

## Citizen Highlight: Eagle Scout Erin Handelsman By Benjamin Noel

This month we'd like to celebrate an outstanding citizen in our community. She is a greatly talented young lady who serves her various communities with enthusiastic fervor and a smile.

Last month, Erin Handelsman, a female Eagle Scout, celebrated her Eagle Scout Court of Honor at the age of 15. Earning the rank of Eagle is a challenge of its own, as only 6% of Scouts ever achieve the rank. What's even more impressive, Erin completed her Eagle project and actually became an Eagle Scout at 13 years young. Two years ago, Erin secured her spot in the inaugural class of female Eagle Scouts on February 11, 2021.



Erin, a sophomore at Monta Vista High School, is a member of Troop 330, based in Campbell. The troop, led by Daraius Sorabji and Maria Guardado, has a track record for producing many Eagle Scouts, and I'm proud to say I'm a former member of 330. The troop

does annual service projects, supporting Scouting camps, and the wider community as well, notably the Christmas Day coat hand out in St. James Park in downtown San Jose. The scouts wake

up bright and early, bundle up and spend the morning handing out coats, hygiene kits, and food to the unhoused in downtown.

During our call, Erin recanted fond memories of her time thus far with the troop. She vividly remembers her first campout, a trip to Death Valley. All along the ride, Erin's car group listened to "Barbie Girl" for hours and hours, singing along and having a blast going off-roading, introducing her to the troop the 330 way.

Erin's Eagle project addressed a longtime need of her childhood synagogue, Congregation Beth David. During events when kids and their parents would be outside the synagogue, there was no place to sit down and chat or eat. Erin worked with the synagogue

leadership, and planned to build 4 benches to sit on the outside of the synagogue. A



consultation with an engineer, days of tinkering with the concrete mixtures and 3 prototypes later, Erin landed upon the perfect bench. Since 2021, the benches are sitting in front of Beth David, one bearing a glass Star of David.

If her concrete experiment hasn't made it clear enough Erin doesn't settle for mediocrity, she did a service project AT her Eagle Court of Honor. She saw the large gathering, as an opportunity, and created a workforce out of those in attendance. After the ceremonies, attendees lined up and filled 1000 bags with toothbrushes, shaving kits, and soap in half an hour.

Erin's work hasn't ended now that she's an Eagle Scout. She vows not to follow the pattern of many other young Eagle's, and plans to stay involved in the troop for

years to come, offering guidance and a little push to the younger generation to become the best scouts they can be. Even later in life, Erin has great plans to stay involved in Scouting,

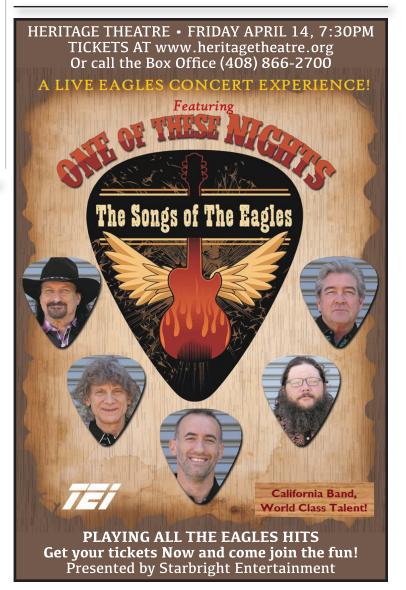
hoping to become a Scoutmaster one day. In the meanwhile, Erin still gives back to her community as the president of the Jewish union at her high school, where she has familiarly received the title "bench girl" for her hard work in her project. Many people have come to Erin to build them benches as well!

She is a stellar role model for the youth of our community, inside and out of Scouting. Erin exemplifies being a stellar "citizen in her community", (a merit badge required on the path to Eagle), by bettering the many communities she is part of. She leads the younger Scouts in her troop, she's done a service project for her synagogue, and she helped the at-need in her community by providing hygiene kits at a crucial time of year for those experiencing hardships. We at the Campbell Press are extremely happy to high-

TROO



light Erin Handelsman's achievements as she continues to serve our community, playing a vital role in making it the place we love.





Lexington Reservoir at full capacity.



### WORD OF THE MONTH

### "TATTERDEMALION" (NOUN)

A person wearing tattered or ragged clothes. A ragged fellow; A ragamuffin.



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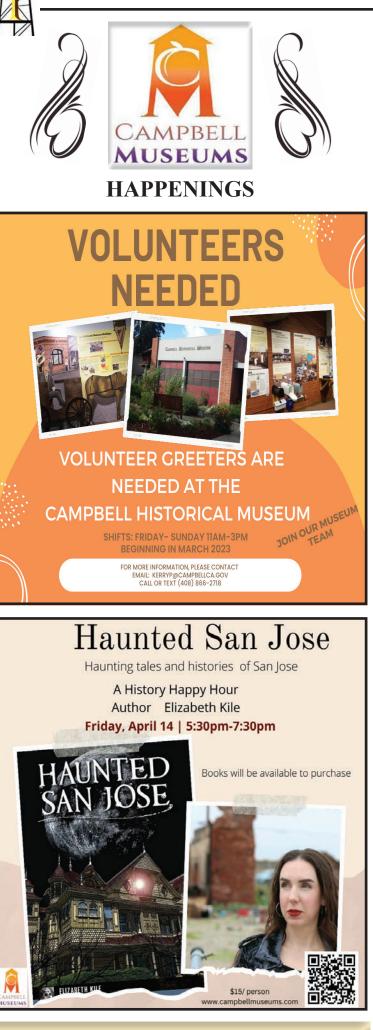
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TCP



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## HERE'S HOWE

Hungry for more? Well, there are several new eating establishments that are popping up in our area! TOSTADA'S (The old Mama Mia's on Hamilton Ave. and N. Third St. across from Khanh's) is set to open soon giving us some more options of Mexican food. Their restaurants in San Jose seem to be quite popular, so I expect them to do well. If you like sweets, a new ice cream shop by the name 'Humphry Slocombe' is coming soon to the Pruneyard located just off the main plaza. They are hiring too, so tell your teens to send their resume' to info@humprhyslocombe.com asap. With the addition of yet another Italian restaurant, it seems our downtown is turning into a 'little Italy' of sorts with this being the 6<sup>th</sup> place on the main drag offering up Italian cuisine. 'DOPPIO ZERO' as it is called, will be taking up residency in the old Rocket Fizz location, at 220 E. Campbell @ Second St.

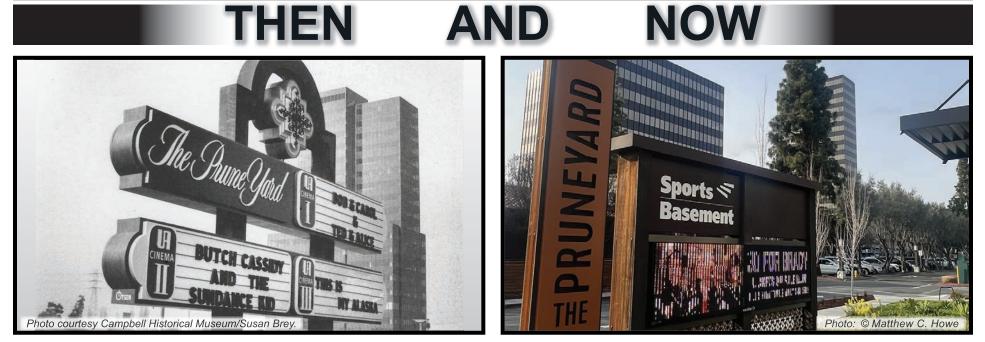
This latest restaurant addition is set to open

sometime in the Spring, and there are signs of construction workers hard at the jobsite to meet that goal. DOPPIO is apparently an awarded restaurant chain that has prize winning pizza as well as other offerings.

The Celebrate Campbell event is coming soon where I will be presenting a journalism scholarship to a lucky high school recipient who has excelled in that area. It is also where we will learn who the 2022 business of the year award will go to, with The Campbell Press in the running! Maybe I will give an award and get to receive one too! TCP would be honored to win this community recognition, but we are up against some local giants, and we are grateful for just being nominated as that is an honor in-itself. Thanks to all that voted for us.



TOSTADAS signage seems to be letting us know it won't be long before they are open for business.



This photo shows the Pruneyard shopping center back in 1970. It was developed by Fred Sahadi in 1968, after he purchased the Brynteson Ranch to create a mixed-use complex. United Artist Theater was the first business to open its doors in the shopping center in 1969. Today the movie marquee is quite different, and the 18-story tower is dwarfed by a large tree in the second photo. It also shows the second of three towers that are now at that location. The Center went through a major face-lift several years ago, drawing even more patrons than ever before with many new businesses and restaurants to experience.



## LIBRARY NEWS

As the first of a series about | bell's Civic Improvement our local library and its services, please meet our librarian, NicholeKing, Community Librarian, Santa Clara County Library District 1. Nichole, a mother of two boys (ages 10 and 13) and a pet mother of two dogs, started her library career as a library page at the Santa Clara City Library when she was 16, little knowing it was the first step toward her eventual vocation. "No stress, no weekends," was how she described the attraction the job held for her. After receiving an undergraduate degree in molecular biology from San Jose State University, she soon realized that, being the extrovert she is, a life working in a lab was not the right fit for her. Nichole returned SJSU where she earned a Master's degree in library and information science.

Nichole started her career with the Santa Clara County Library District in 2005 working half-time as its teen librarian. (This experience she credits for her current fondness for YA books and graphic novels.) She worked for the Library District in Morgan Hill for 10 years, and then transferred to Saratoga, then to Campbell in May 2021, becoming community librarian in September 2021 when her predecessor retired.

Many responsibilities define Nichole's position: staffing, training, community outreach, serving on the City of Camp-

Commission and taking a turn at the reference desk. The last duty Nichole especially enjoys-she likes getting out of her office to meet the patrons and learn how the library can serve them and what books interest them. I asked her what books the Campbell community most requests. Her immediate an swer was cookbooks, memoirs, large-print books, and audio books. It was very apparent how much Nichole loves her job.

The Campbell Library is undergoing renovation thanks in part to the passage of Measure O which included the library renovation and a new police station. The library has temporary quarters in the Campbell Community Center at 1 West Campbell Avenue, Building E, Room 46, next to the Orchard City Banquet Hall. The Campbell Express Library, as it is currently named, is a member of the Santa Clara County Library District, comprised of libraries in Campbell, Cupertino, Gilroy, Los Altos, Milpitas, Morgan Hill and Saratoga for a total collection of over two million books. (If you want to propose a book be added to this collection, go to https://sccld. org/suggest-a-purchase/.) Additionally, a bookmobile travels through the district and stops at non-library locations. The bookmobile's schedule can be found at https://sccld.org/bookmobile. By Carol W. Gerwitz

On the day of this interview the bookmobile was visiting Watsonville.

In 2020 the Campbell Library held 201,300 volumes and circulated over 900,000 items each year. Space is limited at the Express Library, so it houses primarily new books and books requested by patrons (on line and in person) and delivered to the Express Library from the County Library District's member libraries. (This circulation of books is carried out via truck with a regular daily route between the libraries.) Even in its reduced space, the Campbell Express Library provides online collections and services available 24/7, which include eBooks, eMagazines, eMovies, research, homework help, online classes and more! An eCard will give instant, full, free access to these online services to Santa Clara County residents; the eCard application is on line: https:// sccld.org/card-application/. Full library cards, which allow patrons to borrow physical books, magazines, music and more from the SCCLB libraries, are free and can be obtained by visiting any of the member libraries and providing a valid form of identification.

Nichole is very excited to talk about the upcoming 2023 summer reading program. Please look for that interview in the next issue of The Campbell Press.

### PUBLISHER NOTES By Nancy O. Whitney

### **Celebrate Campbell Business** of the Year and More...

By this time next month, we will know who the 2020 Business of the Year winner will be. This special recognition is given out each year by the Campbell Chamber of Commerce in addition to presenting other acknowledgments at their Celebrate Campbell event. The three finalists this year are Marvel Cakes, Sports Base-ment, and The Campbell Press! TCP is very honored to be nominated, and we are grateful to our community and readership for the overwhelming support. This years 'Celebrate Campbell' event is being held on March 11th, at Villa Ragusa in downtown Campbell. To reserve your seats, please go to the Chamber website to purchase tickets before it is sold out! www.campbellchamber.net

We are happy to announce the latest expansion in the paper with food articles and recipes this month. This issue shares a recipe idea for those of you celebrating St. Patrick's Day with an amazing Irish coffee blend. There will be stories and recipes in future issues from a well-known local Epicure Bill Peil, with some great stories and special recipes you will enjoy trying out yourself. Speaking of food, you will notice on page 13 the Campbell Police Foun dation is hosting a pancake breakfast. The Campbell

Police Foundation was founded in 2012, and though they are not directly associated with the police or city, they help supplement some of their programs such as the K9 units as well as their handlers. They also support the community outreach projects that participate in the Police 'Cop Cards' and booths for 'Dunk-a-Cop' at the Boogie and Octoberfest too. Support their organization by going to the Home Church on March 25th from 9-10:30am and have some pancakes!

Along with great food, we have more great local entertainment articles, so check our expanding entertainment section. There are some good reviews on the recent Heritage Theatre performances along with our movie review column and of course the 'Story behind the Songs' by Chris Jackson. Also don't forget our look back in history with "Campbell Retro Rock" now on page 8! Again, we want to sincerely thank all those in our community and readership for your enthusiastic support. It's an incredible honor to be one of the finalists for the 2022 Business of the Year. Remember, don't forget to purchase your tickets to the Celebrate Campbell awards dinner this Saturday on the chamber website www. campbellchamber.net.

### 



March	CAMPBE		STATE	March							
ADDRESS	SALES PRICE	B/B	AGE	LOT SIZE	SQ. FT.						
	SOLD/CLOSED ESCROW, SINGLE FAMILY HOMES										

W. Latimer Avenue	\$3,053,500	4/4.5	1	8236	3110				
Cambrian Drive	\$2,200,000	3/2	72	15680	2011				
W. Latimer Avenue	\$2,005,000	3/1.5	70	13217	1571				
Hoffman Lane	\$1,525,000	3/2	76	10738	1578				
Maravilla Court	\$1,500,000	3/2.5	12	2650	1514				
April Way	\$1,350,000	3/2	69	6765	1314				
W. Hacienda Avenue	\$2,950,000	5/3	26	9071	3350				
Maximallian Drive	\$2,000,000	4/2	60	6000	1486				
Ensenada Drive	\$1,793,500	3/2	65	6180	1602				
Via Salice	\$1,725,000	3/2	60	6504	1242				
SOLD/CLOSED ESCROW, CONDO/TOWNHOMES									
Apricot Avenue	\$750,000	2/2	37		1027				
Redding Road	\$655,000	2/2	39		992				
S. Bascom Avenue	\$618,000	1/1	39		736				
Apricot Avenue	\$607,000	1/1	43		895				
Albatross Court	\$915,000	2/2.5	40		1190				
Robin RidgeWay	\$1,775,000	4/3.5	5	1106	2159				
W. Hacienda Avenue	\$1,201,000	3/2.5	33	1947	1589				
Redding Road S. Bascom Avenue Apricot Avenue Albatross Court	\$655,000 \$618,000 \$607,000 \$915,000	2/2 1/1 1/1 2/2.5	39 39 43 40		99 73 89 119				

VALLEY NEWS



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## WEST SAN JOSE – CAMPBELL LIONS



By Desiree Mitchell

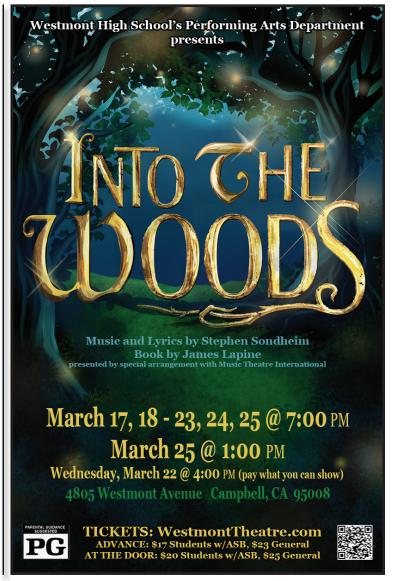
Tickets now on sale for the West San Jose - Campbell Lions club Comedy Night fundraiser, Sat., Apr. 29. The evening highlights great food, an amazing silent auction with items up for bid including sports tickets, 5-night Hawaii stay, wine tasting for 12 and more! All of the funds raised will go right back into our community service work, and over the last 6 months our Club has done almost 2,400 hours of service projects. Please visit our website for tickets and more information tinyurl. com/lionscomedy2023.

Many volunteers are needed at our upcoming eyeglass sorting event Sat. March 4, 9a.m. – 1p.m. at Vista Center

for the blind, 101 N. Bascom Ave., San Jose. Volunteer with us for part of the day or work the whole day. Thousands of donated used eyeglasses will be sorted, and the good ones are rinsed and dried. Lunch is provided. If interested, please email *wsjclions@gmail.com*.

Lions are running a FREE Eye Clinic Sun., April 23, 2023 at St. John Vianney Community Center, 4602 Hyland Avenue, San Jose from 9a.m.-5p.m. The Lions Eye Clinic is FREE and no medical insurance or documentation is required. Services Include: eye doctor consultation, vision & glaucoma testing, FREE recycled eyeglasses and other eye-related services. If you are uninsured or in need, Send a text containing First Name, number of patients, hour of the day (choose an hour slot between 9, 10, 11AM, 12, 1, 2, 3, 4PM) to (408) 596-3692.

We continually work to raise funds for our five global causes of vision, hunger, the environment, diabetes, and childhood cancer. Our club is a fun and social group of men and women interested in improving their neighborhoods through service events and activities. We welcome donations and encourage community members to join us. For more information visit our website www.wsjclions.org.



## Student Housing Insecurity – You Can Help: By The Rev. Kathleen Crowe

As if I heard it yesterday, I can remember my reaction to learning that approximately 4,000 students attending San Jose State University are housing insecure, meaning that they live in their cars or couch surf so that they can afford to attend classes at San Jose State University. Unbelievable it seemed to me! And yet, a recent survey sponsored by SJSU Cares continues to confirm that this number of students is temporarily or chronically without adequate housing. The extraordinarily high rents and cost of tuition and fees force aspiring students to max out financial aid loans and often make choices between decent housing, nutritious food or school. Sometimes medical expenses can be a challenge too.

As Episcopal Campus Chaplain, I decided to take action and opened an intentional student residence in rented space at Grace Baptist Church across the street from the university. For three years, a total of 38 students joined our community until the pandemic of March, 2020, forced us to close down. Today, I am rebuilding the student residence in the lower level of our parish hall at Trinity Cathedral just four short blocks from the University. With an outpouring of donor support, our non-profit ministry may be able to afford to renovate the space so that we can offer low cost or no cost housing to eight more students. In the meantime, I have the privilege of working with wonderful case managers at SJSU Cares and through our partnership and referrals, I make placements in one of our five host families who offer rooms to students at little or no charge. Each story is an inspiration of the kindness that changes lives. in the bay area; Latha, a for-

eign exchange student and IEEE Test Engineer, and the list goes on. All of these students are first generation scholars and change agents





By Margaret Schieck, chapter President Campbell AARP Chapter 5151

Happy St. Patrick's Day to all! March also marks the transition from Winter to Spring and the change from Standard Time to Daylight Savings Time. Don't forget to set your clocks ahead one hour on March 12<sup>th</sup>.

Campbell Area Chapter 5151 of AARP heard a presentation and gathered information regarding the Medicare Hospice Care Program from Chaplain Roger Wharton, an Episcopal Parish Priest with over 20 years' experience as a hospice chaplain. There was also an opportunity to ask questions. Our March speakers will be from the Campbell-West San Jose Lions Club and will talk about the recycled eyeglass program.

Please remember that the AARP tax preparation assistance program started on February 3<sup>rd</sup> at the Campbell Community Center in room C-35. Tax assistance is offered on Tuesdays from 1:00 to 4:00p.m. and on Fridays from 9:30a.m. to 12:30p.m. An appointment can be made through the Adult Services Office. People with appointments will be given priority, but walk-ins may be accommodated as well. The AARP assistants are well trained in up-to-date tax laws.

Several members of Chapter 5151 are also singers with the Orchard City Community Chorus. On Friday, March 17<sup>th</sup>, the OCCC will be participating with several other choruses in a concert that is a fund-raiser for Next Door Solutions to Domestic Violence. The concert will be held at the Campbell United Methodist Church on Winchester Blvd. and begins at 7:00p.m. It is always an incredible performance.

The Campbell Area Chapter 5151 of AARP meets on the 3<sup>rd</sup> Tuesday of the month, every month (March, 21st this month) in room Q80 of the Community Center, 1 West Campbell Ave. There is a coffee and chat time at 9:15a.m. and the formal meeting and presentation begins at 10:00a.m. Come and join us.

Our students graduate because they found us, they say, when otherwise graduation may not have been possible. I am thinking of Areli who is now a case manager herself for a local non-profit, Xavier, a licensed dietitian serving his community in Porterville; Jonathan, a new mechanical engineer who wants to start a company in Mexico to supply parts to the firm he works for now

who will make a generational and societal impact for good because others cared and decided to journey with them.

If you are interested in housing a student for little or no cost, please contact the Rev. Deacon Kathleen Crowe at *chaplainkathey@ gmail.com*. The rewards are great and life changing for all involved.



## ...AND MORE

## 32 Horses on a Red Hill – What Am I?

By Dr. Tronica Vanzant DTCM, L.Ac.

It's a riddle I remember my mom reading to me when I was a child. What do the white horses and red hill represent? Our teeth and gums of course. So why on earth would an acupuncturist want to talk to you about teeth? That's the domain of the dentist, not the acupuncturist – right? It's true, acupuncturists don't typically needle in the mouth – although there are a few points on the underside of the tongue. They're rarely used in practice – I wonder why. Teeth are important in acupuncture because each tooth is connected to an acupuncture channel and it acts like a circuit breaker for that channel.

Acupuncture channels are like the body's wiring system that carries electrons through the body to all our tissue and internal organs. Just like the circuit breaker for your house where individual switches control the flow of electricity to specific locations in your house, each tooth controls the flow of electrons along the path of the acupuncture channel.

When a tooth has a cavity, the flow of electrons in that circuit is impacted, but typically not so severely that anything major shows up along that channel. The problems start when there is major infection in the tooth, the jaw bone around the tooth, or the tooth has a mercury filling.

The three questions I ask all my new patients regard-

ing their teeth is: do you have any root canals, did you have your wisdom teeth extracted, and do you have any mercury fillings? Why are these things important? Let's look at each one.

Root canals are performed by drilling out the nerves and blood supply in the center of the tooth and filling up the hole with gutta-percha. A tooth is living tissue, and when the nerves and blood supply are taken away, that tissue dies. A tooth is not solid, it contains thousands of tubules or hollow canals that radiate from the inside of the tooth (where the nerve and blood vessels are) toward the outside of the tooth and they end underneath the enamel. Fluid flows in these tubules to keep the tooth clean and bacteria free, but when the tooth dies, these tubules quickly fill with bacteria. Over time, these bacteria make their way into your bloodstream which puts undue strain on your immune system, and as time passes, the infection spreads to the surrounding jaw bone. That infection and necrotic bone around a tooth is called a cavitation.

Similarly, a cavitation can occur when a tooth is extracted (especially wisdom teeth) and the periodontal ligament is not removed. The ligament keeps the area from healing properly and allows bacteria to proliferate which over time eat away at the bone tissue.

Mercury is a neurotoxin and is implicated in diseases including Parkinson's, Alzheimer's, scoliosis, and neuromuscular issues.

Any of these 3 situations can cause the acupuncture "circuit" associated with that tooth to shut down so that electrons flow only minimally in that channel. When that happens, disease manifests either along the physical path of the channel, or in the organ associated with the channel.

For example, root canals in the upper molars (excluding wisdom teeth) or lower premolars (Spleen and Stomach teeth) are highly correlated with breast cancer because the channel goes through the breast area. Root canals in the Lung and Large Intestine teeth are highly correlated with asthma, chronic constipation, as well as channel path issues like chronic shoulder problems.

Your teeth can be big contributors to chronic health problems. Please see an IAOMT (International Academy of Oral Medicine and Toxicology) dentist to address your dental health and avoid the complications of chronic disease that will follow.

Dr. Tronica Vanzant DTCM, L.Ac.





WellnessAcuAndHerbs.com 408-300-3792 1836 Hamilton Ave, San Jose 95125 Dr. Tronica Vanzant DTCM, L.Ac.

## What is Pickleball? By Mary Lou Mazzone

Everybody is talking about and playing Pickleball because it is the fastest growing sport in the USA. One of the first things people ask, is why is it called Pickleball and how to do you play it. It is an unusual name for a sport but how the sport got its name has two stories. First of all, the game was founded and named by Joel and Joan Pritchard on Bainbridge Island, WA in the summer of 1965. They were spending their summer with friends and wanted to do something different. They started playing around and found a ball and racket and one thing led to another and they made up rules, regulations and a court and Pickleball was founded. The first story of how the game got its name is that Joan had a dog named pickles, so named the game Pickleball. Second story is that Joan was referring to the boating crews that raced pickle boats. The crews were usually made up of spare players that would race after the official pickle boat races. Later it was researched and found that the Pritchard's didn't get their dog, Pickles, until 1968. No matter which story you believe, Joan, pronounced Jo-An, named the sport. The first official tournament was held in 1976 in Washington state. The game's popularity gradually grew in the 70's, 80's and 90's until by the year 2000, there were Pickleball Associations, magazines, web sites and corporations set up to fill the demand of this addictive sport. Even on cruise ships, people of all ages are playing Pickleball. By 2016 the first Official

Pickleball Championships were played in Naples, Florida, the Capital of Pickleball. By the way, Washington state's official sport is Pickleball.

The rules and regulations outlined the official dimensions of the court, which are overall 44' X 20'. The individual playing area is 15' X 10' with a seven foot "kitchen" next to the net, on each side. The kitchen has its own set of rules. The net is 36" tall on the sides and 34" in center. The game is usually played with four players, but two can also play. Score keeping is probably the most difficult part of the game. The server starts out by saying their score and then the opponents score and which player they are, such as Zero-Zero-Two. (Confused?) The team that scores 11 first is the winner, unless the other team's score is 10. If the score is 10-10, you have to win by two points. The best way to learn the game is to have a teacher from a community center, sports club, or parks and recreation center teach you the basics and just get out there and play and learn the rules as you enjoy playing. There are special good grip shoes that are especially made for the game and of course the special paddle you use can be made of carbon fiber, plastic, or wood. The ball is simply a whiffle ball found in many sports shops. According to the latest statistics, there are close to five million Pickleball players in the USA and expanding all around the world.

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LOCAL

# **There's a Lot to Celebrate in Campbell** 55<sup>th</sup> Annual Celebrate Campbell Gala Fundraiser Saturday,

March 11<sup>th</sup> 6pm to 9pm at Villa Ragusa

For over half a century, the Campbell Chamber and more recently, the Campbell Chamber Community Foundation, have been paying tribute to the people, organizations, and businesses that make Campbell such an incredible place to live, work, and play.



Citizen of the Year: Nicholas Welzenbach

The first Citizen of the Year was awarded to Jeanette Watson in 1968. Among her many achievements, Mrs. Watson was the city's first female mayor, founded Campbell Museum, and spearheaded the Ainsley House moving to its current location off Civic Center Drive. Since then, there have been more than 50 incredible individuals who have been awarded Citizen of the Year.

It was close to thirty years later that a local business was chosen as the Business of the Year. People within the community could nominate businesses within the city limits that had made signifi-

cant contributions to Campbell. The first Business of the Year was awarded to Kirkorian Enterprises in 1997.

In 2020, the 1920's-themed Celebrate Campbell was "kaboshed" just days before the event took place, thanks to the pandemic. That year's winners were belatedly honored in June 2020 at a physically-distanced ceremony held at Los Gatos Memorial Park and streamed live on Facebook. The 2021 and 2022 events were held at Orchard City Banquet Hall and streamlined significantly in keeping with pandemic social gathering guidelines.

But this year, we are bringing back a full-fledged fundraising gala event, including the 1920's theme (it is still the 2020's, after all.)

On Saturday, March 11<sup>th</sup> from 6pm to 9pm, the Foundation will roll out the red carpet at Villa Ragusa for our Citizen of the Year, Business of the Year, and the many other deserving honorees as we come "Roaring Back" from three years of holding this event virtually and on a much less grand scale.

Guests, dressed in black tie and 1920's flapper and Gatsby attire, will be greeted outside the venue by a literal red carpet and an authentic 1920's automobile. Inside, they will enjoy a specialty 20's-themed cocktail crafted by a Campbell 'speakeasy." Numerous

By Kristen Frank

restaurants and bars participated in a cocktail contest to mix, muddle, and shake up libations, with the winning libation to be chosen by a taste testing committee prior to the event.

While enjoying dinner and a variety of entertaining fundraising activities, attendees will cheer on the 2022 honorees.

Citizen of the Year:

• Nicholas Welzenbach, Managing Partner Darling Fischer

### **Business of the Year Finalists:**

- The Campbell Press
- Marvel Cake
- Sports Basement

Deserving individuals from The Campbell Police Department, Country Woman's Club of Campbell, Campbell Kiwanis Club, Campbell School Districts, The Home Church, Campbell Memorial Veterans Foundation, Downtown Campbell Business Association (DCBA), West San Jose-Campbell Lions Club, and Santa Clara County Fire Department along with a Volunteer-of-the-Year and a Chamber Ambassadorof-the-Year are also recognized at the event.

In 2019, the Foundation established three scholarships, which are awarded to Campbell High School

Continued on page 16

# Money Empowerment by Jill

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**High Yield Savings Accounts** Interest rates for savings accounts are starting to climb.

This is the time to review where your money is parked and determine if you are getting the best return. If you insured and liquid, a highyield savings account may be a good option for you.

Below are some common questions regarding these savings accounts

### What is a High Yield **Savings Account?**

It is a savings account that pays a higher interest rate. It pays generally around 3%, but I've seen a few recently that hover around 4%. Of course, this will not make you rich, but it does give you a little more money each month and is much better than the 0.33%average rate we've been seeing on standard savings accounts.

The interest rates are comparable to CD rates. The difference is that you do not need to keep your money locked for a particular time with these savings accounts. You can withdraw at any time without penalty.

Keep in mind that the interest rate for this type of account is not fixed. This means it can go up or down over time.

### Why put my money into a **High Yield Savings Account?**

These accounts are safe and generally, FDIC-insured so the risk is very low to none. They are optimal for your emergency fund savings or if you are saving for a large purchase and will need the funds very soon because they are accessible at any time.

### Where can I find High Yield **Savings Accounts?**

The major banks may have these types of accounts but their rates are not super competitive. Online banks have great rates if you are comfortable using them. They can do this because they don't have the costs required to maintain their branches.

Online banks are generally FDIC-approved and considered safe. Some may require a short waiting period to get your funds. Here are a few banks you might want to look into to get started. However, there are many of them.

Interest rates vary between 3%-5% at the time of this article. AFFIRM ALLY AMERICAN EXPRESS **CAPITAL ONE 360** CHASE

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So, if you have some savings set aside and you are looking to earn a little more interest, check out high-yield savings accounts. Again, you won't get rich, but every little bit helps and why not take advantage of that extra little bit while you can.

Best of luck,

Jill

Have a money management question?

Email me: *livinbalanced52*@ gmail.com

Want more tips? visit my website www/livinbalanced.com

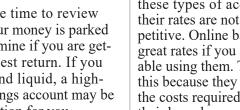
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## CITY NEWS

Midway through the month of February, the Campbell City Council met to discuss and develop citywide priorities for the 2023-2024 fiscal year. First, department heads, including Community Development, Public Works, Finance, Recreation, and Public Safety each presented updates on their own current items.

These presentations included an array of dozens important projects in which the City is engaged. To take just one example, the City is in the midst of developing a comprehensive economic development plan to make sure we are addressing the current and future needs of both businesses and residents alike. Another key project for the year will be making physical improvements to the infrastructure of the Campbell Community Center, as well as adding Wi-Fi, to ensure the needs of residents are met. Staff also presented updates on what will be the eventual development of a Climate Action Plan, to ensure the City of Campbell is thinking strategically about our shared future.

The session was also an opportunity for Councilmembers to each share their feedback on the direction of the City. Some Councilmembers complimented staff on their positive progress, while also adding their own suggestions. Current priorities, developed by the previous Council, include the categories of Comprehensive Long-Term Land Use Planning, Sustainability, Measure O Implementation, and Financial Stability. The new Council was in agreement with keeping these four priorities.

In addition, based on the Council discussion and

### By Sergio Lopez

feedback, staff suggested adding a category to include resident and community services (with the exact name of the category, as well it's component projects, to be finalized at a future date by the Council before official adoption of the priorities for 2023-2024).

The session, which was productive, left me hopeful for the future of Campbell. Our staff is not only making great progress on projects which will allow us to better serve Campbell residents, but will take Council's suggestions to potentially develop new ones, while both staff and the Council continue stewardship of Campbell's fiscal health. The future is bright for our city.

In addition, I continued to attend meetings as a Director of the Board of the Valley Transportation Authority — now back to in person. At the meetings, I work to share the perspective of Campbell residents, such as by advocating for improved lighting and amenities on bus stops which service senior living facilities, an issue with which I have personally had to help our residents. Additionally, the Board takes a regional perspective on what will serve systems across our County as a whole.

One positive piece of news which we received during a recent briefing is that the VTA system is second in the entire country in terms of post-pandemic recovery. While transit as a whole took a massive hit during the pandemic, VTA actually fared better than most agencies in terms of holding on

*Continued on page 13* 

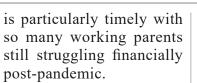
### **COUNTY NEWS County YMCA Partnership for Affordable After School Child Care**

When I authored Transitional Kindergarten (TK) legislation as a California State Senator more than a decade ago, I envisioned a new grade level for our schools that would help "young fives" develop the academic and social skills needed to transition to a full day of school. Since then, TK has fulfilled its promise, growing into a vital "in between" grade for four-year-olds who do not turn five in time for the state's age cut-off to start regular kindergarten.

Because school is usually half-days for our youngest students, pairing TK with supportive after school careand making it accessible to all-is key. I'm gratified that my colleagues on the Board of Supervisors agreed, unanimously supporting my proposal to partner with the YMCA of Silicon Valley to help our most vulnerable kids and families succeed.

This school year, the County and the YMCA are helping more than 30 families with kids under the age of five access after school care in the West Valley and North County communities of my district, District Five.

With County funding, the YMCA offered nearly six times more scholarships to the Y After School Program than last year to families needing financial assistance. This newly available County scholarship funding



The opportunity to coordinate TK and YMCA after school programming meant my efforts have come full circle-at a crucial time. The legislation I authored-Senate Bill 1381, the Kindergarten Readiness Act of 2010—was expanded by the Governor and the Legislature in 2021 to ensure all four-year olds have the opportunity to enroll in TK.

This expansion of TK statewide means a growing number of kids under age five are eligible for TK this school year. That means working parents/caregivers have had to scramble to find safe, stable, and developmentally appropriate after school care for their children so they can focus on employment and housing stability.

The YMCA after school pro-? grams do exactly that, providing targeted childcare services that have a deep and deliberate integration with partner schools.

Running from the end of the TK school day until 6PM, five days a week for 180 school days each year, the Y After School Program is available for kids under the age of five at schools in the West Valley-in Cupertino, Almaden Valley, and Saratoga. Because the program is provided onsite at our schools, the YMCA



By County Supervisor Joe Simitian

has been able to reduce the challenges of cost, proximity, and transportation for many families.

Recently I had the opportunity to drop in on a Y After School Program in my district, where some of the youngsters were attending with support from the County's scholarship funding. It made my day to see this quality program in action: kids engaged, laughing, and learning beyond the classroom; a publicprivate partnership that's truly a win-win for kids and families.

Joe Simitian was elected to the Santa Clara County Board of Supervisors in 2012 and re-elected in 2016 and 2020. He represents the Fifth District, which now includes Cupertino, Los Altos, Los Altos Hills, Los Gatos, Monte Sereno, Mountain View, Palo Alto, Saratoga, Stanford, and portions of San Jose. Joe's public service over the years includes stints as a member of the California State Senate, the California State Assembly, Mayor of Palo Alto, President of the Palo Alto School Board, as well as an earlier term on the Santa Clara County Board of Supervisors. He served as an election observer/ supervisor in El Salvador and Bosnia and participated in refugee relief and resettlement efforts in Albania and Kosovo.

**City Council & Planning Commission News** 





By Adam Buchbinder

We had a truly epic Planning Commission meeting on February 14th. We all rescheduled our Valentine's Day festivities, and went from six in the evening to eleven-thirty. As planned, we reviewed the Multi-Family Development and Design Standards in detail, and made a variety of recommendations to the City Council, ranging from the subtle (two and a half versus three-story townhomes in certain zones) to the significant (the requirements for articulation between "modules" on large buildings).

Despite that, the most contentious item was the first on the agenda, a new one-story building a few blocks northeast of the Downtown Campbell VTA station. Due to the state's laws about accessory dwelling units ("ADUs"), the building, which is on an oddly small lot and is smaller than most of the nearby homes, contains three units: a main house, a Junior ADU, and an attached ADU. This project is ministerially approved, which means that there's no discretionary component; staff can see whether it conforms to some objective rules without it coming before the Planning Commission.

However, the project was still before the Commission because it's on an unusually narrow lot, such that if the usual rules applied, the resulting building would be eleven feet wide. This is a clearly unique situation, so the process is to ask for a Variance, which is where the specific situation means that the usual rules should be modified. This was a clear-cut case where the Variance should be granted, but the public input had very little to do with that.

Commenters brought concerns that this would not be a house, but a short-term

hotel, that it would "change the complexion of our town", and some said they might as well build their own ADUs. (The city and state both strongly encourage people to build ADUs.) Despite there being rules in place to prevent that sort of thing, what's lacking is trust. It sounded like the neighborhood residents who had come together to protest this house didn't trust that it would be a house, as promised. They didn't trust that the owners would actually live there, or that they would be good neighbors. Solving such an issue is well outside our purview on the

Commission, but the least we can do is understand where people are coming from. While the project was clearly legitimate, and won approval, it's worth reassuring concerned residents that they're being heard.

Adam Buchbinder is a member of the Campbell Planning Commission. Opinions here are his own, not the Commission's or the City's. To contact the Planning Department, email planning@campbellca.gov. For more on Campbell's Multi-Family Development and Design Standards, go to campbellca.gov/1174.

ENTERTAINMENT



## **MARCH MOVIES**





### Creed III – B-

The first Rocky movie without Rocky, and it's actually pretty good while still feeling like a genuine Rocky movie. Michael B. Jordan returns as Creed and also makes an impressionable directors debut while Tessa Thompson unfortunately doesn't have much to do this time around. Johnathan Majors once again gives a standout performance as a primary antagonist, this time portraying a former childhood friend of Creeds who just got released from jail and is looking to make up for lost time.

### Ant-Man and the Wasp: Quantumania – C-

The latest dud in the Marvel machine. Paul Rudd and his Ant-Man family are pulled into the Quantum Realm, resulting in a bad special effects extravaganza that looks like the characters are acting in front of a green screen the entire film. The world, characters, and plot are so dumb, illogical and non-existent that it's resulted in one of the worse MCU products period. The bright side is that Johnathan Majors as Kang is a revelation, rising above the pedestrian material he's given. The humor here is empty, there's a lack of personality and the writing is so bad that it generates valid worry about the fact that this films writer is set to write the next Avengers film. Yikes.

Cocaine Bear – B-A fun, nutty, and violent romp that's essentially a coked-up bear slasher comedy. Loosely inspired by a 1985 true story involving a drug runners plane crash, missing cocaine, and the black bear that eats it, Hollywood has turned it into pure B-movie entertainment with the bear going on an R-rated rampage. The third feature directed by popular actress Elizabeth Banks, she deftly crafts a film that's smart about being dumb and contains a proper balance of carnage and laughs, although it boasts a disappointing final act. Lead by a solid ensemble cast of potential bear victims that includes Ray Liota's final role.

### Magic Mike's Last Dance – C

The bravery of the original is long gone and at this point we're left with another example of known I.P. being milked by Hollywood. Channing Tatum returns for his third (and final?) outing as the former stripper who's now working for a catering company after his furniture business failed. In comes Salma Hayek, a rich divorcee who's smitten by him and ultimately offers him to be director of her stage theater that she acquired from her divorce. What happens next is Magic Mike meets Step Up. Original director Steven Soderbergh returns but the fun side characters from the previous entries only make a quick cameo.

### **Operation Fortune: Ruse de Guerre – C**

Veteran director Guy Ritchie (Snatch, Sherlock Holmes) returns with a British crime comedy that feels tired and derivative of his past work. Jason Statham stars as a James Bond-esque special agent with a team of operatives (Aubrey Plaza, Carey Elwes) who recruit a Hollywood movie star (Josh Hartnett) to help them on an undercover mission investigating a shady billionaire (Hugh Grant). It seems like Ritchie makes these types of films in his sleep, and he may have done just that with this empty caper that's not as funny or clever as it wants to be.

## Winnie the Pooh: Blood and Honey – D-

An extremely low budget amateur slasher flick that fails to deliver on the premise of Winnie the Pooh gone bad. Christopher Robin has grown up and heads off to college, leaving his old friends feeling abandoned and eventually taking a vow of silence and going mad after enduring a harsh winter. The costume designs look cheap, the gore is overthe-top, and worse is that only Pooh and Piglet appear due to the other characters not being in the public domain library.



## **ARTIST SPOTLIGHT:** CULBERTSON/ALEGRIA

By Matthew C. Howe



When I hear the name Bob Culbertson, I always think of him being synonymous with the Chapman Stick. If you're not familiar with this so called "Stick" instrument, it was created by Emmett Chapman and is a rather unique instrument that you may have never seen before. It's a ten-stringed instrument on a single wide fretboard that incorporates a bass and guitar together in one. You don't use a pick to play it like you traditionally would, but instead you hammer out the notes like an Eddie Van Halen solo, simply by touching the strings to the fretboard. It's a bit like playing the piano on a guitar. It's quite a treat to see someone play this instrument, and Bob is truly one of the best in the world. He has spent decades mastering this instrument and it's impressive to watch him perform. My high school friend was his roommate back in the early 80's, and whenever I went to his house, Bob would be in his room practicing away on it. I had never heard or seen such a device at the time, and I was quite intrigued by it. Soon after that, Bob teamed up with another well-known south bay area musician Jim Bruno who also played the stick, and together they created 'The Stickband.' Jim is a local music teacher that has taught music and voice lessons to nearly everyone out of the Guitar Showcase location on Bascom Ave. ever since I can remember. The 'Stickband' were featured at many festivals and events, initially leaning on some rather progressively impressive material in their early days, but later developed more commercial material. They spent over 12 years performing having recorded CD's as well. Bob also has played in over 20 countries and performed with artists such as Sheila E., Leon Russell, Dave Mason, Robin Trower, Alan Holdsworth, and many other greats.

I met San Jose native and drummer extraordinaire Rick Alegria in 1980, when he was rehearsing in the same recording studio that I was working in at the time called "Planet Mars" that was located a block away from the iconic rock radio station KSJO. Rick was very serious about practicing and was extremely disciplined, and we had several great conversations about what fueled his desire to become a better player. Soon it would pay off, as Rick went on to tour and record with many great artists such as Bo Diddley, Asleep at the Wheel, Maria Muldaur, Commander Cody, Elvis Costello, Rosanne Cash, Paul Williams, and too many others to list. He was a featured drummer in the 2008 San Jose Jazz Festival, and in 2011 he placed second at the world's fastest drummer contest in Nashville. In 2016, Rick was inducted into the Western Swing Hall of Fame. So, Bob and Rick were rather impressive musicians, so it didn't surprise me they hooked up many years later to create a unique duo appropriately called 'Culbertson/Alegria.'

After I recently spoke with them over zoom, they discussed with me their personal and musical relationship together and how it seems to work for them. They have recorded a live CD called "Cause and Affect" (sold out!) and plan to have a studio recording out later this year. So, here's the REAL deal: They will be performing at the Farmer's Market in downtown Campbell on March 19th from 12pm-3pm so don't miss the opportunity to see this unique duo of veteran musicians performing their magic!



#### Wine Club Release Party is March 8 and March 9 from 6-8 pm

Come and un-wine with us at our March Club release party! This month everyone is lucky as we are opening up 2 tasting dates for all club members this month. Wednesday, March 8, and Thursday, March 9 th 6-8 pm As always, It is an honor to have you as members of our clubs. We are so proud to share the "World of Wines" with you.

We continue to travel our "funtastic" wine globe to Italy and Argentina this month. In Italy, we will taste the renowned region of Piedmonte, and in Argentina the fantastic wine region of Mendoza. So, buckle your seatbelts and see you all at Tessora's on 3/8/23 or 3/9/23 for a little wine tasting and food pairing. Please only choose one of the nights to attend.

#### Check out our website for live music on Fridays and Saturdays.

Call or email us for your reservation 408-626-7711 or Tessoras@gmail.com

**Tessora's Barra di Vino** 234 E. Campbell Ave., Campbell, CA 95008 *www.tessoras.com* 



The family owners: Jennifer, Carol, and Nikki.

Come and order an appetizer from a variety of items.



You can learn more about Culbertson/Alegria as well as listen to some of their CD tracks on their *website* @*stickdrum.com*.

## ENTERTAINMENT

ENTERTAINMENT CALENDAR

Wednesday, March 8

**Thursday, March 9** 

Friday, March 10

Saturday, March 11

Wednesday, March 15

Thursday, March 16

Friday, March 17

**Engine Room** 

Ghosts of Calico

7:00pm

6:00pm

7:00pm

7:00pm

5:00pm

5:00pm

6:00pm

Blues Jam

Jazz Jam

First Call

Blues Jam

Silk Road



### The Campbell Press March 5, 2023 - page 9





Local heavy melodic rock band 'Bare Knuckle' is seeking a drummer.

If interested contact: bareknuckleca@gmail.com \_\_\_\_\_\_





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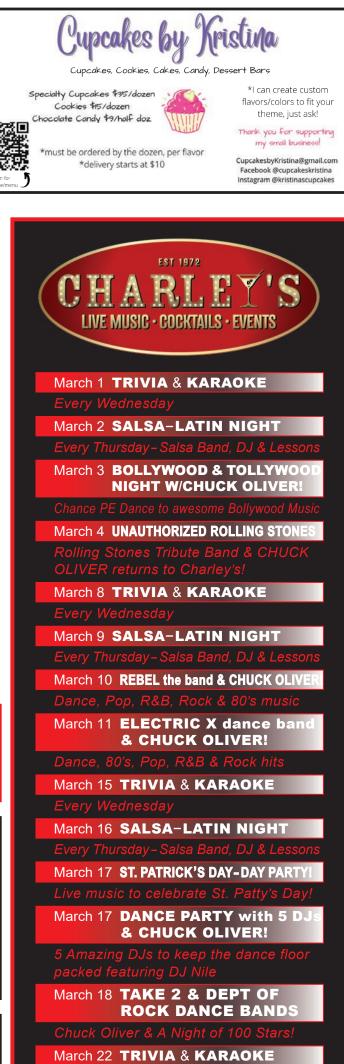
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Wednesday, April 5 5:00pm Dennis Dove

**Thursday, April 6** 5:00pm Blues Jam

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March 25 THE NEVERLAND BAND & CHUCK OLIVER!

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March 29 TRIVIA & KARAOKE

Every Wednesday

March 30 SALSA-LATIN NIGHT

Every Thursday - Salsa Band, DJ & Lessons

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### The Campbell Press March 5, 2023 - page 10



CARDS

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# Before the Song: by Chris Jackson "Two Tickets to Paradise" by Eddie Money

With all this rain we've been having, you're probably feeling what Eddie Money was feeling the day he wrote, "Two Tickets to Paradise." He wanted sun! When he wrote it, he didn't have enough money to go to Hawaii (the song's on his first album), so decided on going somewhere he could get riding a Greyhound Bus.

From his videos, we know Eddie as a saxophone player, but Eddie took piano lessons as a little kid in school. He wrote "Two Tickets to Paradise" on a little piano at his home in Oakland. He even remembers the exact spot: Manila Ave. in north Oakland. The two tickets were for Eddie and the young lady he was dating. He wanted to take her up to the Redwoods.

So, how was "paradise?" Eddie never found out. As he put it on my show, "She wound up dumping me before it happened!" Given that Eddie played that song at every one of his concerts thereafter, I guess you could say Eddie ended up crying... all the way to the bank. 😳

Chris Jackson can be heard on 98.5 KFOX The South Bay's Classic Rock, weekdays 6am-9am

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**March 11** Rotary Senior Dinner Saturday 10A-12N (private)

March 11 88 Keys Saturday 5P-9P (Private event) **March 18** Horse Thief Winery Saturday 1P-4P



March 18 Cinnabar Winery Saratoga Saturday 1:30P-4:30P

**March 22** Little Lou's BBQ, Campbell Acoustic Showcase Wednesday 6P-7P

March 25 OFP Pasta Feed Old City Hall, Gilroy Saturday 5:30P Tickets \$45.per person OFP Benefit

March 26 J.Winston Winery, Morgan Hill Sunday 1P-4P

April 16 Tempo Kitchen & Bar, Gilroy Sunday Brunch 12N-3P





## **DIG IT...**with SAM

This month I invited my friends at the Clara B. Rees Iris Society to write about what I feel is a garden staple: iris. There are so many beautiful colors, diversity in varieties and practical tricks to success, I felt them much more knowledgeable on this topic than myself. Special thanks to Mary Collins and Carol Dahout for this contribution.

"Spring has sprung, the grass has riz, I wonder where the flowers is?!" The answer to this age old chant is that spring flowers are growing and blooming in gardens throughout the "Valley of Heart's Delight". Gone are the orchards of yesterday and the grange halls where farmers met, but "hello!" to the new horticulturists, garden clubs and plant societies where they gather today.

In earlier times, the iris flowers were popularly known as "flags" in reference to the category known as tall bearded iris. If the green, sword like leaves of iris are already growing in your garden, you are in luck! February is the time to apply a handful of fertilizer with three numbers alike such as 10-10-10 to the root area of every iris plant and scratch the soil lightly so that spring rains can wash | little research will help you |

the fertilizer to the root area. If rainfall is lacking, water by hand or soaker hose, but avoid getting the leaves wet which could cause a disease called leaf spot.

Optimum growing conditions for bearded iris should include good drainage, a minimum of six hours of sun a day, and regular weeding. Iris grow and multiply by rhizomes that increase forming a round clump that needs to be dug and divided every two to three years. This should be done in late July or August. Detailed instructions for digging iris, with a step-by-step diagram, are available on www.cbris.org.

There are four types of iris growing here. Most common is Bearded Iris, but a California native, called Pacific Coast Iris is another personal favorite. According to the American Iris Society, there are three main groups of iris, specifically Bearded, Aril and Beardless. Siberian, Dutch and Crested iris are also common, as well as Japanese iris which grow in water. In total there are about 300 accepted species, the majority of which are native to Europe and Asia. They are easy enough to grow and a

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By Sharon McCray, UCCE Master Gardener

find the ones that you might best enjoy. There are clubs and garden groups with a great deal of knowledge and experience that are always willing to help those new to growing this perennial favorite. CBRIS has a rhizome sale every August at Yamagami's Nursery in Cupertino.

One particularly active Iris club is the Clara B. Rees Iris Society whose members are busy these days cultivating five different types of iris that will vie for ribbons and awards for an American Iris Society sanctioned show, "Showers of Flowers", on Sunday, April 16 at the Campbell Community Center's Roosevelt Room, located at 1 W. Campbell Ave, Campbell, CA. Carol Dahout, president of CBRIS, urges flower lovers to mark their calendars with the date and location of the fabulous iris show that is open to the public from Noon to 5pm. There will be a presentation at 3 pm, "Iris Culture for Success", given by our knowledgeable members, many of whom are Master Gardeners. They will address all your iris cultivation questions and concerns. So check with your neighbors, you just might locate some bloom stalks to share at the CBRIS show!

### HERITAGE THEATRE AT CAMPBELL COMMUNITY CENTER

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The Heritage Theatre's

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ater, a contemporary Chris-

with GRAMMY, Dove, and

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Woman, Lyin' Eyes, The

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of the legendary Eagles.

NIGHTS –

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Ladies Night featuring **Taylor Dayne and Sheena Easton** 

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**ONE OF THESE NIGHTS** unstoppable medleys, seamless transitions, and noteperfect performances feature true professional musicians and singers. Most of them have been in this band previously and all have extensive knowledge of Eagles music. They perform the articulation, thoughtful and uncompromising dedication to Eagles songs, that captivates the audience to where they feel like they are at an actual Eagles concert!

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HOWE MANY MORE WORDS CAN YOU FIND?

master of the Eagles lead guitar sounds, also plays steel guitar, banjo, and sings lead and background vocals. Bass player Aaron Linkin also sings lead and background vocals, evoking the smooth voice of Glenn Frey. Drummer Chris Ernst is the driving force behind the songs, while Peter Lambert plays guitar and keyboard and sings backup harmonies with a great range.

fill the room with songs beloved by generations.

### What:

ONE OF THESE NIGHTS - Songs of The Eagles -When: Friday April 14, 2023 - 7:30PM Where: Heritage Theatre, Campbell, CA **Tickets:** *www.heritagetheatre.org* or call the Box Office (408) 866-2700

Tuesday-Saturday 10-4







### Coach's Corner

by Jay Harnden

## YOU STRUCK A NERVE!

Last month I talked about the topic of "right fighting", and very soon I realized that the subject was an important one and needed to be discussed further. I received several emails from readers who saw a bit of themselves in the subject matter. "You really struck a nerve with me", one reader said, "I saw myself in the article, and many things started to make sense. I wondered why people had been calling me a "knowit-all" my entire life. I am a right fighter, and I don't like it. It has really been a hindrance in my relationship with friends, the few that I have left anyway."

Wow, I was not expecting the responses that came through. I knew from my experiences over the years that many people had an issue with it, but couldn't identify it or figure out how to deal with it. The first task is to identify that you are indeed a right fighter. Many right fighters do not even realize what they're doing while they're doing it. Their intention is not to "be right," but to make others "right." They correct others by giving them what they deem is "correct information", when in fact they are giving them what they think is correct information. If they believe something is true, they will fight to get others to agree with their opinion. This is at the core of being a right fighter. Another term is know-it-all, which I'm pretty sure most of us have been called at some point in our lives. If you see yourself as a right fighter, or know-it-all, and would like to change that, the following might help you to make some decisions that will help you move forward to positive change. Something to remember, and accept, is that no one is always right, and everybody has the right to express their own opinions, right or wrong. If someone says the sun is yellow, that's ok. You don't need to say no, it's orange, or red, or whatever. Some people are fine with accepting that, while others will fight for that person to agree that the sun is indeed orange. Remember, you don't need to agree with everything people say, but

you don't have to argue your own point just for the sake of getting them to agree with you. Now, if there is a safety issue, of course you'll want your opinion to be heard. But think about it... how often would you (or others) have been better off if you'd just kept your mouth shut? So often we put way too much power and influence in our own thoughts and ideas that we think others "deserve" to know what's on our minds. Silence can sometimes speak volumes. Start noticing how you talk to people. Are you talking over them? Are a getting equal time in your conversations? Slow down, take a step back, and see if you can make some improvements in your communication style, and if you identify yourself as a right fighter, it's never too late to make some changes!

Jay@famcoach.com

Jay Harnden, CCC, CCLC Family Coaching Solutions 408.449.3057 www.FamCoach.com





## **EIGHT DAYS A WEEK**

How hard do you work? Certainly not as hard as a Boeing 737 aircraft doing its daily duty for Southwest Airlines out of San Jose International Airport.

First, I'll reveal my not so secret source. It's Flight Radar 24 which allows you to track aircraft movements worldwide. Using this I was able to track the hard working efforts of this 16 year old plane, serial number 34632 over a week in February this year. In that period, it made 32 flights covering destinations coast to coast.

We'll start on February 15th when it was in Phoenix and flew down to the other San Jose (SJO) del Cabo and then on to Houston then back to SJO It had a wee rest overnight.

Next day (16th) was a busy one going to Houston, El Paso, Phoenix, Salt Lake City, back to Phoenix, then San Diego, San Jose (SJC), and back to San Diego, then Las Vegas. By this time, it was running only 32 minutes late and could rest in Vegas until 0630 on the 17th.

This was a day of longer flights calling at St. Louis, New York (LGA), Dallas and Atlanta for another night stop. The next day (18th) was an easy schedule starting at 7am to Phoenix, then Kansas City and overnight at San Diego.

On the 19th our hard working jet left San Diego for

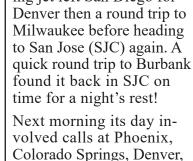
Palm Springs, Las Vegas, Oakland and returning to Phoenix.

At Southwest they work their aircraft hard and their crews equally so! At the overnight stops, essential maintenance is carried out. With complex schedules like these you can understand that when weather or IT outages affect the system it can be tough to try a restore services,

Over the holiday season at the end of last year, Southwest had a catastrophic failure of IT systems that led to massive cancellations and embarrassment for the airline. Work is in hand to avoid such a recurrence.

Their staff are a dedicated bunch but struggled through that period when they couldn't even contact their scheduling teams at HQ and sometimes had to arrange their own accommodation.

I experienced that dedication last year when I was trying to get from Las Vegas (LAS) to Los Angeles (LAX) but weather had screwed up their system. My flight in the late afternoon kept being delayed. It seems they were trying to find a pilot to take the aircraft on this short hop. Several of the passengers were considering hiring a car or van to take us to LAX when at last they found a pilot. This unfortunate guy had just finished his flight to Vegas and was preparing to overnight when he was called out. He received a grateful round of applause from the relived passengers.



John MacCalman,

Travel + Aviation Consultant. Journalist, Broadcast Producer and Web Editor.





















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# **Campbell Crime Report**

### By Carol W. Gerwitz

600 blk E. McGlincy Ln: Suspect was seen cutting the chain-link fence to gain access to the yard. Suspect then stole the catalytic converter from company truck. Report.

<u>600 blk Beta Ct:</u> Suspect has been texting victim without provocation. Report.

### **<u>100 blk Curtner Ave:</u>** Unknown suspect cut the lock to victim's storage unit

to steal items from within the unit. Report.

**<u>100 blk Wilton Dr:</u>** Unknown suspect broke into the bank of mailboxes and stole mail and prescription medications. Report.

**<u>1700 blk S. Bascom Ave:</u>** Suspect was causing a disturbance and had several warrants plus heroin and a concealed dirk/dagger in his possession. Booked.

400 blk Salmar Ave: Unknown suspect contacted victim and convinced him to purchase gift cards which he then provided to the suspect. Report.

<u>16000 blk Loretta Ln:</u> Unknown suspect used the victim's identifying information to open a credit card account. Report.

00 blk Shereen Pl: Victim invested in a company that went bankrupt. Victim was contacted by suspect stating that he could get his money back by sending money, which the victim did. Report.

### 300 blk E. Hamilton Ave:

Suspect #1 was contacted after he was seen leaving the area while an audible alarm was sounding; suspect #2 was contacted in a vehicle behind the business. Both suspects were in possession of methamphetamine pipes. The business was secure. Cited.

**100 blk N. San Tomas Aquino Rd:** An unknown suspect entered victim's unlocked vehicle and stole her wallet containing driver license and other credit cards. Report.

### 1600 blk S. Winchester

**Blvd:** Five unknown suspects entered the business armed with handguns and took numerous items. A victim confronted the suspects outside and was shot. The suspects fled. (Update: Suspects later arrested in Oakland.)

### 500 blk E. Hamilton Ave:

Unknown suspect entered the business, threatened the employees with scissors, and stole several items. Report.

**900 blk W. Hamilton Ave:** Suspect started arguing with customers and sprayed them with mace. The suspect threw a glass at an employee and then pushed over a motorcycle causing damage. Booked.

**<u>1700 blk S. Bascom Ave:</u>** Suspect and two unknown individuals entered the business and stole approximately \$6K in merchandise. To DA.

**Hwy 17/Hamilton Ave:** Suspect was stopped for a traffic violation and was in possession of cocaine, drug paraphernalia, methamphet-amine, and misappropriated found property. Suspect also violated his probation terms. Arrested.

**1700 blk S. Bascom Ave:** Two suspects were seen shoplifting from the store. They fled the scene in a GMC. Report.

<u>S. Bascom Ave/White-</u> <u>thorne Dr:</u> Suspect was contacted and determined to have a felony warrant. The suspect was on searchable probation, and a search was conducted at his residence. Booked.

<u>Central Ave @ Orchard</u> <u>City:</u> An unknown suspect hit a light pole and fled. Report.

**500 blk W. Hacienda Ave:** Child Protective Services responded regarding a prior suspected child abuse case. Officer also responded and sat in on the interview of juvenile victim who stated suspect hit the victim with a cord which left a mark. Suspect was out of the area but expected to return that night. Report.

**200 blk E. Campbell Ave:** At a family funeral suspect and victim got into a fight, and suspect pushed victim. Victim desired prosecution. To DA.

**400 blk E. Hamilton Ave:** Two unknown suspects shoplifted store merchandise. Suspects were confronted by security and fled. All merchandise was recovered. Report.

**<u>400 blk E. Campbell Ave:</u>** Two unknown suspects cut the front door lock and made entry. Victim reported that lottery tickets were taken. Report.

**<u>00 blk La Vonne:</u>** Suspect was in possession of a lipstick knife, ammunition, stolen property, bags of mail, burglary tools, drug paraphernalia, pepper spray, marijuana and prescription drugs not belonging to her. Suspect was out on bail from a prior arrest the previous night. Booked.

1200 blk Camden Ave:

Two suspects were contacted in the parking lot. Suspect 1 consented to a vehicle search where 54.7g of methamphetamine, a scale, and drug paraphernalia were found. Suspect 2 admitted she was there to get meth and was in possession of meth. Suspect 1 booked; Suspect 2 cited and released.

200 blk Union Ave: Unknown suspect stole mail from the back of the mail truck while it was out making deliveries. Report.

Driftwood Dr @ Castlemont Ave: Officers located an unoccupied vehicle at the intersection which had been reported stolen to the SJPD. Report.

## Celebrating Life, One Story at a Time



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By Matthew C. Howe

### CAMPBELL PRESS CARRIER FINISHES ROUTE By Jay Harnden

Former Campbell Press paperboy Ken Podgorsek became an Angel on Christmas day, surrounded by his loving family, due to recent health issues. Born on June 10, 1960, he came to Campbell with his parents, Bill and Arlene, and his sister Kathryn in 1963, where he was raised on Virginia Ave. His parents provided Ken and his sister with a "Leave it to Beaver" kind of childhood, complete with an appreciation and love for family and community. As a small child, he would walk down the street with his mom and sister to the park to eat peanut butter and jelly sandwiches. His father Bill was a Campbell city councilman for many years, as well as a two-term Mayor of the City. This would inspire Ken on his journey to live his life in service to his community. Kenny attended Hazelwood School and Campbell Middle School, before heading off to High School at Bellarmine College Prep. After high school, he went to U.C. Davis where he not only studied Genetics, but also met the love of his life, Farrell May. They were married in 1984. Ken went on to earn his degree in Printing Management from Cal Poly SLO, which would solidify his 40+ year career in the printing business. He was the consummate entrepreneur, starting with the Campbell Press paper route he was so proud of. I had the pleasure of delivering his papers many summers during his various family vacations. He took extraordinary care of his customers, and expected nothing less from me. There were several homes that he insisted deserved special service..." an older lady lives here, and I like to put the paper in her screen door..." I was also fortunate to mow his lawn... with a push mow-



### Ken Podgorsek

closed due to the sale of the property, he went to work for San Jose Mailing, and spent the rest of his career there. Ken and Farrell purchased their charming Frank Lloyd Wright style home in the Naglee Park neighborhood in San Jose. This is where they raised their wonderful children, Raychel May and Will. Ken always spoke very highly of his family, and was so proud of them.

In addition to various business ventures, Ken was actively involved in the Campus Community Assn., served as the Executive Director of United Neighborhoods of Santa Clara County, was Grant administrator for the City of SJ, as well as serving on numerous city task forces and commissions. He also took over the helm of "Bark in the Park", and turned it into the largest dog festival in the country.

With all of his talents, passions, and successes, one thing that all who knew him would agree upon, is that Ken had the "gift of gab"... If you had the time, be ready for at least an hour on the phone with him. His compassion for his fellow man was evident, his caring heart was a comfort to many, and literally everyone who spoke to him felt his thoughtfulness. He was genuine.

Hundreds of friends and dignitaries attended his memorial service last month, as he was an important piece of so many lives. He will be dearly missed, but his influence and love will be remembered by so many for so long. I love and miss you, my dear friend.



JOEY

JOEY is: L-R Joe Cannizzaro - Guitar/vocals, Laurant Reboah - Drums, Mike Kelly - Guitar, Jim Paul - bass.

At the age 13, Joe Canizzaro was already an established musician and joined a band called Parabolic Curve. At 17, he decided to start his own band called 'Jasper' along with his friend and Bassist Gene Perrault. After a couple years they joined forces with Campbell icon Robert Berry to launch the band HUSH. But Joe says his best times were with his group Joey. Bassist Jim Paul (whose father Norman was citizen of the year in 1971 and later became Mayor) was my closest neighbor and I was always interested in seeing him play. I saw JOEY perform

MPBELL OROCK

> at Smokey Mountain, The Bodega, and the Keystone in Palo Alto on a few occasions and Joey was quite the front man. One of their high points was winning the statewide Battle of the Bands for Don Wehr Music in SF. In addition to a 10k grand prize, was a gig at the Whiskey a Go-Go in Los Angeles with Lita Ford and Great White. Several years later, Joe went to work for American Idol for the first 15 seasons as an Associate Producer and has produced music for over 75 American Idols- including two holiday albums for EMI/ CAPITOL. The albums

were voted top 10 all time by USA Today. Joe recently produced a halftime show for the SF 49ers on New Year's Day that featured finalists from AGT, The Voice, and American Idol. As I continue to dig back into the local music archives with friend and photographer Dave Lepori, it's great to reconnect with musicians of the past and learn new things about our home town music scene. So great to know that Joe is yet another example of a local musician that continues to produce music and live events worldwide.

### **ELSIE SPEHAR—IN MEMORIUM**

Elsie Spehar passed away peacefully in her sleep on December 13, 2022 at the age of 94. Elsie is survived by her children, Bruce, Dennis, Susan and Allan. She leaves behind 6 Grandchildren, 2 Great Grandchildren and many loving In-Laws and extended family members. Elsie had a brother, Ray Ulvi (deceased), of Minnesota, a sister, Arle ne Podgorsek (deceased) of Campbell, California.

Elsie loved her family and enjoyed being involved in the community. She followed and watched her children and grandchildren excel in their sports activities, from wrestling, baseball, football, swimming, softball, basketball and soccer.

After Ed retired, they purchased a motorhome and



### er. (I HOPE YOU HAD A FUN VACATION KEN!)

Soon after college, Ken went to work for his dad at Spartan Printing. After the business

## Honor student is March 'Carrier of the Month'



A 13-year-old honor student from Campbell elementary school is this month's "Carrier of the Month" for the Campbell **Press**.

Ken Podgorsek, honor roll student for the past five trimesters and son of Councilman and Mrs. William Podgorsek, is the honored carrier.

Ken, who likes to read and build models in his spare time, was selected from the **Press** carriers for his outstanding service and salesmanship. With his route earnings Ken is saving for college when he hopes to study to become a doctor.

Young Podgorsek delivers Press route 10B007 to such streets as Smith and Hazel. Elsie was born in the State of Minnesota, County of Atkin, Millward Township, on December 3, 1928. Her father, Henry Ulvi Jr. was a farmer, and her mother, Hilma Mehtala, a housewife.

Elsie married the love of her life and high school sweetheart, Edward Spehar on July 8, 1950 in Duluth, Minnesota. They were happily married for 66 years.

Elsie and her husband, Ed moved to Campbell, California in 1962 where they lived and raised their family for the next 57 years. traveled all over the United States and Canada.

Elsie was a member of Saint Lucy's Catholic Parish. For over 50 years she and her sister, Arlene counted the Sunday Mass's Church donations. She participated in a number of church functions.

She was a member of the Young Ladies Institute (YLI), and The Knights of Columbus Axillary of Catholic Daughters.

Elsie had many talents. She was self-taught in playing the harmonica and the accordion. She loved playing her Polka's on her harmonica at family gatherings and for her grandchildren and great grandchildren. Elsie was known for her cooking, sewing, ceramics, quilting, personalized greeting cards, crossword puzzles, and topnotch baking. She also made wedding cakes, painted art and drawings with the grandkids and had wonderful knitting skills. Elsie was a joy to be around and will be missed.

Family and friends are invited to Celebration her Life on Friday, March 3, 3:00PM at Darling and Fischer Campbell Memorial Chapel, 231 East Campbell Avenue, Campbell.

Elsie's Graveside Services will be Private at the family's request. In lieu of flowers, please donate to your favorite charity.



### **THERE'S A LOT TO CELEBRATE IN CAMPBELL**

**55TH ANNUAL** 

WE ARE

MAR

**UILLA RAGUSA** 

JOIN US FOR A GALA EVENT HONORING THE

2022 CITIZEN & BUSINESS OF THE YEAR

& OTHER DESERVING COMMUNITY HONOREES

And CONGRATS on being a finalist for Business of the Year!!!

CAMPBELL CHAMBER

EBRATE CAMPBE



Business of the Year finalist: The Campbell Press

seniors. The Betty Deal Memorial Scholarship is awarded to a senior who exemplifies perseverance and

The Sally Howe Memorial Scholarship is given to a student possessing exceptional journalism and writing skills. The Mike Kotowski Honorary Scholarship is given to a senior exploring the arts. These students are chosen by the High School District and receive their awards at Celebrate Campbell. The event itself, in addition to being a celebration of all of these incredible people, serves as a fundraiser for the scholarship program.

11.2023

'scrappy' determination.



Business of the Year finalist: Marvel Cake



Business of the Year finalist: Sports Basement

We hope you'll join us for a Roaring good time!

55<sup>th</sup> Annual Celebrate Campbell Saturday, March 11th 6pm to 9pm Villa Ragusa, Campbell Tickets are \$100 per person or \$900 for a table of ten.

To learn more about the event and to purchase tickets, visit Campbell-ChamberFoundation.org



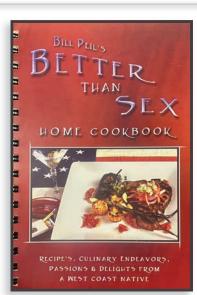
### THE HIGHWAYMEN SHOW By Jackie Wolfe

The Highwaymen's "Great American Outlaws" tribute concert packed the Heritage Theatre on Saturday, February 25th. A sort of 'Jersey Boys meets Nashville' in this fantastic tribute to Johnny Cash, Waylon Jennings, Willie Nelson, and Kris Kristofferson. Gary Sartin, aka Johnny Cash, started the tribute country supergroup a little over a year ago playing The Highwaymen classics as well as covering each individual artists top hits. On Saturday, they played classic hits such as "Highwaymen", "You are always on my mind", "A Boy Named Sue", "Luckenbach Texas", "Me and Bobby McGee" and so many more! The Heritage Theatre

has great acoustics which made the show sound even more spectacular! The audience members were transported back to the mid 60's to the early 80's and enjoyed every minute of it, cheering wildly from the beginning all the way through the encore. The group then treated us to a meet & greet at the end of the show coming out to personally thank all who attended and allowing us a more personal experience. I would be excited to see them again at the Heritage Theatre sometime in the future. If you haven't been to the Heritage yet, I highly recommend it for many reasons, but it's really a great venue for almost any type of show. See you there!

By Billy Peil





"St. Patrick was a gentleman who through strategy and stealth drove all the snakes from Ireland. Here's toasting to his health but not too many toasting's. Lest you lose yourself and then forget the good St. Patrick and see all those snakes again."



Tower, Khartoum, Rock Botcabbage, carrots, onions, But my true favorite were • Pour slowly over the tom, Coach's, Cedar Room, back of a spoon gently over coffee to float. and potatoes cooked in the the flamboyant celebrations corned beef juices. Assorted the Garret, Little Lou's, to at Chris Benson and John mustards, horseradish, with Hannegan's at C.B. Hannegname but a few... Slainte!! Put on the Irish rovers, Irish soda bread, Kerrygold an's in Los Gatos. Oyster Here is a great recipe for you sip, and enjoy! butter, with a big platter of Bill Callahan shucking oysto try from the famous Irish the first spring asparagus. Happy St. Patricks Day! ters and clams, CB roasting coffee made at Buena Vista Finished off with those little Erin go Bragh! whole pigs, turkeys, ribs, in S.F., created there in 1952. See's candy Irish potatoes, chicken, sausages, with all See you in April. Billy. **IRISH COFFEE** and mugs of Irish coffee. the trimmings. It would start • Take boiling water and Editors note: I met Bill Peil early, and rage into the night. And there's nothing quite fill two 6 ounces Irish and wife Diane last year and Irish music would abound, like St. Patricks Day in Chicoffee glasses to heat. have had some wonderful with bagpipes a blaring. cago, when Irish taverns fill • Pour out the water and times with them ever since. Those were the days!! with reveller's, cultural celeadd 4 ounces of hot Bill has an amazing cookbook brations and parades popping coffee. Help support our local waterhe wrote a few years back. up on every corner of the ing holes in Campbell this • Drop in 2 sugar cubes (shown above) He is a localcity, while the Chicago River year. We have Katie Blooms, and stir until dissolved. ly well-known culinary chef sparkles brilliant shades of Courts (oldest bar in the among many other things he • Add 1-1/3 ounces emerald green. south bay with an existing Tullamore Dew Irish has done in the food industry. For me though, it was all the liquor license), OCK, Off Whiskey. We look forward to having fine Irish pubs in San Franthe Hook, Aqui, the Vesper, Bill share some of his stories • Blend heavy, chilled Forthright, Wild Rose, Carwhipping cream until cisco, Harringtons, and Bueand many related recipes from na Vista, notwithstanding. diff, Distrito Federal, Water slightly thick. his book here in this column.

Once a year, when our resplendent countryside is awakening from a winter slumber, we can become Irish for a day.

Whether that means an Irish coffee at Buena Vista, or Katie Blooms, a shot of Jameson and a Guinness, a piping hot shepherd's pie, watching the Quiet Man, or enjoying a big platter of corned beef and cabbage, with all the trimmings.

Speaking of that! My mother Cora, was half Italian, and half Spanish. Yet, for almost 30 years, she would do a sit-down Irish feast for 20 or more on St. Patty's Day. There would be green Martinis, green beer, platters of steaming corned beef,