



Name: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Mobile: \_\_\_\_\_ Mobile Provider: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

How did you hear about the studio? \_\_\_\_\_

Instagram: @\_\_\_\_\_ Facebook: \_\_\_\_\_

#### Release and Waiver of Liability

In signing below I agree that BendnLift, LLC dba LIFT is in no way responsible for the safekeeping of my personal belongings, including damage to, loss, or theft, while I attend training sessions. I acknowledge that there is a risk associated with participating in fitness activities and in exercising. I further acknowledge that participation is completely voluntary, and that by using the BendnLift, LLC facility, I assume all risks of injury to myself or others, including any illness or medical condition. In recognition of the possible dangers connected with any physical activity, I hereby knowingly and voluntarily release, waive, and discharge any cause of action, known or unknown, of any kind whatsoever arising as a result and such activity from which any liability that may or could accrue to BendnLift, LLC, its officers, agents, employees, instructors or assigns and agree to indemnify and hold BendnLift, LLC harmless there from.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

#### Cancellation Policy

In order to avoid a no-show/late cancellation charge for sessions not attended, you must cancel at least 12 hours in advance via the reservation system, email, or in writing at the front desk. **For Unlimited members, all late cancellations/no shows will be charged a \$12.00 fee. If client has a punch card or limited number of sessions per month membership, the session will be forfeited. I understand this agreement and agree to these policies and authorizations.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

## Monthly Plan

I hereby authorize BendnLift, LLC to debit from the below credit card a direct monthly billing of \$ \_\_\_\_\_.00 ( \_\_\_\_\_ initial) for access to the BendnLift, LLC Team Training Sessions. These sessions are by appointment only and may be cancelled up to 12 hours in advance without penalty. **Month-to-Month memberships may be terminated or changed with 30-day notice BEFORE renewal date. (Memberships are not pro-rated).**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

## Billing Information

BendnLift LLC is authorized to keep the following information on file to guarantee payment for any applicable charges on the account. Credit Card Type (circle one) Visa M/C AMEX

Name as it appears on card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration: \_\_\_\_/\_\_\_\_ Security Code: \_\_\_\_\_

Your monthly dues will be automatically billed and collected electronically to this account every month, continuing every month thereafter until terminated in the manner provided above on this client agreement.

### Other fees

Late Fees - A late fee of 10% will be assessed for past due amounts after 10 days from the due date.

Returned Check Charges - there is a minimum \$15 charge for all returned checks. Returned check fees are in addition to late charges if payment is not cleared within the 10-day grace period