Thorncliffe Park Day Care Centre

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Contact us



Email- thorncliffeparkdaycarecentre@rogers.com https://thorncliffeparkdaycare.ca/

Office: 416 423 0880

Hours of operation 7:30-6:00pm

Summer Edition



Check your emails for an important letter that was sent out to each family regarding the child care fee reduction. This communication from the City of Toronto contains a more detailed action that needs to take place over the few months before child care centres can implement this discount. Please review the information and let me know if have further questions.

Executive Director Donna Robertson



Our Open House in the month of April proved to be a big success. Thank you to all the parents that came out to support. Read page 4 for more details about this event.

Editor: Sarah Guthrie RECE

We at Thorncliffe Park Daycare Centre recognize that each season has a special element. Since the beginning of summer there appears to be a burst of excitement in the air as the sunny days brings cheer and lots of energy. During the spring and summer months, there is more outdoor exploration that helps to foster a wholesome development. For this reason, a water bottle is absolutely essential for your child to bring with them everyday.

Day Care Supervisor- Sharon Simmons

Important Dates

PA Day- Friday June 3rd Fathers Day- June 19th AGM – June 16th@ 6:30pm Graduation – Friday June 24th 6:30pm-8:30pm (Invitations will be emailed please RSVP by June 10th, 2022).

Graduation Photos:

Preschool 1 - Thursday June 9th Preschool 2 Friday June 10th (Details to follow on HiMama)

July 1st Canada Day

Reminders

- Please label your child's water bottle and clothing
- When the screener is not present, please wait outside.
- Check Hi-mama for daily information on your child's activity and important information.
- Please apply sunscreen on your child before coming to daycare.
- Additionally, an extra sunscreen should remain at the daycare.



It's "Screen-rious" Business

Ensuring that your child has the right sunscreen applied to their skin is serious business. We take caution in ensuring children are using the sun protector you have chosen for your child. Please take the time to complete our sun screen permission form, making sure that the protection you have chosen for your child matches our records on file.

Please ensure that your child has a sun hat, sunscreen, water bottle, spare clothes (see article on appropriate summer clothing) socks, at least 2 shorts and T shirts.

The Preschool 2 room have been oh so very busy during the past months. The group have explored several science activities that has allowed for growth in language skills, as we asked them questions that encouraged thoughtful responses. We are well into our art painting project where each child can learn various art techniques in fun ways. Our outdoor activities have increased since the spring and children can engage in increased co-ordination skills by running, jumping and balancing, just to name a few, and other important physical movements.







From: Aisha, Jabeen & Rubina









HAPPY FATHERS DAY -June 19th

Nuthuring your young child takes dedication. Keep up moms and dad's for your love and care

Preschool 1 room is full of excitement and cheer. Nature discoveries have been the direction of the children since the warm weather has begun. We have participated in activities such as Earth Day, Mothers' Day and our Open House. We believe that room environment serves as a third teacher so to enhance their independence, we have re-arranged our drama centre which has allotted more room for role-playing. Additionally, to enhance literacy we have placed books strategically around the classroom environment so that the children's interest in reading will grow. These small yet substantial changes have been beneficial to each child.

Samia, Sana, Shraddha and Venus





Welcome Sana to our Preschool room!



The toddler room have sprung into spring and now summer activities that foster self-esteem, inquiry and the development of fine/gross motor skills motor skills We have been planting seeds and watching them grow so that each chid can see the effect of pouring the water. We are looking forward to see the direction of the children as the summer evolves.

We take this time to thank all our toddler parents that attended our Open House event in April.

From: Saida, Sona, Tracy and Uzma



Summer is here and this is the season where these focused infants are making the most of the colours they see around them. Our group have been engaging their fine motor skills by indulging in unique activities. We have been observing each child's keen ability to grip, stretch, pull and hold materials for a sustained amount of time, showing strong fine motor skills.

Welcome new children: Yousaf, Asna, Mohammad, Royalyn and Amine

From: Lerma, Madelyn, Maria and Rozi

Teacher Terminology:

Fine motor skills: is the coordination of small muscles in movement with eyes, hands and fingers.

Gross motor skills: ability to stand up, walk, run, balance etc.

Cognitive skills: brain-based skills that add in reading, learning, remembering, paying attention.







Welcome Maria to the Infant room!

Literacy at the Libary



Last month, the daycare begun making scheduled time at the Thorncliffe Park Library. Every Wednesday morning, little feet patter down into the warm and welcoming kids stop place to engage in fun, hands-on learning and enthusiastic reading together. This literacy initiative has impacted the classroom as children are observed reaching for a book at all times of the day. Fostering a love of books starts with parents reading daily to their child **Did you know:** Learning to tell a story helps children develop skills in thinking and understanding. It's true. So, start your child's love of learning -don't delay.











Well, pictures can speak a thousand words and these pictures shout togetherness. Each room hosted their open house which allowed you the parents to hear and see all the amazing things about your child's learning. As our program statement advocates, the staff at Thorncliffe Park are committed to provide opportunity for each child's development and enrichment in all areas of their growth; physical, emotional, intellectual, social and cognitive. Thank you for your cooperation in making this event successful.

"Foster the engagement and ongoing communication with parents about the program and their children"

- Thorncliffe Park DCC Program Statement

Transition to Kindergarten

Children attending Kindergarten this September will be graduating in June 2022 and will transition out of this program beginning July.

Packing lunch for School

It is good for your child to eat a healthy breakfast every morning. Breakfast will provide the energy and nutrients his body needs to grow and his brain needs to learn

Your child will likely have to bring a morning snack, an afternoon snack, and a lunch to school. These should be healthy foods based on Canada's Food Guide – see the EatRight Ontario website for healthy food ideas and sample lunches

www.eatrightontario.ca/en/ViewDocument.aspx?id=41.

Find out about the food allergy policy at your child's school. Once you know which foods to avoid, keep them in mind when reading the ingredient list on food labels and when packing snacks and lunches

Think about the containers and packaging for your child's lunches and snacks. Many schools ask parents to send reusable containers to reduce waste. Make sure your child can open and close the containers in his lunch box.

Choose healthy drinks for your child, such as water, 100% juice, or milk. On hot days or school outings, send extra water for your child to drink.

Make sure your child's food is safe to eat and is not likely to make them sick. Teach your child to wash his or her hands before eating. Pack foods that don't spoil easily. A small icepack or a frozen drink can keep your child's food cool. Copy and paste the following link for more info on food.

http://www.eatrightontario.ca/en/default.aspx



School Readiness: The Ministry of Education has Planning Entry to School: A Resource Guide on their website at

http://www.edu.gov.on.ca/eng/pare nts/planningentry.html

https://www.dcp.edu.gov.on.ca/en/p arents

Particularly helpful for the transition to school is the *All about me* section that you can print off and fill in to help your child's teacher know about your child. Go to:

www.edu.gov.on.ca/eng/parents/a2. pdf

Use this form to see your child's readiness for school

Kindergarten Readiness Checklist

Personal Care Routines

- Use the bathroom
- Practice good hygiene
 Dress them self
- Dress the Eat lunch

Social Emotional

- Interact positively with peers and adults
- Ask for help
- Separate from parent
- Handle emotions appropriately

Academic

- Knowledge of books
- Some letter awareness
- Recognize their name in print
- Some awareness of colors and shapes
- Counts to 10 and recognizes some numbers
- Ability to sit and listen for 5 to 10 minutes
- Follow simple directions

Fine Motor

- Can hold and use the following
- Pencil
- Markers
 Crayons
- Crayons
 Scissors
- Glue

O 4 Ender Teachers 200



Summer Safety Tips



10 Summer Heat Safety Tips for Older Adults







Keep bugs at bay

iy Iy

Know the early signs of heat illness



Dress Properly

Identify

side-effects of medicines

If you have any questions about your child's nutrition or eating habits:

talk to a dietitian at EatRight Ontario 1-877-510-510-2 or www.ontario.ca/eatright

Check Canada's Food Guide at:

https://food-guide.canada.ca/en/

• check out Aboriginal nutrition information for your child at <u>www.letsbehealthy.ca</u>

• call your local Public Health Unit or Community Health Centre

We acknowledge we are hosted on the lands of the Mississaugas of the Anishinaabe, the Haundenosaunee Confederacy and the Wendat. We also recognize the enduring presence of all First Nations, Métis and the Inuit peoples.

TDSB LAND ACKNOWLEDGEMENT

Thorncliffe Park Day Care Centre. 48 Thorncliffe Park Drive, East York. M4H 1J7 For inquiries please contact Main Office (416) 423 0880

Father's Day Resource



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Being a Dad in Canada resource series is available in seven different languages at no cost. Click on this link

https://shop.familiescanada.ca/collection s/parenting/products/being-a-dad-incanada-facilitation-guide

Watch this short clip-on fathers talking about being a dad in Canada <u>https://www.youtube.com/watch?v=RdJf</u> <u>NF7yVAw</u>

Anyone who celebrated a birthday in the months of

January, February March and May



416 338-7600

Child care Subsidies www.edu.gov.on.ca/c Community Living Toronto: 416 225-7166

Toronto Food Bank 416 695 7771

Muslim Welfare Centre 416 335 9994

Fraser Mustard Learning Academy 416 396 3050

Fraser Mustard Early Learning Academy 416 421 7676



Click on the following link to discover why outdoor play is so important

https://www.childencyclopedia.com/outdoor-play

If your child has symptoms after eating certain foods, they may have a food allergy.

Click on the link below to learn more about food allergens

https://www.kidswithfoodallergies.org/what-is-a-food-allergy.aspx





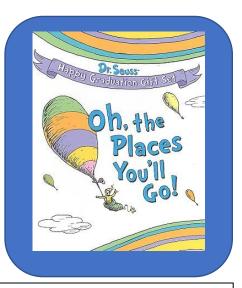
medium heat. Stir constantly until dough forms and pulls away from the sides of the pan. Let cool, then knead until smooth. Store in an airtight container.

PLAY TO LEARN PRESCHOOL



Graduation Time

Be sure to check you HiMama email for details about your child's graduation this month



Oh, the Places you'll go. Author Dr Seuss is a great read for young children as well as a trusted inspirational graduation book. Available at your local book store and Amazon

How to dress your child for summer

Children want to make the most out of their summer days. Your responsibility is to keep them comfortable and protected, with the right kind of children's wear for summer. Click on the following link to read how to keep your child comfortable this summer. **Tip**: Go for breathable fabric and try not to over layer. For more info click the link below.

https://www.uniqlo.com/in/en/news/topics/2021051101



Next TCPDCC Newsletter issue: Fall 2022.

Contents: Mayfair/summer and room updates

Article: Picky eaters, Thanksgiving crafts and more!