



CENTRAL HIGHLANDS JUNIOR RUGBY LEAGUE

PO Box 25
EMERALD QLD 4720
President – Shane Nixon
Secretary – Mellissa Chick
Treasurer – Tiffany Pulford

Team Coaching Staff Nomination Form

Club		Team Contact	
Age Group		Team Contact #	

The team contact details will only be contact by the CH committee if we need to follow up with the game day paperwork or team submissions, any other communications will follow the chain of command.

By signing the below, you acknowledge that you have read and will abide by the NATIONAL CODE OF CONDUCT and the attached POSITION DESCRIPTION.

Position	Nomination	Signature of Nominee - <i>I have read and will abide by the Code of Conduct</i>	Signature of Nominee - <i>I have read and will abide by the Position Description</i>
Coach			
Assistant Coach			
Manager			
Sports Trainer (FAO)			
Sports Trainer (FAO)			
League Safe Officer			
League Safe Officer			

All nominations should be received before training commences.

Please email completed nomination forms to registrarchjrl@gmail.com and c.limbrick@qrl.com.au



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Coach and Assistant Coach

The Coach is responsible for the development of player's skills as well as promoting positive attitudes to physical activity and sport in general.

Responsible to:

The Coach is responsible to the Committee and the Assistant Coach is responsible to the Coach.

Responsibilities and Duties:

The Coach should:

- Encourage players and team support officials to abide by the rules at all times
- Encourage players, staff and team supporters to respect and abide by the NRL Code of Conduct
- Encourage players to become involved in rugby league as a safe, healthy and enjoyable activity
- Maintain a thorough knowledge of the laws of the game
- Attend all Coaching Updates as offered by their club, CH JRL or the NRL
- Encourage players to develop a proper attitude to competitiveness
- Ensure that the coaching reflects the level of the competition being played
- Test, evaluate and refine each player's individual skills
- Organise training and match days
- Foster club spirit amongst all players and encourage them to participate in a sporting manner
- Liaise with the age group Coaching Coordinator as and when required
- Support the coaching initiatives of the club and league/region/state

Accreditation and Legal requirements:

Blue Card

Under 6 – Under 12 coaches: Modified Games Coach or Club Coach

Under 13+ coaches: International Games Coach or Club Coach

Bench Rules & Regulations

Coaches are to remain composed on the bench at all times. The Coach should use the Team Trainers to send instructions to players during the game and at no time is he/she permitted to enter the field of play unless instructed to by an Official. Coaches should refrain from passing comment to any Official regarding rulings that have or have not been made. Any comments made either towards Referees or Touch Judges can result in serious action being taken against offenders. Coaches are encouraged to concentrate on their team's performance and ensure a positive experience for all involved



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Team Manager

Team Managers have an extremely important role in working directly with the Coach to ensure the successful management of the team and welfare of the players in their care at training and competition games.

Responsible to:

The Team Manager is responsible to the Secretary and Football Administration.

Responsibilities and Duties:

The Team Manager should:

- Ensure the team is submitted on mysideline.com by Thursday afternoon
- Be the first point of call for any problems that may arise amongst team members, parents, the coach and supporters
- Assist in the promotion of club events
- Assist in organising volunteers (team parents) when called upon by the committee
- Liaise with all team members, parents, coaches and officials to ensure players are appropriately dressed and informed of training, competition and club functions
- Act as liaison and communication officer between the club and the team
- Ensure the correct game day paperwork is submitted in a timely manner
- To enter or assist with live scoring and paper scoring
- Ensure all welfare and safety requirements for the team are met
- Liaise with Football Administration to ensure all players are eligible to play (e.g. fees have been paid, online registration has been completed etc.)

Accreditation and Legal requirements:

Blue Card

Team Managers are not required to hold any official accreditations.

Bench Rules & Regulations

Team managers are to be seated with the opposing team's manager to live score if playing a home game or to paper score if you are the away team. Under no circumstances is the Team Manager to call instructions to players during the game and at no time is he/she permitted to enter the field of play unless instructed to by an Official. At NO time is a Team manager to pass comment to any Official regarding rulings that have or have not been made, including comments directed at Referees and Touch Judges. Any comments made either towards Referees or Touch Judges can result in serious action being taken against offenders.



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Sports Trainers - First Responders

First Responders work in conjunction with the Coach to ensure all players reach and maintain required fitness levels and ensure they have a safe, healthy and enjoyable training and playing environment.

Responsibilities and Duties

The role of the First Responder during a match is to administer first aid and/or offer advice to an injured or ill player. All injuries and illness assessed by the First Responder must be recorded in accordance with the NRL injury reporting guidelines.

First Responders must at all times during a match:

- wear the designated coloured shirt/vest with the following words clearly labelled on the back
 - o 'League First Aid' (GREEN shirt/vest)
 - o 'Level 1 Sports Trainer' (BLUE shirt/vest)
 - o 'Level 2 Sports Trainer' (ORANGE shirt/vest)
- wear appropriate enclosed footwear.

First Responders shall determine (in their absolute discretion) whether a player should continue in a match and, if so, when it is appropriate to resume playing. First Responders acting in an official capacity are bound by the NRL's On-Field policy and Code of Conduct.

In addition, a **Level 2 Sports Trainer ("Head Trainer")** has the following Responsibilities and Duties:

- The Head Trainer will be the most senior person within the Sports Trainers TEAM and will supervise all on field personnel including Leaguesafe.
- The Accredited Head Trainer will make the final decision on a player's welfare in the absence of a medical professional
- Coaches / administrators / players must comply with the decision of the Head Trainer at all times.
- All directions given to on field personnel by the Level 2 Sports Trainer / Head Train must be adhered to at all times.

Accreditation and Legal requirements:

Blue Card

First Responders must be at least 18 years of age and hold a current relevant NRL accreditation. The minimum accreditation to perform role of a First Responder on match day is:

- U6-15s: League First Aid; and
- U16s and above: NRL Level 1 Sports Trainer.

Bench Rules & Regulations

Sports Trainers cannot enter field of play until there is a break in play i.e. a try, an injury or unless summoned by Referee. The Sports Trainer is permitted on to the field of play at any time to attend an injured player. This player cannot be active in the process of the game for the Sports Trainer to have necessity to attend him/her. Should further assistance be required by the Sports Trainer, he/she should seek the attention of either Referee or Touch Judge who will stop play.



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LeagueSafe

LeagueSafe Officers work in conjunction with the Coach and Sports Trainer to ensure players have a safe, healthy and enjoyable training and playing environment.

Responsibilities and Duties

The LeagueSafe member must have minimum qualification to enter the field of play. Note: the word NRL LeagueSafe must be printed on the back of the shirt/vest.

- a) Access to the field of play (unlimited access as per the following conditions):
 - When his/her team is in possession to conduct interchange and to administer water
 - During a time out called by the referee for an injury during technical stoppages in play (except scrums)
 - On-field personnel are not allowed on the field of play after the referee has ordered a scrum until the ball has emerged and a team is in possession must enter and leave the field of play from an on-side position.
- b) Duties
 - to administer water
 - to assist in the interchange process
 - to convey messages.

Accreditation requirements:

Blue Card
Complete an online LeagueSafe Course

Bench Rules & Regulations

LeagueSafe Officers must be at least 14 years of age. **After each water run, LeagueSafe must return to bench, not stay on field or walk along sideline.** This person can enter the field ONLY to run water and issue instructions. At NO time is this person permitted to make comments to any official or opposition member on the events of the game. When a team is in possession of the ball, LeagueSafe from that team may enter the field of play from behind the attacking line to provide water. He/she must leave the field of play immediately once he/she has dispensed water to the players. When the attacking teams loses possession, he/she must leave the field immediately. Any LeagueSafe that is sent from field for breaching any of these rules will not be permitted to re-enter the field of play for the duration of the game. This position will have to be taken by the Trainer and he/she must abide by the rules of LeagueSafe. Up to maximum of 2 personnel, i.e. Sports Trainer and LeagueSafe, are permitted on the field of play ONLY during stoppages. Stoppages do not include scrums. Please note a LeagueSafe Officer is not a coach and should not undertake coaching duties, i.e. running training sessions or giving their own playing advise to players.