

# Gobble up this Gravy

**Prep**   **Cook**   **Total**  
5 min   5 min   10 min

**Serving:** 6

## Ingredients

2 cups **vegetable broth**

$\frac{1}{4}$  cup **oat flour** (*or rolled oats to be ground into flour*)

$\frac{1}{4}$  cup **nutritional yeast**

1 tablespoon **soy sauce or tamari**

1 teaspoon **onion powder**

$\frac{1}{2}$  teaspoon **dijon mustard**

## Directions

Add all ingredients to a pot and bring to a boil.

Whisk over medium-high heat for about 5 minutes, until the gravy thickens.

Serve with mashed potatoes, lentil loaf, or whatever else you desire!

