



Don't forget about us! We love CBD oil!

CBD for our Fur Babies?

YES!!! Did you know that dogs and cats have Endocannabinoid systems just like their humans do? While their systems work slightly different than humans, the CBD works the same way. It can help to relieve stress and anxiety in dogs and cats, as well as chronic pain and inflammation. This can help your fur baby with anything from arthritis to dodging those scary fireworks or visitors.

Dosage:

If you're planning on using CBD oil for medicinal purposes, e.g., to treat arthritis pain or ease seizures, here's how to calculate a safe and effective dosage for your pet. First, you need to **calculate approximately how many milligrams (mg) of CBD your dog should have based on his weight.** A safe rule of thumb is **0.2mg of CBD per pound.** So, if your dog weighs 25 pounds, you'll give them 5mg of CBD. (approx. 3-5 drops)

About Us:

We were born and raised right here in New Orleans, and we love this beautiful city!

CBD is one of our favorite gifts from nature. This area is becoming more aware of and embracing this amazing product, but not everybody knows where to go or what to get. We would like to change that. Not only do we believe in educating yourself on CBD(Cannabidiol), but we want to make it more convenient than ever by bringing it directly to you. Whether we see you at markets or deliver it right to your doorstep, our wellness center was established locally to provide top quality CBD products with compassion and convenience. Our mission is to deliver an alternative, natural way of healing without using industrialized pharmaceuticals.

Our products are registered and certified with the Louisiana Department of Health and we are licensed through the ATC.

Please feel free to contact us with any questions.

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure or prevent any disease. Individual results will vary.

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The CBD Wellness Center

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What is CBD?

Cannabidiol (CBD) is one of 116 naturally occurring compounds, called cannabinoids, that work with receptors in your Endocannabinoid system, to help create homeostasis(balance) in your body.

CBD is grown and derived from the cannabis plant but does not contain the large amounts of THC found in the recreational drug, marijuana. In fact, a growing body of research supports a wide array of medical and wellness applications for the compound.

Many studies have shown CBD to be very effective in helping:

- *Stress
- *Anxiety
- *Depression
- *Chronic pain
- *Inflammation
- *Arthritis
- *Insomnia
- *Digestive issues, including IBS and Crohn's Disease
- *Muscle recovery
- *Withdrawal symptoms
- *And more...

What is the Endocannabinoid system?

The human Endocannabinoid system is a complex, biological system spread throughout our entire body that controls some of our most vital life functions, including our immune system, memory, appetite, sleep pattern, mood and pain sensation.

The endocannabinoid system has three components: receptors, enzymes, and endocannabinoids. These parts function regardless of whether someone uses CBD or not.

How does CBD work?

CBD works in the body by communicating with certain chemical messengers in the nervous system called CB1 and CB2 receptors. CB1 receptors are primarily in the central nervous system and are responsible for governing coordination, movement, pain, appetite, memory, mood, and other functions. The CB2 receptors are in the peripheral nervous system, influencing pain and inflammation.

Receptors exist throughout the body and are a protein structure to which endocannabinoids bind. After enzymes break down the cannabinoids, the endocannabinoids look to bind with receptors. Activating these receptors is what allows for many of the health benefits that people associate with the compound.

How much should I take?

It is important to remember that every individual will receive results based on their own body's needs. We recommend starting with 30-40mg until you know how it affects your system. The great thing about all the products is your ability to control your dosage. You will naturally raise or lower the amount you take based on your needs.



CBD Fun Facts...

- **CBD IS LEGAL** on a federal and state level, for consumers over the age of 18. The legal limit of THC in any CBD product is 0.03% or less.
- **CBD IS NON-ADDICTIVE** and will not interfere with most medications. In fact, it is known to help relieve the symptoms of opiate withdrawal
- **IT IS EXTREMELY DIFFICULT TO OVERDOSE ON CBD.** A person would have to take over 20,000 mg in a few hours to cause effects that could be life-threatening. There are no recorded fatalities from taking CBD.
- **PURE CBD IS ALL NATURAL** and completely sourced from Mother Nature. In fact, it is extremely easy on the kidneys and liver. Stay away from products you are unsure of, there should always be a paper trail with your high-quality product(lab results).
- **CBD IS A NATURAL ANTIOXIDANT**, and in recent studies, CBD may even be more effective than Vitamins C and E as a neuroprotective antioxidant. This means it has potential to preserve, protect, or regenerate the nervous system's cells, structure and function.