



### IMPORTANT DATES:

11/1: Tuition Due  
 11/5: Daylight Saving Time Ends  
 11/7: NO SCHOOL – Election Day  
 11/22-11/24 – NO SCHOOL – Thanksgiving Break

### FAMILY FUN

11/26: Noon- 5:00. Wondering where you can make your own reindeer food, take a picture with Santa, ride in a horse drawn carriage, skate on an iceless rink, enjoy cookies, cocoa, and so much more? Well, all of this happens right here in Worthington! [Holiday open House](#)

# NOVEMBER 2023

### APPROPRIATE DRESS

As cold weather approaches, please see that your children are dressed appropriately to play outside (hats, boots, gloves, etc.). We believe in fresh air and physical activity for everyone so we will continue to go outdoors each day as the weather permits.

### ACTIVITY TIME

CAS activities are designed to help children develop skills, accept responsibility, assume leadership roles and have FUN! Activities are open-ended so children can explore and learn at their own pace. Supplies are provided for each scheduled activity, and creative variations are encouraged. Additionally, did you know that our activities revolve around several different curriculum areas? Math, literacy, engineering, science, drama, music, nature, technology, physical activity, social emotional learning and art! WOW! Who knew our CAS programs offer all this every month?



### PROFESSIONAL GROWTH

CAS is committed to providing the best care for our children and families. All CAS staff recently attended a training session to learn about activities using technology, and promoting social emotional development. Watch our upcoming calendars to see what fun activities we've added!

### EMERGENCY CLOSINGS & DELAYS

Please be reminded of the Care After School policy regarding emergency dismissals. If emergency conditions such as snowstorms, facility problems, etc., cause the school day to be altered, CAS will follow these guidelines:

- *If the schools are closed for the day, CAS is closed.*
- *If the start of school is delayed, the CAS before school program is closed, but the after school program will be in session.*
- *If the elementary schools dismiss at their regular time but the middle schools or high schools are dismissed early for an emergency, CAS is closed.*
- *If the elementary schools are dismissed early for an emergency, CAS is closed.*

Cancellation information will be posted on the CAS website and an email will be sent to inform parents about emergency dismissals. Please make sure CAS has your daytime email on file. All families must have an emergency release plan on file. Please ensure your child is aware of the plan in the event CAS is cancelled unexpectedly.

### DAYLIGHT SAVING TIME

Don't forget to set your clocks back one hour Sat. Nov. 4<sup>th</sup> before going to bed. Remember, we do not release "walkers" after sunset for their safety.

### ATTENDANCE TABLETS

Now that we have made the switch to checking your children in and out electronically, you might notice a staff member using a tablet at CAS. Rest assured, this is solely for attendance purposes, and our staff members are focused on the care of your children.

### SNACK TIME

CAS serves a snack each afternoon consisting of a fruit or vegetable plus one other food group. Additional or alternate snacks from home are always permitted, and in accordance with Worthington School policy, should be nut free.

# FAMILY TAILGATE

## **GOT SOME FOOTBALL FANS IN THE FAMILY?**

Why not have a family tailgate party? Choose any Saturday or Sunday and see what time your favorite team is playing. Get pumped for the big game with some favorite tailgating foods and activities!

- Start with decorations! Enjoy some time together making team signs, or hanging some streamers in your team colors. Turn your tv room into your own warm, cozy stadium!
- What's your team's fight song? Do you know all the words? Let's learn! Play some team songs on your phone, print the lyrics and sing along!
- What's a tailgate party without awesome food? Hotdogs are always a tailgate favorite. Did you know you can cook your hotdogs, place them in the bun, wrap the whole thing in foil, and place it in your crockpot on 'warm?' People can grab a nice, warm hotdog whenever they want, and the cook can watch the game!
- Don't forget to play some games together! All good tailgates have fun things to do before the big game starts. Play cornhole, ring toss, Jenga, or another family favorite! Don't have any of these? That's ok too, you can make your own! Grab a couple laundry baskets and roll up some socks. You'll be playing your own 'toss' game in no time!
- Once the game starts, create your own little rivalry. Who can do the most sit-ups during the commercial break? Who can predict the final score? Who puts on the best halftime show?



## **The benefits of planning a weekly family night**

### **1. It makes family time a priority.**

Sometimes all the things on our to-do lists prevent us from just slowing down and enjoying our kids. Planning a weekly family night is an easy way to become more intentional and enjoy more quality time with your family.

### **2. It makes children feel connected.**

Kids love family night not only because they are fun but also because it brings them closer to their parents. A family night is a perfect opportunity to have fun together and connect!

### **3. Family nights will become precious memories.**

Kids grow up so fast! A weekly family night is a tradition that will bring you many happy moments that will become precious memories as the kids grow up.