

PERMANENT MAKEUP

AFTER CARE INSTRUCTIONS

General Instructions for All Permanent Makeup Applications

For 7 days following application of permanent cosmetics:

- Recommendations for your After Care: **Apply a light coat** of Aquaphor, A&D Ointment or Tattoo Goo. For Eyeliner procedures only, use a safe eye ointment such as LubriFresh P.M. or any ointment that contains Mineral Oil or Petrolatum lubricant (check with your Pharmacist)
- If you have an eyeliner procedure, rinse the eye thoroughly with saline solution then apply your eye ointment. Do not rub, scratch or irritate your eyes this could cause you to tear your cornea.
- Do not touch the healing pigmented area with your fingers, they may have bacteria on them and may lead to infection.
- Apply your healing ointment 3-5 times daily (using a Q-Tip) for 5-10 days until the procedure area has healed (5 days for Eyeliner, 10 days for Eyebrows).
- For Eyeliner: The first 72 hours you may use 800mg IB Profin every 4-6 hours as needed and ice on and off every 15 minutes each hour
- Sleep elevated and on your back while healing for 5-10 days.
- No makeup, tinting of lashes or brows, sun, soap, sauna, Jacuzzi, swimming in chlorine pools or in the ocean for 7-10 days (until the area is completely healed).
- Restrictions on physical activities including bathing, recreational water activity, gardening or contact with animals for 5-10 days after procedure
- Before bathing, gently apply a light coat of ointment and remove any excess water after bathing and re-apply ointment.
- Do not rub or traumatize the procedure area while it is healing. You may use a warm compress to remove any crusting tissue.
- If you are a blood donor, you may not give blood for one year following your PMU application.
- Touch up visits should be scheduled between 4-6 weeks post procedure. Permanent Makeup procedures are a two step process, results are not determined until a touch up application is completed.
- If you experience any itching, swelling, blistering, red streaks going from the procedure site toward the heart, elevated temperature, or purulent drainage from the procedure or any other complications post procedure, call your technician and your doctor immediately. You may be allergic to the aftercare product you are using.

Failure to follow these instructions may result in pigment color loss!

All permanent makeup procedures are a two step process. We suggest a yearly 'Colour Refresher' to maintain your procedure colour integrity

Initial: _____