

# Thorncliffe Park Day Care Centre

Editor: Sarah Guthrie

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\*Fathers Day- **June 18<sup>th</sup>** \*Preschool Graduation – **Thursday June 22<sup>nd</sup>** @ 6:00pm (Invitations will be emailed please RSVP by June 10<sup>th</sup>, 2022). \* **July 1<sup>st</sup>** Canada Day **July 3<sup>rd</sup>** – closed for Canada Day.\* **July 4<sup>th</sup>** Schoolage summer. **August 7<sup>th</sup>**- centre closed for Civic holiday. **September 4<sup>th</sup>** Centre closed for Labor Day

# Meet our Board of Directors



Thank you to everyone who attended the Annual General Meeting last month. Our Board of Directors are made up of unique individuals who jointly supervise the activities of Thorncliffe Park Daycare Centre. The board is comprised of a president, treasurer, secretary and members at large. With our board, along with our amazing staff TCPDCC continues to thrive.

Donna Robertson -**Executive Director**



Summer is here and it is evident with the blooming of Tulips and the saturation of the soil caused by the many days of rainfall. As such, please be mindful that the children do go outside twice per day to explore what nature has to offer. As the weather starts to heat up, please do not forget to cap it, shade it, drink it and screen it during those hot sunny days.

Sharon Simmons- **Thorncliffe Park Day Care Supervisor**

## Reminders

- Please label your child's water bottle and clothing
- Complete and sign our DHC with the screener.
- Check Hi-mama for daily information on your child's activity and important information.
- Please apply sunscreen on your child before coming to daycare.
- Additionally, an extra sunscreen should remain at the daycare.



## Did You Know?

Thorncliffe Park Day Care has a schoolage program? The program enrolls children 6-12 yrs. of age. We provide a healthy lunch program at no cost during the school year to families, activities and much more. Spread the word. Subsidy is provided. For more information contact

Trudy @ 647 224 5117



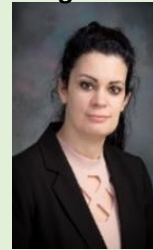
Semeret Isasa  
**Member at Large**



Grace Almada  
**Secretary**



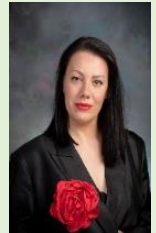
Sultan Mohammed  
**President**



Carolyn Correia  
**Treasurer**

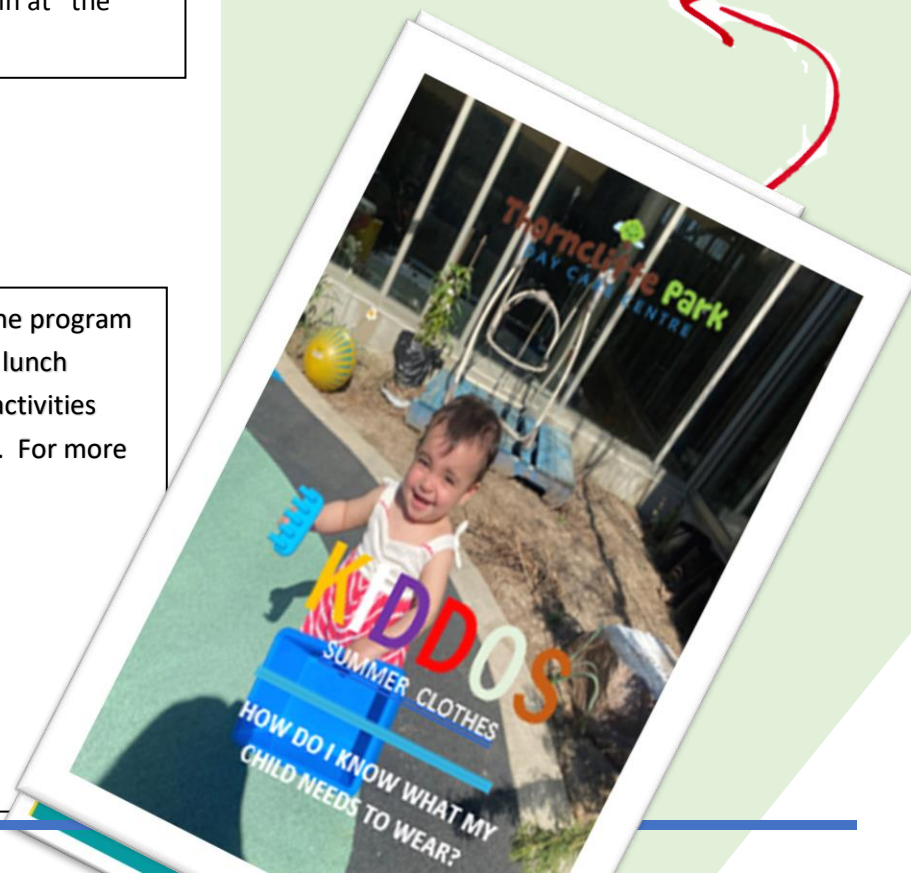


Sintyche Flore  
**Member at large**



Denisa Maska  
**Member at large**

Check out our summer TCPDCC magazine: **Summer dressing**



# Graduation and school readiness

*you're invited*



Hi ho! Hi ho! it's off to graduation we go!

The Preschool graduation ceremony of those entering kindergarten will be on Thursday June 22<sup>nd</sup> 2023. This will take place at the Jenner Jean-Maria Community Centre at 6:00pm. For those attending please RSVP if you have not already done so and check your Hi-Mama as well as email for more information.

Ministry of Education has information on ; Planning Entry to School: This Resource Guide on their website can be accessed by clicking on the following links:

<http://www.edu.gov.on.ca/eng/parents/planningentry.html>

<https://www.dcp.edu.gov.on.ca/en/parents>

Particularly helpful for the transition to school is the *All about me* section that you can print off and fill in to help your child's teacher know about your child. Go to:

[www.edu.gov.on.ca/eng/parents/a2.pdf](http://www.edu.gov.on.ca/eng/parents/a2.pdf)



For some kids, school is an exciting milestone they can't wait to experience. Here are some tips for kindergarten readiness

## **Life skills:**

Your child understands authority and can abide by rules with little reminding.

Your child can follow instructions and ask for help if needed.

## **Classroom Basic**

Your child can identify colours

Your child can hold a crayon or pencil correctly

## **Literacy Basics:**

Children will sit and listen quietly to a story

Your child will look at pictures in the book independently

## **Numeracy and mathematic basics**

Your child can recognize basic shapes

Your child can count using one to one correspondence

For more information click on the link below:

<https://www.parentscanada.com/preschool/kindergarten-readiness-checklist/>



Summer 2023

# Open House and May fair Event



**... “Foster the engagement and ongoing communication with parents about the program and their children”**

**- Thorncliffe Park DCC Program Statement**

**Pictures speak a thousand words...**

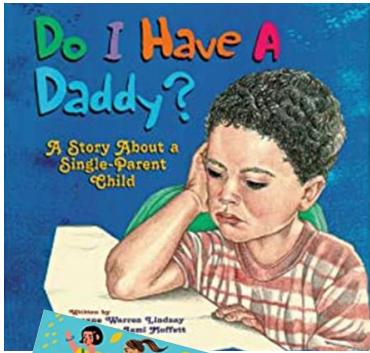


Pictures can speak a thousand words and these pictures speak community. Each room hosted their open house which allowed parents to hear and see all the amazing things about their child’s learning. As our program statement advocates, the staff at Thorncliffe Park Day Care Centre are committed to provide opportunity for each child’s development and enrichment in all areas of their growth; physical, emotional, intellectual, social and cognitive. Thank you for your co-operation in making this event successful.

# HAPPY FATHERS DAY -June 18<sup>th</sup>

## A word of encouragement

As we celebrate special events this time of year such as Mother's Day and Father's Day these occasions can be opportunities to recognize the diversity of all family structures. Some children grow up with single parents with just mommy or just daddy in the home. Whatever your role, be the best parent you can be and have a happy day. Below are some books available in stores that you can read to your child for this event

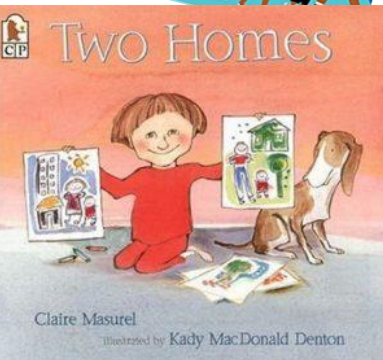


Thank you for joining us on Friday June 16<sup>th</sup> for a father's appreciation breakfast at the main centre

View the RFFRK daily lunch and snack menu for the rest of the month of June

## June 2023 menu

|                 | monday   | tuesday  | wednesday   | thursday   | friday  |
|-----------------|--|--|---|--|---|
|                 | <b>19</b>  | <b>20</b>  | <b>21</b>   | <b>22</b>  | <b>23</b>   |
|                 | organic multigrain squares<br>milk   | applesauce<br>cheddar or mozzarella cheese   | apple<br>granola pucks  | pineapple melon & orange<br>organic quinoa crunchies   | organic crispy O's<br>inf: organic blossoms milk  |
| <b>lunch</b>    | <b>sunshine dahl</b><br>brown rice<br>green peas & carrots<br>cucumber raita   | <b>masala fish mushroom quiche</b><br>red & white quinoa<br>veggie rainbow<br>inf: mini broccoli | <b>marinara beef meatballs</b><br><b>marinara falafel bites</b><br>whole grain pasta<br>steamed carrots | <b>chicken fajita</b><br><b>curried lentils</b><br>whole wheat wrap<br>inf: multigrain rocket bun<br>coleslaw<br>inf: blended coleslaw | <b>mac'n cheese</b><br>red cabbage & spinach salad<br>maple samurai vinaigrette<br>inf: spinach-coconut purée |
|                 | orange   | strawberries   | banana  | kiwi   | apple   |
| <b>pm snack</b> | <b>egg salad wrap</b><br>whole wheat wrap<br>inf: multigrain rocket bun<br>hard boiled egg<br>ranch dressing<br>w/organic tofu | apple<br>whole wheat pita<br>cocoa chic'pea spread   | baby carrots<br>inf/tod: cucumber<br>puffed rice round<br>hummus  | tomato bruschetta<br>folded basil loaf   | banana<br>cracked wheat crackers<br>sunbutter   |
| <b>am snack</b> | <b>26</b>  | <b>27</b>  | <b>28</b>   | <b>29</b>  | <b>30</b>   |
|                 | organic blossoms<br>milk   | apple<br>cranberry-orange<br>morning round   | organic multigrain<br>squares<br>milk   | pear<br>inf: orange<br>banana muffin   | <b>banana roll up</b><br>whole wheat wrap<br>inf: multigrain rocket bun<br>apple butter<br>banana             |
| <b>1</b>        | <b>caldereida fish</b><br><b>sweet &amp; sour sauce</b><br>w/organic tofu<br>brown & red rice                                  | <b>white bean curry</b><br>basmati rice<br>mini broccoli   | <b>meteorite wrap</b><br><b>chickpea crusted chicken meteorites</b><br><b>falafel bites</b>             | <b>filipino beef giniling</b><br><b>chili chili bang bang</b><br>quinoa<br>green beans   | <b>canada day lunch</b><br><b>beef burger</b><br><b>chickpea patty</b><br>multigrain pita bun                 |



# Summer Preparedness



Preschool 1 room attentively looking at the under-water display at the science centre on June 7<sup>th</sup>

TCPDCC is well into the summer and having so much fun!

For the months of July and August, the daycare has planned trips for each child to enjoy as well as creative activities, sports days, special activities and so much more!



## Summer Trip Glance

July 14<sup>th</sup> Centre Island

August 11<sup>th</sup> Ripley's Aquarium

August 24<sup>th</sup> – Centre BBQ (TBD)

July 28<sup>th</sup> – Sports Day



Below are just a few things to keep in mind



Some trips may require early departure from the daycare. If so, you will be notified.



Trips may require preparation the night before (child may need an earlier bed schedule).



Trips may require taking the TTC or school bus



Activities may require water outfits, towel and water shoes



Summer 2023

# Family Resources

## Family Events



Why stop at Friday when you can keep the excitement going for the whole family including weekends. Below are some fun family events within the city for the whole family. Visit <https://childslife.ca/upcoming-events/>



### Rhythms of Canada Summer

**Festival:** Jun 30, 2023 to Jul 3, 2023

Aga Khan Museum 77 Wynford Drive, Toronto



Jul 1, 2023 to Jul 1, 2023  
Canada's Wonderland  
Fireworks



March to September

### T. rex: the ultimate predator:

Royal Ontario Museum



### Celebration Canada

Jul 1, 2023  
to Jul 9, 2023  
Canada's Wonderland



### Toronto Caribbean Festival

Jul 11, 2023  
to Aug 5, 2023

Multiple Venues in the GTA



[Toronto Railway Museum](#)  
255 Bremner Blvd

June-September 4<sup>th</sup>

# AMAZING!



# Check it Out!

## Family Events

Evergreen Brickworks: <https://www.evergreen.ca/evergreen-brick-works/>

Ontario Science Centre <https://www.ontariosciencecentre.ca/>

Scarborough Bluffs

<https://www.toronto.ca/explore-enjoy/parks-gardens-beaches/scarborough-bluffs/>

Casa Loma <https://casaloma.ca/>

Cherry Beach

<https://www.toronto.ca/data/parks/prd/facilities/complex/209/index.html>

Toronto Walking Tour

<https://www.toronto.ca/data/parks/prd/facilities/complex/241/index.html>

<https://www.waterfrontoronto.ca/>



**Are you new to Canada?** Do you need assistance adjusting to life in Ontario? If you are new to Canada or still in the process of settling down. TNO offers free services to help keep you informed and connected so you can adjust successfully.



We acknowledge we are hosted on the lands of the Mississaugas of the Anishinaabe, the Haudenosaunee Confederacy and the Wendat. We also recognize the enduring presence of all First Nations, Métis and the Inuit peoples.

TDSB LAND ACKNOWLEDGEMENT

**Child care Subsidies**

[www.edu.gov.on.ca/c](http://www.edu.gov.on.ca/c)



Next TCPDCC Newsletter issue: **Fall 2023.**

www.myassuredhomenursing.com

**10 Summer Heat Safety Tips for Older Adults**

- Stay Hydrated
- Stay Indoors
- Apply sunscreen when outdoors
- Stay Cool
- Check forecast
- Keep bugs at bay
- Know the early signs of heat illness
- Have an emergency contact list
- Dress Properly
- Identify side-effects of medicines

For inquiries, please contact Main Office (416) 423 0880

Email- [thorncliffeparkdaycarecentre@rogers.com](mailto:thorncliffeparkdaycarecentre@rogers.com)

<https://thorncliffeparkdaycare.ca/>

Hours of Operation 7:30-6:00pm

School-age Program 647 224 5117