times became longer. The need to provide power to their passengers has grown so much that they recently announced spending \$2 Billion Dollars on aircraft upgrades to include USB ports.

Just beware when using a phone in-flight, as you never know who is listening. It could be me looking for fresh material for this column!

John MacCalman,

Travel + Aviation Consultant. Journalist, Broadcast Producer and Web Editor.

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Los Gatos Youth Theatre

By Sonali Muthukrishman

This July, Los Gatos Youth Theatre (LGYT) is bringing the Sound of Music and Freaky Friday back to life. The 13-year-old non-profit is fast approaching its summer performances with Artistic Director Heather Stokes at the helm.

LGYT's Encore group started rehearsing for Freaky Friday, a Disney classic, in May. The show embraces contemporary music and a quirky plot involving a body switch between mother-daughter duo Katherine and Ellie Blake. The pair try to make it through "Just One Day" of each other's lives, failing to avoid any catastrophic disasters in the process. While they struggle to communicate at the start of the show, Ellie and Katherine learn to understand each other by the end, making Freaky Friday a wholesome and relatable story.

The theatre company's older performers, aged 14-19, have embodied the modern musical to prepare for their shows: July 21 at 7:00 PM,

July 22 at 7:00 PM, July 23 at 2:00 PM and 7:00 PM, and July 24 at 12:00 PM and 5:00 PM. Senior Riya Narain, who plays Katherine Blake in the Kitt cast, has acted in countless musicals, but feels that LGYT productions are special because of their unique ability to bring people together. Narain emphasized that "it's wonderful to perform with people who are genuinely dedicated to theatre, just like I am."

This summer's Reprise production is the youth edition of the tried and true Sound of Music, featuring actors of ages 7-14. The show tells the story of the Von Trapp family and their postulant governess, who welcomes music back into their lives. LGYT's younger performers are beyond excited to step onto the stage in July.

Eight-year-old Makenna Saban, who plays Marta Von Trapp, is ready for her LGYT debut this summer. Saban shared that



her favorite part of LGYT shows is "being on stage and performing." She is thrilled about her role in the Sound of Music because she "gets to hang out with friends and express" herself. Set just before World War II, the Sound of Music features iconic songs like "Do-Re-Mi" and "Sixteen Going on Seventeen." They perform on July 14 at 7:00 PM, July 15 at 7:00 PM, July 16 at 2:00 PM and 7:00 PM, and close on July 17 at 1:00 PM.

For any student looking to join the ranks of LGYT, the summer shows are a great way to make new friends and find a welcoming group. Encore performer Esme Jacques shared that "LGYT really represents community and teamwork" to her. Under the watchful eye of the artistic staff, thespians

Continued on page 16

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Campbell Crime Report

By Karen Smith

860 Block Apricot Avenue: Unknown Suspect used Victim's Personally Identifiable Information to open a Bank account. Report

1800 Block S. Bascom Avenue: Unknown Suspect took mountain bike from the bike rack of Victim. Report

60 Block Llewellyn Avenue: Unknown Suspect was in the backyard of Victim's house. Report

700 Block E. McGlincey Lane: An unknown suspect cut the lock and stole tools out of a storage locker. Report

10 Block W. Campbell Avenue: Suspect approached two 8-year-old girls and offered them a ride home. The juveniles felt threatened by her approach. Report

600 Block Campbell Technology Parkway: Suspect gave a treat to the victim's dog causing him to become very ill. Report

1300 Block Camden Avenue: Suspect was causing a disturbance and had a felony warrant for her arrest. Booked

200 Block Wilton Drive: Male Suspect and Female Victim got into an argu-

ment. Victim threw a bottle near Suspect. Suspect got upset and brandished a taser at Victim. Methamphetamine and a glass bong used to smoke meth were located in their room. More meth was located in Suspect's car. Suspect was in violation of his probation, and he was booked. Suspect was also cited for having meth and a glass bong used to smoke meth. Also sent to District Attorney's Office.

100 Block Hardy Avenue: Suspect and Victim got into an argument about money. Suspect alleged Victim pushed him five times during the argument. Report

1700 Block S. Winchester Boulevard: An unknown Suspect took items from Victim's unlocked car. Report

1300 Block Camden Avenue: An unknown suspect stole the victim's 1963 Buick LesSabre. The vehicle was located. Report

1200 Block White Oaks Road: Suspect failed to return his rented Uhaul. Report

900 Block Dell Avenue: An unknown suspect stole a truck. Report

200 Block Echo Avenue: An unknown suspect con-

tacted the victim posing to be from an electronic service company and obtained Personally Identifiable Information from her. Since then, they have scammed her out of a lot of money. Report

1500 Block W. Campbell Avenue: Suspect stole merchandise and fled. Report

300 Block N. Milton Avenue: An unknown suspect stole Victim's items from inside her home. Victim suspects a company she recently hired. Report

180 Block N. 2nd Street: Unknown Suspect used Victim's Personally Identifiable Information to open a checking account and get a loan in Victim's name. Report

1700 Block S. Bascom Avenue: Unknown Suspect took items from the store without paying. Report

600 Block W. Sunnyoaks Avenue: Suspect and Victim 1 got into an argument. During the argument Suspect pushed Victim 2 into Victim 1 causing them to fall. Suspect threw water in Victim 1's face. Suspect is the restrained party in a peaceful contact order.

Emergency Protective Restraining Order granted. Sent to District Attorney's Office.

1800 Block S. Bascom Avenue: Suspect and Victim are both juveniles. Suspect knew Victim had Marijuana. Suspect was trying to take the Marijuana. Victim interfered, and Suspect hit Victim a couple times. No visible injuries. Information taken.

600 Block E. Campbell Avenue: Suspect is a transient. Officer located a stolen 2015 Hyundai Elantra, reported by Sunnyvale Police Department, in the parking lot. Suspect got into the vehicle and was stopped down the street. Suspect was under the influence and on probation. Booked

Campbell Avenue/Gilman Avenue: Suspect was intoxicated in the downtown area, and a citizen called Victim to pick her up, since her phone was left open. Victim arrived and an argument occurred. Suspect hit Victim with a shoe. Booked

670 Block E. Campbell Avenue: Suspect was contacted and determined to be too intoxicated to care for himself. Booked

200 Block Railway Avenue: Officer received a License Plate Reader hit on a stolen 2021 Chevrolet that had been reported to San Jose Police Department on June 16. Suspect, a transient, was observed entering the driver's seat. Suspect had burglary tools commonly used to defeat ignition systems. Booked

600 Block Lisa Way: An unknown suspect stole the catalytic converter from the victim's Toyota. Report

Redwood City (Courtesy Report): Victim was reported as an unwanted subject. Victim had blood on his clothing. Victim stated he was attacked in Redwood City overnight. Victim said an unknown Suspect hit him in the head causing him to lose consciousness. Victim was transported to Valley Medical Center. Report

1140 Block E. Campbell Avenue: An unknown suspect stole the catalytic converter from the victim's Prius. Report

1300 Block W. Campbell Avenue: An unknown suspect stole the victim's items from her vehicle. Report

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Books Inc.

By Charlotte Von De Bur

It's July and the dog days of summer are upon us! Whether your plans include camping, traveling, or just relaxing at home, having the right book by your side is essential. We've put together a list of summery reads that you're sure to love. Any one of our picks would make a great companion for your adventures, whether that's devouring a thriller on your beach blanket or skimming a few poems in a roller coaster line. We hope you'll find your perfect match on our shelves!

If you loved Heartstopper and are looking to fall for another graphic novel romance, check out Bloom by Kevin Panetta. Ari has just finished high school and can't wait to leave his sleepy hometown in the dust. There's just one problem: he must find someone to take over his job at his family's struggling bakery. When Ari meets new hire Hector, the two become fast friends, and long days baking together bloom into young love. But when a disaster puts the bakery in jeopardy, Ari must face some hard truths about himself and his future.

If you can't imagine a summer without a trip to the Boardwalk or Great America, then you'll love Jennifer Dugan's Hot Dog Girl. Sixteen-year-old Lou and her best friend Seeley are looking forward to another summer working at their local amusement park, but Lou is devastated to hear that the park's owner plans to sell it at the summer's close. To make matters worse, her crush Nick is dating Jessica, who plays the park's princess, and Lou can hardly compete after being cast as a hot dog. Lou begs Seeley to pretend to be her girlfriend to make Nick jealous, but she's caught off-guard when their fake relationship unearths some very real feelings. Funny and energetic, this romantic comedy will charm you from beginning to end.

If thrills and chills are more your style, be sure to pick up Hide by Kiersten White. Fourteen strangers enter a hide and seek competition in the hopes of winning a massive cash prize. Life-long loner Mack has experience disappearing, and she's certain that she can outlast the competition. But as alliances form and fracture and people begin vanishing, Mack realizes that the game is more sinister – and deadly – than she could have imagined. White is already an established voice in children's fiction, but this riveting thriller establishes her as a fresh new voice in horror.

No summer is complete without the right soundtrack! Lambda Literary award-winner Summer Fun by Jeanne Thornton explores how music weaves its way into our lives. Gala is a young trans woman and practicing witch working a dead-end hostel job in Truth or Consequences, New Mexico. She dabbles in various relationships, but her true passion is reserved for the defunct 1960s band the Get Happies, their unreleased album Summer Fun, and their reclusive leader B-. Gala pens letter after letter to B- in which she omnisciently narrates a version of B-'s life, and in the process explores her own. At once a mystery, a sci-fi-inflected alternate history, and an answer to the question "What if Velvet Goldmine were about The Beach Boys?", this novel in letters will surprise you at every turn.

Finally, if you love to spend these long days in the garden, check out William Alexander's Ten Tomatoes that Changed the World: A History. Alexander traces the tomato's trajectory from obscurity to modern culinary dominance, with plenty of detours through the ins and outs of global trade, agriculture labor relations, and GMOs. Packed with fun facts, Ten Tomatoes will have you thinking differently about this quintessential summer fruit.

DIG IT...with SAM



July

Fruit Trees

Summer is here and everywhere, fruit is ripening at phenomenal rates and if you can beat the birds and squirrels to them, plenty of fruit to enjoy right off the tree with enough left to preserve for later. There is a lot going on in orchards, including managing through these drought conditions, overcoming the challenges of pests and maintaining healthy trees.

First things first. Water. Typically, Santa Clara County receives little to no rain from June through September. Normally, the fall and winter months manage to recover from the summer drought. Not so these three past years. Understand that past decades proved how productive the *Valley of Hearts Delight* was under normal growing conditions. So, what's the secret to keeping our trees alive with so little water?

Deep watering in the early morning is best. Trees need to be tricked into thinking that there will be enough moisture this winter to support production of lots of fruit. Deep watering means allowing irrigation water to

reach feeder roots, usually around 12 to 14 inches down, letting the water run for several hours. Yikes, that's a lot of water but hedging our bets that rain will indeed come, is essential. This takes a lot of water and is best achieved by waiting until our first rain or until it is no longer hot. A drip line, laid below the canopy of the tree, is sufficient. Avoid having water hit the trunk of the trees. Water every four weeks until the end of the year. It sounds like a lot of water but your trees are a huge investment and worth saving.

Pruning in the summer can be challenging but necessary. The University of California teaches that trees pruned in the winter will encourage fruit production while summer pruning discourages new growth and is a way to maintain the size of your trees. Use this time to effectively remove dead or unhealthy branches and fruit that has not matured, called "mummies". Trees that are pruned in the summer, will remain smaller and allow for easier

harvesting next year. No more than 1/3 of canopy should be removed at one time. First, stand back and look at the tree before making any drastic cuts.

Fruit trees, with their exposed trunks, can get severely sunburned. By applying a thinned white latex paint on the trunk, sunburn will not be an issue and trees appreciate the gesture. The paint will provide a much needed barrier to the unrelenting summer sun and in some instances, discourage certain pests.

No matter the size of the orchard, good orchard management practices are essential for optimal fruit production. Examine the overall health of the tree. Checking for pests, including borers. Finding areas of sap seeping onto the trunk is one indicator of borers. Fire blight is a fungal disease that attacks apple, pear and quince trees. Fire blight looks like an area of the tree branch has been hit with a blow torch. The affected area should be promptly removed and put into the

Continued on page 16

Summer Reading Growth (not slide!)

Celeste Martin Nathan, M.A.T.
and Leigh Monistere, M.Ed.

Unconventional schooling routines, and technology issues were the norms for the past two school years for many students, this year marked their return to in-person learning. While on the surface this is a step moving forward yet for educators and parents alike see the return uncovered the damaging effects on student learning from the pandemic. In addition, entering the summer months brings a great concern regarding summer learning loss known as the "Summer Slide". According to one academic study, the average student lost 17–34% of the prior year's learning gains during summer break. (Atteberry and McEachin, 2020).

Pandemic effects and the Summer Slide make it more important to address learning concerns this summer.

Early learners are at risk the most. In 2019, James Kim, Ed.D., from Harvard's Graduate School of Education states "In general, kids learn a lot more in kindergarten, first grade, and second grade than kids in middle school or in high school, because learning follows a curve where it's accelerated early in life then plateau", he continues by saying, "Things like decoding, letter knowledge, and word reading skills are susceptible to decay without frequent

practice as are math facts like addition and subtraction."

Is it too early to begin preparing? One month into summer break is a great time to start! Time off helps families begin recouping previously learned skills. Summer enrichment doesn't have to be a set of rules or stressful check-off tasks.

Try these helpful strategies each time a book is read to get children prepared for the upcoming school year with minimal stress:

Pre-reading Strategy: Previewing

Previewing allows children to engage in reading material before it's even read! It allows them to anticipate what is to come. By going on a picture walk of the front and back covers and the pictures inside of the book, **new vocabulary can be introduced** and to make connections to the text.

Parents can ask a simple question; what do you think we are going to read about in this book? After the child speaks freely let them preview the pictures to support their answer.

Reading Strategy: Retelling

Retelling aids in comprehension of the text. It allows the child to recall what they have read or heard. This strategy can be implemented at

the beginning, middle and/or ending of the text. Retelling is usually an oral activity and can begin by using questions, it can be paired with drawing for children who are just beginning their reading journey and enrichment activity when paired with writing.

Writing Strategy: Sentence Stems

Sentence stems are short phrases or prompts that help children begin writing sentences.

In the early stages of writing, sentence stems are a way for families to write together.

For example:

I like _____ .

To complete the above sentence stem, start off by engaging in conversation first and then scribbling the child's answer. Allow them to copy the answer. As the child's language and writing develop so does sentence stems, they too progress in complexity. Eventually, the child will be completing sentences independently.

Cultivating Literacy is a non-profit in the San Jose area that empowers families of early readers by providing strategies, individualized interventions, and expert guidance to help children grow as successful readers and writers.

www.cultivatingliteracy.org



Heartworks Studio's Leaving My Heart In Campbell



Debbie Arambula The Heart Artist and founder of Heartworks Studio is leaving her heart in Campbell! She is sad about leaving Campbell. Yet, excited to have a new adventure of sharing heart art and love of community ahead. She started Heartworks Studio in 1995.

She is well known for her Mural of Campbell Fruits art, a tribute to the past fruit orchards in Campbell. She was the first artist to be asked to create a mural for Campbell to spruce up the city. It was decided to be at the corner of Campbell Ave and San Tomas Expressway's long-time residents will recall it and its uplifting art beauty on the corner for years!



Here are some of the Special Hearts she created at her Heartworks Studio that made Debbie a successful artist for nearly 30 years. Her Heartworks history will be on display at the Campbell Museum too. There we will see the incredible history she made in Campbell and its historical mark with a beautiful mural in Morgan Hill will be a permanent display starting this summer.

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Nutritious Never Tasted So Good

Continued from page 11

Ukrainian Special

In support of the heritage of Ukrainian people and their ongoing relief needs, Chef-Century will offer a Ukrainian Special on July 22, with traditional Ukrainian cuisine by Kunkel.

"I'll cook some of my favorites and use some of my mother-in-law's recipes," he said.

Kunkel and his family hail from Ukraine, and he looks forward to sharing authentic Ukrainian food with Bay

Area residents. Kunkel said Ukrainian fare often features various cheeses, root vegetables and hearty stews, and bread is an essential component of every meal. The menu will feature chicken Kiev and Verenika, dumplings made from a soft dough, filled with farmer's cheese, boiled, then fried in butter with a sour cream onion gravy,

Ten percent of proceeds will go to the UN World Health Programme (WFP) to help refugees from Ukraine and other countries.



Los Gatos Youth Theater

Continued from page 13

learn public speaking skills, flexibility, collaboration, and gather experience for any future theatre or life endeavors.

Youth performers can also try their hand at the company's summer camps, which allow actors to hone their dancing, acting, and singing skills, with a shorter time commitment of just a few weeks. LGYT's summer camps let kids try out the theatre scene and performing arts in an inclusive, playful environment. This year's day camp put on Disney Descendants the Musical, a show with an invigorating soundtrack and entertaining characters. The camp featured LGYT's younger actors, ages 7-14.

Los Gatos Youth Theatre better its members in indescribable ways, helping students find a community to be a part of and enabling them to be more independent and resourceful in their daily lives. You can find tickets for the summer productions and audition information on the LGYT website, lgyt.net, or by emailing marketing@lgyt.net. Join Los Gatos Youth Theatre in celebrating its talented and dedicated performers this summer!

Article written by: Sonali Muthukrishnan
Sonali Muthukrishnan is a 17-year-old performer who has participated in Los Gatos Youth Theatre productions since her middle school years. The Legacy Robe recipient has worked both on and off-stage at LGYT, and is thrilled to be a part of her final show with the company as Torrey in Freaky Friday. Muthukrishnan assistant directed LGYT's production of Suessical at Raymond J. Fisher, earlier this year.

DIG IT with Sam

Continued from page 15

trash, not green waste. The pathogen spreads through spores so containing that spread is essential to controlling the disease. Pruning shears should be cleaned after each cut to avoid spreading the disease. Use household bathroom cleaner because it is easier on the shears steel blades whereas bleach has a tendency to corrode the steel.

A final note: Andy's Orchard in Morgan Hill offers regular tastings of locally grown stone fruits. The best way to select fruit trees is by tasting several varieties of specific fruits and deciding which ones are preferred. Check out Andysorchard.com for tasting dates and times. They also have an amazing selection of dried fruits available.

PUBLISHER NOTES

Continued from page 3

of Matthew C. Howe and yours truly. The format was changed to monthly with many new sections for local news and entertainment, special announcements and classified advertising to sell/buy in your neighborhood. TCP welcomes your calls and shares your suggestions or comments.

