



# BE-FRIENDING VOLUNTEER

**Location :** Surbiton, New Malden & Kingston Area  
**Reporting to:** Lead Service Manager

## About us

Balance is looking for volunteers who are keen, creative, and fun and who will support people with learning disabilities take part in activities in the community that they (and hopefully you) are passionate about. E.g. bowling, swimming, theatre, cinema, walking and shopping etc. As an organisation we strive to ensure that our service users are empowered to make the choices about what they do and support them to pursue their ambitions.

## The Role

- To accompany Service Users to and take part in organised group activities or one to one that they have chosen or are part of their support plan
- To talk to Service Users about the activities and generate new ideas for activities for them
- To act appropriately and go with the pace of service users you are working with, check you have understood them and be creative about what you do.
- To record all activities completed with the service users as part of handover
- To work within our policies and procedures to always ensure you and their safety
- Other reasonable tasks as and when required.

## Commitment

Support is needed usually 10am – 3pm or evenings 6pm -9pm but there is some flexibility depending on the activities undertaken. All our volunteers will need to provide two references and a DBS check.

We ask for a commitment of one session a week/fortnight in return we offer the opportunity to make a real difference to someone's life.

Out of pocket expenses will be reimbursed as agreed and training opportunities will be provided for those who have not worked in Learning disability industry before or if you have experience refreshers training will be provided.

In addition, an online induction training programme including 'Health and Safety' and 'Equality and Diversity' is provided along with ongoing supervision from Service manager

## Experience and Skills Required

- Ability to empower service users
- Patience and understanding
- Ability to commit to 4 hours once a week/fortnight for a minimum of 6 months.

Contact: Volunteering  
info@balancesupport.org.uk

www.balancesupport.org.uk Registered Charity Number 1190859

