

# Baked Beans

**Serving:** 4

## Ingredients

1 onion *diced*

4 garlic cloves (*2 tsp minced*)

1 tsp chili powder

2 tbsp barbecue sauce

2 tbsp ketchup

2 tbsp maple syrup

1 tsp yellow mustard

1 tsp dijon mustard

15 oz can pinto beans *drained and rinsed*

$\frac{1}{2}$  t smoked paprika

## Directions

Saute onion and garlic in a medium sauce pan with a few tablespoons of water or vegetable broth, until onion is translucent.

Add chili powder, stirring to coat onions, and then stir in ketchup, barbecue sauce, yellow mustard and dijon mustard.

Add in beans and stir to combine. Add smoked paprika.

Cover and simmer over low heat until flavors blend together.

