

## PAST MEDICAL HISTORY

Patient Name: \_\_\_\_\_ Patient DOB \_\_\_\_\_  
Referring Physician: \_\_\_\_\_

- CARDIAC HISTORY** If checked, when, \_\_\_\_\_
- Heart Attack \_\_\_\_\_
  - Bypass Surgery \_\_\_\_\_
  - Angioplasty / Stent \_\_\_\_\_
  - Treadmill \_\_\_\_\_
  - Echocardiogram \_\_\_\_\_  
(Cardiac Ultrasound)
  - Irregular Heart Rhythm \_\_\_\_\_
  - Congenital Heart Disease \_\_\_\_\_
  - Heart Murmur \_\_\_\_\_
  - Pacemaker \_\_\_\_\_
  - Rheumatic Fever \_\_\_\_\_
  - Stroke / TIA \_\_\_\_\_
  - Congestive Heart Failure \_\_\_\_\_

- RISK FACTORS** When Onset: \_\_\_\_\_
- Hypertension \_\_\_\_\_
  - Diabetes \_\_\_\_\_
  - Elevated Cholesterol \_\_\_\_\_
  - Kidney Disease \_\_\_\_\_
  - Thyroid Disease \_\_\_\_\_
  - Cancer \_\_\_\_\_
  - Anemia \_\_\_\_\_
  - Bleeding Problems \_\_\_\_\_
  - Eye Problems \_\_\_\_\_
  - Weight Loss \_\_\_\_\_
  - Head / Nose / Mouth: \_\_\_\_\_
  - Lungs: \_\_\_\_\_
  - Gastrointestinal: \_\_\_\_\_
  - Skin: \_\_\_\_\_
  - Neurological: \_\_\_\_\_
  - Psychological: \_\_\_\_\_
  - Musculoskeletal: \_\_\_\_\_
  - Stress \_\_\_\_\_

**REVIEW OF SYSTEMS** (Check All That You Have Been Treated For)

- Chest Pain If checked, when: \_\_\_\_\_
- Shortness of Breath If checked, when: \_\_\_\_\_
- Ankle Swelling If checked, when: \_\_\_\_\_
- Dizziness If checked, when: \_\_\_\_\_
- Fainting If checked, when: \_\_\_\_\_
- Other: \_\_\_\_\_ If checked,

**SOCIAL HISTORY**

- Occupation: \_\_\_\_\_
- Do you use tobacco?  Past (Quit: \_\_\_\_\_)  Present  Never  
Packs per day? \_\_\_\_\_ Cans per day? \_\_\_\_\_
- Exposed to second hand smoke at home?  Past  Present  Never
- Do you use alcohol?  Past (Quit: \_\_\_\_\_)  
 Present  Never How many drinks per day? \_\_\_\_\_
- Do you exercise?  Yes (Type: \_\_\_\_\_ Frequency: \_\_\_\_\_)  No
- Consume caffeine, tea, soda?  Past  
 Present  Never How many drinks per day? \_\_\_\_\_
- Dietary Pattern:  Unrestricted  Low Fat / Cholesterol  Low Salt  
 Other: \_\_\_\_\_

# SURGERIES / HOSPITALIZATIONS

Date / Location

Physician Comments

① \_\_\_\_\_  
② \_\_\_\_\_  
③ \_\_\_\_\_  
④ \_\_\_\_\_

## FAMILY HISTORY

Relation	Alive	Significant Health Problems (Mark All That Apply)	
Father	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )
Mother	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )
Sibling Gender: F / M	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )
Sibling Gender: F / M	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )
Child Gender: F / M	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )
Child Gender: F / M	Y / N	<input type="checkbox"/> Heart Attack/Heart Disease (Age at Onset: ____ ) <input type="checkbox"/> High Cholesterol (Age at Onset: ____ ) <input type="checkbox"/> Stroke (Age at Onset: ____ )	<input type="checkbox"/> Heart Surgery (Age at Onset: ____ ) <input type="checkbox"/> High Blood Pressure (Age at Onset: ____ ) <input type="checkbox"/> Heart Failure (Age at Onset: ____ )

I certify that all the information is correct to the best of my knowledge. I will not hold my doctor or any staff members responsible for any errors or omissions I may have made in the completion of this form.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_