

BIOIDENTICAL HORMONE REPLACEMENT THERAPY - FEMALE (TOPICAL/ORAL)

SIMPLY BALANCED

4 Months

Initial Labs

- Female Hormone Panel (Progesterone, Estradiol, Testosterone F/T, SHBG), FSH, DHEA-S
- Thyroid Panel (TSH, T3, T4, TPO Ab)
- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Hgb A1c, Ferritin, Vitamin D 25-OH, Vitamin B12

Topical/Oral BHRT Prescriptions sent to local compounding pharmacy (based on lab testing/symptoms)

Follow-up Labs at 3 months - Female Hormone Panel, DHEA-S, CBC, CMP

EXCEPTIONAL WELLNESS

4 Months

Simply Balanced Program

Hair Analysis with Robin- Cell Wellbeing

Functional Medicine program with Rebecca Johns, FNP-C (3 visits)

\$500 credit toward IV nutrition and wellness services (Red light, Cryo, PEMF, EWOT, Infrared)

10% off Supplements and Performance Services (BLT sculpting, ultrasonic cavitation, aesthetic services)

ULTIMATE WELLNESS

6 Months

Exceptional Wellness Program

6 months of BHRT Prescriptions

Follow-up labs- 6 months (Female Panel, Thyroid, CBC, CMP, HgbA1c, Ferritin, Vitamin D, Vitamin B12)

Hair Analysis with Robin- Cell Wellbeing (Initial and 3-month follow-up)

Functional Medicine program with Rebecca Johns, FNP-C (Up to 6 visits)

\$750 credit toward IV nutrition and wellness services

10% off Supplements and Performance Services

BIOIDENTICAL HORMONE REPLACEMENT THERAPY - FEMALE (PELLET)

SIMPLY BALANCED

4 Months

Initial Labs

- Female Hormone Panel (Progesterone, Estradiol, Testo F/T, SHBG), FSH, DHEA-S
- Thyroid Panel (TSH, T3, T4, TPO Ab)
- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Hgb A1c, Ferritin, Vitamin D 25-OH, Vitamin B12

BHRT Pellet Insertion based on lab testing/symptoms (lasts 3-4 months)

Topical/Oral BHRT Prescriptions sent to local compounding pharmacy (based on lab testing/symptoms)

Follow-up Labs at 3 months - Female Hormone Panel, DHEA-S, CBC, CMP

EXCEPTIONAL WELLNESS

4 Months

Simply Balanced Program

Hair Analysis with Robin- Cell Wellbeing

Functional Medicine program with Rebecca Johns, FNP-C (3 visits)

\$500 credit toward IV nutrition and wellness services (Red light, Cryo, PEMF, EWOT, Infrared)

10% off Supplements and Performance Services (BLT sculpting, ultrasonic cavitation, aesthetic services)

ULTIMATE WELLNESS

6 Months

Exceptional Wellness Program

6 months of BHRT Prescriptions/Pellets

Follow-up labs- 6 months (Female Panel, Thyroid, CBC, CMP, HgbA1c, Ferritin, Vitamin D, Vitamin B12)

Hair Analysis with Robin- Cell Wellbeing (Initial and 3-month follow-up)

Functional Medicine program with Rebecca Johns, FNP-C (Up to 6 visits)

\$750 credit toward IV nutrition and wellness services

10% off Supplements and Performance Services

BIOIDENTICAL HORMONE REPLACEMENT THERAPY - MALE (INJECTION)

SIMPLY BALANCED

4 Months

Initial Labs

- Male Hormone Panel (Estradiol, PSA, DHEA-S, Testo F/T w/ SHBG), Progest, LH, DHT
- Thyroid Panel (TSH, T3, T4, TPO Ab)
- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Hgb A1c, Ferritin, Vitamin D 25-OH, Vitamin B12

Weekly Testosterone Injections based on lab testing/symptoms

Topical BHRT Prescriptions sent to local compounding pharmacy (based on lab testing/symptoms)

Follow-up Labs

- 1 month - CBC
- 3 months - Male Hormone Panel, Progesterone, CBC, CMP

EXCEPTIONAL WELLNESS

4 Months

Simply Balanced Program

Hair Analysis with Robin- Cell Wellbeing

Functional Medicine program with Rebecca Johns, FNP-C (3 visits)

\$500 credit toward IV nutrition and wellness services (Red light, Cryo, PEMF, EWOT, Infrared)

10% off Supplements and Performance Services (BLT sculpting, ultrasonic cavitation, aesthetic services)

ULTIMATE WELLNESS

6 Months

Exceptional Wellness Program

6 months of BHRT Prescriptions

Follow-up labs - 6 months (Same as Initial Labs)

Hair Analysis with Robin- Cell Wellbeing (Initial and 3-month follow-up)

Functional Medicine program with Rebecca Johns, FNP-C (Up to 6 visits)

\$750 credit toward IV nutrition and wellness services

10% off Supplements and Performance Services

BIOIDENTICAL HORMONE REPLACEMENT THERAPY - MALE (PELLET)

SIMPLY BALANCED

4 Months

Initial Labs

- Male Hormone Panel (Estradiol, PSA, DHEA-S, Testo F/T w/ SHBG), Progest, LH, DHT
- Thyroid Panel (TSH, T3, T4, TPO Ab)
- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Hgb A1c, Ferritin, Vitamin D 25-OH, Vitamin B12

BHRT Pellet Insertion based on lab testing/symptoms (lasts 3-4 months)

Oral/Topical BHRT Prescriptions sent to local compounding pharmacy (based on lab testing/symptoms)

Follow-up Labs

- 1 month - CBC
- 3 months - Male Hormone Panel, Progesterone, CBC, CMP

EXCEPTIONAL WELLNESS

4 Months

Simply Balanced Program

Hair Analysis with Robin- Cell Wellbeing

Functional Medicine program with Rebecca Johns, FNP-C (3 visits)

\$500 credit toward IV nutrition and wellness services (Red light, Cryo, PEMF, EWOT, Infrared)

10% off Supplements and Performance Services (BLT sculpting, ultrasonic cavitation, aesthetic services)

ULTIMATE WELLNESS

6 Months

Exceptional Wellness Program

6 months of BHRT Prescriptions/Pellets

Follow-up labs - 6 months (Same as Initial Labs)

Hair Analysis with Robin- Cell Wellbeing (Initial and 3-month follow-up)

Functional Medicine program with Rebecca Johns, FNP-C (Up to 6 visits)

\$750 credit toward IV nutrition and wellness services

10% off Supplements and Performance Services